



Zimowe Mistrzostwa Polski Juniorów Młodszych w Pływaniu 16 lat  
Poznań, 13. - 15.12.2024

Konkurencja 19  
2024.12.14 - 9:32

Dziewcząt, 400m dowolny

16 lat  
Wyniki Eliminacje

Rekord Polski 16 lat 4:08.04 Kilijańska Donata 00612 Poznań 2011.12.17

Punktowy: AQUA 2024

Pozycja					Rok ur.					Czas	Pkt.	
1.	Stukova Yevheniia				08	KS „OLIMPIA” Lublin				<b>4:28.12</b>	642	A
	50m:	31.15	31.15	150m:	1:39.01	33.81	250m:	2:46.98	33.84	350m:	3:54.73	33.74
	100m:	1:05.20	34.05	200m:	2:13.14	34.13	300m:	3:20.99	34.01	400m:	4:28.12	33.39
2.	Kondrasiuk Zofia				08	UKS „GIM 92 Ursynów”				<b>4:31.44</b>	618	A
	50m:	31.12	31.12	150m:	1:40.51	34.81	250m:	2:49.27	34.06	350m:	3:57.59	34.26
	100m:	1:05.70	34.58	200m:	2:15.21	34.70	300m:	3:23.33	34.06	400m:	4:31.44	33.85
3.	Jakubczyk Natalia				08	CSiR MOS w D browie Górniczej				<b>4:32.48</b>	611	A
	50m:	31.36	31.36	150m:	1:40.19	34.66	250m:	2:49.52	34.48	350m:	3:58.57	34.37
	100m:	1:05.53	34.17	200m:	2:15.04	34.85	300m:	3:24.20	34.68	400m:	4:32.48	33.91
4.	wi tek Amelia				08	WKS I sk				<b>4:33.12</b>	607	A
	50m:	31.53	31.53	150m:	1:40.43	34.66	250m:	2:49.93	34.63	350m:	3:59.11	34.39
	100m:	1:05.77	34.24	200m:	2:15.30	34.87	300m:	3:24.72	34.79	400m:	4:33.12	34.01
5.	Łakoma Maria				08	UKS SMS Galicja Kraków				<b>4:33.84</b>	602	A
	50m:	31.82	31.82	150m:	1:41.26	34.83	250m:	2:50.28	34.29	350m:	3:59.65	34.86
	100m:	1:06.43	34.61	200m:	2:15.99	34.73	300m:	3:24.79	34.51	400m:	4:33.84	34.19
6.	Kazanowska Klaudia				08	KU AZS UMCS Lublin				<b>4:34.75</b>	596	A
	50m:	31.73	31.73	150m:	1:40.90	34.78	250m:	2:50.86	34.87	350m:	4:00.04	34.35
	100m:	1:06.12	34.39	200m:	2:15.99	35.09	300m:	3:25.69	34.83	400m:	4:34.75	34.71
7.	Batyra Julia				08	UKS SP5 Swim				<b>4:35.46</b>	592	A
	50m:	31.79	31.79	150m:	1:41.11	34.75	250m:	2:50.59	34.42	350m:	4:00.73	34.98
	100m:	1:06.36	34.57	200m:	2:16.17	35.06	300m:	3:25.75	35.16	400m:	4:35.46	34.73
8.	Rodziewicz Alicja				08	UKS Nawa Skierniewice				<b>4:36.55</b>	585	A
	50m:	31.32	31.32	150m:	1:40.79	34.97	250m:	2:50.22	34.56	350m:	4:01.00	35.63
