



Zimowe Mistrzostwa Polski Juniorów Młodszych w Pływaniu 16 lat
Poznań, 13. - 15.12.2024

Konkurencja 12
2024.12.13 - 19:02

Chłopców, 400m zmienny

16 lat
Wyniki Finał

Rekord Polski 16 lat 4:12.62 W growski Marcel 00505 Lublin 2015.12.18

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.
1.	Czerwonka Jan		08	KU AZS UMCS Lublin				4:23.43	708
	50m:	28.28 28.28	150m:	1:36.08 35.06	250m:	2:47.22 36.61	350m:	3:54.27 30.53	
	100m:	1:01.02 32.74	200m:	2:10.61 34.53	300m:	3:23.74 36.52	400m:	4:23.43 29.16	
2.	Halkiewicz Maciej		08	UKS „Omega” Olkusz				4:27.00	680
	50m:	26.92 26.92	150m:	1:33.04 33.79	250m:	2:44.55 38.51	350m:	3:56.16 31.53	
	100m:	59.25 32.33	200m:	2:06.04 33.00	300m:	3:24.63 40.08	400m:	4:27.00 30.84	
3.	Karwat Bartłomiej		08	UKS Nawa Skierniewice				4:27.04	679
	50m:	28.68 28.68	150m:	1:37.71 35.98	250m:	2:49.69 38.15	350m:	3:58.10 29.88	
	100m:	1:01.73 33.05	200m:	2:11.54 33.83	300m:	3:28.22 38.53	400m:	4:27.04 28.94	
4.	Str k Krystian		08	UKP Unia O wi cim				4:37.21	607
	50m:	29.18 29.18	150m:	1:38.42 35.11	250m:	2:53.47 39.81	350m:	4:06.21 31.08	
	100m:	1:03.31 34.13	200m:	2:13.66 35.24	300m:	3:35.13 41.66	400m:	4:37.21 31.00	
5.	Trudnos Ignacy		08	UKS 190 Łódź				4:41.78	578
	50m:	28.91 28.91	150m:	1:41.41 38.38	250m:	2:56.37 37.95	350m:	4:09.83 34.16	
	100m:	1:03.03 34.12	200m:	2:18.42 37.01	300m:	3:35.67 39.30	400m:	4:41.78 31.95	
6.	Balcerowicz Ryszard		08	UKS abianka Gdańsk				4:42.03	577
	50m:	29.22 29.22	150m:	1:39.47 37.02	250m:	2:56.15 39.48	350m:	4:10.29 33.75	
	100m:	1:02.45 33.23	200m:	2:16.67 37.20	300m:	3:36.54 40.39	400m:	4:42.03 31.74	
7.	Pawlak Dawid		08	UKS 190 Łódź				4:42.22	575
	50m:	29.68 29.68	150m:	1:41.58 37.01	250m:	2:58.10 40.60	350m:	4:10.99 31.78	
	100m:	1:04.57 34.89	200m:	2:17.50 35.92	300m:	3:39.21 41.11	400m:	4:42.22 31.23	
8.	Pakuła Patryk		08	UKS Shark Rudna				4:43.58	567
	50m:	29.06 29.06	150m:	1:40.10 36.88	250m:	2:57.62 40.74	350m:	4:12.09 32.85	
	100m:	1:03.22 34.16	200m:	2:16.88 36.78	300m:	3:39.24 41.62	400m:	4:43.58 31.49	
9.	Szlachcic Jan		08	UKP Unia O wi cim				4:46.45	550
	50m:	29.89 29.89	150m:	1:43.66 38.83	250m:	3:01.20 40.58	350m:	4:15.84 32.82	
	100m:	1:04.83 34.94	200m:	2:20.62 36.96	300m:	3:43.02 41.82	400m:	4:46.45 30.61	
10.	Broczkowski Bogusz		08	UKS „Huragan” przy SP nr 45 w Sosnowcu				4:47.18	546
	50m:	29.55 29.55	150m:	1:41.01 36.70	250m:	2:59.08 41.64	350m:	4:15.16 33.85	
	100m:	1:04.31 34.76	200m:	2:17.44 36.43	300m:	3:41.31 42.23	400m:	4:47.18 32.02	