

Bydgoska Liga Pływacka sezon 2025/2026  
Bydgoszcz, 26.10.2025 - 14.3.2026

Konkurencja 24  
16.11.2025

Kobiet, 400y dowolny

18 lat i starsi  
Wyniki

|                   |         |                    |           |            |
|-------------------|---------|--------------------|-----------|------------|
| Rekord BLP        | 4:25.53 | RYDYŃSKA, Marianna | Bydgoszcz | 23.02.2025 |
| Punkty: AQUA 2025 |         |                    |           |            |

|         |  |         |  |  |  |  |  |  |      |      |
|---------|--|---------|--|--|--|--|--|--|------|------|
| Pozycja |  | Rok ur. |  |  |  |  |  |  | Czas | Pkt. |
|---------|--|---------|--|--|--|--|--|--|------|------|

18 - 25 lat

|    |                     |               |                           |                |       |
|----|---------------------|---------------|---------------------------|----------------|-------|
| 1. | WITKOWSKA, Karolina | 02            | MKS ASTORIA BYDGOSZCZ     | <b>5:09.69</b> |       |
|    | 50y: 34.57 34.57    | 150y: 1:53.29 | 39.55 250y: 3:13.85 40.28 | 350y: 4:32.54  | 38.64 |
|    | 100y: 1:13.74 39.17 | 200y: 2:33.57 | 40.28 300y: 3:53.90 40.05 | 400y: 5:09.69  | 37.15 |

26 - 35 lat

|    |                      |               |                           |                |       |
|----|----------------------|---------------|---------------------------|----------------|-------|
| 1. | BAKUNIAK, Hanna      | 96            | CHAMPIONS SWIM            | <b>4:39.97</b> |       |
|    | 50y: 31.53 31.53     | 150y: 1:40.10 | 34.79 250y: 2:51.26 35.93 | 350y: 4:03.68  | 35.64 |
|    | 100y: 1:05.31 33.78  | 200y: 2:15.33 | 35.23 300y: 3:28.04 36.78 | 400y: 4:39.97  | 36.29 |
| 2. | FRĄCKOWIAK, Agata    | 97            | SHARK - SWIM              | <b>5:50.33</b> |       |
|    | 50y: 38.35 38.35     | 150y: 2:06.38 | 44.61 250y: 3:36.62 45.10 | 350y: 5:05.84  | 44.39 |
|    | 100y: 1:21.77 43.42  | 200y: 2:51.52 | 45.14 300y: 4:21.45 44.83 | 400y: 5:50.33  | 44.49 |
| 3. | PAWEŁCZAK, Katarzyna | 99            | Bydgoska Liga Pływacka    | <b>6:11.00</b> |       |
|    | 50y: 38.72 38.72     | 150y: 2:10.08 | 46.54 250y: 3:45.90 48.02 | 350y: 5:23.96  | 48.28 |
|    | 100y: 1:23.54 44.82  | 200y: 2:57.88 | 47.80 300y: 4:35.68 49.78 | 400y: 6:11.00  | 47.04 |

36 - 45 lat

|    |                     |               |                               |                |       |
|----|---------------------|---------------|-------------------------------|----------------|-------|
| 1. | NAPIERAŁA, Marta    | 89            | Enea Bydgoszcz Triathlon Team | <b>4:40.93</b> |       |
|    | 50y: 31.72 31.72    | 150y: 1:40.78 | 35.10 250y: 2:52.21 35.95     | 350y: 4:05.25  | 36.67 |
|    | 100y: 1:05.68 33.96 | 200y: 2:16.26 | 35.48 300y: 3:28.58 36.37     | 400y: 4:40.93  | 35.68 |

46 - 55 lat

|    |                     |               |                               |                |         |
|----|---------------------|---------------|-------------------------------|----------------|---------|
| 1. | JODKO, Magdalena    | 78            | CANOE MASTERS                 | <b>5:39.32</b> |         |
|    | 50y: 38.39 38.39    | 150y: 2:01.06 | 42.12 250y: 3:28.79 44.11     | 350y: 4:58.07  | 44.44   |
|    | 100y: 1:18.94 40.55 | 200y: 2:44.68 | 43.62 300y: 4:13.63 44.84     | 400y: 5:39.32  | 41.25   |
| 2. | SOKOŁOWSKA, Justyna | 75            | Bydgoska Liga Pływacka        | <b>7:42.32</b> |         |
|    | 50y: 50.93 50.93    | 150y: 2:49.37 | 59.81 250y: 4:48.81 59.96     | 350y: 6:48.44  | 1:00.30 |
|    | 100y: 1:49.56 58.63 | 200y: 3:48.85 | 59.48 300y: 5:48.14 59.33     | 400y: 7:42.32  | 53.88   |
| 3. | LIEDTKE, Joanna     | 70            | Bydgoska Liga Pływacka        | <b>8:01.22</b> |         |
|    | 50y: 51.78 51.78    | 150y: 2:50.84 | 1:00.91 250y: 4:53.97 1:01.62 | 350y: 7:01.08  | 1:03.87 |
|    | 100y: 1:49.93 58.15 | 200y: 3:52.35 | 1:01.51 300y: 5:57.21 1:03.24 | 400y: 8:01.22  | 1:00.14 |