

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach  
Poznań, 30-3-2019

Konkurencja 2  
2019-03-30 - 13:04

Mężczyźni, 400m dowolny

Open  
Wyniki

Punkty: FINA 2018

| Pozycja                | Rok ur.               |       | Czas                 | Pkt.           | 100m          | 200m    | 300m          | 400m    |         |
|------------------------|-----------------------|-------|----------------------|----------------|---------------|---------|---------------|---------|---------|
| <b>17 lat i starsi</b> |                       |       |                      |                |               |         |               |         |         |
| 1.                     | MUSZY SKI Jakub       | 01    | MUKS "Pi tnastka"    | <b>4:10.72</b> | 676           | 1:00.80 | 1:03.82       | 1:04.43 | 1:01.67 |
|                        | 50m: 29.12            | 29.12 | 150m: 1:32.58        | 31.78          | 250m: 2:36.51 | 31.89   | 350m: 3:40.76 | 31.71   |         |
|                        | 100m: 1:00.80         | 31.68 | 200m: 2:04.62        | 32.04          | 300m: 3:09.05 | 32.54   | 400m: 4:10.72 | 29.96   |         |
| 2.                     | OSSES Arkadiusz       | 95    | KS Warta Poznań      | <b>4:13.40</b> | 655           | 1:00.72 | 1:03.70       | 1:04.79 | 1:04.19 |
|                        | 50m: 29.15            | 29.15 | 150m: 1:32.31        | 31.59          | 250m: 2:36.48 | 32.06   | 350m: 3:41.87 | 32.66   |         |
|                        | 100m: 1:00.72         | 31.57 | 200m: 2:04.42        | 32.11          | 300m: 3:09.21 | 32.73   | 400m: 4:13.40 | 31.53   |         |
| 3.                     | WO NIAK Hubert        | 02    | MUKS "Pi tnastka"    | <b>4:21.67</b> | 594           | 1:02.35 | 1:07.27       | 1:06.90 | 1:05.15 |
|                        | 50m: 29.46            | 29.46 | 150m: 1:35.73        | 33.38          | 250m: 2:42.84 | 33.22   | 350m: 3:49.38 | 32.86   |         |
|                        | 100m: 1:02.35         | 32.89 | 200m: 2:09.62        | 33.89          | 300m: 3:16.52 | 33.68   | 400m: 4:21.67 | 32.29   |         |
| 4.                     | DUDEK Kacper          | 02    | SMS Poznań           | <b>4:23.77</b> | 580           | 1:01.99 | 1:07.48       | 1:08.09 | 1:06.21 |
|                        | 50m: 29.45            | 29.45 | 150m: 1:35.71        | 33.72          | 250m: 2:43.61 | 34.14   | 350m: 3:52.11 | 34.55   |         |
|                        | 100m: 1:01.99         | 32.54 | 200m: 2:09.47        | 33.76          | 300m: 3:17.56 | 33.95   | 400m: 4:23.77 | 31.66   |         |
| 5.                     | SZCZEPA SKI Kacper    | 99    | MUKS "Pi tnastka"    | <b>4:25.69</b> | 568           | 1:02.07 | 1:07.57       | 1:08.55 | 1:07.50 |
|                        | 50m: 29.51            | 29.51 | 150m: 1:35.73        | 33.66          | 250m: 2:43.92 | 34.28   | 350m: 3:52.79 | 34.60   |         |
|                        | 100m: 1:02.07         | 32.56 | 200m: 2:09.64        | 33.91          | 300m: 3:18.19 | 34.27   | 400m: 4:25.69 | 32.90   |         |
| 6.                     | GRZEMSKI Kamil        | 01    | SMS Poznań           | <b>4:35.41</b> | 510           | 1:04.54 | 1:10.43       | 1:10.83 | 1:09.61 |
