

Zimowe Mistrzostwa Polski Młodzików 13 lat Poznań, 19. - 21.12.2025

Konkurencja 12
2025.12.19 - 18:56

Chłopców, 400m zmienny

13 lat
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.								Czas	Pkt.		
1.	PRĘDKI Karol			12	Toruński MKS CHAMPIONS				4:48.80	537		
	50m:	31.32	31.32	150m:	1:46.52	37.81	250m:	3:04.44	40.79	350m:	4:18.87	33.24
	100m:	1:08.71	37.39	200m:	2:23.65	37.13	300m:	3:45.63	41.19	400m:	4:48.80	29.93
2.	CYZ Maciej			12	Ks Korona 1919				4:49.23	535		
	50m:	30.63	30.63	150m:	1:45.90	39.02	250m:	3:04.65	41.47	350m:	4:19.67	33.44
	100m:	1:06.88	36.25	200m:	2:23.18	37.28	300m:	3:46.23	41.58	400m:	4:49.23	29.56
3.	OGÓREK Mariusz			12	MKP Szczecin				4:54.26	508		
	50m:	31.52	31.52	150m:	1:47.18	38.83	250m:	3:04.42	40.69	350m:	4:20.85	34.45
	100m:	1:08.35	36.83	200m:	2:23.73	36.55	300m:	3:46.40	41.98	400m:	4:54.26	33.41
4.	TRUDNOS Gabriel			12	UKS 190 Łódź				4:59.50	481		
	50m:	31.70	31.70	150m:	1:48.33	40.08	250m:	3:08.50	41.16	350m:	4:26.09	34.89
	100m:	1:08.25	36.55	200m:	2:27.34	39.01	300m:	3:51.20	42.70	400m:	4:59.50	33.41
5.	WACHOWSKI Maksymilian			12	MKS Ochota Warszawa				4:59.84	480		
	50m:	30.89	30.89	150m:	1:47.24	39.92	250m:	3:07.79	41.24	350m:	4:25.54	35.13
	100m:	1:07.32	36.43	200m:	2:26.55	39.31	300m:	3:50.41	42.62	400m:	4:59.84	34.30
6.	GÓRA Wiktor			12	Grudziądzki KP „Orka”				5:03.99	460		
	50m:	31.06	31.06	150m:	1:46.75	39.34	250m:	3:09.41	44.31	350m:	4:30.51	36.15
	100m:	1:07.41	36.35	200m:	2:25.10	38.35	300m:	3:54.36	44.95	400m:	5:03.99	33.48
7.	ZAWISZEWSKI Emil			12	UKS G-8 Bielany Warszawa				5:04.21	459		
	50m:	31.70	31.70	150m:	1:48.37	39.76	250m:	3:08.74	41.98	350m:	4:28.99	37.53
	100m:	1:08.61	36.91	200m:	2:26.76	38.39	300m:	3:51.46	42.72	400m:	5:04.21	35.22
8.	KOWALSKI Antoni			12	Dwójka Morena Gdańsk				5:04.90	456		
	50m:	33.09	33.09	150m:	1:52.32	38.69	250m:	3:13.56	43.67	350m:	4:32.71	34.72
	100m:	1:13.63	40.54	200m:	2:29.89	37.57	300m:	3:57.99	44.43	400m:	5:04.90	32.19
9.	NAPIÓRA Aleksander			12	UKS SP-149 Łódź				5:07.84	443		
	50m:	31.14	31.14	150m:	1:48.27	40.54	250m:	3:10.60	42.14	350m:	4:31.54	37.28
	100m:	1:07.73	36.59	200m:	2:28.46	40.19	300m:	3:54.26	43.66	400m:	5:07.84	36.30
10.	NOJSZEWSKI Kacper			12	UKS „Skalar” Warszawa				5:10.00	434		
	50m:	31.76	31.76	150m:	1:48.81	39.88	250m:	3:13.04	44.49	350m:	4:35.50	36.40
	100m:	1:08.93	37.17	200m:	2:28.55	39.74	300m:	3:59.10	46.06	400m:	5:10.00	34.50
11.	WIĘCŁAW Konstanty			12	Ks Korona 1919				5:10.25	433		
	50m:	31.91	31.91	150m:	1:51.57	41.96	250m:	3:15.16	42.73	350m:	4:35.10	36.31
	100m:	1:09.61	37.70	200m:	2:32.43	40.86	300m:	3:58.79	43.63	400m:	5:10.25	35.15
12.	TUNKIEWICZ Piotr			12	MTP Kormoran Olsztyn				5:11.44	428		
	50m:	32.79	32.79	150m:	1:50.30	40.39	250m:	3:13.90	44.38	350m:	4:36.80	36.31
	100m:	1:09.91	37.12	200m:	2:29.52	39.22	300m:	4:00.49	46.59	400m:	5:11.44	34.64
13.	GÓRECKI Stanisław			12	MKS Jedynka Łódź				5:14.60	415		
	50m:	32.90	32.90	150m:	1:53.48	40.88	250m:	3:17.82	45.04	350m:	4:39.31	36.31
	100m:	1:12.60	39.70	200m:	2:32.78	39.30	300m:	4:03.00	45.18	400m:	5:14.60	35.29
14.	BIEGAŁSKI Grzegorz			12	UKS Siódemka Gdynia				5:15.29	413		
	50m:	33.97	33.97	150m:	1:54.04	39.50	250m:	3:17.55	45.22	350m:	4:39.78	37.13
	100m:	1:14.54	40.57	200m:	2:32.33	38.29	300m:	4:02.65	45.10	400m:	5:15.29	35.51
15.	RACŁAW Patryk			12	MUKS "Piętnastka"				5:18.12	402		
	50m:	31.76	31.76	150m:	1:50.15	41.51	250m:	3:16.32	45.41	350m:	4:41.88	38.26
	100m:	1:08.64	36.88	200m:	2:30.91	40.76	300m:	4:03.62	47.30	400m:	5:18.12	36.24
16.	NOWICKI Franciszek			12	UKS SMS Galicja Kraków				5:18.98	398		
	50m:	31.57	31.57	150m:	1:51.80	42.04	250m:	3:16.20	44.12	350m:	4:41.67	39.41
	100m:	1:09.76	38.19	200m:	2:32.08	40.28	300m:	4:02.26	46.06	400m:	5:18.98	37.31
17.	KRAWCZYK Jakub			12	Dwójka Morena Gdańsk				5:20.20	394		
	50m:	35.83	35.83	150m:	2:01.75	42.44	250m:	3:25.18	43.02	350m:	4:45.26	36.67
	100m:	1:19.31	43.48	200m:	2:42.16	40.41	300m:	4:08.59	43.41	400m:	5:20.20	34.94

