

Bydgoska Liga Pływacka sezon 2025/2026
Bydgoszcz, 26.10.2025 - 14.3.2026

Konkurencja 55
18.01.2026

M czynn, 400y dowolny

18 lat i starsi
Wyniki

Rekord BLP 4:04.35 SZYMA SKI, Igor Bydgoszcz 11.05.2025

Punkty: AQUA 2025

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|--------------------|----------------------|---------------|---------|-------------------------------|-------|-------|---------------|----------------|---------------|
| 26 - 35 lat | | | | | | | | | |
| 1. | SZCZEPA SKI, Kacper | | 99 | MKS ASTORIA BYDGOSZCZ | | | | 4:10.76 | |
| | 50y: | 27.98 27.98 | 150y: | 1:30.29 | 31.27 | 250y: | 2:33.48 31.33 | 350y: | 3:37.82 32.40 |
| | 100y: | 59.02 31.04 | 200y: | 2:02.15 | 31.86 | 300y: | 3:05.42 31.94 | 400y: | 4:10.76 32.94 |
| 2. | BAGROWSKI, Karol | | 96 | CHAMPIONS SWIM | | | | 4:19.41 | |
| | 50y: | 27.88 27.88 | 150y: | 1:30.80 | 31.82 | 250y: | 2:33.99 31.87 | 350y: | 3:43.80 36.21 |
| | 100y: | 58.98 31.10 | 200y: | 2:02.12 | 31.32 | 300y: | 3:07.59 33.60 | 400y: | 4:19.41 35.61 |
| 3. | KRAWCZYK, Jacek | | 96 | Bydgoska Liga Pływacka | | | | 4:43.64 | |
| | 50y: | 32.13 32.13 | 150y: | 1:43.41 | 36.50 | 250y: | 2:54.85 35.22 | 350y: | 4:07.43 36.11 |
| | 100y: | 1:06.91 34.78 | 200y: | 2:19.63 | 36.22 | 300y: | 3:31.32 36.47 | 400y: | 4:43.64 36.21 |
| 36 - 45 lat | | | | | | | | | |
| 1. | KUBICA, Przemysław | | 82 | Bydgoska Liga Pływacka | | | | 4:49.52 | |
| | 50y: | 31.18 31.18 | 150y: | 1:40.64 | 35.01 | 250y: | 2:55.29 37.97 | 350y: | 4:12.33 38.81 |
| | 100y: | 1:05.63 34.45 | 200y: | 2:17.32 | 36.68 | 300y: | 3:33.52 38.23 | 400y: | 4:49.52 37.19 |
| 2. | KARACZKO, Radosław | | 87 | Bydgoska Liga Pływacka | | | | 4:53.19 | |
| | 50y: | 32.09 32.09 | 150y: | 1:45.55 | 36.98 | 250y: | 3:01.30 37.13 | 350y: | 4:17.16 37.11 |
| | 100y: | 1:08.57 36.48 | 200y: | 2:24.17 | 38.62 | 300y: | 3:40.05 38.75 | 400y: | 4:53.19 36.03 |
| 3. | PORCZY SKI, Jacek | | 84 | Bydgoska Liga Pływacka | | | | 4:59.32 | |
| | 50y: | 33.20 33.20 | 150y: | 1:45.65 | 36.90 | 250y: | 3:01.86 38.25 | 350y: | 4:20.98 39.74 |
| | 100y: | 1:08.75 35.55 | 200y: | 2:23.61 | 37.96 | 300y: | 3:41.24 39.38 | 400y: | 4:59.32 38.34 |
| 4. | SPYCHALSKI, Tomasz | | 80 | Wykl ci | | | | 5:04.45 | |
| | 50y: | 32.85 32.85 | 150y: | 1:46.11 | 37.23 | 250y: | 3:05.04 40.26 | 350y: | 4:25.64 40.49 |
| | 100y: | 1:08.88 36.03 | 200y: | 2:24.78 | 38.67 | 300y: | 3:45.15 40.11 | 400y: | 5:04.45 38.81 |
| 5. | KUBI SKI, Jakub | | 87 | Enea Bydgoszcz Triathlon Team | | | | 5:16.43 | |
| | 50y: | 34.15 34.15 | 150y: | 1:52.87 | 40.02 | 250y: | 3:14.12 40.96 | 350y: | 4:36.35 41.22 |
| | 100y: | 1:12.85 38.70 | 200y: | 2:33.16 | 40.29 | 300y: | 3:55.13 41.01 | 400y: | 5:16.43 40.08 |
| 6. | HEROLD, Jakub | | 81 | Kosma Team | | | | 6:34.69 | |
| | 50y: | 37.62 37.62 | 150y: | 2:17.06 | 51.60 | 250y: | 3:59.90 50.49 | 350y: | 5:44.45 52.44 |
| | 100y: | 1:25.46 47.84 | 200y: | 3:09.41 | 52.35 | 300y: | 4:52.01 52.11 | 400y: | 6:34.69 50.24 |
| 7. | JARGIŁO, Michał | | 87 | Wiewiórki | | | | 6:55.95 | |
| | 50y: | 42.73 42.73 | 150y: | 2:22.81 | 51.20 | 250y: | 4:11.75 55.04 | 350y: | 6:01.96 53.21 |
| | 100y: | 1:31.61 48.88 | 200y: | 3:16.71 | 53.90 | 300y: | 5:08.75 57.00 | 400y: | 6:55.95 53.99 |
| 46 - 55 lat | | | | | | | | | |
| 1. | WILMOWICZ, Adam | | 79 | Bydgoska Liga Pływacka | | | | 4:29.48 | |
| | 50y: | 31.21 31.21 | 150y: | 1:39.50 | 34.47 | 250y: | 2:48.97 34.69 | 350y: | 3:57.19 33.72 |
| | 100y: | 1:05.03 33.82 | 200y: | 2:14.28 | 34.78 | 300y: | 3:23.47 34.50 | 400y: | 4:29.48 32.29 |
| 2. | K DZIUR, Mateusz | | 73 | Bydgoska Liga Pływacka** | | | | 5:26.35 | |
| | 50y: | 37.59 37.59 | 150y: | 2:00.16 | 41.71 | 250y: | 3:23.63 41.15 | 350y: | 4:46.92 41.04 |
| | 100y: | 1:18.45 40.86 | 200y: | 2:42.48 | 42.32 | 300y: | 4:05.88 42.25 | 400y: | 5:26.35 39.43 |
| 3. | OSTROM CKI, Waldemar | | 74 | Bydgoska Liga Pływacka | | | | 6:13.60 | |
| | 50y: | 41.50 41.50 | 150y: | 2:13.47 | 47.69 | 250y: | 3:51.30 48.70 | 350y: | 5:28.75 48.89 |
| | 100y: | 1:25.78 44.28 | 200y: | 3:02.60 | 49.13 | 300y: | 4:39.86 48.56 | 400y: | 6:13.60 44.85 |

