

Gor ce ciganie na Termach Malta skich
Pozna , 11.4.2026

Konkurencja 9
2026.04.11 - 14:06

Kobiet, 400m dowolny

13 lat i starsi
Wyniki

Punkty: AQUA 2025

| Pozycja | | | | | Rok ur. | | | | | Czas | Pkt. | |
|------------------------|-----------------------|---------|-------|-------|---------|------------------------------|-------|---------|-------|----------------|---------|-------|
| 18 lat i starsi | | | | | | | | | | | | |
| 1. | FARTUSZY SKA Weronika | | | | 08 | MKS Juvenia Wrocław | | | | 4:40.45 | 591 | |
| | 50m: | 32.71 | 32.71 | 150m: | 1:43.80 | 35.83 | 250m: | 2:55.18 | 35.03 | 350m: | 4:06.16 | 35.06 |
| | 100m: | 1:07.97 | 35.26 | 200m: | 2:20.15 | 36.35 | 300m: | 3:31.10 | 35.92 | 400m: | 4:40.45 | 34.29 |
| 16 - 17 lat | | | | | | | | | | | | |
| 1. | KOCHA SKA Urszula | | | | 09 | UKS "Olimp" Gorzów Wlkp. | | | | 4:43.13 | 574 | |
| | 50m: | 32.27 | 32.27 | 150m: | 1:44.63 | 36.55 | 250m: | 2:57.12 | 36.00 | 350m: | 4:09.15 | 35.42 |
| | 100m: | 1:08.08 | 35.81 | 200m: | 2:21.12 | 36.49 | 300m: | 3:33.73 | 36.61 | 400m: | 4:43.13 | 33.98 |
| 2. | EKIERT Gabriela | | | | 09 | UKP „Polonia Warszawa” | | | | 4:45.96 | 557 | |
| | 50m: | 31.97 | 31.97 | 150m: | 1:43.84 | 36.09 | 250m: | 2:56.57 | 36.54 | 350m: | 4:10.27 | 37.10 |
| | 100m: | 1:07.75 | 35.78 | 200m: | 2:20.03 | 36.19 | 300m: | 3:33.17 | 36.60 | 400m: | 4:45.96 | 35.69 |
| 3. | NOSAL Nela | | | | 10 | MKS Juvenia Wrocław | | | | 4:52.00 | 523 | |
| | 50m: | 32.44 | 32.44 | 150m: | 1:45.14 | 37.00 | 250m: | 2:59.48 | 37.31 | 350m: | 4:15.35 | 37.90 |
| | 100m: | 1:08.14 | 35.70 | 200m: | 2:22.17 | 37.03 | 300m: | 3:37.45 | 37.97 | 400m: | 4:52.00 | 36.65 |
| 4. | PAROSSA Ewa | | | | 09 | MKS Juvenia Wrocław | | | | 4:53.76 | 514 | |
| | 50m: | 32.03 | 32.03 | 150m: | 1:45.86 | 37.25 | 250m: | 3:01.38 | 37.97 | 350m: | 4:17.90 | 38.14 |
| | 100m: | 1:08.61 | 36.58 | 200m: | 2:23.41 | 37.55 | 300m: | 3:39.76 | 38.38 | 400m: | 4:53.76 | 35.86 |
| 5. | ŁAZAR Milena | | | | 09 | MKP Szczecin | | | | 4:55.63 | 504 | |
| | 50m: | 35.42 | 35.42 | 150m: | 1:51.06 | 37.67 | 250m: | 3:05.91 | 37.22 | 350m: | 4:19.95 | 36.64 |
| | 100m: | 1:13.39 | 37.97 | 200m: | 2:28.69 | 37.63 | 300m: | 3:43.31 | 37.40 | 400m: | 4:55.63 | 35.68 |
| 6. | DZIKOWICKA Konstancja | | | | 09 | UKS "Olimp" Gorzów Wlkp. | | | | 4:56.95 | 498 | |
| | 50m: | 34.13 | 34.13 | 150m: | 1:49.73 | 38.09 | 250m: | 3:06.77 | 38.27 | 350m: | 4:22.19 | 37.03 |
| | 100m: | 1:11.64 | 37.51 | 200m: | 2:28.50 | 38.77 | 300m: | 3:45.16 | 38.39 | 400m: | 4:56.95 | 34.76 |
