

Zimowe Mistrzostwa Województwa Kujawsko-Pomorskiego w Pływaniu 2025
Bydgoszcz, 8. - 9.11.2025

Konkurencja 12
08.11.2025 - 11:45

Mężczyzn, 400m dowolny

13 lat i starsi
Wyniki

Punkty: AQUA 2025

Pozycja	Rok ur.										Czas	Pkt.
13 lat												
1.	PRĘDKI, Karol			12	Toruński MKS CHAMPIONS					4:22.81	526	
	50m:	29.59	29.59	150m:	1:37.20	34.13	250m:	2:45.54	33.91	350m:	3:51.79	32.71
	100m:	1:03.07	33.48	200m:	2:11.63	34.43	300m:	3:19.08	33.54	400m:	4:22.81	31.02
2.	WIŚNIEWSKI, Ksawery			12	Grudziądzki KP „Orka"					4:23.58	522	
	50m:	30.00	30.00	150m:	1:38.67	34.83	250m:	2:46.56	32.95	350m:	3:52.39	32.56
	100m:	1:03.84	33.84	200m:	2:13.61	34.94	300m:	3:19.83	33.27	400m:	4:23.58	31.19
3.	BEJGER, Michał			12	UKS „Ósemka" Toruń					4:41.18	430	
	50m:	32.42	32.42	150m:	1:46.17	37.06	250m:	2:57.89	35.86	350m:	4:09.10	35.08
	100m:	1:09.11	36.69	200m:	2:22.03	35.86	300m:	3:34.02	36.13	400m:	4:41.18	32.08
4.	BRYŁKA, Tomasz			12	Toruński MKS CHAMPIONS					4:54.49	374	
	50m:	31.65	31.65	150m:	1:45.71	37.53	250m:	3:01.91	38.06	350m:	4:18.67	38.26
	100m:	1:08.18	36.53	200m:	2:23.85	38.14	300m:	3:40.41	38.50	400m:	4:54.49	35.82
5.	GRABOWSKI, Hubert			12	UKS „Ósemka" Toruń					5:00.57	352	
	50m:	34.37	34.37	150m:	1:49.60	38.23	250m:	3:06.53	38.71	350m:	4:23.80	38.66
	100m:	1:11.37	37.00	200m:	2:27.82	38.22	300m:	3:45.14	38.61	400m:	5:00.57	36.77
6.	KAMIŃSKI, Dawid			12	UKS „Ósemka" Toruń					5:01.44	349	
	50m:	34.28	34.28	150m:	1:51.61	38.56	250m:	3:09.36	38.64	350m:	4:26.15	37.79
	100m:	1:13.05	38.77	200m:	2:30.72	39.11	300m:	3:48.36	39.00	400m:	5:01.44	35.29
7.	NARKIEWICZ, Jan			12	UKS „Ósemka" Toruń					5:08.95	324	
	50m:	36.14	36.14	150m:	1:55.78	39.85	250m:	3:15.75	39.90	350m:	4:32.77	38.05
	100m:	1:15.93	39.79	200m:	2:35.85	40.07	300m:	3:54.72	38.97	400m:	5:08.95	36.18

14 lat

1.	PIASECKI, Igor			11	Grudziądzki KP „Orka"					4:26.60	504	
	50m:	29.65	29.65	150m:	1:37.57	34.48	250m:	2:46.17	34.32	350m:	3:54.07	33.76
	100m:	1:03.09	33.44	200m:	2:11.85	34.28	300m:	3:20.31	34.14	400m:	4:26.60	32.53
2.	WUNSCH, Olaf			11	Grudziądzki KP „Orka"					4:43.82	418	
	50m:	30.76	30.76	150m:	1:42.34	36.17	250m:	2:55.70	36.67	350m:	4:09.41	36.83
	100m:	1:06.17	35.41	200m:	2:19.03	36.69	300m:	3:32.58	36.88	400m:	4:43.82	34.41
3.	TURSKI, Szymon			11	UKS Ruch Grudziądz					4:44.92	413	
	50m:	30.80	30.80	150m:	1:41.61	36.01	250m:	2:54.67	36.67	350m:	4:09.22	37.36
	100m:	1:05.60	34.80	200m:	2:18.00	36.39	300m:	3:31.86	37.19	400m:	4:44.92	35.70
4.	MROZEK, Filip			11	MUKS "Piętnastka"					4:49.49	394	
	50m:	30.20	30.20	150m:	1:43.55	37.85	250m:	2:59.42	37.96	350m:	4:16.12	38.66
	100m:	1:05.70	35.50	200m:	2:21.46	37.91	300m:	3:37.46	38.04	400m:	4:49.49	33.37
5.	MICHALIK, Marcel			11	MUKS "Piętnastka"					5:04.89	337	
	50m:	33.05	33.05	150m:	1:50.15	39.17	250m:	3:10.67	39.83	350m:	4:27.61	37.82
	100m:	1:10.98	37.93	200m:	2:30.84	40.69	300m:	3:49.79	39.12	400m:	5:04.89	37.28
6.	RAJEK, Wojciech			11	MUKS "Piętnastka"					5:06.57	331	
	50m:	32.68	32.68	150m:	1:47.07	37.70	250m:	3:06.99	40.44	350m:	4:28.21	40.36
	100m:	1:09.37	36.69	200m:	2:26.55	39.48	300m:	3:47.85	40.86	400m:	5:06.57	38.36
7.	CZERWIŃSKI, Mikołaj			11	UKP Wodnik Włocławek					5:21.21	288	
	50m:	34.15	34.15	150m:	1:54.59	41.27	250m:	3:19.07	42.16	350m:	4:42.79	41.96
	100m:	1:13.32	39.17	200m:	2:36.91	42.32	300m:	4:00.83	41.76	400m:	5:21.21	38.42
8.	GRZYWACZ, Michał			11	UKS „Siódemka" Brodnica					5:39.11	245	
	50m:	35.70	35.70	150m:	1:58.14	42.26	250m:	3:26.22	44.39	350m:	4:56.64	45.04
	100m:	1:15.88	40.18	200m:	2:41.83	43.69	300m:	4:11.60	45.38	400m:	5:39.11	42.47

