

Arena Grand Prix
Łódź , 11. - 12.4.2026

Konkurencja 29
12.04.2026 - 10:00

Kobiet, 200m klasyczny

13 lat i starsi
Wyniki

Top Times "Poland" Open	2:26.84	BIE KOWSKA, Wiktoria	00110	Prague (CZE)	10.07.2009
Top Times "Poland" 19 +	2:27.81	KRAWCZYK, Paulina	00213	Warsaw	18.03.2017
Top Times "Poland" 18	2:27.85	DULIAN, Katarzyna	POL	Montreal (CAN)	29.07.2005
Top Times "Poland" 17	2:27.78	BARAN, Paulina	02111	Samorin (SVK)	04.07.2025
Top Times "Poland" 16	2:26.84	BIE KOWSKA, Wiktoria	00110	Prague (CZE)	10.07.2009
Top Times "Poland" 15	2:29.47	KRAWCZYK, Paulina	00416	Gorzow Wilk.	12.07.2008
Top Times "Poland" 14	2:34.33	OTREMBĄ, Justyna	00902	Tampere (FIN)	20.07.2009
Top Times "Poland" 13	2:40.74	PASTUSZUK, Paulina	01403	Debica	10.12.2016

Punkty: AQUA 2025

Pozycja			Rok ur.					Czas	Pkt.
13 lat i starsi									
1.	WRONA, Ewa	06	AZS AWF Katowice					2:32.48	734
	50m: 34.91 34.91	100m: 1:14.26	39.35	150m: 1:53.82	39.56	200m: 2:32.48	38.66		
2.	SZPAKIEWICZ, Bianka	10	UKP „Polonia Warszawa”					2:33.08	725
	50m: 35.88 35.88	100m: 1:15.13	39.25	150m: 1:54.23	39.10	200m: 2:33.08	38.85		
3.	BARAN, Paulina	08	KS „Górnik” Sosnowiec					2:34.18	710
	50m: 35.48 35.48	100m: 1:14.59	39.11	150m: 1:54.13	39.54	200m: 2:34.18	40.05		
4.	KAMI SKA, Zuzanna	06	KU AZS Uniwersytetu Warszawski					2:35.54	691
	50m: 35.32 35.32	100m: 1:15.47	40.15	150m: 1:55.29	39.82	200m: 2:35.54	40.25		
5.	SULAK, Antonina	06	AZS AWF Katowice					2:41.90	613
	50m: 38.66 38.66	100m: 1:19.82	41.16	150m: 2:00.44	40.62	200m: 2:41.90	41.46		
6.	MILANCEJ, El bieta	09	UKP „Polonia Warszawa”					2:44.44	585
	50m: 37.16 37.16	100m: 1:18.96	41.80	150m: 2:01.27	42.31	200m: 2:44.44	43.17		
7.	RADEK, Wiktoria	05	AZS AWF Warszawa					2:45.21	577
	50m: 37.68 37.68	100m: 1:20.32	42.64	150m: 2:02.27	41.95	200m: 2:45.21	42.94		
