

Wielkopolskie Rozgrywki Pływackie 2025
Poznań, 14.2. - 28.11.2025

Konkurencja 111
2025.05.16 - 14:20

Dziewcząt, 400m dowolny

11 - 13 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.										Czas	Pkt.
13 lat												
1.	SADŁOCHA Marcelina		12	KTP Iskra Konin						4:48.97	512	
	50m:	32.46	32.46	150m:	2:23.20	1:14.86	250m:	3:00.87		350m:	4:15.09	36.80
	100m:	1:08.34	35.88	200m:			300m:	3:38.29	37.42	400m:	4:48.97	33.88
2.	MIKOŁAJCZAK Helena		12	KS Posenania Poznań						4:49.90	507	
	50m:	32.12	32.12	150m:	1:45.33	37.33	250m:	3:01.15	37.93	350m:	4:15.82	37.28
	100m:	1:08.00	35.88	200m:	2:23.22	37.89	300m:	3:38.54	37.39	400m:	4:49.90	34.08
3.	BIELOVODSKA Milana		12	UKS CITYZEN Poznań						5:20.99	374	
	50m:	35.24	35.24	150m:	1:56.03	40.94	250m:	3:19.30	42.10	350m:	4:42.48	41.36
	100m:	1:15.09	39.85	200m:	2:37.20	41.17	300m:	4:01.12	41.82	400m:	5:20.99	38.51
4.	LEOPOLD Maja		12	UKS CITYZEN Poznań						5:28.66	348	
	50m:	36.32	36.32	150m:	1:58.78	41.94	250m:	3:23.34	42.28	350m:		
	100m:	1:16.84	40.52	200m:	2:41.06	42.28	300m:	4:47.65	1:24.31	400m:	5:28.66	
5.	OCZKOWSKA Damroka		12	KP Alfa Kórnik						5:32.21	337	
	50m:	36.01	36.01	150m:	1:57.05	41.05	250m:	3:22.18	42.65	350m:	4:49.11	43.77
	100m:	1:16.00	39.99	200m:	2:39.53	42.48	300m:	4:05.34	43.16	400m:	5:32.21	43.10
6.	MATYSIK Alicja		12	Niagara Jedyńka Wolsztyn						5:37.75	321	
	50m:	35.54	35.54	150m:	2:00.89	43.26	250m:	3:29.67	44.87	350m:	4:57.80	43.74
	100m:	1:17.63	42.09	200m:	2:44.80	43.91	300m:	4:14.06	44.39	400m:	5:37.75	39.95
7.	OLENIUK Nadia		12	MKS SP 63 Bydgoszcz						5:53.06	281	
	50m:	39.24	39.24	150m:	2:09.40	46.24	250m:	3:40.25	45.40	350m:	5:12.07	45.68
	100m:	1:23.16	43.92	200m:	2:54.85	45.45	300m:	4:26.39	46.14	400m:	5:53.06	40.99
12 lat												
1.	JADWIŻAK Magdalena		13	Niagara Jedyńka Wolsztyn						5:15.84	392	
	50m:	34.77	34.77	150m:	1:54.28	40.61	250m:	3:17.16	41.65	350m:	4:37.31	40.00
	100m:	1:13.67	38.90	200m:	2:35.51	41.23	300m:	3:57.31	40.15	400m:	5:15.84	38.53
2.	YEVSA Yevanhelina		13	KS Posenania Poznań						5:41.48	310	
	50m:	38.03	38.03	150m:	2:05.53	44.85	250m:	3:33.94	43.78	350m:	5:01.09	44.51
	100m:	1:20.68	42.65	200m:	2:50.16	44.63	300m:	4:16.58	42.64	400m:	5:41.48	40.39
3.	DEJKO Nadia		13	UKS „HS” Team Kryty Basen Kłodzko						5:43.45	305	
	50m:	37.16	37.16	150m:	2:04.34	44.65	250m:	3:33.58	44.41	350m:	5:00.99	43.42
	100m:	1:19.69	42.53	200m:	2:49.17	44.83	300m:	4:17.57	43.99	400m:	5:43.45	42.46
4.	KOCZKODAJ Amelia		13	UKS "Dwójka" w Obornikach						5:46.54	297	
	50m:	37.60	37.60	150m:	2:05.54	44.95	250m:	3:35.96	44.97	350m:	5:05.05	43.57
	100m:	1:20.59	42.99	200m:	2:50.99	45.45	300m:	4:21.48	45.52	400m:	5:46.54	41.49
5.	DOŁGOPOŁ Alicja		13	KS Warta Poznań						5:56.61	272	
	50m:	38.93	38.93	150m:	2:08.63	45.62	250m:	3:41.27	46.09	350m:	5:13.58	46.16
	100m:	1:23.01	44.08	200m:	2:55.18	46.55	300m:	4:27.42	46.15	400m:	5:56.61	43.03
6.	BARANOWSKA Maria		13	Ktp "Posejdon" Konin						5:58.57	268	
	50m:	38.87	38.87	150m:	2:11.28	46.54	250m:	3:44.82	46.49	350m:	5:17.97	46.39
	100m:	1:24.74	45.87	200m:	2:58.33	47.05	300m:	4:31.58	46.76	400m:	5:58.57	40.60
7.	GORZELAŃCZYK Magdalena		13	Ktp "Posejdon" Konin						5:59.79	265	
	50m:	38.48	38.48	150m:	2:10.53	46.12	250m:	3:43.83	46.86	350m:	5:17.35	46.51
	100m:	1:24.41	45.93	200m:	2:56.97	46.44	300m:	4:30.84	47.01	400m:	5:59.79	42.44
8.	KOTLIŃSKA Hanna		13	KS Posenania Poznań						6:02.09	260	
	50m:	38.91	38.91	150m:	2:56.89	1:33.49	250m:			350m:	6:01.63	
	100m:	1:23.40	44.49	200m:			300m:			400m:	6:02.09	0.46
9.	KRAWCZYK Zuzanna		13	KS Posenania Poznań						6:06.27	251	
	50m:	39.12	39.12	150m:	2:11.47	47.02	250m:	3:45.98	47.40	350m:	5:20.74	47.48
	100m:	1:24.45	45.33	200m:	2:58.58	47.11	300m:	4:33.26	47.28	400m:	6:06.27	45.53