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15 lat

1.	BRYDA, Szymon	10	MUKS "Piętnastka"	4:29.17	490
	50m: 29.99 29.99	150m: 1:38.79 34.87	250m: 2:47.89 34.49	350m: 3:57.28 34.39	
	100m: 1:03.92 33.93	200m: 2:13.40 34.61	300m: 3:22.89 35.00	400m: 4:29.17 31.89	
2.	IWANOWSKI, Filip	10	MUKS "Piętnastka"	4:48.28	399
	50m: 32.29 32.29	150m: 1:46.20 37.31	250m: 3:01.23 37.39	350m: 4:14.84 36.71	
	100m: 1:08.89 36.60	200m: 2:23.84 37.64	300m: 3:38.13 36.90	400m: 4:48.28 33.44	
3.	MARCINIAK, Michał	10	MTKP Delfin Toruń	5:02.16	346
	50m: 33.37 33.37	150m: 1:50.88 39.77	250m: 3:09.90 39.15	350m: 4:27.42 37.77	
	100m: 1:11.11 37.74	200m: 2:30.75 39.87	300m: 3:49.65 39.75	400m: 5:02.16 34.74	

16 lat

1.	DĘBICKI, Kacper	09	MKS „Astoria” Bydgoszcz	4:41.53	428
	50m: 30.70 30.70	150m: 1:41.00 35.84	250m: 2:54.52 37.07	350m: 4:07.27 35.68	
	100m: 1:05.16 34.46	200m: 2:17.45 36.45	300m: 3:31.59 37.07	400m: 4:41.53 34.26	
2.	JÓŹWIAK, Jakub	09	Grudziądzki KP „Orka”	5:02.39	345
	50m: 32.59 32.59	150m: 1:46.32 37.69	250m: 3:04.04 39.11	350m: 4:23.86 40.12	
	100m: 1:08.63 36.04	200m: 2:24.93 38.61	300m: 3:43.74 39.70	400m: 5:02.39 38.53	

17 lat i starsi

1.	ŚPIEWAK, Maciej	07	MUKS "Piętnastka"	4:16.10	569
	50m: 27.81 27.81	150m: 1:32.23 32.74	250m: 2:38.44 33.05	350m: 3:44.79 33.02	
	100m: 59.49 31.68	200m: 2:05.39 33.16	300m: 3:11.77 33.33	400m: 4:16.10 31.31	
2.	MARKOWSKI, Wojciech	08	Toruński MKS CHAMPIONS	4:30.43	483
	50m: 29.17 29.17	150m: 1:36.46 34.02	250m: 2:46.39 35.11	350m: 3:56.47 34.92	
	100m: 1:02.44 33.27	200m: 2:11.28 34.82	300m: 3:21.55 35.16	400m: 4:30.43 33.96	
3.	PELA, Tomasz	08	UKS „Ósemka” Toruń	4:42.36	424
	50m: 30.89 30.89	150m: 1:41.73 36.46	250m: 2:54.39 35.95	350m: 4:07.95 36.28	
	100m: 1:05.27 34.38	200m: 2:18.44 36.71	300m: 3:31.67 37.28	400m: 4:42.36 34.41	
4.	CZERWIŃSKI, Kacper	08	UKP Wodnik Włocławek	4:55.72	369
	50m: 32.33 32.33	150m: 1:46.57 37.09	250m: 3:03.05 38.27	350m: 4:19.12 37.71	
	100m: 1:09.48 37.15	200m: 2:24.78 38.21	300m: 3:41.41 38.36	400m: 4:55.72 36.60	
PK	PAWLAK, Mateusz	12	UKS 190 Łódź	4:38.77	441
	50m: 33.05 33.05	150m: 1:45.64 35.87	250m: 2:56.75 35.37	350m: 4:06.52 34.51	
	100m: 1:09.77 36.72	200m: 2:21.38 35.74	300m: 3:32.01 35.26	400m: 4:38.77 32.25	
PK	DUDA, Marcel	12	MKP Astromal-Leszno	4:47.82	401
	50m: 32.05 32.05	150m: 1:46.55 37.79	250m: 3:01.66 37.24	350m: 4:16.74 36.39	
	100m: 1:08.76 36.71	200m: 2:24.42 37.87	300m: 3:40.35 38.69	400m: 4:47.82 31.08	
PK	RUDOWICZ, Bartłomiej	08	UKS Maratończyk Ostrów Wlkp.	4:50.69	389
	50m: 32.92 32.92	150m: 1:46.81 37.15	250m: 3:01.62 37.36	350m: 4:15.23 36.57	
	100m: 1:09.66 36.74	200m: 2:24.26 37.45	300m: 3:38.66 37.04	400m: 4:50.69 35.46	