

Arena Grand Prix
Łódź, 11. - 12.4.2026

Konkurencja 4 Mężczyzn, 400m zmienny 13 lat i starsi
11.04.2026 - 9:01 Wyniki

Top Times "Poland" Open	4:12.28	MATCZAK, Mateusz	00905	Belgrade (SRB)	11.07.2009
Top Times "Poland" 19 +	4:12.28	MATCZAK, Mateusz	00905	Belgrade (SRB)	11.07.2009
Top Times "Poland" 18	4:18.40	MATCZAK, Mateusz	00905	Antwerp (BEL)	22.07.2007
Top Times "Poland" 17	4:20.27	MATCZAK, Mateusz	00905	Palma de Mallorca (ESP)	06.07.2006
Top Times "Poland" 16	4:26.91	KĄŁUSOWSKI, Jan	00905	Ostrowiec Sw	15.07.2016
Top Times "Poland" 15	4:30.55	KĄŁUSOWSKI, Jan	00905	Ostrowiec Sw	10.07.2015
Top Times "Poland" 14	4:39.38	SOBEK, Nikodem	02303	Berlin (GER)	16.12.2016
Top Times "Poland" 13	4:54.48	CHMIELEWSKI, Krzysztof	05614	Warsaw	02.12.2017

Punkty: AQUA 2025

Pozycja			Rok ur.							Czas	Pkt.
OPEN											
1.	RAZINKOV, Artem		07	UKP Unia O wi cim						4:37.69	665
	50m:	29.80 29.80	150m:	1:39.01	36.70	250m:	2:53.13	38.11	350m:	4:05.21	33.13
	100m:	1:02.31 32.51	200m:	2:15.02	36.01	300m:	3:32.08	38.95	400m:	4:37.69	32.48
2.	KARWAT, Bartłomiej		08	UKS Nawa Skierniewice						4:47.75	598
	50m:	28.86 28.86	150m:	1:40.19	37.43	250m:	2:59.48	41.50	350m:	4:14.94	32.70
	100m:	1:02.76 33.90	200m:	2:17.98	37.79	300m:	3:42.24	42.76	400m:	4:47.75	32.81
3.	BONDAR, Mykyta		07	UKP Unia O wi cim						4:48.41	594
	50m:	30.14 30.14	150m:	1:40.88	37.65	250m:	3:00.47	41.59	350m:	4:16.21	32.77
	100m:	1:03.23 33.09	200m:	2:18.88	38.00	300m:	3:43.44	42.97	400m:	4:48.41	32.20
4.	RACHWAŁ, Patryk		08	UKP „Polonia Warszawa”						4:48.77	592
	50m:	29.10 29.10	150m:	1:41.89	38.87	250m:	3:04.21	43.78	350m:	4:19.80	31.41
	100m:	1:03.02 33.92	200m:	2:20.43	38.54	300m:	3:48.39	44.18	400m:	4:48.77	28.97
5.	GRABOWSKI, Wojciech		10	UKP „Polonia Warszawa”						4:52.83	567
	50m:	31.95 31.95	150m:	1:48.51	40.02	250m:	3:05.53	37.98	350m:	4:20.05	34.22
	100m:	1:08.49 36.54	200m:	2:27.55	39.04	300m:	3:45.83	40.30	400m:	4:52.83	32.78
6.	TRUDNOS, Ignacy		08	UKS 190 Łódź						4:55.16	554
