

Wielkopolskie Rozgrywki Pływackie 2024 w kategorii 11/12/13 – latków
Poznań, 22.3. - 11.10.2024

Konkurencja 211
2024.10.11 - 13:30

Dziewcząt, 400m dowolny

11 - 13 lat
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.
13 lat									
1.	Lisiecka Barbara		11	UKS 3-Wodnik Wolsztyn				4:53.04	491
	50m:	33.55	33.55	150m:	1:47.97	37.70	250m:	3:04.24	38.17
	100m:	1:10.27	36.72	200m:	2:26.07	38.10	300m:	3:42.76	38.52
							350m:	4:20.12	37.36
							400m:	4:53.04	32.92
2.	Michalak Maria		11	KS Warta Poznań				4:58.37	465
	50m:	34.14	34.14	150m:	1:49.68	38.21	250m:	3:06.07	38.10
	100m:	1:11.47	37.33	200m:	2:27.97	38.29	300m:	3:44.28	38.21
							350m:	4:22.93	38.65
							400m:	4:58.37	35.44
3.	Szałabowicz Emilia		11	WKS I sk				5:05.81	432
	50m:	33.76	33.76	150m:	1:52.03	39.41	250m:	3:11.44	39.52
	100m:	1:12.62	38.86	200m:	2:31.92	39.89	300m:	3:50.43	38.99
							350m:	4:29.07	38.64
							400m:	5:05.81	36.74
4.	Sadłocha Amelia		11	KTP Iskra Konin				5:07.36	426
	50m:	33.45	33.45	150m:	1:48.81	38.32	250m:	3:07.42	39.82
	100m:	1:10.49	37.04	200m:	2:27.60	38.79	300m:	3:48.82	41.40
							350m:	4:29.13	40.31
							400m:	5:07.36	38.23
5.	Łaczek Wiktoria		11	KS Waterpolo Poznań				5:13.87	400
	50m:	35.61	35.61	150m:	1:54.98	40.62	250m:	3:17.71	41.18
	100m:	1:14.36	38.75	200m:	2:36.53	41.55	300m:	3:59.26	41.55
							350m:	4:39.09	39.83
							400m:	5:13.87	34.78
6.	Samuilyk Uliana		11	"UKS - Jedyńka Kórnik"				5:14.80	396
	50m:	35.95	35.95	150m:	1:55.47	40.29	250m:	3:17.31	40.98
	100m:	1:15.18	39.23	200m:	2:36.33	40.86	300m:	3:58.06	40.75
							350m:	4:38.58	40.52
							400m:	5:14.80	36.22
7.	Tymińska Adrianna		11	WKS I sk				5:15.14	395
	50m:	37.29	37.29	150m:	1:59.00	41.20	250m:	3:20.52	40.50
	100m:	1:17.80	40.51	200m:	2:40.02	41.02	300m:	4:00.64	40.12
							350m:	4:39.79	39.15
							400m:	5:15.14	35.35
8.	Szymańska Julia		11	KS Warta Poznań				5:17.54	386
	50m:	36.30	36.30	150m:	1:57.45	40.80	250m:	3:18.45	40.70
	100m:	1:16.65	40.35	200m:	2:37.75	40.30	300m:	3:58.97	40.52
							350m:	4:39.33	40.36
							400m:	5:17.54	38.21
9.	Majza - Wawrzyńska Barbara		11	UKS 3-Wodnik Wolsztyn				5:19.86	378
	50m:	35.21	35.21	150m:	1:54.94	40.79	250m:	3:16.88	41.02
	100m:	1:14.15	38.94	200m:	2:35.86	40.92	300m:	3:58.22	41.34
							350m:	4:39.43	41.21
							400m:	5:19.86	40.43
10.	Onichimiuk Maria		11	KU AZS UAM Poznań				5:21.52	372
	50m:	35.48	35.48	150m:			250m:		350m:
	100m:			200m:			300m:		400m:
								5:21.52	
11.	Olkowska Oliwia		11	KTP Iskra Konin				5:32.23	337
	50m:	36.83	36.83	150m:	2:01.16	43.18	250m:	3:27.06	43.41
	100m:	1:17.98	41.15	200m:	2:43.65	42.49	300m:	4:10.58	43.52
							350m:	4:53.02	42.44
							400m:	5:32.23	39.21
12.	Chudy Gabriela		11	WKS I sk				5:35.23	328
	50m:	38.78	38.78	150m:	2:04.42	43.10	250m:	3:31.04	43.18
	100m:	1:21.32	42.54	200m:	2:47.86	43.44	300m:	4:13.75	42.71
							350m:	4:56.37	42.62
							400m:	5:35.23	38.86
13.	Suchar Aleksandra		11	WKS I sk				5:35.69	327
	50m:	38.82	38.82	150m:	2:04.95	43.52	250m:	3:31.97	43.19
	100m:	1:21.43	42.61	200m:	2:48.78	43.83	300m:	4:15.00	43.03
							350m:	4:56.37	41.37
							400m:	5:35.69	39.32
14.	Rumiejowska Aleksandra		11	MUKS „HURAGAN” Koło				5:46.31	297
	50m:	38.60	38.60	150m:	2:07.32	44.34	250m:	3:34.63	43.43
	100m:	1:22.98	44.38	200m:	2:51.20	43.88	300m:	4:19.30	44.67
							350m:	5:03.42	44.12
							400m:	5:46.31	42.89
15.	Róśka Nina		11	UKS Fala Swarzędz				5:59.66	265
	50m:	37.06	37.06	150m:	2:05.00	45.26	250m:	3:39.40	47.83
	100m:	1:19.74	42.68	200m:	2:51.57	46.57	300m:	4:26.41	47.01
							350m:	5:15.94	49.53
							400m:	5:59.66	43.72

