

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach  
Poznań, 22.2.2025

Konkurencja 10  
2025.02.22 - 13:46

Mężczyźni, 400m dowolny

Open  
Wyniki

Punkty: AQUA 2024

Pozycja			Rok ur.					Czas	Pkt.	
<b>Grupa A</b>										
1.	DWORAKOWSKI Błażej		07	KS Delfin Gdynia				<b>4:14.15</b>	649	
	50m:	29.63 29.63	150m:	1:33.88	32.39	250m:	2:39.24	32.76	350m:	3:44.11 32.25
	100m:	1:01.49 31.86	200m:	2:06.48	32.60	300m:	3:11.86	32.62	400m:	4:14.15 30.04
2.	ZAWADZKI Jakub		06	UKS Ruch Grudziądz				<b>4:33.96</b>	518	
	50m:	30.31 30.31	150m:	1:37.03	33.84	250m:	2:47.06	35.20	350m:	3:59.55 36.41
	100m:	1:03.19 32.88	200m:	2:11.86	34.83	300m:	3:23.14	36.08	400m:	4:33.96 34.41
3.	WOJCIECHOWSKI Mateusz		07	Klub Pływacki "Totis Viribus" wiebodzi				<b>4:39.80</b>	486	
	50m:	30.14 30.14	150m:	1:40.41	35.66	250m:	2:52.39	35.64	350m:	4:05.03 36.07
	100m:	1:04.75 34.61	200m:	2:16.75	36.34	300m:	3:28.96	36.57	400m:	4:39.80 34.77
<b>Grupa B</b>										
1.	LITOBORSKI Mikołaj		08	O AZS w Poznaniu				<b>4:05.03</b>	724	
	50m:	28.56 28.56	150m:	1:30.99	31.47	250m:	2:33.81	31.43	350m:	3:36.16 31.28
	100m:	59.52 30.96	200m:	2:02.38	31.39	300m:	3:04.88	31.07	400m:	4:05.03 28.87
2.	BLUJ Aleksander		09	UKS „GIM 92 Ursynów”				<b>4:09.78</b>	683	
	50m:	29.21 29.21	150m:	1:32.76	31.88	250m:	2:37.34	32.17	350m:	3:40.09 30.19
	100m:	1:00.88 31.67	200m:	2:05.17	32.41	300m:	3:09.90	32.56	400m:	4:09.78 29.69
3.	TARASIEWICZ Piotr		09	UKP „Polonia Warszawa”				<b>4:14.77</b>	644	
	50m:	29.76 29.76	150m:	1:33.89	32.12	250m:	2:38.31	32.00	350m:	3:42.80 32.21
	100m:	1:01.77 32.01	200m:	2:06.31	32.42	300m:	3:10.59	32.28	400m:	4:14.77 31.97
4.	NAWOJCZYK Michał		09	MKS Juvenia Wrocław				<b>4:19.90</b>	607	
	50m:	29.04 29.04	150m:	1:34.74	33.25	250m:	2:41.75	33.21	350m:	3:48.17 32.79
	100m:	1:01.49 32.45	200m:	2:08.54	33.80	300m:	3:15.38	33.63	400m:	4:19.90 31.73
5.	MARYJOWSKI Marcin		09	WKS I sk				<b>4:20.59</b>	602	
	50m:	29.59 29.59	150m:	1:34.95	32.74	250m:	2:41.17	33.04	350m:	3:48.20 33.48
	100m:	1:02.21 32.62	200m:	2:08.13	33.18	300m:	3:14.72	33.55	400m:	4:20.59 32.39
6.	SMOSZNA Wiktor		08	MKS Juvenia Wrocław				<b>4:23.99</b>	579	
	50m:	29.78 29.78	150m:	1:35.54	32.66	250m:	2:42.24	33.32	350m:	3:50.32 34.11
	100m:	1:02.88 33.10	200m:	2:08.92	33.38	300m:	3:16.21	33.97	400m:	4:23.99 33.67
7.	KOCIOŁEK Leon		09	UKS NIKA Sport Team Kraków				<b>4:34.40</b>	515	
	50m:	30.04 30.04	150m:	1:37.15	34.19	250m:	2:47.22	35.41	350m:	3:59.34 36.18
	100m:	1:02.96 32.92	200m:	2:11.81	34.66	300m:	3:23.16	35.94	400m:	4:34.40 35.06
8.	BIELIENKOV Nikita		08	O AZS w Poznaniu				<b>4:34.86</b>	513	
	50m:	30.68 30.68	150m:	1:38.78	34.38	250m:	2:48.44	34.82	350m:	3:58.92 35.21
	100m:	1:04.40 33.72	200m:	2:13.62	34.84	300m:	3:23.71	35.27	400m:	4:34.86 35.94
9.	GOŁ BIEWSKI Wiktor		09	WKS I sk				<b>4:35.21</b>	511	
	50m:	30.77 30.77	150m:	1:39.14	34.73	250m:	2:50.34	35.51	350m:	4:01.65 35.26
	100m:	1:04.41 33.64	200m:	2:14.83	35.69	300m:	3:26.39	36.05	400m:	4:35.21 33.56
10.	LNIAK Paweł		09	Sp "aga skie Boberki"				<b>5:02.69</b>	384	
	50m:	33.52 33.52	150m:	1:52.64	40.18	250m:	3:11.26	38.01	350m:	4:28.64 37.78
	100m:	1:12.46 38.94	200m:	2:33.25	40.61	300m:	3:50.86	39.60	400m:	5:02.69 34.05
<b>Grupa C</b>										
1.	KRZE NIAK Jakub		10	O AZS w Poznaniu				<b>4:27.60</b>	556	
	50m:	30.27 30.27	150m:	1:38.50	34.49	250m:	2:47.48	34.57	350m:	3:55.68 34.14
	100m:	1:04.01 33.74	200m:	2:12.91	34.41	300m:	3:21.54	34.06	400m:	4:27.60 31.92
2.	D BICKI Marcel		10	WKS I sk				<b>4:33.65</b>	520	
	50m:	31.03 31.03	150m:	1:40.60	35.19	250m:	2:51.56	35.54	350m:	4:01.79 35.28
	100m:	1:05.41 34.38	200m:	2:16.02	35.42	300m:	3:26.51	34.95	400m:	4:33.65 31.86