| 7. | PIETRASZEWICZ Roksana | | | | 10 | UKP „Polonia Warszawa” | | | | 5:10.71 | 434 | |
| | 50m: | 34.62 | 34.62 | 150m: | 1:52.07 | 39.23 | 250m: | 3:11.17 | 39.59 | 350m: | 4:31.13 | 39.92 |
| | 100m: | 1:12.84 | 38.22 | 200m: | 2:31.58 | 39.51 | 300m: | 3:51.21 | 40.04 | 400m: | 5:10.71 | 39.58 |
| 8. | SZEWCZYK Amelia | | | | 09 | UKS Marato czyk Ostrów Wlkp. | | | | 5:43.83 | 320 | |
| | 50m: | 37.39 | 37.39 | 150m: | 2:02.02 | 43.10 | 250m: | 3:30.95 | 44.60 | 350m: | 5:00.57 | 44.82 |
| | 100m: | 1:18.92 | 41.53 | 200m: | 2:46.35 | 44.33 | 300m: | 4:15.75 | 44.80 | 400m: | 5:43.83 | 43.26 |
| 9. | JANKOWSKA Martyna | | | | 10 | UKS Marato czyk Ostrów Wlkp. | | | | 5:49.58 | 305 | |
| | 50m: | 37.60 | 37.60 | 150m: | 2:04.45 | 44.93 | 250m: | 3:35.91 | 46.00 | 350m: | 5:09.14 | 46.87 |
| | 100m: | 1:19.52 | 41.92 | 200m: | 2:49.91 | 45.46 | 300m: | 4:22.27 | 46.36 | 400m: | 5:49.58 | 40.44 |
| 10. | ANTCZAK Natalia | | | | 10 | KS Lusovia Lusowo | | | | 6:09.49 | 258 | |
| | 50m: | 38.37 | 38.37 | 150m: | 2:11.00 | 47.25 | 250m: | 3:46.62 | 47.84 | 350m: | 5:24.16 | 48.84 |
| | 100m: | 1:23.75 | 45.38 | 200m: | 2:58.78 | 47.78 | 300m: | 4:35.32 | 48.70 | 400m: | 6:09.49 | 45.33 |
| 11. | STRE SKA Tamara | | | | 10 | KS Lusovia Lusowo | | | | 6:14.82 | 247 | |
| | 50m: | 36.15 | 36.15 | 150m: | 2:08.55 | 48.46 | 250m: | 3:49.86 | 50.86 | 350m: | 5:32.14 | 50.98 |
| | 100m: | 1:20.09 | 43.94 | 200m: | 2:59.00 | 50.45 | 300m: | 4:41.16 | 51.30 | 400m: | 6:14.82 | 42.68 |
| 15 lat | | | | | | | | | | | | |
| 1. | MICHALAK Maria | | | | 11 | KS Warta Pozna | | | | 4:48.50 | 543 | |
| | 50m: | 32.68 | 32.68 | 150m: | 1:45.01 | 36.55 | 250m: | 2:59.57 | 37.33 | 350m: | 4:13.74 | 36.81 |
| | 100m: | 1:08.46 | 35.78 | 200m: | 2:22.24 | 37.23 | 300m: | 3:36.93 | 37.36 | 400m: | 4:48.50 | 34.76 |
| | ADAMSKA Nika | | | | 11 | MKP Szczecin | | | | 4:48.50 | 543 | |
| | 50m: | 33.01 | 33.01 | 150m: | 1:44.99 | 36.47 | 250m: | 2:59.54 | 37.10 | 350m: | 4:13.39 | 36.45 |
| | 100m: | 1:08.52 | 35.51 | 200m: | 2:22.44 | 37.45 | 300m: | 3:36.94 | 37.40 | 400m: | 4:48.50 | 35.11 |
| 3. | KWATYRA Hanna | | | | 11 | MKP Szczecin | | | | 4:56.50 | 500 | |
| | 50m: | 33.08 | 33.08 | 150m: | 1:48.00 | 38.04 | 250m: | 3:05.46 | 38.68 | 350m: | 4:20.84 | 36.81 |
| | 100m: | 1:09.96 | 36.88 | 200m: | 2:26.78 | 38.78 | 300m: | 3:44.03 | 38.57 | 400m: | 4:56.50 | 35.66 |

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Konkurencja 9, Dziewcz t, 400m dowolny, 15 lat

