

Gor ce ciganie na Termach Malta skich
Pozna , 11.4.2026

Konkurencja 10
2026.04.11 - 14:38

M czyzn, 400m dowolny

13 lat i starsi
Wyniki

Punkty: AQUA 2025

Pozycja			Rok ur.					Czas	Pkt.	
18 lat i starsi										
1.	ZALEWSKI Jacek		06	O AZS w Poznaniu				4:06.56	711	
	50m:	28.18 28.18	150m:	1:29.82	30.96	250m:	2:32.62	31.46	350m:	3:35.81 31.39
	100m:	58.86 30.68	200m:	2:01.16	31.34	300m:	3:04.42	31.80	400m:	4:06.56 30.75
2.	OKO Jakub		07	MKS Juvenia Wrocław				4:09.39	687	
	50m:	27.68 27.68	150m:	1:29.59	31.04	250m:	2:33.01	31.68	350m:	3:37.48 32.27
	100m:	58.55 30.87	200m:	2:01.33	31.74	300m:	3:05.21	32.20	400m:	4:09.39 31.91
3.	KRASOWSKI Szymon		06	O AZS w Poznaniu				4:19.33	611	
	50m:	28.73 28.73	150m:	1:32.33	31.78	250m:	2:39.19	33.17	350m:	3:47.01 33.56
	100m:	1:00.55 31.82	200m:	2:06.02	33.69	300m:	3:13.45	34.26	400m:	4:19.33 32.32
4.	SMOSZNA Wiktor		08	MKS Juvenia Wrocław				4:20.70	601	
	50m:	29.03 29.03	150m:	1:33.06	32.01	250m:	2:39.44	33.26	350m:	3:47.15 33.81
	100m:	1:01.05 32.02	200m:	2:06.18	33.12	300m:	3:13.34	33.90	400m:	4:20.70 33.55
5.	BOBEK Witold		08	UKS abianka Gda sk				4:23.50	582	
	50m:	29.72 29.72	150m:	1:35.28	33.19	250m:	2:42.09	33.20	350m:	3:50.09 33.88
	100m:	1:02.09 32.37	200m:	2:08.89	33.61	300m:	3:16.21	34.12	400m:	4:23.50 33.41
6.	BARANOWSKI Alex		07	KS Posnania Pozna				4:35.50	509	
	50m:	30.86 30.86	150m:	1:40.12	34.80	250m:	2:50.13	35.11	350m:	4:00.83 35.04
	100m:	1:05.32 34.46	200m:	2:15.02	34.90	300m:	3:25.79	35.66	400m:	4:35.50 34.67
7.	B CZYK Maciej		08	KS Posnania Pozna				4:36.72	502	
	50m:	30.26 30.26	150m:	1:39.29	35.26	250m:	2:49.99	35.54	350m:	4:01.46 35.78
	100m:	1:04.03 33.77	200m:	2:14.45	35.16	300m:	3:25.68	35.69	400m:	4:36.72 35.26
8.	ANDZI SKI Szymon		08	Toru ski MKS CHAMPIONS				4:42.21	474	
	50m:	31.36 31.36	150m:	1:40.43	35.02	250m:	2:52.62	36.27	350m:	4:06.39 36.78
	100m:	1:05.41 34.05	200m:	2:16.35	35.92	300m:	3:29.61	36.99	400m:	4:42.21 35.82
9.	BRZE NICKI Michał		08	WKS l sk				4:52.17	427	
	50m:	30.11 30.11	150m:	1:43.23	37.76	250m:	3:00.46	38.71	350m:	4:17.59 38.33
	100m:	1:05.47 35.36	200m:	2:21.75	38.52	300m:	3:39.26	38.80	400m:	4:52.17 34.58
10.	RUDOWICZ Bartłomiej		08	UKS Marato czyk Ostrów Wlkp.				5:07.04	368	
	50m:	33.54 33.54	150m:	1:49.96	38.46	250m:	3:09.13	39.38	350m:	4:28.47 39.59
	100m:	1:11.50 37.96	200m:	2:29.75	39.79	300m:	3:48.88	39.75	400m:	5:07.04 38.57
16 - 17 lat										
1.	DZIEDZIC Michał		09	UKS "ORKA" Luba				4:13.11	657	
	50m:	27.77 27.77	150m:	1:32.02	32.23	250m:	2:37.33	32.72	350m:	3:42.38 32.02
	100m:	59.79 32.02	200m:	2:04.61	32.59	300m:	3:10.36	33.03	400m:	4:13.11 30.73
2.	KRZE NIAK Jakub		10	O AZS w Poznaniu				4:17.94	621	
	50m:	29.15 29.15	150m:	1:34.16	32.80	250m:	2:40.71	33.41	350m:	3:46.77 32.73
	100m:	1:01.36 32.21	200m:	2:07.30	33.14	300m:	3:14.04	33.33	400m:	4:17.94 31.17
3.	WOJTKOWIAK Wiktor		09	KS Posnania Pozna				4:20.16	605	
	50m:	28.23 28.23	150m:	1:34.71	33.68	250m:	2:41.66	33.52	350m:	3:48.62 33.07
	100m:	1:01.03 32.80	200m:	2:08.14	33.43	300m:	3:15.55	33.89	400m:	4:20.16 31.54
4.	JANKIEWICZ Szymon		09	MKP Szczecin				4:20.89	600	
	50m:	30.00 30.00	150m:	1:34.61	32.90	250m:	2:41.38	33.62	350m:	3:48.93 34.21
	100m:	1:01.71 31.71	200m:	2:07.76	33.15	300m:	3:14.72	33.34	400m:	4:20.89 31.96
5.	GÓRECKI Wiktor		10	UKS abianka Gda sk				4:28.53	550	
	50m:	29.54 29.54	150m:	1:36.45	34.00	250m:	2:46.40	35.15	350m:	3:55.60 34.04
	100m:	1:02.45 32.91	200m:	2:11.25	34.80	300m:	3:21.56	35.16	400m:	4:28.53 32.93
6.	KOTLEWSKI Hubert		10	UKS "ORKA" Luba				4:30.36	539	
	50m:	29.86 29.86	150m:	1:38.02	34.50	250m:	2:48.29	34.86	350m:	3:57.48 33.86
	100m:	1:03.52 33.66	200m:	2:13.43	35.41	300m:	3:23.62	35.33	400m:	4:30.36 32.88

