



Zimowe Mistrzostwa Polski Juniorów Młodszych w Pływaniu 16 lat  
Poznań, 13. - 15.12.2024

Konkurencja 20  
2024.12.14 - 9:54

Chłopców, 400m dowolny

16 lat  
Wyniki Eliminacje

Rekord Polski 16 lat 3:44.32 Filipiak Mikołaj 04610 Gorzów 2022.12.10

Punkty: AQUA 2024

Pozycja					Rok ur.					Czas	Pkt.	
1.	Litoborski Mikołaj				08	O AZS w Poznaniu				<b>3:59.68</b>	694	A
	50m:	27.43	27.43	150m:	1:28.32	30.73	250m:	2:29.33	29.99	350m:	3:30.13	30.17
	100m:	57.59	30.16	200m:	1:59.34	31.02	300m:	2:59.96	30.63	400m:	3:59.68	29.55
2.	aczek Hubert				08	KS „Wisła” Puławy				<b>4:00.79</b>	684	A
	50m:	27.44	27.44	150m:	1:28.62	30.68	250m:	2:29.91	30.39	350m:	3:30.91	30.43
	100m:	57.94	30.50	200m:	1:59.52	30.90	300m:	3:00.48	30.57	400m:	4:00.79	29.88
3.	Jó wiak Tymoteusz				08	Stowarzyszenie "GREENS" Słupno				<b>4:01.87</b>	675	A
	50m:	27.48	27.48	150m:	1:28.94	30.81	250m:	2:31.23	30.99	350m:	3:31.62	29.34
	100m:	58.13	30.65	200m:	2:00.24	31.30	300m:	3:02.28	31.05	400m:	4:01.87	30.25
4.	Charkot Krzysztof				08	KU AZS UMCS Lublin				<b>4:02.57</b>	669	A
	50m:	27.96	27.96	150m:	1:29.17	30.88	250m:	2:31.40	30.99	350m:	3:33.36	30.77
	100m:	58.29	30.33	200m:	2:00.41	31.24	300m:	3:02.59	31.19	400m:	4:02.57	29.21
5.	Bie kowski Mateusz				08	UKS abianka Gda sk				<b>4:02.77</b>	668	A
	50m:	27.56	27.56	150m:	1:28.76	31.05	250m:	2:31.62	31.23	350m:	3:33.13	30.50
	100m:	57.71	30.15	200m:	2:00.39	31.63	300m:	3:02.63	31.01	400m:	4:02.77	29.64
6.	Ciba Mateusz				08	MKP Szczecin				<b>4:02.93</b>	666	A
	50m:	27.80	27.80	150m:	1:29.18	30.88	250m:	2:31.28	30.93	350m:	3:33.25	31.06
	100m:	58.30	30.50	200m:	2:00.35	31.17	300m:	3:02.19	30.91	400m:	4:02.93	29.68
7.	Krawczyk Jakub				08	UKS „GIM 92 Ursynów”				<b>4:04.19</b>	656	A
	50m:	27.43	27.43	150m:	1:29.03	30.91	250m:	2:31.38	31.20	350m:	3:33.76	31.00
	100m:	58.12	30.69	200m:	2:00.18	31.15	300m:	3:02.76	31.38	400m:	4:04.19	30.43
8.	Huszcza Mateusz				08	UKS „GIM 92 Ursynów”				<b>4:05.29</b>	647	A
	50m:	28.31	28.31	150m:	1:29.47	30.88	250m:	2:32.01	31.13	350m:	3:35.24	31.54
	100m:	58.59	30.28	200m:	2:00.88	31.41	300m:	3:03.70	31.69	400m:	4:05.29	30.05
