

Arena Grand Prix  
Łódź, 11. - 12.4.2026

Konkurencja 22  
11.04.2026 - 17:41

Mężczyzn, 400m dowolny

13 lat i starsi  
Wyniki

Top Times "Poland" Open	3:45.71	STANCZYK, Przemyslaw	00116	Chiba (JPN)	21.08.2007
Top Times "Poland" 19 +	3:45.71	STANCZYK, Przemyslaw	00116	Chiba (JPN)	21.08.2007
Top Times "Poland" 18	3:49.21	WOJDAK, Wojciech		Dordrecht (NED)	09.07.2014
Top Times "Poland" 17	3:51.80	WOJDAK, Wojciech	03106	Poznan	10.07.2013
Top Times "Poland" 16	3:56.29	DASZKIEWICZ, Michał	01006	Lublin	11.07.2019
Top Times "Poland" 15	4:00.04	DASZKIEWICZ, Michał	01006	Oswiecim	14.07.2018
Top Times "Poland" 14	4:06.35	WISZNIOWSKI, Tymoteusz	04911	Ostrowiec Swietokrzyski	06.07.2024
Top Times "Poland" 13	4:18.98	BERNATOWICZ, Sebastian	00802	Oswiecim	07.07.2007

Punkty: AQUA 2025

Pozycja			Rok ur.				Czas	Pkt.
<b>13 lat i starsi</b>								
1.	LITOBORSKI, Mikolaj	08	OS AZS Poznan			<b>3:58.65</b>	784	
	50m: 27.60 27.60	150m: 1:28.37 30.77	250m: 2:28.96 29.91	350m: 3:30.41 30.25				
	100m: 57.60 30.00	200m: 1:59.05 30.68	300m: 3:00.16 31.20	400m: 3:58.65 28.24				
2.	HEBEL, Maciej	05	AZS AWF Katowice			<b>3:58.72</b>	783	
	50m: 27.27 27.27	150m: 1:27.37 30.23	250m: 2:28.87 31.01	350m: 3:30.25 29.89				
	100m: 57.14 29.87	200m: 1:57.86 30.49	300m: 3:00.36 31.49	400m: 3:58.72 28.47				
3.	RADKIEWICZ, Kajetan	05	KU AZS Uniwersytetu Warszawski			<b>3:59.15</b>	779	
	50m: 27.46 27.46	150m: 1:28.42 30.61	250m: 2:29.37 30.19	350m: 3:30.14 29.91				
	100m: 57.81 30.35	200m: 1:59.18 30.76	300m: 3:00.23 30.86	400m: 3:59.15 29.01				
4.	TARASEK, Igor	10	UKP Unia O wi cim			<b>4:02.93</b>	743	
	50m: 28.97 28.97	150m: 1:29.58 30.34	250m: 2:31.04 30.72	350m: 3:33.11 31.01				
	100m: 59.24 30.27	200m: 2:00.32 30.74	300m: 3:02.10 31.06	400m: 4:02.93 29.82				
5.	DWORAKOWSKI, Błażej	07	Ks Delfin Gdynia			<b>4:05.75</b>	718	
	50m: 28.11 28.11	150m: 1:30.40 31.37	250m: 2:32.96 31.15	350m: 3:35.89 31.24				
	100m: 59.03 30.92	200m: 2:01.81 31.41	300m: 3:04.65 31.69	400m: 4:05.75 29.86				
6.	JANISZEWSKI, Fabian	09	UKS 190 Łódź			<b>4:07.01</b>	707	
	50m: 28.47 28.47	150m: 1:30.04 30.70	250m: 2:32.78 31.53	350m: 3:36.73 31.99				
	100m: 59.34 30.87	200m: 2:01.25 31.21	300m: 3:04.74 31.96	400m: 4:07.01 30.28				
7.	BONDAR, Mykyta	07	UKP Unia O wi cim			<b>4:12.22</b>	664	
	50m: 28.88 28.88	150m: 1:32.95 32.03	250m: 2:37.43 31.75	350m: 3:41.69 31.86				
	100m: 1:00.92 32.04	200m: 2:05.68 32.73	300m: 3:09.83 32.40	400m: 4:12.22 30.53				
8.	POLKOWSKI, Piotr	08	UKP „Polonia Warszawa”			<b>4:12.29</b>	663	
	50m: 27.79 27.79	150m: 1:31.03 32.15	250m: 2:35.93 32.56	350m: 3:39.80 31.01				
	100m: 58.88 31.09	200m: 2:03.37 32.34	300m: 3:08.79 32.86	400m: 4:12.29 32.49				
9.	GRZEGORCZYK, Wiktor	02	AZS AWF Warszawa			<b>4:12.38</b>	663	
	50m: 29.02 29.02	150m: 1:32.81 32.04	250m: 2:37.31 32.20	350m: 3:40.86 31.27				
	100m: 1:00.77 31.75	200m: 2:05.11 32.30	300m: 3:09.59 32.28	400m: 4:12.38 31.52				
10.	WO NICKI, Dominik	06	AZS KU Politechniki Opolskiej			<b>4:15.44</b>	639	
	50m: 29.55 29.55	150m: 1:35.31 32.95	250m: 2:40.44 32.17	350m: 3:44.82 31.94				
	100m: 1:02.36 32.81	200m: 2:08.27 32.96	300m: 3:12.88 32.44	400m: 4:15.44 30.62				
11.	SKŁODOWSKI, Jan	11	MKS Jedyńka Łódź			<b>4:17.37</b>	625	
	50m: 29.23 29.23	150m: 1:33.86 32.39	250m: 2:40.03 32.80	350m: 3:46.17 32.63				
	100m: 1:01.47 32.24	200m: 2:07.23 33.37	300m: 3:13.54 33.51	400m: 4:17.37 31.20				
12.	SKAŁACKI, Igor	08	UKP Unia O wi cim			<b>4:17.47</b>	624	
	50m: 28.69 28.69	150m: 1:33.83 33.05	250m: 2:40.15 33.15	350m: 3:46.04 32.79				
	100m: 1:00.78 32.09	200m: 2:07.00 33.17	300m: 3:13.25 33.10	400m: 4:17.47 31.43				
13.	WOJTAL, Wiktor	09	UKP Unia O wi cim			<b>4:18.13</b>	619	
	50m: 29.77 29.77	150m: 1:37.47 34.05	250m: 2:46.32 34.54	350m: 3:48.25 30.70				
	100m: 1:03.42 33.65	200m: 2:11.78 34.31	300m: 3:17.55 31.23	400m: 4:18.13 29.88				
14.	ŁUCZAK, Filip	08	UKS 190 Łódź			<b>4:19.12</b>	612	
	50m: 29.11 29.11	150m: 1:34.01 33.02	250m: 2:40.93 33.67	350m: 3:47.99 33.72				
	100m: 1:00.99 31.88	200m: 2:07.26 33.25	300m: 3:14.27 33.34	400m: 4:19.12 31.13				

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Konkurencja 22, M czynn, 400m dowolny, 13 lat i starsi

