

Arena Grand Prix  
Łódź, 11. - 12.4.2026

Konkurencja 11  
11.04.2026 - 10:19

Kobiet, 200m grzbietowy

13 lat i starsi  
Wyniki

Top Times "Poland" Open	2:08.96	BERNAT, Laura	03103	Fukuoka (JPN)	28.07.2023
Top Times "Poland" 19 +	2:09.40	PISKORSKA, Adela	03103	Olsztyn	26.04.2023
Top Times "Poland" 18	2:08.96	BERNAT, Laura	03103	Fukuoka (JPN)	28.07.2023
Top Times "Poland" 17	2:09.74	TCHÓRZ, Alicja	00104	Rome (ITA)	31.07.2009
Top Times "Poland" 16	2:09.81	BERNAT, Laura	03103	Lublin	28.03.2021
Top Times "Poland" 15	2:11.71	BERNAT, Laura	03103	Lublin	08.02.2020
Top Times "Poland" 14	2:14.08	BERNAT, Laura	01403	Baku (AZE)	22.07.2019
Top Times "Poland" 13	2:18.74	BERNAT, Laura	01403	Lublin	16.06.2018

Punkty: AQUA 2025

Pozycja			Rok ur.			Czas	Pkt.
<b>OPEN</b>							
1.	KUCZMAR, Zuzanna	07	UKP „Polonia Warszawa”	<b>2:17.23</b>	722		
	50m: 33.54 33.54	100m: 1:08.54	35.00	200m: 2:17.23	1:08.69		
2.	KNOP, Aleksandra	03	UKS 190 Łódź	<b>2:18.78</b>	698		
	50m: 35.06 35.06	100m: 1:12.57	37.51	150m: 1:45.34	32.77	200m: 2:18.78	33.44
3.	ROMANOWSKA, Aleksandra	09	UKS „GIM 92 Ursynów”	<b>2:19.99</b>	680		
	50m: 32.61 32.61	100m: 1:07.16	34.55	150m: 1:42.72	35.56	200m: 2:19.99	37.27
4.	PIETUCH, Antonina	10	AZS AWF Warszawa	<b>2:21.96</b>	652		
	50m: 32.91 32.91	100m: 1:08.52	35.61	150m: 1:44.71	36.19	200m: 2:21.96	37.25
5.	POLA SKA, Aleksandra	00	KU AZS Uniwersytetu Warszawski	<b>2:22.36</b>	647		
	50m: 33.20 33.20	100m: 1:08.76	35.56	150m: 1:45.38	36.62	200m: 2:22.36	36.98
6.	KONDRASIUK, Zofia	08	UKS „GIM 92 Ursynów”	<b>2:25.23</b>	609		
	50m: 34.64 34.64	100m: 1:11.20	36.56	150m: 1:48.16	36.96	200m: 2:25.23	37.07
7.	DENISIEWICZ, Zuzanna	07	UKS Nawa Skierniewice	<b>2:26.94</b>	588		
	50m: 35.73 35.73	100m: 1:13.10	37.37	150m: 1:50.35	37.25	200m: 2:26.94	36.59
8.	ZDYBEL, Zuzanna	11	UKS Wodnik Krasnystaw	<b>2:27.50</b>	581		
	50m: 34.37 34.37	100m: 1:12.77	38.40	150m: 1:50.91	38.14	200m: 2:27.50	36.59
9.	GOMUŁKA, Weronika	06	UKS 190 Łódź	<b>2:28.44</b>	570		
	50m: 33.77 33.77	100m: 1:11.36	37.59	150m: 1:49.92	38.56	200m: 2:28.44	38.52
10.	NIEDZI SKA, Bianka	10	UKS G-8 Bielany Warszawa	<b>2:29.12</b>	563		
	50m: 33.98 33.98	100m: 1:12.39	38.41	150m: 1:51.50	39.11	200m: 2:29.12	37.62
11.	SADO, Jagoda	11	UKP Unia O wi cim	<b>2:29.82</b>	555		
	50m: 34.84 34.84	100m: 1:12.73	37.89	150m: 1:51.55	38.82	200m: 2:29.82	38.27
12.	JANIK, Aleksandra	11	Stowarzyszenie Solne Miasto Wieliczka	<b>2:30.53</b>	547		
	50m: 34.54 34.54	100m: 1:13.31	38.77	150m: 1:52.16	38.85	200m: 2:30.53	38.37
13.	TYMI SKA, Natalia	08	UKS „GIM 92 Ursynów”	<b>2:30.70</b>	545		
	50m: 34.33 34.33	100m: 1:12.48	38.15	150m: 1:51.73	39.25	200m: 2:30.70	38.97
14.	BARCI SKA, Ida	10	UKP „Polonia Warszawa”	<b>2:31.07</b>	541		
	50m: 34.15 34.15	100m: 1:12.68	38.53	150m: 1:52.70	40.02	200m: 2:31.07	38.37
15.	GUBAŁA, Justyna	09	Stowarzyszenie Solne Miasto Wieliczka	<b>2:31.56</b>	536		
	50m: 33.83 33.83	100m: 1:12.02	38.19	150m: 1:52.00	39.98	200m: 2:31.56	39.56
16.	SZCZEPANIAK, Nadia	12	MKS Jedyńka Łódź	<b>2:32.77</b>	523		
	50m: 34.86 34.86	100m: 1:14.31	39.45	150m: 1:54.45	40.14	200m: 2:32.77	38.32
17.	MYSŁEK, Anna	13	UKS G-8 Bielany Warszawa	<b>2:34.33</b>	507		
	50m: 36.53 36.53	100m: 1:16.31	39.78	150m: 1:55.17	38.86	200m: 2:34.33	39.16
18.	STANKIEWICZ, Maja	11	MKS Piaseczno	<b>2:35.53</b>	496		
	50m: 34.08 34.08	100m: 1:13.24	39.16	150m: 1:54.41	41.17	200m: 2:35.53	41.12
19.	BURCZY SKA, Gabriela	12	UKS G-8 Bielany Warszawa	<b>2:35.80</b>	493		
	50m: 36.33 36.33	100m: 1:16.07	39.74	150m: 1:56.55	40.48	200m: 2:35.80	39.25
20.	RYGIERT, Kornelia	08	MUKS Wodnik Łask	<b>2:35.83</b>	493		
	50m: 35.55 35.55	100m: 1:13.80	38.25	150m: 1:54.46	40.66	200m: 2:35.83	41.37

