

Ogólnopolskie Zawody Pływackie 13 Urodziny Term Malta skich
Pozna , 19.10.2024

Konkurencja 14
2024.10.19 - 14:50

M czyzn, 400m dowolny

Open
Wyniki

Punkty: AQUA 2024

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|------------------------|-----------------------|---------------|---------|----------------------------|-------|---------------|-------|----------------|------|
| 15 lat i starsi | | | | | | | | | |
| 1. | LITOBORSKI Mikołaj | | 08 | O AZS w Poznaniu | | | | 3:58.85 | 701 |
| | 50m: | 27.08 27.08 | 150m: | 1:27.78 30.71 | 250m: | 2:28.44 30.19 | 350m: | 3:29.94 30.89 | |
| | 100m: | 57.07 29.99 | 200m: | 1:58.25 30.47 | 300m: | 2:59.05 30.61 | 400m: | 3:58.85 28.91 | |
| 2. | DWORAKOWSKI Bła ej | | 07 | KS Delfin Gdynia | | | | 4:04.61 | 653 |
| | 50m: | 27.40 27.40 | 150m: | 1:28.30 30.92 | 250m: | 2:30.66 31.03 | 350m: | 3:33.85 31.62 | |
| | 100m: | 57.38 29.98 | 200m: | 1:59.63 31.33 | 300m: | 3:02.23 31.57 | 400m: | 4:04.61 30.76 | |
| 3. | PAWLAK Dawid | | 08 | UKS 190 Łód | | | | 4:10.03 | 611 |
| | 50m: | 28.50 28.50 | 150m: | 1:31.75 31.54 | 250m: | 2:33.61 30.99 | 350m: | 3:38.57 32.45 | |
| | 100m: | 1:00.21 31.71 | 200m: | 2:02.62 30.87 | 300m: | 3:06.12 32.51 | 400m: | 4:10.03 31.46 | |
| 4. | PAKUŁA Patryk | | 08 | UKS Shark Rudna | | | | 4:11.82 | 598 |
| | 50m: | 28.40 28.40 | 150m: | 1:31.78 31.86 | 250m: | 2:35.59 32.04 | 350m: | 3:40.58 32.54 | |
| | 100m: | 59.92 31.52 | 200m: | 2:03.55 31.77 | 300m: | 3:08.04 32.45 | 400m: | 4:11.82 31.24 | |
| 5. | MENTEL Igor | | 08 | KS Delfin Gdynia | | | | 4:21.80 | 532 |
| | 50m: | 29.18 29.18 | 150m: | 1:34.35 32.83 | 250m: | 2:41.15 33.47 | 350m: | 3:48.54 33.86 | |
| | 100m: | 1:01.52 32.34 | 200m: | 2:07.68 33.33 | 300m: | 3:14.68 33.53 | 400m: | 4:21.80 33.26 | |
| 6. | PAKOSZ Oliwier | | 08 | MKS CKS-SMS Szczecin | | | | 4:25.79 | 509 |
| | 50m: | 29.30 29.30 | 150m: | 1:33.76 32.60 | 250m: | 2:41.77 34.27 | 350m: | 3:51.51 35.43 | |
| | 100m: | 1:01.16 31.86 | 200m: | 2:07.50 33.74 | 300m: | 3:16.08 34.31 | 400m: | 4:25.79 34.28 | |
| 7. | EL SABBAHY Loay | | 93 | KS Warta Pozna | | | | 4:29.93 | 486 |
| | 50m: | 30.13 30.13 | 150m: | 1:36.23 33.25 | 250m: | 2:44.86 34.39 | 350m: | 3:54.86 34.89 | |
| | 100m: | 1:02.98 32.85 | 200m: | 2:10.47 34.24 | 300m: | 3:19.97 35.11 | 400m: | 4:29.93 35.07 | |
| 8. | WOJCIECHOWSKI Mateusz | | 07 | KP Totis Viribus wiebodzin | | | | 4:30.83 | 481 |
