

Wielkopolskie Rozgrywki Pływackie 2025
Poznań, 14.2. - 16.5.2025

Konkurencja 111
2025.05.16 - 14:20

Dziewcząt, 400m dowolny

11 - 13 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.										Czas	Pkt.
13 lat												
1.	SADŁOCHA Marcelina			12	KTP Iskra Konin					4:48.97	512	
	50m:	32.46	32.46	150m:	2:23.20	1:14.86	250m:	3:00.87	350m:	4:15.09	36.80	
	100m:	1:08.34	35.88	200m:			300m:	3:38.29	37.42	400m:	4:48.97	33.88
2.	MIKOŁAJCZAK Helena			12	KS Posenania Poznań					4:49.90	507	
	50m:	32.12	32.12	150m:	1:45.33	37.33	250m:	3:01.15	37.93	350m:	4:15.82	37.28
	100m:	1:08.00	35.88	200m:	2:23.22	37.89	300m:	3:38.54	37.39	400m:	4:49.90	34.08
3.	BIELOVODSKA Milana			12	UKS CITYZEN Poznań					5:20.99	374	
	50m:	35.24	35.24	150m:	1:56.03	40.94	250m:	3:19.30	42.10	350m:	4:42.48	41.36
	100m:	1:15.09	39.85	200m:	2:37.20	41.17	300m:	4:01.12	41.82	400m:	5:20.99	38.51
4.	LEOPOLD Maja			12	UKS CITYZEN Poznań					5:28.66	348	
	50m:	36.32	36.32	150m:	1:58.78	41.94	250m:	3:23.34	42.28	350m:		
	100m:	1:16.84	40.52	200m:	2:41.06	42.28	300m:	4:47.65	1:24.31	400m:	5:28.66	
5.	OCZKOWSKA Damroka			12	KP Alfa Kórnik					5:32.21	337	
	50m:	36.01	36.01	150m:	1:57.05	41.05	250m:	3:22.18	42.65	350m:	4:49.11	43.77
	100m:	1:16.00	39.99	200m:	2:39.53	42.48	300m:	4:05.34	43.16	400m:	5:32.21	43.10
6.	MATYSIK Alicja			12	Niagara Jedyńka Wolsztyn					5:37.75	321	
	50m:	35.54	35.54	150m:	2:00.89	43.26	250m:	3:29.67	44.87	350m:	4:57.80	43.74
	100m:	1:17.63	42.09	200m:	2:44.80	43.91	300m:	4:14.06	44.39	400m:	5:37.75	39.95
7.	OLENIUK Nadia			12	MKS SP 63 Bydgoszcz					5:53.06	281	
	50m:	39.24	39.24	150m:	2:09.40	46.24	250m:	3:40.25	45.40	350m:	5:12.07	45.68
	100m:	1:23.16	43.92	200m:	2:54.85	45.45	300m:	4:26.39	46.14	400m:	5:53.06	40.99
12 lat												
1.	JADWIŻAK Magdalena			13	Niagara Jedyńka Wolsztyn					5:15.84	392	
	50m:	34.77	34.77	150m:	1:54.28	40.61	250m:	3:17.16	41.65	350m:	4:37.31	40.00
	100m:	1:13.67	38.90	200m:	2:35.51	41.23	300m:	3:57.31	40.15	400m:	5:15.84	38.53
2.	YEVSA Yevanhelina			13	KS Posenania Poznań					5:41.48	310	
	50m:	38.03	38.03	150m:	2:05.53	44.85	250m:	3:33.94	43.78	350m:	5:01.09	44.51
	100m:	1:20.68	42.65	200m:	2:50.16	44.63	300m:	4:16.58	42.64	400m:	5:41.48	40.39
3.	DEJKO Nadia			13	UKS „HS” Team Kryty Basen Kłodzko					5:43.45	305	
	50m:	37.16	37.16	150m:	2:04.34	44.65	250m:	3:33.58	44.41	350m:	5:00.99	43.42
	100m:	1:19.69	42.53	200m:	2:49.17	44.83	300m:	4:17.57	43.99	400m:	5:43.45	42.46
4.	KOCZKODAJ Amelia			13	UKS "Dwójka" w Obornikach					5:46.54	297	
	50m:	37.60	37.60	150m:	2:05.54	44.95	250m:	3:35.96	44.97	350m:	5:05.05	43.57
	100m:	1:20.59	42.99	200m:	2:50.99	45.45	300m:	4:21.48	45.52	400m:	5:46.54	41.49
5.	DOŁGOPOŁ Alicja			13	KS Warta Poznań					5:56.61	272	
	50m:	38.93	38.93	150m:	2:08.63	45.62	250m:	3:41.27	46.09	350m:	5:13.58	46.16
	100m:	1:23.01	44.08	200m:	2:55.18	46.55	300m:	4:27.42	46.15	400m:	5:56.61	43.03
6.	BARANOWSKA Maria			13	Ktp "Posejdon" Konin					5:58.57	268	
	50m:	38.87	38.87	150m:	2:11.28	46.54	250m:	3:44.82	46.49	350m:	5:17.97	46.39
	100m:	1:24.74	45.87	200m:	2:58.33	47.05	300m:	4:31.58	46.76	400m:	5:58.57	40.60
7.	GORZELAŃCZYK Magdalena			13	Ktp "Posejdon" Konin					5:59.79	265	
	50m:	38.48	38.48	150m:	2:10.53	46.12	250m:	3:43.83	46.86	350m:	5:17.35	46.51
	100m:	1:24.41	45.93	200m:	2:56.97	46.44	300m:	4:30.84	47.01	400m:	5:59.79	42.44
8.	KOTLIŃSKA Hanna			13	KS Posenania Poznań					6:02.09	260	
	50m:	38.91	38.91	150m:	2:56.89	1:33.49	250m:			350m:	6:01.63	
	100m:	1:23.40	44.49	200m:			300m:			400m:	6:02.09	0.46
9.	KRAWCZYK Zuzanna			13	KS Posenania Poznań					6:06.27	251	
	50m:	39.12	39.12	150m:	2:11.47	47.02	250m:	3:45.98	47.40	350m:	5:20.74	47.48
	100m:	1:24.45	45.33	200m:	2:58.58	47.11	300m:	4:33.26	47.28	400m:	6:06.27	45.53