Ogólnopolskie Zawody Pływackie Gorące - ciganie na Termach  
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Konkurencja 10, Chłopców, 400m dowolny, Grupa C

Pozycja	Imię i nazwisko		Rok ur.	Klub				Czas	Pkt.		
3.	D	BROWSKI Oliwier	10	MKP Słowianka				<b>4:34.77</b>	513		
	50m:	31.59 31.59	150m:	1:40.97	35.05	250m:	2:52.18	35.49	350m:	4:02.22	34.78
	100m:	1:05.92 34.33	200m:	2:16.69	35.72	300m:	3:27.44	35.26	400m:	4:34.77	32.55
4.	GRACZYK Michał		10	UKS "Olimp" Gorzów Wlkp.				<b>4:51.24</b>	431		
	50m:	33.04 33.04	150m:	1:47.01	37.39	250m:	3:01.54	36.91	350m:	4:16.21	36.61
	100m:	1:09.62 36.58	200m:	2:24.63	37.62	300m:	3:39.60	38.06	400m:	4:51.24	35.03
5.	SZYBURSKI Artur		10	Uczniowski Klub Sportowy "Ósemka" Toruń				<b>4:55.69</b>	412		
	50m:	32.37 32.37	150m:	1:47.33	38.24	250m:	3:03.63	38.18	350m:	4:19.72	37.90
	100m:	1:09.09 36.72	200m:	2:25.45	38.12	300m:	3:41.82	38.19	400m:	4:55.69	35.97
6.	BISKUPSKI Bartłomiej		10	MKP Słowianka				<b>5:04.75</b>	376		
	50m:	32.62 32.62	150m:	1:48.14	38.14	250m:	3:06.38	39.81	350m:	4:25.29	39.22
	100m:	1:10.00 37.38	200m:	2:26.57	38.43	300m:	3:46.07	39.69	400m:	5:04.75	39.46
7.	KRZEMIŃSKI Wojciech		10	UKS "Olimp" Gorzów Wlkp.				<b>5:25.61</b>	308		
	50m:	34.31 34.31	150m:	1:53.79	40.68	250m:	3:17.81	42.34	350m:	4:43.12	43.00
	100m:	1:13.11 38.80	200m:	2:35.47	41.68	300m:	4:00.12	42.31	400m:	5:25.61	42.49
8.	URBAŃSKI Oliwier		10	UKS „Jasie” Sucha Beskidzka				<b>5:30.84</b>	294		
	50m:	34.31 34.31	150m:	1:59.70	42.90	250m:	3:27.02	43.74	350m:	4:53.09	42.33
	100m:	1:16.80 42.49	200m:	2:43.28	43.58	300m:	4:10.76	43.74	400m:	5:30.84	37.75

