

Ogólnopolskie Zawody Pływackie 13 Urodziny Term Malta skich
Pozna , 19.10.2024

Konkurencja 24
2024.10.19 - 17:28

M czyzn, 400m zmienny

Open
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.
15 lat i starsi									
1.	OKO	Jakub	07	MKS	Juvenia	Wrocław	4:29.65	660	
	50m:	28.52	28.52	150m:	1:36.16	34.65	250m:	2:48.77	38.83
	100m:	1:01.51	32.99	200m:	2:09.94	33.78	300m:	3:28.05	39.28
				350m:	3:59.11	31.06	400m:	4:29.65	30.54
2.	OŁOWNIA	Ignacy	07	KS	Delfin	Gdynia	4:36.37	613	
	50m:	28.33	28.33	150m:	1:35.22	34.90	250m:	2:50.08	40.69
	100m:	1:00.32	31.99	200m:	2:09.39	34.17	300m:	3:31.45	41.37
				350m:	4:04.50	33.05	400m:	4:36.37	31.87
3.	SZAFRA	SKI Kamil	07	O	AZS	w Poznaniu	4:49.49	533	
	50m:	29.39	29.39	150m:	1:43.01	39.12	250m:	3:00.62	39.34
	100m:	1:03.89	34.50	200m:	2:21.28	38.27	300m:	3:40.22	39.60
				350m:	4:16.04	35.82	400m:	4:49.49	33.45
4.	PAKUŁA	Patryk	08	UKS	Shark	Rudna	4:52.55	517	
	50m:	29.13	29.13	150m:	1:42.80	39.06	250m:	3:03.34	42.41
	100m:	1:03.74	34.61	200m:	2:20.93	38.13	300m:	3:46.67	43.33
				350m:	4:20.49	33.82	400m:	4:52.55	32.06
5.	KWIASOWSKI	Jakub	07	KKS	Włókniarz	Kalisz	5:01.46	472	
	50m:	30.26	30.26	150m:	1:46.31	40.02	250m:	3:09.42	43.48
	100m:	1:06.29	36.03	200m:	2:25.94	39.63	300m:	3:54.57	45.15
				350m:	4:29.22	34.65	400m:	5:01.46	32.24
14 lat									
1.	LUTOMSKI	Jan	10	Uks	Cityzen		4:59.18	483	
	50m:	31.86	31.86	150m:	1:48.71	39.07	250m:	3:09.03	41.95
	100m:	1:09.64	37.78	200m:	2:27.08	38.37	300m:	3:52.08	43.05
				350m:	4:26.65	34.57	400m:	4:59.18	32.53
2.	KRZE	NIAK Jakub	10	KS	Posnania	Pozna	4:59.91	479	
	50m:	30.40	30.40	150m:	1:45.23	39.75	250m:	3:08.76	44.74
	100m:	1:05.48	35.08	200m:	2:24.02	38.79	300m:	3:53.76	45.00
				350m:	4:27.99	34.23	400m:	4:59.91	31.92
3.	KULIK	Konstanty	10	UKS	„GIM 92	Ursynów"	5:19.51	396	
	50m:	32.46	32.46	150m:	1:53.67	41.56	250m:	3:20.15	46.02
	100m:	1:12.11	39.65	200m:	2:34.13	40.46	300m:	4:07.25	47.10
				350m:	4:43.51	36.26	400m:	5:19.51	36.00
13 lat									
1.	PAPUGA	Grzegorz	11	UKS	190	Łód	4:48.39	539	
	50m:	31.14	31.14	150m:	1:45.99	39.58	250m:	3:02.68	39.76
	100m:	1:06.41	35.27	200m:	2:22.92	36.93	300m:	3:43.06	40.38
				350m:	4:16.84	33.78	400m:	4:48.39	31.55
2.	SUSLIK	Adam	11	UKS	„GIM 92	Ursynów"	4:55.27	502	
	50m:	31.65	31.65	150m:	1:45.72	38.16	250m:	3:05.91	42.86
	100m:	1:07.56	35.91	200m:	2:23.05	37.33	300m:	3:48.37	42.46
				350m:	4:22.66	34.29	400m:	4:55.27	32.61
3.	MIZGALSKI	Tymoteusz	11	KS	Warta	Pozna	4:57.25	492	
	50m:	31.95	31.95	150m:	1:49.05	40.10	250m:	3:08.39	40.14
	100m:	1:08.95	37.00	200m:	2:28.25	39.20	300m:	3:50.47	42.08
				350m:	4:24.77	34.30	400m:	4:57.25	32.48
4.	KACZMAREK	Mikołaj	11	UKS	„GIM 92	Ursynów"	5:00.78	475	
	50m:	33.30	33.30	150m:	1:51.00	40.04	250m:	3:12.69	43.57
	100m:	1:10.96	37.66	200m:	2:29.12	38.12	300m:	3:56.06	43.37
				350m:	4:29.56	33.50	400m:	5:00.78	31.22
5.	MENDAKIEWICZ	Mikołaj	11	UKS	190	Łód	5:10.13	434	
	50m:	33.81	33.81	150m:	1:52.90	40.05	250m:	3:15.11	43.70
	100m:	1:12.85	39.04	200m:	2:31.41	38.51	300m:	3:59.11	44.00
				350m:	4:35.75	36.64	400m:	5:10.13	34.38