Gor ce ciganie na Termach Malta skich
Pozna , 11.4.2026

Konkurencja 10, Chłopców, 400m dowolny, 16 - 17 lat

Pozycja			Rok ur.					Czas	Pkt.
7.	SKIBI	SKI Szymon	10	MKP Szczecin			4:30.89	536	
	50m:	30.67 30.67	150m:	1:38.61 34.36	250m:	2:48.25 35.01	350m:	3:57.44 34.42	
	100m:	1:04.25 33.58	200m:	2:13.24 34.63	300m:	3:23.02 34.77	400m:	4:30.89 33.45	
8.	WIECZOREK	Aleksander	10	MKP Szczecin			4:31.13	534	
	50m:	30.45 30.45	150m:	1:38.74 34.32	250m:	2:48.65 35.04	350m:	3:58.86 34.98	
	100m:	1:04.42 33.97	200m:	2:13.61 34.87	300m:	3:23.88 35.23	400m:	4:31.13 32.27	
9.	MOCNY	Dariusz	10	O AZS w Poznaniu			4:32.43	527	
	50m:	30.56 30.56	150m:	1:38.84 34.67	250m:	2:47.97 34.40	350m:	3:57.94 35.13	
	100m:	1:04.17 33.61	200m:	2:13.57 34.73	300m:	3:22.81 34.84	400m:	4:32.43 34.49	
10.	PIECHOWICZ	Andrzej	10	Mokotowski UKP Warszawianka-	Wodny		5:07.76	365	
	50m:	32.87 32.87	150m:	1:49.21 38.68	250m:	3:10.15 40.42	350m:	4:30.46 39.35	
	100m:	1:10.53 37.66	200m:	2:29.73 40.52	300m:	3:51.11 40.96	400m:	5:07.76 37.30	
11.	DALINCHUK	Kiryl	10	UKS Fala Swarz dz			5:13.37	346	
	50m:	30.84 30.84	150m:	1:52.66 42.05	250m:	3:15.32 41.50	350m:	4:37.41 40.91	
	100m:	1:10.61 39.77	200m:	2:33.82 41.16	300m:	3:56.50 41.18	400m:	5:13.37 35.96	
12.	RADZIEWICZ	Marcin	10	Uks Cityzen			5:13.62	345	
	50m:	32.67 32.67	150m:	1:49.99 39.82	250m:	3:12.10 40.67	350m:	4:33.41 40.73	
	100m:	1:10.17 37.50	200m:	2:31.43 41.44	300m:	3:52.68 40.58	400m:	5:13.62 40.21	
13.	WI CKOWSKI	Aleksander	10	UKS GOS Raszyn			5:29.62	297	
	50m:	35.03 35.03	150m:	2:00.23 43.64	250m:	3:27.40 44.14	350m:	4:53.35 44.50	
	100m:	1:16.59 41.56	200m:	2:43.26 43.03	300m:	4:08.85 41.45	400m:	5:29.62 36.27	