9.	Gwiazdowski Krzysztof				08	MKS Piaseczno				<b>4:05.35</b>	647	A
	50m:	27.57	27.57	150m:	1:28.91	31.06	250m:	2:31.63	31.28	350m:	3:34.66	31.40
	100m:	57.85	30.28	200m:	2:00.35	31.44	300m:	3:03.26	31.63	400m:	4:05.35	30.69
10.	Skalaćki Igor				08	UKP Unia O wi cim				<b>4:07.72</b>	629	A
	50m:	28.57	28.57	150m:	1:31.13	31.21	250m:	2:33.45	31.24	350m:	3:36.76	31.78
	100m:	59.92	31.35	200m:	2:02.21	31.08	300m:	3:04.98	31.53	400m:	4:07.72	30.96
11.	Chechel Oleksandr				08	UKS G-8 Bielany Warszawa				<b>4:08.93</b>	619	B
	50m:	28.39	28.39	150m:	1:30.96	31.48	250m:	2:34.13	31.75	350m:	3:37.77	31.70
	100m:	59.48	31.09	200m:	2:02.38	31.42	300m:	3:06.07	31.94	400m:	4:08.93	31.16
12.	Maliszewski Szymon				08	UKS SMS Galicja Kraków				<b>4:09.47</b>	615	B
	50m:	28.68	28.68	150m:	1:31.67	31.96	250m:	2:35.36	31.78	350m:	3:38.88	31.51
	100m:	59.71	31.03	200m:	2:03.58	31.91	300m:	3:07.37	32.01	400m:	4:09.47	30.59
13.	Smoszna Wiktor				08	MKS Juwenia Wrocław				<b>4:09.49</b>	615	B
	50m:	28.50	28.50	150m:	1:30.07	31.00	250m:	2:33.32	31.93	350m:	3:38.09	32.42
	100m:	59.07	30.57	200m:	2:01.39	31.32	300m:	3:05.67	32.35	400m:	4:09.49	31.40
14.	Wasilewski Mateusz				08	KU AZS UMCS Lublin				<b>4:09.89</b>	612	B
	50m:	28.28	28.28	150m:	1:30.58	31.63	250m:	2:34.40	32.01	350m:	3:38.97	32.32
	100m:	58.95	30.67	200m:	2:02.39	31.81	300m:	3:06.65	32.25	400m:	4:09.89	30.92
15.	Pakuła Patryk				08	UKS Shark Rudna				<b>4:11.01</b>	604	B
	50m:	28.52	28.52	150m:	1:31.28	31.70	250m:	2:34.93	32.06	350m:	3:39.54	31.97
	100m:	59.58	31.06	200m:	2:02.87	31.59	300m:	3:07.57	32.64	400m:	4:11.01	31.47
16.	Ol dzki Daniel				08	UKP „Polonia Warszawa”				<b>4:11.58</b>	600	B
	50m:	27.89	27.89	150m:	1:30.12	31.31	250m:	2:33.78	31.83	350m:	3:39.31	33.20
	100m:	58.81	30.92	200m:	2:01.95	31.83	300m:	3:06.11	32.33	400m:	4:11.58	32.27
17.	B k Filip				08	UKS abianka Gda sk				<b>4:14.44</b>	580	B
	50m:	28.55	28.55	150m:	1:31.97	31.74	250m:	2:36.75	32.62	350m:	3:40.82	31.63
	100m:	1:00.23	31.68	200m:	2:04.13	32.16	300m:	3:09.19	32.44	400m:	4:14.44	33.62



