

Ogólnopolskie Zawody Pływackie 13 Urodziny Term Malta skich
Pozna , 19.10.2024

Konkurencja 23
2024.10.19 - 17:14

Kobiet, 400m zmienny

Open
Wyniki

Punkty: AQUA 2024

Pozycja					Rok ur.					Czas	Pkt.	
15 lat i starsi												
1.	FARTUSZY SKA Weronika				08	MKS Juvenia Wrocław				5:20.43	527	
	50m:	34.55	34.55	150m:	1:56.67	42.34	250m:	3:23.75	45.67	350m:	4:45.68	36.10
	100m:	1:14.33	39.78	200m:	2:38.08	41.41	300m:	4:09.58	45.83	400m:	5:20.43	34.75
14 lat												
1.	NIZIO Kamila				10	UKS „GIM 92 Ursynów"				5:13.84	561	
	50m:	34.20	34.20	150m:	1:57.23	42.25	250m:	3:19.59	41.77	350m:	4:38.26	36.75
	100m:	1:14.98	40.78	200m:	2:37.82	40.59	300m:	4:01.51	41.92	400m:	5:13.84	35.58
2.	GOŁUB Karolina				10	UKS „GIM 92 Ursynów"				5:14.19	559	
	50m:	32.29	32.29	150m:	1:51.70	41.00	250m:	3:17.24	45.45	350m:	4:39.46	36.94
	100m:	1:10.70	38.41	200m:	2:31.79	40.09	300m:	4:02.52	45.28	400m:	5:14.19	34.73
3.	WALCZYK Hanna				10	Grudzi dzki KP „Orka"				5:19.15	534	
	50m:	33.49	33.49	150m:	1:54.05	41.28	250m:	3:20.48	46.04	350m:	4:43.75	37.37
	100m:	1:12.77	39.28	200m:	2:34.44	40.39	300m:	4:06.38	45.90	400m:	5:19.15	35.40
4.	HORBATY Antonina				10	UKS „GIM 92 Ursynów"				5:48.10	411	
	50m:	36.05	36.05	150m:	2:04.46	44.35	250m:	3:38.21	49.24	350m:	5:09.34	40.76
	100m:	1:20.11	44.06	200m:	2:48.97	44.51	300m:	4:28.58	50.37	400m:	5:48.10	38.76
5.	NIEŁACNA Olga				10	Aquapark Strzelin				5:59.31	374	
	50m:	36.60	36.60	150m:	2:10.05	48.53	250m:	3:45.47	49.12	350m:	5:17.61	43.13
	100m:	1:21.52	44.92	200m:	2:56.35	46.30	300m:	4:34.48	49.01	400m:	5:59.31	41.70
13 lat												
1.	BOMBA Julia				11	CSiR MOS w D browie Górniczej				5:17.81	540	
	50m:	33.58	33.58	150m:	1:54.36	41.76	250m:	3:21.30	45.51	350m:	4:43.48	35.18
	100m:	1:12.60	39.02	200m:	2:35.79	41.43	300m:	4:08.30	47.00	400m:	5:17.81	34.33
2.	KOKOSZKA Paulina				11	UKS „GIM 92 Ursynów"				5:18.45	537	
	50m:	33.94	33.94	150m:	1:55.66	40.15	250m:	3:22.06	46.01	350m:	4:44.82	35.83
	100m:	1:15.51	41.57	200m:	2:36.05	40.39	300m:	4:08.99	46.93	400m:	5:18.45	33.63
3.	ŁYSIUK Karina				11	UKS „GIM 92 Ursynów"				5:32.60	471	
	50m:	35.00	35.00	150m:	1:59.00	41.93	250m:	3:26.27	46.42	350m:	4:54.16	40.02
	100m:	1:17.07	42.07	200m:	2:39.85	40.85	300m:	4:14.14	47.87	400m:	5:32.60	38.44
4.	ADAMSKA Nika				11	MKP Szczecin				5:33.33	468	
	50m:	36.99	36.99	150m:	2:02.06	41.37	250m:	3:31.36	48.71	350m:	4:56.37	38.40
	100m:	1:20.69	43.70	200m:	2:42.65	40.59	300m:	4:17.97	46.61	400m:	5:33.33	36.96
5.	SZERSZE -NIEW GŁOWSKA Zofia				11	UKS „GIM 92 Ursynów"				5:43.55	428	
	50m:	37.50	37.50	150m:	2:08.59	46.02	250m:	3:36.28	44.22	350m:	5:03.52	42.19
	100m:	1:22.57	45.07	200m:	2:52.06	43.47	300m:	4:21.33	45.05	400m:	5:43.55	40.03
12 lat												
1.	RZEWNIK Marianna				12	Ukp Marlin Gryfino				7:01.48	231	
	50m:	44.20	44.20	150m:	2:39.20	53.32	250m:	4:29.72	57.89	350m:	6:15.87	46.82
	100m:	1:45.88	1:01.68	200m:	3:31.83	52.63	300m:	5:29.05	59.33	400m:	7:01.48	45.61