8.	ZABORSKA, Idalia	12	UKS Ósemka O wi cim					2:47.09	557
	50m: 38.93 38.93	100m: 1:21.59	42.66	150m: 2:04.94	43.35	200m: 2:47.09	42.15		
9.	LYAKH, Kira	07	UKP „Polonia Warszawa”					2:48.24	546
	50m: 37.80 37.80	100m: 1:20.77	42.97	150m: 2:05.15	44.38	200m: 2:48.24	43.09		
10.	LESIAK, Weronika	08	UKS Nawa Skierniewice					2:48.56	543
	50m: 38.01 38.01	100m: 1:20.98	42.97	150m: 2:04.39	43.41	200m: 2:48.56	44.17		
11.	KUBICKA, Aleksandra	07	MKS Trójka Łódź					2:48.98	539
	50m: 38.79 38.79	100m: 1:22.11	43.32	150m: 2:05.68	43.57	200m: 2:48.98	43.30		
12.	RYCHTER, Marta	08	MKS Trójka Łódź					2:49.57	533
	50m: 38.34 38.34	100m: 1:21.41	43.07	150m: 2:05.67	44.26	200m: 2:49.57	43.90		
13.	KOPP, Zuzanna	10	UKP „Polonia Warszawa”					2:49.82	531
	50m: 38.27 38.27	100m: 1:21.87	43.60	150m: 2:06.23	44.36	200m: 2:49.82	43.59		
14.	PLAGA, Olga	07	TP Skalar, Słupsk					2:50.10	528
	50m: 39.00 39.00	100m: 1:23.35	44.35	150m: 2:06.30	42.95	200m: 2:50.10	43.80		
15.	ŁUGOWOJ, Michalina	12	MKS Piaseczno					2:51.45	516
	50m: 38.55 38.55	100m: 1:23.39	44.84	150m: 2:07.37	43.98	200m: 2:51.45	44.08		
16.	LESZCZY SKA, Zofia	10	MKS Trójka Łódź					2:51.64	514
	50m: 38.86 38.86	100m: 1:22.87	44.01	150m: 2:07.68	44.81	200m: 2:51.64	43.96		
17.	DAMI CKA, Blanka	10	UKP „Polonia Warszawa”					2:53.35	499
	50m: 38.10 38.10	100m: 1:22.13	44.03	150m: 2:07.63	45.50	200m: 2:53.35	45.72		
18.	KRYZI SKA, Anastazja	12	MKS Trójka Łódź					2:54.38	490
	50m: 40.97 40.97	100m: 1:26.21	45.24	150m: 2:11.03	44.82	200m: 2:54.38	43.35		
19.	OLENDER, Lena	08	Ks Delfin Gdynia					2:54.51	489
	50m: 37.89 37.89	100m: 1:22.45	44.56	150m: 2:08.30	45.85	200m: 2:54.51	46.21		
20.	ROZWADOWSKA, Karolina	09	MKS Trójka Łódź					2:54.94	486
	50m: 40.19 40.19	100m: 1:24.77	44.58	150m: 2:10.29	45.52	200m: 2:54.94	44.65		

