Konkurencja 14 — Mężczyzn, 400m zmienny — 11 lat i starsi
2026.10.24 - 14:10 — Wyniki

Punkty: Rudolph Table 2025

| Pozycja | | Rok ur. | | Czas | Pkt. |
|---|---|---|---|---|---|

## 15 lat i starsi

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|---|---|---|---|---|---|
| 1. | LUTOMSKI Jan | 10 | OŚ AZS w Poznaniu | **4:37.80** | 15,4 |

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 30.64 | 30.64 | 150m: | 1:42.32 | 36.40 | 250m: | 2:56.98 | 38.71 | 350m: | 4:08.33 | 32.01 |
| 100m: | 1:05.92 | 35.28 | 200m: | 2:18.27 | 35.95 | 300m: | 3:36.32 | 39.34 | 400m: | 4:37.80 | 29.47 |

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| 2. | SKAWIŃSKI Aleksander | 10 | UKS 307 Warszawa | **4:41.93** | 14,4 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 28.55 | 28.55 | 150m: | 1:38.36 | 36.51 | 250m: | 2:54.38 | 40.07 | 350m: | 4:09.40 | 34.65 |
| 100m: | 1:01.85 | 33.30 | 200m: | 2:14.31 | 35.95 | 300m: | 3:34.75 | 40.37 | 400m: | 4:41.93 | 32.53 |

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| 3. | OSTASZEWSKI Szymon | 10 | UKS ,,GIM 92 Ursynów'' | **4:48.51** | 12,8 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 29.87 | 29.87 | 150m: | 1:42.55 | 36.91 | 250m: | 3:00.84 | 42.16 | 350m: | 4:17.27 | 33.49 |
| 100m: | 1:05.64 | 35.77 | 200m: | 2:18.68 | 36.13 | 300m: | 3:43.78 | 42.94 | 400m: | 4:48.51 | 31.24 |

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| 4. | MIZGALSKI Kacper | 09 | OŚ AZS w Poznaniu | **4:48.60** | 11,8 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 31.01 | 31.01 | 150m: | 1:44.84 | 38.20 | 250m: | 3:02.54 | 40.78 | 350m: | 4:17.29 | 33.49 |
| 100m: | 1:06.64 | 35.63 | 200m: | 2:21.76 | 36.92 | 300m: | 3:43.80 | 41.26 | 400m: | 4:48.60 | 31.31 |

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| 5. | KULIK Konstanty | 10 | UKS ,,GIM 92 Ursynów'' | **4:54.88** | 11,2 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 30.38 | 30.38 | 150m: | 1:44.80 | 38.63 | 250m: | 3:04.20 | 42.56 | 350m: | 4:22.45 | 34.61 |
| 100m: | 1:06.17 | 35.79 | 200m: | 2:21.64 | 36.84 | 300m: | 3:47.84 | 43.64 | 400m: | 4:54.88 | 32.43 |

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| 6. | WOLNY Dariusz | 11 | MKS Juvenia Wrocław | **4:57.21** | 12,1 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 31.59 | 31.59 | 150m: | 1:47.24 | 37.31 | 250m: | 3:07.38 | 43.41 | 350m: | 4:24.80 | 34.95 |
| 100m: | 1:09.93 | 38.34 | 200m: | 2:23.97 | 36.73 | 300m: | 3:49.85 | 42.47 | 400m: | 4:57.21 | 32.41 |

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| 7. | KANIEWSKI Szymon | 11 | UKS ,,GIM 92 Ursynów'' | **5:01.26** | 11,1 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 32.06 | 32.06 | 150m: | 1:51.06 | 40.53 | 250m: | 3:12.62 | 41.98 | 350m: | 4:29.06 | 34.61 |
| 100m: | 1:10.53 | 38.47 | 200m: | 2:30.64 | 39.58 | 300m: | 3:54.45 | 41.83 | 400m: | 5:01.26 | 32.20 |

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| 8. | ANDRZEJUK Jan | 10 | UKS ,,GIM 92 Ursynów'' | **5:03.61** | 9,0 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 32.89 | 32.89 | 150m: | 1:49.42 | 38.67 | 250m: | 3:10.77 | 43.52 | 350m: | 4:29.97 | 34.64 |
| 100m: | 1:10.75 | 37.86 | 200m: | 2:27.25 | 37.83 | 300m: | 3:55.33 | 44.56 | 400m: | 5:03.61 | 33.64 |

## 13 - 14 lat

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| 1. | SEFERYŃSKI Mikołaj | 12 | UKS ,,GIM 92 Ursynów'' | **4:54.16** | 14,7 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 31.58 | 31.58 | 150m: | 1:49.26 | 39.97 | 250m: | 3:07.45 | 39.52 | 350m: | 4:21.71 | 34.21 |
| 100m: | 1:09.29 | 37.71 | 200m: | 2:27.93 | 38.67 | 300m: | 3:47.50 | 40.05 | 400m: | 4:54.16 | 32.45 |