Arena Grand Prix  
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Konkurencja 11, Kobiet, 200m grzbietowy, OPEN

Pozycja			Rok ur.					Czas	Pkt.
21.	LAVRENIUK, Kseniia	09	Ukraine				<b>2:36.22</b>	489	
	50m: 34.48 34.48	100m: 1:13.09	38.61	150m: 1:54.33	41.24	200m: 2:36.22	41.89		
22.	KRASOWSKA, Maja	11	UKS Juvenia iSwim Białystok				<b>2:38.27</b>	470	
	50m: 34.82 34.82	100m: 1:14.38	39.56	150m: 1:57.01	42.63	200m: 2:38.27	41.26		
23.	NAGÓRNA, Wiktoria	10	MUKP Korona-Swim Kielce				<b>2:38.32</b>	470	
	50m: 37.09 37.09	100m: 1:16.91	39.82	150m: 1:57.57	40.66	200m: 2:38.32	40.75		
24.	ROKICKA, Alicja	11	MKS „Jagiellonka” Warszawa				<b>2:39.03</b>	464	
	50m: 36.16 36.16	100m: 1:17.62	41.46	150m: 1:59.87	42.25	200m: 2:39.03	39.16		
25.	GŁOWACKA, Anna	12	UKS Pi tka Konstantynów Łódzki				<b>2:39.79</b>	457	
	50m: 37.42 37.42	100m: 1:18.25	40.83	150m: 1:59.72	41.47	200m: 2:39.79	40.07		
26.	MARKOWSKA, Pola	10	UKP „Polonia Warszawa”				<b>2:40.49</b>	451	
	50m: 36.83 36.83	100m: 1:17.35	40.52	150m: 1:59.33	41.98	200m: 2:40.49	41.16		
27.	BIESTEK, Adrianna	12	Stowarzyszenie Solne Miasto Wieliczka				<b>2:41.23</b>	445	
	50m: 35.23 35.23	100m: 1:17.00	41.77	150m: 1:59.75	42.75	200m: 2:41.23	41.48		
28.	MAJKA, Pola	13	ORKA Grudzi dz				<b>2:41.57</b>	442	
	50m: 36.96 36.96	100m: 1:18.02	41.06	150m: 2:00.54	42.52	200m: 2:41.57	41.03		
29.	OLEARCZYK, Martyna	12	UKS Ósemka O wi cim				<b>2:42.77</b>	432	
	50m: 36.88 36.88	100m: 1:18.41	41.53	150m: 2:01.03	42.62	200m: 2:42.77	41.74		
30.	POKRYWKA, Zuzanny	12	Stowarzyszenie Solne Miasto Wieliczka				<b>2:42.96</b>	431	
	50m: 37.25 37.25	100m: 1:19.03	41.78	150m: 2:01.29	42.26	200m: 2:42.96	41.67		
31.	KRYSZKIEWICZ, Lidia	12	MKS „Jagiellonka” Warszawa				<b>2:43.99</b>	423	
	50m: 37.22 37.22	100m: 1:19.31	42.09	150m: 2:02.88	43.57	200m: 2:43.99	41.11		
32.	CZY AK, Paulina	11	UKS G-8 Bielany Warszawa				<b>2:44.41</b>	420	