Wielkopolskie Rozgrywki Pływackie 2025
Poznań, 14.2. - 28.11.2025

Konkurencja 111, Dziewcząt, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.
10.	JANIKOWSKA Alicja			13	KS Warta Poznań				6:06.44	251
	50m: 39.08	39.08	150m: 2:11.16	46.80	250m: 3:46.74	48.52	350m: 5:21.26	47.60		
	100m: 1:24.36	45.28	200m: 2:58.22	47.06	300m: 4:33.66	46.92	400m: 6:06.44	45.18		
11.	GUTOWSKA Oliwia			13	MKS Znicz Koszalin				6:38.87	194
	50m: 42.40	42.40	150m: 3:13.32		250m:		350m:			
	100m:		200m:		300m: 4:58.12		400m: 6:38.87			
12.	TYLAK Zofia			13	MUKS „HURAGAN” Koło				6:51.01	178
	50m: 43.81	43.81	150m: 2:26.90	52.24	250m: 4:14.00	53.58	350m: 6:00.63	52.39		
	100m: 1:34.66	50.85	200m: 3:20.42	53.52	300m: 5:08.24	54.24	400m: 6:51.01	50.38		

11 lat

1.	SOLTYS Olena			14	IUKS Jedyńka Poznań				5:46.18	298
	50m: 38.37	38.37	150m: 2:06.58	45.29	250m: 3:35.67	45.12	350m: 5:05.43	44.58		
	100m: 1:21.29	42.92	200m: 2:50.55	43.97	300m: 4:20.85	45.18	400m: 5:46.18	40.75		
2.	FAGASIŃSKA Natalia			14	KTP Iskra Konin				6:12.13	240
	50m: 42.13	42.13	150m: 2:19.52	49.69	250m: 3:54.34	46.12	350m: 5:30.16	48.13		
	100m: 1:29.83	47.70	200m: 3:08.22	48.70	300m: 4:42.03	47.69	400m: 6:12.13	41.97		
3.	STASZEWSKA Ivi			14	MKS Znicz Koszalin				6:23.45	219
	50m: 40.66	40.66	150m: 2:16.04	47.76	250m: 3:54.49	48.75	350m: 5:35.95	51.39		
	100m: 1:28.28	47.62	200m: 3:05.74	49.70	300m: 4:44.56	50.07	400m: 6:23.45	47.50		
4.	ŁUCZKÓW Marta			14	MKS Znicz Koszalin				6:27.44	212
	50m: 41.99	41.99	150m: 2:21.76	50.01	250m: 4:02.42	50.71	350m: 5:42.06	49.80		
	100m: 1:31.75	49.76	200m: 3:11.71	49.95	300m: 4:52.26	49.84	400m: 6:27.44	45.38		
5.	KOPCZYŃSKA Bianca			14	MKS Znicz Koszalin				6:31.54	206
	50m: 44.12	44.12	150m: 2:25.93	51.56	250m: 4:06.74	50.83	350m: 5:45.50	47.55		
	100m: 1:34.37	50.25	200m: 3:15.91	49.98	300m: 4:57.95	51.21	400m: 6:31.54	46.04		
6.	KLECZKOWSKA Aleksandra			14	MKS Znicz Koszalin				6:34.26	201
	50m: 42.86	42.86	150m: 2:19.66	49.20	250m: 4:00.49	50.77	350m: 5:40.38	48.81		
	100m: 1:30.46	47.60	200m: 3:09.72	50.06	300m: 4:51.57	51.08	400m: 6:34.26	53.88		
7.	EWICZ-ZDZIABEK Nina			14	KS Warta Poznań				6:36.19	198
	50m: 40.12	40.12	150m: 2:20.22	52.08	250m: 4:03.55	52.54	350m: 5:48.22	54.37		
	100m: 1:28.14	48.02	200m: 3:11.01	50.79	300m: 4:53.85	50.30	400m: 6:36.19	47.97		
8.	DYS Natalia			14	MKS Znicz Koszalin				6:36.67	198
	50m: 41.58	41.58	150m: 2:24.17	52.04	250m: 4:06.22	50.63	350m: 5:48.30	50.78		
	100m: 1:32.13	50.55	200m: 3:15.59	51.42	300m: 4:57.52	51.30	400m: 6:36.67	48.37		
9.	KOSTEWICZ Martyna			14	MKS Znicz Koszalin				6:37.48	197
