

Letnie Mistrzostwa Okręgu Wielkopolskiego  
Poznań, 12. - 13.6.2026

Konkurencja 6  
2026.06.12 - 13:50

Mężczyźni, 400m zmienny

12 lat i starsi  
Wyniki

Punkty: Rudolph Table 2025

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
<b>19 lat i starsi</b>									
1.	NOWICKI Kacper	98	KS Posnania Pozna	<b>5:20.26</b>	1,0	1:09.50	1:32.17	1:32.72	1:05.87
	50m: 31.92	31.92	150m: 1:56.51	47.01	250m: 3:27.68	46.01	350m: 4:48.55	34.16	
	100m: 1:09.50	37.58	200m: 2:41.67	45.16	300m: 4:14.39	46.71	400m: 5:20.26	31.71	
2.	BURZY SKI Piotr	62	KS Waterpolo Pozna	<b>8:30.88</b>		2:12.72	2:16.31	2:10.78	1:51.07
	50m: 1:00.54	1:00.54	150m: 3:19.77	1:07.05	250m: 5:33.10	1:04.07	350m: 7:35.00	55.19	
	100m: 2:12.72	1:12.18	200m: 4:29.03	1:09.26	300m: 6:39.81	1:06.71	400m: 8:30.88	55.88	
<b>16 - 18 lat</b>									
1.	BURZAK Marcel	09	KS Posnania Pozna	<b>4:53.71</b>	10,5	1:04.82	1:19.95	1:22.78	1:06.16
	50m: 30.30	30.30	150m: 1:45.30	40.48	250m: 3:05.98	41.21	350m: 4:21.88	34.33	
	100m: 1:04.82	34.52	200m: 2:24.77	39.47	300m: 3:47.55	41.57	400m: 4:53.71	31.83	
2.	MIZGALSKI Kacper	09	KS Posnania Pozna	<b>4:56.24</b>	9,9	1:06.16	1:18.61	1:24.53	1:06.94
	50m: 30.53	30.53	150m: 1:46.06	39.90	250m: 3:06.88	42.11	350m: 4:23.50	34.20	
	100m: 1:06.16	35.63	200m: 2:24.77	38.71	300m: 3:49.30	42.42	400m: 4:56.24	32.74	
3.	CIOMEK Tymoteusz	10	UKS Fala Swarż dz	<b>6:07.58</b>		1:17.56	1:38.37	1:45.67	1:25.98
	50m: 34.69	34.69	150m: 2:08.80	51.24	250m: 3:49.23	53.30	350m: 5:26.21	44.61	
	100m: 1:17.56	42.87	200m: 2:55.93	47.13	300m: 4:41.60	52.37	400m: 6:07.58	41.37	
<b>14 - 15 lat</b>									
1.	NOWICKI Wiktor	11	KS Warta Pozna	<b>5:11.41</b>	8,7	1:10.23	1:24.69	1:26.68	1:09.81
	50m: 32.11	32.11	150m: 1:52.51	42.28	250m: 3:18.48	43.56	350m: 4:36.74	35.14	
	100m: 1:10.23	38.12	200m: 2:34.92	42.41	300m: 4:01.60	43.12	400m: 5:11.41	34.67	
2.	STASZEK Albert	11	KS Posnania Pozna	<b>5:16.54</b>	7,4	1:11.73	1:24.37	1:30.85	1:09.59
	50m: 32.13	32.13	150m: 1:55.13	43.40	250m: 3:21.57	45.47	350m: 4:42.53	35.58	
	100m: 1:11.73	39.60	200m: 2:36.10	40.97	300m: 4:06.95	45.38	400m: 5:16.54	34.01	
3.	VASYLIEV Yehor	11	KS Warta Pozna	<b>5:31.87</b>	3,7	1:14.78	1:24.43	1:36.09	1:16.57
	50m: 34.46	34.46	150m: 1:57.33	42.55	250m: 3:26.74	47.53	350m: 4:54.21	38.91	
	100m: 1:14.78	40.32	200m: 2:39.21	41.88	300m: 4:15.30	48.56	400m: 5:31.87	37.66	
4.	MŁODECKI Eryk	12	UKS Fala Swarż dz	<b>6:22.55</b>		1:28.17	1:37.45	1:50.02	1:26.91
	50m: 39.52	39.52	150m: 2:17.91	49.74	250m: 3:59.82	54.20	350m: 5:41.65	46.01	
	100m: 1:28.17	48.65	200m: 3:05.62	47.71	300m: 4:55.64	55.82	400m: 6:22.55	40.90	
	DZWONIARKIEWICZ A.	12	UKS Trójka roda Wlkp.	<b>6:47.31</b>		1:26.25	1:45.89	1:55.10	1:40.07
	50m: 36.96	36.96	150m: 2:20.57	54.32	250m: 4:09.29	57.15	350m: 5:57.67	50.43	
	100m: 1:26.25	49.29	200m: 3:12.14	51.57	300m: 5:07.24	57.95	400m: 6:47.31	49.64	