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Pozycja	Rok ur.		Czas				Pkt.
18.	WUTTKOWSKI Olivier	12	UKS „Dwójka” Tczew	5:22.09	387		
	50m: 34.08 34.08	150m: 1:54.26 40.35	250m: 3:22.18 48.24	350m: 4:46.61 36.45			
	100m: 1:13.91 39.83	200m: 2:33.94 39.68	300m: 4:10.16 47.98	400m: 5:22.09 35.48			
19.	KARWOWSKI Tomasz	12	MKS CKS-SMS Szczecin	5:22.25	386		
	50m: 33.77 33.77	150m: 1:55.48 42.07	250m: 3:22.81 45.93	350m: 4:48.13 38.03			
	100m: 1:13.41 39.64	200m: 2:36.88 41.40	300m: 4:10.10 47.29	400m: 5:22.25 34.12			
20.	WRÓBEL Filip	12	KP Strzałka Puławy	5:26.00	373		
	50m: 33.82 33.82	150m: 1:55.63 42.72	250m: 3:24.48 47.21	350m: 4:50.15 38.72			
	100m: 1:12.91 39.09	200m: 2:37.27 41.64	300m: 4:11.43 46.95	400m: 5:26.00 35.85			
21.	FAFF Wojciech	12	Proswim	5:26.17	373		
	50m: 32.38 32.38	150m: 1:55.04 44.00	250m: 3:23.55 45.46	350m: 4:50.08 38.46			
	100m: 1:11.04 38.66	200m: 2:38.09 43.05	300m: 4:11.62 48.07	400m: 5:26.17 36.09			
22.	RAC Mikołaj	12	MTP Kormoran Olsztyn	5:27.23	369		
	50m: 33.69 33.69	150m: 1:55.37 42.45	250m: 3:24.64 48.12	350m: 4:50.33 37.03			
	100m: 1:12.92 39.23	200m: 2:36.52 41.15	300m: 4:13.30 48.66	400m: 5:27.23 36.90			
23.	ZIOBRO Franciszek	12	UKS SMS Galicja Kraków	5:27.69	367		
	50m: 33.24 33.24	150m: 1:52.90 39.92	250m: 3:21.70 50.04	350m: 4:48.94 38.26			
	100m: 1:12.98 39.74	200m: 2:31.66 38.76	300m: 4:10.68 48.98	400m: 5:27.69 38.75			
24.	JAWORSKI Szymon	12	KS Warta Poznań	5:28.45	365		
	50m: 33.55 33.55	150m: 1:56.97 43.36	250m: 3:25.44 46.30	350m: 4:52.35 39.18			
	100m: 1:13.61 40.06	200m: 2:39.14 42.17	300m: 4:13.17 47.73	400m: 5:28.45 36.10			
25.	SZRAM Paweł	12	KS Rekin Świebodzice	5:29.39	362		
	50m: 36.00 36.00	150m: 2:00.66 42.03	250m: 3:28.95 45.86	350m: 4:53.42 38.26			
	100m: 1:18.63 42.63	200m: 2:43.09 42.43	300m: 4:15.16 46.21	400m: 5:29.39 35.97			
26.	JASKÓLSKI Szymon	12	UKP „Ruda Śląska”	5:29.82	360		
	50m: 33.22 33.22	150m: 1:55.42 42.70	250m: 3:26.01 48.94	350m: 4:54.04 38.13			
	100m: 1:12.72 39.50	200m: 2:37.07 41.65	300m: 4:15.91 49.90	400m: 5:29.82 35.78			
27.	GRĄBCZEWSKI Fabian	12	MKS Znicz Koszalin	5:32.27	352		
	50m: 37.16 37.16	150m: 2:03.94 42.03	250m: 3:29.43 43.62	350m: 4:54.03 39.13			
	100m: 1:21.91 44.75	200m: 2:45.81 41.87	300m: 4:14.90 45.47	400m: 5:32.27 38.24			
