

Zimowe Mistrzostwa Województwa Kujawsko-Pomorskiego w Pływaniu 2025  
Bydgoszcz, 8. - 9.11.2025

Konkurencja 11  
08.11.2025 - 11:20

Kobiet, 400m dowolny

13 lat i starsi  
Wyniki

Punkty: AQUA 2025

| Pozycja | Rok ur.              |         |       |                         |         |       |       |                | Czas  | Pkt.  |         |       |
|---------|----------------------|---------|-------|-------------------------|---------|-------|-------|----------------|-------|-------|---------|-------|
| 13 lat  |                      |         |       |                         |         |       |       |                |       |       |         |       |
| 1.      | SOSNOWSKA, Agata     |         | 12    | Toruński MKS CHAMPIONS  |         |       |       | <b>4:47.80</b> | 512   |       |         |       |
|         | 50m:                 | 32.92   | 32.92 | 150m:                   | 1:45.69 | 36.60 | 250m: | 2:59.43        | 36.57 | 350m: | 4:13.31 | 36.44 |
|         | 100m:                | 1:09.09 | 36.17 | 200m:                   | 2:22.86 | 37.17 | 300m: | 3:36.87        | 37.44 | 400m: | 4:47.80 | 34.49 |
| 2.      | KORDOWSKA, Rozalia   |         | 12    | Toruński MKS CHAMPIONS  |         |       |       | <b>5:11.60</b> | 403   |       |         |       |
|         | 50m:                 | 35.99   | 35.99 | 150m:                   | 1:55.03 | 40.12 | 250m: | 3:16.09        | 40.42 | 350m: | 4:35.52 | 39.68 |
|         | 100m:                | 1:14.91 | 38.92 | 200m:                   | 2:35.67 | 40.64 | 300m: | 3:55.84        | 39.75 | 400m: | 5:11.60 | 36.08 |
| 3.      | LUBERA, Oliwia       |         | 12    | UKS „Siódemka" Brodnica |         |       |       | <b>5:19.96</b> | 372   |       |         |       |
|         | 50m:                 | 36.50   | 36.50 | 150m:                   | 1:58.13 | 41.01 | 250m: | 3:20.69        | 41.48 | 350m: | 4:42.04 | 40.35 |
|         | 100m:                | 1:17.12 | 40.62 | 200m:                   | 2:39.21 | 41.08 | 300m: | 4:01.69        | 41.00 | 400m: | 5:19.96 | 37.92 |
| 4.      | RECZKOWSKA, Kalina   |         | 12    | MTKP Delfin Toruń       |         |       |       | <b>5:21.03</b> | 368   |       |         |       |
|         | 50m:                 | 36.53   | 36.53 | 150m:                   | 1:57.95 | 41.33 | 250m: | 3:21.21        | 41.25 | 350m: | 4:42.27 | 40.18 |
|         | 100m:                | 1:16.62 | 40.09 | 200m:                   | 2:39.96 | 42.01 | 300m: | 4:02.09        | 40.88 | 400m: | 5:21.03 | 38.76 |
| 5.      | LEWANDOWSKA, Agata   |         | 12    | UKS „Ósemka" Toruń      |         |       |       | <b>5:23.93</b> | 359   |       |         |       |
|         | 50m:                 | 35.86   | 35.86 | 150m:                   | 1:58.39 | 41.79 | 250m: | 3:21.80        | 42.40 | 350m: | 4:45.21 | 40.61 |
|         | 100m:                | 1:16.60 | 40.74 | 200m:                   | 2:39.40 | 41.01 | 300m: | 4:04.60        | 42.80 | 400m: | 5:23.93 | 38.72 |
| 6.      | ŁOMASZEWICZ, Emilia  |         | 12    | MUKS "Piętnastka"       |         |       |       | <b>5:27.60</b> | 347   |       |         |       |
|         | 50m:                 | 37.10   | 37.10 | 150m:                   | 2:00.05 | 41.81 | 250m: | 3:26.30        | 42.84 | 350m: | 4:48.64 | 38.98 |
|         | 100m:                | 1:18.24 | 41.14 | 200m:                   | 2:43.46 | 43.41 | 300m: | 4:09.66        | 43.36 | 400m: | 5:27.60 | 38.96 |
| 7.      | PASZKIEWICZ, Alicja  |         | 12    | Toruński MKS CHAMPIONS  |         |       |       | <b>5:35.60</b> | 322   |       |         |       |
|         | 50m:                 | 34.99   | 34.99 | 150m:                   | 1:57.83 | 42.61 | 250m: | 3:25.14        | 43.81 | 350m: | 4:52.99 | 43.92 |
|         | 100m:                | 1:15.22 | 40.23 | 200m:                   | 2:41.33 | 43.50 | 300m: | 4:09.07        | 43.93 | 400m: | 5:35.60 | 42.61 |
| 8.      | DZIATKOWIAK, Dagny   |         | 12    | MUKS "Piętnastka"       |         |       |       | <b>5:36.71</b> | 319   |       |         |       |
|         | 50m:                 | 37.68   | 37.68 | 150m:                   | 2:02.58 | 43.05 | 250m: | 3:29.16        | 43.40 | 350m: | 4:55.54 | 42.48 |
|         | 100m:                | 1:19.53 | 41.85 | 200m:                   | 2:45.76 | 43.18 | 300m: | 4:13.06        | 43.90 | 400m: | 5:36.71 | 41.17 |
| 9.      | DOBRZYŃSKA, Zuzanna  |         | 12    | MKS SP 63 Bydgoszcz     |         |       |       | <b>5:48.93</b> | 287   |       |         |       |
|         | 50m:                 | 38.34   | 38.34 | 150m:                   | 2:05.25 | 44.24 | 250m: | 3:35.22        | 45.56 | 350m: | 5:05.23 | 45.25 |
|         | 100m:                | 1:21.01 | 42.67 | 200m:                   | 2:49.66 | 44.41 | 300m: | 4:19.98        | 44.76 | 400m: | 5:48.93 | 43.70 |
| 10.     | DYKOWSKA, Małgorzata |         | 12    | MTKP Delfin Toruń       |         |       |       | <b>5:57.11</b> | 268   |       |         |       |
|         | 50m:                 | 36.29   | 36.29 | 150m:                   | 2:04.91 | 45.91 | 250m: | 3:38.57        | 47.15 | 350m: | 5:13.38 | 47.19 |
|         | 100m:                | 1:19.00 | 42.71 | 200m:                   | 2:51.42 | 46.51 | 300m: | 4:26.19        | 47.62 | 400m: | 5:57.11 | 43.73 |