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Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 16 lat

Pozycja					Rok ur.					Czas	Pkt.	
18.	Pytlowany Hubert				08	KP Sokół Rzeszów				<b>4:14.61</b>	579 B	
	50m:	29.13	29.13	150m:	1:33.58	32.58	250m:	2:38.78	32.72	350m:	3:44.01	32.52
	100m:	1:01.00	31.87	200m:	2:06.06	32.48	300m:	3:11.49	32.71	400m:	4:14.61	30.60
19.	Łuczak Filip				08	UKS 190 Łódź				<b>4:14.76</b>	578 B	
	50m:	27.93	27.93	150m:	1:30.96	31.67	250m:	2:35.40	31.88	350m:	3:38.91	31.38
	100m:	59.29	31.36	200m:	2:03.52	32.56	300m:	3:07.53	32.13	400m:	4:14.76	35.85
20.	Mentel Igor				08	KS Delfin Gdynia				<b>4:15.19</b>	575 B	
	50m:	27.93	27.93	150m:	1:31.86	32.13	250m:	2:35.84	32.13	350m:	3:42.43	33.67
	100m:	59.73	31.80	200m:	2:03.71	31.85	300m:	3:08.76	32.92	400m:	4:15.19	32.76
21.	Staniszewski Wiktor				08	"Sikret" Gliwice				<b>4:15.34</b>	574 R	
	50m:	28.66	28.66	150m:	1:33.52	32.89	250m:	2:38.73	32.20	350m:	3:42.62	31.62
	100m:	1:00.63	31.97	200m:	2:06.53	33.01	300m:	3:11.00	32.27	400m:	4:15.34	32.72
22.	Pawlak Dawid				08	UKS 190 Łódź				<b>4:15.36</b>	574 R	
	50m:	27.69	27.69	150m:	1:30.86	32.32	250m:	2:36.79	33.25	350m:	3:42.91	32.98
	100m:	58.54	30.85	200m:	2:03.54	32.68	300m:	3:09.93	33.14	400m:	4:15.36	32.45
23.	Staro Filip				08	UKS abianka Gdańsk				<b>4:16.61</b>	565	
	50m:	28.73	28.73	150m:	1:33.55	32.62	250m:	2:38.86	32.65	350m:	3:44.66	33.20
	100m:	1:00.93	32.20	200m:	2:06.21	32.66	300m:	3:11.46	32.60	400m:	4:16.61	31.95
24.	Twaróg Mateusz				08	UKS "Krońska Przysła"				<b>4:16.93</b>	563	
	50m:	28.47	28.47	150m:	1:31.19	31.96	250m:	2:36.23	32.68	350m:	3:43.78	33.93
	100m:	59.23	30.76	200m:	2:03.55	32.36	300m:	3:09.85	33.62	400m:	4:16.93	33.15
25.	Łódka Gabriel				08	UKS SMS Galicja Kraków				<b>4:19.03</b>	550	
	50m:	29.75	29.75	150m:	1:35.69	33.06	250m:	2:42.73	33.32	350m:	3:48.73	32.34
	100m:	1:02.63	32.88	200m:	2:09.41	33.72	300m:	3:16.39	33.66	400m:	4:19.03	30.30
26.	Bobek Witold				08	UKS abianka Gdańsk				<b>4:19.05</b>	550	
	50m:	29.07	29.07	150m:	1:33.38	32.41	250m:	2:39.17	32.96	350m:	3:46.07	33.37