Pozycja			Rok ur.				Czas	Pkt.
15.	BIELECKI, Konrad		10	Ks Delfin Gdynia			<b>4:20.34</b>	604
	50m:	29.19 29.19	150m:	1:35.49	33.48	250m:	2:42.23	33.18
	100m:	1:02.01 32.82	200m:	2:09.05	33.56	300m:	3:15.68	33.45
			350m:	3:48.76		400m:	4:20.34	31.58
16.	HOŁUB, Hubert		10	UKS G-8 Bielany Warszawa			<b>4:21.03</b>	599
	50m:	29.78 29.78	150m:	1:36.11	33.45	250m:	2:42.35	32.82
	100m:	1:02.66 32.88	200m:	2:09.53	33.42	300m:	3:16.11	33.76
			350m:	3:49.15		400m:	4:21.03	31.88
17.	ANDRZEJCZAK, Maciej		10	MUKP Korona-Swim Kielce			<b>4:21.56</b>	595
	50m:	29.30 29.30	150m:	1:36.00	33.98	250m:	2:43.45	33.55
	100m:	1:02.02 32.72	200m:	2:09.90	33.90	300m:	3:17.06	33.61
			350m:	3:49.47		400m:	4:21.56	32.09
18.	WENTLAND, Miłosz		07	AZS Łódź			<b>4:21.68</b>	594
	50m:	28.64 28.64	150m:	1:33.13	32.94	250m:	2:40.56	34.14
	100m:	1:00.19 31.55	200m:	2:06.42	33.29	300m:	3:14.56	34.00
			350m:	3:48.45		400m:	4:21.68	33.23
19.	ZGODA, Szymon		08	UKP „Polonia Warszawa”			<b>4:22.28</b>	590
	50m:	29.71 29.71	150m:	1:34.85	32.64	250m:	2:41.76	33.75
	100m:	1:02.21 32.50	200m:	2:08.01	33.16	300m:	3:15.14	33.38
			350m:	3:48.78		400m:	4:22.28	33.50
20.	SIENKIEWICZ, Ignacy		05	AZS AWF Warszawa			<b>4:22.78</b>	587
	50m:	29.96 29.96	150m:	1:36.53	33.55	250m:	2:43.77	33.35
	100m:	1:02.98 33.02	200m:	2:10.42	33.89	300m:	3:17.03	33.26
			350m:	3:50.05		400m:	4:22.78	32.73
21.	LIPKA, Piotr		10	MKS Trójka Łódź			<b>4:24.06</b>	578
	50m:	32.75 32.75	150m:	1:40.38	33.48	250m:	2:47.29	33.42
	100m:	1:06.90 34.15	200m:	2:13.87	33.49	300m:	3:20.78	33.49
			350m:	3:53.10		400m:	4:24.06	30.96
22.	PŁUCIENNIKOWSKI, Jan		12	MKS Trójka Łódź			<b>4:24.49</b>	576
	50m:	28.42 28.42	150m:	1:36.37	34.21	250m:	2:44.06	33.23
	100m:	1:02.16 33.74	200m:	2:10.83	34.46	300m:	3:18.83	34.77
			350m:	3:52.16		400m:	4:24.49	32.33
23.	LUKAVETSKYI, Oleksandr		09	UKS 190 Łódź			<b>4:25.65</b>	568
	50m:	29.73 29.73	150m:	1:34.14	32.60	250m:	2:41.94	34.13
	100m:	1:01.54 31.81	200m:	2:07.81	33.67	300m:	3:16.34	34.40
			350m:	3:51.12		400m:	4:25.65	34.78
24.	SZANIAWSKI, Hubert		09	UKP „Polonia Warszawa”			<b>4:27.12</b>	559
	50m:	28.37 28.37	150m:	1:33.57	33.22	250m:	2:42.42	34.61
	100m:	1:00.35 31.98	200m:	2:07.81	34.24	300m:	3:17.10	34.68
			350m:	3:52.40		400m:	4:27.12	34.72
25.	PORWIK, Kacper		06	AZS KU Politechniki Opolskiej			<b>4:27.16</b>	558
	50m:	28.81 28.81	150m:	1:34.87	33.26	250m:	2:42.53	33.74
	100m:	1:01.61 32.80	200m:	2:08.79	33.92	300m:	3:16.82	34.29
			350m:	3:51.71		400m:	4:27.16	35.45
26.	KUPISZEK, Antoni		10	UKP „Polonia Warszawa”			<b>4:28.05</b>	553
	50m:	29.07 29.07	150m:	1:36.48	34.32	250m:	2:45.09	34.26
	100m:	1:02.16 33.09	200m:	2:10.83	34.35	300m:	3:20.02	34.93
			350m:	3:54.31		400m:	4:28.05	33.74
27.	OLEJNICZAK, Nataniel		12	UKS SP-149 Łódź			<b>4:28.92</b>	548
	50m:	30.10 30.10	150m:	1:38.16	34.55	250m:	2:46.97	33.97
	100m:	1:03.61 33.51	200m:	2:13.00	34.84	300m:	3:22.06	35.09
			350m:	3:55.95		400m:	4:28.92	32.97
28.	RAZINKOV, Tymofii		10	UKP Unia O wi cim			<b>4:29.39</b>	545
	50m:	29.70 29.70	150m:	1:37.04	33.95	250m:	2:45.62	34.49
	100m:	1:03.09 33.39	200m:	2:11.13	34.09	300m:	3:20.43	34.81
			350m:	3:55.54		400m:	4:29.39	33.85
29.	ŁUKASZEWICZ, Michał		11	UKP „Polonia Warszawa”			<b>4:29.51</b>	544
	50m:	29.68 29.68	150m:	1:37.70	34.21	250m:	2:46.05	33.70
	100m:	1:03.49 33.81	200m:	2:12.35	34.65	300m:	3:21.05	35.00
			350m:	3:55.31		400m:	4:29.51	34.26
30.	WI NIEWSKI, Ksawery		12	ORKA Grudzi dz			<b>4:30.42</b>	538
	50m:	29.99 29.99	150m:	1:39.66	35.29	250m:	2:50.18	35.09
	100m:	1:04.37 34.38	200m:	2:15.09	35.43	300m:	3:24.81	34.63
			350m:	3:58.06		400m:	4:30.42	32.36
31.	MASZEWSKI, Mikołaj		06	UKS Nawa Skierniewice			<b>4:31.01</b>	535
	50m:	29.98 29.98	150m:	1:39.31	34.67	250m:	2:49.20	34.82
	100m:	1:04.64 34.66	200m:	2:14.38	35.07	300m:	3:23.54	34.34
			350m:	3:57.99		400m:	4:31.01	33.02
32.	TAMBORSKI, Zbigniew		12	MKS Trójka Łódź			<b>4:31.03</b>	535
	50m:	29.99 29.99	150m:	1:38.96	34.86	250m:	2:48.53	34.69
	100m:	1:04.10 34.11	200m:	2:13.84	34.88	300m:	3:23.37	34.84
			350m:	3:58.01		400m:	4:31.03	33.02

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Pozycja			Rok ur.						Czas	Pkt.
33.	ŁUNIEWSKI, Tymoteusz	11	TP Skalar, Słupsk					<b>4:31.09</b>	534	
	50m: 29.67 29.67	150m: 1:38.08	35.19	250m: 2:48.85	35.58	350m: 3:59.18	35.22			
	100m: 1:02.89 33.22	200m: 2:13.27	35.19	300m: 3:23.96	35.11	400m: 4:31.09	31.91			
34.	PIETRYCH, Igor	10	UKS „GIM 92 Ursynów”					<b>4:31.88</b>	530	
	50m: 30.02 30.02	150m: 1:38.30	35.15	250m: 2:49.00	35.50	350m: 3:58.99	34.49			
	100m: 1:03.15 33.13	200m: 2:13.50	35.20	300m: 3:24.50	35.50	400m: 4:31.88	32.89			
35.	BEDY SKI, Jakub	11	MKS „Jagiellonka” Warszawa					<b>4:32.00</b>	529	
	50m: 30.25 30.25	150m: 1:38.71	34.74	250m: 2:49.22	35.26	350m: 3:59.50	35.02			
	100m: 1:03.97 33.72	200m: 2:13.96	35.25	300m: 3:24.48	35.26	400m: 4:32.00	32.50			
	DEREDAS, Stanisław	11	UKS 190 Łódź					<b>4:32.00</b>	529	
	50m: 30.31 30.31	150m: 1:37.90	34.35	250m: 2:47.55	34.84	350m: 3:58.11	35.00			
	100m: 1:03.55 33.24	200m: 2:12.71	34.81	300m: 3:23.11	35.56	400m: 4:32.00	33.89			
37.	SKROBISZ, Michał	07	UKS 190 Łódź					<b>4:32.91</b>	524	
	50m: 30.60 30.60	150m: 1:38.55	34.44	250m: 2:48.13	34.83	350m: 3:58.45	35.39			
	100m: 1:04.11 33.51	200m: 2:13.30	34.75	300m: 3:23.06	34.93	400m: 4:32.91	34.46			
38.	GORLACH, Miłosz	11	Stowarzyszenie Solne Miasto Wieliczka					<b>4:32.96</b>	524	
	50m: 29.56 29.56	150m: 1:38.45	35.50	250m: 2:48.49	35.32	350m: 3:59.43	35.45			
	100m: 1:02.95 33.39	200m: 2:13.17	34.72	300m: 3:23.98	35.49	400m: 4:32.96	33.53			
39.	PATOKA, Kacper	10	UKS G-8 Bielany Warszawa					<b>4:32.97</b>	524	
	50m: 28.91 28.91	150m: 1:37.83	35.08	250m: 2:49.29	35.97	350m: 4:00.85	35.49			
	100m: 1:02.75 33.84	200m: 2:13.32	35.49	300m: 3:25.36	36.07	400m: 4:32.97	32.12			
40.	KIPOT, Dmytro	11	Ukraine					<b>4:32.99</b>	523	
	50m: 29.76 29.76	150m: 1:40.88	35.32	250m: 2:52.07	35.53	350m: 4:00.87	33.00			
	100m: 1:05.56 35.80	200m: 2:16.54	35.66	300m: 3:27.87	35.80	400m: 4:32.99	32.12			
41.	PAWLAK, Dawid	08	UKS 190 Łódź					<b>4:33.18</b>	522	
	50m: 29.32 29.32	150m: 1:36.63	34.79	250m: 2:47.58	35.36	350m: 3:59.00	35.73			
	100m: 1:01.84 32.52	200m: 2:12.22	35.59	300m: 3:23.27	35.69	400m: 4:33.18	34.18			
42.	GAWRO SKI, Kacper	10	UKP Unia O wi cim					<b>4:33.89</b>	518	
	50m: 30.40 30.40	150m: 1:40.03	35.25	250m: 2:50.28	34.79	350m: 3:59.90	34.41			
	100m: 1:04.78 34.38	200m: 2:15.49	35.46	300m: 3:25.49	35.21	400m: 4:33.89	33.99			
43.	MENDAKIEWICZ, Mikołaj	11	UKS 190 Łódź					<b>4:33.94</b>	518	
	50m: 31.67 31.67	150m: 1:40.83	34.91	250m: 2:51.12	34.16	350m: 4:01.19	34.81			
	100m: 1:05.92 34.25	200m: 2:16.96	36.13	300m: 3:26.38	35.26	400m: 4:33.94	32.75			
44.	NITECKI, Adam	11	MKS Piaseczno					<b>4:34.16</b>	517	
	50m: 30.44 30.44	150m: 1:39.61	34.31	250m: 2:50.30	35.24	350m: 4:00.66	34.77			
	100m: 1:05.30 34.86	200m: 2:15.06	35.45	300m: 3:25.89	35.59	400m: 4:34.16	33.50			
45.	WÓJCICKI, Xavier	12	MKS Trójka Łódź					<b>4:34.17</b>	517	
	50m: 30.72 30.72	150m: 1:38.97	34.85	250m: 2:49.83	35.38	350m: 4:00.31	35.16			
	100m: 1:04.12 33.40	200m: 2:14.45	35.48	300m: 3:25.15	35.32	400m: 4:34.17	33.86			
46.	PAWLAK, Mateusz	12	UKS 190 Łódź					<b>4:34.50</b>	515	
	50m: 32.08 32.08	150m: 1:42.77	34.73	250m: 2:52.82	34.69	350m: 4:01.76	33.40			
	100m: 1:08.04 35.96	200m: 2:18.13	35.36	300m: 3:28.36	35.54	400m: 4:34.50	32.74			
47.	WILANT, Wiktor	09	UKS G-8 Bielany Warszawa					<b>4:34.88</b>	513	
	50m: 29.85 29.85	150m: 1:40.60	35.97	250m: 2:50.93	35.28	350m: 4:01.67	35.09			
	100m: 1:04.63 34.78	200m: 2:15.65	35.05	300m: 3:26.58	35.65	400m: 4:34.88	33.21			
48.	KRUPA, Filip	11	UKP „Polonia Warszawa”					<b>4:35.35</b>	510	
	50m: 28.83 28.83	150m: 1:38.12	35.41	250m: 2:48.96	35.28	350m: 4:00.46	35.65			
	100m: 1:02.71 33.88	200m: 2:13.68	35.56	300m: 3:24.81	35.85	400m: 4:35.35	34.89			
49.	GRZYBOWSKI, Jan	10	UKS SP-149 Łódź					<b>4:36.87</b>	502	
	50m: 29.60 29.60	150m: 1:36.54	33.74	250m: 2:44.30	33.56	350m: 3:57.80	37.24			
	100m: 1:02.80 33.20	200m: 2:10.74	34.20	300m: 3:20.56	36.26	400m: 4:36.87	39.07			
50.	OTR BA, Igor	09	UKP Unia O wi cim					<b>4:37.30</b>	499	
	50m: 29.03 29.03	150m: 1:37.42	34.42	250m: 2:48.60	36.15	350m: 4:01.45	36.21			
	100m: 1:03.00 33.97	200m: 2:12.45	35.03	300m: 3:25.24	36.64	400m: 4:37.30	35.85			

