

Wielkopolskie Rozgrywki Pływackie 2025
Poznań, 14.2. - 28.11.2025

Konkurencja 211
2025.10.17 - 14:02

Dziewcząt, 400m dowolny

11 - 13 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.								Czas	Pkt.		
13 lat												
1.	SOSNOWSKA Agata		12	Toruński MKS CHAMPIONS				4:46.70	525			
	50m:	33.09	33.09	150m:	1:46.34	36.95	250m:	2:59.21	35.99	350m:	4:13.21	36.98
	100m:	1:09.39	36.30	200m:	2:23.22	36.88	300m:	3:36.23	37.02	400m:	4:46.70	33.49
2.	SADŁOCHA Marcelina		12	KTP Iskra Konin				4:46.98	523			
	50m:	31.99	31.99	150m:	1:44.72	36.93	250m:	2:58.91	37.35	350m:	4:12.63	36.23
	100m:	1:07.79	35.80	200m:	2:21.56	36.84	300m:	3:36.40	37.49	400m:	4:46.98	34.35
3.	MIKOŁAJCZAK Helena		12	KS Posenania Poznań				4:51.58	499			
	50m:	32.58	32.58	150m:	1:46.16	37.32	250m:	3:01.65	37.49	350m:	4:16.16	37.03
	100m:	1:08.84	36.26	200m:	2:24.16	38.00	300m:	3:39.13	37.48	400m:	4:51.58	35.42
4.	BIELOVODSKA Milana		12	KS Warta Poznań				5:14.20	398			
	50m:	35.00	35.00	150m:	1:54.31	40.11	250m:	3:15.08	40.30	350m:	4:35.89	40.23
	100m:	1:14.20	39.20	200m:	2:34.78	40.47	300m:	3:55.66	40.58	400m:	5:14.20	38.31
5.	MAKOWSKA Olga		12	KS Lusovia Lusowo				5:29.51	345			
	50m:	37.37	37.37	150m:	2:02.63	43.19	250m:	3:29.45	43.59	350m:	4:53.27	40.44
	100m:	1:19.44	42.07	200m:	2:45.86	43.23	300m:	4:12.83	43.38	400m:	5:29.51	36.24
6.	MATYSIK Alicja		12	Niagara Jedyńka Wolsztyn				5:30.78	341			
	50m:	35.98	35.98	150m:	1:59.49	42.64	250m:	3:26.42	43.67	350m:	4:52.20	42.15
	100m:	1:16.85	40.87	200m:	2:42.75	43.26	300m:	4:10.05	43.63	400m:	5:30.78	38.58
7.	RAJCZYK Lena		12	KTP Iskra Konin				5:32.25	337			
	50m:	36.04	36.04	150m:	1:59.66	42.46	250m:	3:25.89	43.28	350m:	4:51.76	42.89
	100m:	1:17.20	41.16	200m:	2:42.61	42.95	300m:	4:08.87	42.98	400m:	5:32.25	40.49
8.	KRUKOWSKA Aleksandra		12	KS Lusovia Lusowo				6:23.76	218			
	50m:	40.76	40.76	150m:	2:16.56	49.03	250m:	3:57.73	51.05	350m:	5:37.11	49.28
	100m:	1:27.53	46.77	200m:	3:06.68	50.12	300m:	4:47.83	50.10	400m:	6:23.76	46.65
9.	FOKSOWICZ Hanna		12	KS Lusovia Lusowo				6:24.75	217			
	50m:	39.30	39.30	150m:	2:15.08	49.52	250m:	3:56.33	51.06	350m:	5:37.68	50.77
	100m:	1:25.56	46.26	200m:	3:05.27	50.19	300m:	4:46.91	50.58	400m:	6:24.75	47.07
12 lat												
1.	JADWIŻAK Magdalena		13	Niagara Jedyńka Wolsztyn				5:09.04	419			
	50m:	33.74	33.74	150m:	1:50.60	39.27	250m:	3:11.78	40.74	350m:	4:31.88	40.72
	100m:	1:11.33	37.59	200m:	2:31.04	40.44	300m:	3:51.16	39.38	400m:	5:09.04	37.16
2.	GÓRNIAK Maria		13	KS Warta Poznań				5:16.27	391			
	50m:	35.00	35.00	150m:	1:54.09	40.20	250m:	3:15.92	40.85	350m:	4:37.11	40.31
	100m:	1:13.89	38.89	200m:	2:35.07	40.98	300m:	3:56.80	40.88	400m:	5:16.27	39.16
3.	YEVSA Yevanhelina		13	KS Posenania Poznań				5:33.23	334			
	50m:	37.97	37.97	150m:	2:04.65	44.33	250m:	3:29.93	42.52	350m:	4:55.11	42.56
	100m:	1:20.32	42.35	200m:	2:47.41	42.76	300m:	4:12.55	42.62	400m:	5:33.23	38.12
4.	CIEŚLA Kaja		13	Niagara Jedyńka Wolsztyn				5:36.09	325			
	50m:	37.14	37.14	150m:	2:02.30	42.95	250m:	3:28.66	43.13	350m:	4:55.19	43.09
	100m:	1:19.35	42.21	200m:	2:45.53	43.23	300m:	4:12.10	43.44	400m:	5:36.09	40.90
5.	KOTLIŃSKA Hanna		13	KS Posenania Poznań				5:40.41	313			
	50m:	38.40	38.40	150m:	2:05.10	43.25	250m:	3:32.86	43.49	350m:	5:00.09	43.61
	100m:	1:21.85	43.45	200m:	2:49.37	44.27	300m:	4:16.48	43.62	400m:	5:40.41	40.32
6.	JANIKOWSKA Alicja		13	KS Warta Poznań				5:40.59	313			
	50m:	38.53	38.53	150m:	2:05.04	43.28	250m:	3:32.86	43.57	350m:	4:59.27	43.04
	100m:	1:21.76	43.23	200m:	2:49.29	44.25	300m:	4:16.23	43.37	400m:	5:40.59	41.32
7.	PAWLAK Maja		13	KU AZS UAM Poznań				5:43.40	305			
	50m:	35.65	35.65	150m:	2:01.92	44.70	250m:	3:32.13	45.28	350m:	5:01.78	44.03
	100m:	1:17.22	41.57	200m:	2:46.85	44.93	300m:	4:17.75	45.62	400m:	5:43.40	41.62