|                        | 50m: 30.71            | 30.71 | 150m: 1:39.49        | 34.95          | 250m: 2:50.57 | 35.60   | 350m: 4:01.47 | 35.67   |         |
|                        | 100m: 1:04.54         | 33.83 | 200m: 2:14.97        | 35.48          | 300m: 3:25.80 | 35.23   | 400m: 4:35.41 | 33.94   |         |
| 7.                     | RATAJCZAK Mateusz     | 01    | SMS Poznań           | <b>4:40.61</b> | 482           | 1:04.06 | 1:11.27       | 1:13.10 | 1:12.18 |
|                        | 50m: 30.46            | 30.46 | 150m: 1:39.49        | 35.43          | 250m: 2:51.67 | 36.34   | 350m: 4:04.99 | 36.56   |         |
|                        | 100m: 1:04.06         | 33.60 | 200m: 2:15.33        | 35.84          | 300m: 3:28.43 | 36.76   | 400m: 4:40.61 | 35.62   |         |
| 8.                     | GRZESIECKI Mikołaj    | 02    | MKP Astromal-Leszno  | <b>4:48.67</b> | 443           | 1:06.60 | 1:13.87       | 1:14.45 | 1:13.75 |
|                        | 50m: 31.60            | 31.60 | 150m: 1:43.56        | 36.96          | 250m: 2:58.25 | 37.78   | 350m: 4:12.49 | 37.57   |         |
|                        | 100m: 1:06.60         | 35.00 | 200m: 2:20.47        | 36.91          | 300m: 3:34.92 | 36.67   | 400m: 4:48.67 | 36.18   |         |
| <b>15 - 16 lat</b>     |                       |       |                      |                |               |         |               |         |         |
| 1.                     | SOBIECHOWSKI Filip    | 04    | UKS Shark Rudna      | <b>4:19.82</b> | 607           | 1:01.22 | 1:05.81       | 1:07.55 | 1:05.24 |
|                        | 50m: 28.42            | 28.42 | 150m: 1:33.93        | 32.71          | 250m: 2:40.86 | 33.83   | 350m: 3:48.38 | 33.80   |         |
|                        | 100m: 1:01.22         | 32.80 | 200m: 2:07.03        | 33.10          | 300m: 3:14.58 | 33.72   | 400m: 4:19.82 | 31.44   |         |
| 2.                     | PI TKA Hubert         | 04    | MKP Szczecin         | <b>4:26.53</b> | 562           | 1:01.25 | 1:07.97       | 1:09.62 | 1:07.69 |
|                        | 50m: 29.03            | 29.03 | 150m: 1:34.71        | 33.46          | 250m: 2:44.15 | 34.93   | 350m: 3:53.53 | 34.69   |         |
|                        | 100m: 1:01.25         | 32.22 | 200m: 2:09.22        | 34.51          | 300m: 3:18.84 | 34.69   | 400m: 4:26.53 | 33.00   |         |
| 3.                     | PYRZY SKI Daniel      | 04    | Toru Multisport Team | <b>4:28.00</b> | 553           | 1:03.79 | 1:08.18       | 1:08.55 | 1:07.48 |
|                        | 50m: 30.01            | 30.01 | 150m: 1:37.64        | 33.85          | 250m: 2:45.98 | 34.01   | 350m: 3:54.79 | 34.27   |         |
|                        | 100m: 1:03.79         | 33.78 | 200m: 2:11.97        | 34.33          | 300m: 3:20.52 | 34.54   | 400m: 4:28.00 | 33.21   |         |
| 4.                     | J DRYKA Nikodem       | 04    | MKS Jedyńka Łódź     | <b>4:29.88</b> | 542           | 1:05.19 | 1:09.56       | 1:08.96 | 1:06.17 |