Wielkopolskie Rozgrywki Pływackie 2025
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Konkurencja 111, Dziewcząt, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
10.	JANIKOWSKA Alicja		13	KS Warta Poznań				6:06.44	251
	50m: 39.08 39.08	150m: 2:11.16 46.80		250m: 3:46.74 48.52			350m: 5:21.26 47.60		
	100m: 1:24.36 45.28	200m: 2:58.22 47.06		300m: 4:33.66 46.92			400m: 6:06.44 45.18		
11.	GUTOWSKA Oliwia		13	MKS Znicz Koszalin				6:38.87	194
	50m: 42.40 42.40	150m: 3:13.32		250m:			350m:		
	100m:	200m:		300m: 4:58.12			400m: 6:38.87		
12.	TYLAK Zofia		13	MUKS „HURAGAN” Koło				6:51.01	178
	50m: 43.81 43.81	150m: 2:26.90 52.24		250m: 4:14.00 53.58			350m: 6:00.63 52.39		
	100m: 1:34.66 50.85	200m: 3:20.42 53.52		300m: 5:08.24 54.24			400m: 6:51.01 50.38		

11 lat

1.	SOLTYS Olena		14	IUKS Jedyńka Poznań				5:46.18	298
	50m: 38.37 38.37	150m: 2:06.58 45.29		250m: 3:35.67 45.12			350m: 5:05.43 44.58		
	100m: 1:21.29 42.92	200m: 2:50.55 43.97		300m: 4:20.85 45.18			400m: 5:46.18 40.75		
2.	FAGASIŃSKA Natalia		14	KTP Iskra Konin				6:12.13	240
	50m: 42.13 42.13	150m: 2:19.52 49.69		250m: 3:54.34 46.12			350m: 5:30.16 48.13		
	100m: 1:29.83 47.70	200m: 3:08.22 48.70		300m: 4:42.03 47.69			400m: 6:12.13 41.97		
3.	STASZEWSKA Ivi		14	MKS Znicz Koszalin				6:23.45	219
	50m: 40.66 40.66	150m: 2:16.04 47.76		250m: 3:54.49 48.75			350m: 5:35.95 51.39		
	100m: 1:28.28 47.62	200m: 3:05.74 49.70		300m: 4:44.56 50.07			400m: 6:23.45 47.50		
4.	ŁUCZKÓW Marta		14	MKS Znicz Koszalin				6:27.44	212
	50m: 41.99 41.99	150m: 2:21.76 50.01		250m: 4:02.42 50.71			350m: 5:42.06 49.80		
	100m: 1:31.75 49.76	200m: 3:11.71 49.95		300m: 4:52.26 49.84			400m: 6:27.44 45.38		
5.	KOPCZYŃSKA Bianca		14	MKS Znicz Koszalin				6:31.54	206
	50m: 44.12 44.12	150m: 2:25.93 51.56		250m: 4:06.74 50.83			350m: 5:45.50 47.55		
	100m: 1:34.37 50.25	200m: 3:15.91 49.98		300m: 4:57.95 51.21			400m: 6:31.54 46.04		
6.	KLECZKOWSKA Aleksandra		14	MKS Znicz Koszalin				6:34.26	201
	50m: 42.86 42.86	150m: 2:19.66 49.20		250m: 4:00.49 50.77			350m: 5:40.38 48.81		
	100m: 1:30.46 47.60	200m: 3:09.72 50.06		300m: 4:51.57 51.08			400m: 6:34.26 53.88		
7.	EWICZ-ZDZIABEK Nina		14	KS Warta Poznań				6:36.19	198
	50m: 40.12 40.12	150m: 2:20.22 52.08		250m: 4:03.55 52.54			350m: 5:48.22 54.37		
	100m: 1:28.14 48.02	200m: 3:11.01 50.79		300m: 4:53.85 50.30			400m: 6:36.19 47.97		
8.	DYS Natalia		14	MKS Znicz Koszalin				6:36.67	198
	50m: 41.58 41.58	150m: 2:24.17 52.04		250m: 4:06.22 50.63			350m: 5:48.30 50.78		
	100m: 1:32.13 50.55	200m: 3:15.59 51.42		300m: 4:57.52 51.30			400m: 6:36.67 48.37		
