

Konkurencja 31
2018-06-23 - 18:08

M czyzn, 400m zmienny

20 lat i starsi
Wyniki

Punkty: FINA 2018

Pozycja			Rok ur.					Czas	Pkt.
Kat. 0									
1.	DROZD Mateusz		94	MKS Neptun Stargard				5:13.58	470
	50m:	30.33 30.33	150m:	1:48.82 41.67	250m:	3:13.63 44.34	350m:	4:38.02 37.20	
	100m:	1:07.15 36.82	200m:	2:29.29 40.47	300m:	4:00.82 47.19	400m:	5:13.58 35.56	
2.	MACHOWSKI Łukasz		94	niezrzeszeni				6:53.26	205
	50m:	41.73 41.73	150m:	2:29.86 57.19	250m:	4:20.98 53.09	350m:	6:07.37 50.57	
	100m:	1:32.67 50.94	200m:	3:27.89 58.03	300m:	5:16.80 55.82	400m:	6:53.26 45.89	
Kat. A									
1.	APTEWICZ Arkadiusz		93	Toru Multisport Team				4:51.11	587
	<i>Czas lepszy od Rekordu Polski</i>								
	50m:	31.16 31.16	150m:	1:48.95 41.78	250m:	3:08.22 39.55	350m:	4:20.52 33.11	
	100m:	1:07.17 36.01	200m:	2:28.67 39.72	300m:	3:47.41 39.19	400m:	4:51.11 30.59	
2.	WANDZIOCH Krzysztof		92	Wandzioch Team Maters				5:59.35	312
	50m:	37.84 37.84	150m:	2:09.44 46.64	250m:	3:49.16 54.18	350m:	5:21.17 38.96	
	100m:	1:22.80 44.96	200m:	2:54.98 45.54	300m:	4:42.21 53.05	400m:	5:59.35 38.18	
Kat. B									
1.	RADOMSKI Grzegorz		84	T.P.Masters Opole				5:06.72	502
	50m:	32.76 32.76	150m:	1:51.64 39.23	250m:	3:11.40 40.49	350m:	4:30.03 36.53	
	100m:	1:12.41 39.65	200m:	2:30.91 39.27	300m:	3:53.50 42.10	400m:	5:06.72 36.69	
2.	JAJUGA Dawid		86	MASTERS Zdieszowice				5:21.93	434
	50m:	33.12 33.12	150m:	1:54.05 43.15	250m:	3:20.48 44.51	350m:	4:44.63 37.77	
	100m:	1:10.90 37.78	200m:	2:35.97 41.92	300m:	4:06.86 46.38	400m:	5:21.93 37.30	
3.	PACIEJ Szymon		88	MASTERS Zdieszowice				5:55.10	323
	50m:	37.90 37.90	150m:	2:09.97 46.38	250m:	3:44.29 49.74	350m:	5:14.77 40.55	
	100m:	1:23.59 45.69	200m:	2:54.55 44.58	300m:	4:34.22 49.93	400m:	5:55.10 40.33	
Kat. C									
1.	KACZMAREK Stanisław		79	Klub Sportowy Warta Pozna				5:10.18	485
	50m:	31.92 31.92	150m:	1:50.82 42.63	250m:	3:16.90 44.30	350m:	4:36.71 34.89	
	100m:	1:08.19 36.27	200m:	2:32.60 41.78	300m:	4:01.82 44.92	400m:	5:10.18 33.47	
2.	KARCZMARCZYK Jakub		80	MASTERS Łód				7:21.28	168
	50m:	37.81 37.81	150m:	2:33.18 1:01.84	250m:	4:35.24 1:03.19	350m:	6:30.68 51.99	
	100m:	1:31.34 53.53	200m:	3:32.05 58.87	300m:	5:38.69 1:03.45	400m:	7:21.28 50.60	
Kat. D									
1.	GREGOROWICZ Paweł		74	Aquasfera Masters Olsztyn				5:26.26	417
	50m:	36.40 36.40	150m:	1:59.47 43.47	250m:	3:27.55 46.15	350m:	4:51.70 37.67	
	100m:	1:16.00 39.60	200m:	2:41.40 41.93	300m:	4:14.03 46.48	400m:	5:26.26 34.56	
2.	KONOPACKI Piotr		78	Aquasfera Masters Olsztyn				5:48.10	343
	50m:	37.18 37.18	150m:	2:08.31 46.77	250m:	3:43.49 50.38	350m:	5:12.01 38.56	
	100m:	1:21.54 44.36	200m:	2:53.11 44.80	300m:	4:33.45 49.96	400m:	5:48.10 36.09	
3.	GOGACZ Sebastian		76	niezrzeszony				5:51.73	333
	50m:	35.81 35.81	150m:	2:07.44 49.92	250m:	3:44.18 49.38	350m:	5:14.29 40.36	
	100m:	1:17.52 41.71	200m:	2:54.80 47.36	300m:	4:33.93 49.75	400m:	5:51.73 37.44	
4.	MARKOWSKI Hubert		76	Legia Warszawa				5:52.86	329
	50m:	34.66 34.66	150m:	1:57.21 43.02	250m:	3:36.38 51.24	350m:	5:12.61 44.39	
	100m:	1:14.19 39.53	200m:	2:45.14 47.93	300m:	4:28.22 51.84	400m:	5:52.86 40.25	