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Konkurencja 29, Kobiet, 200m klasyczny, 13 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
21.	CYNAR, Milena		11	UKS 190 Łódź				2:57.87	462
	50m:	39.82 39.82	100m:	1:25.25	45.43	150m:	2:10.97 45.72	200m:	2:57.87 46.90
22.	NOSOL, Paulina		11	AZS KU Politechniki Opolskiej				2:58.41	458
	50m:	39.16 39.16	100m:	1:24.32	45.16	150m:	2:10.92 46.60	200m:	2:58.41 47.49
23.	MICHALAK, Natalia		13	Ks Assa				2:58.42	458
	50m:	38.30 38.30	100m:	1:25.29	46.99	150m:	2:10.99 45.70	200m:	2:58.42 47.43
24.	WI CEK, Ewa		10	KP Sokół Rzeszów				2:59.65	448
	50m:	41.71 41.71	100m:	1:27.45	45.74	150m:	2:13.77 46.32	200m:	2:59.65 45.88
25.	STY , Zuzanna		09	UKS G-8 Bielany Warszawa				3:01.22	437
	50m:	40.25 40.25	100m:	1:26.17	45.92	150m:	2:13.05 46.88	200m:	3:01.22 48.17
26.	KOTUS, Maria		12	UKS Pi tka Konstantynów Łódzki				3:04.22	416
	50m:	40.97 40.97	100m:	1:27.45	46.48	150m:	2:15.88 48.43	200m:	3:04.22 48.34
27.	DZWONKOWSKA, Lena		11	MKS Piaseczno				3:04.36	415
	50m:	42.55 42.55	100m:	1:31.15	48.60	150m:	2:17.27 46.12	200m:	3:04.36 47.09
28.	OŁ DEK, Julia		11	MKS Jedyńka Łódź				3:05.36	408
	50m:	42.73 42.73	100m:	1:30.60	47.87	150m:	2:18.05 47.45	200m:	3:05.36 47.31
29.	BUDZOWSKA, Hanna		11	UKP Unia O wi cim				3:05.94	404
	50m:	41.97 41.97	100m:	1:29.11	47.14	150m:	2:17.87 48.76	200m:	3:05.94 48.07
30.	LIPIEC, Olga		13	MKS Piaseczno				3:06.43	401
	50m:	43.63 43.63	100m:	1:32.65	49.02	150m:	2:20.94 48.29	200m:	3:06.43 45.49
31.	CISZYK, Iga		10	UKS Pi tka Konstantynów Łódzki				3:07.49	394
	50m:	43.62 43.62	100m:	1:31.97	48.35	150m:	2:20.52 48.55	200m:	3:07.49 46.97
32.	CZUDEK, Florentyna		12	KP Sokół Rzeszów				3:07.75	393
	50m:	41.14 41.14	100m:	1:28.67	47.53	150m:	2:18.46 49.79	200m:	3:07.75 49.29
33.	MAZURKIEWICZ, Blanka		12	UKS "Dwójeczka" Cz stochowa				3:08.04	391
	50m:	41.78 41.78	100m:	1:30.05	48.27	150m:	2:20.06 50.01	200m:	3:08.04 47.98
34.	SKORYK, Tetiana		11	Ukraine				3:08.18	390
	50m:	42.77 42.77	100m:	1:30.46	47.69	150m:	2:19.48 49.02	200m:	3:08.18 48.70
35.	CEPAK, Paulina		12	AZS KU Politechniki Opolskiej				3:08.37	389
	50m:	43.31 43.31	100m:	1:32.03	48.72	150m:	2:21.03 49.00	200m:	3:08.37 47.34
36.	KOZAK, Natalia		13	MKS Jordan Kraków				3:08.75	387
	50m:	42.96 42.96	100m:	1:32.10	49.14	150m:	2:22.35 50.25	200m:	3:08.75 46.40
37.	KAMI SKA, Oliwia		11	MKS „Jagiellonka" Warszawa				3:09.47	382
	50m:	42.68 42.68	100m:	1:31.88	49.20	150m:	2:21.58 49.70	200m:	3:09.47 47.89
	DUCHNA, Katarzyna		11	UKS Delfin Garwolin				3:09.47	382
	50m:	42.33 42.33	100m:	1:31.44	49.11	150m:	2:19.86 48.42	200m:	3:09.47 49.61
39.	W GRZYN, Gaja		13	KP Sokół Rzeszów				3:09.89	380
	50m:	44.01 44.01	100m:	1:33.17	49.16	150m:	2:21.55 48.38	200m:	3:09.89 48.34
40.	MICHAŁOWSKA, Pola		13	UKS Juwenia iSwim Białystok				3:10.01	379
	50m:	43.37 43.37	100m:	1:34.20	50.83	150m:	2:22.49 48.29	200m:	3:10.01 47.52
41.	STASIAK, Oliwia		12	Ks Assa				3:10.80	374
	50m:	43.65 43.65	100m:	1:32.76	49.11	150m:	2:22.38 49.62	200m:	3:10.80 48.42
42.	NAWROCKA, Natasza		12	UKS Na Fali Bytom				3:13.11	361
	50m:	42.73 42.73	100m:	1:32.39	49.66	150m:	2:21.73 49.34	200m:	3:13.11 51.38
43.	PLEWI SKA, Maja		13	UKS Pi tka Konstantynów Łódzki				3:16.38	343
	50m:	45.61 45.61	100m:	1:36.20	50.59	150m:	2:27.93 51.73	200m:	3:16.38 48.45
44.	KUPIEC, Magdalena		12	Stowarzyszenie Solne Miasto Wieliczka				3:17.21	339
	50m:	42.72 42.72	100m:	1:32.57	49.85	150m:	2:26.44 53.87	200m:	3:17.21 50.77