9.	KOSTEWICZ Martyna		14	MKS Znicz Koszalin				6:37.48	197
	50m: 45.61 45.61	150m: 2:25.64 50.43		250m: 4:10.19 52.15			350m: 5:52.64 50.68		
	100m: 1:35.21 49.60	200m: 3:18.04 52.40		300m: 5:01.96 51.77			400m: 6:37.48 44.84		
10.	HAPONIUK Marika		14	MKS Znicz Koszalin				6:47.63	182
	50m: 41.80 41.80	150m: 2:25.08 52.29		250m: 4:11.19 53.92			350m: 5:57.96 53.14		
	100m: 1:32.79 50.99	200m: 3:17.27 52.19		300m: 5:04.82 53.63			400m: 6:47.63 49.67		
11.	SZIDŁOWSKA Michalina		14	MKS Znicz Koszalin				6:50.56	178
	50m: 44.34 44.34	150m: 2:29.19 53.28		250m: 4:14.39 52.30			350m: 6:00.05 52.95		
	100m: 1:35.91 51.57	200m: 3:22.09 52.90		300m: 5:07.10 52.71			400m: 6:50.56 50.51		
12.	GERMAK Gabriela		14	MKS Znicz Koszalin				6:58.14	169
	50m: 45.05 45.05	150m: 2:32.20 54.32		250m: 4:20.71 54.14			350m: 6:08.12 53.61		
	100m: 1:37.88 52.83	200m: 3:26.57 54.37		300m: 5:14.51 53.80			400m: 6:58.14 50.02		
13.	DWORACZYK Hanna		14	MKS Znicz Koszalin				7:04.20	162
	50m: 45.03 45.03	150m: 2:32.42 54.17		250m: 4:23.07 55.57			350m: 6:13.42 54.57		
	100m: 1:38.25 53.22	200m: 3:27.50 55.08		300m: 5:18.85 55.78			400m: 7:04.20 50.78		
14.	SZOŁDRA Hanna		14	MKS Znicz Koszalin				7:10.31	155
	50m: 44.96 44.96	150m: 2:30.79 53.80		250m: 4:21.71 54.56			350m:		
	100m: 1:36.99 52.03	200m: 3:27.15 56.36		300m: 5:18.89 57.18			400m: 7:10.31		

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Konkurencja 111, Dziewcząt, 400m dowolny, 11 lat

Pozycja	Rok ur.								Czas	Pkt.
15. KAMIŃSKA Nina	14 MKS Znicz Koszalin								7:13.70	151
50m: 47.96 47.96	150m: 2:39.93	56.60	250m: 5:29.27	1:52.58	350m: 6:23.83					
100m: 1:43.33 55.37	200m: 3:36.69	56.76	300m:		400m: 7:13.70					49.87
16. SZARKOWSKA Tola	14 MKS Znicz Koszalin								7:14.86	150
50m: 46.88 46.88	150m: 2:38.50	56.60	250m: 4:30.94	55.78	350m: 6:21.60					55.71
100m: 1:41.90 55.02	200m: 3:35.16	56.66	300m: 5:25.89	54.95	400m: 7:14.86					53.26
17. LATOSZEWSKA Marta	14 MKS Znicz Koszalin								7:20.64	144
50m: 46.20 46.20	150m: 2:30.90	53.73	250m: 4:26.43	57.39	350m: 6:23.43					58.53
100m: 1:37.17 50.97	200m: 3:29.04	58.14	300m: 5:24.90	58.47	400m: 7:20.64					57.21
18. SIENKIEWICZ Hanna	14 MKS Znicz Koszalin								8:09.51	105
50m: 52.75 52.75	150m: 2:55.42	1:01.75	250m: 5:02.01	1:03.49	350m:					
100m: 1:53.67 1:00.92	200m: 3:58.52	1:03.10	300m: 6:04.63	1:02.62	400m: 8:09.51					
19. GŁYŻEWSKA Marcelina	14 MKS Znicz Koszalin								8:28.31	94
50m: 52.73 52.73	150m: 3:00.86	1:04.85	250m: 5:14.87	1:07.95	350m: 7:25.28					1:05.19
100m: 1:56.01 1:03.28	200m: 4:06.92	1:06.06	300m: 6:20.09	1:05.22	400m: 8:28.31					1:03.03