

Z DELFINEM do Los Angeles 2025
Toruń, 25.10.2025

Konkurencja 25
25.10.2025 - 17:50

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.										Czas	Pkt.
12 lat												
1.	GÓRNIAK, Maria			13	KS Warta Poznań					5:18.46	377	
	50m:	33.94	33.94	150m:	1:54.48	41.00	250m:	3:17.13	41.15	350m:	4:40.30	41.85
	100m:	1:13.48	39.54	200m:	2:35.98	41.50	300m:	3:58.45	41.32	400m:	5:18.46	38.16
2.	STARZYŃSKA, Anna			13	MTKP Delfin Toruń					5:19.96	372	
	50m:	36.08	36.08	150m:	1:58.04	41.74	250m:	3:21.08	41.50	350m:	4:43.53	40.87
	100m:	1:16.30	40.22	200m:	2:39.58	41.54	300m:	4:02.66	41.58	400m:	5:19.96	36.43
3.	ŚCISŁOWICZ, Maria			13	MTKP Delfin Toruń					5:44.42	298	
	50m:	38.58	38.58	150m:	2:05.43	44.00	250m:	3:34.21	44.32	350m:	5:02.75	44.08
	100m:	1:21.43	42.85	200m:	2:49.89	44.46	300m:	4:18.67	44.46	400m:	5:44.42	41.67
4.	KRAJEWSKA, Lena			13	MUKS "Piętnastka"					5:51.59	280	
	50m:	38.46	38.46	150m:	2:06.77	44.81	250m:	3:38.31	45.81	350m:	5:10.34	45.76
	100m:	1:21.96	43.50	200m:	2:52.50	45.73	300m:	4:24.58	46.27	400m:	5:51.59	41.25
5.	STANECKA, Zofia			13	MUKS "Piętnastka"					6:34.36	199	
	50m:	39.79	39.79	150m:	2:17.29	49.79	250m:	4:01.40	52.39	350m:	5:46.77	52.48
	100m:	1:27.50	47.71	200m:	3:09.01	51.72	300m:	4:54.29	52.89	400m:	6:34.36	47.59
6.	KNITER, Emilia			13	UKS Ruch Grudziądz					6:34.77	198	
	50m:	43.22	43.22	150m:	2:24.19	50.91	250m:	4:06.87	51.80	350m:	5:48.45	49.91
	100m:	1:33.28	50.06	200m:	3:15.07	50.88	300m:	4:58.54	51.67	400m:	6:34.77	46.32
7.	SEVRUK, Anna			13	MTKP Delfin Toruń					6:38.23	193	
	50m:	40.06	40.06	150m:	2:18.51	49.94	250m:	4:03.79	53.02	350m:	5:48.31	51.55
	100m:	1:28.57	48.51	200m:	3:10.77	52.26	300m:	4:56.76	52.97	400m:	6:38.23	49.92
8.	SŁOMA, Laura			13	BOSiR Barcin					6:56.43	169	
	50m:	43.83	43.83	150m:	2:27.88	53.07	250m:	4:17.27	55.24	350m:	6:07.17	53.78
	100m:	1:34.81	50.98	200m:	3:22.03	54.15	300m:	5:13.39	56.12	400m:	6:56.43	49.26
13 lat												
1.	WIJATA, Zuzanna			12	MKS SP 63 Bydgoszcz					5:20.04	372	
	50m:	35.65	35.65	150m:	1:57.06	41.20	250m:	3:19.46	41.26	350m:	4:41.97	41.13
	100m:	1:15.86	40.21	200m:	2:38.20	41.14	300m:	4:00.84	41.38	400m:	5:20.04	38.07
2.	RECZKOWSKA, Kalina			12	MTKP Delfin Toruń					5:26.99	349	
	50m:	36.47	36.47	150m:	1:58.39	42.02	250m:	3:22.63	41.75	350m:	4:46.82	42.37
	100m:	1:16.37	39.90	200m:	2:40.88	42.49	300m:	4:04.45	41.82	400m:	5:26.99	40.17
3.	DOBRZYŃSKA, Zuzanna			12	MKS SP 63 Bydgoszcz					5:45.09	297	
	50m:	38.17	38.17	150m:	2:04.43	43.48	250m:	3:34.59	45.57	350m:	5:03.93	44.50
	100m:	1:20.95	42.78	200m:	2:49.02	44.59	300m:	4:19.43	44.84	400m:	5:45.09	41.16
4.	DZIATKOWIAK, Dagny			12	MUKS "Piętnastka"					5:47.25	291	
	50m:	38.65	38.65	150m:	2:07.24	45.11	250m:	3:37.55	45.52	350m:	5:07.16	44.28
	100m:	1:22.13	43.48	200m:	2:52.03	44.79	300m:	4:22.88	45.33	400m:	5:47.25	40.09
5.	KOŹMIŃSKA, Lena			12	MUKS "Piętnastka"					5:49.51	285	
	50m:	38.24	38.24	150m:	2:04.45	43.56	250m:	3:34.37	45.15	350m:	5:05.61	46.00
	100m:	1:20.89	42.65	200m:	2:49.22	44.77	300m:	4:19.61	45.24	400m:	5:49.51	43.90
6.	MAZURKIEWICZ, Ada			12	MKS SP 63 Bydgoszcz					6:21.06	220	
	50m:	44.33	44.33	150m:	2:21.73	47.94	250m:	3:58.64	48.11	350m:	5:36.00	48.82
	100m:	1:33.79	49.46	200m:	3:10.53	48.80	300m:	4:47.18	48.54	400m:	6:21.06	45.06
7.	GIĘTKA, Karolina			12	UKP Wodnik Włocławek					6:29.43	206	
	50m:	44.10	44.10	150m:	2:23.60	50.46	250m:	4:03.67	49.86	350m:	5:43.29	49.26
	100m:	1:33.14	49.04	200m:	3:13.81	50.21	300m:	4:54.03	50.36	400m:	6:29.43	46.14