| | 50m: | 28.71 28.71 | 150m: | 1:36.00 34.73 | 250m: | 2:46.13 34.92 | 350m: | 3:57.48 35.48 | |
| | 100m: | 1:01.27 32.56 | 200m: | 2:11.21 35.21 | 300m: | 3:22.00 35.87 | 400m: | 4:30.83 33.35 | |
| 9. | LUTOMSKI Antoni | | 09 | Uks Cityzen | | | | 4:31.91 | 475 |
| | 50m: | 29.42 29.42 | 150m: | 1:36.93 34.07 | 250m: | 2:46.20 34.76 | 350m: | 3:56.65 35.18 | |
| | 100m: | 1:02.86 33.44 | 200m: | 2:11.44 34.51 | 300m: | 3:21.47 35.27 | 400m: | 4:31.91 35.26 | |
| 10. | BARANOWSKI Alex | | 07 | KS Posnania Pozna | | | | 4:33.37 | 468 |
| | 50m: | 29.59 29.59 | 150m: | 1:35.64 33.59 | 250m: | 2:45.81 35.59 | 350m: | 3:58.17 36.32 | |
| | 100m: | 1:02.05 32.46 | 200m: | 2:10.22 34.58 | 300m: | 3:21.85 36.04 | 400m: | 4:33.37 35.20 | |
| 11. | ANDZI SKI Szymon | | 08 | Toru ski MKS CHAMPIONS | | | | 4:41.01 | 430 |
| | 50m: | 31.42 31.42 | 150m: | 1:40.74 35.06 | 250m: | 2:52.91 36.14 | 350m: | 4:05.20 36.34 | |
| | 100m: | 1:05.68 34.26 | 200m: | 2:16.77 36.03 | 300m: | 3:28.86 35.95 | 400m: | 4:41.01 35.81 | |
| 12. | ZLOCH Oskar | | 07 | UKS Fala Swarz dz | | | | 5:07.52 | 328 |
| | 50m: | 31.77 31.77 | 150m: | 1:46.96 38.42 | 250m: | 3:07.66 39.91 | 350m: | 4:29.33 40.46 | |
| | 100m: | 1:08.54 36.77 | 200m: | 2:27.75 40.79 | 300m: | 3:48.87 41.21 | 400m: | 5:07.52 38.19 | |
| 14 lat | | | | | | | | | |
| 1. | TRYDULSKI Wiktor | | 10 | UKS „GIM 92 Ursynów" | | | | 4:13.36 | 587 |
| | 50m: | 27.57 27.57 | 150m: | 1:30.97 32.51 | 250m: | 2:36.32 32.18 | 350m: | 3:41.27 32.91 | |
| | 100m: | 58.46 30.89 | 200m: | 2:04.14 33.17 | 300m: | 3:08.36 32.04 | 400m: | 4:13.36 32.09 | |
| 2. | KRZE NIAK Jakub | | 10 | KS Posnania Pozna | | | | 4:23.00 | 525 |
| | 50m: | 28.51 28.51 | 150m: | 1:34.84 34.05 | 250m: | 2:43.51 33.93 | 350m: | 3:50.70 33.36 | |
| | 100m: | 1:00.79 32.28 | 200m: | 2:09.58 34.74 | 300m: | 3:17.34 33.83 | 400m: | 4:23.00 32.30 | |
| 3. | STACHOWIAK Adam | | 10 | MKP Szczecin | | | | 4:23.03 | 525 |
| | 50m: | 30.60 30.60 | 150m: | 1:37.73 33.64 | 250m: | 2:45.32 33.81 | 350m: | 3:52.23 33.24 | |
| | 100m: | 1:04.09 33.49 | 200m: | 2:11.51 33.78 | 300m: | 3:18.99 33.67 | 400m: | 4:23.03 30.80 | |
| 4. | IDZIKOWSKI Filip | | 10 | KKS Włóknierz Kalisz | | | | 4:29.96 | 486 |
| | 50m: | 29.55 29.55 | 150m: | 1:37.03 34.13 | 250m: | 2:45.91 34.34 | 350m: | 3:56.10 35.17 | |
| | 100m: | 1:02.90 33.35 | 200m: | 2:11.57 34.54 | 300m: | 3:20.93 35.02 | 400m: | 4:29.96 33.86 | |