	100m:	1:00.97	31.90	200m:	2:06.21	32.83	300m:	3:12.70	33.53	400m:	4:19.05	32.98
27.	Baczyk Maciej				08	KS Poznań Poznań				<b>4:19.16</b>	549	
	50m:	29.58	29.58	150m:	1:35.64	32.72	250m:	2:42.10	33.30	350m:	3:48.34	32.92
	100m:	1:02.92	33.34	200m:	2:08.80	33.16	300m:	3:15.42	33.32	400m:	4:19.16	30.82
28.	Gonera Miłosz				08	UKS Shark Rudna				<b>4:19.24</b>	548	
	50m:	28.56	28.56	150m:	1:34.04	33.06	250m:	2:40.82	33.42	350m:	3:46.92	32.92
	100m:	1:00.98	32.42	200m:	2:07.40	33.36	300m:	3:14.00	33.18	400m:	4:19.24	32.32
29.	Fedasz Alan				08	UKP „Polonia Warszawa”				<b>4:19.30</b>	548	
	50m:	28.31	28.31	150m:	1:33.05	32.94	250m:	2:39.49	33.25	350m:	3:47.00	33.77
	100m:	1:00.11	31.80	200m:	2:06.24	33.19	300m:	3:13.23	33.74	400m:	4:19.30	32.30
30.	Zhadan Nikolai				08	CSiR MOS w Dobrej Górnicy				<b>4:19.94</b>	544	
	50m:	29.40	29.40	150m:	1:34.16	32.29	250m:	2:40.36	33.00	350m:	3:47.71	33.61
	100m:	1:01.87	32.47	200m:	2:07.36	33.20	300m:	3:14.10	33.74	400m:	4:19.94	32.23
31.	Sroka Zoran				08	UKS „Frog” Giżycko				<b>4:21.03</b>	537	
	50m:	29.21	29.21	150m:	1:35.59	33.79	250m:	2:41.86	33.36	350m:	3:48.68	33.24
	100m:	1:01.80	32.59	200m:	2:08.50	32.91	300m:	3:15.44	33.58	400m:	4:21.03	32.35
32.	Gebauer Wolfgang				08	MTP Kormoran Olsztyn				<b>4:21.77</b>	533	
	50m:	29.21	29.21	150m:	1:35.49	33.63	250m:	2:42.81	33.33	350m:	3:49.87	33.65
	100m:	1:01.86	32.65	200m:	2:09.48	33.99	300m:	3:16.22	33.41	400m:	4:21.77	31.90
33.	Jaworski Krzysztof				08	UKS Aqua Sport				<b>4:23.29</b>	523	
	50m:	30.20	30.20	150m:	1:36.55	33.67	250m:	2:44.20	33.75	350m:	3:51.25	33.18
	100m:	1:02.88	32.68	200m:	2:10.45	33.90	300m:	3:18.07	33.87	400m:	4:23.29	32.04
34.	Tomczyk Dawid				08	UKS „Huragan” przy SP nr 45 w Sosnowcu				<b>4:23.44</b>	522	
	50m:	28.95	28.95	150m:	1:34.80	33.53	250m:	2:42.52	33.93	350m:	3:50.85	33.77
	100m:	1:01.27	32.32	200m:	2:08.59	33.79	300m:	3:17.08	34.56	400m:	4:23.44	32.59
35.	Skwara Bartłomiej				08	UKS Delfin Tarnobrzeg				<b>4:26.42</b>	505	
	50m:	30.46	30.46	150m:	1:36.67	33.49	250m:	2:44.52	33.81	350m:	3:51.86	33.62
	100m:	1:03.18	32.72	200m:	2:10.71	34.04	300m:	3:18.24	33.72	400m:	4:26.42	34.56



