

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach  
Poznań, 30.11.2024

Konkurencja 14  
2024.11.30 - 13:42

Mężczyźni, 400m dowolny

Open  
Wyniki

Punkty: AQUA 2024

Pozycja					Rok ur.					Czas	Pkt.	
<b>17 lat i starsi</b>												
1.	GŁUSZKOWSKI, Mateusz				01	Uks Cityzen				<b>4:03.85</b>	659	
	50m:	27.96	27.96	150m:	1:28.67	30.58	250m:	2:30.53	30.85	350m:	3:33.23	31.10
	100m:	58.09	30.13	200m:	1:59.68	31.01	300m:	3:02.13	31.60	400m:	4:03.85	30.62
2.	WOJCIECHOWSKI, Mateusz				07	KP Totis Viribus wiebodziń				<b>4:30.84</b>	481	
	50m:	29.41	29.41	150m:	1:36.70	34.32	250m:	2:46.38	35.05	350m:	3:57.09	35.33
	100m:	1:02.38	32.97	200m:	2:11.33	34.63	300m:	3:21.76	35.38	400m:	4:30.84	33.75
<b>15 - 16 lat</b>												
1.	WOJTOWICZ, Alan				08	UKP "Na Fali"				<b>4:22.49</b>	528	
	50m:	26.82	26.82	150m:	1:31.91	33.93	250m:			350m:	3:49.95	
	100m:	57.98	31.16	200m:	2:05.94	34.03	300m:			400m:	4:22.49	32.54
2.	HOFMAN, Marcel				08	St. KP Olimpia wiecie				<b>4:27.18</b>	501	
	50m:	29.93	29.93	150m:	1:37.22	33.98	250m:	2:45.44	33.74	350m:	3:53.56	34.08
	100m:	1:03.24	33.31	200m:	2:11.70	34.48	300m:	3:19.48	34.04	400m:	4:27.18	33.62
3.	DOMA SKI, Franciszek				09	MKS Piaseczno				<b>4:44.78</b>	414	
	50m:	30.76	30.76	150m:	1:41.92	35.59	250m:	2:55.04	36.40	350m:	4:08.86	37.05
	100m:	1:06.33	35.57	200m:	2:18.64	36.72	300m:	3:31.81	36.77	400m:	4:44.78	35.92
<b>14 lat</b>												
1.	TRYDULSKI, Wiktor				10	UKS „GIM 92 Ursynów"				<b>4:22.21</b>	530	
	50m:	28.30	28.30	150m:	1:31.90	32.46	250m:	2:38.34	33.16	350m:	3:43.75	32.11
	100m:	59.44	31.14	200m:	2:05.18	33.28	300m:	3:11.64	33.30	400m:	4:22.21	38.46
2.	KRZE NIAK, Jakub				10	KS Posnania Poznań				<b>4:24.27</b>	518	
	50m:	29.05	29.05	150m:	1:35.34	33.81	250m:	2:44.13	34.54	350m:	3:51.24	33.24
	100m:	1:01.53	32.48	200m:	2:09.59	34.25	300m:	3:18.00	33.87	400m:	4:24.27	33.03
3.	TATARYNOWICZ, Jan				10	UKS 3-Wodnik Wolsztyn				<b>4:25.40</b>	511	
	50m:	29.23	29.23	150m:	1:36.06	33.93	250m:	2:44.67	34.17	350m:	3:53.02	34.00
	100m:	1:02.13	32.90	200m:	2:10.50	34.44	300m:	3:19.02	34.35	400m:	4:25.40	32.38
4.	SKIBI SKI, Szymon				10	MKP Szczecin				<b>4:25.83</b>	509	
	50m:	29.67	29.67	150m:	1:36.46	33.81	250m:	2:44.86	34.19	350m:	3:52.99	33.79
	100m:	1:02.65	32.98	200m:	2:10.67	34.21	300m:	3:19.20	34.34	400m:	4:25.83	32.84
5.	D BROWSKI, Oliwier				10	MKP „SŁOWIANKA" Gorzów Wlkp.				<b>4:27.14</b>	501	
	50m:	30.23	30.23	150m:	1:36.38	33.63	250m:	2:44.63	34.05	350m:	3:54.05	34.87
	100m:	1:02.75	32.52	200m:	2:10.58	34.20	300m:	3:19.18	34.55	400m:	4:27.14	33.09
6.	MOCNY, Dariusz				10	"UKS - Jedyńka Kórnik"				<b>4:34.24</b>	463	
	50m:	30.00	30.00	150m:	1:37.16	34.13	250m:	2:47.46	35.41	350m:	3:59.01	36.11
	100m:	1:03.03	33.03	200m:	2:12.05	34.89	300m:	3:22.90	35.44	400m:	4:34.24	35.23
7.	ODWA NY, Tomasz				10	TP Zielona Góra				<b>4:44.35</b>	415	
	50m:	30.05	30.05	150m:	1:39.30	35.53	250m:	2:52.96	37.13	350m:	4:07.99	37.55
	100m:	1:03.77	33.72	200m:	2:15.83	36.53	300m:	3:30.44	37.48	400m:	4:44.35	36.36
8.	KULIK, Konstanty				10	UKS „GIM 92 Ursynów"				<b>4:45.00</b>	413	
	50m:	28.82	28.82	150m:	1:38.80	36.53	250m:	2:52.90	37.34	350m:	4:08.48	37.69
	100m:	1:02.27	33.45	200m:	2:15.56	36.76	300m:	3:30.79	37.89	400m:	4:45.00	36.52
9.	WIECZOREK, Aleksander				10	MKP Szczecin				<b>4:46.96</b>	404	
	50m:	31.91	31.91	150m:	1:45.03	37.05	250m:	2:59.70	37.48	350m:	4:11.46	35.05
	100m:	1:07.98	36.07	200m:	2:22.22	37.19	300m:	3:36.41	36.71	400m:	4:46.96	35.50
10.	IWANOWSKI, Filip				10	MUKS "Piłastka"				<b>4:53.18</b>	379	
	50m:	32.76	32.76	150m:	1:47.71	37.68	250m:	3:03.25	37.92	350m:	4:18.66	37.28
	100m:	1:10.03	37.27	200m:	2:25.33	37.62	300m:	3:41.38	38.13	400m:	4:53.18	34.52