	100m:	1:05.82	34.50	200m:	2:15.66	34.87	300m:	3:25.37	35.15	400m:	4:36.55	35.55
9.	Jałowiecka Gabriela				08	KU AZS UMCS Lublin				<b>4:36.76</b>	583	A
	50m:	31.41	31.41	150m:	1:42.71	35.34	250m:	2:52.29	34.27	350m:	4:01.75	34.89
	100m:	1:07.37	35.96	200m:	2:18.02	35.31	300m:	3:26.86	34.57	400m:	4:36.76	35.01
10.	Łukasik Zuzanna				08	CSiR MOS w D browie Górniczej				<b>4:37.36</b>	579	A
	50m:	32.19	32.19	150m:	1:41.84	35.03	250m:	2:52.30	35.42	350m:	4:03.97	36.20
	100m:	1:06.81	34.62	200m:	2:16.88	35.04	300m:	3:27.77	35.47	400m:	4:37.36	33.39
11.	Grzech Maja				08	UKS abianka Gdańsk				<b>4:37.42</b>	579	B
	50m:	31.99	31.99	150m:	1:42.01	35.20	250m:	2:52.84	35.39	350m:	4:04.11	35.61
	100m:	1:06.81	34.82	200m:	2:17.45	35.44	300m:	3:28.50	35.66	400m:	4:37.42	33.31
12.	Gebel Maja				08	IKS Konstancin				<b>4:37.56</b>	578	B
	50m:	31.91	31.91	150m:	1:42.23	35.26	250m:	2:53.22	35.76	350m:	4:04.31	35.78
	100m:	1:06.97	35.06	200m:	2:17.46	35.23	300m:	3:28.53	35.31	400m:	4:37.56	33.25
13.	Belzyt Maja				08	MKS Juwenia Wrocław				<b>4:37.78</b>	577	B
	50m:	31.36	31.36	150m:	1:41.31	35.30	250m:	2:52.57	35.64	350m:	4:03.39	35.15
	100m:	1:06.01	34.65	200m:	2:16.93	35.62	300m:	3:28.24	35.67	400m:	4:37.78	34.39
14.	Zielińska Małgorzata				08	UKS abianka Gdańsk				<b>4:38.23</b>	574	B
	50m:	31.77	31.77	150m:	1:41.58	35.12	250m:	2:52.24	35.43	350m:	4:03.66	35.90
	100m:	1:06.46	34.69	200m:	2:16.81	35.23	300m:	3:27.76	35.52	400m:	4:38.23	34.57
15.	Wrona Maria				08	UKP Unia Olimpijczyków				<b>4:39.93</b>	564	B
	50m:	32.46	32.46	150m:	1:42.30	35.13	250m:	2:53.19	35.54	350m:	4:04.82	35.88
	100m:	1:07.17	34.71	200m:	2:17.65	35.35	300m:	3:28.94	35.75	400m:	4:39.93	35.11
16.	Dolata Olga				08	KS Poznań				<b>4:40.19</b>	562	B
	50m:	30.29	30.29	150m:	1:41.39	36.19	250m:	2:53.98	36.34	350m:	4:06.72	36.51
	100m:	1:05.20	34.91	200m:	2:17.64	36.25	300m:	3:30.21	36.23	400m:	4:40.19	33.47
17.	Jabłońska Natalia				08	MTP Kormoran Olsztyn				<b>4:40.51</b>	560	B
	50m:	33.07	33.07	150m:	1:44.25	35.91	250m:	2:55.33	35.36	350m:	4:06.11	35.44
	100m:	1:08.34	35.27	200m:	2:19.97	35.72	300m:	3:30.67	35.34	400m:	4:40.51	34.40