15 lat

1.	MIZGALSKI	Tymoteusz	11	O AZS w Poznaniu			4:11.43	670
	50m:	29.13 29.13	150m:	1:31.46 31.18	250m:	2:35.54 32.22	350m:	3:40.58 32.60
	100m:	1:00.28 31.15	200m:	2:03.32 31.86	300m:	3:07.98 32.44	400m:	4:11.43 30.85
2.	PROKOP	Wojciech	11	MKP Szczecin			4:22.15	591
	50m:	30.15 30.15	150m:	1:35.85 33.33	250m:	2:43.20 33.58	350m:	3:50.07 33.32
	100m:	1:02.52 32.37	200m:	2:09.62 33.77	300m:	3:16.75 33.55	400m:	4:22.15 32.08
3.	DZIAMSKI	Szymon	11	KS Warta Pozna			4:38.67	492
	50m:	31.06 31.06	150m:	1:41.53 35.88	250m:	2:53.78 36.28	350m:	4:05.18 35.45
	100m:	1:05.65 34.59	200m:	2:17.50 35.97	300m:	3:29.73 35.95	400m:	4:38.67 33.49
4.	KOWALCZYK	Kamil	11	MKS Juvenia Wrocław			4:41.19	479
	50m:	30.50 30.50	150m:	1:39.38 34.42	250m:	2:52.05 36.62	350m:	4:04.95 35.72
	100m:	1:04.96 34.46	200m:	2:15.43 36.05	300m:	3:29.23 37.18	400m:	4:41.19 36.24
5.	MAZUR	Kajetan	11	Dwójka Morena Gda sk			4:41.77	476
	50m:	31.08 31.08	150m:	1:42.63 36.41	250m:	2:55.34 36.36	350m:	4:07.26 35.61
	100m:	1:06.22 35.14	200m:	2:18.98 36.35	300m:	3:31.65 36.31	400m:	4:41.77 34.51
6.	WITKOWIAK	Filip	11	UKS "Olimp" Gorzów Wlkp.			4:42.60	472
	50m:	30.91 30.91	150m:	1:42.38 36.32	250m:	2:55.73 37.01	350m:	4:08.68 36.22
	100m:	1:06.06 35.15	200m:	2:18.72 36.34	300m:	3:32.46 36.73	400m:	4:42.60 33.92
7.	BANUCH	Dorian	11	MKP Szczecin			4:48.66	443
	50m:	32.42 32.42	150m:	1:45.98 37.10	250m:	2:59.84 36.89	350m:	4:14.15 36.64
	100m:	1:08.88 36.46	200m:	2:22.95 36.97	300m:	3:37.51 37.67	400m:	4:48.66 34.51
8.	POSMYK	Aleksander	11	Dwójka Morena Gda sk			4:58.39	401
	50m:	32.99 32.99	150m:	1:47.69 37.22	250m:	3:05.57 39.33	350m:	4:22.09 37.84
	100m:	1:10.47 37.48	200m:	2:26.24 38.55	300m:	3:44.25 38.68	400m:	4:58.39 36.30
9.	STASIAK	Maksymilian	11	MKS Juvenia Wrocław			5:16.72	335
	50m:	33.97 33.97	150m:	1:53.43 40.33	250m:	3:15.84 41.41	350m:	4:38.06 40.80
	100m:	1:13.10 39.13	200m:	2:34.43 41.00	300m:	3:57.26 41.42	400m:	5:16.72 38.66
10.	WN T	Wiktor	11	UKS WodnikGoław			5:26.43	306
	50m:	33.26 33.26	150m:	1:54.57 41.19	250m:	3:21.60 43.66	350m:	4:47.86 42.52
	100m:	1:13.38 40.12	200m:	2:37.94 43.37	300m:	4:05.34 43.74	400m:	5:26.43 38.57