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|---------|--------------------|------------------|---------|---|-------|---------------|----------------|---------------|------|
| 4. | SZYMA | SKA Julia | 11 | KS Warta Pozna | | | 5:02.96 | 468 | |
| | 50m: | 33.72 33.72 | 150m: | 1:49.07 38.71 | 250m: | 3:06.26 39.13 | 350m: | 4:24.83 39.63 | |
| | 100m: | 1:10.36 36.64 | 200m: | 2:27.13 38.06 | 300m: | 3:45.20 38.94 | 400m: | 5:02.96 38.13 | |
| 5. | HANUSZKO | Natalia | 11 | MKS Juvenia Wrocław | | | 5:17.32 | 408 | |
| | 50m: | 34.54 34.54 | 150m: | 1:53.47 40.92 | 250m: | 3:15.54 41.06 | 350m: | 4:38.36 41.79 | |
| | 100m: | 1:12.55 38.01 | 200m: | 2:34.48 41.01 | 300m: | 3:56.57 41.03 | 400m: | 5:17.32 38.96 | |
| 6. | ŁACZEK | Wiktoria | 11 | KS Waterpolo Pozna | | | 5:18.68 | 402 | |
| | 50m: | 35.13 35.13 | 150m: | 1:54.77 40.69 | 250m: | 3:18.24 41.94 | 350m: | 4:41.62 41.59 | |
| | 100m: | 1:14.08 38.95 | 200m: | 2:36.30 41.53 | 300m: | 4:00.03 41.79 | 400m: | 5:18.68 37.06 | |
| 7. | WI CEK | Alicja | 11 | Mokotowski UKP Warszawianka- Wodny | | | 5:23.97 | 383 | |
| | 50m: | 35.20 35.20 | 150m: | 1:54.62 40.07 | 250m: | 3:17.37 41.53 | 350m: | 4:42.02 42.81 | |
| | 100m: | 1:14.55 39.35 | 200m: | 2:35.84 41.22 | 300m: | 3:59.21 41.84 | 400m: | 5:23.97 41.95 | |
| 8. | KOCISZEWSKA | Lena | 11 | UKS „Victoria Józefów” | | | 5:24.87 | 380 | |
| | 50m: | 34.37 34.37 | 150m: | 1:56.36 41.73 | 250m: | 3:19.79 42.04 | 350m: | 4:44.43 41.95 | |
| | 100m: | 1:14.63 40.26 | 200m: | 2:37.75 41.39 | 300m: | 4:02.48 42.69 | 400m: | 5:24.87 40.44 | |
| 9. | SIWEK | Zofia | 11 | KS Lusovia Lusowo | | | 6:41.10 | 202 | |
| | 50m: | 41.13 41.13 | 150m: | 2:19.88 51.73 | 250m: | 4:05.46 53.05 | 350m: | 5:51.16 52.86 | |
| | 100m: | 1:28.15 47.02 | 200m: | 3:12.41 52.53 | 300m: | 4:58.30 52.84 | 400m: | 6:41.10 49.94 | |