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach  
Poznań, 30.11.2024

Konkurencja 14, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.				Czas				Pkt.
11.	BOROWY, Mateusz		10		UKS „GIM 92 Ursynów”				<b>4:56.54</b>		366
	50m:	30.57 30.57	150m:	1:45.07	38.14	250m:	3:02.95	39.37	350m:	4:20.24	38.16
	100m:	1:06.93 36.36	200m:	2:23.58	38.51	300m:	3:42.08	39.13	400m:	4:56.54	36.30

13 lat

1.	DZIAMSKI, Szymon		11		KS Warta Pozna				<b>4:40.97</b>		431
	50m:	31.68 31.68	150m:	1:41.21	35.06	250m:	2:53.04	35.96	350m:	4:06.09	36.51
	100m:	1:06.15 34.47	200m:	2:17.08	35.87	300m:	3:29.58	36.54	400m:	4:40.97	34.88
2.	NOWICKI, Wiktor		11		KS Warta Pozna				<b>4:45.73</b>		409
	50m:	30.56 30.56	150m:	1:42.03	36.55	250m:	2:55.64	36.73	350m:	4:09.29	36.70
	100m:	1:05.48 34.92	200m:	2:18.91	36.88	300m:	3:32.59	36.95	400m:	4:45.73	36.44
3.	DEREDAS, Stanisław		11		UKS 190 Łódź				<b>4:46.20</b>		407
	50m:	33.22 33.22	150m:	1:45.43	36.57	250m:	2:58.45	36.72	350m:	4:11.20	35.88
	100m:	1:08.86 35.64	200m:	2:21.73	36.30	300m:	3:35.32	36.87	400m:	4:46.20	35.00
4.	DOPIERAŁA, Piotr		11		KS Posnania Pozna				<b>4:48.76</b>		397
	50m:	30.99 30.99	150m:	1:44.06	37.28	250m:	2:59.21	37.15	350m:	4:14.02	37.48
	100m:	1:06.78 35.79	200m:	2:22.06	38.00	300m:	3:36.54	37.33	400m:	4:48.76	34.74
5.	LECHOWICZ, Mikołaj		11		KS Posnania Pozna				<b>4:49.82</b>		392
	50m:	32.72 32.72	150m:	1:45.58	36.98	250m:	2:59.73	37.12	350m:	4:14.24	36.87
	100m:	1:08.60 35.88	200m:	2:22.61	37.03	300m:	3:37.37	37.64	400m:	4:49.82	35.58
6.	HEBROWSKI, Łukasz		11		KS Warta Pozna				<b>4:53.87</b>		376
	50m:	31.94 31.94	150m:	1:43.53	36.45	250m:	2:43.72	23.13	350m:	4:15.63	38.44
	100m:	1:07.08 35.14	200m:	2:20.59	37.06	300m:	3:37.19	53.47	400m:	4:53.87	38.24
7.	WITKOWIAK, Filip		11		UKS "Olimp" Gorzów Wlkp.				<b>5:01.23</b>		349
	50m:	32.53 32.53	150m:	1:48.55	38.57	250m:	3:05.78	38.54	350m:	4:24.40	39.67
	100m:	1:09.98 37.45	200m:	2:27.24	38.69	300m:	3:44.73	38.95	400m:	5:01.23	36.83
8.	SAŁEK, Filip		11		UKP "Na Fali"				<b>5:34.64</b>		255
	50m:	36.31 36.31	150m:	2:01.81	43.71	250m:	3:27.36	42.86	350m:	4:52.25	42.42
	100m:	1:18.10 41.79	200m:	2:44.50	42.69	300m:	4:09.83	42.47	400m:	5:34.64	42.39