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Konkurencja 20, Chłopców, 400m dowolny, Eliminacje, 16 lat

Pozycja					Rok ur.					Czas	Pkt.	
36.	Hofman Marcel				08	St. KP Olimpia wiecie				<b>4:27.25</b>	500	
	50m:	29.53	29.53	150m:	1:35.35	33.38	250m:	2:43.65	34.36	350m:	3:53.11	35.02
	100m:	1:01.97	32.44	200m:	2:09.29	33.94	300m:	3:18.09	34.44	400m:	4:27.25	34.14
37.	Szpaczy ski Sławomir				08	WOPR Malbork				<b>4:27.45</b>	499	
	50m:	30.73	30.73	150m:	1:37.25	33.56	250m:	2:46.13	34.65	350m:	3:55.20	34.39
	100m:	1:03.69	32.96	200m:	2:11.48	34.23	300m:	3:20.81	34.68	400m:	4:27.45	32.25
38.	Rybak Jakub				08	MKS Park Wodny Tarnowskie Góry				<b>4:28.87</b>	491	
	50m:	29.81	29.81	150m:	1:37.62	34.28	250m:	2:46.25	34.35	350m:	3:56.12	35.19
	100m:	1:03.34	33.53	200m:	2:11.90	34.28	300m:	3:20.93	34.68	400m:	4:28.87	32.75
39.	I zak Kamil				08	UKP „Polonia Warszawa”				<b>4:29.20</b>	490	
	50m:	29.52	29.52	150m:	1:36.39	33.87	250m:	2:45.68	34.54	350m:	3:55.16	34.60
	100m:	1:02.52	33.00	200m:	2:11.14	34.75	300m:	3:20.56	34.88	400m:	4:29.20	34.04
40.	Tobiasz Jakub				08	UKP Unia O wi cim				<b>4:29.61</b>	487	
	50m:	29.37	29.37	150m:	1:35.64	33.83	250m:	2:45.38	35.19	350m:	3:56.38	35.59
	100m:	1:01.81	32.44	200m:	2:10.19	34.55	300m:	3:20.79	35.41	400m:	4:29.61	33.23
41.	Redko Dawid				08	IUKS „Muszelka” Warszawa				<b>4:29.87</b>	486	
	50m:	29.90	29.90	150m:	1:37.11	34.26	250m:	2:47.24	35.12	350m:	3:57.63	35.13
	100m:	1:02.85	32.95	200m:	2:12.12	35.01	300m:	3:22.50	35.26	400m:	4:29.87	32.24
42.	Niemczura Wiktor				08	UKP „Polonia Warszawa”				<b>4:30.09</b>	485	
	50m:	32.55	32.55	150m:	1:40.50	34.34	250m:	2:48.79	34.15	350m:	3:57.66	34.62
	100m:	1:06.16	33.61	200m:	2:14.64	34.14	300m:	3:23.04	34.25	400m:	4:30.09	32.43
43.	Lis Jakub				08	KP Sokół Rzeszów				<b>4:30.48</b>	483	
	50m:	30.12	30.12	150m:	1:38.02	34.37	250m:	2:48.30	35.36	350m:	3:57.74	34.30
	100m:	1:03.65	33.53	200m:	2:12.94	34.92	300m:	3:23.44	35.14	400m:	4:30.48	32.74
44.	Oleksiienko Oleksandr				08	KS „OLIMPIA” Lublin				<b>4:31.99</b>	475	
	50m:	31.35	31.35	150m:	1:41.00	35.26	250m:	2:50.59	34.51	350m:	3:59.62	34.52
	100m:	1:05.74	34.39	200m:	2:16.08	35.08	300m:	3:25.10	34.51	400m:	4:31.99	32.37
45.	Czałbowski Mikołaj				08	UKS „Frog” Gi ycko				<b>4:33.63</b>	466	
	50m:	29.90	29.90	150m:	1:36.91	33.99	250m:	2:46.03	34.70	350m:	3:57.25	35.74
	100m:	1:02.92	33.02	200m:	2:11.33	34.42	300m:	3:21.51	35.48	400m:	4:33.63	36.38
46.	Ullicki Jakub				08	KS Barakuda Mi sk Mazowiecki				<b>4:42.92</b>	422	
	50m:	30.61	30.61	150m:	1:40.42	35.64	250m:	2:53.85	36.86	350m:	4:07.51	36.85
	100m:	1:04.78	34.17	200m:	2:16.99	36.57	300m:	3:30.66	36.81	400m:	4:42.92	35.41
47.	Pela Tomasz				08	UKS „Ósemka” Toru				<b>4:49.21</b>	395	
	50m:	31.60	31.60	150m:	1:42.15	35.56	250m:	2:56.62	37.41	350m:	4:11.56	37.69
	100m:	1:06.59	34.99	200m:	2:19.21	37.06	300m:	3:33.87	37.25	400m:	4:49.21	37.65
48.	Rudowicz Bartłomiej				08	UKS Marato czyk Ostrów Wlkp.				<b>5:14.69</b>	306	
	50m:	33.50	33.50	150m:	1:50.46	39.36	250m:	3:11.54	40.84	350m:	4:34.06	41.55
	100m:	1:11.10	37.60	200m:	2:30.70	40.24	300m:	3:52.51	40.97	400m:	5:14.69	40.63