Wielkopolskie Rozgrywki Pływackie 2025
Poznań, 14.2. - 28.11.2025

Konkurencja 211, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.								Czas		Pkt.	
8.	DEJKO Nadia			13	UKS „HS” Team Kryty Basen Kłodzko					5:50.34	287	
	50m:	38.34	38.34	150m:	2:08.48	46.21	250m:	3:39.74	45.52	350m:	5:09.68	44.64
	100m:	1:22.27	43.93	200m:	2:54.22	45.74	300m:	4:25.04	45.30	400m:	5:50.34	40.66
9.	DOŁGOPOŁ Alicja			13	KS Warta Poznań					5:51.21	285	
	50m:	39.25	39.25	150m:	2:07.23	44.74	250m:	3:38.42	45.78	350m:	5:09.44	45.68
	100m:	1:22.49	43.24	200m:	2:52.64	45.41	300m:	4:23.76	45.34	400m:	5:51.21	41.77
10.	ANDRZEJEWSKA Alicja			13	"UKS - Jedyńka Kórnik"					5:55.94	274	
	50m:	39.73	39.73	150m:	2:08.33	44.89	250m:	3:39.74	45.92	350m:	5:10.60	44.59
	100m:	1:23.44	43.71	200m:	2:53.82	45.49	300m:	4:26.01	46.27	400m:	5:55.94	45.34
11.	PRUSZYŃSKA Weronika			13	KS Warta Poznań					6:00.37	264	
	50m:	39.19	39.19	150m:	2:11.28	46.66	250m:	3:43.90	46.18	350m:	5:17.52	46.78
	100m:	1:24.62	45.43	200m:	2:57.72	46.44	300m:	4:30.74	46.84	400m:	6:00.37	42.85
12.	KRAWCZYK Zuzanna			13	KS Posenania Poznań					6:01.30	262	
	50m:	39.96	39.96	150m:	2:12.34	47.06	250m:	3:44.81	46.94	350m:	5:17.52	46.70
	100m:	1:25.28	45.32	200m:	2:57.87	45.53	300m:	4:30.82	46.01	400m:	6:01.30	43.78
13.	KŁOSOWSKA Maria			13	KS Posenania Poznań					6:10.36	243	
	50m:	42.23	42.23	150m:	2:16.65	47.63	250m:	3:51.40	47.33	350m:	5:26.70	47.30
	100m:	1:29.02	46.79	200m:	3:04.07	47.42	300m:	4:39.40	48.00	400m:	6:10.36	43.66
14.	TYLAK Zofia			13	MUKS „HURAGAN” Koło					6:24.87	217	
	50m:	40.83	40.83	150m:	2:18.08	50.18	250m:	3:59.07	50.49	350m:	5:37.47	48.96
	100m:	1:27.90	47.07	200m:	3:08.58	50.50	300m:	4:48.51	49.44	400m:	6:24.87	47.40
15.	ORLIĆKA Zofia			13	KS Lusovia Lusowo					6:25.07	216	
	50m:	42.76	42.76	150m:	2:20.27	49.85	250m:	4:00.14	49.94	350m:	5:34.74	46.36
	100m:	1:30.42	47.66	200m:	3:10.20	49.93	300m:	4:48.38	48.24	400m:	6:25.07	50.33