	50m: 35.54 35.54	100m: 1:16.33	40.79	150m: 2:00.18	43.85	200m: 2:44.41	44.23		
33.	POLI SKA, Natalia	07	MKS Trójka Łód				<b>2:46.01</b>	408	
	50m: 38.56 38.56	100m: 1:22.19	43.63	150m: 2:06.28	44.09	200m: 2:46.01	39.73		
34.	SELL, Karolina	07	MUKP Korona-Swim Kielce				<b>2:47.39</b>	398	
	50m: 37.70 37.70	100m: 1:20.21	42.51	150m: 2:04.51	44.30	200m: 2:47.39	42.88		
35.	WOJCIECHOWSKA, Julia	13	UKS SP-149 Łód				<b>2:48.28</b>	391	
	50m: 2:06.88 2:06.88	100m: 1:22.91		200m: 2:48.28	1:25.37				
36.	LASOTA, Lena	11	UKS Nawa Skierniewice				<b>2:48.42</b>	390	
	50m: 37.86 37.86	100m: 1:20.37	42.51	150m: 2:04.90	44.53	200m: 2:48.42	43.52		
37.	BOJANOWSKA, Hanna	13	UKS 190 Łód				<b>2:49.16</b>	385	
	50m: 40.30 40.30	100m: 1:23.96	43.66	150m: 2:08.23	44.27	200m: 2:49.16	40.93		
38.	KRAWCZY SKA, Lidia	12	MKS „Jagiellonka” Warszawa				<b>2:50.44</b>	377	
	50m: 38.90 38.90	100m: 1:21.17	42.27	150m: 2:08.51	47.34	200m: 2:50.44	41.93		
39.	KUBICZ, Kornelia	12	MUKP Korona-Swim Kielce				<b>2:50.64</b>	375	
	50m: 39.36 39.36	100m: 1:22.68	43.32	150m: 2:07.51	44.83	200m: 2:50.64	43.13		
40.	KRASKIEWICZ, Barbara	12	MKS „Jagiellonka” Warszawa				<b>2:52.65</b>	362	
	50m: 39.30 39.30	100m: 1:22.88	43.58	150m: 2:08.36	45.48	200m: 2:52.65	44.29		
41.	WI CKOWSKA, Alicja	03	UKS Delfin Garwolin				<b>2:52.77</b>	362	
	50m: 40.03 40.03	100m: 1:23.55	43.52	150m: 2:09.28	45.73	200m: 2:52.77	43.49		
42.	BARTNIK, Weronika	10	KP Sokół Rzeszów				<b>2:53.01</b>	360	
	50m: 38.88 38.88	100m: 1:21.31	42.43	150m: 2:07.24	45.93	200m: 2:53.01	45.77		
43.	ROGÓ , Julia	13	MKS Jordan Kraków				<b>2:53.02</b>	360	
	50m: 40.15 40.15	100m: 1:24.72	44.57	150m: 2:09.71	44.99	200m: 2:53.02	43.31		
44.	KUMANOWSKA, Anna	12	KP Raw-Swim				<b>2:53.11</b>	359	
	50m: 37.87 37.87	100m: 1:21.47	43.60	150m: 2:07.97	46.50	200m: 2:53.11	45.14		

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Konkurencja 11, Kobiet, 200m grzbietowy, OPEN