	50m:	29.60 29.60	150m:	1:45.15	39.97	250m:	3:04.42	39.99	350m:	4:22.03	35.92
	100m:	1:05.18 35.58	200m:	2:24.43	39.28	300m:	3:46.11	41.69	400m:	4:55.16	33.13
7.	PAWLAK, Dawid		08	UKS 190 Łódź						4:55.41	553
	50m:	30.19 30.19	150m:	1:45.82	39.74	250m:	3:06.89	42.89	350m:	4:24.22	33.76
	100m:	1:06.08 35.89	200m:	2:24.00	38.18	300m:	3:50.46	43.57	400m:	4:55.41	31.19
8.	ROMANTSOV, Kyrylo		11	UKP Unia O wi cim						4:56.26	548
	50m:	30.47 30.47	150m:	1:45.07	38.50	250m:	3:05.72	41.78	350m:	4:22.82	33.97
	100m:	1:06.57 36.10	200m:	2:23.94	38.87	300m:	3:48.85	43.13	400m:	4:56.26	33.44
9.	KAMIE SKI, Stanisław		09	UKP „Polonia Warszawa”						4:56.60	546
	50m:	30.45 30.45	150m:	1:46.96	42.22	250m:	3:08.33	40.62	350m:	4:23.79	34.25
	100m:	1:04.74 34.29	200m:	2:27.71	40.75	300m:	3:49.54	41.21	400m:	4:56.60	32.81
10.	BOGATEK, Bartłomiej		07	UKS G-8 Bielany Warszawa						5:01.58	519
	50m:	30.55 30.55	150m:	1:44.41	38.27	250m:	3:06.22	44.98	350m:	4:27.22	37.09
	100m:	1:06.14 35.59	200m:	2:21.24	36.83	300m:	3:50.13	43.91	400m:	5:01.58	34.36
11.	WI NIEWSKI, Ksawery		12	ORKA Grudzi dz						5:03.49	510
	50m:	29.46 29.46	150m:	1:45.14	39.74	250m:	3:10.99	46.35	350m:	4:30.08	34.50
	100m:	1:05.40 35.94	200m:	2:24.64	39.50	300m:	3:55.58	44.59	400m:	5:03.49	33.41
12.	PŁUCIENNIKOWSKI, Jan		12	MKS Trójka Łódź						5:06.36	495
	50m:	30.28 30.28	150m:	1:47.43	40.69	250m:	3:10.81	43.60	350m:	4:31.60	34.62
	100m:	1:06.74 36.46	200m:	2:27.21	39.78	300m:	3:56.98	46.17	400m:	5:06.36	34.76
13.	GACHEWICZ, Jan		09	MTKP Delfin Toru						5:08.27	486
	50m:	31.76 31.76	150m:	1:52.66	41.88	250m:	3:15.34	42.03	350m:	4:33.90	35.56
	100m:	1:10.78 39.02	200m:	2:33.31	40.65	300m:	3:58.34	43.00	400m:	5:08.27	34.37
14.	NITECKI, Adam		11	MKS Piaseczno						5:09.31	481
	50m:	31.46 31.46	150m:	1:49.95	40.94	250m:	3:14.66	43.94	350m:	4:34.46	35.83
	100m:	1:09.01 37.55	200m:	2:30.72	40.77	300m:	3:58.63	43.97	400m:	5:09.31	34.85

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Konkurencja 4, M czynn, 400m zmienny, OPEN