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Pozycja		Rok ur.						Czas	Pkt.
5.	MILEWSKI Hubert	77	Barracuda Białystok					6:10.14	285
	50m: 37.97 37.97	150m: 2:14.68	50.27	250m: 3:51.12	47.81	350m: 5:27.50	47.32		
	100m: 1:24.41 46.44	200m: 3:03.31	48.63	300m: 4:40.18	49.06	400m: 6:10.14	42.64		
6.	PŁANETA Maciej	74	Uks Delfin Masters Tarnobrzeg					6:33.64	237
	50m: 40.69 40.69	150m: 2:23.14	52.71	250m: 4:12.30	57.47	350m: 5:52.99	43.59		
	100m: 1:30.43 49.74	200m: 3:14.83	51.69	300m: 5:09.40	57.10	400m: 6:33.64	40.65		

Kat. E

1.	BERWECKI Arkadiusz	73	MOTYL Senior MOSiR Stalowa Wol					5:15.71	460
	<i>Czas lepszy od Rekordu Polski</i>								
	50m: 32.92 32.92	150m: 1:52.89	41.84	250m: 3:19.03	45.11	350m: 4:40.98	36.46		
	100m: 1:11.05 38.13	200m: 2:33.92	41.03	300m: 4:04.52	45.49	400m: 5:15.71	34.73		
2.	CHRZAN Mariusz	73	MKS Neptun Stargard					5:33.32	391
	50m: 32.11 32.11	150m: 1:53.93	44.12	250m: 3:25.29	49.30	350m: 4:55.05	38.53		
	100m: 1:09.81 37.70	200m: 2:35.99	42.06	300m: 4:16.52	51.23	400m: 5:33.32	38.27		

Kat. F

1.	MONCZAK Piotr	67	START Pozna					5:36.72	379
	50m: 34.85 34.85	150m: 2:00.08	44.42	250m: 3:33.76	50.40	350m: 5:00.47	37.19		
	100m: 1:15.66 40.81	200m: 2:43.36	43.28	300m: 4:23.28	49.52	400m: 5:36.72	36.25		
2.	KAPALCZY SKI Krzysztof	64	START Pozna					6:06.12	295
	50m: 36.74 36.74	150m: 2:09.35	46.91	250m: 3:47.69	52.61	350m: 5:23.30	43.70		
	100m: 1:22.44 45.70	200m: 2:55.08	45.73	300m: 4:39.60	51.91	400m: 6:06.12	42.82		

Kat. G

1.	SZYMIK Piotr	60	UKS WODNIK Siemianowice laski					6:51.71	207
	50m: 44.79 44.79	150m: 2:31.62	53.12	250m: 4:23.53	58.67	350m: 6:08.00	45.01		
	100m: 1:38.50 53.71	200m: 3:24.86	53.24	300m: 5:22.99	59.46	400m: 6:51.71	43.71		
2.	ZAKHARCHEVSKIY Mykhaylo	63	nierzyszony UKR					7:25.42	164
	50m: 49.53 49.53	150m: 2:41.54	53.66	250m: 4:38.61	1:02.91	350m: 6:33.44	52.36		
	100m: 1:47.88 58.35	200m: 3:35.70	54.16	300m: 5:41.08	1:02.47	400m: 7:25.42	51.98		
3.	CIS Andrzej	60	Masterskrasnik					8:07.60	125
	50m: 1:00.71 1:00.71	150m: 3:18.53	1:04.80	250m: 5:31.79	1:07.53	350m: 7:26.33	50.02		
	100m: 2:13.73 1:13.02	200m: 4:24.26	1:05.73	300m: 6:36.31	1:04.52	400m: 8:07.60	41.27		
4.	MACIEJCZAK Andrzej	60	nierzyszony					8:13.24	120
	50m: 54.80 54.80	150m: 3:10.86	1:10.80	250m: 5:30.73	1:10.35	350m: 7:26.29	45.49		
	100m: 2:00.06 1:05.26	200m: 4:20.38	1:09.52	300m: 6:40.80	1:10.07	400m: 8:13.24	46.95		