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Konkurencja 29, Kobiet, 200m klasyczny, 13 lat i starsi

Pozycja			Rok ur.					Czas	Pkt.
45.	FAJKOWSKA, Zofia		12	MKS Jedyńka Łódź			3:17.97	335	
	50m: 45.55 45.55	100m: 1:35.90		50.35 150m: 2:27.85	51.95	200m: 3:17.97	50.12		
46.	BIELOVODSKA, Milana		12	KS Warta Pozna			3:18.69	331	
	50m: 45.58 45.58	100m: 1:37.30		51.72 150m: 2:29.23	51.93	200m: 3:18.69	49.46		
47.	KACZMAREK, Ewa		09	UKS Delfin Garwolin			3:18.76	331	
	50m: 43.27 43.27	100m: 1:33.68		50.41 150m: 2:26.76	53.08	200m: 3:18.76	52.00		
48.	BOJANOWSKA, Hanna		13	UKS 190 Łódź			3:19.52	327	
	50m: 44.61 44.61	100m: 1:35.48		50.87 150m: 2:27.24	51.76	200m: 3:19.52	52.28		
49.	BANASZCZYK, Weronika		13	UKS SP-149 Łódź			3:22.16	314	
	50m: 47.28 47.28	100m: 1:39.47		52.19 150m: 2:31.53	52.06	200m: 3:22.16	50.63		
50.	GÓRECKA, Zofia		12	MTKP Delfin Toru			3:28.06	288	
	50m: 45.31 45.31	100m: 1:38.57		53.26 150m: 2:34.26	55.69	200m: 3:28.06	53.80		
51.	TRZCI SKA, Laura		13	MKS Jedyńka Łódź			3:34.92	262	
	50m: 48.78 48.78	100m: 1:43.57		54.79 150m: 2:39.87	56.30	200m: 3:34.92	55.05		

17 - 18 lat

1.	BARAN, Paulina		08	KS „Górnik” Sosnowiec			2:34.18	710
	50m: 35.48 35.48	100m: 1:14.59		39.11 150m: 1:54.13	39.54	200m: 2:34.18	40.05	
2.	MILANCEJ, El bieta		09	UKP „Polonia Warszawa”			2:44.44	585
	50m: 37.16 37.16	100m: 1:18.96		41.80 150m: 2:01.27	42.31	200m: 2:44.44	43.17	
3.	LESIAK, Weronika		08	UKS Nawa Skierniewice			2:48.56	543
	50m: 38.01 38.01	100m: 1:20.98		42.97 150m: 2:04.39	43.41	200m: 2:48.56	44.17	
4.	RYCHTER, Marta		08	MKS Trójka Łódź			2:49.57	533
	50m: 38.34 38.34	100m: 1:21.41		43.07 150m: 2:05.67	44.26	200m: 2:49.57	43.90	
5.	OLENDER, Lena		08	Ks Delfin Gdynia			2:54.51	489
	50m: 37.89 37.89	100m: 1:22.45		44.56 150m: 2:08.30	45.85	200m: 2:54.51	46.21	
6.	ROZWADOWSKA, Karolina		09	MKS Trójka Łódź			2:54.94	486
	50m: 40.19 40.19	100m: 1:24.77		44.58 150m: 2:10.29	45.52	200m: 2:54.94	44.65	
7.	STY , Zuzanna		09	UKS G-8 Bielany Warszawa			3:01.22	437
	50m: 40.25 40.25	100m: 1:26.17		45.92 150m: 2:13.05	46.88	200m: 3:01.22	48.17	
8.	KACZMAREK, Ewa		09	UKS Delfin Garwolin			3:18.76	331
	50m: 43.27 43.27	100m: 1:33.68		50.41 150m: 2:26.76	53.08	200m: 3:18.76	52.00	

