

Mistrzostwa Województwa Warmińsko-Mazurskiego
Elbląg, 29. - 30.11.2025

Konkurencja 34
2025.11.30 - 12:48

Mężczyzn, 400m dowolny

11 lat i starsi
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.										Czas	Pkt.
11 lat												
1.	WAWRUCH Szymon			14	UKS „Frog” Giżycko					6:09.67	189	
	50m:	42.91	42.91	150m:	2:17.96	47.96	250m:	3:53.41	47.49	350m:	5:26.18	46.13
	100m:	1:30.00	47.09	200m:	3:05.92	47.96	300m:	4:40.05	46.64	400m:	6:09.67	43.49
2.	MARCISZEWSKI Aleksander			14	UKS „Frog” Giżycko					6:09.96	188	
	50m:	39.39	39.39	150m:	2:12.43	47.17	250m:	3:48.74	47.68	350m:	5:23.65	46.84
	100m:	1:25.26	45.87	200m:	3:01.06	48.63	300m:	4:36.81	48.07	400m:	6:09.96	46.31
12 lat												
1.	SZOSTAWICKI Tomasz			13	MTP Kormoran Olsztyn					5:12.25	314	
	50m:	34.15	34.15	150m:	1:53.10	39.67	250m:	3:12.98	39.43	350m:	4:33.97	39.78
	100m:	1:13.43	39.28	200m:	2:33.55	40.45	300m:	3:54.19	41.21	400m:	5:12.25	38.28
2.	RESZKA Adam			13	UKP Jedyńka Elbląg					5:19.25	293	
	50m:	33.87	33.87	150m:	1:54.76	41.20	250m:	3:16.88	41.15	350m:	4:38.42	40.79
	100m:	1:13.56	39.69	200m:	2:35.73	40.97	300m:	3:57.63	40.75	400m:	5:19.25	40.83
3.	CHEŁKOWSKI Piotr			13	UKS „Frog” Giżycko					5:22.79	284	
	50m:	35.91	35.91	150m:	1:55.70	40.31	250m:	3:18.57	40.99	350m:	4:40.38	40.67
	100m:	1:15.39	39.48	200m:	2:37.58	41.88	300m:	3:59.71	41.14	400m:	5:22.79	42.41
13 lat												
1.	TUNKIEWICZ Piotr			12	MTP Kormoran Olsztyn					4:35.46	457	
	50m:	31.10	31.10	150m:	1:40.92	35.36	250m:	2:51.11	34.92	350m:	4:01.81	35.55
	100m:	1:05.56	34.46	200m:	2:16.19	35.27	300m:	3:26.26	35.15	400m:	4:35.46	33.65
2.	RAC Mikołaj			12	MTP Kormoran Olsztyn					4:48.20	399	
	50m:	32.27	32.27	150m:	1:43.94	36.19	250m:	2:57.15	36.72	350m:	4:11.87	37.49
	100m:	1:07.75	35.48	200m:	2:20.43	36.49	300m:	3:34.38	37.23	400m:	4:48.20	36.33
3.	ANKOWSKI Igor			12	SSP „Orka” Iława					4:56.99	365	
	50m:	32.27	32.27	150m:	1:47.62	38.00	250m:	3:05.06	38.91	350m:	4:21.12	37.44
	100m:	1:09.62	37.35	200m:	2:26.15	38.53	300m:	3:43.68	38.62	400m:	4:56.99	35.87
4.	GIECZEWSKI Julian			12	UKS „Frog” Giżycko					5:04.38	339	
	50m:	32.39	32.39	150m:	1:49.16	39.23	250m:	3:08.66	39.87	350m:	4:26.62	38.71
	100m:	1:09.93	37.54	200m:	2:28.79	39.63	300m:	3:47.91	39.25	400m:	5:04.38	37.76
5.	JAKOWICZ Patryk			12	UKS „Frog” Giżycko					5:23.05	283	
	50m:	35.96	35.96	150m:	1:55.42	40.29	250m:	3:17.84	41.75	350m:	4:42.09	42.11
	100m:	1:15.13	39.17	200m:	2:36.09	40.67	300m:	3:59.98	42.14	400m:	5:23.05	40.96
6.	JAKOWICZ Kuba			12	UKS „Frog” Giżycko					5:27.79	271	
	50m:	36.97	36.97	150m:	1:59.56	41.42	250m:	3:24.28	41.93	350m:	4:48.71	42.05
	100m:	1:18.14	41.17	200m:	2:42.35	42.79	300m:	4:06.66	42.38	400m:	5:27.79	39.08
14 lat												
1.	HUBACZ Mateusz			11	MTP Kormoran Olsztyn					4:41.12	430	
	50m:	30.52	30.52	150m:	1:40.36	35.79	250m:	2:52.87	36.28	350m:	4:05.27	36.31
	100m:	1:04.57	34.05	200m:	2:16.59	36.23	300m:	3:28.96	36.09	400m:	4:41.12	35.85
2.	WALKIEWICZ Juliusz			11	MUKS Piorun Gołdap					4:44.08	417	
	50m:	31.19	31.19	150m:	1:42.09	35.58	250m:	2:55.15	36.92	350m:	4:08.78	37.01
	100m:	1:06.51	35.32	200m:	2:18.23	36.14	300m:	3:31.77	36.62	400m:	4:44.08	35.30
3.	RÓŻAŁSKI Kamil			11	UKP Jedyńka Elbląg					4:52.27	382	
	50m:	32.50	32.50	150m:	1:46.15	37.13	250m:	3:01.69	37.66	350m:	4:15.94	36.82
	100m:	1:09.02	36.52	200m:	2:24.03	37.88	300m:	3:39.12	37.43	400m:	4:52.27	36.33