Pozycja			Rok ur.					Czas	Pkt.
15.	SKŁODOWSKI, Stanisław		12	MKS Jedyńka Łódź				5:11.16	473
	50m:	31.95 31.95	150m:	1:48.56 39.76	250m:	3:12.71 46.49	350m:	4:36.17 36.50	
	100m:	1:08.80 36.85	200m:	2:26.22 37.66	300m:	3:59.67 46.96	400m:	5:11.16 34.99	
16.	GAŁKA, Jan		10	UKS SP-149 Łódź				5:13.09	464
	50m:	31.11 31.11	150m:	1:50.79 39.85	250m:	3:15.20 45.95	350m:	4:38.55 36.58	
	100m:	1:10.94 39.83	200m:	2:29.25 38.46	300m:	4:01.97 46.77	400m:	5:13.09 34.54	
17.	MENDAKIEWICZ, Mikołaj		11	UKS 190 Łódź				5:13.10	464
	50m:	31.88 31.88	200m:	2:29.68 1:20.30	300m:	4:02.16 46.31	400m:	5:13.10 35.02	
	100m:	1:09.38 37.50	250m:	3:15.85 46.17	350m:	4:38.08 35.92			
18.	MATYLLA, Mateusz		10	Ks Delfin Gdynia				5:13.95	460
	50m:	30.78 30.78	150m:	1:50.06 42.72	250m:	3:16.38 45.01	350m:	4:39.51 36.23	
	100m:	1:07.34 36.56	200m:	2:31.37 41.31	300m:	4:03.28 46.90	400m:	5:13.95 34.44	
19.	TRUDNOS, Gabriel		12	UKS 190 Łódź				5:14.05	460
	50m:	33.29 33.29	150m:	1:53.55 41.69	250m:	3:18.22 44.29	350m:	4:39.76 36.98	
	100m:	1:11.86 38.57	200m:	2:33.93 40.38	300m:	4:02.78 44.56	400m:	5:14.05 34.29	
20.	GÓRECKI, Stanisław		12	MKS Jedyńka Łódź				5:15.00	456
	50m:	32.10 32.10	150m:	1:49.05 39.46	250m:	3:13.21 44.92	350m:	4:38.40 37.47	
	100m:	1:09.59 37.49	200m:	2:28.29 39.24	300m:	4:00.93 47.72	400m:	5:15.00 36.60	
21.	KRUK, Mateusz		10	MTKP Delfin Toru				5:16.61	449
	50m:	32.48 32.48	150m:	1:54.87 42.66	250m:	3:19.83 42.95	350m:	4:41.17 37.93	
	100m:	1:12.21 39.73	200m:	2:36.88 42.01	300m:	4:03.24 43.41	400m:	5:16.61 35.44	
22.	DRELICH, Mateusz		09	MKS Trójka Łódź				5:16.64	449
	50m:	30.76 30.76	150m:	1:51.40 43.79	250m:	3:18.10 44.91	350m:	4:40.96 36.73	
	100m:	1:07.61 36.85	200m:	2:33.19 41.79	300m:	4:04.23 46.13	400m:	5:16.64 35.68	
23.	BANCEWICZ-BOGUTA, Natan		13	UKS Piłka Konstantynów Łódzki				5:21.21	430
	50m:	33.23 33.23	150m:	1:56.28 43.98	250m:	3:24.60 45.79	350m:	4:46.32 36.03	
	100m:	1:12.30 39.07	200m:	2:38.81 42.53	300m:	4:10.29 45.69	400m:	5:21.21 34.89	