14 lat

|    |                      |               |                         |               |       |               |       |                |     |
|----|----------------------|---------------|-------------------------|---------------|-------|---------------|-------|----------------|-----|
| 1. | GRZMOCIŃSKA, Martyna | 11            | Toruński MKS CHAMPIONS  |               |       |               |       | <b>4:49.87</b> | 501 |
|    | 50m: 32.62 32.62     | 150m: 1:46.78 | 37.91                   | 250m: 3:02.16 | 37.69 | 350m: 4:16.38 | 36.53 |                |     |
|    | 100m: 1:08.87 36.25  | 200m: 2:24.47 | 37.69                   | 300m: 3:39.85 | 37.69 | 400m: 4:49.87 | 33.49 |                |     |
| 2. | SZRAJBER, Rozalia    | 11            | MKS SP 63 Bydgoszcz     |               |       |               |       | <b>4:55.65</b> | 472 |
|    | 50m: 33.99 33.99     | 150m: 1:48.41 | 37.30                   | 250m: 3:04.55 | 38.17 | 350m: 4:20.01 | 37.16 |                |     |
|    | 100m: 1:11.11 37.12  | 200m: 2:26.38 | 37.97                   | 300m: 3:42.85 | 38.30 | 400m: 4:55.65 | 35.64 |                |     |
| 3. | MALINOWSKA, Maja     | 11            | MUKS "Piętnastka"       |               |       |               |       | <b>5:13.42</b> | 396 |
|    | 50m: 35.55 35.55     | 150m: 1:55.68 | 40.38                   | 250m: 3:16.90 | 40.56 | 350m: 4:36.86 | 39.48 |                |     |
|    | 100m: 1:15.30 39.75  | 200m: 2:36.34 | 40.66                   | 300m: 3:57.38 | 40.48 | 400m: 5:13.42 | 36.56 |                |     |
| 4. | JURKIEWICZ, Alicja   | 11            | UKS Ruch Grudziądz      |               |       |               |       | <b>5:14.40</b> | 392 |
|    | 50m: 36.87 36.87     | 150m: 1:56.30 | 39.70                   | 250m: 3:15.87 | 39.92 | 350m: 4:36.47 | 40.29 |                |     |
|    | 100m: 1:16.60 39.73  | 200m: 2:35.95 | 39.65                   | 300m: 3:56.18 | 40.31 | 400m: 5:14.40 | 37.93 |                |     |
| 5. | KALINOWSKA, Agata    | 11            | UKS „Siódemka” Brodnica |               |       |               |       | <b>5:27.08</b> | 348 |
|    | 50m: 35.15 35.15     | 150m: 1:57.04 | 41.99                   | 250m: 3:22.37 | 42.88 | 350m: 4:46.22 | 41.94 |                |     |
|    | 100m: 1:15.05 39.90  | 200m: 2:39.49 | 42.45                   | 300m: 4:04.28 | 41.91 | 400m: 5:27.08 | 40.86 |                |     |
| 6. | BIAŁCZAK, Julia      | 11            | Grudziądzki KP „Orka"   |               |       |               |       | <b>5:40.34</b> | 309 |
|    | 50m: 35.90 35.90     | 150m: 1:59.75 | 43.05                   | 250m: 3:29.17 | 44.48 | 350m: 4:57.86 | 43.65 |                |     |
|    | 100m: 1:16.70 40.80  | 200m: 2:44.69 | 44.94                   | 300m: 4:14.21 | 45.04 | 400m: 5:40.34 | 42.48 |                |     |