11 lat

1. SOLTYS Olena	14	IUKS Jedyńka Poznań				5:30.68		342
50m: 37.59 37.59	150m: 2:04.31 44.01	250m: 3:29.31 42.45	350m: 4:53.69 41.10					
100m: 1:20.30 42.71	200m: 2:46.86 42.55	300m: 4:12.59 43.28	400m: 5:30.68 36.99					
2. KUBIAK Aleksandra	14	"UKS - Jedyńka Kórnik"				5:39.49		316
50m: 37.31 37.31	150m: 2:02.51 42.81	250m: 3:30.00 43.86	350m: 4:57.24 43.35					
100m: 1:19.70 42.39	200m: 2:46.14 43.63	300m: 4:13.89 43.89	400m: 5:39.49 42.25					
3. FAGASIŃSKA Natalia	14	KTP Iskra Konin				5:51.23		285
50m: 38.85 38.85	150m: 2:09.49 46.14	250m: 3:40.05 45.34	350m: 5:09.13 44.14					
100m: 1:23.35 44.50	200m: 2:54.71 45.22	300m: 4:24.99 44.94	400m: 5:51.23 42.10					
4. KONIECZNA Lena	14	"UKS - Jedyńka Kórnik"				5:52.46		282
50m: 40.21 40.21	150m: 2:08.34 44.44	250m: 3:38.88 45.10	350m: 5:10.13 45.73					
100m: 1:23.90 43.69	200m: 2:53.78 45.44	300m: 4:24.40 45.52	400m: 5:52.46 42.33					
5. RYMARCZYK Aleksandra	14	UKS „SPORTOWIEC” Oborniki				6:04.75		255
50m: 39.97 39.97	150m: 2:15.96 48.97	250m: 3:50.10 47.42	350m: 5:23.72 45.99					
100m: 1:26.99 47.02	200m: 3:02.68 46.72	300m: 4:37.73 47.63	400m: 6:04.75 41.03					
6. WITUSKA Zuzanna	14	MUKS "Piętnastka"				6:05.79		252
50m: 41.93 41.93	150m: 2:16.83 47.99	250m: 3:53.02 48.11	350m: 5:26.08 46.52					
100m: 1:28.84 46.91	200m: 3:04.91 48.08	300m: 4:39.56 46.54	400m: 6:05.79 39.71					
7. POCHTAR Milena	14	"UKS - Jedyńka Kórnik"				6:24.08		218
50m: 41.34 41.34	150m: 2:19.56 49.68	250m: 4:00.15 50.26	350m: 5:35.61 46.99					
100m: 1:29.88 48.54	200m: 3:09.89 50.33	300m: 4:48.62 48.47	400m: 6:24.08 48.47					
8. NIEBORAK Joanna	14	KS Warta Poznań				6:25.99		215
50m: 40.79 40.79	150m: 2:15.67 48.27	250m: 3:56.03 51.21	350m: 5:39.16 52.49					
100m: 1:27.40 46.61	200m: 3:04.82 49.15	300m: 4:46.67 50.64	400m: 6:25.99 46.83					
9. SZMAJDA Nel	14	KS Warta Poznań				6:29.98		208
50m: 43.78 43.78	150m: 2:23.37 50.93	250m: 4:05.03 50.93	350m: 5:44.47 49.42					
100m: 1:32.44 48.66	200m: 3:14.10 50.73	300m: 4:55.05 50.02	400m: 6:29.98 45.51					

Wielkopolskie Rozgrywki Pływackie 2025
Poznań, 14.2. - 28.11.2025

Konkurencja 211, Dziewcząt, 400m dowolny, 11 lat

Pozycja	Rok ur.								Czas	Pkt.		
10.	BAJONCZAK Magdalena			14	Niagara Jedyńka Wolsztyn				6:34.52	201		
	50m:	44.05	44.05	150m:	2:23.18	49.72	250m:	4:05.51	50.90	350m:	5:48.33	51.15
	100m:	1:33.46	49.41	200m:	3:14.61	51.43	300m:	4:57.18	51.67	400m:	6:34.52	46.19