|                        | 50m: 30.71            | 30.71 | 150m: 1:39.86        | 34.67          | 250m: 2:49.43 | 34.68   | 350m: 3:57.75 | 34.04   |         |
|                        | 100m: 1:05.19         | 34.48 | 200m: 2:14.75        | 34.89          | 300m: 3:23.71 | 34.28   | 400m: 4:29.88 | 32.13   |         |
| 5.                     | WYSOCKI Piotr         | 04    | SMS Poznań           | <b>4:29.94</b> | 541           | 1:03.94 | 1:09.12       | 1:09.93 | 1:06.95 |
|                        | 50m: 30.03            | 30.03 | 150m: 1:38.42        | 34.48          | 250m: 2:47.61 | 34.55   | 350m: 3:57.28 | 34.29   |         |
|                        | 100m: 1:03.94         | 33.91 | 200m: 2:13.06        | 34.64          | 300m: 3:22.99 | 35.38   | 400m: 4:29.94 | 32.66   |         |
| 6.                     | KLIMCZAK Kacper       | 04    | MKS Jedyńka Łódź     | <b>4:30.39</b> | 539           | 1:04.12 | 1:09.00       | 1:09.50 | 1:07.77 |
|                        | 50m: 30.60            | 30.60 | 150m: 1:39.06        | 34.94          | 250m: 2:48.34 | 35.22   | 350m: 3:57.38 | 34.76   |         |
|                        | 100m: 1:04.12         | 33.52 | 200m: 2:13.12        | 34.06          | 300m: 3:22.62 | 34.28   | 400m: 4:30.39 | 33.01   |         |
| 7.                     | MINISZEWSKI Sebastian | 04    | MUKS "Pi tnastka"    | <b>4:30.42</b> | 538           | 1:01.78 | 1:08.05       | 1:10.44 | 1:10.15 |
|                        | 50m: 29.10            | 29.10 | 150m: 1:35.66        | 33.88          | 250m: 2:44.60 | 34.77   | 350m: 3:56.50 | 36.23   |         |
|                        | 100m: 1:01.78         | 32.68 | 200m: 2:09.83        | 34.17          | 300m: 3:20.27 | 35.67   | 400m: 4:30.42 | 33.92   |         |
| 8.                     | SOI SKI Dominik       | 03    | KS Warta Poznań      | <b>4:32.59</b> | 526           | 1:05.28 | 1:10.46       | 1:09.89 | 1:06.96 |
|                        | 50m: 30.82            | 30.82 | 150m: 1:40.35        | 35.07          | 250m: 2:50.67 | 34.93   | 350m: 3:59.97 | 34.34   |         |
|                        | 100m: 1:05.28         | 34.46 | 200m: 2:15.74        | 35.39          | 300m: 3:25.63 | 34.96   | 400m: 4:32.59 | 32.62   |         |
| 9.                     | DOPIERAŁA Tytus       | 03    | SMS Poznań           | <b>4:32.70</b> | 525           | 1:01.92 | 1:08.74       | 1:10.93 | 1:11.11 |
|                        | 50m: 29.72            | 29.72 | 150m: 1:35.85        | 33.93          | 250m: 2:45.91 | 35.25   | 350m: 3:57.43 | 35.84   |         |
|                        | 100m: 1:01.92         | 32.20 | 200m: 2:10.66        | 34.81          | 300m: 3:21.59 | 35.68   | 400m: 4:32.70 | 35.27   |         |
| 10.                    | KRUPI SKI Wojciech    | 03    | KS Posenania Poznań  | <b>4:33.73</b> | 519           | 1:04.50 | 1:09.98       | 1:10.80 | 1:08.45 |
|                        | 50m: 30.60            | 30.60 | 150m: 1:39.35        | 34.85          | 250m: 2:49.81 | 35.33   | 350m: 4:00.42 | 35.14   |         |
|                        | 100m: 1:04.50         | 33.90 | 200m: 2:14.48        | 35.13          | 300m: 3:25.28 | 35.47   | 400m: 4:33.73 | 33.31   |         |