14 lat

| | | | | | | | | |
|-----|--------------------|-------------------|-------|---|-------|---------------|----------------|---------------|
| 1. | MIKOŁAJCZAK | Helena | 12 | KS Posnania Pozna | | | 4:53.04 | 518 |
| | 50m: | 32.93 32.93 | 150m: | 1:47.57 37.64 | 250m: | 3:03.51 37.82 | 350m: | 4:18.13 37.01 |
| | 100m: | 1:09.93 37.00 | 200m: | 2:25.69 38.12 | 300m: | 3:41.12 37.61 | 400m: | 4:53.04 34.91 |
| 2. | JAWORSKA | Ada | 12 | MKP Szczecin | | | 4:57.25 | 496 |
| | 50m: | 32.44 32.44 | 150m: | 1:46.68 37.50 | 250m: | 3:02.68 38.14 | 350m: | 4:19.74 38.86 |
| | 100m: | 1:09.18 36.74 | 200m: | 2:24.54 37.86 | 300m: | 3:40.88 38.20 | 400m: | 4:57.25 37.51 |
| 3. | FILIPIAK | Liliana | 12 | Dwójka Morena Gda sk | | | 4:57.42 | 495 |
| | 50m: | 33.00 33.00 | 150m: | 1:47.08 37.70 | 250m: | 3:02.96 38.10 | 350m: | 4:20.58 38.58 |
| | 100m: | 1:09.38 36.38 | 200m: | 2:24.86 37.78 | 300m: | 3:42.00 39.04 | 400m: | 4:57.42 36.84 |
| 4. | MAKOWSKA | Olga | 12 | KS Lusovia Lusowo | | | 5:23.46 | 385 |
| | 50m: | 36.13 36.13 | 150m: | 1:59.56 42.41 | 250m: | 3:24.92 42.26 | 350m: | 4:46.00 39.18 |
| | 100m: | 1:17.15 41.02 | 200m: | 2:42.66 43.10 | 300m: | 4:06.82 41.90 | 400m: | 5:23.46 37.46 |
| 5. | AUKSEL | Zuzanna | 12 | UKS "Olimp" Gorzów Wlkp. | | | 5:25.46 | 378 |
| | 50m: | 36.99 36.99 | 150m: | 2:00.98 42.33 | 250m: | 3:25.49 41.80 | 350m: | 4:48.21 41.00 |
| | 100m: | 1:18.65 41.66 | 200m: | 2:43.69 42.71 | 300m: | 4:07.21 41.72 | 400m: | 5:25.46 37.25 |
| 6. | KAMI | SKA Anna | 12 | MKS Znicz Koszalin | | | 5:43.62 | 321 |
| | 50m: | 36.96 36.96 | 150m: | 2:03.24 44.48 | 250m: | 3:34.67 46.37 | 350m: | 5:05.17 45.00 |
| | 100m: | 1:18.76 41.80 | 200m: | 2:48.30 45.06 | 300m: | 4:20.17 45.50 | 400m: | 5:43.62 38.45 |
| 7. | KORONA | Kornelia | 12 | MKS Znicz Koszalin | | | 5:51.17 | 301 |
| | 50m: | 38.68 38.68 | 150m: | 2:08.16 45.65 | 250m: | 3:40.63 46.34 | 350m: | 5:11.57 44.06 |
| | 100m: | 1:22.51 43.83 | 200m: | 2:54.29 46.13 | 300m: | 4:27.51 46.88 | 400m: | 5:51.17 39.60 |
| 8. | CIE LAK | Aleksandra | 12 | Mokotowski UKP Warszawianka- Wodny | | | 6:00.25 | 278 |
| | 50m: | 40.51 40.51 | 150m: | 2:11.27 46.44 | 250m: | 3:43.81 46.38 | 350m: | 5:16.07 44.69 |
| | 100m: | 1:24.83 44.32 | 200m: | 2:57.43 46.16 | 300m: | 4:31.38 47.57 | 400m: | 6:00.25 44.18 |
| 9. | KRUKOWSKA | Aleksandra | 12 | KS Lusovia Lusowo | | | 6:05.39 | 267 |
| | 50m: | 39.84 39.84 | 150m: | 2:11.71 46.99 | 250m: | 3:46.73 47.67 | 350m: | 5:21.43 46.45 |
| | 100m: | 1:24.72 44.88 | 200m: | 2:59.06 47.35 | 300m: | 4:34.98 48.25 | 400m: | 6:05.39 43.96 |
| 10. | POGORZELSKA | Antonina | 12 | Klub Pływacki Ciechanów | | | 6:09.03 | 259 |
| | 50m: | 38.54 38.54 | 150m: | 2:12.13 47.92 | 250m: | 3:48.88 48.34 | 350m: | 5:24.37 46.58 |
| | 100m: | 1:24.21 45.67 | 200m: | 3:00.54 48.41 | 300m: | 4:37.79 48.91 | 400m: | 6:09.03 44.66 |
| 11. | ŁYSKO | Alicja | 12 | MKS Znicz Koszalin | | | 6:12.32 | 252 |
| | 50m: | 40.76 40.76 | 150m: | 2:13.56 46.69 | 250m: | 3:48.85 47.45 | 350m: | 5:24.48 47.67 |
| | 100m: | 1:26.87 46.11 | 200m: | 3:01.40 47.84 | 300m: | 4:36.81 47.96 | 400m: | 6:12.32 47.84 |