Gor ce ciganie na Termach Malta skich
Pozna , 11.4.2026

Konkurencja 10, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.
11.	BOGUCKI Filip		11	UKS WodnikGoćław				5:35.14	283
	50m:	33.98 33.98	150m:	1:54.51 41.57	250m:	3:21.98 44.31	350m:	4:52.20 45.06	
	100m:	1:12.94 38.96	200m:	2:37.67 43.16	300m:	4:07.14 45.16	400m:	5:35.14 42.94	
12.	GRZYWACZ Michał		11	UKS „Siódemka” Brodnica				5:50.00	248
	50m:	35.98 35.98	150m:	2:02.37 44.45	250m:	3:33.89 46.18	350m:	5:06.71 46.61	
	100m:	1:17.92 41.94	200m:	2:47.71 45.34	300m:	4:20.10 46.21	400m:	5:50.00 43.29	

14 lat

1.	MORYTO Filip		12	UKS "ORKA" Luba				4:31.65	531
	50m:	30.08 30.08	150m:	1:38.59 34.80	250m:	2:49.08 35.26	350m:	3:58.70 34.32	
	100m:	1:03.79 33.71	200m:	2:13.82 35.23	300m:	3:24.38 35.30	400m:	4:31.65 32.95	
2.	KOWALSKI Antoni Maksymilian		12	Dwójka Morena Gda sk				4:39.26	489
	50m:	30.50 30.50	150m:	1:42.82 36.61	250m:	2:55.64 36.37	350m:	4:06.55 35.13	
	100m:	1:06.21 35.71	200m:	2:19.27 36.45	300m:	3:31.42 35.78	400m:	4:39.26 32.71	
3.	OKUPNIAREK Oliwier		12	KTP Iskra Konin				4:40.72	481
	50m:	31.28 31.28	150m:	1:43.72 36.90	250m:	2:57.05 36.46	350m:	4:08.13 34.96	
	100m:	1:06.82 35.54	200m:	2:20.59 36.87	300m:	3:33.17 36.12	400m:	4:40.72 32.59	
4.	KA MIERCZAK Szymon		12	MKP Szczecin				4:41.12	479
	50m:	31.77 31.77	150m:	1:44.36 36.40	250m:	2:57.60 36.25	350m:	4:08.71 35.16	
	100m:	1:07.96 36.19	200m:	2:21.35 36.99	300m:	3:33.55 35.95	400m:	4:41.12 32.41	
5.	GUTSMAN Davyd		12	Stowarzyszenie UKS Siódemka Sopot				4:48.71	442
	50m:	31.40 31.40	150m:	1:45.56 37.49	250m:	3:00.59 37.64	350m:	4:14.66 36.85	
	100m:	1:08.07 36.67	200m:	2:22.95 37.39	300m:	3:37.81 37.22	400m:	4:48.71 34.05	
6.	SATKOWSKI Jakub		12	Uks Skarpa Lublin				4:48.82	442
	50m:	32.28 32.28	150m:	1:45.04 36.76	250m:	2:59.28 37.14	350m:	4:14.12 37.38	
	100m:	1:08.28 36.00	200m:	2:22.14 37.10	300m:	3:36.74 37.46	400m:	4:48.82 34.70	
7.	SZAFRAN Adam		12	Uks Skarpa Lublin				4:55.49	413
	50m:	32.96 32.96	150m:	1:47.22 37.15	250m:	3:03.27 37.51	350m:	4:19.57 38.38	
	100m:	1:10.07 37.11	200m:	2:25.76 38.54	300m:	3:41.19 37.92	400m:	4:55.49 35.92	
8.	GALANT Ignacy		12	UKS "Olimp" Gorzów Wlkp.				5:09.18	360
	50m:	34.65 34.65	150m:	1:54.03 40.25	250m:	3:14.05 40.40	350m:	4:34.14 39.98	
	100m:	1:13.78 39.13	200m:	2:33.65 39.62	300m:	3:54.16 40.11	400m:	5:09.18 35.04	
9.	KATARZY SKI Mikołaj		12	UKS „Siódemka” Brodnica				5:22.86	316
	50m:	33.41 33.41	150m:	1:53.32 40.91	250m:	3:20.51 44.23	350m:	4:45.18 41.45	
	100m:	1:12.41 39.00	200m:	2:36.28 42.96	300m:	4:03.73 43.22	400m:	5:22.86 37.68	
10.	DUBANIEWICZ Franciszek		12	UKS 3-Wodnik Wolsztyn				5:25.34	309
	50m:	35.47 35.47	150m:	1:59.03 42.20	250m:	3:22.69 41.74	350m:	4:46.12 41.07	
	100m:	1:16.83 41.36	200m:	2:40.95 41.92	300m:	4:05.05 42.36	400m:	5:25.34 39.22	
11.	WIDEREK Kacper		12	UKS Fala Swarz dz				5:28.35	301
	50m:	33.24 33.24	150m:	1:54.71 41.42	250m:	3:26.38 44.33	350m:	4:48.30 42.08	
	100m:	1:13.29 40.05	200m:	2:42.05 47.34	300m:	4:06.22 39.84	400m:	5:28.35 40.05	
12.	MŁODECKI Eryk		12	UKS Fala Swarz dz				5:29.95	296
	50m:	34.88 34.88	150m:	1:57.53 42.37	250m:	3:23.66 43.94	350m:	4:50.08 43.53	
	100m:	1:15.16 40.28	200m:	2:39.72 42.19	300m:	4:06.55 42.89	400m:	5:29.95 39.87	
13.	RAPTA Adam		12	MKS Znicz Koszalin				5:40.34	270
	50m:	36.15 36.15	150m:	2:01.64 43.43	250m:	3:30.09 44.12	350m:	4:59.39 44.45	
	100m:	1:18.21 42.06	200m:	2:45.97 44.33	300m:	4:14.94 44.85	400m:	5:40.34 40.95	