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach  
Poznań, 30-3-2019

Konkurencja 2, Chłopców, 400m dowolny, 15 - 16 lat

| Pozycja                | Rok ur. | Czas           | Pkt.  | 100m          | 200m    | 300m          | 400m    |
|------------------------|---------|----------------|-------|---------------|---------|---------------|---------|
| 11. CICHOCKI Oliwier   | 04      | <b>4:36.37</b> | 504   | 1:04.59       | 1:10.21 | 1:12.01       | 1:09.56 |
| 50m: 30.77             | 30.77   | 150m: 1:39.37  | 34.78 | 250m: 2:49.91 | 35.11   | 350m: 4:03.16 | 36.35   |
| 100m: 1:04.59          | 33.82   | 200m: 2:14.80  | 35.43 | 300m: 3:26.81 | 36.90   | 400m: 4:36.37 | 33.21   |
| 12. GULI SKI Maciej    | 04      | <b>4:36.42</b> | 504   | 1:05.21       | 1:10.67 | 1:11.52       | 1:09.02 |
| 50m: 30.61             | 30.61   | 150m: 1:40.21  | 35.00 | 250m: 2:51.32 | 35.44   | 350m: 4:02.24 | 34.84   |
| 100m: 1:05.21          | 34.60   | 200m: 2:15.88  | 35.67 | 300m: 3:27.40 | 36.08   | 400m: 4:36.42 | 34.18   |
| 13. WOJTKOWIAK Mateusz | 03      | <b>4:37.43</b> | 499   | 1:05.66       | 1:11.31 | 1:12.01       | 1:08.45 |
| 50m: 30.92             | 30.92   | 150m: 1:40.88  | 35.22 | 250m: 2:52.42 | 35.45   | 350m: 4:02.99 | 34.01   |
| 100m: 1:05.66          | 34.74   | 200m: 2:16.97  | 36.09 | 300m: 3:28.98 | 36.56   | 400m: 4:37.43 | 34.44   |
| 14. ZAWALICH Oskar     | 04      | <b>4:41.46</b> | 478   | 1:03.47       | 1:12.58 | 1:14.09       | 1:11.32 |
| 50m: 29.54             | 29.54   | 150m: 1:39.45  | 35.98 | 250m: 2:52.15 | 36.10   | 350m: 4:06.49 | 36.35   |
| 100m: 1:03.47          | 33.93   | 200m: 2:16.05  | 36.60 | 300m: 3:30.14 | 37.99   | 400m: 4:41.46 | 34.97   |
| 15. SZCZEPANIAK Kacper | 04      | <b>4:41.76</b> | 476   | 1:09.05       | 1:11.85 | 1:11.93       | 1:08.93 |
| 50m: 32.86             | 32.86   | 150m: 1:44.98  | 35.93 | 250m: 2:56.91 | 36.01   | 350m: 4:08.48 | 35.65   |
| 100m: 1:09.05          | 36.19   | 200m: 2:20.90  | 35.92 | 300m: 3:32.83 | 35.92   | 400m: 4:41.76 | 33.28   |
| 16. RETERSKI Damian    | 03      | <b>4:48.38</b> | 444   | 1:05.48       | 1:13.84 | 1:14.63       | 1:14.43 |
| 50m: 30.16             | 30.16   | 150m: 1:41.70  | 36.22 | 250m: 2:55.82 | 36.50   | 350m: 4:12.28 | 38.33   |
| 100m: 1:05.48          | 35.32   | 200m: 2:19.32  | 37.62 | 300m: 3:33.95 | 38.13   | 400m: 4:48.38 | 36.10   |
| 17. GLAPA Filip        | 04      | <b>5:01.14</b> | 390   | 1:09.90       | 1:17.90 | 1:18.23       | 1:15.11 |
| 50m: 31.97             | 31.97   | 150m: 1:49.33  | 39.43 | 250m: 3:06.99 | 39.19   | 350m: 4:25.65 | 39.62   |
| 100m: 1:09.90          | 37.93   | 200m: 2:27.80  | 38.47 | 300m: 3:46.03 | 39.04   | 400m: 5:01.14 | 35.49   |
| 18. PAWLAK Wojciech    | 03      | <b>5:20.41</b> | 324   | 1:12.48       | 1:22.26 | 1:23.94       | 1:21.73 |
| 50m: 34.00             | 34.00   | 150m: 1:53.53  | 41.05 | 250m: 3:16.98 | 42.24   | 350m: 4:40.53 | 41.85   |
| 100m: 1:12.48          | 38.48   | 200m: 2:34.74  | 41.21 | 300m: 3:58.68 | 41.70   | 400m: 5:20.41 | 39.88   |