24.	ZAWISZEWSKI, Emil		12	UKS G-8 Bielany Warszawa				5:21.81	427
	50m:	32.81 32.81	150m:	1:52.62 41.91	250m:	3:18.86 45.40	350m:	4:44.07 38.93	
	100m:	1:10.71 37.90	200m:	2:33.46 40.84	300m:	4:05.14 46.28	400m:	5:21.81 37.74	
25.	SUROVIKIN, Yaroslav		12	Ukraine				5:28.83	401
	50m:	33.23 33.23	150m:	1:55.89 43.47	250m:	3:26.65 49.28	350m:	4:51.80 36.58	
	100m:	1:12.42 39.19	200m:	2:37.37 41.48	300m:	4:15.22 48.57	400m:	5:28.83 37.03	
26.	GRABOWSKI, Hubert		12	UKS "Ósemka" Toru				5:34.79	380
	50m:	32.65 32.65	150m:	1:52.95 42.50	250m:	3:24.82 49.61	350m:	4:55.62 41.26	
	100m:	1:10.45 37.80	200m:	2:35.21 42.26	300m:	4:14.36 49.54	400m:	5:34.79 39.17	
27.	JAWORSKI, Szymon		12	KS Warta Poznań				5:35.15	378
	50m:	34.24 34.24	150m:	1:59.82 43.57	250m:	3:30.45 47.64	350m:	4:58.47 39.56	
	100m:	1:16.25 42.01	200m:	2:42.81 42.99	300m:	4:18.91 48.46	400m:	5:35.15 36.68	
28.	GRUCELA, Jakub		11	KP Sokół Rzeszów				5:36.52	374
	50m:	33.56 33.56	150m:	2:01.17 47.70	250m:	3:32.16 46.38	350m:	4:58.94 39.58	
	100m:	1:13.47 39.91	200m:	2:45.78 44.61	300m:	4:19.36 47.20	400m:	5:36.52 37.58	
29.	KOBIERECKI, Juliusz		13	UKS SP-149 Łódź				5:44.41	349
	50m:	34.53 34.53	150m:	2:04.46 46.54	250m:	3:37.91 49.59	350m:	5:07.29 38.66	
	100m:	1:17.92 43.39	200m:	2:48.32 43.86	300m:	4:28.63 50.72	400m:	5:44.41 37.12	
30.	RUTKOWSKI, Michał		13	UKS SP-149 Łódź				5:45.06	347
	50m:	33.68 33.68	150m:	2:01.07 47.35	250m:	3:38.32 51.62	350m:	5:08.49 37.43	
	100m:	1:13.72 40.04	200m:	2:46.70 45.63	300m:	4:31.06 52.74	400m:	5:45.06 36.57	
31.	MATUSZCZYK, Aleksander		13	UKS SP-149 Łódź				6:00.82	303
	50m:	40.92 40.92	150m:	2:12.21 53.26	300m:	4:43.42 53.26	400m:	6:00.82 37.13	
	100m:	2:57.79 2:16.87	250m:	3:50.16 1:37.95	350m:	5:23.69 40.27			
32.	BOLIMOWSKI, Dawid		13	Ks Assa				6:10.80	279
	50m:	36.29 36.29	150m:	2:13.73 51.15	250m:	3:53.42 49.92	350m:	5:29.80 42.91	
	100m:	1:22.58 46.29	200m:	3:03.50 49.77	300m:	4:46.89 53.47	400m:	6:10.80 41.00	

