

Wielkopolskie Rozgrywki Pływackie 2024 w kategorii 11/12/13 – latków  
Pozna , 22.3. - 11.10.2024

Konkurencja 11  
2024.03.22 - 14:10

Dziewcz t, 400m dowolny

11 - 13 lat  
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.							Czas	Pkt.	
<b>13 lat</b>												
1.	Lisiecka Barbara		11	UKS Niagara Jedyńka Wolsztyn						<b>5:02.26</b>	448	
	50m:	34.29	34.29	150m:	1:50.65	39.25	250m:	3:07.51	39.19	350m:	4:25.40	39.24
	100m:	1:11.40	37.11	200m:	2:28.32	37.67	300m:	3:46.16	38.65	400m:	5:02.26	36.86
2.	Michalak Maria		11	KS Warta Pozna						<b>5:04.05</b>	440	
	50m:	34.51	34.51	150m:	1:50.72	38.77	250m:	3:08.60	38.87	350m:	4:27.10	39.18
	100m:	1:11.95	37.44	200m:	2:29.73	39.01	300m:	3:47.92	39.32	400m:	5:04.05	36.95
3.	Sadłocha Amelia		11	KTP Iskra Konin						<b>5:07.64</b>	425	
	50m:	33.73	33.73	150m:	1:50.56	38.95	250m:	3:09.20	39.57	350m:	4:30.68	40.96
	100m:	1:11.61	37.88	200m:	2:29.63	39.07	300m:	3:49.72	40.52	400m:	5:07.64	36.96
4.	Onichimiuk Maria		11	KU AZS UAM Pozna						<b>5:08.20</b>	422	
	50m:	35.52	35.52	150m:	1:53.95	39.73	250m:	3:13.46	40.10	350m:	4:32.55	39.05
	100m:	1:14.22	38.70	200m:	2:33.36	39.41	300m:	3:53.50	40.04	400m:	5:08.20	35.65
5.	Samuilyk Uliana		11	"UKS - Jedyńka Kórnik"						<b>5:16.63</b>	389	
	50m:	35.27	35.27	150m:	1:54.62	40.31	250m:	3:15.90	40.32	350m:	4:31.32	35.27
	100m:	1:14.31	39.04	200m:	2:35.58	40.96	300m:	3:56.05	40.15	400m:	5:16.63	45.31
6.	Majza - Wawrzy ska Barbara		11	UKS 3-Wodnik Wolsztyn						<b>5:25.32</b>	359	
	50m:	36.02	36.02	150m:	1:56.90	41.22	250m:	3:20.38	42.24	350m:	4:45.44	42.49
	100m:	1:15.68	39.66	200m:	2:38.14	41.24	300m:	4:02.95	42.57	400m:	5:25.32	39.88
7.	Łaczek Wiktoria		11	KS Waterpolo Pozna						<b>5:30.00</b>	344	
	50m:			150m:	1:56.63	41.24	250m:	3:21.51	42.58	350m:	4:48.91	43.35
	100m:	1:15.39		200m:	2:38.93	42.30	300m:	4:05.56	44.05	400m:	5:30.00	41.09
8.	Szyma ska Julia		11	KS Warta Pozna						<b>5:31.65</b>	339	
	50m:	38.59	38.59	150m:	2:02.60	42.25	250m:	3:27.46	41.68	350m:	4:51.33	42.47
	100m:	1:20.35	41.76	200m:	2:45.78	43.18	300m:	4:08.86	41.40	400m:	5:31.65	40.32
9.	Olkowska Oliwia		11	KTP Iskra Konin						<b>5:32.58</b>	336	
	50m:	36.44	36.44	150m:	2:00.22	42.77	250m:	3:26.58	43.30	350m:	4:52.68	42.82
	100m:	1:17.45	41.01	200m:	2:43.28	43.06	300m:	4:09.86	43.28	400m:	5:32.58	39.90
10.	Rumiejowska Aleksandra		11	MUKS „HURAGAN” Koło						<b>5:35.91</b>	326	
	50m:	37.64	37.64	150m:	2:02.24	42.55	250m:	3:27.92	42.73	350m:	4:53.76	42.60
	100m:	1:19.69	42.05	200m:	2:45.19	42.95	300m:	4:11.16	43.24	400m:	5:35.91	42.15
11.	Grzesik Dominika		11	UKS Fala Swarz dz						<b>5:40.72</b>	312	
	50m:	35.86	35.86	150m:	2:00.89	43.88	250m:	3:29.36	44.41	350m:	4:57.88	44.69
	100m:	1:17.01	41.15	200m:	2:44.95	44.06	300m:	4:13.19	43.83	400m:	5:40.72	42.84
12.	Boche ska Aleksandra		11	UKS „GROT” Koziegłowy						<b>5:55.56</b>	275	
	50m:	38.42	38.42	150m:	2:06.99	45.51	250m:	3:39.47	46.36	350m:	5:11.46	45.80
	100m:	1:21.48	43.06	200m:	2:53.11	46.12	300m:	4:25.66	46.19	400m:	5:55.56	44.10
13.	Schmidt Amelia		11	KU AZS UAM Pozna						<b>6:10.06</b>	244	
	50m:	42.03	42.03	150m:	2:17.44	47.06	250m:	3:53.80	47.46	350m:	5:27.25	45.55
	100m:	1:30.38	48.35	200m:	3:06.34	48.90	300m:	4:41.70	47.90	400m:	6:10.06	42.81
<b>12 lat</b>												
1.	Sadłocha Marcelina		12	KTP Iskra Konin						<b>5:06.98</b>	427	
	50m:	35.28	35.28	150m:	1:54.87	40.27	250m:	3:15.30	39.97	350m:	4:32.64	37.81
	100m:	1:14.60	39.32	200m:	2:35.33	40.46	300m:	3:54.83	39.53	400m:	5:06.98	34.34
2.	Mikołajczak Helena		12	KS Posenania Pozna						<b>5:09.80</b>	416	
	50m:	34.87	34.87	150m:	1:54.41	40.45	250m:	3:13.88	39.84	350m:	4:33.49	39.78
	100m:	1:13.96	39.09	200m:	2:34.04	39.63	300m:	3:53.71	39.83	400m:	5:09.80	36.31
3.	Kantek - Waligórska Maja		12	UKS Niagara Jedyńka Wolsztyn						<b>5:43.58</b>	305	
	50m:	38.44	38.44	150m:	2:03.14	42.82	250m:	3:29.83	43.20	350m:		
	100m:	1:20.32	41.88	200m:	2:46.63	43.49	300m:	4:14.96	45.13	400m:	5:43.58	