13 - 14 lat

|                           |       |                |       |               |         |               |         |
|---------------------------|-------|----------------|-------|---------------|---------|---------------|---------|
| 1. PŁOSZKA Kacper         | 05    | <b>4:23.25</b> | 584   | 1:02.25       | 1:07.07 | 1:08.27       | 1:05.66 |
| 50m: 29.82                | 29.82 | 150m: 1:35.95  | 33.70 | 250m: 2:43.69 | 34.37   | 350m: 3:51.19 | 33.60   |
| 100m: 1:02.25             | 32.43 | 200m: 2:09.32  | 33.37 | 300m: 3:17.59 | 33.90   | 400m: 4:23.25 | 32.06   |
| 2. RABIZA J drzej         | 05    | <b>4:33.58</b> | 520   | 1:05.18       | 1:09.59 | 1:10.65       | 1:08.16 |
| 50m: 30.49                | 30.49 | 150m: 1:39.90  | 34.72 | 250m: 2:50.38 | 35.61   | 350m: 4:00.04 | 34.62   |
| 100m: 1:05.18             | 34.69 | 200m: 2:14.77  | 34.87 | 300m: 3:25.42 | 35.04   | 400m: 4:33.58 | 33.54   |
| 3. SZUKAJŁO Kacper        | 05    | <b>4:35.74</b> | 508   | 1:03.97       | 1:11.10 | 1:11.00       | 1:09.67 |
| 50m: 30.38                | 30.38 | 150m: 1:39.84  | 35.87 | 250m: 2:50.53 | 35.46   | 350m: 4:02.24 | 36.17   |
| 100m: 1:03.97             | 33.59 | 200m: 2:15.07  | 35.23 | 300m: 3:26.07 | 35.54   | 400m: 4:35.74 | 33.50   |
| 4. WOJNY Maksym           | 05    | <b>4:41.50</b> | 477   | 1:05.57       | 1:11.49 | 1:12.98       | 1:11.46 |
| 50m: 30.78                | 30.78 | 150m: 1:40.80  | 35.23 | 250m: 2:53.23 | 36.17   | 350m: 4:06.53 | 36.49   |
| 100m: 1:05.57             | 34.79 | 200m: 2:17.06  | 36.26 | 300m: 3:30.04 | 36.81   | 400m: 4:41.50 | 34.97   |
| 5. DOKTÓR Mateusz         | 05    | <b>4:41.57</b> | 477   | 1:04.62       | 1:12.48 | 1:13.94       | 1:10.53 |
| 50m: 29.83                | 29.83 | 150m: 1:40.54  | 35.92 | 250m: 2:53.87 | 36.77   | 350m: 4:08.29 | 37.25   |
| 100m: 1:04.62             | 34.79 | 200m: 2:17.10  | 36.56 | 300m: 3:31.04 | 37.17   | 400m: 4:41.57 | 33.28   |
| 6. BANIA Karol            | 05    | <b>4:42.62</b> | 472   | 1:07.63       | 1:12.40 | 1:12.72       | 1:09.87 |
| 50m: 32.31                | 32.31 | 150m: 1:43.69  | 36.06 | 250m: 2:56.54 | 36.51   | 350m: 4:09.06 | 36.31   |
| 100m: 1:07.63             | 35.32 | 200m: 2:20.03  | 36.34 | 300m: 3:32.75 | 36.21   | 400m: 4:42.62 | 33.56   |
| 7. ANDRZEJEWSKI Jan       | 05    | <b>4:49.58</b> | 438   | 1:08.98       | 1:13.90 | 1:14.04       | 1:12.66 |
| 50m: 32.53                | 32.53 | 150m: 1:45.81  | 36.83 | 250m: 2:59.86 | 36.98   | 350m: 4:13.73 | 36.81   |
| 100m: 1:08.98             | 36.45 | 200m: 2:22.88  | 37.07 | 300m: 3:36.92 | 37.06   | 400m: 4:49.58 | 35.85   |
| 8. KEMPIAK Bartosz        | 05    | <b>4:52.52</b> | 425   | 1:08.00       | 1:13.85 | 1:15.91       | 1:14.76 |
| 50m: 31.98                | 31.98 | 150m: 1:44.68  | 36.68 | 250m: 2:59.58 | 37.73   | 350m: 4:15.97 | 38.21   |
| 100m: 1:08.00             | 36.02 | 200m: 2:21.85  | 37.17 | 300m: 3:37.76 | 38.18   | 400m: 4:52.52 | 36.55   |
| 9. KRZYŻANIAK Jakub       | 05    | <b>4:53.45</b> | 421   | 1:11.46       | 1:16.49 | 1:15.56       | 1:09.94 |
| 50m: 33.66                | 33.66 | 150m: 1:50.03  | 38.57 | 250m: 3:06.12 | 38.17   | 350m: 4:20.52 | 37.01   |
| 100m: 1:11.46             | 37.80 | 200m: 2:27.95  | 37.92 | 300m: 3:43.51 | 37.39   | 400m: 4:53.45 | 32.93   |
| 10. WŁODARCZYK Bartłomiej | 05    | <b>4:53.70</b> | 420   | 1:09.72       | 1:15.87 | 1:15.67       | 1:12.44 |
| 50m: 32.85                | 32.85 | 150m: 1:47.79  | 38.07 | 250m: 3:03.68 | 38.09   | 350m: 4:18.25 | 36.99   |
| 100m: 1:09.72             | 36.87 | 200m: 2:25.59  | 37.80 | 300m: 3:41.26 | 37.58   | 400m: 4:53.70 | 35.45   |
| 11. KOCZOROWSKI Karol     | 05    | <b>4:55.03</b> | 415   | 1:07.17       | 1:16.08 | 1:16.95       | 1:14.83 |
| 50m: 31.20                | 31.20 | 150m: 1:44.95  | 37.78 | 250m: 3:01.45 | 38.20   | 350m: 4:18.33 | 38.13   |
| 100m: 1:07.17             | 35.97 | 200m: 2:23.25  | 38.30 | 300m: 3:40.20 | 38.75   | 400m: 4:55.03 | 36.70   |