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56 - 65 lat

| | | | | |
|----|------------------------|-----------------------|------------------------|------------------------|
| 1. | PARADOWSKI, Krzysztof | 68 | KS Piranie Osielsko 1 | 4:54.00 |
| | 50y: 33.20 33.20 | 150y: 1:45.42 36.73 | 250y: 3:00.25 37.44 | 350y: 4:16.54 38.28 |
| | 100y: 1:08.69 35.49 | 200y: 2:22.81 37.39 | 300y: 3:38.26 38.01 | 400y: 4:54.00 37.46 |
| 2. | STASZKIEWICZ, Radosław | 68 | Bydgoska Liga Pływacka | 5:17.31 |
| | 50y: 32.92 32.92 | 150y: 1:50.08 39.86 | 250y: 3:13.68 42.03 | 350y: 4:37.70 42.31 |
| | 100y: 1:10.22 37.30 | 200y: 2:31.65 41.57 | 300y: 3:55.39 41.71 | 400y: 5:17.31 39.61 |
| 3. | WEINER, Krzysztof | 68 | CANOE MASTERS | 6:07.36 |
| | 50y: 38.83 38.83 | 150y: 2:12.34 47.72 | 250y: 3:48.64 47.98 | 350y: 5:24.74 47.68 |
| | 100y: 1:24.62 45.79 | 200y: 3:00.66 48.32 | 300y: 4:37.06 48.42 | 400y: 6:07.36 42.62 |
| 4. | SIE SKI, Jacek | 63 | Bydgoska Liga Pływacka | 6:58.61 |
| | 50y: 43.10 43.10 | 150y: 2:26.16 53.49 | 250y: 4:14.81 54.60 | 350y: 6:04.78 54.62 |
| | 100y: 1:32.67 49.57 | 200y: 3:20.21 54.05 | 300y: 5:10.16 55.35 | 400y: 6:58.61 53.83 |
| 5. | SMOLE , Maciej | 64 | Bydgoska Liga Pływacka | 8:24.14 |
| | 50y: 51.66 51.66 | 150y: 2:57.77 1:04.99 | 250y: 5:09.67 1:07.17 | 350y: 7:21.30 1:05.92 |
| | 100y: 1:52.78 1:01.12 | 200y: 4:02.50 1:04.73 | 300y: 6:15.38 1:05.71 | 400y: 8:24.14 1:02.84 |
| 6. | WI NIEWSKI, Krzysztof | 65 | Bydgoska Liga Pływacka | 13:15.23 |
| | 50y: 1:34.97 1:34.97 | 150y: 4:55.81 1:40.07 | 250y: 8:17.74 1:38.69 | 350y: 11:35.40 1:38.46 |
| | 100y: 3:15.74 1:40.77 | 200y: 6:39.05 1:43.24 | 300y: 9:56.94 1:39.20 | 400y: 13:15.23 1:39.83 |

66 lat i starsi

| | | | | |
|----|---------------------|---------------------|-------------------------|---------------------|
| 1. | MARSZAŁEK, Andrzej | 54 | Bydgoska Liga Pływacka* | 7:02.72 |
| | 50y: 49.37 49.37 | 150y: 2:37.17 53.70 | 250y: 4:24.52 53.50 | 350y: 6:11.25 53.34 |
| | 100y: 1:43.47 54.10 | 200y: 3:31.02 53.85 | 300y: 5:17.91 53.39 | 400y: 7:02.72 51.47 |