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14 lat

1.	SZRAJBER, Rozalia	11	MKS SP 63 Bydgoszcz	4:58.69	458
	50m: 33.51 33.51	150m: 1:48.76	38.07 250m: 3:06.44 39.09	350m: 4:22.87	37.92
	100m: 1:10.69 37.18	200m: 2:27.35	38.59 300m: 3:44.95 38.51	400m: 4:58.69	35.82
2.	MAJZA - WAWRZYŃSKA, Barbara	11	UKS 3-Wodnik Wolsztyn	5:00.38	450
	50m: 33.56 33.56	150m: 1:48.95	38.50 250m: 3:07.42 39.14	350m: 4:23.89	37.28
	100m: 1:10.45 36.89	200m: 2:28.28	39.33 300m: 3:46.61 39.19	400m: 5:00.38	36.49
3.	MALINOWSKA, Maja	11	MUKS "Piętnastka"	5:13.08	397
	50m: 35.65 35.65	150m: 1:53.40	39.31 250m: 3:12.49 39.68	350m: 4:33.26	40.26
	100m: 1:14.09 38.44	200m: 2:32.81	39.41 300m: 3:53.00 40.51	400m: 5:13.08	39.82
4.	SOCHA, Paula	11	MUKS "Piętnastka"	5:31.38	335
	50m: 37.52 37.52	150m: 2:03.01	43.11 250m: 3:28.06 42.29	350m: 4:52.63	42.26
	100m: 1:19.90 42.38	200m: 2:45.77	42.76 300m: 4:10.37 42.31	400m: 5:31.38	38.75
5.	KRAWCZYŃSKA, Nadia	11	UKP Wodnik Włocławek	5:53.35	276
	50m: 38.73 38.73	150m: 2:05.90	43.69 250m: 3:36.07 45.16	350m: 5:07.54	45.26
	100m: 1:22.21 43.48	200m: 2:50.91	45.01 300m: 4:22.28 46.21	400m: 5:53.35	45.81

15 lat

1.	LIPIŃSKA, Natalia	10	MTKP Delfin Toruń	4:56.62	467
	50m: 32.46 32.46	150m: 1:45.11	37.02 250m: 3:00.68 37.98	350m: 4:18.45	39.01
	100m: 1:08.09 35.63	200m: 2:22.70	37.59 300m: 3:39.44 38.76	400m: 4:56.62	38.17

16 lat i starsi

1.	RYDYŃSKA, Marianna	04	MUKS "Piętnastka"	4:29.31	624
	50m: 30.68 30.68	150m: 1:38.44	34.18 250m: 2:46.80 34.37	350m: 3:55.51	34.20
	100m: 1:04.26 33.58	200m: 2:12.43	33.99 300m: 3:21.31 34.51	400m: 4:29.31	33.80
2.	HAJDER, Hanna	09	MTKP Delfin Toruń	4:42.19	543
	50m: 31.19 31.19	150m: 1:41.39	35.58 250m: 2:53.83 36.33	350m: 4:06.92	36.73
	100m: 1:05.81 34.62	200m: 2:17.50	36.11 300m: 3:30.19 36.36	400m: 4:42.19	35.27
3.	SADOWSKA, Dominika	04	MUKS "Piętnastka"	4:52.39	488
	50m: 30.59 30.59	150m: 1:41.23	35.89 250m: 2:55.60 37.34	350m: 4:12.82	38.93
	100m: 1:05.34 34.75	200m: 2:18.26	37.03 300m: 3:33.89 38.29	400m: 4:52.39	39.57
4.	RYDYŃSKA, Maja	07	MUKS "Piętnastka"	4:54.55	477
	50m: 31.06 31.06	150m: 1:42.95	36.67 250m: 2:59.12 38.49	350m: 4:16.61	38.69
	100m: 1:06.28 35.22	200m: 2:20.63	37.68 300m: 3:37.92 38.80	400m: 4:54.55	37.94
5.	WĘGRZYCKA, Katarzyna	08	EKS Skra Bełchatów	5:51.33	281
	50m: 37.02 37.02	150m: 2:03.93	44.63 250m: 3:35.04 45.40	350m: 5:08.44	46.42
	100m: 1:19.30 42.28	200m: 2:49.64	45.71 300m: 4:22.02 46.98	400m: 5:51.33	42.89