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach  
Poznań, 30-3-2019

Konkurencja 2, Chłopców, 400m dowolny, 13 - 14 lat

| Pozycja                  | Rok ur. |                        | Czas           |         | Pkt.  | 100m    | 200m    | 300m    | 400m    |         |       |
|--------------------------|---------|------------------------|----------------|---------|-------|---------|---------|---------|---------|---------|-------|
| 12. SKRZYPCZAK Adam      | 06      | KS Warta Pozna         | <b>4:55.39</b> | 413     |       | 1:08.44 | 1:15.39 | 1:16.58 | 1:14.98 |         |       |
| 50m:                     | 31.55   | 31.55                  | 150m:          | 1:45.97 | 37.53 | 250m:   | 3:02.11 | 38.28   | 350m:   | 4:18.60 | 38.19 |
| 100m:                    | 1:08.44 | 36.89                  | 200m:          | 2:23.83 | 37.86 | 300m:   | 3:40.41 | 38.30   | 400m:   | 4:55.39 | 36.79 |
| 13. CEMPURA Kamil        | 05      | KS Poznania Pozna      | <b>4:56.69</b> | 408     |       | 1:09.36 | 1:16.35 | 1:18.53 | 1:12.45 |         |       |
| 50m:                     | 32.98   | 32.98                  | 150m:          | 1:47.42 | 38.06 | 250m:   | 3:04.75 | 39.04   | 350m:   | 4:21.83 | 37.59 |
| 100m:                    | 1:09.36 | 36.38                  | 200m:          | 2:25.71 | 38.29 | 300m:   | 3:44.24 | 39.49   | 400m:   | 4:56.69 | 34.86 |
| 14. SKRZYPCZAK Hubert    | 05      | KS Warta Pozna         | <b>4:58.35</b> | 401     |       | 1:10.83 | 1:16.34 | 1:17.53 | 1:13.65 |         |       |
| 50m:                     | 33.37   | 33.37                  | 150m:          | 1:48.72 | 37.89 | 250m:   | 3:05.93 | 38.76   | 350m:   | 4:22.70 | 38.00 |
| 100m:                    | 1:10.83 | 37.46                  | 200m:          | 2:27.17 | 38.45 | 300m:   | 3:44.70 | 38.77   | 400m:   | 4:58.35 | 35.65 |
| 15. NIEZNA SKI Michał    | 06      | UKS SP AQUARIUS Lesko  | <b>5:01.18</b> | 390     |       | 1:08.67 | 1:16.10 | 1:18.16 | 1:18.25 |         |       |
| 50m:                     | 32.84   | 32.84                  | 150m:          | 1:46.17 | 37.50 | 250m:   | 3:03.35 | 38.58   | 350m:   | 4:22.26 | 39.33 |
| 100m:                    | 1:08.67 | 35.83                  | 200m:          | 2:24.77 | 38.60 | 300m:   | 3:42.93 | 39.58   | 400m:   | 5:01.18 | 38.92 |
| 16. MIKA Kajetan         | 05      | KS Warta Pozna         | <b>5:01.62</b> | 388     |       | 1:10.36 | 1:18.39 | 1:17.81 | 1:15.06 |         |       |
| 50m:                     | 31.60   | 31.60                  | 150m:          | 1:49.76 | 39.40 | 250m:   | 3:07.51 | 38.76   | 350m:   | 4:24.59 | 38.03 |
| 100m:                    | 1:10.36 | 38.76                  | 200m:          | 2:28.75 | 38.99 | 300m:   | 3:46.56 | 39.05   | 400m:   | 5:01.62 | 37.03 |
