

Zimowe Mistrzostwa Województwa Kujawsko-Pomorskiego w Pływaniu 2024
Włocławek, 9. - 10.11.2024

Konkurencja 11 Kobiet, 400m dowolny 13 lat i starsi
09.11.2024 - 12:40 Wyniki

Top Times "Kujawsko-Pomorski OZP" 4:11.77 PARADOWSKA, Kinga Oswiecim 30.11.2019

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.
13 lat			
1. SZRAJBER, Rozalia	11	5:12.04	407
50m: 34.92 34.92	150m: 1:54.33 40.00	250m: 3:14.24 39.31	350m: 4:34.83 40.32
100m: 1:14.33 39.41	200m: 2:34.93 40.60	300m: 3:54.51 40.27	400m: 5:12.04 37.21
2. HU , Amelia	11	5:16.42	390
50m: 35.22 35.22	150m: 1:53.41 39.82	250m: 3:15.45 41.30	350m: 4:37.81 41.04
100m: 1:13.59 38.37	200m: 2:34.15 40.74	300m: 3:56.77 41.32	400m: 5:16.42 38.61
3. TKACZYK, Iga	11	5:16.72	389
50m: 34.53 34.53	150m: 2:33.54 40.73	250m: 3:56.38 40.97	350m: 4:37.56 41.18
100m: 1:52.81 1:18.28	200m: 3:14.51 40.97	300m: 3:56.38 40.97	400m: 5:16.72 39.16
4. BANASIAK, Alicja	11	5:28.38	349
50m: 36.06 36.06	150m: 1:56.89 40.65	250m: 3:22.68 43.43	350m: 4:48.79 42.49
100m: 1:16.24 40.18	200m: 2:39.25 42.36	300m: 4:06.30 43.62	400m: 5:28.38 39.59
5. MARY CZAK, Kornelia	11	5:29.89	344
50m: 35.19 35.19	150m: 1:57.82 41.97	250m: 3:24.22 43.28	350m: 4:50.21 42.71
100m: 1:15.85 40.66	200m: 2:40.94 43.12	300m: 4:07.50 43.28	400m: 5:29.89 39.68
6. BIAŁCZAK, Julia	11	5:34.18	331
50m: 35.59 35.59	150m: 1:58.72 42.18	250m: 3:25.82 43.93	350m: 4:53.26 43.54
100m: 1:16.54 40.95	200m: 2:41.89 43.17	300m: 4:09.72 43.90	400m: 5:34.18 40.92
7. W NIEWSKA, Zofia	11	5:43.35	305
50m: 38.85 38.85	150m: 2:07.92 44.70	250m: 3:36.20 43.54	350m: 5:06.06 44.85
100m: 1:23.22 44.37	200m: 2:52.66 44.74	300m: 4:21.21 45.01	400m: 5:43.35 37.29
8. G SKA, Małgorzata	11	5:48.12	293
50m: 37.99 37.99	150m: 2:04.88 44.70	250m: 3:35.30 45.89	350m: 5:06.08 45.74
100m: 1:20.18 42.19	200m: 2:49.41 44.53	300m: 4:20.34 45.04	400m: 5:48.12 42.04
9. LENARTOWICZ, Lena	11	6:09.19	245
50m: 40.27 40.27	150m: 2:13.03 47.66	250m: 3:49.16 48.50	350m: 5:23.75 48.53
100m: 1:25.37 45.10	200m: 3:00.66 47.63	300m: 4:35.22 46.06	400m: 6:09.19 45.44
14 lat			
1. LIPI SKA, Natalia	10	4:57.46	470
50m: 32.88 32.88	150m: 1:46.44 37.51	250m: 3:02.81 38.25	350m: 4:20.28 38.76
100m: 1:08.93 36.05	200m: 2:24.56 38.12	300m: 3:41.52 38.71	400m: 4:57.46 37.18
2. BALINA, Maja	10	5:05.72	433
50m: 33.57 33.57	150m: 1:48.89 38.32	250m: 3:07.84 39.14	350m: 4:27.75 39.21
100m: 1:10.57 37.00	200m: 2:28.70 39.81	300m: 3:48.54 40.70	400m: 5:05.72 37.97
3. KRAJEWSKA, Weronika	10	5:13.24	402
50m: 34.39 34.39	150m: 1:52.20 39.55	250m: 3:13.26 40.65	350m: 4:34.41 40.56
100m: 1:12.65 38.26	200m: 2:32.61 40.41	300m: 3:53.85 40.59	400m: 5:13.24 38.83
4. SOSI SKA, Julia	10	6:09.92	244
50m: 40.45 40.45	150m: 2:15.20 48.26	250m: 3:51.42 47.87	350m: 5:26.71 47.42
100m: 1:26.94 46.49	200m: 3:03.55 48.35	300m: 4:39.29 47.87	400m: 6:09.92 43.21
15 lat			
1. KOSECKA, Klara	09	5:13.53	401
50m: 34.64 34.64	150m: 1:51.41 39.11	250m: 3:10.56 39.50	350m: 4:32.84 41.32
100m: 1:12.30 37.66	200m: 2:31.06 39.65	300m: 3:51.52 40.96	400m: 5:13.53 40.69
2. SŁYCHAN, Maja	09	5:16.79	389
50m: 35.21 35.21	150m: 1:53.71 40.11	250m: 3:15.53 41.17	350m: 4:37.61 40.64
100m: 1:13.60 38.39	200m: 2:34.36 40.65	300m: 3:56.97 41.44	400m: 5:16.79 39.18