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Konkurencja 19, Dziewczyny, 400m dowolny, Eliminacje, 16 lat

Pozycja			Rok ur.					Czas	Pkt.	
18.	Masierek Marika		08	Toru	Multisport Team		<b>4:40.79</b>	558	B	
	50m:	31.62 31.62	150m:	1:41.52 35.57	250m:	2:54.12 36.46	350m:	4:06.71 36.17		
	100m:	1:05.95 34.33	200m:	2:17.66 36.14	300m:	3:30.54 36.42	400m:	4:40.79 34.08		
19.	Zabraniak Karina		08	MKP	Szczecin		<b>4:41.34</b>	555	B	
	50m:	32.35 32.35	150m:	1:44.12 36.32	250m:	2:56.13 35.78	350m:	4:07.26 35.62		
	100m:	1:07.80 35.45	200m:	2:20.35 36.23	300m:	3:31.64 35.51	400m:	4:41.34 34.08		
20.	Rybacka Małgorzata		08	O	AZS w Poznaniu		<b>4:41.44</b>	555	B	
	50m:	32.29 32.29	150m:	1:44.42 36.57	250m:	2:57.14 36.16	350m:	4:08.74 35.52		
	100m:	1:07.85 35.56	200m:	2:20.98 36.56	300m:	3:33.22 36.08	400m:	4:41.44 32.70		
21.	Ornowska Zuzanna		08	UKP „Polonia	Warszawa"		<b>4:42.17</b>	550	R	
	50m:	30.75 30.75	150m:	1:41.49 35.94	250m:	2:54.03 36.60	350m:	4:07.03 36.55		
	100m:	1:05.55 34.80	200m:	2:17.43 35.94	300m:	3:30.48 36.45	400m:	4:42.17 35.14		
22.	Fartuszy ska Weronika		08	MKS	Juvenia Wrocław		<b>4:43.28</b>	544	R	
	50m:	32.62 32.62	150m:	1:44.46 36.33	250m:	2:56.86 36.24	350m:	4:08.35 35.93		
	100m:	1:08.13 35.51	200m:	2:20.62 36.16	300m:	3:32.42 35.56	400m:	4:43.28 34.93		
23.	Kordek Zuzanna		08	Akademia Sms	Racibórz		<b>4:45.66</b>	530		
	50m:	32.40 32.40	150m:	1:43.75 35.86	250m:	2:55.42 36.25	350m:	4:10.14 37.32		
	100m:	1:07.89 35.49	200m:	2:19.17 35.42	300m:	3:32.82 37.40	400m:	4:45.66 35.52		
24.	Ferszt Kornelia		08	KS „Górniki"	Sosnowiec		<b>4:46.19</b>	527		
	50m:	32.10 32.10	150m:	1:43.71 35.90	250m:	2:57.25 36.77	350m:	4:10.75 36.67		
	100m:	1:07.81 35.71	200m:	2:20.48 36.77	300m:	3:34.08 36.83	400m:	4:46.19 35.44		
25.	Kaczmarczyk Hanna		08	Stowarzyszenie "OLIMPIJCZYK	KRAKÓW		<b>4:47.48</b>	520		
	50m:	32.94 32.94	150m:	1:46.08 36.84	250m:	2:59.68 36.70	350m:	4:13.07 36.56		
	100m:	1:09.24 36.30	200m:	2:22.98 36.90	300m:	3:36.51 36.83	400m:	4:47.48 34.41		
26.	Kuli ska Weronika		08	MUKS "Pi tnatka"			<b>4:49.64</b>	509		
	50m:	32.22 32.22	150m:	1:45.10 37.11	250m:	2:59.52 37.21	350m:	4:13.67 37.24		
	100m:	1:07.99 35.77	200m:	2:22.31 37.21	300m:	3:36.43 36.91	400m:	4:49.64 35.97		
27.	Łuczka Natalia		08	CSiR MOS w D	browie Górniczej		<b>4:50.26</b>	506		
	50m:	31.55 31.55	150m:	1:43.16 36.77	250m:	2:57.63 37.15	350m:	4:13.37 37.50		
	100m:	1:06.39 34.84	200m:	2:20.48 37.32	300m:	3:35.87 38.24	400m:	4:50.26 36.89		
28.	Szpernalowska Mila		08	CSiR MOS w D	browie Górniczej		<b>4:52.80</b>	492		
	50m:	33.48 33.48	150m:	1:46.50 36.90	250m:	3:00.80 37.36	350m:	4:15.68 37.33		
	100m:	1:09.60 36.12	200m:	2:23.44 36.94	300m:	3:38.35 37.55	400m:	4:52.80 37.12		
29.	May Matylda		08	MKP	Astromal-Leszno		<b>5:00.79</b>	454		
	50m:	33.46 33.46	150m:	1:48.41 38.02	250m:	3:06.10 39.14	350m:	4:23.66 38.80		
	100m:	1:10.39 36.93	200m:	2:26.96 38.55	300m:	3:44.86 38.76	400m:	5:00.79 37.13		
30.	Wo niak Amelia		08	MUKS "Pi tnatka"			<b>5:01.42</b>	451		
	50m:	33.46 33.46	150m:	1:49.49 38.32	250m:	3:06.00 38.21	350m:	4:23.86 39.08		
	100m:	1:11.17 37.71	200m:	2:27.79 38.30	300m:	3:44.78 38.78	400m:	5:01.42 37.56		
31.	Kubiczek Sara		08	UKS	Wodnik Siemianowice I skie		<b>5:01.64</b>	450		
	50m:	32.61 32.61	150m:	1:45.40 36.89	250m:	3:02.34 39.32	350m:	4:22.12 39.85		
	100m:	1:08.51 35.90	200m:	2:23.02 37.62	300m:	3:42.27 39.93	400m:	5:01.64 39.52		
32.	Pr cik Amelia		08	UKP	Bychawa		<b>5:03.78</b>	441		
	50m:	33.92 33.92	150m:	1:48.59 37.84	250m:	3:07.61 39.36	350m:	4:25.98 38.96		
	100m:	1:10.75 36.83	200m:	2:28.25 39.66	300m:	3:47.02 39.41	400m:	5:03.78 37.80		
33.	Nawrocka Natalia		08	MUKS	Wodnik Łask		<b>5:10.58</b>	413		
	50m:	33.80 33.80	150m:	1:51.15 39.62	250m:	3:11.52 40.15	350m:	4:32.50 40.28		
	100m:	1:11.53 37.73	200m:	2:31.37 40.22	300m:	3:52.22 40.70	400m:	5:10.58 38.08		
34.	Doro y ska Zuzanna		08	MTKP	Delfin Toru		<b>5:20.89</b>	374		
	50m:	34.11 34.11	150m:	1:54.54 40.62	250m:	3:17.09 41.66	350m:	4:40.19 41.36		
	100m:	1:13.92 39.81	200m:	2:35.43 40.89	300m:	3:58.83 41.74	400m:	5:20.89 40.70		