Gor ce ciganie na Termach Malta skich
Pozna , 11.4.2026

Konkurencja 10, M czyzn, 400m dowolny

13 lat

1.	F FERЕК Filip	13	MUKS "TUREKin pływa"	4:44.74	461
	50m: 32.57 32.57	150m: 1:45.13 36.74	250m: 2:58.25 36.61	350m: 4:10.22 35.80	
	100m: 1:08.39 35.82	200m: 2:21.64 36.51	300m: 3:34.42 36.17	400m: 4:44.74 34.52	
2.	KOWALEWSKI Tomasz	13	Dwójka Morena Gda sk	5:13.32	346
	50m: 35.30 35.30	150m: 1:55.67 40.01	250m: 3:16.44 40.36	350m: 4:36.28 39.80	
	100m: 1:15.66 40.36	200m: 2:36.08 40.41	300m: 3:56.48 40.04	400m: 5:13.32 37.04	
3.	JARECKI Robert	13	Dwójka Morena Gda sk	5:22.44	317
	50m: 35.39 35.39	150m: 1:58.67 42.61	250m: 3:22.22 42.13	350m: 4:44.10 40.42	
	100m: 1:16.06 40.67	200m: 2:40.09 41.42	300m: 4:03.68 41.46	400m: 5:22.44 38.34	
4.	RUSNAK Aleksander	13	Mokotowski UKP Warszawianka- Wodny	5:28.16	301
	50m: 36.08 36.08	150m: 1:59.52 42.07	250m: 3:24.57 42.31	350m: 4:48.53 41.81	
	100m: 1:17.45 41.37	200m: 2:42.26 42.74	300m: 4:06.72 42.15	400m: 5:28.16 39.63	
5.	MARCZAK Jakub	13	MKS Znicz Koszalin	5:33.20	288
	50m: 37.68 37.68	150m: 2:03.87 43.09	250m: 3:30.40 42.84	350m: 4:54.99 42.62	
	100m: 1:20.78 43.10	200m: 2:47.56 43.69	300m: 4:12.37 41.97	400m: 5:33.20 38.21	
6.	MIGOT-PACZY SKI Tymon	13	Delfin Gdynia	5:34.49	284
	50m: 36.45 36.45	150m: 2:02.41 43.15	250m: 3:29.18 42.87	350m: 4:54.98 42.44	
	100m: 1:19.26 42.81	200m: 2:46.31 43.90	300m: 4:12.54 43.36	400m: 5:34.49 39.51	
7.	WŁODARCZYK Leon	13	Uks Cityzen	5:43.00	264
	50m: 36.35 36.35	150m: 2:02.96 44.24	250m: 3:32.71 44.50	350m: 5:00.98 43.14	
	100m: 1:18.72 42.37	200m: 2:48.21 45.25	300m: 4:17.84 45.13	400m: 5:43.00 42.02	
8.	MARCZAK Maksymilian	13	MKS Znicz Koszalin	6:05.81	217
	50m: 36.99 36.99	150m: 2:09.43 48.02	250m: 3:45.77 48.42	350m: 5:21.12 47.70	
	100m: 1:21.41 44.42	200m: 2:57.35 47.92	300m: 4:33.42 47.65	400m: 6:05.81 44.69	