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Konkurencja 4, M czynny, 400m zmienny, OPEN

Pozycja			Rok ur.				Czas				Pkt.
33.	DEMBI SKI, Antoni		13	UKS Juvenia iSwim Białystok		6:24.68		250			
	50m: 38.97	38.97	150m: 2:16.59	47.20	250m: 3:59.75	55.87	350m: 5:40.68	44.81			
	100m: 1:29.39	50.42	200m: 3:03.88	47.29	300m: 4:55.87	56.12	400m: 6:24.68	44.00			
34.	PORADA, Ignacy		12	UKS SP-149 Łódź		6:25.06		249			
	50m: 37.68	37.68	150m: 2:17.97	54.58	250m: 4:03.43	55.94	350m: 5:44.58	42.32			
	100m: 1:23.39	45.71	200m: 3:07.49	49.52	300m: 5:02.26	58.83	400m: 6:25.06	40.48			
DYSKW.	DUDA, Julian		12	MTKP Delfin Toru							
	<i>Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zako czeniu wy cigu w danym stylu., Z3/M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub zako czenie wy cigu.</i>										

17 - 18 lat

1.	KARWAT, Bartłomiej		08	UKS Nawa Skierniewice		4:47.75		598			
	50m: 28.86	28.86	150m: 1:40.19	37.43	250m: 2:59.48	41.50	350m: 4:14.94	32.70			
	100m: 1:02.76	33.90	200m: 2:17.98	37.79	300m: 3:42.24	42.76	400m: 4:47.75	32.81			
2.	RACHWAŁ, Patryk		08	UKP „Polonia Warszawa”		4:48.77		592			
	50m: 29.10	29.10	150m: 1:41.89	38.87	250m: 3:04.21	43.78	350m: 4:19.80	31.41			
	100m: 1:03.02	33.92	200m: 2:20.43	38.54	300m: 3:48.39	44.18	400m: 4:48.77	28.97			
3.	TRUDNOS, Ignacy		08	UKS 190 Łódź		4:55.16		554			
	50m: 29.60	29.60	150m: 1:45.15	39.97	250m: 3:04.42	39.99	350m: 4:22.03	35.92			
	100m: 1:05.18	35.58	200m: 2:24.43	39.28	300m: 3:46.11	41.69	400m: 4:55.16	33.13			
4.	PAWLAK, Dawid		08	UKS 190 Łódź		4:55.41		553			
	50m: 30.19	30.19	150m: 1:45.82	39.74	250m: 3:06.89	42.89	350m: 4:24.22	33.76			
	100m: 1:06.08	35.89	200m: 2:24.00	38.18	300m: 3:50.46	43.57	400m: 4:55.41	31.19			
5.	KAMIE SKI, Stanisław		09	UKP „Polonia Warszawa”		4:56.60		546			
	50m: 30.45	30.45	150m: 1:46.96	42.22	250m: 3:08.33	40.62	350m: 4:23.79	34.25			
	100m: 1:04.74	34.29	200m: 2:27.71	40.75	300m: 3:49.54	41.21	400m: 4:56.60	32.81			
6.	GACHEWICZ, Jan		09	MTKP Delfin Toru		5:08.27		486			
	50m: 31.76	31.76	150m: 1:52.66	41.88	250m: 3:15.34	42.03	350m: 4:33.90	35.56			
	100m: 1:10.78	39.02	200m: 2:33.31	40.65	300m: 3:58.34	43.00	400m: 5:08.27	34.37			
7.	DRELICH, Mateusz		09	MKS Trójka Łódź		5:16.64		449			
	50m: 30.76	30.76	150m: 1:51.40	43.79	250m: 3:18.10	44.91	350m: 4:40.96	36.73			
	100m: 1:07.61	36.85	200m: 2:33.19	41.79	300m: 4:04.23	46.13	400m: 5:16.64	35.68			

16 lat

1.	GRABOWSKI, Wojciech		10	UKP „Polonia Warszawa”		4:52.83		567			
	50m: 31.95	31.95	150m: 1:48.51	40.02	250m: 3:05.53	37.98	350m: 4:20.05	34.22			
	100m: 1:08.49	36.54	200m: 2:27.55	39.04	300m: 3:45.83	40.30	400m: 4:52.83	32.78			
2.	GAŁKA, Jan		10	UKS SP-149 Łódź		5:13.09		464			
	50m: 31.11	31.11	150m: 1:50.79	39.85	250m: 3:15.20	45.95	350m: 4:38.55	36.58			
	100m: 1:10.94	39.83	200m: 2:29.25	38.46	300m: 4:01.97	46.77	400m: 5:13.09	34.54			
3.	MATYLLA, Mateusz		10	Ks Delfin Gdynia		5:13.95		460			
	50m: 30.78	30.78	150m: 1:50.06	42.72	250m: 3:16.38	45.01	350m: 4:39.51	36.23			
	100m: 1:07.34	36.56	200m: 2:31.37	41.31	300m: 4:03.28	46.90	400m: 5:13.95	34.44			
4.	KRUK, Mateusz		10	MTKP Delfin Toru		5:16.61		449			
	50m: 32.48	32.48	150m: 1:54.87	42.66	250m: 3:19.83	42.95	350m: 4:41.17	37.93			
	100m: 1:12.21	39.73	200m: 2:36.88	42.01	300m: 4:03.24	43.41	400m: 5:16.61	35.44			

15 lat

1.	ROMANTSOV, Kyrylo		11	UKP Unia O wi cim		4:56.26		548			
	50m: 30.47	30.47	150m: 1:45.07	38.50	250m: 3:05.72	41.78	350m: 4:22.82	33.97			
	100m: 1:06.57	36.10	200m: 2:23.94	38.87	300m: 3:48.85	43.13	400m: 4:56.26	33.44			

