

Gor ce ciganie na Termach Malta skich
Pozna , 11.4.2026

Konkurencja 21
2026.04.11 - 17:42

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Punkty: AQUA 2025

Pozycja			Rok ur.					Czas	Pkt.	
16 - 17 lat										
1.	KUCZMAR Aleksandra		09	UKP „Polonia Warszawa”				5:12.73	604	
	50m:	33.13 33.13	150m:	1:52.13	41.30	250m:	3:17.40	45.96	350m:	4:39.01 35.73
	100m:	1:10.83 37.70	200m:	2:31.44	39.31	300m:	4:03.28	45.88	400m:	5:12.73 33.72
2.	ŁAZAR Milena		09	MKP Szczecin				5:39.27	473	
	50m:	39.31 39.31	150m:	2:08.22	44.06	250m:	3:37.21	46.93	350m:	5:02.16 38.85
	100m:	1:24.16 44.85	200m:	2:50.28	42.06	300m:	4:23.31	46.10	400m:	5:39.27 37.11
3.	ROGI SKA Małgorzata		10	MKP Kołobrzeg				5:43.26	456	
	50m:	34.26 34.26	150m:	2:01.63	44.41	250m:	3:34.29	49.12	350m:	5:06.10 40.48
	100m:	1:17.22 42.96	200m:	2:45.17	43.54	300m:	4:25.62	51.33	400m:	5:43.26 37.16
4.	KOZŁOWSKA Milena		10	Just Swim Beavers				5:52.48	421	
	50m:	38.90 38.90	150m:	2:11.80	46.72	250m:	3:43.72	46.58	350m:	5:12.01 41.79
	100m:	1:25.08 46.18	200m:	2:57.14	45.34	300m:	4:30.22	46.50	400m:	5:52.48 40.47
5.	ERNICKA Lena		10	UKS GOS Raszyn				6:01.53	391	
	50m:	37.61 37.61	150m:	2:12.62	49.95	250m:	3:48.92	49.55	350m:	5:21.78 43.19
	100m:	1:22.67 45.06	200m:	2:59.37	46.75	300m:	4:38.59	49.67	400m:	6:01.53 39.75
15 lat										
1.	MARY CZAK Kornelia		11	UKS „Siódemka” Brodnica				6:11.58	360	
	50m:	36.51 36.51	150m:	2:14.58	50.15	250m:	3:53.40	52.15	350m:	5:31.40 45.56
	100m:	1:24.43 47.92	200m:	3:01.25	46.67	300m:	4:45.84	52.44	400m:	6:11.58 40.18
14 lat										
1.	GR AWSKA Pola		12	UKS „Siódemka” Brodnica				6:08.61	368	
	50m:	38.47 38.47	150m:	2:15.51	51.03	250m:	3:54.09	49.59	350m:	5:28.72 44.08
	100m:	1:24.48 46.01	200m:	3:04.50	48.99	300m:	4:44.64	50.55	400m:	6:08.61 39.89
2.	RZEWNIK Marianna		12	UKP „Marlin”				6:32.59	305	
	50m:	39.58 39.58	150m:	2:23.40	50.75	250m:	4:09.16	54.93	350m:	5:49.00 44.52
	100m:	1:32.65 53.07	200m:	3:14.23	50.83	300m:	5:04.48	55.32	400m:	6:32.59 43.59