Pozycja			Rok ur.					Czas	Pkt.	
45.	NAWROCKA, Natalia	08	MUKS Wodnik Łask	<b>2:53.30</b>	358					
	50m: 38.46 38.46	100m: 1:22.36	43.90	150m: 2:08.72	46.36	200m: 2:53.30	44.58			
46.	KOBYLSKA, El bieta	12	MUKP Korona-Swim Kielce	<b>2:54.41</b>	351					
	50m: 40.68 40.68	100m: 1:26.34	45.66	150m: 2:11.34	45.00	200m: 2:54.41	43.07			
47.	GRZELAK, Julita	10	UKP „Polonia Warszawa”	<b>2:55.61</b>	344					
	50m: 41.05 41.05	100m: 1:25.91	44.86	150m: 2:11.65	45.74	200m: 2:55.61	43.96			
48.	ZIÓŁKOWSKA, Sandra	13	MKS Jedyńka Łódź	<b>2:59.16</b>	324					
	50m: 42.11 42.11	100m: 1:28.15	46.04	150m: 2:14.88	46.73	200m: 2:59.16	44.28			
49.	NAJBERT, Marcelina	13	Ks Assa	<b>2:59.35</b>	323					
	50m: 41.60 41.60	100m: 1:27.48	45.88	150m: 2:14.35	46.87	200m: 2:59.35	45.00			
50.	KACZMAREK, Ewa	09	UKS Delfin Garwolin	<b>3:00.10</b>	319					
	50m: 41.17 41.17	100m: 1:25.64	44.47	150m: 2:12.43	46.79	200m: 3:00.10	47.67			
51.	TYC, Zuzanna	12	MUKS Wodnik Łask	<b>3:00.65</b>	316					
	50m: 42.42 42.42	100m: 1:28.62	46.20	150m: 2:16.12	47.50	200m: 3:00.65	44.53			
52.	DZIEJA, Hanna	13	MKS Jedyńka Łódź	<b>3:01.14</b>	314					
	50m: 43.61 43.61	100m: 1:29.25	45.64	150m: 2:16.14	46.89	200m: 3:01.14	45.00			
53.	GADZI SKA, Kornelia	13	MUKS Wodnik Łask	<b>3:05.28</b>	293					
	50m: 44.36 44.36	100m: 1:32.21	47.85	150m: 2:19.83	47.62	200m: 3:05.28	45.45			
54.	KOWALCZYK, Zofia	09	UKS Pi tka Konstantynów Łódzki	<b>3:06.17</b>	289					
	50m: 40.75 40.75	100m: 1:27.86	47.11	150m: 2:18.71	50.85	200m: 3:06.17	47.46			
55.	HENDEL, Magdalena	13	SKS 137 Delfin Łódź	<b>3:06.49</b>	287					
	50m: 42.74 42.74	100m: 1:31.27	48.53	150m: 2:20.01	48.74	200m: 3:06.49	46.48			
56.	CISŁOWICZ, Maria	13	MTKP Delfin Toru	<b>3:06.86</b>	286					
	50m: 44.19 44.19	100m: 1:32.00	47.81	150m: 2:20.08	48.08	200m: 3:06.86	46.78			
57.	TOMCZAK, Agata	11	MUKS Wodnik Łask	<b>3:08.74</b>	277					
	50m: 42.65 42.65	100m: 1:29.69	47.04	150m: 2:18.75	49.06	200m: 3:08.74	49.99			
58.	LENKIEWICZ, Liliana	13	UKS Juwenia iSwim Białystok	<b>3:13.72</b>	256					
	50m: 46.10 46.10	100m: 1:35.69	49.59	150m: 2:26.42	50.73	200m: 3:13.72	47.30			
59.	KOROBKINA, Karolina	13	MTKP Delfin Toru	<b>3:13.73</b>	256					
	50m: 43.49 43.49	100m: 1:33.61	50.12	150m: 2:24.23	50.62	200m: 3:13.73	49.50			
DYSKW.	JANKIEWICZ-DELGADO, Natalia	11	UKS Nawa Skierniewice							
	<i>G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.</i>									

