

Ogólnopolskie Zawody Pływackie Szybkie Pływanie na Termach Maltańskich
Poznań, 17.5.2025

Konkurencja 5
2025.05.17 - 12:12

Kobiet, 400m dowolny

Open
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.			Czas		Pkt.	100m	200m	300m	400m
Grupa A										
1. DOLATA Olga	08	KS Posnania Poznań		4:53.41		516	1:09.56	1:16.08	1:16.48	1:11.29
50m: 32.55	32.55	150m: 1:47.66	38.10	250m: 3:03.78	38.14	350m: 4:19.69	37.57			
100m: 1:09.56	37.01	200m: 2:25.64	37.98	300m: 3:42.12	38.34	400m: 4:53.41	33.72			
Grupa B										
1. HAJDER Hanna	09	MTKP Delfin Toruń		4:53.06		518	1:10.22	1:16.24	1:15.64	1:10.96
50m: 32.74	32.74	150m: 1:48.50	38.28	250m: 3:04.06	37.60	350m: 4:19.71	37.61			
100m: 1:10.22	37.48	200m: 2:26.46	37.96	300m: 3:42.10	38.04	400m: 4:53.06	33.35			
2. BALICKA Ada	09	OŚ AZS w Poznaniu		5:07.27		449	1:11.98	1:18.10	1:18.91	1:18.28
50m: 34.47	34.47	150m: 1:50.41	38.43	250m: 3:09.08	39.00	350m: 4:28.76	39.77			
100m: 1:11.98	37.51	200m: 2:30.08	39.67	300m: 3:48.99	39.91	400m: 5:07.27	38.51			
Grupa C										
1. KORDALSKA Maja	10	KS Posnania Poznań		5:01.81		474	1:10.08	1:16.92	1:17.65	1:17.16
50m: 32.47	32.47	150m: 1:48.59	38.51	250m: 3:05.34	38.34	350m: 4:24.41	39.76			
100m: 1:10.08	37.61	200m: 2:27.00	38.41	300m: 3:44.65	39.31	400m: 5:01.81	37.40			
2. MORYSON Maria	10	UPKS Wodnik Rawicz		5:25.59		377	1:14.02	1:22.35	1:25.34	1:23.88
50m: 35.41	35.41	150m: 1:54.65	40.63	250m: 3:18.97	42.60	350m: 4:44.73	43.02			
100m: 1:14.02	38.61	200m: 2:36.37	41.72	300m: 4:01.71	42.74	400m: 5:25.59	40.86			
Grupa D										
1. MICHALAK Maria	11	KS Warta Poznań		4:48.81		541	1:08.89	1:12.94	1:14.22	1:12.76
50m: 33.12	33.12	150m: 1:45.17	36.28	250m: 2:58.91	37.08	350m: 4:13.01	36.96			
100m: 1:08.89	35.77	200m: 2:21.83	36.66	300m: 3:36.05	37.14	400m: 4:48.81	35.80			
2. SZYMAŃSKA Julia	11	KS Warta Poznań		5:07.85		446	1:12.92	1:18.96	1:19.19	1:16.78
50m: 34.47	34.47	150m: 1:52.05	39.13	250m: 3:11.45	39.57	350m: 4:30.62	39.55			
100m: 1:12.92	38.45	200m: 2:31.88	39.83	300m: 3:51.07	39.62	400m: 5:07.85	37.23			
3. ŁACZEK Wiktoria	11	KS Waterpolo Poznań		5:24.32		382	1:14.38	1:24.45	1:24.28	1:21.21
50m: 35.02	35.02	150m: 1:56.35	41.97	250m: 3:20.48	41.65	350m: 4:45.29	42.18			
100m: 1:14.38	39.36	200m: 2:38.83	42.48	300m: 4:03.11	42.63	400m: 5:24.32	39.03			