| 17. CHAŁUPKA Aleksander  | 05      | KS Warta Pozna         | <b>5:02.18</b> | 386     |       | 1:11.57 | 1:16.99 | 1:17.44 | 1:16.18 |         |       |
| 50m:                     | 33.82   | 33.82                  | 150m:          | 1:50.03 | 38.46 | 250m:   | 3:07.16 | 38.60   | 350m:   | 4:24.04 | 38.04 |
| 100m:                    | 1:11.57 | 37.75                  | 200m:          | 2:28.56 | 38.53 | 300m:   | 3:46.00 | 38.84   | 400m:   | 5:02.18 | 38.14 |
| 18. BIELEWICZ Jan        | 05      | KS Warta Pozna         | <b>5:09.34</b> | 360     |       | 1:12.77 | 1:18.43 | 1:19.84 | 1:18.30 |         |       |
| 50m:                     | 33.86   | 33.86                  | 150m:          | 1:51.58 | 38.81 | 250m:   | 3:11.01 | 39.81   | 350m:   | 4:30.69 | 39.65 |
| 100m:                    | 1:12.77 | 38.91                  | 200m:          | 2:31.20 | 39.62 | 300m:   | 3:51.04 | 40.03   | 400m:   | 5:09.34 | 38.65 |
| WILANT Jan               | 05      | MKP „SŁOWIANKA" Gorzów | <b>5:09.34</b> | 360     |       | 1:12.27 | 1:18.79 | 1:20.22 | 1:18.06 |         |       |
| 50m:                     | 33.75   | 33.75                  | 150m:          | 1:51.96 | 39.69 | 250m:   | 3:11.46 | 40.40   | 350m:   | 4:31.55 | 40.27 |
| 100m:                    | 1:12.27 | 38.52                  | 200m:          | 2:31.06 | 39.10 | 300m:   | 3:51.28 | 39.82   | 400m:   | 5:09.34 | 37.79 |
| 20. SOBIECHOWSKI Kajetan | 06      | UKS Shark Rudna        | <b>5:13.40</b> | 346     |       | 1:12.68 | 1:21.34 | 1:21.95 | 1:17.43 |         |       |
| 50m:                     | 32.91   | 32.91                  | 150m:          | 1:54.05 | 41.37 | 250m:   | 3:14.71 | 40.69   | 350m:   | 4:36.21 | 40.24 |
| 100m:                    | 1:12.68 | 39.77                  | 200m:          | 2:34.02 | 39.97 | 300m:   | 3:55.97 | 41.26   | 400m:   | 5:13.40 | 37.19 |
| 21. SKOKOWSKI Maciej     | 05      | MKS Piast Głogów       | <b>5:16.54</b> | 336     |       | 1:11.91 | 1:21.20 | 1:22.87 | 1:20.56 |         |       |
| 50m:                     | 33.51   | 33.51                  | 150m:          | 1:52.11 | 40.20 | 250m:   | 3:14.54 | 41.43   | 350m:   | 4:37.12 | 41.14 |
| 100m:                    | 1:11.91 | 38.40                  | 200m:          | 2:33.11 | 41.00 | 300m:   | 3:55.98 | 41.44   | 400m:   | 5:16.54 | 39.42 |
| 22. BIAŁAS Szymon        | 06      | MKS Piast Głogów       | <b>6:05.55</b> | 218     |       | 1:18.83 | 1:34.14 | 1:38.11 | 1:34.47 |         |       |
| 50m:                     | 36.87   | 36.87                  | 150m:          | 2:05.73 | 46.90 | 250m:   | 3:42.63 | 49.66   | 350m:   | 5:19.22 | 48.14 |
| 100m:                    | 1:18.83 | 41.96                  | 200m:          | 2:52.97 | 47.24 | 300m:   | 4:31.08 | 48.45   | 400m:   | 6:05.55 | 46.33 |