17 - 18 lat

1.	ROMANOWSKA, Aleksandra	09	UKS „GIM 92 Ursynów”	<b>2:19.99</b>	680				
	50m: 32.61 32.61	100m: 1:07.16	34.55	150m: 1:42.72	35.56	200m: 2:19.99	37.27		
2.	KONDRASIUK, Zofia	08	UKS „GIM 92 Ursynów”	<b>2:25.23</b>	609				
	50m: 34.64 34.64	100m: 1:11.20	36.56	150m: 1:48.16	36.96	200m: 2:25.23	37.07		
3.	TYMI SKA, Natalia	08	UKS „GIM 92 Ursynów”	<b>2:30.70</b>	545				
	50m: 34.33 34.33	100m: 1:12.48	38.15	150m: 1:51.73	39.25	200m: 2:30.70	38.97		
4.	GUBAŁA, Justyna	09	Stowarzyszenie Solne Miasto Wieliczka	<b>2:31.56</b>	536				
	50m: 33.83 33.83	100m: 1:12.02	38.19	150m: 1:52.00	39.98	200m: 2:31.56	39.56		
5.	RYGIERT, Kornelia	08	MUKS Wodnik Łask	<b>2:35.83</b>	493				
	50m: 35.55 35.55	100m: 1:13.80	38.25	150m: 1:54.46	40.66	200m: 2:35.83	41.37		
6.	LAVRENIUK, Kseniia	09	Ukraine	<b>2:36.22</b>	489				
	50m: 34.48 34.48	100m: 1:13.09	38.61	150m: 1:54.33	41.24	200m: 2:36.22	41.89		
7.	NAWROCKA, Natalia	08	MUKS Wodnik Łask	<b>2:53.30</b>	358				
	50m: 38.46 38.46	100m: 1:22.36	43.90	150m: 2:08.72	46.36	200m: 2:53.30	44.58		

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Konkurencja 11, Dziewcz t, 200m grzbietowy, 17 - 18 lat

Pozycja		Rok ur.			Czas	Pkt.
8.	KACZMAREK, Ewa	09	UKS Delfin Garwolin		<b>3:00.10</b>	319
	50m: 41.17 41.17	100m: 1:25.64	44.47	150m: 2:12.43	46.79	200m: 3:00.10 47.67
9.	KOWALCZYK, Zofia	09	UKS Piłka Konstantynów Łódzki		<b>3:06.17</b>	289
	50m: 40.75 40.75	100m: 1:27.86	47.11	150m: 2:18.71	50.85	200m: 3:06.17 47.46

16 lat

1.	PIETUCH, Antonina	10	AZS AWF Warszawa		<b>2:21.96</b>	652
	50m: 32.91 32.91	100m: 1:08.52	35.61	150m: 1:44.71	36.19	200m: 2:21.96 37.25
2.	NIEDZIŁKA, Bianka	10	UKS G-8 Bielany Warszawa		<b>2:29.12</b>	563
	50m: 33.98 33.98	100m: 1:12.39	38.41	150m: 1:51.50	39.11	200m: 2:29.12 37.62
3.	BARCIŁA, Ida	10	UKP „Polonia Warszawa”		<b>2:31.07</b>	541
	50m: 34.15 34.15	100m: 1:12.68	38.53	150m: 1:52.70	40.02	200m: 2:31.07 38.37
4.	NAGÓRNA, Wiktoria	10	MUKP Korona-Swim Kielce		<b>2:38.32</b>	470
	50m: 37.09 37.09	100m: 1:16.91	39.82	150m: 1:57.57	40.66	200m: 2:38.32 40.75
5.	MARKOWSKA, Pola	10	UKP „Polonia Warszawa”		<b>2:40.49</b>	451
	50m: 36.83 36.83	100m: 1:17.35	40.52	150m: 1:59.33	41.98	200m: 2:40.49 41.16
6.	BARTNIK, Weronika	10	KP Sokół Rzeszów		<b>2:53.01</b>	360
	50m: 38.88 38.88	100m: 1:21.31	42.43	150m: 2:07.24	45.93	200m: 2:53.01 45.77
7.	GRZELAK, Julita	10	UKP „Polonia Warszawa”		<b>2:55.61</b>	344
	50m: 41.05 41.05	100m: 1:25.91	44.86	150m: 2:11.65	45.74	200m: 2:55.61 43.96