Kat. H

1.	PIECHULA Adolf	57	AZS PWSZ Racibórz					6:52.11	207
	50m: 45.10 45.10	150m: 2:33.97	55.71	250m: 4:25.71	57.39	350m: 6:09.97	48.40		
	100m: 1:38.26 53.16	200m: 3:28.32	54.35	300m: 5:21.57	55.86	400m: 6:52.11	42.14		
2.	PIETRASZEWSKI Zbigniew	55	TS Olimpia Pozna					6:55.83	201
	50m: 51.20 51.20	150m: 2:41.77	51.72	250m: 4:28.38	56.13	350m: 6:10.88	46.02		
	100m: 1:50.05 58.85	200m: 3:32.25	50.48	300m: 5:24.86	56.48	400m: 6:55.83	44.95		

Kat. I

1.	SLUGOCKI Maciej	52	Australia					6:44.20	219
	50m: 47.81 47.81	150m: 2:32.93	53.02	250m: 4:21.82	57.97	350m: 6:02.21	42.73		
	100m: 1:39.91 52.10	200m: 3:23.85	50.92	300m: 5:19.48	57.66	400m: 6:44.20	41.99		

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Pozycja			Rok ur.				Czas		Pkt.
2.	NOWAK Michał		52 Warsaw Masters Team				7:17.54		173
	50m:	52.29 52.29	150m:	2:52.40 1:00.14	250m:	4:44.86 56.27	350m:	6:31.47 49.21	
	100m:	1:52.26 59.97	200m:	3:48.59 56.19	300m:	5:42.26 57.40	400m:	7:17.54 46.07	
3.	CIECIOR Jerzy		53 Rydułtowska Akademia Aktywnego				7:46.67		142
	50m:	52.54 52.54	150m:	2:53.93 59.80	250m:	4:59.63 1:07.53	350m:	6:56.75 50.84	
	100m:	1:54.13 1:01.59	200m:	3:52.10 58.17	300m:	6:05.91 1:06.28	400m:	7:46.67 49.92	
4.	BANTKOWSKI Jan		49 Toru Multisport Team				11:20.21		46
	50m:	1:16.70 1:16.70	150m:	4:24.08 1:35.95	250m:	7:33.93 1:36.05	350m:	10:15.32 1:09.60	
	100m:	2:48.13 1:31.43	200m:	5:57.88 1:33.80	300m:	9:05.72 1:31.79	400m:	11:20.21 1:04.89	

Kat. J

1.	RÓ ALSKI Józef		45 MOSiR Ostrowiec w.				8:19.88		116
	50m:	56.98 56.98	150m:	3:16.80 1:09.63	250m:	5:33.28 1:09.78	350m:	7:29.78 48.40	
	100m:	2:07.17 1:10.19	200m:	4:23.50 1:06.70	300m:	6:41.38 1:08.10	400m:	8:19.88 50.10	
2.	CZY Bolesław		48 niezrzeszony CB				9:11.79		86
	50m:	1:01.15 1:01.15	150m:	3:24.94 1:11.19	250m:	5:45.94 1:14.42	350m:	8:09.12 1:06.64	
	100m:	2:13.75 1:12.60	200m:	4:31.52 1:06.58	300m:	7:02.48 1:16.54	400m:	9:11.79 1:02.67	
3.	DASZY SKI Andrzej		48 UKS Energetyk Zgorzelec				9:25.23		80
	50m:	1:04.86 1:04.86	150m:	3:35.99 1:11.67	250m:	6:02.78 1:18.31	350m:	8:23.45 59.05	
	100m:	2:24.32 1:19.46	200m:	4:44.47 1:08.48	300m:	7:24.40 1:21.62	400m:	9:25.23 1:01.78	

Kat. K

1.	BUGLA Rudolf		40 Rydułtowska Akademia Aktywnego				11:00.72		50
	50m:	1:16.94 1:16.94	150m:	4:16.10 1:25.07	250m:	7:09.49 1:30.14	350m:	9:49.24 1:13.61	
	100m:	2:51.03 1:34.09	200m:	5:39.35 1:23.25	300m:	8:35.63 1:26.14	400m:	11:00.72 1:11.48	