12 lat

1.	KOCHA SKI, Maciej		12		UKS "Olimp" Gorzów Wlkp.				<b>5:15.71</b>		303
	50m:	33.25 33.25	150m:	1:52.50	40.99	250m:	3:14.54	41.19	350m:	4:36.81	41.54
	100m:	1:11.51 38.26	200m:	2:33.35	40.85	300m:	3:55.27	40.73	400m:	5:15.71	38.90
2.	GALANT, Ignacy		12		UKS "Olimp" Gorzów Wlkp.				<b>5:55.75</b>		212
	50m:	40.33 40.33	150m:	2:09.05	44.78	250m:	3:40.50	45.65	350m:	5:12.24	45.28
	100m:	1:24.27 43.94	200m:	2:54.85	45.80	300m:	4:26.96	46.46	400m:	5:55.75	43.51
3.	B CZEK, Wojciech		12		UKS "Olimp" Gorzów Wlkp.				<b>5:58.54</b>		207
	50m:	40.64 40.64	150m:	2:10.65	45.08	250m:	3:42.50	46.30	350m:	5:15.14	46.17
	100m:	1:25.57 44.93	200m:	2:56.20	45.55	300m:	4:28.97	46.47	400m:	5:58.54	43.40
4.	DETTOMA, Oliwier		12		UKS "Olimp" Gorzów Wlkp.				<b>6:05.33</b>		196
	50m:	40.67 40.67	150m:	2:10.96	45.68	250m:	3:43.84	46.02	350m:	5:18.65	47.37
	100m:	1:25.28 44.61	200m:	2:57.82	46.86	300m:	4:31.28	47.44	400m:	6:05.33	46.68

11 lat

1.	PIETRZAK, Jan		13		MKP Szczecin				<b>6:01.70</b>		202
	50m:	38.58 38.58	150m:	2:10.08	47.00	250m:	3:44.21	46.96	350m:	5:19.20	47.17
	100m:	1:23.08 44.50	200m:	2:57.25	47.17	300m:	4:32.03	47.82	400m:	6:01.70	42.50

Ogólnopolskie Zawody Pływackie Gorące i zimowanie na Termach  
Poznań, 30.11.2024

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Konkurencja 14, Mężczyźni, 400m dowolny

10 lat i młodsi

1.	IWAN, Wojciech			14	UKP „Marlin”				<b>6:33.76</b>	156		
	50m:	41.41	41.41	150m:	2:20.47	50.32	250m:	4:02.40	51.80	350m:	5:45.46	50.75
	100m:	1:30.15	48.74	200m:	3:10.60	50.13	300m:	4:54.71	52.31	400m:	6:33.76	48.30