

Wielkopolskie Rozgrywki Pływackie 2025  
Poznań, 14.2. - 16.5.2025

Konkurencja 11  
2025.02.14 - 13:14

Dziewcząt, 400m dowolny

11 - 13 lat  
Wyniki

Punkty: AQUA 2024

| Pozycja | Rok ur.                  |         |       |         |                                   |       |         |         | Czas           | Pkt.    |         |       |
|---------|--------------------------|---------|-------|---------|-----------------------------------|-------|---------|---------|----------------|---------|---------|-------|
| 13 lat  |                          |         |       |         |                                   |       |         |         |                |         |         |       |
| 1.      | SADŁOCHA Marcelina       |         |       | 12      | KTP Iskra Konin                   |       |         |         | <b>4:59.60</b> | 460     |         |       |
|         | 50m:                     |         | 150m: | 1:51.88 | 38.89                             | 250m: | 3:09.83 | 38.42   | 350m:          | 4:25.75 | 37.41   |       |
|         | 100m:                    | 1:12.99 | 200m: | 2:31.41 | 39.53                             | 300m: | 3:48.34 | 38.51   | 400m:          | 4:59.60 | 33.85   |       |
| 2.      | MIKOŁAJCZAK Helena       |         |       | 12      | KS Poznania Poznań                |       |         |         | <b>5:03.84</b> | 441     |         |       |
|         | 50m:                     | 34.37   | 34.37 | 150m:   | 1:51.78                           | 39.16 | 250m:   | 3:10.39 | 39.12          | 350m:   | 4:27.51 | 38.53 |
|         | 100m:                    | 1:12.62 | 38.25 | 200m:   | 2:31.27                           | 39.49 | 300m:   | 3:48.98 | 38.59          | 400m:   | 5:03.84 | 36.33 |
| 3.      | KANTEK - WALIGÓRSKA Maja |         |       | 12      | Niagara Jedyńka Wolsztyn          |       |         |         | <b>5:21.69</b> | 371     |         |       |
|         | 50m:                     | 35.66   | 35.66 | 150m:   |                                   |       | 250m:   |         | 350m:          |         |         |       |
|         | 100m:                    | 1:15.85 | 40.19 | 200m:   | 3:20.75                           |       | 300m:   |         | 400m:          | 5:21.69 |         |       |
| 4.      | OLENIUK Nadia            |         |       | 12      | MKS SP 63 Bydgoszcz               |       |         |         | <b>5:46.49</b> | 297     |         |       |
|         | 50m:                     | 39.10   | 39.10 | 150m:   | 2:08.45                           | 45.66 | 250m:   | 3:37.74 | 44.73          | 350m:   | 5:07.45 | 45.04 |
|         | 100m:                    | 1:22.79 | 43.69 | 200m:   | 2:53.01                           | 44.56 | 300m:   | 4:22.41 | 44.67          | 400m:   | 5:46.49 | 39.04 |
| 5.      | LEOPOLD Maja             |         |       | 12      | UKS CITYZEN Poznań                |       |         |         | <b>5:47.25</b> | 295     |         |       |
|         | 50m:                     | 37.76   | 37.76 | 150m:   | 2:05.77                           | 45.11 | 250m:   |         | 350m:          |         |         |       |
|         | 100m:                    | 1:20.66 | 42.90 | 200m:   |                                   |       | 300m:   |         | 400m:          | 5:47.25 |         |       |
| 6.      | ZIELIŃSKA Nadia          |         |       | 12      | UKS Fala Swarzędz                 |       |         |         | <b>6:48.76</b> | 181     |         |       |
|         | 50m:                     | 41.70   | 41.70 | 150m:   | 2:22.81                           |       | 250m:   | 4:09.85 | 350m:          |         |         |       |
|         | 100m:                    |         |       | 200m:   |                                   |       | 300m:   |         | 400m:          | 6:48.76 |         |       |
| 12 lat  |                          |         |       |         |                                   |       |         |         |                |         |         |       |
| 1.      | JADWIŻAK Magdalena       |         |       | 13      | Niagara Jedyńka Wolsztyn          |       |         |         | <b>5:17.05</b> | 388     |         |       |
|         | 50m:                     | 34.70   | 34.70 | 150m:   | 1:54.03                           | 39.94 | 250m:   | 3:16.34 | 41.37          | 350m:   | 4:38.77 | 41.35 |
|         | 100m:                    | 1:14.09 | 39.39 | 200m:   | 2:34.97                           | 40.94 | 300m:   | 3:57.42 | 41.08          | 400m:   | 5:17.05 | 38.28 |
| 2.      | CIEŚLA Kaja              |         |       | 13      | Niagara Jedyńka Wolsztyn          |       |         |         | <b>5:43.96</b> | 304     |         |       |