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Konkurencja 22, M czyzn, 400m dowolny, 13 lat i starsi

Pozycja			Rok ur.				Czas	Pkt.
51.	ZHABOKRYTSKYI, Hlib	08	Ukraine			<b>4:38.08</b>	495	
	50m: 29.43 29.43	150m: 1:38.21	35.08	250m: 2:50.09	36.23	350m: 4:03.39	36.52	
	100m: 1:03.13 33.70	200m: 2:13.86	35.65	300m: 3:26.87	36.78	400m: 4:38.08	34.69	
52.	KUSYK, Franciszek	11	MKS „Jagiellonka” Warszawa			<b>4:38.35</b>	494	
	50m: 30.80 30.80	150m: 1:40.81	35.25	250m: 2:52.34	36.08	350m: 4:03.97	35.77	
	100m: 1:05.56 34.76	200m: 2:16.26	35.45	300m: 3:28.20	35.86	400m: 4:38.35	34.38	
53.	GARMAN, Maksymilian	10	UKS IG Falkowski Warszawa			<b>4:38.49</b>	493	
	50m: 30.57 30.57	150m: 1:40.43	35.57	250m: 2:52.21	36.11	350m: 4:04.84	36.09	
	100m: 1:04.86 34.29	200m: 2:16.10	35.67	300m: 3:28.75	36.54	400m: 4:38.49	33.65	
54.	MIASTOUSKI, Rodion	10	Ukraine			<b>4:40.08</b>	485	
	50m: 30.96 30.96	150m: 1:42.77	36.31	250m: 2:55.91	36.75	350m: 4:06.86	34.47	
	100m: 1:06.46 35.50	200m: 2:19.16	36.39	300m: 3:32.39	36.48	400m: 4:40.08	33.22	
55.	NIEZGODA, Edward	10	UKS G-8 Bielany Warszawa			<b>4:40.40</b>	483	
	50m: 30.79 30.79	150m: 1:42.98	36.24	250m: 2:55.04	35.43	350m: 4:05.50	35.38	
	100m: 1:06.74 35.95	200m: 2:19.61	36.63	300m: 3:30.12	35.08	400m: 4:40.40	34.90	
56.	TKACZYK, Kajetan	09	UKP Unia O wi cim			<b>4:42.32</b>	473	
	50m: 31.60 31.60	150m: 1:43.12	36.02	250m: 2:55.64	35.94	350m: 4:07.54	35.93	
	100m: 1:07.10 35.50	200m: 2:19.70	36.58	300m: 3:31.61	35.97	400m: 4:42.32	34.78	
57.	LUBICKI, Adam	11	MKS Jedyńka Łódź			<b>4:42.74</b>	471	
	50m: 31.93 31.93	150m: 1:43.46	35.86	250m: 2:54.85	35.35	350m: 4:06.94	36.38	
	100m: 1:07.60 35.67	200m: 2:19.50	36.04	300m: 3:30.56	35.71	400m: 4:42.74	35.80	
58.	GRABI SKI, Tymon	10	UKS G-8 Bielany Warszawa			<b>4:43.41</b>	468	
	50m: 29.08 29.08	150m: 1:39.83	36.14	250m: 2:55.33	37.51	350m: 4:09.69	36.84	
	100m: 1:03.69 34.61	200m: 2:17.82	37.99	300m: 3:32.85	37.52	400m: 4:43.41	33.72	
59.	KOPE , Jakub	11	UKS 190 Łódź			<b>4:43.77</b>	466	
	50m: 32.36 32.36	150m: 1:45.72	37.28	250m: 2:58.24	35.96	350m: 4:08.91	35.54	
	100m: 1:08.44 36.08	200m: 2:22.28	36.56	300m: 3:33.37	35.13	400m: 4:43.77	34.86	
60.	DUDA, Kacper	05	AZS AWF Katowice			<b>4:44.45</b>	463	
	50m: 25.77 25.77	150m: 1:24.66	30.19	250m: 2:45.97	50.61	350m: 4:11.27	41.99	
	100m: 54.47 28.70	200m: 1:55.36	30.70	300m: 3:29.28	43.31	400m: 4:44.45	33.18	
61.	RACHWAŁ, Patryk	08	UKP „Polonia Warszawa”			<b>4:44.69</b>	461	
	50m: 31.22 31.22	150m: 1:46.41	37.58	250m: 3:00.21	36.20	350m: 4:12.20	35.33	
	100m: 1:08.83 37.61	200m: 2:24.01	37.60	300m: 3:36.87	36.66	400m: 4:44.69	32.49	
62.	ÓŁTOWSKI, Adam	11	MKS „Jagiellonka” Warszawa			<b>4:45.70</b>	457	
	50m: 31.57 31.57	150m: 1:43.83	36.73	250m: 2:57.60	37.13	350m: 4:10.93	36.31	
	100m: 1:07.10 35.53	200m: 2:20.47	36.64	300m: 3:34.62	37.02	400m: 4:45.70	34.77	
63.	ALIPOW, Mateusz	10	ORKA Grudzi dz			<b>4:45.94</b>	455	
	50m: 32.66 32.66	150m: 1:45.48	36.54	250m: 2:59.37	36.87	350m: 4:12.67	36.39	
	100m: 1:08.94 36.28	200m: 2:22.50	37.02	300m: 3:36.28	36.91	400m: 4:45.94	33.27	
64.	STRUMI SKI, Olaf	12	MKS Trójka Łódź			<b>4:47.28</b>	449	
	50m: 31.67 31.67	150m: 1:43.30	36.30	250m: 2:57.60	37.11	350m: 4:11.49	36.72	
	100m: 1:07.00 35.33	200m: 2:20.49	37.19	300m: 3:34.77	37.17	400m: 4:47.28	35.79	
65.	BANCEWICZ-BOGUTA, Natan	13	UKS Pi tka Konstantynów Łódzki			<b>4:47.66</b>	447	
	50m: 31.84 31.84	150m: 1:45.34	37.06	250m: 2:59.86	37.06	350m: 4:13.34	36.51	
	100m: 1:08.28 36.44	200m: 2:22.80	37.46	300m: 3:36.83	36.97	400m: 4:47.66	34.32	
66.	CHUK, Mikołaj	10	Ks Delfin Gdynia			<b>4:48.18</b>	445	
	50m: 31.99 31.99	150m: 1:43.55	35.96	250m: 2:57.36	37.10	350m: 4:12.29	37.27	
	100m: 1:07.59 35.60	200m: 2:20.26	36.71	300m: 3:35.02	37.66	400m: 4:48.18	35.89	
67.	FEDAK, Michał	10	UKS SP AQUARIUS Lesko			<b>4:48.30</b>	444	
	50m: 30.71 30.71	150m: 1:44.95	38.11	250m: 3:00.12	37.76	350m: 4:14.46	37.14	
	100m: 1:06.84 36.13	200m: 2:22.36	37.41	300m: 3:37.32	37.20	400m: 4:48.30	33.84	
68.	BORYSOW, Borys	12	KS Warta Pozna			<b>4:49.53</b>	439	
	50m: 31.99 31.99	150m: 1:45.46	37.13	250m: 3:00.49	37.44	350m: 4:14.63	36.65	
	100m: 1:08.33 36.34	200m: 2:23.05	37.59	300m: 3:37.98	37.49	400m: 4:49.53	34.90	