15 lat

1.	ZDYBEL, Zuzanna	11	UKS Wodnik Krasnystaw		<b>2:27.50</b>	581
	50m: 34.37 34.37	100m: 1:12.77	38.40	150m: 1:50.91	38.14	200m: 2:27.50 36.59
2.	SADO, Jagoda	11	UKP Unia Olimpijczki		<b>2:29.82</b>	555
	50m: 34.84 34.84	100m: 1:12.73	37.89	150m: 1:51.55	38.82	200m: 2:29.82 38.27
3.	JANIK, Aleksandra	11	Stowarzyszenie Solne Miasto Wieliczka		<b>2:30.53</b>	547
	50m: 34.54 34.54	100m: 1:13.31	38.77	150m: 1:52.16	38.85	200m: 2:30.53 38.37
4.	STANKIEWICZ, Maja	11	MKS Piaseczno		<b>2:35.53</b>	496
	50m: 34.08 34.08	100m: 1:13.24	39.16	150m: 1:54.41	41.17	200m: 2:35.53 41.12
5.	KRASOWSKA, Maja	11	UKS Juwenia iSwim Białystok		<b>2:38.27</b>	470
	50m: 34.82 34.82	100m: 1:14.38	39.56	150m: 1:57.01	42.63	200m: 2:38.27 41.26
6.	ROKICKA, Alicja	11	MKS „Jagiellonka” Warszawa		<b>2:39.03</b>	464
	50m: 36.16 36.16	100m: 1:17.62	41.46	150m: 1:59.87	42.25	200m: 2:39.03 39.16
7.	CZYŻAK, Paulina	11	UKS G-8 Bielany Warszawa		<b>2:44.41</b>	420
	50m: 35.54 35.54	100m: 1:16.33	40.79	150m: 2:00.18	43.85	200m: 2:44.41 44.23
8.	LASOTA, Lena	11	UKS Nawa Skierniewice		<b>2:48.42</b>	390
	50m: 37.86 37.86	100m: 1:20.37	42.51	150m: 2:04.90	44.53	200m: 2:48.42 43.52
9.	TOMCZAK, Agata	11	MUKS Wodnik Łask		<b>3:08.74</b>	277
	50m: 42.65 42.65	100m: 1:29.69	47.04	150m: 2:18.75	49.06	200m: 3:08.74 49.99

DYSKW. JANKIEWICZ-DELGADO, Natalia 11 UKS Nawa Skierniewice  
*G1 - Pływak nie złamał powierzchni wody głow przed lub na linii 15 m po starcie lub nawrocie.*

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Konkurencja 11, Kobiet, 200m grzbietowy

14 lat

1.	SZCZEPANIAK, Nadia	12	MKS Jedyńka Łódź	<b>2:32.77</b>	523
	50m: 34.86 34.86	100m: 1:14.31	39.45 150m: 1:54.45 40.14	200m: 2:32.77	38.32
2.	BURCZY SKA, Gabriela	12	UKS G-8 Bielany Warszawa	<b>2:35.80</b>	493
	50m: 36.33 36.33	100m: 1:16.07	39.74 150m: 1:56.55 40.48	200m: 2:35.80	39.25
3.	GŁOWACKA, Anna	12	UKS Pi tka Konstantynów Łódzki	<b>2:39.79</b>	457
	50m: 37.42 37.42	100m: 1:18.25	40.83 150m: 1:59.72 41.47	200m: 2:39.79	40.07
4.	BIESTEK, Adrianna	12	Stowarzyszenie Solne Miasto Wieliczka	<b>2:41.23</b>	445
	50m: 35.23 35.23	100m: 1:17.00	41.77 150m: 1:59.75 42.75	200m: 2:41.23	41.48
5.	OLEARCZYK, Martyna	12	UKS Ósemka O wi cim	<b>2:42.77</b>	432
	50m: 36.88 36.88	100m: 1:18.41	41.53 150m: 2:01.03 42.62	200m: 2:42.77	41.74
6.	POKRYWKA, Zuzanny	12	Stowarzyszenie Solne Miasto Wieliczka	<b>2:42.96</b>	431
	50m: 37.25 37.25	100m: 1:19.03	41.78 150m: 2:01.29 42.26	200m: 2:42.96	41.67
7.	KRYSZKIEWICZ, Lidia	12	MKS „Jagiellonka” Warszawa	<b>2:43.99</b>	423
	50m: 37.22 37.22	100m: 1:19.31	42.09 150m: 2:02.88 43.57	200m: 2:43.99	41.11
8.	KRAWCZY SKA, Lidia	12	MKS „Jagiellonka” Warszawa	<b>2:50.44</b>	377
	50m: 38.90 38.90	100m: 1:21.17	42.27 150m: 2:08.51 47.34	200m: 2:50.44	41.93
9.	KUBICZ, Kornelia	12	MUKP Korona-Swim Kielce	<b>2:50.64</b>	375
	50m: 39.36 39.36	100m: 1:22.68	43.32 150m: 2:07.51 44.83	200m: 2:50.64	43.13
10.	KRASKIEWICZ, Barbara	12	MKS „Jagiellonka” Warszawa	<b>2:52.65</b>	362
	50m: 39.30 39.30	100m: 1:22.88	43.58 150m: 2:08.36 45.48	200m: 2:52.65	44.29
11.	KUMANOWSKA, Anna	12	KP Raw-Swim	<b>2:53.11</b>	359
	50m: 37.87 37.87	100m: 1:21.47	43.60 150m: 2:07.97 46.50	200m: 2:53.11	45.14
12.	KOBYLSKA, El bieta	12	MUKP Korona-Swim Kielce	<b>2:54.41</b>	351
	50m: 40.68 40.68	100m: 1:26.34	45.66 150m: 2:11.34 45.00	200m: 2:54.41	43.07
13.	TYC, Zuzanna	12	MUKS Wodnik Łask	<b>3:00.65</b>	316
	50m: 42.42 42.42	100m: 1:28.62	46.20 150m: 2:16.12 47.50	200m: 3:00.65	44.53