Ogólnopolskie Zawody Pływackie 13 Urodziny Term Malta skich
Pozna , 19.10.2024

Konkurencja 14, Chłopców, 400m dowolny, 14 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|------------------|---------------|---------|------------------------|-------|---------------|-------|----------------|------|
| 5. | MOCNY Dariusz | | 10 | "UKS - Jedyńka Kórnik" | | | | 4:30.04 | 485 |
| | 50m: | 30.02 30.02 | 150m: | 1:36.48 33.52 | 250m: | 2:45.44 34.68 | 350m: | 3:55.64 35.26 | |
| | 100m: | 1:02.96 32.94 | 200m: | 2:10.76 34.28 | 300m: | 3:20.38 34.94 | 400m: | 4:30.04 34.40 | |
| 6. | SKIBI SKI Szymon | | 10 | MKP Szczecin | | | | 4:31.38 | 478 |
| | 50m: | 30.42 30.42 | 150m: | 1:37.39 33.91 | 250m: | 2:46.32 34.70 | 350m: | 3:56.95 35.38 | |
| | 100m: | 1:03.48 33.06 | 200m: | 2:11.62 34.23 | 300m: | 3:21.57 35.25 | 400m: | 4:31.38 34.43 | |
| 7. | RYMARCZUK Jan | | 10 | UKS „GIM 92 Ursynów" | | | | 4:38.68 | 441 |
| | 50m: | 30.79 30.79 | 150m: | 1:42.04 36.11 | 250m: | 2:54.93 35.50 | 350m: | 4:05.67 35.30 | |
| | 100m: | 1:05.93 35.14 | 200m: | 2:19.43 37.39 | 300m: | 3:30.37 35.44 | 400m: | 4:38.68 33.01 | |
| 8. | ODWA NY Tomasz | | 10 | TP Zielona Góra | | | | 4:41.33 | 429 |
| | 50m: | 30.61 30.61 | 150m: | 1:42.21 36.46 | 250m: | 2:54.96 36.19 | 350m: | 4:06.48 35.89 | |
| | 100m: | 1:05.75 35.14 | 200m: | 2:18.77 36.56 | 300m: | 3:30.59 35.63 | 400m: | 4:41.33 34.85 | |
| 9. | SKORUPA Sławek | | 10 | UKS Shark Rudna | | | | 4:44.54 | 415 |
| | 50m: | 32.93 32.93 | 150m: | 1:45.75 36.53 | 250m: | 2:57.77 36.01 | 350m: | 4:09.98 35.98 | |
| | 100m: | 1:09.22 36.29 | 200m: | 2:21.76 36.01 | 300m: | 3:34.00 36.23 | 400m: | 4:44.54 34.56 | |
| 10. | RYMER Jakub | | 10 | UKS „GIM 92 Ursynów" | | | | 5:06.49 | 332 |
| | 50m: | 33.99 33.99 | 150m: | 1:50.25 38.84 | 250m: | 3:09.55 39.60 | 350m: | 4:28.62 39.45 | |
| | 100m: | 1:11.41 37.42 | 200m: | 2:29.95 39.70 | 300m: | 3:49.17 39.62 | 400m: | 5:06.49 37.87 | |
| 11. | FORGEL Marcel | | 10 | TP Zielona Góra | | | | 5:12.35 | 313 |
| | 50m: | 32.82 32.82 | 150m: | 1:49.00 38.65 | 250m: | 3:09.55 40.96 | 350m: | 4:30.12 40.70 | |
| | 100m: | 1:10.35 37.53 | 200m: | 2:28.59 39.59 | 300m: | 3:49.42 39.87 | 400m: | 5:12.35 42.23 | |
| 12. | CYGAL Mikołaj | | 10 | Aquapark Strzelin | | | | 5:33.59 | 257 |
| | 50m: | 33.81 33.81 | 150m: | 1:55.84 42.70 | 250m: | 3:23.84 44.17 | 350m: | 4:52.63 44.00 | |
| | 100m: | 1:13.14 39.33 | 200m: | 2:39.67 43.83 | 300m: | 4:08.63 44.79 | 400m: | 5:33.59 40.96 | |