Zimowe Mistrzostwa Województwa Kujawsko-Pomorskiego w Pływaniu 2024
Włocławek, 9. - 10.11.2024

Konkurencja 11, Dziewcz t, 400m dowolny, 15 lat

Pozycja		Rok ur.						Czas	Pkt.
3.	ANUSZEWSKA, Daria	09	Grudzi dzki KP „Orka"					5:38.36	319
	50m: 37.64 37.64		150m: 2:01.92 42.80	250m: 3:29.34 43.88	350m: 4:56.23 43.29				
	100m: 1:19.12 41.48		200m: 2:45.46 43.54	300m: 4:12.94 43.60	400m: 5:38.36 42.13				
4.	MALIKOWSKA, Martyna	09	Uks Czwórka Nakło					5:48.05	293
	50m: 39.65 39.65		150m: 2:08.54 44.77	250m: 3:38.19 44.73	350m: 5:07.48 44.31				
	100m: 1:23.77 44.12		200m: 2:53.46 44.92	300m: 4:23.17 44.98	400m: 5:48.05 40.57				

16 lat

1.	MASIEREK, Marika	08	Toru Multisport Team					4:42.44	549
	50m: 31.47 31.47		150m: 1:42.04 35.81	250m: 2:54.86 36.30	350m: 4:08.21 36.86				
	100m: 1:06.23 34.76		200m: 2:18.56 36.52	300m: 3:31.35 36.49	400m: 4:42.44 34.23				
2.	KULI SKA, Weronika	08	MUKS "Pi tnastka"					4:52.82	492
	50m: 33.21 33.21		150m: 1:47.73 38.05	250m: 3:15.40 41.61	350m: 4:19.88 38.45				
	100m: 1:09.68 36.47		200m: 2:33.79 41.46	300m: 3:57.22 41.82	400m: 4:52.82 32.94				
3.	KRÓLAK, Michalina	08	MKS „Astoria" Bydgoszcz					5:17.19	387
	50m: 34.38 34.38		150m: 1:52.33 39.83	250m: 3:15.40 41.61	350m: 4:38.56 41.34				
	100m: 1:12.50 38.12		200m: 2:33.79 41.46	300m: 3:57.22 41.82	400m: 5:17.19 38.63				
4.	DORO Y SKA, Zuzanna	08	MTKP Delfin Toru					5:24.53	362
	50m: 35.61 35.61		150m: 2:39.17 41.31	250m: 3:20.48 41.31	350m: 4:44.25 41.72				
	100m: 1:57.14 1:21.53		200m: 2:39.17 42.05	300m: 4:02.53 42.05	400m: 5:24.53 40.28				

17 lat i starsi

1.	RYDY SKA, Maja	07	MKS SP 63 Bydgoszcz					4:41.21	556
	50m: 31.87 31.87		150m: 1:42.30 35.81	250m: 2:54.09 36.08	350m: 4:06.55 36.42				
	100m: 1:06.49 34.62		200m: 2:18.01 35.71	300m: 3:30.13 36.04	400m: 4:41.21 34.66				
2.	WALICKA, Martyna	07	MKS „Astoria" Bydgoszcz					4:56.15	476
	50m: 32.67 32.67		150m: 1:45.99 37.60	250m: 3:02.12 38.32	350m: 4:19.22 38.65				
	100m: 1:08.39 35.72		200m: 2:23.80 37.81	300m: 3:40.57 38.45	400m: 4:56.15 36.93				
3.	RYDY SKA, Marianna	04	MUKS "Pi tnastka"					5:10.91	411
	50m: 1:07.71 1:07.71		150m: 2:25.09 40.10	250m: 3:05.19 40.10	350m: 4:19.22 38.65				
	100m: 1:45.84 38.13		200m: 2:25.09 41.61	300m: 3:46.80 41.61	400m: 5:10.91 35.86				
PK	SAVCHUK, Polina	10	Sekcja Pływacka Meduza Paj czno					4:48.58	514
	50m: 33.11 33.11		150m: 1:44.67 36.04	250m: 2:58.47 37.28	350m: 4:12.72 37.32				
	100m: 1:08.63 35.52		200m: 2:21.19 36.52	300m: 3:35.40 36.93	400m: 4:48.58 35.86				