12 lat i młodsi

|                       |         |                  |                |         |       |         |         |         |         |         |       |
|-----------------------|---------|------------------|----------------|---------|-------|---------|---------|---------|---------|---------|-------|
| 1. PIOTROWSKI Marcel  | 07      | MKS Piast Głogów | <b>5:30.84</b> | 294     |       | 1:17.08 | 1:27.65 | 1:28.66 | 1:17.45 |         |       |
| 50m:                  | 35.56   | 35.56            | 150m:          | 2:00.67 | 43.59 | 250m:   | 3:29.77 | 45.04   | 350m:   | 4:55.84 | 42.45 |
| 100m:                 | 1:17.08 | 41.52            | 200m:          | 2:44.73 | 44.06 | 300m:   | 4:13.39 | 43.62   | 400m:   | 5:30.84 | 35.00 |
| 2. LITOBORSKI Mikołaj | 08      | KS Warta Pozna   | <b>5:31.00</b> | 293     |       | 1:15.70 | 1:24.37 | 1:26.44 | 1:24.49 |         |       |
| 50m:                  | 34.70   | 34.70            | 150m:          | 1:57.65 | 41.95 | 250m:   | 3:23.36 | 43.29   | 350m:   | 4:49.45 | 42.94 |
| 100m:                 | 1:15.70 | 41.00            | 200m:          | 2:40.07 | 42.42 | 300m:   | 4:06.51 | 43.15   | 400m:   | 5:31.00 | 41.55 |
| 3. JANUSZEWSKI Julian | 07      | KS Warta Pozna   | <b>5:34.15</b> | 285     |       | 1:17.57 | 1:25.17 | 1:26.14 | 1:25.27 |         |       |
| 50m:                  | 36.02   | 36.02            | 150m:          | 1:59.85 | 42.28 | 250m:   | 3:25.49 | 42.75   | 350m:   | 4:51.86 | 42.98 |
| 100m:                 | 1:17.57 | 41.55            | 200m:          | 2:42.74 | 42.89 | 300m:   | 4:08.88 | 43.39   | 400m:   | 5:34.15 | 42.29 |
| 4. RUTKIEWICZ Łukasz  | 08      | KS Warta Pozna   | <b>5:47.43</b> | 254     |       | 1:17.47 | 1:29.58 | 1:31.62 | 1:28.76 |         |       |
| 50m:                  | 34.98   | 34.98            | 150m:          | 2:01.32 | 43.85 | 250m:   | 3:32.40 | 45.35   | 350m:   | 5:04.17 | 45.50 |
| 100m:                 | 1:17.47 | 42.49            | 200m:          | 2:47.05 | 45.73 | 300m:   | 4:18.67 | 46.27   | 400m:   | 5:47.43 | 43.26 |
| 5. WRÓBEL Jan         | 07      | KS Warta Pozna   | <b>5:52.78</b> | 242     |       | 1:22.35 | 1:30.04 | 1:32.30 | 1:28.09 |         |       |
| 50m:                  | 38.15   | 38.15            | 150m:          | 2:07.68 | 45.33 | 250m:   | 3:38.51 | 46.12   | 350m:   | 5:10.27 | 45.58 |
| 100m:                 | 1:22.35 | 44.20            | 200m:          | 2:52.39 | 44.71 | 300m:   | 4:24.69 | 46.18   | 400m:   | 5:52.78 | 42.51 |