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15 lat

|    |                      |                     |                       |                     |     |
|----|----------------------|---------------------|-----------------------|---------------------|-----|
| 1. | WALCZYK, Hanna       | 10                  | Grudziądzki KP „Orka” | <b>4:47.05</b>      | 516 |
|    | 50m: 32.41 32.41     | 150m: 1:44.50 36.76 | 250m: 2:58.06 37.03   | 350m: 4:11.29 36.51 |     |
|    | 100m: 1:07.74 35.33  | 200m: 2:21.03 36.53 | 300m: 3:34.78 36.72   | 400m: 4:47.05 35.76 |     |
| 2. | LIPIŃSKA, Natalia    | 10                  | MTKP Delfin Toruń     | <b>4:51.61</b>      | 492 |
|    | 50m: 32.59 32.59     | 150m: 1:46.30 37.49 | 250m: 3:01.50 37.58   | 350m: 4:16.77 37.37 |     |
|    | 100m: 1:08.81 36.22  | 200m: 2:23.92 37.62 | 300m: 3:39.40 37.90   | 400m: 4:51.61 34.84 |     |
| 3. | NIENARTOWICZ, Oliwia | 10                  | MUKS "Piętnastka"     | <b>4:55.11</b>      | 474 |
|    | 50m: 33.25 33.25     | 150m: 1:48.31 37.61 | 250m: 3:04.47 37.98   | 350m: 4:20.56 37.98 |     |
|    | 100m: 1:10.70 37.45  | 200m: 2:26.49 38.18 | 300m: 3:42.58 38.11   | 400m: 4:55.11 34.55 |     |
| 4. | SZYMAŃSKA, Pola      | 10                  | MUKS "Piętnastka"     | <b>5:08.70</b>      | 414 |
|    | 50m: 36.13 36.13     | 150m: 1:56.52 39.95 | 250m: 3:16.34 39.71   | 350m: 4:34.60 38.15 |     |
|    | 100m: 1:16.57 40.44  | 200m: 2:36.63 40.11 | 300m: 3:56.45 40.11   | 400m: 5:08.70 34.10 |     |