|         | 50m:                     | 37.48   | 37.48 | 150m:   | 2:03.70                           | 43.83 | 250m:   | 3:32.64 | 44.19          | 350m:   | 5:01.60 | 45.12 |
|         | 100m:                    | 1:19.87 | 42.39 | 200m:   | 2:48.45                           | 44.75 | 300m:   | 4:16.48 | 43.84          | 400m:   | 5:43.96 | 42.36 |
| 3.      | DEJKO Nadia              |         |       | 13      | UKS „HS” Team Kryty Basen Kłodzko |       |         |         | <b>5:52.24</b> | 283     |         |       |
|         | 50m:                     | 38.61   | 38.61 | 150m:   | 2:07.96                           | 45.67 | 250m:   | 3:38.20 | 44.63          | 350m:   | 5:04.72 | 41.79 |
|         | 100m:                    | 1:22.29 | 43.68 | 200m:   | 2:53.57                           | 45.61 | 300m:   | 4:22.93 | 44.73          | 400m:   | 5:52.24 | 47.52 |
| 4.      | GORZELAŃCZYK Magdalena   |         |       | 13      | Ktp "Posejdon" Konin              |       |         |         | <b>6:06.01</b> | 252     |         |       |
|         | 50m:                     | 40.16   | 40.16 | 150m:   | 2:13.73                           | 46.44 | 250m:   | 3:47.78 | 46.27          | 350m:   | 5:22.09 | 47.14 |
|         | 100m:                    | 1:27.29 | 47.13 | 200m:   | 3:01.51                           | 47.78 | 300m:   | 4:34.95 | 47.17          | 400m:   | 6:06.01 | 43.92 |
| 5.      | KOREJWO Marianna         |         |       | 13      | KS Poznania Poznań                |       |         |         | <b>6:09.89</b> | 244     |         |       |
|         | 50m:                     | 41.31   | 41.31 | 150m:   | 2:13.36                           | 46.75 | 250m:   | 3:50.54 | 48.99          | 350m:   | 5:26.00 | 48.31 |
|         | 100m:                    | 1:26.61 | 45.30 | 200m:   | 3:01.55                           | 48.19 | 300m:   | 4:37.69 | 47.15          | 400m:   | 6:09.89 | 43.89 |
| 6.      | DOŁGOPOŁ Alicja          |         |       | 13      | KS Warta Poznań                   |       |         |         | <b>6:10.58</b> | 243     |         |       |
|         | 50m:                     | 40.22   | 40.22 | 150m:   | 2:13.66                           | 47.62 | 250m:   | 3:49.49 | 48.04          | 350m:   | 5:25.77 | 48.01 |
|         | 100m:                    | 1:26.04 | 45.82 | 200m:   | 3:01.45                           | 47.79 | 300m:   | 4:37.76 | 48.27          | 400m:   | 6:10.58 | 44.81 |
| 7.      | JANIKOWSKA Alicja        |         |       | 13      | KS Warta Poznań                   |       |         |         | <b>6:11.34</b> | 241     |         |       |
|         | 50m:                     | 40.66   | 40.66 | 150m:   | 2:15.46                           | 47.73 | 250m:   | 3:51.33 | 48.22          | 350m:   | 5:27.93 | 47.89 |
|         | 100m:                    | 1:27.73 | 47.07 | 200m:   | 3:03.11                           | 47.65 | 300m:   | 4:40.04 | 48.71          | 400m:   | 6:11.34 | 43.41 |
| 8.      | BARANOWSKA Maria         |         |       | 13      | Ktp "Posejdon" Konin              |       |         |         | <b>6:15.65</b> | 233     |         |       |
|         | 50m:                     | 41.99   | 41.99 | 150m:   | 2:19.49                           | 49.19 | 250m:   | 3:58.20 | 49.25          | 350m:   | 5:32.72 | 45.22 |
|         | 100m:                    | 1:30.30 | 48.31 | 200m:   | 3:08.95                           | 49.46 | 300m:   | 4:47.50 | 49.30          | 400m:   | 6:15.65 | 42.93 |
| 9.      | YEVSA Yevanhelina        |         |       | 13      | KS Poznania Poznań                |       |         |         | <b>6:26.00</b> | 215     |         |       |
|         | 50m:                     | 41.89   | 41.89 | 150m:   | 2:19.46                           | 49.91 | 250m:   | 4:00.84 | 50.67          | 350m:   | 5:42.09 | 49.67 |
|         | 100m:                    | 1:29.55 | 47.66 | 200m:   | 3:10.17                           | 50.71 | 300m:   | 4:52.42 | 51.58          | 400m:   | 6:26.00 | 43.91 |
| 10.     | TYLAK Zofia              |         |       | 13      | MUKS „HURAGAN” Koło               |       |         |         | <b>6:33.43</b> | 203     |         |       |
|         | 50m:                     | 42.79   | 42.79 | 150m:   | 2:21.08                           | 50.50 | 250m:   | 4:01.77 | 50.77          | 350m:   | 5:43.41 | 50.73 |
|         | 100m:                    | 1:30.58 | 47.79 | 200m:   | 3:11.00                           | 49.92 | 300m:   | 4:52.68 | 50.91          | 400m:   | 6:33.43 | 50.02 |