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Łódź, 11. - 12.4.2026

Konkurencja 4, Chłopców, 400m zmienny, 15 lat

Pozycja			Rok ur.				Czas	Pkt.
2.	NITECKI, Adam		11		MKS Piaseczno		5:09.31	481
	50m:	31.46 31.46	150m:	1:49.95 40.94	250m:	3:14.66 43.94	350m:	4:34.46 35.83
	100m:	1:09.01 37.55	200m:	2:30.72 40.77	300m:	3:58.63 43.97	400m:	5:09.31 34.85
3.	MENDAKIEWICZ, Mikołaj		11		UKS 190 Łódź		5:13.10	464
	50m:	31.88 31.88	200m:	2:29.68 1:20.30	300m:	4:02.16 46.31	400m:	5:13.10 35.02
	100m:	1:09.38 37.50	250m:	3:15.85 46.17	350m:	4:38.08 35.92		
4.	GRUCELA, Jakub		11		KP Sokół Rzeszów		5:36.52	374
	50m:	33.56 33.56	150m:	2:01.17 47.70	250m:	3:32.16 46.38	350m:	4:58.94 39.58
	100m:	1:13.47 39.91	200m:	2:45.78 44.61	300m:	4:19.36 47.20	400m:	5:36.52 37.58

14 lat

1.	WI NIEWSKI, Ksawery		12		ORKA Grudzi dz		5:03.49	510
	50m:	29.46 29.46	150m:	1:45.14 39.74	250m:	3:10.99 46.35	350m:	4:30.08 34.50
	100m:	1:05.40 35.94	200m:	2:24.64 39.50	300m:	3:55.58 44.59	400m:	5:03.49 33.41
2.	PŁUCIENNIKOWSKI, Jan		12		MKS Trójka Łódź		5:06.36	495
	50m:	30.28 30.28	150m:	1:47.43 40.69	250m:	3:10.81 43.60	350m:	4:31.60 34.62
	100m:	1:06.74 36.46	200m:	2:27.21 39.78	300m:	3:56.98 46.17	400m:	5:06.36 34.76
3.	SKŁODOWSKI, Stanisław		12		MKS Jedyńka Łódź		5:11.16	473
	50m:	31.95 31.95	150m:	1:48.56 39.76	250m:	3:12.71 46.49	350m:	4:36.17 36.50
	100m:	1:08.80 36.85	200m:	2:26.22 37.66	300m:	3:59.67 46.96	400m:	5:11.16 34.99
4.	TRUDNOS, Gabriel		12		UKS 190 Łódź		5:14.05	460
	50m:	33.29 33.29	150m:	1:53.55 41.69	250m:	3:18.22 44.29	350m:	4:39.76 36.98
	100m:	1:11.86 38.57	200m:	2:33.93 40.38	300m:	4:02.78 44.56	400m:	5:14.05 34.29
5.	GÓRECKI, Stanisław		12		MKS Jedyńka Łódź		5:15.00	456
	50m:	32.10 32.10	150m:	1:49.05 39.46	250m:	3:13.21 44.92	350m:	4:38.40 37.47
	100m:	1:09.59 37.49	200m:	2:28.29 39.24	300m:	4:00.93 47.72	400m:	5:15.00 36.60
6.	ZAWISZEWSKI, Emil		12		UKS G-8 Bielany Warszawa		5:21.81	427
	50m:	32.81 32.81	150m:	1:52.62 41.91	250m:	3:18.86 45.40	350m:	4:44.07 38.93
	100m:	1:10.71 37.90	200m:	2:33.46 40.84	300m:	4:05.14 46.28	400m:	5:21.81 37.74
7.	SUROVIKIN, Yaroslav		12		Ukraine		5:28.83	401
	50m:	33.23 33.23	150m:	1:55.89 43.47	250m:	3:26.65 49.28	350m:	4:51.80 36.58
	100m:	1:12.42 39.19	200m:	2:37.37 41.48	300m:	4:15.22 48.57	400m:	5:28.83 37.03
8.	GRABOWSKI, Hubert		12		UKS "Ósemka" Toru		5:34.79	380
	50m:	32.65 32.65	150m:	1:52.95 42.50	250m:	3:24.82 49.61	350m:	4:55.62 41.26
	100m:	1:10.45 37.80	200m:	2:35.21 42.26	300m:	4:14.36 49.54	400m:	5:34.79 39.17
9.	JAWORSKI, Szymon		12		KS Warta Pozna		5:35.15	378
	50m:	34.24 34.24	150m:	1:59.82 43.57	250m:	3:30.45 47.64	350m:	4:58.47 39.56
	100m:	1:16.25 42.01	200m:	2:42.81 42.99	300m:	4:18.91 48.46	400m:	5:35.15 36.68
10.	PORADA, Ignacy		12		UKS SP-149 Łódź		6:25.06	249
	50m:	37.68 37.68	150m:	2:17.97 54.58	250m:	4:03.43 55.94	350m:	5:44.58 42.32
	100m:	1:23.39 45.71	200m:	3:07.49 49.52	300m:	5:02.26 58.83	400m:	6:25.06 40.48