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69.	BEJGER, Michał		12	UKS "Ósemka" Toru				<b>4:49.79</b>	437	
	50m: 31.88	31.88	150m: 1:45.55	37.79	250m: 3:01.18	38.15	350m: 4:16.03	36.47		
	100m: 1:07.76	35.88	200m: 2:23.03	37.48	300m: 3:39.56	38.38	400m: 4:49.79	33.76		
70.	ZDANOWICZ, Adam		11	TP Skalar, Słupsk				<b>4:52.16</b>	427	
	50m: 30.72	30.72	150m: 1:44.07	37.50	250m: 3:02.20	39.36	350m: 4:17.90	36.91		
	100m: 1:06.57	35.85	200m: 2:22.84	38.77	300m: 3:40.99	38.79	400m: 4:52.16	34.26		
71.	RYCHTER, Adam		10	MKS Trójka Łódź				<b>4:52.64</b>	425	
	50m: 32.58	32.58	150m: 1:46.22	37.32	250m: 3:01.25	37.75	350m: 4:16.55	37.41		
	100m: 1:08.90	36.32	200m: 2:23.50	37.28	300m: 3:39.14	37.89	400m: 4:52.64	36.09		
72.	MUCHA, Kornel		12	MUKP Korona-Swim Kielce				<b>4:52.90</b>	424	
	50m: 33.06	33.06	150m: 1:47.72	37.29	250m: 3:02.88	37.46	350m: 4:17.23	37.01		
	100m: 1:10.43	37.37	200m: 2:25.42	37.70	300m: 3:40.22	37.34	400m: 4:52.90	35.67		
73.	W GLARZ, Filip		12	UKS Ósemka O wi cim				<b>4:54.04</b>	419	
	50m: 33.57	33.57	150m: 1:48.83	37.92	250m: 3:04.27	37.63	350m: 4:18.23	36.73		
	100m: 1:10.91	37.34	200m: 2:26.64	37.81	300m: 3:41.50	37.23	400m: 4:54.04	35.81		
74.	DZI CIOŁOWSKI, Kamil		11	MKS „Jagiellonka” Warszawa				<b>4:54.83</b>	415	
	50m: 30.87	30.87	150m: 1:43.77	37.53	250m: 3:01.34	38.94	350m: 4:17.95	37.46		
	100m: 1:06.24	35.37	200m: 2:22.40	38.63	300m: 3:40.49	39.15	400m: 4:54.83	36.88		
75.	SZABLI SKI, Ignacy		11	MKS Piaseczno				<b>4:54.94</b>	415	
	50m: 31.41	31.41	150m: 1:45.92	38.09	250m: 3:02.37	38.34	350m: 4:17.84	38.10		
	100m: 1:07.83	36.42	200m: 2:24.03	38.11	300m: 3:39.74	37.37	400m: 4:54.94	37.10		
76.	PAWLAK, Franciszek		12	UKP „Polonia Warszawa”				<b>4:55.40</b>	413	
	50m: 32.12	32.12	150m: 1:46.56	38.21	250m: 3:03.09	38.17	350m: 4:18.32	36.86		
	100m: 1:08.35	36.23	200m: 2:24.92	38.36	300m: 3:41.46	38.37	400m: 4:55.40	37.08		
77.	LE NIAK, Bartosz		12	UKS Ósemka O wi cim				<b>4:55.57</b>	412	
	50m: 34.30	34.30	150m: 1:50.05	38.08	250m: 3:05.80	37.76	350m: 4:19.77	36.09		
	100m: 1:11.97	37.67	200m: 2:28.04	37.99	300m: 3:43.68	37.88	400m: 4:55.57	35.80		
78.	TOKARZ, Wiktor		12	UKS Ósemka O wi cim				<b>4:57.81</b>	403	
	50m: 33.24	33.24	150m: 1:49.33	38.37	250m: 3:05.98	38.18	350m: 4:21.77	37.43		
	100m: 1:10.96	37.72	200m: 2:27.80	38.47	300m: 3:44.34	38.36	400m: 4:57.81	36.04		
79.	GAWEŁ, Jakub		12	UKS Ósemka O wi cim				<b>4:58.24</b>	401	
	50m: 33.49	33.49	150m: 1:50.05	38.36	250m: 3:07.03	38.40	350m: 4:22.42	38.04		
	100m: 1:11.69	38.20	200m: 2:28.63	38.58	300m: 3:44.38	37.35	400m: 4:58.24	35.82		
80.	REBIZANT, Kacper		12	UKS Ósemka O wi cim				<b>4:59.18</b>	398	
	50m: 34.01	34.01	150m: 1:49.54	37.70	250m: 3:06.11	38.82	350m: 4:23.26	38.39		
	100m: 1:11.84	37.83	200m: 2:27.29	37.75	300m: 3:44.87	38.76	400m: 4:59.18	35.92		
81.	NAPIERAJ, Gerard		09	MKS Jedyńka Łódź				<b>4:59.44</b>	396	
	50m: 32.01	32.01	150m: 1:46.56	38.36	250m: 3:04.59	39.71	350m: 4:23.56	39.53		
	100m: 1:08.20	36.19	200m: 2:24.88	38.32	300m: 3:44.03	39.44	400m: 4:59.44	35.88		
82.	SŁONKA, Aleksander		13	UKS Pi tka Konstancynów Łódzki				<b>5:02.02</b>	386	
	50m: 34.81	34.81	150m: 1:51.94	38.70	250m: 3:10.10	38.98	350m: 4:27.17	37.82		
	100m: 1:13.24	38.43	200m: 2:31.12	39.18	300m: 3:49.35	39.25	400m: 5:02.02	34.85		
83.	RUPI SKI, Filip		11	UKS Nawa Skierniewice				<b>5:02.44</b>	385	
	50m: 33.08	33.08	150m: 1:50.70	38.48	250m: 3:08.94	39.41	350m: 4:26.89	39.94		
	100m: 1:12.22	39.14	200m: 2:29.53	38.83	300m: 3:46.95	38.01	400m: 5:02.44	35.55		
84.	KAMI SKI, Dawid		12	UKS "Ósemka" Toru				<b>5:02.53</b>	384	
	50m: 33.48	33.48	150m: 1:50.57	39.09	250m: 3:08.64	39.07	350m: 4:25.46	37.89		
	100m: 1:11.48	38.00	200m: 2:29.57	39.00	300m: 3:47.57	38.93	400m: 5:02.53	37.07		
85.	OLCZYK, Jan		12	Ks Assa				<b>5:05.53</b>	373	
	50m: 32.83	32.83	150m: 1:49.11	38.75	250m: 3:08.65	39.80	350m: 4:28.72	40.02		
	100m: 1:10.36	37.53	200m: 2:28.85	39.74	300m: 3:48.70	40.05	400m: 5:05.53	36.81		
86.	ALEKSANDROWICZ, Modest		11	MKS „Jagiellonka” Warszawa				<b>5:06.27</b>	370	
	50m: 33.09	33.09	150m: 1:50.55	39.63	250m: 3:09.36	39.51	350m: 4:28.60	39.27		
	100m: 1:10.92	37.83	200m: 2:29.85	39.30	300m: 3:49.33	39.97	400m: 5:06.27	37.67		