16 lat

1.	SZPAKIEWICZ, Bianka		10	UKP „Polonia Warszawa”			2:33.08	725
	50m: 35.88 35.88	100m: 1:15.13		39.25 150m: 1:54.23	39.10	200m: 2:33.08	38.85	
2.	KOPP, Zuzanna		10	UKP „Polonia Warszawa”			2:49.82	531
	50m: 38.27 38.27	100m: 1:21.87		43.60 150m: 2:06.23	44.36	200m: 2:49.82	43.59	
3.	LESZCZY SKA, Zofia		10	MKS Trójka Łódź			2:51.64	514
	50m: 38.86 38.86	100m: 1:22.87		44.01 150m: 2:07.68	44.81	200m: 2:51.64	43.96	
4.	DAMI CKA, Blanka		10	UKP „Polonia Warszawa”			2:53.35	499
	50m: 38.10 38.10	100m: 1:22.13		44.03 150m: 2:07.63	45.50	200m: 2:53.35	45.72	
5.	WI CEK, Ewa		10	KP Sokół Rzeszów			2:59.65	448
	50m: 41.71 41.71	100m: 1:27.45		45.74 150m: 2:13.77	46.32	200m: 2:59.65	45.88	
6.	CISZYK, Iga		10	UKS Pi tka Konstantynów Łódzki			3:07.49	394
	50m: 43.62 43.62	100m: 1:31.97		48.35 150m: 2:20.52	48.55	200m: 3:07.49	46.97	

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Konkurencja 29, Kobiet, 200m klasyczny

15 lat

1.	CYNAR, Milena	11	UKS 190 Łódź	2:57.87	462
	50m: 39.82 39.82	100m: 1:25.25	45.43 150m: 2:10.97 45.72	200m: 2:57.87	46.90
2.	NOSOL, Paulina	11	AZS KU Politechniki Opolskiej	2:58.41	458
	50m: 39.16 39.16	100m: 1:24.32	45.16 150m: 2:10.92 46.60	200m: 2:58.41	47.49
3.	DZWONKOWSKA, Lena	11	MKS Piaseczno	3:04.36	415
	50m: 42.55 42.55	100m: 1:31.15	48.60 150m: 2:17.27 46.12	200m: 3:04.36	47.09
4.	OŁ DEK, Julia	11	MKS Jedyńka Łódź	3:05.36	408
	50m: 42.73 42.73	100m: 1:30.60	47.87 150m: 2:18.05 47.45	200m: 3:05.36	47.31
5.	BUDZOWSKA, Hanna	11	UKP Unia O wi cim	3:05.94	404
	50m: 41.97 41.97	100m: 1:29.11	47.14 150m: 2:17.87 48.76	200m: 3:05.94	48.07
6.	SKORYK, Tetiana	11	Ukraine	3:08.18	390
	50m: 42.77 42.77	100m: 1:30.46	47.69 150m: 2:19.48 49.02	200m: 3:08.18	48.70
7.	KAMI SKA, Oliwia	11	MKS „Jagiellonka” Warszawa	3:09.47	382
	50m: 42.68 42.68	100m: 1:31.88	49.20 150m: 2:21.58 49.70	200m: 3:09.47	47.89
	DUCHNA, Katarzyna	11	UKS Delfin Garwolin	3:09.47	382
	50m: 42.33 42.33	100m: 1:31.44	49.11 150m: 2:19.86 48.42	200m: 3:09.47	49.61