13 lat

| | | | | | | | | | |
|----|--------------------|---------------|-------|----------------------|-------|---------------|-------|----------------|-----|
| 1. | KACZMAREK Mikołaj | | 11 | UKS „GIM 92 Ursynów" | | | | 4:24.32 | 517 |
| | 50m: | 29.81 29.81 | 150m: | 1:37.34 33.83 | 250m: | 2:45.98 33.80 | 350m: | 3:53.04 32.90 | |
| | 100m: | 1:03.51 33.70 | 200m: | 2:12.18 34.84 | 300m: | 3:20.14 34.16 | 400m: | 4:24.32 31.28 | |
| 2. | BILAVSKYI Filip | | 11 | TP Zielona Góra | | | | 4:28.20 | 495 |
| | 50m: | 29.92 29.92 | 150m: | 1:36.99 33.73 | 250m: | 2:45.34 34.10 | 350m: | 3:54.11 34.12 | |
| | 100m: | 1:03.26 33.34 | 200m: | 2:11.24 34.25 | 300m: | 3:19.99 34.65 | 400m: | 4:28.20 34.09 | |
| 3. | SUSLIK Adam | | 11 | UKS „GIM 92 Ursynów" | | | | 4:29.58 | 488 |
| | 50m: | 30.80 30.80 | 150m: | 1:39.09 34.81 | 250m: | 2:48.25 34.79 | 350m: | 3:56.85 33.53 | |
| | 100m: | 1:04.28 33.48 | 200m: | 2:13.46 34.37 | 300m: | 3:23.32 35.07 | 400m: | 4:29.58 32.73 | |
| 4. | MILEWSKI Jan | | 11 | UKS „GIM 92 Ursynów" | | | | 4:48.71 | 397 |
| | 50m: | 30.82 30.82 | 150m: | 1:42.34 36.77 | 250m: | 2:57.65 37.53 | 350m: | 4:12.14 37.15 | |
| | 100m: | 1:05.57 34.75 | 200m: | 2:20.12 37.78 | 300m: | 3:34.99 37.34 | 400m: | 4:48.71 36.57 | |
| 5. | BANUCH Dorian | | 11 | MKP Szczecin | | | | 4:54.36 | 374 |
| | 50m: | 33.97 33.97 | 150m: | 1:48.59 37.52 | 250m: | 3:03.82 37.43 | 350m: | 4:18.46 36.89 | |
| | 100m: | 1:11.07 37.10 | 200m: | 2:26.39 37.80 | 300m: | 3:41.57 37.75 | 400m: | 4:54.36 35.90 | |
| 6. | DZIAMSKI Szymon | | 11 | KS Warta Pozna | | | | 4:56.83 | 365 |
| | 50m: | 32.37 32.37 | 150m: | 1:46.59 37.84 | 250m: | 3:03.28 38.61 | 350m: | 4:19.70 38.19 | |
| | 100m: | 1:08.75 36.38 | 200m: | 2:24.67 38.08 | 300m: | 3:41.51 38.23 | 400m: | 4:56.83 37.13 | |
| 7. | NOWICKI Wiktor | | 11 | KS Warta Pozna | | | | 4:57.17 | 364 |
| | 50m: | 33.10 33.10 | 150m: | 1:48.09 37.62 | 250m: | 3:04.71 38.74 | 350m: | 4:20.44 37.85 | |
| | 100m: | 1:10.47 37.37 | 200m: | 2:25.97 37.88 | 300m: | 3:42.59 37.88 | 400m: | 4:57.17 36.73 | |
| 8. | SA KO Filip | | 11 | MKS Piast Głogów | | | | 5:18.77 | 295 |
| | 50m: | 33.98 33.98 | 150m: | 1:53.84 41.11 | 250m: | 3:16.04 41.16 | 350m: | 4:39.00 41.50 | |
| | 100m: | 1:12.73 38.75 | 200m: | 2:34.88 41.04 | 300m: | 3:57.50 41.46 | 400m: | 5:18.77 39.77 | |
| 9. | SMOLAREK Stanisław | | 11 | UKS „GIM 92 Ursynów" | | | | 5:25.51 | 277 |
| | 50m: | 37.38 37.38 | 150m: | 2:00.42 42.27 | 250m: | 3:23.84 42.06 | 350m: | 4:47.32 41.31 | |
| | 100m: | 1:18.15 40.77 | 200m: | 2:41.78 41.36 | 300m: | 4:06.01 42.17 | 400m: | 5:25.51 38.19 | |

Ogólnopolskie Zawody Pływackie 13 Urodziny Term Malta skich
Pozna , 19.10.2024

Konkurencja 14, Chłopców, 400m dowolny, 13 lat

| Pozycja | Rok ur. | | | | | | | | Czas | Pkt. |
|---------------------|---------------|------------------------|---------------|-------|---------------|-------|--|--|----------------|------|
| 10. PAWŁOWICZ Filip | 11 | Sp " aga skie Boberki" | | | | | | | 5:49.26 | 224 |
| 50m: 37.46 37.46 | 150m: 2:04.30 | 44.07 | 250m: 3:35.68 | 45.81 | 350m: 5:07.27 | 45.59 | | | | |
| 100m: 1:20.23 42.77 | 200m: 2:49.87 | 45.57 | 300m: 4:21.68 | 46.00 | 400m: 5:49.26 | 41.99 | | | | |