13 lat

1.	MYSŁEK, Anna	13	UKS G-8 Bielany Warszawa	<b>2:34.33</b>	507
	50m: 36.53 36.53	100m: 1:16.31	39.78 150m: 1:55.17 38.86	200m: 2:34.33	39.16
2.	MAJKA, Pola	13	ORKA Grudzi dz	<b>2:41.57</b>	442
	50m: 36.96 36.96	100m: 1:18.02	41.06 150m: 2:00.54 42.52	200m: 2:41.57	41.03
3.	WOJCIECHOWSKA, Julia	13	UKS SP-149 Łódź	<b>2:48.28</b>	391
	50m: 2:06.88 2:06.88	100m: 1:22.91	200m: 2:48.28 1:25.37		
4.	BOJANOWSKA, Hanna	13	UKS 190 Łódź	<b>2:49.16</b>	385
	50m: 40.30 40.30	100m: 1:23.96	43.66 150m: 2:08.23 44.27	200m: 2:49.16	40.93
5.	ROGÓ , Julia	13	MKS Jordan Kraków	<b>2:53.02</b>	360
	50m: 40.15 40.15	100m: 1:24.72	44.57 150m: 2:09.71 44.99	200m: 2:53.02	43.31
6.	ZIÓŁKOWSKA, Sandra	13	MKS Jedyńka Łódź	<b>2:59.16</b>	324
	50m: 42.11 42.11	100m: 1:28.15	46.04 150m: 2:14.88 46.73	200m: 2:59.16	44.28
7.	NAJBERT, Marcelina	13	Ks Assa	<b>2:59.35</b>	323
	50m: 41.60 41.60	100m: 1:27.48	45.88 150m: 2:14.35 46.87	200m: 2:59.35	45.00
8.	DZIEJA, Hanna	13	MKS Jedyńka Łódź	<b>3:01.14</b>	314
	50m: 43.61 43.61	100m: 1:29.25	45.64 150m: 2:16.14 46.89	200m: 3:01.14	45.00
9.	GADZI SKA, Kornelia	13	MUKS Wodnik Łask	<b>3:05.28</b>	293
	50m: 44.36 44.36	100m: 1:32.21	47.85 150m: 2:19.83 47.62	200m: 3:05.28	45.45
10.	HENDEL, Magdalena	13	SKS 137 Delfin Łódź	<b>3:06.49</b>	287
	50m: 42.74 42.74	100m: 1:31.27	48.53 150m: 2:20.01 48.74	200m: 3:06.49	46.48

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Konkurencja 11, Dziewcz t, 200m grzbietowy, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
11.	CISŁOWICZ, Maria			13	MTKP Delfin Toru				<b>3:06.86</b>	286		
	50m:	44.19	44.19	100m:	1:32.00	47.81	150m:	2:20.08	48.08	200m:	3:06.86	46.78
12.	LENKIEWICZ, Liliana			13	UKS Juwenia iSwim Białystok				<b>3:13.72</b>	256		
	50m:	46.10	46.10	100m:	1:35.69	49.59	150m:	2:26.42	50.73	200m:	3:13.72	47.30
13.	KOROBKINA, Karolina			13	MTKP Delfin Toru				<b>3:13.73</b>	256		
	50m:	43.49	43.49	100m:	1:33.61	50.12	150m:	2:24.23	50.62	200m:	3:13.73	49.50