



Zimowe Mistrzostwa Polski Juniorów Młodszych w Pływaniu 16 lat
Poznań, 13. - 15.12.2024

Konkurencja 20
2024.12.14 - 17:50

Chłopców, 400m dowolny

16 lat
Wyniki Finał

Rekord Polski 16 lat 3:44.32 Filipiak Mikołaj 04610 Gorzów 2022.12.10

Punkty: AQUA 2024

Pozycja			Rok ur.							Czas	Pkt.
Finał A											
1.	Litoborski Mikołaj		08	O AZS w Poznaniu						3:51.14	774
	50m:	26.36 26.36	150m:	1:24.27	29.21	250m:	2:22.97	29.28	350m:	3:22.01	29.39
	100m:	55.06 28.70	200m:	1:53.69	29.42	300m:	2:52.62	29.65	400m:	3:51.14	29.13
2.	Jó wiak Tymoteusz		08	Stowarzyszenie "GREENS" Słupno						3:54.76	739
	50m:	26.88 26.88	150m:	1:24.78	29.28	250m:	2:23.43	29.04	350m:	3:22.80	30.17
	100m:	55.50 28.62	200m:	1:54.39	29.61	300m:	2:52.63	29.20	400m:	3:54.76	31.96
3.	Bie kowski Mateusz		08	UKS abianka Gdańsk						3:57.36	715
	50m:	27.04 27.04	150m:	1:26.60	30.11	250m:	2:27.31	30.20	350m:	3:27.68	30.34
	100m:	56.49 29.45	200m:	1:57.11	30.51	300m:	2:57.34	30.03	400m:	3:57.36	29.68
4.	aczek Hubert		08	KS „Wisła” Puławy						3:57.63	712
	50m:	26.80 26.80	150m:	1:26.04	29.91	250m:	2:27.00	30.79	350m:	3:28.21	30.69
	100m:	56.13 29.33	200m:	1:56.21	30.17	300m:	2:57.52	30.52	400m:	3:57.63	29.42
5.	Ciba Mateusz		08	MKP Szczecin						3:57.84	710
	50m:	27.26 27.26	150m:	1:27.78	30.50	250m:	2:28.43	30.26	350m:	3:29.15	30.33
	100m:	57.28 30.02	200m:	1:58.17	30.39	300m:	2:58.82	30.39	400m:	3:57.84	28.69
6.	Charkot Krzysztof		08	KU AZS UMCS Lublin						3:58.82	701
	50m:	27.37 27.37	150m:	1:27.63	30.21	250m:	2:29.12	30.82	350m:	3:29.98	30.35
	100m:	57.42 30.05	200m:	1:58.30	30.67	300m:	2:59.63	30.51	400m:	3:58.82	28.84
7.	Krawczyk Jakub		08	UKS „GIM 92 Ursynów”						4:02.80	668
	50m:	26.94 26.94	150m:	1:26.95	30.14	250m:	2:28.73	31.14	350m:	3:32.10	31.67
	100m:	56.81 29.87	200m:	1:57.59	30.64	300m:	3:00.43	31.70	400m:	4:02.80	30.70
8.	Huszcza Mateusz		08	UKS „GIM 92 Ursynów”						4:07.15	633
	50m:	27.80 27.80	150m:	1:29.45	30.93	250m:	2:32.67	31.74	350m:	3:36.39	31.80
	100m:	58.52 30.72	200m:	2:00.93	31.48	300m:	3:04.59	31.92	400m:	4:07.15	30.76
9.	Skałacki Igor		08	UKP Unia Olimpijczyków						4:07.36	631
	50m:	27.41 27.41	150m:	1:29.15	31.07	250m:	2:32.57	31.92	350m:	3:36.82	32.16
	100m:	58.08 30.67	200m:	2:00.65	31.50	300m:	3:04.66	32.09	400m:	4:07.36	30.54
10.	Gwiazdowski Krzysztof		08	MKS Piaseczno						4:07.48	630
	50m:	27.97 27.97	150m:	1:29.48	31.00	250m:	2:32.32	31.34	350m:	3:36.67	32.15
	100m:	58.48 30.51	200m:	2:00.98	31.50	300m:	3:04.52	32.20	400m:	4:07.48	30.81
Finał B											
11.	Maliszewski Szymon		08	UKS SMS Galicja Kraków						4:06.77	636
	50m:	28.18 28.18	150m:	1:30.45	31.21	250m:	2:33.42	31.39	350m:	3:36.64	31.61
	100m:	59.24 31.06	200m:	2:02.03	31.58	300m:	3:05.03	31.61	400m:	4:06.77	30.13
12.	Pakuła Patryk		08	UKS Shark Rudna						4:07.02	634
	50m:	28.22 28.22	150m:	1:30.56	31.19	250m:	2:33.33	31.55	350m:	3:37.03	31.65
	100m:	59.37 31.15	200m:	2:01.78	31.22	300m:	3:05.38	32.05	400m:	4:07.02	29.99
13.	Smoszna Wiktor		08	MKS Juvenia Wrocław						4:07.54	630
	50m:	28.21 28.21	150m:	1:29.90	30.74	250m:	2:33.01	31.78	350m:	3:37.14	32.08
	100m:	59.16 30.95	200m:	2:01.23	31.33	300m:	3:05.06	32.05	400m:	4:07.54	30.40
14.	Oliński Daniel		08	UKP „Polonia Warszawa”						4:08.70	621
	50m:	27.47 27.47	150m:	1:28.50	31.01	250m:	2:31.74	31.44	350m:	3:37.61	33.09
	100m:	57.49 30.02	200m:	2:00.30	31.80	300m:	3:04.52	32.78	400m:	4:08.70	31.09
15.	Wasilewski Mateusz		08	KU AZS UMCS Lublin						4:08.88	620
	50m:	27.36 27.36	150m:	1:29.27	31.57	250m:	2:32.89	32.07	350m:	3:38.39	32.76
	100m:	57.70 30.34	200m:	2:00.82	31.55	300m:	3:05.63	32.74	400m:	4:08.88	30.49
16.	Pytlowany Hubert		08	KP Sokół Rzeszów						4:11.61	600
	50m:	28.64 28.64	150m:	1:31.97	32.24	250m:	2:36.68	32.29	350m:	3:41.51	32.04
	100m:	59.73 31.09	200m:	2:04.39	32.42	300m:	3:09.47	32.79	400m:	4:11.61	30.10