28.	PALKA Dominik	12	RWKS Sparta Biłgoraj	5:35.47	342		
	50m: 33.54 33.54	150m: 1:57.99 43.02	250m: 3:29.68 49.39	350m: 4:58.43 39.02			
	100m: 1:14.97 41.43	200m: 2:40.29 42.30	300m: 4:19.41 49.73	400m: 5:35.47 37.04			
29.	TUROWSKI Rafał	12	UKS Juwenia iSwim Białystok	5:37.50	336		
	50m: 34.39 34.39	150m: 1:58.81 43.45	250m: 3:29.73 48.11	350m: 4:58.73 40.70			
	100m: 1:15.36 40.97	200m: 2:41.62 42.81	300m: 4:18.03 48.30	400m: 5:37.50 38.77			
30.	KARNAS Tymoteusz	12	KP Sokół Rzeszów	5:39.17	331		
	50m: 36.85 36.85	150m: 2:07.59 43.93	250m: 3:35.32 44.98	350m: 5:01.21 38.80			
	100m: 1:23.66 46.81	200m: 2:50.34 42.75	300m: 4:22.41 47.09	400m: 5:39.17 37.96			
31.	KĄSEK Patryk	12	Neptun Gdańsk	5:39.83	329		
	50m: 35.51 35.51	150m: 2:03.22 42.17	250m: 3:33.72 48.01	350m: 5:01.47 40.02			
	100m: 1:21.05 45.54	200m: 2:45.71 42.49	300m: 4:21.45 47.73	400m: 5:39.83 38.36			
32.	SZWAST Marcin	12	MUKS „HURAGAN” Koło	5:41.25	325		
	50m: 33.79 33.79	150m: 1:58.34 42.98	250m: 3:32.12 51.32	350m: 5:02.97 38.31			
	100m: 1:15.36 41.57	200m: 2:40.80 42.46	300m: 4:24.66 52.54	400m: 5:41.25 38.28			
33.	TWORKOWSKI Maciej	12	UKS Juwenia iSwim Białystok	5:41.63	324		
	50m: 35.52 35.52	150m: 2:00.56 41.61	250m: 3:32.05 50.42	350m: 5:03.16 39.28			
	100m: 1:18.95 43.43	200m: 2:41.63 41.07	300m: 4:23.88 51.83	400m: 5:41.63 38.47			
34.	PIOTROWSKI Tomasz	12	Neptun Gdańsk	5:44.88	315		
	50m: 34.28 34.28	150m: 1:59.03 43.78	250m: 3:33.55 52.10	350m: 5:06.23 41.35			
	100m: 1:15.25 40.97	200m: 2:41.45 42.42	300m: 4:24.88 51.33	400m: 5:44.88 38.65			
35.	WILUK Szymon	12	UKS Juwenia iSwim Białystok	5:46.33	311		
	50m: 33.60 33.60	150m: 2:00.90 45.56	250m: 3:34.78 51.55	350m: 5:07.47 40.14			
	100m: 1:15.34 41.74	200m: 2:43.23 42.33	300m: 4:27.33 52.55	400m: 5:46.33 38.86			

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Pozycja	Rok ur.									Czas	Pkt.	
36.	ZUB Leon			12	RWKS Sparta Biłgoraj					5:46.57	311	
	50m:	35.44	35.44	150m:	2:01.55	43.92	250m:	3:33.12	47.50	350m:	5:04.54	42.52
	100m:	1:17.63	42.19	200m:	2:45.62	44.07	300m:	4:22.02	48.90	400m:	5:46.57	42.03
37.	KASZUBIAK Wiktor			12	MKS Znicz Koszalin					5:53.80	292	
	50m:	36.93	36.93	150m:	2:06.20	43.25	250m:	3:40.79	51.93	350m:	5:14.33	40.25
	100m:	1:22.95	46.02	200m:	2:48.86	42.66	300m:	4:34.08	53.29	400m:	5:53.80	39.47