Grupa D

1.	DOPIERAŁA Nikodem		11	UKS "Olimp" Gorzów Wlkp.				<b>4:40.81</b>	481		
	50m:	32.26 32.26	150m:	1:45.02	36.75	250m:	2:57.95	35.96	350m:	4:09.24	35.10
	100m:	1:08.27 36.01	200m:	2:21.99	36.97	300m:	3:34.14	36.19	400m:	4:40.81	31.57
2.	DOMINEK Michał		11	UKS NIKA Sport Team Kraków				<b>4:41.60</b>	477		
	50m:	31.84 31.84	150m:	1:43.56	35.91	250m:	2:54.57	35.48	350m:	4:06.92	36.10
	100m:	1:07.65 35.81	200m:	2:19.09	35.53	300m:	3:30.82	36.25	400m:	4:41.60	34.68
3.	R BIAŁKOWSKI Adam		11	MKS Trójka Łódź				<b>4:43.70</b>	466		
	50m:	31.87 31.87	150m:	1:43.62	36.30	250m:	2:56.29	36.08	350m:	4:08.66	36.15
	100m:	1:07.32 35.45	200m:	2:20.21	36.59	300m:	3:32.51	36.22	400m:	4:43.70	35.04
4.	WITKOWIAK Filip		11	UKS "Olimp" Gorzów Wlkp.				<b>4:53.28</b>	422		
	50m:	32.91 32.91	150m:	1:47.79	37.59	250m:	3:03.45	37.24	350m:	4:17.84	36.41
	100m:	1:10.20 37.29	200m:	2:26.21	38.42	300m:	3:41.43	37.98	400m:	4:53.28	35.44
5.	NOWICKI Wiktor		11	KS Warta Poznań				<b>4:56.27</b>	409		
	50m:	32.97 32.97	150m:	1:47.77	37.71	250m:	3:04.68	38.40	350m:	4:20.48	37.70
	100m:	1:10.06 37.09	200m:	2:26.28	38.51	300m:	3:42.78	38.10	400m:	4:56.27	35.79
6.	STARASOTNIKAU Maciej		11	MTKP Delfin Toruń				<b>4:57.32</b>	405		
	50m:	31.71 31.71	150m:	1:46.90	38.18	250m:	3:03.45	37.89	350m:	4:20.68	38.87
	100m:	1:08.72 37.01	200m:	2:25.56	38.66	300m:	3:41.81	38.36	400m:	4:57.32	36.64
7.	JUDEK Wiktor		11	Aquarius MOSiW Międzyrzecz				<b>5:11.45</b>	352		
	50m:	35.65 35.65	150m:	1:54.56	39.93	250m:	3:15.40	40.50	350m:	4:36.75	40.26
	100m:	1:14.63 38.98	200m:	2:34.90	40.34	300m:	3:56.49	41.09	400m:	5:11.45	34.70
8.	GAJOCHA Nataniel		11	CSiR MOS w Dobrej Górnicy				<b>5:12.34</b>	349		
	50m:	35.04 35.04	150m:	1:55.12	40.53	250m:	3:16.70	40.51	350m:	4:36.83	39.08
	100m:	1:14.59 39.55	200m:	2:36.19	41.07	300m:	3:57.75	41.05	400m:	5:12.34	35.51
9.	PAWŁOWICZ Filip		11	Sp "Młoci" Boberki				<b>5:27.29</b>	304		
	50m:	36.43 36.43	150m:	1:58.00	41.75	250m:	3:22.80	42.69	350m:	4:47.74	42.12
	100m:	1:16.25 39.82	200m:	2:40.11	42.11	300m:	4:05.62	42.82	400m:	5:27.29	39.55
10.	BAIKOU Mikita		11	MKS SP 63 Bydgoszcz				<b>5:37.00</b>	278		
	50m:	35.54 35.54	150m:	1:58.10	42.96	250m:	3:26.37	45.83	350m:	4:56.20	45.46
	100m:	1:15.14 39.60	200m:	2:40.54	42.44	300m:	4:10.74	44.37	400m:	5:37.00	40.80