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87.	RUDKIEWICZ, Michał		09	KP Raw-Swim				<b>5:09.20</b>	360		
	50m:	34.33 34.33	150m:	1:54.02	40.11	250m:	3:14.18	39.45	350m:	4:33.80	38.81
	100m:	1:13.91 39.58	200m:	2:34.73	40.71	300m:	3:54.99	40.81	400m:	5:09.20	35.40
88.	TRZCI SKI, Cezary		11	MKS Piaseczno				<b>5:10.06</b>	357		
	50m:	32.32 32.32	150m:	1:50.89	40.07	250m:	3:11.59	40.94	350m:	4:31.77	40.10
	100m:	1:10.82 38.50	200m:	2:30.65	39.76	300m:	3:51.67	40.08	400m:	5:10.06	38.29
89.	NARKIEWICZ, Jan		12	UKS "Ósemka" Toru				<b>5:12.21</b>	350		
	50m:	36.11 36.11	150m:	1:55.93	40.10	250m:	3:16.29	39.85	350m:	4:35.51	39.07
	100m:	1:15.83 39.72	200m:	2:36.44	40.51	300m:	3:56.44	40.15	400m:	5:12.21	36.70
90.	ŁUCZAK, Natan		13	UKS SP-149 Łódź				<b>5:12.65</b>	348		
	50m:	36.06 36.06	150m:	1:57.22	40.85	250m:	3:18.93	40.77	350m:	4:36.57	37.60
	100m:	1:16.37 40.31	200m:	2:38.16	40.94	300m:	3:58.97	40.04	400m:	5:12.65	36.08
91.	SZMAJDA, Leonard		12	KS Warta Pozna				<b>5:12.88</b>	347		
	50m:	35.65 35.65	150m:	1:55.90	40.40	250m:	3:16.45	39.34	350m:	4:35.23	39.09
	100m:	1:15.50 39.85	200m:	2:37.11	41.21	300m:	3:56.14	39.69	400m:	5:12.88	37.65
92.	GŁOWACKI, Wojciech		12	UKS Piłka Konstantynów Łódzki				<b>5:15.98</b>	337		
	50m:	34.52 34.52	150m:	1:53.96	39.79	250m:	3:14.85	40.71	350m:	4:36.81	40.61
	100m:	1:14.17 39.65	200m:	2:34.14	40.18	300m:	3:56.20	41.35	400m:	5:15.98	39.17
93.	ŁYSONIEWSKI, Mikołaj		12	KP Raw-Swim				<b>5:30.98</b>	293		
	50m:	37.77 37.77	150m:	2:02.26	42.79	250m:	3:27.47	41.98	350m:	4:51.75	41.01
	100m:	1:19.47 41.70	200m:	2:45.49	43.23	300m:	4:10.74	43.27	400m:	5:30.98	39.23
94.	STEFANOWICZ, Kacper		13	UKS Juvenia iSwim Białystok				<b>5:35.64</b>	281		
	50m:	4:54.64 4:54.64	200m:	2:45.84	1:26.38	400m:	5:35.64	1:23.56			
	100m:	1:19.46	300m:	4:12.08	1:26.24						
95.	PORADA, Ignacy		12	UKS SP-149 Łódź				<b>5:37.94</b>	276		
	50m:	37.49 37.49	150m:	2:03.13	42.81	250m:	3:30.57	43.71	350m:	4:56.65	41.69
	100m:	1:20.32 42.83	200m:	2:46.86	43.73	300m:	4:14.96	44.39	400m:	5:37.94	41.29
96.	WALCZAK, Antoni		13	UKS 190 Łódź				<b>5:38.81</b>	274		
	50m:	38.25 38.25	150m:	2:06.91	44.56	250m:	3:34.77	43.84	350m:	4:59.96	42.39
	100m:	1:22.35 44.10	200m:	2:50.93	44.02	300m:	4:17.57	42.80	400m:	5:38.81	38.85
97.	OCHOWSKI, Jan		13	UKS Juvenia iSwim Białystok				<b>5:46.57</b>	256		
	50m:	37.21 37.21	150m:	2:04.50	44.21	250m:	3:33.77	45.09	350m:	5:03.25	44.40
	100m:	1:20.29 43.08	200m:	2:48.68	44.18	300m:	4:18.85	45.08	400m:	5:46.57	43.32
98.	JANIEWSKI, Adam		13	UKS 190 Łódź				<b>5:50.16</b>	248		
	50m:	37.98 37.98	150m:	2:06.05	45.02	250m:	3:36.73	45.72	350m:	5:07.85	45.46
	100m:	1:21.03 43.05	200m:	2:51.01	44.96	300m:	4:22.39	45.66	400m:	5:50.16	42.31
99.	DEMBI SKI, Antoni		13	UKS Juvenia iSwim Białystok				<b>5:52.05</b>	244		
	50m:	35.65 35.65	150m:	2:04.40	45.44	250m:	3:36.22	46.20	350m:	5:08.25	46.47
	100m:	1:18.96 43.31	200m:	2:50.02	45.62	300m:	4:21.78	45.56	400m:	5:52.05	43.80
100.	BARTASHEVICH, Ilya		13	UKS Juvenia iSwim Białystok				<b>6:01.58</b>	225		
	50m:	38.30 38.30	150m:	2:10.80	46.48	250m:	3:43.70	46.63	350m:	5:17.12	46.74
	100m:	1:24.32 46.02	200m:	2:57.07	46.27	300m:	4:30.38	46.68	400m:	6:01.58	44.46
101.	ZAWIERUCHA, Leon		13	MUKS Wodnik Łask				<b>6:05.87</b>	217		
	50m:	39.43 39.43	150m:	2:12.21	47.26	250m:	3:47.32	47.73	350m:	5:21.35	46.17
	100m:	1:24.95 45.52	200m:	2:59.59	47.38	300m:	4:35.18	47.86	400m:	6:05.87	44.52

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1.	LITOBORSKI, Mikołaj		08	OS AZS Poznan				<b>3:58.65</b>	784		
	50m:	27.60 27.60	150m:	1:28.37	30.77	250m:	2:28.96	29.91	350m:	3:30.41	30.25
	100m:	57.60 30.00	200m:	1:59.05	30.68	300m:	3:00.16	31.20	400m:	3:58.65	28.24
2.	JANISZEWSKI, Fabian		09	UKS 190 Łódź				<b>4:07.01</b>	707		
	50m:	28.47 28.47	150m:	1:30.04	30.70	250m:	2:32.78	31.53	350m:	3:36.73	31.99
	100m:	59.34 30.87	200m:	2:01.25	31.21	300m:	3:04.74	31.96	400m:	4:07.01	30.28

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Pozycja			Rok ur.				Czas	Pkt.
3.	POLKOWSKI, Piotr		08	UKP „Polonia Warszawa”			<b>4:12.29</b>	663
	50m:	27.79 27.79	150m:	1:31.03 32.15	250m:	2:35.93 32.56	350m:	3:39.80 31.01
	100m:	58.88 31.09	200m:	2:03.37 32.34	300m:	3:08.79 32.86	400m:	4:12.29 32.49
4.	SKAŁACKI, Igor		08	UKP Unia O wi cim			<b>4:17.47</b>	624
	50m:	28.69 28.69	150m:	1:33.83 33.05	250m:	2:40.15 33.15	350m:	3:46.04 32.79
	100m:	1:00.78 32.09	200m:	2:07.00 33.17	300m:	3:13.25 33.10	400m:	4:17.47 31.43
5.	WOJTAL, Wiktor		09	UKP Unia O wi cim			<b>4:18.13</b>	619
	50m:	29.77 29.77	150m:	1:37.47 34.05	250m:	2:46.32 34.54	350m:	3:48.25 30.70
	100m:	1:03.42 33.65	200m:	2:11.78 34.31	300m:	3:17.55 31.23	400m:	4:18.13 29.88
6.	ŁUCZAK, Filip		08	UKS 190 Łódź			<b>4:19.12</b>	612
	50m:	29.11 29.11	150m:	1:34.01 33.02	250m:	2:40.93 33.67	350m:	3:47.99 33.72
	100m:	1:00.99 31.88	200m:	2:07.26 33.25	300m:	3:14.27 33.34	400m:	4:19.12 31.13
7.	ZGODA, Szymon		08	UKP „Polonia Warszawa”			<b>4:22.28</b>	590
	50m:	29.71 29.71	150m:	1:34.85 32.64	250m:	2:41.76 33.75	350m:	3:48.78 33.64
	100m:	1:02.21 32.50	200m:	2:08.01 33.16	300m:	3:15.14 33.38	400m:	4:22.28 33.50
8.	LUKAVETSKYI, Oleksandr		09	UKS 190 Łódź			<b>4:25.65</b>	568
	50m:	29.73 29.73	150m:	1:34.14 32.60	250m:	2:41.94 34.13	350m:	3:51.12 34.78
	100m:	1:01.54 31.81	200m:	2:07.81 33.67	300m:	3:16.34 34.40	400m:	4:25.65 34.53
9.	SZANIAWSKI, Hubert		09	UKP „Polonia Warszawa”			<b>4:27.12</b>	559
	50m:	28.37 28.37	150m:	1:33.57 33.22	250m:	2:42.42 34.61	350m:	3:52.40 35.30
	100m:	1:00.35 31.98	200m:	2:07.81 34.24	300m:	3:17.10 34.68	400m:	4:27.12 34.72
10.	PAWLAK, Dawid		08	UKS 190 Łódź			<b>4:33.18</b>	522
	50m:	29.32 29.32	150m:	1:36.63 34.79	250m:	2:47.58 35.36	350m:	3:59.00 35.73
	100m:	1:01.84 32.52	200m:	2:12.22 35.59	300m:	3:23.27 35.69	400m:	4:33.18 34.18
11.	WILANT, Wiktor		09	UKS G-8 Bielany Warszawa			<b>4:34.88</b>	513
	50m:	29.85 29.85	150m:	1:40.60 35.97	250m:	2:50.93 35.28	350m:	4:01.67 35.09
	100m:	1:04.63 34.78	200m:	2:15.65 35.05	300m:	3:26.58 35.65	400m:	4:34.88 33.21
12.	OTR BA, Igor		09	UKP Unia O wi cim			<b>4:37.30</b>	499
	50m:	29.03 29.03	150m:	1:37.42 34.42	250m:	2:48.60 36.15	350m:	4:01.45 36.21
	100m:	1:03.00 33.97	200m:	2:12.45 35.03	300m:	3:25.24 36.64	400m:	4:37.30 35.85
13.	ZHABOKRYTSKYI, Hlib		08	Ukraine			<b>4:38.08</b>	495
	50m:	29.43 29.43	150m:	1:38.21 35.08	250m:	2:50.09 36.23	350m:	4:03.39 36.52
	100m:	1:03.13 33.70	200m:	2:13.86 35.65	300m:	3:26.87 36.78	400m:	4:38.08 34.69
14.	TKACZYK, Kajetan		09	UKP Unia O wi cim			<b>4:42.32</b>	473
	50m:	31.60 31.60	150m:	1:43.12 36.02	250m:	2:55.64 35.94	350m:	4:07.54 35.93
	100m:	1:07.10 35.50	200m:	2:19.70 36.58	300m:	3:31.61 35.97	400m:	4:42.32 34.78
15.	RACHWAŁ, Patryk		08	UKP „Polonia Warszawa”			<b>4:44.69</b>	461
	50m:	31.22 31.22	150m:	1:46.41 37.58	250m:	3:00.21 36.20	350m:	4:12.20 35.33
	100m:	1:08.83 37.61	200m:	2:24.01 37.60	300m:	3:36.87 36.66	400m:	4:44.69 32.49
16.	NAPIERAJ, Gerard		09	MKS Jedyńka Łódź			<b>4:59.44</b>	396
	50m:	32.01 32.01	150m:	1:46.56 38.36	250m:	3:04.59 39.71	350m:	4:23.56 39.53
	100m:	1:08.20 36.19	200m:	2:24.88 38.32	300m:	3:44.03 39.44	400m:	4:59.44 35.88
17.	RUDKIEWICZ, Michał		09	KP Raw-Swim			<b>5:09.20</b>	360
	50m:	34.33 34.33	150m:	1:54.02 40.11	250m:	3:14.18 39.45	350m:	4:33.80 38.81
	100m:	1:13.91 39.58	200m:	2:34.73 40.71	300m:	3:54.99 40.81	400m:	5:09.20 35.40
16 lat								
1.	TARASEK, Igor		10	UKP Unia O wi cim			<b>4:02.93</b>	743
	50m:	28.97 28.97	150m:	1:29.58 30.34	250m:	2:31.04 30.72	350m:	3:33.11 31.01
	100m:	59.24 30.27	200m:	2:00.32 30.74	300m:	3:02.10 31.06	400m:	4:02.93 29.82
2.	BIELECKI, Konrad		10	Ks Delfin Gdynia			<b>4:20.34</b>	604
	50m:	29.19 29.19	150m:	1:35.49 33.48	250m:	2:42.23 33.18	350m:	3:48.76 33.08
	100m:	1:02.01 32.82	200m:	2:09.05 33.56	300m:	3:15.68 33.45	400m:	4:20.34 31.58