Gor ce ciganie na Termach Malta skich
Pozna , 11.4.2026

Konkurencja 9, Dziewcz t, 400m dowolny, 14 lat

| Pozycja | Rok ur. | | | | | | | | Czas | Pkt. |
|---------|--------------------|---------------|-------|---------------|-------------------------------|---------------|-------|---------------|----------------|------|
| 12. | KRAWIEC Lena | | 12 | | AZS KU Politechniki Opolskiej | | | | 6:13.54 | 250 |
| | 50m: | 38.23 38.23 | 150m: | 2:13.92 49.50 | 250m: | 3:52.41 49.55 | 350m: | 5:28.80 46.59 | | |
| | 100m: | 1:24.42 46.19 | 200m: | 3:02.86 48.94 | 300m: | 4:42.21 49.80 | 400m: | 6:13.54 44.74 | | |
| 13 lat | | | | | | | | | | |
| 1. | MAŁECKA Kaja | | 13 | | Dwójka Morena Gda sk | | | | 4:48.22 | 544 |
| | 50m: | 32.33 32.33 | 150m: | 1:45.68 36.66 | 250m: | 3:00.74 37.55 | 350m: | 4:14.21 35.97 | | |
| | 100m: | 1:09.02 36.69 | 200m: | 2:23.19 37.51 | 300m: | 3:38.24 37.50 | 400m: | 4:48.22 34.01 | | |
| 2. | GRABOWSKA Julia | | 13 | | UKP „Marlin” | | | | 5:08.60 | 443 |
| | 50m: | 33.05 33.05 | 150m: | 1:49.31 38.74 | 250m: | 3:07.89 39.26 | 350m: | 4:28.17 40.23 | | |
| | 100m: | 1:10.57 37.52 | 200m: | 2:28.63 39.32 | 300m: | 3:47.94 40.05 | 400m: | 5:08.60 40.43 | | |
| 3. | MICHAŁOWSKA Emilia | | 13 | | Dwójka Morena Gda sk | | | | 5:16.74 | 410 |
| | 50m: | 35.83 35.83 | 150m: | 1:57.85 41.66 | 250m: | 3:19.84 40.44 | 350m: | 4:39.64 39.28 | | |
| | 100m: | 1:16.19 40.36 | 200m: | 2:39.40 41.55 | 300m: | 4:00.36 40.52 | 400m: | 5:16.74 37.10 | | |
| 4. | DEMBI SKA Maja | | 13 | | Neptun Gda sk | | | | 5:24.70 | 380 |
| | 50m: | 35.51 35.51 | 150m: | 1:58.43 42.74 | 250m: | 3:23.55 42.84 | 350m: | 4:46.34 40.51 | | |
| | 100m: | 1:15.69 40.18 | 200m: | 2:40.71 42.28 | 300m: | 4:05.83 42.28 | 400m: | 5:24.70 38.36 | | |
| 5. | BUDZI SKA Amelia | | 13 | | MKS Znicz Koszalin | | | | 5:48.79 | 307 |
| | 50m: | 37.48 37.48 | 150m: | 2:05.19 44.63 | 250m: | 3:37.10 45.74 | 350m: | 5:08.02 45.36 | | |
| | 100m: | 1:20.56 43.08 | 200m: | 2:51.36 46.17 | 300m: | 4:22.66 45.56 | 400m: | 5:48.79 40.77 | | |
| 6. | HERBUTOWICZ Kamila | | 13 | | UKP Kmita Zabierzów | | | | 5:54.39 | 292 |
| | 50m: | 39.08 39.08 | 150m: | 2:08.72 45.74 | 250m: | 3:39.95 45.87 | 350m: | 5:12.01 46.19 | | |
| | 100m: | 1:22.98 43.90 | 200m: | 2:54.08 45.36 | 300m: | 4:25.82 45.87 | 400m: | 5:54.39 42.38 | | |
| 7. | ORLIKA Zofia | | 13 | | KS Lusovia Lusowo | | | | 6:14.78 | 247 |
| | 50m: | 41.87 41.87 | 150m: | 2:17.89 49.06 | 250m: | 3:55.42 48.73 | 350m: | 5:31.60 47.41 | | |
| | 100m: | 1:28.83 46.96 | 200m: | 3:06.69 48.80 | 300m: | 4:44.19 48.77 | 400m: | 6:14.78 43.18 | | |
| PK F | FEREK Julia | | 15 | | MUKS "TUREKin pływa" | | | | 4:57.38 | 495 |
| | 50m: | 33.09 33.09 | 150m: | 1:49.49 38.58 | 250m: | 3:06.56 38.23 | 350m: | 4:21.79 36.89 | | |
| | 100m: | 1:10.91 37.82 | 200m: | 2:28.33 38.84 | 300m: | 3:44.90 38.34 | 400m: | 4:57.38 35.59 | | |