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| 2. | GÓRECKI Stanisław | 12 | MKS Jedynka Łódź | **4:57.61** | 13,8 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 31.06 | 31.06 | 150m: | 1:44.72 | 37.57 | 250m: | 3:04.09 | 42.20 | 350m: | 4:23.35 | 36.20 |
| 100m: | 1:07.15 | 36.09 | 200m: | 2:21.89 | 37.17 | 300m: | 3:47.15 | 43.06 | 400m: | 4:57.61 | 34.26 |

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| 3. | GROCHALA Aleks | 12 | UKS ,,GIM 92 Ursynów'' | **5:05.28** | 12,0 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 31.08 | 31.08 | 150m: | 1:48.18 | 39.45 | 250m: | 3:10.99 | 44.56 | 350m: | 4:31.39 | 35.08 |
| 100m: | 1:08.73 | 37.65 | 200m: | 2:26.43 | 38.25 | 300m: | 3:56.31 | 45.32 | 400m: | 5:05.28 | 33.89 |

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| 4. | MIKOŁAJCZYK Franciszek | 12 | Uks Cityzen | **5:26.86** | 6,9 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 33.40 | 33.40 | 150m: | 1:56.01 | 40.90 | 250m: | 3:21.20 | 44.92 | 350m: | 4:48.75 | 40.84 |
| 100m: | 1:15.11 | 41.71 | 200m: | 2:36.28 | 40.27 | 300m: | 4:07.91 | 46.71 | 400m: | 5:26.86 | 38.11 |

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| 5. | DUDA Wojciech | 13 | KS Warta Poznań | **5:30.96** | 8,1 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 32.78 | 32.78 | 150m: | 1:59.45 | 46.65 | 250m: | 3:29.02 | 44.76 | 350m: | 4:55.37 | 39.43 |
| 100m: | 1:12.80 | 40.02 | 200m: | 2:44.26 | 44.81 | 300m: | 4:15.94 | 46.92 | 400m: | 5:30.96 | 35.59 |

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| 6. | NOWACKI Cyprian | 13 | Uks Czwórka Nakło | **5:55.09** | 2,5 |

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|---|---|---|---|---|---|---|---|---|---|---|---|
| 50m: | 34.56 | 34.56 | 150m: | 2:10.75 | 49.85 | 250m: | 3:45.93 | 50.31 | 350m: | 5:18.72 | 40.44 |
| 100m: | 1:20.90 | 46.34 | 200m: | 2:55.62 | 44.87 | 300m: | 4:38.28 | 52.35 | 400m: | 5:55.09 | 36.37 |

Konkurencja 14, Mężczyzn, 400m zmienny

11 - 12 lat

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1. | KARCZEWSKI Wojciech | | | 14 | MKS Juvenia Wrocław | | | | | | | **5:55.97** | 7,0 |
| | 50m: | 39.10 | 39.10 | 150m: | 2:16.79 | 47.87 | 250m: | 3:51.39 | 48.66 | 350m: | 5:20.68 | 39.98 | |
| | 100m: | 1:28.92 | 49.82 | 200m: | 3:02.73 | 45.94 | 300m: | 4:40.70 | 49.31 | 400m: | 5:55.97 | 35.29 | |
| 2. | SZALAST Jerzy | | | 14 | MKS Juvenia Wrocław | | | | | | | **6:18.82** | 2,0 |
| | 50m: | 39.08 | 39.08 | 150m: | 2:22.08 | 52.00 | 250m: | 4:04.07 | 50.87 | 350m: | 5:36.71 | 42.78 | |
| | 100m: | 1:30.08 | 51.00 | 200m: | 3:13.20 | 51.12 | 300m: | 4:53.93 | 49.86 | 400m: | 6:18.82 | 42.11 | |
| 3. | KITOWSKI Jakub | | | 15 | UKS 307 Warszawa | | | | | | | **6:40.91** | 3,0 |
| | 50m: | 42.67 | 42.67 | 150m: | 2:25.19 | 49.30 | 250m: | 4:11.77 | 58.41 | 350m: | 5:56.44 | 46.51 | |
| | 100m: | 1:35.89 | 53.22 | 200m: | 3:13.36 | 48.17 | 300m: | 5:09.93 | 58.16 | 400m: | 6:40.91 | 44.47 | |
| 4. | UGORSKI Bartosz | | | 15 | UKS 307 Warszawa | | | | | | | **6:47.92** | 1,5 |
| | 50m: | 42.60 | 42.60 | 150m: | 2:30.18 | 52.59 | 250m: | 4:16.00 | 56.52 | 350m: | 6:01.54 | 48.99 | |
| | 100m: | 1:37.59 | 54.99 | 200m: | 3:19.48 | 49.30 | 300m: | 5:12.55 | 56.55 | 400m: | 6:47.92 | 46.38 | |