Wielkopolskie Rozgrywki Pływackie 2024 w kategorii 11/12/13 – latków
Pozna , 22.3. - 11.10.2024

Konkurencja 211, Dziewcz t, 400m dowolny

12 lat

1.	Sadłocha Marcelina	12	KTP Iskra Konin	4:57.47	470
	50m: 33.87 33.87	150m: 1:50.35	38.55	250m: 3:06.54	38.09
	100m: 1:11.80 37.93	200m: 2:28.45	38.10	300m: 3:44.60	38.06
				350m: 4:22.02	37.42
				400m: 4:57.47	35.45
2.	Mikołajczak Helena	12	KS Poznania Pozna	5:10.75	412
	50m: 34.06 34.06	150m: 1:53.03	40.33	250m: 3:13.88	40.70
	100m: 1:12.70 38.64	200m: 2:33.18	40.15	300m: 3:54.16	40.28
				350m: 4:34.32	40.16
				400m: 5:10.75	36.43
3.	Wereszczy ska Lila	12	WKS I sk	5:15.01	395
	50m: 35.50 35.50	150m: 1:55.39	40.52	250m: 3:15.97	40.55
	100m: 1:14.87 39.37	200m: 2:35.42	40.03	300m: 3:56.35	40.38
				350m: 4:35.99	39.64
				400m: 5:15.01	39.02
4.	Dziubi ska-Gańkowska Laura	12	WKS I sk	5:16.64	389
	50m: 34.79 34.79	150m: 1:54.49	40.00	250m: 3:16.42	40.92
	100m: 1:14.49 39.70	200m: 2:35.50	41.01	300m: 3:57.46	41.04
				350m: 4:38.40	40.94
				400m: 5:16.64	38.24
5.	Rajczyk Lena	12	KTP Iskra Konin	5:59.42	266
	50m: 39.36 39.36	150m: 2:11.95	47.10	250m: 3:43.46	45.77
	100m: 1:24.85 45.49	200m: 2:57.69	45.74	300m: 4:29.84	46.38
				350m: 5:16.22	46.38
				400m: 5:59.42	43.20
6.	Latanowicz Natalia	12	KS Poznania Pozna	6:01.59	261
	50m: 38.55 38.55	150m: 2:13.15	47.23	250m: 3:46.68	46.85
	100m: 1:25.92 47.37	200m: 2:59.83	46.68	300m: 4:33.61	46.93
				350m: 5:21.27	47.66
				400m: 6:01.59	40.32
7.	Merda Marcelina	12	UKS Niagara Jedyńka Wolsztyn	6:01.95	260
	50m: 39.19 39.19	150m: 2:11.90	46.75	250m: 3:45.64	46.98
	100m: 1:25.15 45.96	200m: 2:58.66	46.76	300m: 4:32.32	46.68
				350m: 5:18.70	46.38
				400m: 6:01.95	43.25
8.	Sikora Alicja	12	Stowarzyszenie Akademia Sportu Młodej Gostki	6:10.32	243
	50m: 39.78 39.78	150m: 2:11.34	47.27	250m: 3:47.39	48.25
	100m: 1:24.07 44.29	200m: 2:59.14	47.80	300m: 4:35.41	48.02
				350m: 5:23.41	48.00
				400m: 6:10.32	46.91
9.	Schyller Aniela	12	MUKS „HURAGAN” Koło	6:36.42	198
	50m: 43.21 43.21	150m: 2:24.60	51.66	250m: 4:06.56	50.58
	100m: 1:32.94 49.73	200m: 3:15.98	51.38	300m: 4:56.88	50.32
				350m: 5:48.15	51.27
				400m: 6:36.42	48.27
10.	Małach Julia	12	KS Warta Pozna	6:48.91	180
	50m: 41.89 41.89	150m: 2:25.58	51.43	250m: 4:11.35	52.87
	100m: 1:34.15 52.26	200m: 3:18.48	52.90	300m: 5:05.67	54.32
				350m: 5:59.35	53.68
				400m: 6:48.91	49.56
11.	Zieli ska Nadia	12	UKS Fala Swarzędz	7:05.57	160
	50m: 43.20 43.20	150m: 3:25.34	1:51.32	250m:	350m:
	100m: 1:34.02 50.82	200m:	300m:	350m:	400m:
				350m:	7:05.57
				400m:	