Wielkopolskie Rozgrywki Pływackie 2024 w kategorii 11/12/13 – latków  
Poznań, 22.3. - 11.10.2024

Konkurencja 11, Dziewcząt, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
4.	Leopold Maja		12	UKS Cityzen				<b>6:05.08</b>	254
	50m:	39.04 39.04	150m:	2:13.02	48.09	250m:	350m:	5:19.87	46.92
	100m:	1:24.93 45.89	200m:	2:59.25	46.23	300m:	400m:	6:05.08	45.21
5.	Latanowicz Natalia		12	KS Poznań Poznań				<b>6:10.06</b>	244
	50m:	39.73 39.73	150m:	2:15.50	48.19	250m:	350m:	5:27.35	48.31
	100m:	1:27.31 47.58	200m:	3:03.63	48.13	300m:	400m:	6:10.06	42.71
6.	Piasecka Gabriela		12	Klub Sportowy Extreme Team Oborniki				<b>6:16.54</b>	231
	50m:		150m:		250m:	350m:			
	100m:	1:29.69	200m:		300m:	400m:	6:16.54		
7.	Matysik Alicja		12	UKS Niagara Jedyńka Wolsztyn				<b>6:34.07</b>	202
	50m:	40.00 40.00	150m:	2:21.29	52.49	250m:	350m:	5:47.70	51.22
	100m:	1:28.80 48.80	200m:	3:12.59	51.30	300m:	400m:	6:34.07	46.37
8.	Schyller Aniela		12	MUKS „HURAGAN” Koło				<b>6:37.28</b>	197
	50m:	43.43 43.43	150m:	2:27.11	51.60	250m:	350m:	5:50.93	50.70
	100m:	1:35.51 52.08	200m:	3:19.59	52.48	300m:	400m:	6:37.28	46.35
9.	pićczka Zuzanna		12	UKS Niagara Jedyńka Wolsztyn				<b>6:51.39</b>	177
	50m:	40.49 40.49	150m:	2:22.56	53.17	250m:	350m:	6:01.08	54.35
	100m:	1:29.39 48.90	200m:	3:18.53	55.97	300m:	400m:	6:51.39	50.31
10.	Wojtowicz Martyna		12	Klub Sportowy Extreme Team Oborniki				<b>7:05.68</b>	160
	50m:	45.64 45.64	150m:	2:28.66	51.24	250m:	350m:	6:10.45	55.61
	100m:	1:37.42 51.78	200m:	3:22.03	53.37	300m:	400m:	7:05.68	55.23

11 lat

1.	Jadwićka Magdalena		13	UKS Niagara Jedyńka Wolsztyn				<b>5:35.07</b>	328
	50m:	35.28 35.28	150m:	2:01.10	43.68	250m:	350m:	4:56.63	42.08
	100m:	1:17.42 42.14	200m:	2:45.94	44.84	300m:	400m:	5:35.07	38.44
2.	Zabłocka Oliwia		13	KS Warta Poznań				<b>5:39.15</b>	317
	50m:	36.73 36.73	150m:	2:04.00	44.11	250m:	350m:	5:00.35	43.83
	100m:	1:19.89 43.16	200m:	2:47.63	43.63	300m:	400m:	5:39.15	38.80
3.	Ciećka Kaja		13	UKS Niagara Jedyńka Wolsztyn				<b>5:44.01</b>	303
	50m:	37.83 37.83	150m:	2:04.81	44.58	250m:	350m:	5:02.78	45.05
	100m:	1:20.23 42.40	200m:	2:48.63	43.82	300m:	400m:	5:44.01	41.23
4.	Gorzelaćka Magdalena		13	KTP Iskra Konin				<b>6:36.57</b>	198
	50m:		150m:	2:27.29		250m:	350m:	5:51.01	
	100m:		200m:	3:19.58	52.29	300m:	400m:	6:36.57	45.56