	50m: 45.61	45.61	150m: 2:25.64	50.43	250m: 4:10.19	52.15	350m: 5:52.64	50.68		
	100m: 1:35.21	49.60	200m: 3:18.04	52.40	300m: 5:01.96	51.77	400m: 6:37.48	44.84		
10.	HAPONIUK Marika			14	MKS Znicz Koszalin				6:47.63	182
	50m: 41.80	41.80	150m: 2:25.08	52.29	250m: 4:11.19	53.92	350m: 5:57.96	53.14		
	100m: 1:32.79	50.99	200m: 3:17.27	52.19	300m: 5:04.82	53.63	400m: 6:47.63	49.67		
11.	SZIDŁOWSKA Michalina			14	MKS Znicz Koszalin				6:50.56	178
	50m: 44.34	44.34	150m: 2:29.19	53.28	250m: 4:14.39	52.30	350m: 6:00.05	52.95		
	100m: 1:35.91	51.57	200m: 3:22.09	52.90	300m: 5:07.10	52.71	400m: 6:50.56	50.51		
12.	GERMAK Gabriela			14	MKS Znicz Koszalin				6:58.14	169
	50m: 45.05	45.05	150m: 2:32.20	54.32	250m: 4:20.71	54.14	350m: 6:08.12	53.61		
	100m: 1:37.88	52.83	200m: 3:26.57	54.37	300m: 5:14.51	53.80	400m: 6:58.14	50.02		
13.	DWORACZYK Hanna			14	MKS Znicz Koszalin				7:04.20	162
	50m: 45.03	45.03	150m: 2:32.42	54.17	250m: 4:23.07	55.57	350m: 6:13.42	54.57		
	100m: 1:38.25	53.22	200m: 3:27.50	55.08	300m: 5:18.85	55.78	400m: 7:04.20	50.78		
14.	SZOŁDRA Hanna			14	MKS Znicz Koszalin				7:10.31	155
	50m: 44.96	44.96	150m: 2:30.79	53.80	250m: 4:21.71	54.56	350m:			
	100m: 1:36.99	52.03	200m: 3:27.15	56.36	300m: 5:18.89	57.18	400m: 7:10.31			

Wielkopolskie Rozgrywki Pływackie 2025
Poznań, 14.2. - 28.11.2025

Konkurencja 111, Dziewcząt, 400m dowolny, 11 lat

Pozycja	Rok ur.								Czas	Pkt.
15. KAMIŃSKA Nina	14 MKS Znicz Koszalin								7:13.70	151
50m: 47.96 47.96	150m: 2:39.93 56.60	250m: 5:29.27 1:52.58	350m: 6:23.83							
100m: 1:43.33 55.37	200m: 3:36.69 56.76	300m:	400m: 7:13.70 49.87							
16. SZARKOWSKA Tola	14 MKS Znicz Koszalin								7:14.86	150
50m: 46.88 46.88	150m: 2:38.50 56.60	250m: 4:30.94 55.78	350m: 6:21.60 55.71							
100m: 1:41.90 55.02	200m: 3:35.16 56.66	300m: 5:25.89 54.95	400m: 7:14.86 53.26							
17. LATOSZEWSKA Marta	14 MKS Znicz Koszalin								7:20.64	144
50m: 46.20 46.20	150m: 2:30.90 53.73	250m: 4:26.43 57.39	350m: 6:23.43 58.53							
100m: 1:37.17 50.97	200m: 3:29.04 58.14	300m: 5:24.90 58.47	400m: 7:20.64 57.21							
18. SIENKIEWICZ Hanna	14 MKS Znicz Koszalin								8:09.51	105
50m: 52.75 52.75	150m: 2:55.42 1:01.75	250m: 5:02.01 1:03.49	350m:							
100m: 1:53.67 1:00.92	200m: 3:58.52 1:03.10	300m: 6:04.63 1:02.62	400m: 8:09.51							
19. GŁYŻEWSKA Marcelina	14 MKS Znicz Koszalin								8:28.31	94
50m: 52.73 52.73	150m: 3:00.86 1:04.85	250m: 5:14.87 1:07.95	350m: 7:25.28 1:05.19							
100m: 1:56.01 1:03.28	200m: 4:06.92 1:06.06	300m: 6:20.09 1:05.22	400m: 8:28.31 1:03.03							