14 lat

1.	ZABORSKA, Idalia	12	UKS Ósemka O wi cim	2:47.09	557
	50m: 38.93 38.93	100m: 1:21.59	42.66 150m: 2:04.94 43.35	200m: 2:47.09	42.15
2.	ŁUGOWOJ, Michalina	12	MKS Piaseczno	2:51.45	516
	50m: 38.55 38.55	100m: 1:23.39	44.84 150m: 2:07.37 43.98	200m: 2:51.45	44.08
3.	KRYZI SKA, Anastazja	12	MKS Trójka Łódź	2:54.38	490
	50m: 40.97 40.97	100m: 1:26.21	45.24 150m: 2:11.03 44.82	200m: 2:54.38	43.35
4.	KOTUS, Maria	12	UKS Pi tka Konstantynów Łódzki	3:04.22	416
	50m: 40.97 40.97	100m: 1:27.45	46.48 150m: 2:15.88 48.43	200m: 3:04.22	48.34
5.	CZUDEK, Florentyna	12	KP Sokół Rzeszów	3:07.75	393
	50m: 41.14 41.14	100m: 1:28.67	47.53 150m: 2:18.46 49.79	200m: 3:07.75	49.29
6.	MAZURKIEWICZ, Blanka	12	UKS "Dwójeczka" Cz stochowa	3:08.04	391
	50m: 41.78 41.78	100m: 1:30.05	48.27 150m: 2:20.06 50.01	200m: 3:08.04	47.98
7.	CEPAK, Paulina	12	AZS KU Politechniki Opolskiej	3:08.37	389
	50m: 43.31 43.31	100m: 1:32.03	48.72 150m: 2:21.03 49.00	200m: 3:08.37	47.34
8.	STASIAK, Oliwia	12	Ks Assa	3:10.80	374
	50m: 43.65 43.65	100m: 1:32.76	49.11 150m: 2:22.38 49.62	200m: 3:10.80	48.42
9.	NAWROCKA, Natasza	12	UKS Na Fali Bytom	3:13.11	361
	50m: 42.73 42.73	100m: 1:32.39	49.66 150m: 2:21.73 49.34	200m: 3:13.11	51.38
10.	KUPIEC, Magdalena	12	Stowarzyszenie Solne Miasto Wieliczka	3:17.21	339
	50m: 42.72 42.72	100m: 1:32.57	49.85 150m: 2:26.44 53.87	200m: 3:17.21	50.77
11.	FAJKOWSKA, Zofia	12	MKS Jedyńka Łódź	3:17.97	335
	50m: 45.55 45.55	100m: 1:35.90	50.35 150m: 2:27.85 51.95	200m: 3:17.97	50.12
12.	BIELOVODSKA, Milana	12	KS Warta Pozna	3:18.69	331
	50m: 45.58 45.58	100m: 1:37.30	51.72 150m: 2:29.23 51.93	200m: 3:18.69	49.46
13.	GÓRECKA, Zofia	12	MTKP Delfin Toru	3:28.06	288
	50m: 45.31 45.31	100m: 1:38.57	53.26 150m: 2:34.26 55.69	200m: 3:28.06	53.80

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Konkurencja 29, Kobiet, 200m klasyczny

13 lat

1.	MICHALAK, Natalia	13	Ks Assa	2:58.42	458
	50m: 38.30 38.30	100m: 1:25.29	46.99 150m: 2:10.99 45.70	200m: 2:58.42	47.43
2.	LIPIEC, Olga	13	MKS Piaseczno	3:06.43	401
	50m: 43.63 43.63	100m: 1:32.65	49.02 150m: 2:20.94 48.29	200m: 3:06.43	45.49
3.	KOZAK, Natalia	13	MKS Jordan Kraków	3:08.75	387
	50m: 42.96 42.96	100m: 1:32.10	49.14 150m: 2:22.35 50.25	200m: 3:08.75	46.40
4.	W GRZYN, Gaja	13	KP Sokół Rzeszów	3:09.89	380
	50m: 44.01 44.01	100m: 1:33.17	49.16 150m: 2:21.55 48.38	200m: 3:09.89	48.34
5.	MICHAŁOWSKA, Pola	13	UKS Juwenia iSwim Białystok	3:10.01	379
	50m: 43.37 43.37	100m: 1:34.20	50.83 150m: 2:22.49 48.29	200m: 3:10.01	47.52
6.	PLEWI SKA, Maja	13	UKS Pi tka Konstantynów Łódzki	3:16.38	343
	50m: 45.61 45.61	100m: 1:36.20	50.59 150m: 2:27.93 51.73	200m: 3:16.38	48.45
7.	BOJANOWSKA, Hanna	13	UKS 190 Łódź	3:19.52	327
	50m: 44.61 44.61	100m: 1:35.48	50.87 150m: 2:27.24 51.76	200m: 3:19.52	52.28
8.	BANASZCZYK, Weronika	13	UKS SP-149 Łódź	3:22.16	314
	50m: 47.28 47.28	100m: 1:39.47	52.19 150m: 2:31.53 52.06	200m: 3:22.16	50.63
9.	TRZCI SKA, Laura	13	MKS Jedynka Łódź	3:34.92	262
	50m: 48.78 48.78	100m: 1:43.57	54.79 150m: 2:39.87 56.30	200m: 3:34.92	55.05