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Konkurencja 22, Chłopców, 400m dowolny, 16 lat

Pozycja			Rok ur.					Czas	Pkt.
3.	HOŁUB, Hubert		10	UKS G-8 Bielany Warszawa				<b>4:21.03</b>	599
	50m:	29.78 29.78	150m:	1:36.11	33.45	250m:	2:42.35 32.82	350m:	3:49.15 33.04
	100m:	1:02.66 32.88	200m:	2:09.53	33.42	300m:	3:16.11 33.76	400m:	4:21.03 31.88
4.	ANDRZEJCZAK, Maciej		10	MUKP Korona-Swim Kielce				<b>4:21.56</b>	595
	50m:	29.30 29.30	150m:	1:36.00	33.98	250m:	2:43.45 33.55	350m:	3:49.47 32.41
	100m:	1:02.02 32.72	200m:	2:09.90	33.90	300m:	3:17.06 33.61	400m:	4:21.56 32.09
5.	LIPKA, Piotr		10	MKS Trójka Łódź				<b>4:24.06</b>	578
	50m:	32.75 32.75	150m:	1:40.38	33.48	250m:	2:47.29 33.42	350m:	3:53.10 32.32
	100m:	1:06.90 34.15	200m:	2:13.87	33.49	300m:	3:20.78 33.49	400m:	4:24.06 30.96
6.	KUPISZEK, Antoni		10	UKP „Polonia Warszawa”				<b>4:28.05</b>	553
	50m:	29.07 29.07	150m:	1:36.48	34.32	250m:	2:45.09 34.26	350m:	3:54.31 34.29
	100m:	1:02.16 33.09	200m:	2:10.83	34.35	300m:	3:20.02 34.93	400m:	4:28.05 33.74
7.	RAZINKOV, Tymofii		10	UKP Unia O wi cim				<b>4:29.39</b>	545
	50m:	29.70 29.70	150m:	1:37.04	33.95	250m:	2:45.62 34.49	350m:	3:55.54 35.11
	100m:	1:03.09 33.39	200m:	2:11.13	34.09	300m:	3:20.43 34.81	400m:	4:29.39 33.85
8.	PIETRYCH, Igor		10	UKS „GIM 92 Ursynów”				<b>4:31.88</b>	530
	50m:	30.02 30.02	150m:	1:38.30	35.15	250m:	2:49.00 35.50	350m:	3:58.99 34.49
	100m:	1:03.15 33.13	200m:	2:13.50	35.20	300m:	3:24.50 35.50	400m:	4:31.88 32.89
9.	PATOKA, Kacper		10	UKS G-8 Bielany Warszawa				<b>4:32.97</b>	524
	50m:	28.91 28.91	150m:	1:37.83	35.08	250m:	2:49.29 35.97	350m:	4:00.85 35.49
	100m:	1:02.75 33.84	200m:	2:13.32	35.49	300m:	3:25.36 36.07	400m:	4:32.97 32.12
10.	GAWRO SKI, Kacper		10	UKP Unia O wi cim				<b>4:33.89</b>	518
	50m:	30.40 30.40	150m:	1:40.03	35.25	250m:	2:50.28 34.79	350m:	3:59.90 34.41
	100m:	1:04.78 34.38	200m:	2:15.49	35.46	300m:	3:25.49 35.21	400m:	4:33.89 33.99
11.	GRZYSZAK, Jan		10	UKS SP-149 Łódź				<b>4:36.87</b>	502
	50m:	29.60 29.60	150m:	1:36.54	33.74	250m:	2:44.30 33.56	350m:	3:57.80 37.24
	100m:	1:02.80 33.20	200m:	2:10.74	34.20	300m:	3:20.56 36.26	400m:	4:36.87 39.07
12.	GARMAN, Maksymilian		10	UKS IG Falkowski Warszawa				<b>4:38.49</b>	493
	50m:	30.57 30.57	150m:	1:40.43	35.57	250m:	2:52.21 36.11	350m:	4:04.84 36.09
	100m:	1:04.86 34.29	200m:	2:16.10	35.67	300m:	3:28.75 36.54	400m:	4:38.49 33.65
13.	MIASTOUSKI, Rodion		10	Ukraine				<b>4:40.08</b>	485
	50m:	30.96 30.96	150m:	1:42.77	36.31	250m:	2:55.91 36.75	350m:	4:06.86 34.47
	100m:	1:06.46 35.50	200m:	2:19.16	36.39	300m:	3:32.39 36.48	400m:	4:40.08 33.22
14.	NIEZGODA, Edward		10	UKS G-8 Bielany Warszawa				<b>4:40.40</b>	483
	50m:	30.79 30.79	150m:	1:42.98	36.24	250m:	2:55.04 35.43	350m:	4:05.50 35.38
	100m:	1:06.74 35.95	200m:	2:19.61	36.63	300m:	3:30.12 35.08	400m:	4:40.40 34.90
15.	GRABI SKI, Tymon		10	UKS G-8 Bielany Warszawa				<b>4:43.41</b>	468
	50m:	29.08 29.08	150m:	1:39.83	36.14	250m:	2:55.33 37.51	350m:	4:09.69 36.84
	100m:	1:03.69 34.61	200m:	2:17.82	37.99	300m:	3:32.85 37.52	400m:	4:43.41 33.72
16.	ALIPOW, Mateusz		10	ORKA Grudzi dz				<b>4:45.94</b>	455
	50m:	32.66 32.66	150m:	1:45.48	36.54	250m:	2:59.37 36.87	350m:	4:12.67 36.39
	100m:	1:08.94 36.28	200m:	2:22.50	37.02	300m:	3:36.28 36.91	400m:	4:45.94 33.27
17.	CHUK, Mikołaj		10	Ks Delfin Gdynia				<b>4:48.18</b>	445
	50m:	31.99 31.99	150m:	1:43.55	35.96	250m:	2:57.36 37.10	350m:	4:12.29 37.27
	100m:	1:07.59 35.60	200m:	2:20.26	36.71	300m:	3:35.02 37.66	400m:	4:48.18 35.89
18.	FEDAK, Michał		10	UKS SP AQUARIUS Lesko				<b>4:48.30</b>	444
	50m:	30.71 30.71	150m:	1:44.95	38.11	250m:	3:00.12 37.76	350m:	4:14.46 37.14
	100m:	1:06.84 36.13	200m:	2:22.36	37.41	300m:	3:37.32 37.20	400m:	4:48.30 33.84
19.	RYCHTER, Adam		10	MKS Trójka Łódź				<b>4:52.64</b>	425
	50m:	32.58 32.58	150m:	1:46.22	37.32	250m:	3:01.25 37.75	350m:	4:16.55 37.41
	100m:	1:08.90 36.32	200m:	2:23.50	37.28	300m:	3:39.14 37.89	400m:	4:52.64 36.09