12 lat

| | | | | | | | | | | |
|------------------------|---------------|--------------------------|---------------|-------|---------------|-------|--|--|----------------|-----|
| 1. LUSTIUK Danylo | 12 | TP Zielona Góra | | | | | | | 5:20.34 | 290 |
| 50m: 34.75 34.75 | 150m: 1:54.65 | 40.31 | 250m: 3:16.48 | 41.17 | 350m: 4:39.71 | 41.68 | | | | |
| 100m: 1:14.34 39.59 | 200m: 2:35.31 | 40.66 | 300m: 3:58.03 | 41.55 | 400m: 5:20.34 | 40.63 | | | | |
| 2. KA MIERCZAK Szymon | 12 | MKP Szczecin | | | | | | | 5:23.53 | 282 |
| 50m: 35.48 35.48 | 150m: 1:58.71 | 41.62 | 250m: 3:22.86 | 41.74 | 350m: 4:46.58 | 41.18 | | | | |
| 100m: 1:17.09 41.61 | 200m: 2:41.12 | 42.41 | 300m: 4:05.40 | 42.54 | 400m: 5:23.53 | 36.95 | | | | |
| 3. JUSZCZY SKI Mikołaj | 12 | MKS CKS-SMS Szczecin | | | | | | | 5:37.47 | 248 |
| 50m: 35.69 35.69 | 150m: 1:59.65 | 42.91 | 250m: 3:26.89 | 43.86 | 350m: 4:54.71 | 44.10 | | | | |
| 100m: 1:16.74 41.05 | 200m: 2:43.03 | 43.38 | 300m: 4:10.61 | 43.72 | 400m: 5:37.47 | 42.76 | | | | |
| 4. DARDAS Oskar | 12 | UKS "Kro nicka Przysta " | | | | | | | 5:52.07 | 219 |
| 50m: 37.79 37.79 | 150m: 2:06.39 | 44.20 | 250m: 3:34.86 | 44.93 | 350m: 5:02.66 | 43.35 | | | | |
| 100m: 1:22.19 44.40 | 200m: 2:49.93 | 43.54 | 300m: 4:19.31 | 44.45 | 400m: 5:52.07 | 49.41 | | | | |

11 lat

| | | | | | | | | | | |
|-------------------------|---------------|----------------------------|---------------|-------|---------------|-------|--|--|----------------|-----|
| 1. F FERREK Filip | 13 | MUKS "TUREKin pływa" | | | | | | | 4:53.53 | 378 |
| 50m: 33.23 33.23 | 150m: 1:47.39 | 37.44 | 250m: 3:02.64 | 37.87 | 350m: 4:17.96 | 37.71 | | | | |
| 100m: 1:09.95 36.72 | 200m: 2:24.77 | 37.38 | 300m: 3:40.25 | 37.61 | 400m: 4:53.53 | 35.57 | | | | |
| 2. ST PNIAK Maksymilian | 13 | MKP Szczecin | | | | | | | 6:00.40 | 204 |
| 50m: 37.13 37.13 | 150m: 2:07.46 | 45.62 | 250m: 3:41.23 | 46.59 | 350m: 5:16.59 | 47.81 | | | | |
| 100m: 1:21.84 44.71 | 200m: 2:54.64 | 47.18 | 300m: 4:28.78 | 47.55 | 400m: 6:00.40 | 43.81 | | | | |
| 3. JASI GA Oliwier | 13 | UKS "Kro nicka Przysta " | | | | | | | 6:03.68 | 198 |
| 50m: 39.00 39.00 | 150m: 2:10.29 | 46.17 | 250m: 3:43.15 | 46.45 | 350m: 5:19.68 | 48.29 | | | | |
| 100m: 1:24.12 45.12 | 200m: 2:56.70 | 46.41 | 300m: 4:31.39 | 48.24 | 400m: 6:03.68 | 44.00 | | | | |
| 4. SADKOWSKI Kacper | 13 | KP Totis Viribus wiebodzin | | | | | | | 6:13.40 | 183 |
| 50m: 38.31 38.31 | 150m: 2:10.73 | 47.48 | 250m: 3:46.83 | 48.35 | 350m: 5:21.08 | 45.76 | | | | |
| 100m: 1:23.25 44.94 | 200m: 2:58.48 | 47.75 | 300m: 4:35.32 | 48.49 | 400m: 6:13.40 | 52.32 | | | | |
| 5. LUBIENIECKI Hubert | 13 | KP Totis Viribus wiebodzin | | | | | | | 6:23.37 | 169 |
| 50m: 40.61 40.61 | 150m: 2:16.00 | 47.87 | 250m: 3:55.23 | 49.39 | 350m: 5:32.54 | 48.33 | | | | |
| 100m: 1:28.13 47.52 | 200m: 3:05.84 | 49.84 | 300m: 4:44.21 | 48.98 | 400m: 6:23.37 | 50.83 | | | | |