DYSKW. DUDA, Julian 12 MTKP Delfin Toru
Z3 - Pływak uko czył poszczególne odcinki niezgodnie z przepisami o zako czeniu wy cigu w danym stylu., Z3/M10 - Pływak nie dotkn ł ciany dwiema dło mi przy nawrocie lub zako czenie wy cigu.

13 lat

1.	BANCEWICZ-BOGUTA, Natan		13		UKS Pi tka Konstantynów Łódzki		5:21.21	430
	50m:	33.23 33.23	150m:	1:56.28 43.98	250m:	3:24.60 45.79	350m:	4:46.32 36.03
	100m:	1:12.30 39.07	200m:	2:38.81 42.53	300m:	4:10.29 45.69	400m:	5:21.21 34.89
2.	KOBIERECKI, Juliusz		13		UKS SP-149 Łódź		5:44.41	349
	50m:	34.53 34.53	150m:	2:04.46 46.54	250m:	3:37.91 49.59	350m:	5:07.29 38.66
	100m:	1:17.92 43.39	200m:	2:48.32 43.86	300m:	4:28.63 50.72	400m:	5:44.41 37.12

Arena Grand Prix
Łódź , 11. - 12.4.2026

Konkurencja 4, Chłopców, 400m zmienny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.			
3.	RUTKOWSKI, Michał		13	UKS SP-149 Łódź				5:45.06	347			
	50m:	33.68	33.68	150m:	2:01.07	47.35	250m:	3:38.32	51.62	350m:	5:08.49	37.43
	100m:	1:13.72	40.04	200m:	2:46.70	45.63	300m:	4:31.06	52.74	400m:	5:45.06	36.57
4.	MATUSZCZYK, Aleksander		13	UKS SP-149 Łódź				6:00.82	303			
	50m:	40.92	40.92	150m:	2:12.21		300m:	4:43.42	53.26	400m:	6:00.82	37.13
	100m:	2:57.79	2:16.87	250m:	3:50.16	1:37.95	350m:	5:23.69	40.27			
5.	BOLIMOWSKI, Dawid		13	Ks Assa				6:10.80	279			
	50m:	36.29	36.29	150m:	2:13.73	51.15	250m:	3:53.42	49.92	350m:	5:29.80	42.91
	100m:	1:22.58	46.29	200m:	3:03.50	49.77	300m:	4:46.89	53.47	400m:	6:10.80	41.00
6.	DEMBI SKI, Antoni		13	UKS Juwenia iSwim Białystok				6:24.68	250			
	50m:	38.97	38.97	150m:	2:16.59	47.20	250m:	3:59.75	55.87	350m:	5:40.68	44.81
	100m:	1:29.39	50.42	200m:	3:03.88	47.29	300m:	4:55.87	56.12	400m:	6:24.68	44.00