16 lat

|    |                     |                     |                       |                     |     |
|----|---------------------|---------------------|-----------------------|---------------------|-----|
| 1. | HAJDER, Hanna       | 09                  | MTKP Delfin Toruń     | <b>4:34.54</b>      | 589 |
|    | 50m: 30.74 30.74    | 150m: 1:40.15 34.90 | 250m: 2:50.68 35.22   | 350m: 4:00.96 35.18 |     |
|    | 100m: 1:05.25 34.51 | 200m: 2:15.46 35.31 | 300m: 3:25.78 35.10   | 400m: 4:34.54 33.58 |     |
| 2. | ANUSZEWSKA, Daria   | 09                  | Grudziądzki KP „Orka” | <b>5:44.14</b>      | 299 |
|    | 50m: 37.18 37.18    | 150m: 2:02.21 43.59 | 250m: 3:30.28 44.09   | 350m: 5:00.60 45.30 |     |
|    | 100m: 1:18.62 41.44 | 200m: 2:46.19 43.98 | 300m: 4:15.30 45.02   | 400m: 5:44.14 43.54 |     |
| 3. | MALIKOWSKA, Martyna | 09                  | Uks Czwórka Nakło     | <b>5:48.29</b>      | 288 |
|    | 50m: 39.85 39.85    | 150m: 2:08.58 45.14 | 250m: 3:39.19 45.50   | 350m: 5:08.73 44.38 |     |
|    | 100m: 1:23.44 43.59 | 200m: 2:53.69 45.11 | 300m: 4:24.35 45.16   | 400m: 5:48.29 39.56 |     |

17 lat i starsi

|    |                     |                     |                       |                     |     |
|----|---------------------|---------------------|-----------------------|---------------------|-----|
| 1. | MASIEREK, Marika    | 08                  | Toruń Multisport Team | <b>4:41.11</b>      | 549 |
|    | 50m: 32.13 32.13    | 150m: 1:42.54 35.44 | 250m: 2:54.49 35.87   | 350m: 4:06.85 36.22 |     |
|    | 100m: 1:07.10 34.97 | 200m: 2:18.62 36.08 | 300m: 3:30.63 36.14   | 400m: 4:41.11 34.26 |     |
| 2. | RYDYŃSKA, Maja      | 07                  | MUKS "Piętnastka"     | <b>4:43.35</b>      | 536 |
|    | 50m: 31.94 31.94    | 150m: 1:43.16 36.06 | 250m: 2:56.28 36.62   | 350m: 4:09.25 36.41 |     |
|    | 100m: 1:07.10 35.16 | 200m: 2:19.66 36.50 | 300m: 3:32.84 36.56   | 400m: 4:43.35 34.10 |     |
| 3. | SADOWSKA, Dominika  | 04                  | MUKS "Piętnastka"     | <b>4:44.88</b>      | 527 |
|    | 50m: 30.94 30.94    | 150m: 1:41.84 36.19 | 250m: 2:55.42 36.77   | 350m: 4:09.21 36.78 |     |
|    | 100m: 1:05.65 34.71 | 200m: 2:18.65 36.81 | 300m: 3:32.43 37.01   | 400m: 4:44.88 35.67 |     |
| 4. | KULIŃSKA, Weronika  | 08                  | MUKS "Piętnastka"     | <b>4:45.48</b>      | 524 |
|    | 50m: 32.72 32.72    | 150m: 1:45.32 36.45 | 250m: 2:59.21 36.98   | 350m: 4:11.42 35.86 |     |
|    | 100m: 1:08.87 36.15 | 200m: 2:22.23 36.91 | 300m: 3:35.56 36.35   | 400m: 4:45.48 34.06 |     |
| 5. | JACKIEWICZ, Julia   | 08                  | MUKS "Piętnastka"     | <b>4:49.69</b>      | 502 |
|    | 50m: 32.13 32.13    | 150m: 1:46.40 37.44 | 250m: 3:00.56 37.14   | 350m: 4:14.10 36.55 |     |
|    | 100m: 1:08.96 36.83 | 200m: 2:23.42 37.02 | 300m: 3:37.55 36.99   | 400m: 4:49.69 35.59 |     |
| PK | AMBROZIK, Zuzanna   | 12                  | MKP Astromal-Leszno   | <b>6:11.62</b>      | 237 |
|    | 50m: 39.44 39.44    | 150m: 2:15.60 49.54 | 250m: 3:53.70 49.00   | 350m: 5:29.31 47.61 |     |
|    | 100m: 1:26.06 46.62 | 200m: 3:04.70 49.10 | 300m: 4:41.70 48.00   | 400m: 6:11.62 42.31 |     |