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Konkurencja 20, Chłopców, 400m dowolny, Finał, 16 lat

Pozycja				Rok ur.					Czas	Pkt.		
16.	Mentel Igor			08	KS Delfin Gdynia				4:11.61	600		
	50m:	28.43	28.43	150m:	1:30.60	31.42	250m:	2:34.22	31.90	350m:	3:39.66	33.00
	100m:	59.18	30.75	200m:	2:02.32	31.72	300m:	3:06.66	32.44	400m:	4:11.61	31.95
18.	B k Filip			08	UKS abianka Gdańsk				4:12.34	595		
	50m:	28.00	28.00	150m:	1:31.28	31.94	250m:	2:35.40	32.42	350m:	3:40.84	32.91
	100m:	59.34	31.34	200m:	2:02.98	31.70	300m:	3:07.93	32.53	400m:	4:12.34	31.50
19.	Łuczak Filip			08	UKS 190 Łódź				4:12.68	592		
	50m:	27.08	27.08	150m:	1:29.81	32.08	250m:	2:34.89	32.60	350m:	3:40.92	33.30
	100m:	57.73	30.65	200m:	2:02.29	32.48	300m:	3:07.62	32.73	400m:	4:12.68	31.76
20.	Staniszewski Wiktor			08	"Sikret" Gliwice				4:14.07	583		
	50m:	28.29	28.29	150m:	1:32.16	32.14	250m:	2:37.58	32.66	350m:	3:43.21	32.81
	100m:	1:00.02	31.73	200m:	2:04.92	32.76	300m:	3:10.40	32.82	400m:	4:14.07	30.86