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Konkurencja 11, Dziewcząt, 400m dowolny, 12 lat

| Pozycja |                 |         |       | Rok ur. |                      |       |       |         |       | Czas  |                | Pkt.  |
|---------|-----------------|---------|-------|---------|----------------------|-------|-------|---------|-------|-------|----------------|-------|
| 11.     | RATAJCZYK Anna  |         |       | 13      | Ktp "Posejdon" Konin |       |       |         |       |       | <b>6:43.73</b> | 188   |
|         | 50m:            | 41.89   | 41.89 | 150m:   | 2:21.41              | 52.05 | 250m: | 4:06.43 | 54.12 | 350m: | 5:46.46        | 48.59 |
|         | 100m:           | 1:29.36 | 47.47 | 200m:   | 3:12.31              | 50.90 | 300m: | 4:57.87 | 51.44 | 400m: | 6:43.73        | 57.27 |
| 12.     | RATAJCZYK Hanna |         |       | 13      | Ktp "Posejdon" Konin |       |       |         |       |       | <b>7:07.23</b> | 158   |
|         | 50m:            | 45.14   | 45.14 | 150m:   | 2:33.61              | 55.71 | 250m: | 4:27.38 | 56.69 | 350m: | 6:18.80        | 54.52 |
|         | 100m:           | 1:37.90 | 52.76 | 200m:   | 3:30.69              | 57.08 | 300m: | 5:24.28 | 56.90 | 400m: | 7:07.23        | 48.43 |

11 lat

|    |                    |         |       |       |         |                     |       |         |       |                |         |       |
|----|--------------------|---------|-------|-------|---------|---------------------|-------|---------|-------|----------------|---------|-------|
| 1. | SOLTYS Olena       |         |       |       | 14      | IUKS Jedyńka Poznań |       |         |       | <b>6:07.93</b> | 248     |       |
|    | 50m:               | 41.39   | 41.39 | 150m: | 2:13.63 | 45.92               | 250m: | 3:48.10 | 47.16 | 350m:          | 5:22.18 | 46.88 |
|    | 100m:              | 1:27.71 | 46.32 | 200m: | 3:00.94 | 47.31               | 300m: | 4:35.30 | 47.20 | 400m:          | 6:07.93 | 45.75 |
| 2. | FAGASIŃSKA Natalia |         |       |       | 14      | KTP Iskra Konin     |       |         |       | <b>6:31.34</b> | 206     |       |
|    | 50m:               | 42.66   | 42.66 | 150m: | 2:22.85 | 50.36               | 250m: | 4:04.66 | 50.95 | 350m:          | 5:46.44 | 50.96 |
|    | 100m:              | 1:32.49 | 49.83 | 200m: | 3:13.71 | 50.86               | 300m: | 4:55.48 | 50.82 | 400m:          | 6:31.34 | 44.90 |