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Konkurencja 10, Mężczyzn, 400m dowolny

Grupa E

1.	KIWACZ Michał	12	Mks Znicz Koszalin	<b>5:27.85</b>	302
	50m: 37.99 37.99	150m: 2:02.66 42.64	250m: 3:26.69 41.99	350m: 4:49.84 41.18	
	100m: 1:20.02 42.03	200m: 2:44.70 42.04	300m: 4:08.66 41.97	400m: 5:27.85 38.01	
2.	KASZUBIAK Wiktor	12	Mks Znicz Koszalin	<b>5:29.75</b>	297
	50m: 36.56 36.56	150m: 1:59.14 42.63	250m: 3:24.27 43.02	350m: 4:49.48 42.22	
	100m: 1:16.51 39.95	200m: 2:41.25 42.11	300m: 4:07.26 42.99	400m: 5:29.75 40.27	
3.	RAPTA Adam	12	Mks Znicz Koszalin	<b>5:43.99</b>	261
	50m: 38.44 38.44	150m: 2:03.85 43.50	250m: 3:32.49 44.96	350m: 5:01.22 44.20	
	100m: 1:20.35 41.91	200m: 2:47.53 43.68	300m: 4:17.02 44.53	400m: 5:43.99 42.77	
4.	STELMASZYK Borys	12	UKS CITYZEN Poznań	<b>6:09.77</b>	210
	50m: 40.49 40.49	150m: 2:15.01 48.59	250m: 3:50.70 48.28	350m: 5:26.49 47.71	
	100m: 1:26.42 45.93	200m: 3:02.42 47.41	300m: 4:38.78 48.08	400m: 6:09.77 43.28	
5.	DUBANIEWICZ Franciszek	12	UKS 3-Wodnik Wolsztyn	<b>6:24.12</b>	188
	50m: 40.49 40.49	150m: 2:03.85 43.50	250m: 3:56.88 49.71	350m: 5:39.03 50.52	
	100m: 1:26.98 46.49	200m: 3:07.17 43.68	300m: 4:48.51 51.63	400m: 6:24.12 45.09	

Grupa F

1.	F FERREK Filip	13	MUKS "TUREKin pływa"	<b>4:51.41</b>	430
	50m: 32.94 32.94	150m: 1:47.02 37.61	250m: 3:02.19 37.89	350m: 4:16.91 37.02	
	100m: 1:09.41 36.47	200m: 2:24.30 37.28	300m: 3:39.89 37.70	400m: 4:51.41 34.50	