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15 lat i starsi

1.	WOŹNIAK Piotr	05	MTP Kormoran Olsztyn	4:01.00	683
	50m: 28.25 28.25	150m: 1:28.47 30.18	250m: 2:29.05 30.31	350m: 3:30.31 30.53	
	100m: 58.29 30.04	200m: 1:58.74 30.27	300m: 2:59.78 30.73	400m: 4:01.00 30.69	
2.	TOPA Daniel	10	MTP Kormoran Olsztyn	4:09.82	613
	50m: 28.78 28.78	150m: 1:30.85 31.24	250m: 2:34.59 32.13	350m: 3:38.09 31.67	
	100m: 59.61 30.83	200m: 2:02.46 31.61	300m: 3:06.42 31.83	400m: 4:09.82 31.73	
3.	PARDO Kornel	10	UKS „Frog” Giżycko	4:17.67	558
	50m: 29.02 29.02	150m: 1:32.65 32.24	250m: 2:38.60 33.52	350m: 3:45.36 33.72	
	100m: 1:00.41 31.39	200m: 2:05.08 32.43	300m: 3:11.64 33.04	400m: 4:17.67 32.31	
4.	TOMCZYK Jan	07	SSP „Orka” Iława	4:26.11	507
	50m: 28.88 28.88	150m: 1:34.73 33.14	250m: 2:42.53 34.22	350m: 3:51.47 34.55	
	100m: 1:01.59 32.71	200m: 2:08.31 33.58	300m: 3:16.92 34.39	400m: 4:26.11 34.64	
5.	CZAŁBOWSKI Mikołaj	08	UKS „Frog” Giżycko	4:32.06	474
	50m: 29.13 29.13	150m: 1:35.57 33.75	250m: 2:45.32 35.34	350m: 3:57.20 35.93	
	100m: 1:01.82 32.69	200m: 2:09.98 34.41	300m: 3:21.27 35.95	400m: 4:32.06 34.86	
6.	REUT Szymon	10	SSP „Orka” Iława	4:32.16	474
	50m: 29.33 29.33	150m: 1:37.70 34.85	250m: 2:47.63 35.11	350m: 3:58.93 35.74	
	100m: 1:02.85 33.52	200m: 2:12.52 34.82	300m: 3:23.19 35.56	400m: 4:32.16 33.23	
7.	BUDZISZ Szymon	10	SWIMLAND Olsztyn	4:32.43	472
	50m: 29.85 29.85	150m: 1:37.14 34.36	250m: 2:47.56 35.49	350m: 3:57.63 34.90	
	100m: 1:02.78 32.93	200m: 2:12.07 34.93	300m: 3:22.73 35.17	400m: 4:32.43 34.80	
8.	RYBAK Aleksander	09	UKP Jedyńka Elbląg	4:54.39	374
	50m: 31.96 31.96	150m: 1:45.69 37.37	250m: 3:03.13 38.84	350m: 4:19.92 38.08	
	100m: 1:08.32 36.36	200m: 2:24.29 38.60	300m: 3:41.84 38.71	400m: 4:54.39 34.47	