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15 lat

1.	SKŁODOWSKI, Jan	11	MKS Jedyńka Łód	<b>4:17.37</b>	625
	50m: 29.23 29.23	150m: 1:33.86	32.39 250m: 2:40.03	32.80 350m: 3:46.17	32.63
	100m: 1:01.47 32.24	200m: 2:07.23	33.37 300m: 3:13.54	33.51 400m: 4:17.37	31.20
2.	ŁUKASZEWICZ, Michał	11	UKP „Polonia Warszawa”	<b>4:29.51</b>	544
	50m: 29.68 29.68	150m: 1:37.70	34.21 250m: 2:46.05	33.70 350m: 3:55.31	34.26
	100m: 1:03.49 33.81	200m: 2:12.35	34.65 300m: 3:21.05	35.00 400m: 4:29.51	34.20
3.	ŁUNIEWSKI, Tymoteusz	11	TP Skalar, Słupsk	<b>4:31.09</b>	534
	50m: 29.67 29.67	150m: 1:38.08	35.19 250m: 2:48.85	35.58 350m: 3:59.18	35.22
	100m: 1:02.89 33.22	200m: 2:13.27	35.19 300m: 3:23.96	35.11 400m: 4:31.09	31.91
4.	BEDY SKI, Jakub	11	MKS „Jagiellonka” Warszawa	<b>4:32.00</b>	529
	50m: 30.25 30.25	150m: 1:38.71	34.74 250m: 2:49.22	35.26 350m: 3:59.50	35.02
	100m: 1:03.97 33.72	200m: 2:13.96	35.25 300m: 3:24.48	35.26 400m: 4:32.00	32.50
	DEREDAS, Stanisław	11	UKS 190 Łód	<b>4:32.00</b>	529
	50m: 30.31 30.31	150m: 1:37.90	34.35 250m: 2:47.55	34.84 350m: 3:58.11	35.00
	100m: 1:03.55 33.24	200m: 2:12.71	34.81 300m: 3:23.11	35.56 400m: 4:32.00	33.89
6.	GORLACH, Miłosz	11	Stowarzyszenie Solne Miasto Wieliczka	<b>4:32.96</b>	524
	50m: 29.56 29.56	150m: 1:38.45	35.50 250m: 2:48.49	35.32 350m: 3:59.43	35.45
	100m: 1:02.95 33.39	200m: 2:13.17	34.72 300m: 3:23.98	35.49 400m: 4:32.96	33.53
7.	KIPOT, Dmytro	11	Ukraine	<b>4:32.99</b>	523
	50m: 29.76 29.76	150m: 1:40.88	35.32 250m: 2:52.07	35.53 350m: 4:00.87	33.00
	100m: 1:05.56 35.80	200m: 2:16.54	35.66 300m: 3:27.87	35.80 400m: 4:32.99	32.12
8.	MENDAKIEWICZ, Mikołaj	11	UKS 190 Łód	<b>4:33.94</b>	518
	50m: 31.67 31.67	150m: 1:40.83	34.91 250m: 2:51.12	34.16 350m: 4:01.19	34.81
	100m: 1:05.92 34.25	200m: 2:16.96	36.13 300m: 3:26.38	35.26 400m: 4:33.94	32.75
9.	NITECKI, Adam	11	MKS Piaseczno	<b>4:34.16</b>	517
	50m: 30.44 30.44	150m: 1:39.61	34.31 250m: 2:50.30	35.24 350m: 4:00.66	34.77
	100m: 1:05.30 34.86	200m: 2:15.06	35.45 300m: 3:25.89	35.59 400m: 4:34.16	33.50
10.	KRUPA, Filip	11	UKP „Polonia Warszawa”	<b>4:35.35</b>	510
	50m: 28.83 28.83	150m: 1:38.12	35.41 250m: 2:48.96	35.28 350m: 4:00.46	35.65
	100m: 1:02.71 33.88	200m: 2:13.68	35.56 300m: 3:24.81	35.85 400m: 4:35.35	34.89
11.	KUSYK, Franciszek	11	MKS „Jagiellonka” Warszawa	<b>4:38.35</b>	494
	50m: 30.80 30.80	150m: 1:40.81	35.25 250m: 2:52.34	36.08 350m: 4:03.97	35.77
	100m: 1:05.56 34.76	200m: 2:16.26	35.45 300m: 3:28.20	35.86 400m: 4:38.35	34.38
12.	LUBICKI, Adam	11	MKS Jedyńka Łód	<b>4:42.74</b>	471
	50m: 31.93 31.93	150m: 1:43.46	35.86 250m: 2:54.85	35.35 350m: 4:06.94	36.38
	100m: 1:07.60 35.67	200m: 2:19.50	36.04 300m: 3:30.56	35.71 400m: 4:42.74	35.80
13.	KOPE , Jakub	11	UKS 190 Łód	<b>4:43.77</b>	466
	50m: 32.36 32.36	150m: 1:45.72	37.28 250m: 2:58.24	35.96 350m: 4:08.91	35.54
	100m: 1:08.44 36.08	200m: 2:22.28	36.56 300m: 3:33.37	35.13 400m: 4:43.77	34.86
14.	ÓŁTOWSKI, Adam	11	MKS „Jagiellonka” Warszawa	<b>4:45.70</b>	457
	50m: 31.57 31.57	150m: 1:43.83	36.73 250m: 2:57.60	37.13 350m: 4:10.93	36.31
	100m: 1:07.10 35.53	200m: 2:20.47	36.64 300m: 3:34.62	37.02 400m: 4:45.70	34.77
15.	ZDANOWICZ, Adam	11	TP Skalar, Słupsk	<b>4:52.16</b>	427
	50m: 30.72 30.72	150m: 1:44.07	37.50 250m: 3:02.20	39.36 350m: 4:17.90	36.91
	100m: 1:06.57 35.85	200m: 2:22.84	38.77 300m: 3:40.99	38.79 400m: 4:52.16	34.26
16.	DZI CIOŁOWSKI, Kamil	11	MKS „Jagiellonka” Warszawa	<b>4:54.83</b>	415
	50m: 30.87 30.87	150m: 1:43.77	37.53 250m: 3:01.34	38.94 350m: 4:17.95	37.46
	100m: 1:06.24 35.37	200m: 2:22.40	38.63 300m: 3:40.49	39.15 400m: 4:54.83	36.88
17.	SZABLI SKI, Ignacy	11	MKS Piaseczno	<b>4:54.94</b>	415
	50m: 31.41 31.41	150m: 1:45.92	38.09 250m: 3:02.37	38.34 350m: 4:17.84	38.10
	100m: 1:07.83 36.42	200m: 2:24.03	38.11 300m: 3:39.74	37.37 400m: 4:54.94	37.10
18.	RUPI SKI, Filip	11	UKS Nawa Skierniewice	<b>5:02.44</b>	385
	50m: 33.08 33.08	150m: 1:50.70	38.48 250m: 3:08.94	39.41 350m: 4:26.89	39.94
	100m: 1:12.22 39.14	200m: 2:29.53	38.83 300m: 3:46.95	38.01 400m: 5:02.44	35.55

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Pozycja			Rok ur.					Czas	Pkt.		
19.	ALEKSANDROWICZ, Modest		11	MKS „Jagiellonka” Warszawa				<b>5:06.27</b>	370		
	50m:	33.09 33.09	150m:	1:50.55	39.63	250m:	3:09.36	39.51	350m:	4:28.60	39.27
	100m:	1:10.92 37.83	200m:	2:29.85	39.30	300m:	3:49.33	39.97	400m:	5:06.27	37.67
20.	TRZCI SKI, Cezary		11	MKS Piaseczno				<b>5:10.06</b>	357		
	50m:	32.32 32.32	150m:	1:50.89	40.07	250m:	3:11.59	40.94	350m:	4:31.77	40.10
	100m:	1:10.82 38.50	200m:	2:30.65	39.76	300m:	3:51.67	40.08	400m:	5:10.06	38.29
14 lat											
1.	PŁUCIENNIKOWSKI, Jan		12	MKS Trójka Łódź				<b>4:24.49</b>	576		
	50m:	28.42 28.42	150m:	1:36.37	34.21	250m:	2:44.06	33.23	350m:	3:52.16	33.33
	100m:	1:02.16 33.74	200m:	2:10.83	34.46	300m:	3:18.83	34.77	400m:	4:24.49	32.33
2.	OLEJNICZAK, Nataniel		12	UKS SP-149 Łódź				<b>4:28.92</b>	548		
	50m:	30.10 30.10	150m:	1:38.16	34.55	250m:	2:46.97	33.97	350m:	3:55.95	33.89
	100m:	1:03.61 33.51	200m:	2:13.00	34.84	300m:	3:22.06	35.09	400m:	4:28.92	32.97
3.	WI NIEWSKI, Ksawery		12	ORKA Grudzi dz				<b>4:30.42</b>	538		
	50m:	29.99 29.99	150m:	1:39.66	35.29	250m:	2:50.18	35.09	350m:	3:58.06	33.25
	100m:	1:04.37 34.38	200m:	2:15.09	35.43	300m:	3:24.81	34.63	400m:	4:30.42	32.36
4.	TAMBORSKI, Zbigniew		12	MKS Trójka Łódź				<b>4:31.03</b>	535		
	50m:	29.99 29.99	150m:	1:38.96	34.86	250m:	2:48.53	34.69	350m:	3:58.01	34.64
	100m:	1:04.10 34.11	200m:	2:13.84	34.88	300m:	3:23.37	34.84	400m:	4:31.03	33.02
5.	WÓJCICKI, Xavier		12	MKS Trójka Łódź				<b>4:34.17</b>	517		
	50m:	30.72 30.72	150m:	1:38.97	34.85	250m:	2:49.83	35.38	350m:	4:00.31	35.16
	100m:	1:04.12 33.40	200m:	2:14.45	35.48	300m:	3:25.15	35.32	400m:	4:34.17	33.86
6.	PAWLAK, Mateusz		12	UKS 190 Łódź				<b>4:34.50</b>	515		
	50m:	32.08 32.08	150m:	1:42.77	34.73	250m:	2:52.82	34.69	350m:	4:01.76	33.40
	100m:	1:08.04 35.96	200m:	2:18.13	35.36	300m:	3:28.36	35.54	400m:	4:34.50	32.74
7.	STRUMI SKI, Olaf		12	MKS Trójka Łódź				<b>4:47.28</b>	449		
	50m:	31.67 31.67	150m:	1:43.30	36.30	250m:	2:57.60	37.11	350m:	4:11.49	36.72
	100m:	1:07.00 35.33	200m:	2:20.49	37.19	300m:	3:34.77	37.17	400m:	4:47.28	35.79
8.	BORYSOW, Borys		12	KS Warta Pozna				<b>4:49.53</b>	439		
	50m:	31.99 31.99	150m:	1:45.46	37.13	250m:	3:00.49	37.44	350m:	4:14.63	36.65
	100m:	1:08.33 36.34	200m:	2:23.05	37.59	300m:	3:37.98	37.49	400m:	4:49.53	34.90
9.	BEJGER, Michał		12	UKS "Ósemka" Toru				<b>4:49.79</b>	437		
	50m:	31.88 31.88	150m:	1:45.55	37.79	250m:	3:01.18	38.15	350m:	4:16.03	36.47
	100m:	1:07.76 35.88	200m:	2:23.03	37.48	300m:	3:39.56	38.38	400m:	4:49.79	33.76
10.	MUCHA, Kornel		12	MUKP Korona-Swim Kielce				<b>4:52.90</b>	424		
	50m:	33.06 33.06	150m:	1:47.72	37.29	250m:	3:02.88	37.46	350m:	4:17.23	37.01
	100m:	1:10.43 37.37	200m:	2:25.42	37.70	300m:	3:40.22	37.34	400m:	4:52.90	35.67
11.	W GLARZ, Filip		12	UKS Ósemka O wi cim				<b>4:54.04</b>	419		
	50m:	33.57 33.57	150m:	1:48.83	37.92	250m:	3:04.27	37.63	350m:	4:18.23	36.73
	100m:	1:10.91 37.34	200m:	2:26.64	37.81	300m:	3:41.50	37.23	400m:	4:54.04	35.81
12.	PAWLAK, Franciszek		12	UKP „Polonia Warszawa”				<b>4:55.40</b>	413		
	50m:	32.12 32.12	150m:	1:46.56	38.21	250m:	3:03.09	38.17	350m:	4:18.32	36.86
	100m:	1:08.35 36.23	200m:	2:24.92	38.36	300m:	3:41.46	38.37	400m:	4:55.40	37.08
13.	LE NIAK, Bartosz		12	UKS Ósemka O wi cim				<b>4:55.57</b>	412		
	50m:	34.30 34.30	150m:	1:50.05	38.08	250m:	3:05.80	37.76	350m:	4:19.77	36.09
	100m:	1:11.97 37.67	200m:	2:28.04	37.99	300m:	3:43.68	37.88	400m:	4:55.57	35.80
14.	TOKARZ, Wiktor		12	UKS Ósemka O wi cim				<b>4:57.81</b>	403		
	50m:	33.24 33.24	150m:	1:49.33	38.37	250m:	3:05.98	38.18	350m:	4:21.77	37.43
	100m:	1:10.96 37.72	200m:	2:27.80	38.47	300m:	3:44.34	38.36	400m:	4:57.81	36.04
15.	GAWEŁ, Jakub		12	UKS Ósemka O wi cim				<b>4:58.24</b>	401		
	50m:	33.49 33.49	150m:	1:50.05	38.36	250m:	3:07.03	38.40	350m:	4:22.42	38.04
	100m:	1:11.69 38.20	200m:	2:28.63	38.58	300m:	3:44.38	37.35	400m:	4:58.24	35.82

