

Konkurencja 30
2018-06-23 - 17:50

Kobiet, 400m zmienny

20 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.		
Kat. 0											
1.	WI	NIIEWSKA Natalia	97	Klub Sportowy Warta Pozna				5:45.83	456		
	50m:	34.05 34.05	150m:	2:02.27	46.40	250m:	3:33.97	46.34	350m:	5:05.77	43.67
	100m:	1:15.87 41.82	200m:	2:47.63	45.36	300m:	4:22.10	48.13	400m:	5:45.83	40.06
2.	HALAGIERA	Joanna	96	Niezrzeszona JH				6:39.30	296		
	50m:	39.39 39.39	150m:	2:20.10	50.89	250m:	4:08.25	57.45	350m:	5:52.17	47.15
	100m:	1:29.21 49.82	200m:	3:10.80	50.70	300m:	5:05.02	56.77	400m:	6:39.30	47.13
Kat. A											
1.	DRAB	Magdalena	92	Masters Wisła Kraków				5:18.94	582		
	50m:	33.66 33.66	150m:	1:55.07	42.05	250m:	3:21.14	44.94	350m:	4:43.93	37.55
	100m:	1:13.02 39.36	200m:	2:36.20	41.13	300m:	4:06.38	45.24	400m:	5:18.94	35.01
Kat. B											
1.	MIKOŁAJCZYK	Lidia	87	TKKF Koszalin Masters				6:22.64	337		
	50m:	40.42 40.42	150m:	2:20.25	51.41	250m:	4:03.65	53.89	350m:	5:39.35	44.81
	100m:	1:28.84 48.42	200m:	3:09.76	49.51	300m:	4:54.54	50.89	400m:	6:22.64	43.29
Kat. D											
1.	KLUSEK	Maja	75	niezrzeszona KM				6:43.56	287		
	50m:	37.96 37.96	150m:	2:24.62	56.41	250m:	4:13.88	54.86	350m:	5:58.00	47.81
	100m:	1:28.21 50.25	200m:	3:19.02	54.40	300m:	5:10.19	56.31	400m:	6:43.56	45.56
2.	ROZMUS	Angelika	78	Uks Delfin Masters Tarnobrzeg				7:04.92	246		
	50m:	45.00 45.00	150m:	2:32.77	54.72	250m:	4:26.22	1:00.85	350m:	6:15.58	48.88
	100m:	1:38.05 53.05	200m:	3:25.37	52.60	300m:	5:26.70	1:00.48	400m:	7:04.92	49.34
3.	JARUGA	Kinga	74	Cityzen Pozna				7:04.93	246		
	50m:	45.36 45.36	150m:	2:37.72	57.77	250m:	4:32.08	58.57	350m:	6:19.52	47.93
	100m:	1:39.95 54.59	200m:	3:33.51	55.79	300m:	5:31.59	59.51	400m:	7:04.93	45.41
Kat. E											
1.	WO	NIAK Dorota	73	MASTERS Zdzeszowice				6:49.72	274		
	50m:	44.63 44.63	150m:	2:28.48	53.82	250m:	4:19.51	58.86	350m:	6:02.76	44.53
	100m:	1:34.66 50.03	200m:	3:20.65	52.17	300m:	5:18.23	58.72	400m:	6:49.72	46.96
2.	JANECZKO	Anna	73	Korona Kraków Masters				7:40.68	193		
	50m:	50.92 50.92	150m:	2:55.08	1:02.19	250m:	5:00.64	1:05.11	350m:	6:53.47	51.79
	100m:	1:52.89 1:01.97	200m:	3:55.53	1:00.45	300m:	6:01.68	1:01.04	400m:	7:40.68	47.21
Kat. F											
1.	NOSKIEWICZ-CZARNECKA	Krystyna	66	Akademia Sportów Wodnych 3 WATERS				6:43.68	287		
	50m:	43.19 43.19	150m:	2:27.55	53.58	250m:	4:18.83	57.40	350m:	6:00.80	43.82
	100m:	1:33.97 50.78	200m:	3:21.43	53.88	300m:	5:16.98	58.15	400m:	6:43.68	42.88
2.	WYSOCKA	Klaudia	66	Korona Kraków Masters				6:45.88	282		
	50m:	40.69 40.69	150m:	2:21.78	54.80	250m:	4:13.54	59.03	350m:	6:00.32	47.14
	100m:	1:26.98 46.29	200m:	3:14.51	52.73	300m:	5:13.18	59.64	400m:	6:45.88	45.56
3.	GO	DZIEJEWSKA Anna	67	Aquadfery Masters Olsztyn				7:04.35	247		
	50m:	51.01 51.01	150m:	2:46.97	55.06	250m:	4:38.55	56.18	350m:	6:21.06	44.69
	100m:	1:51.91 1:00.90	200m:	3:42.37	55.40	300m:	5:36.37	57.82	400m:	7:04.35	43.29

Konkurencja 30, Kobiet, 400m zmienny

Kat. G

1.	SZAŁA Ewa		59	Stef Wrocław		6:52.30	269
	50m: 44.98 44.98	150m: 2:29.23	51.92	250m: 4:17.92	58.66	350m: 6:05.30	49.11
	100m: 1:37.31 52.33	200m: 3:19.26	50.03	300m: 5:16.19	58.27	400m: 6:52.30	47.00
2.	GDANIEC Dorota		60	TKKF Koszalin Masters		7:33.93	202
	50m: 49.95 49.95	150m: 2:45.81	57.49	250m: 4:46.32	1:04.32	350m: 6:43.28	51.06
	100m: 1:48.32 58.37	200m: 3:42.00	56.19	300m: 5:52.22	1:05.90	400m: 7:33.93	50.65
3.	PUTOWSKA Małgorzata		62	Klub Sportowy Warta Pozna		8:16.50	154
	50m: 55.36 55.36	150m: 3:08.48	1:05.65	250m: 5:16.01	1:04.87	350m: 7:19.16	59.54
	100m: 2:02.83 1:07.47	200m: 4:11.14	1:02.66	300m: 6:19.62	1:03.61	400m: 8:16.50	57.34
4.	KARA Beata		62	UKP Jedyńka Elbl g		9:24.11	105
	50m: 58.10 58.10	150m: 3:21.31	1:13.12	250m: 6:00.48	1:24.37	350m: 8:26.11	1:00.92
	100m: 2:08.19 1:10.09	200m: 4:36.11	1:14.80	300m: 7:25.19	1:24.71	400m: 9:24.11	58.00
5.	ORLEWICZ-MUSIAŁ Małgorzata		60	Korona Kraków Masters		10:43.31	70
	50m: 1:05.31 1:05.31	150m: 3:59.23	1:24.69	250m: 6:54.58	1:28.19	350m: 9:36.61	1:09.89
	100m: 2:34.54 1:29.23	200m: 5:26.39	1:27.16	300m: 8:26.72	1:32.14	400m: 10:43.31	1:06.70

Kat. H

1.	LEGUTKO Mirosława		57	Korona Kraków Masters		8:28.62	143
	50m: 55.78 55.78	150m: 3:12.09	1:07.13	250m: 5:28.33	1:08.26	350m: 7:33.74	56.63
	100m: 2:04.96 1:09.18	200m: 4:20.07	1:07.98	300m: 6:37.11	1:08.78	400m: 8:28.62	54.88