11 lat

1.	Jadwi ak Magdalena	13	UKS Niagara Jedyńka Wolsztyn	5:31.89	338
	50m: 37.77 37.77	150m: 2:01.45	42.78	250m: 3:28.05	43.14
	100m: 1:18.67 40.90	200m: 2:44.91	43.46	300m: 4:11.02	42.97
				350m: 4:53.27	42.25
				400m: 5:31.89	38.62
2.	Zabłocka Oliwia	13	KS Warta Pozna	5:46.45	297
	50m: 37.38 37.38	150m: 2:05.67	44.75	250m: 3:35.99	44.79
	100m: 1:20.92 43.54	200m: 2:51.20	45.53	300m: 4:20.51	44.52
				350m: 5:04.34	43.83
				400m: 5:46.45	42.11
3.	Cie la Kaja	13	UKS Niagara Jedyńka Wolsztyn	5:48.34	292
	50m: 38.09 38.09	150m: 2:05.90	44.75	250m: 3:36.06	44.15
	100m: 1:21.15 43.06	200m: 2:51.91	46.01	300m: 4:22.06	46.00
				350m: 5:07.06	45.00
				400m: 5:48.34	41.28
4.	Gorzela czyk Magdalena	13	KTP Iskra Konin	6:13.58	237
	50m: 39.91 39.91	150m: 2:16.82	48.28	250m: 3:53.75	48.94
	100m: 1:28.54 48.63	200m: 3:04.81	47.99	300m: 4:41.48	47.73
				350m: 5:29.54	48.06
				400m: 6:13.58	44.04
5.	Chrostek Karolina	13	UKS „HS” Team Kryty Basen Kłodzko	6:24.80	217
	50m: 40.19 40.19	150m: 2:17.22	49.22	250m: 3:56.00	50.20
	100m: 1:28.00 47.81	200m: 3:05.80	48.58	300m: 4:46.57	50.57
				350m: 5:37.23	50.66
				400m: 6:24.80	47.57

DYSKW. Dejko Nadia 13 UKS „HS” Team Kryty Basen Kłodzko

O1 - Pływak zainicjował start przed sygnałem startu.

50m:	41.38	41.38	150m:	2:14.82	47.76	250m:	3:51.07	47.74	350m:	5:25.34	46.21
100m:	1:27.06	45.68	200m:	3:03.33	48.51	300m:	4:39.13	48.06	400m:		