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Pozycja			Rok ur.						Czas	Pkt.
16.	REBIZANT, Kacper		12	UKS Ósemka O wi cim				<b>4:59.18</b>	398	
	50m: 34.01	34.01	150m: 1:49.54	37.70	250m: 3:06.11	38.82	350m: 4:23.26	38.39		
	100m: 1:11.84	37.83	200m: 2:27.29	37.75	300m: 3:44.87	38.76	400m: 4:59.18	35.92		
17.	KAMI SKI, Dawid		12	UKS "Ósemka" Toru				<b>5:02.53</b>	384	
	50m: 33.48	33.48	150m: 1:50.57	39.09	250m: 3:08.64	39.07	350m: 4:25.46	37.89		
	100m: 1:11.48	38.00	200m: 2:29.57	39.00	300m: 3:47.57	38.93	400m: 5:02.53	37.07		
18.	OLCZYK, Jan		12	Ks Assa				<b>5:05.53</b>	373	
	50m: 32.83	32.83	150m: 1:49.11	38.75	250m: 3:08.65	39.80	350m: 4:28.72	40.02		
	100m: 1:10.36	37.53	200m: 2:28.85	39.74	300m: 3:48.70	40.05	400m: 5:05.53	36.81		
19.	NARKIEWICZ, Jan		12	UKS "Ósemka" Toru				<b>5:12.21</b>	350	
	50m: 36.11	36.11	150m: 1:55.93	40.10	250m: 3:16.29	39.85	350m: 4:35.51	39.07		
	100m: 1:15.83	39.72	200m: 2:36.44	40.51	300m: 3:56.44	40.15	400m: 5:12.21	36.70		
20.	SZMAJDA, Leonard		12	KS Warta Pozna				<b>5:12.88</b>	347	
	50m: 35.65	35.65	150m: 1:55.90	40.40	250m: 3:16.45	39.34	350m: 4:35.23	39.09		
	100m: 1:15.50	39.85	200m: 2:37.11	41.21	300m: 3:56.14	39.69	400m: 5:12.88	37.65		
21.	GŁOWACKI, Wojciech		12	UKS Pi tka Konstancynów Łódzki				<b>5:15.98</b>	337	
	50m: 34.52	34.52	150m: 1:53.96	39.79	250m: 3:14.85	40.71	350m: 4:36.81	40.61		
	100m: 1:14.17	39.65	200m: 2:34.14	40.18	300m: 3:56.20	41.35	400m: 5:15.98	39.17		
22.	ŁYSONIEWSKI, Mikołaj		12	KP Raw-Swim				<b>5:30.98</b>	293	
	50m: 37.77	37.77	150m: 2:02.26	42.79	250m: 3:27.47	41.98	350m: 4:51.75	41.01		
	100m: 1:19.47	41.70	200m: 2:45.49	43.23	300m: 4:10.74	43.27	400m: 5:30.98	39.23		
23.	PORADA, Ignacy		12	UKS SP-149 Łód				<b>5:37.94</b>	276	
	50m: 37.49	37.49	150m: 2:03.13	42.81	250m: 3:30.57	43.71	350m: 4:56.65	41.69		
	100m: 1:20.32	42.83	200m: 2:46.86	43.73	300m: 4:14.96	44.39	400m: 5:37.94	41.29		

13 lat

1.	BANCEWICZ-BOGUTA, Natan		13	UKS Pi tka Konstancynów Łódzki				<b>4:47.66</b>	447
	50m: 31.84	31.84	150m: 1:45.34	37.06	250m: 2:59.86	37.06	350m: 4:13.34	36.51	
	100m: 1:08.28	36.44	200m: 2:22.80	37.46	300m: 3:36.83	36.97	400m: 4:47.66	34.32	
2.	SŁONKA, Aleksander		13	UKS Pi tka Konstancynów Łódzki				<b>5:02.02</b>	386
	50m: 34.81	34.81	150m: 1:51.94	38.70	250m: 3:10.10	38.98	350m: 4:27.17	37.82	
	100m: 1:13.24	38.43	200m: 2:31.12	39.18	300m: 3:49.35	39.25	400m: 5:02.02	34.85	
3.	ŁUCZAK, Natan		13	UKS SP-149 Łód				<b>5:12.65</b>	348
	50m: 36.06	36.06	150m: 1:57.22	40.85	250m: 3:18.93	40.77	350m: 4:36.57	37.60	
	100m: 1:16.37	40.31	200m: 2:38.16	40.94	300m: 3:58.97	40.04	400m: 5:12.65	36.08	
4.	STEFANOWICZ, Kacper		13	UKS Juvenia iSwim Białystok				<b>5:35.64</b>	281
	50m: 4:54.64	4:54.64	200m: 2:45.84	1:26.38	400m: 5:35.64	1:23.56			
	100m: 1:19.46		300m: 4:12.08	1:26.24					
5.	WALCZAK, Antoni		13	UKS 190 Łód				<b>5:38.81</b>	274
	50m: 38.25	38.25	150m: 2:06.91	44.56	250m: 3:34.77	43.84	350m: 4:59.96	42.39	
	100m: 1:22.35	44.10	200m: 2:50.93	44.02	300m: 4:17.57	42.80	400m: 5:38.81	38.85	
6.	OCHOWSKI, Jan		13	UKS Juvenia iSwim Białystok				<b>5:46.57</b>	256
	50m: 37.21	37.21	150m: 2:04.50	44.21	250m: 3:33.77	45.09	350m: 5:03.25	44.40	
	100m: 1:20.29	43.08	200m: 2:48.68	44.18	300m: 4:18.85	45.08	400m: 5:46.57	43.32	
7.	JA NIEWSKI, Adam		13	UKS 190 Łód				<b>5:50.16</b>	248
	50m: 37.98	37.98	150m: 2:06.05	45.02	250m: 3:36.73	45.72	350m: 5:07.85	45.46	
	100m: 1:21.03	43.05	200m: 2:51.01	44.96	300m: 4:22.39	45.66	400m: 5:50.16	42.31	
8.	DEMBI SKI, Antoni		13	UKS Juvenia iSwim Białystok				<b>5:52.05</b>	244
	50m: 35.65	35.65	150m: 2:04.40	45.44	250m: 3:36.22	46.20	350m: 5:08.25	46.47	
	100m: 1:18.96	43.31	200m: 2:50.02	45.62	300m: 4:21.78	45.56	400m: 5:52.05	43.80	
9.	BARTASHEVICH, Ilya		13	UKS Juvenia iSwim Białystok				<b>6:01.58</b>	225
	50m: 38.30	38.30	150m: 2:10.80	46.48	250m: 3:43.70	46.63	350m: 5:17.12	46.74	
	100m: 1:24.32	46.02	200m: 2:57.07	46.27	300m: 4:30.38	46.68	400m: 6:01.58	44.46	

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Pozycja	Rok ur.						Czas	Pkt.
10.	ZAWIERUCHA, Leon		13	MUKS Wodnik Łask		<b>6:05.87</b>	217	
	50m:	39.43 39.43	150m:	2:12.21 47.26	250m:	3:47.32 47.73	350m:	5:21.35 46.17
	100m:	1:24.95 45.52	200m:	2:59.59 47.38	300m:	4:35.18 47.86	400m:	6:05.87 44.52