

Otwarte Mistrzostwa Okręgu Łódzkiego 2026
 Łódź, 24. - 25.6.2026

Konkurencja 17
 25.06.2026 - 9:00

Kobiet, 400m dowolny

Open
 Wyniki

Punkty: AQUA 2026

| Pozycja | | | Rok ur. | | | | | Czas | Pkt. |
|-------------|---------------------|---------|---------|---------------------------------|---------|-------|-------|----------------|-------|
| Open | | | | | | | | | |
| 1. | ŁUCZAK Anika | | 09 | UKS SP-149 Łódź | | | | 4:47.46 | 540 |
| | 50m: | 31.69 | 31.69 | 150m: | 1:45.38 | 36.92 | 250m: | 2:58.97 | 36.59 |
| | 100m: | 1:08.46 | 36.77 | 200m: | 2:22.38 | 37.00 | 300m: | 3:36.02 | 37.05 |
| | | | | | | | 350m: | 4:12.89 | 36.87 |
| | | | | | | | 400m: | 4:47.46 | 34.57 |
| 2. | WERESZCZY SKA Lila | | 12 | WKS I sk | | | | 4:57.27 | 488 |
| | 50m: | 32.72 | 32.72 | 150m: | 1:48.68 | 38.65 | 250m: | 3:05.47 | 38.54 |
| | 100m: | 1:10.03 | 37.31 | 200m: | 2:26.93 | 38.25 | 300m: | 3:43.90 | 38.43 |
| | | | | | | | 350m: | 4:21.84 | 37.94 |
| | | | | | | | 400m: | 4:57.27 | 35.43 |
| 3. | STEFANIW Martyna | | 10 | Sekcja Pływacka Meduza Paj czno | | | | 4:58.31 | 483 |
| | 50m: | 33.97 | 33.97 | 150m: | 1:50.19 | 38.93 | 250m: | 3:06.59 | 37.61 |
| | 100m: | 1:11.26 | 37.29 | 200m: | 2:28.98 | 38.79 | 300m: | 3:44.92 | 38.33 |
| | | | | | | | 350m: | 4:22.67 | 37.75 |
| | | | | | | | 400m: | 4:58.31 | 35.64 |
| 4. | SUKIENNIK Anna | | 10 | MKS Trójka Łódź | | | | 4:59.61 | 477 |
| | 50m: | 33.80 | 33.80 | 150m: | 1:48.62 | 37.62 | 250m: | 3:05.65 | 38.57 |
| | 100m: | 1:11.00 | 37.20 | 200m: | 2:27.08 | 38.46 | 300m: | 3:44.33 | 38.68 |
| | | | | | | | 350m: | 4:22.37 | 38.04 |
| | | | | | | | 400m: | 4:59.61 | 37.24 |
| 5. | SOŁTYSIAK Pola | | 11 | MKS Trójka Łódź | | | | 5:11.15 | 426 |
| | 50m: | 34.96 | 34.96 | 150m: | 1:52.18 | 38.91 | 250m: | 3:11.63 | 39.58 |
| | 100m: | 1:13.27 | 38.31 | 200m: | 2:32.05 | 39.87 | 300m: | 3:51.83 | 40.20 |
| | | | | | | | 350m: | 4:31.46 | 39.63 |
| | | | | | | | 400m: | 5:11.15 | 39.69 |
| 6. | WOJCIECHOWSKA Julia | | 13 | UKS SP-149 Łódź | | | | 5:13.64 | 416 |
| | 50m: | 35.40 | 35.40 | 150m: | 1:55.60 | 40.88 | 250m: | 3:17.50 | 41.31 |
| | 100m: | 1:14.72 | 39.32 | 200m: | 2:36.19 | 40.59 | 300m: | 3:57.21 | 39.71 |
| | | | | | | | 350m: | 4:37.23 | 40.02 |
| | | | | | | | 400m: | 5:13.64 | 36.41 |
| 7. | CENIAN Natalia | | 12 | IUKS „Muszelka” Warszawa | | | | 5:28.76 | 361 |
| | 50m: | 34.81 | 34.81 | 150m: | 1:53.13 | 39.69 | 250m: | 3:18.24 | 42.52 |
| | 100m: | 1:13.44 | 38.63 | 200m: | 2:35.72 | 42.59 | 300m: | 4:02.16 | 43.92 |
| | | | | | | | 350m: | 4:45.11 | 42.95 |
| | | | | | | | 400m: | 5:28.76 | 43.65 |
| 8. | BERNACIK Gabriela | | 09 | Ks Nelasport | | | | 5:32.15 | 350 |
| | 50m: | 35.74 | 35.74 | 150m: | 1:57.83 | 41.66 | 250m: | 3:22.22 | 42.10 |
| | 100m: | 1:16.17 | 40.43 | 200m: | 2:40.12 | 42.29 | 300m: | 4:04.92 | 42.70 |
| | | | | | | | 350m: | 4:48.12 | 43.20 |
| | | | | | | | 400m: | 5:32.15 | 44.03 |
| 9. | TYC Zuzanna | | 12 | MUKS Wodnik Łask | | | | 5:42.48 | 319 |
| | 50m: | 37.99 | 37.99 | 150m: | 2:05.40 | 44.99 | 250m: | 3:34.92 | 45.23 |
| | 100m: | 1:20.41 | 42.42 | 200m: | 2:49.69 | 44.29 | 300m: | 4:19.94 | 45.02 |
| | | | | | | | 350m: | 5:04.04 | 44.10 |
| | | | | | | | 400m: | 5:42.48 | 38.44 |
| 10. | BRYSIAK Nikola | | 10 | Champion Tomaszów Maz. | | | | 5:43.52 | 316 |
| | 50m: | 37.60 | 37.60 | 150m: | 2:05.42 | 44.82 | 250m: | 3:34.32 | 44.48 |
| | 100m: | 1:20.60 | 43.00 | 200m: | 2:49.84 | 44.42 | 300m: | 4:19.20 | 44.88 |
| | | | | | | | 350m: | 5:02.38 | 43.18 |
| | | | | | | | 400m: | 5:43.52 | 41.14 |
| 11. | PIERZY SKA Antonina | | 11 | St. S. Nautilus Brzeziny | | | | 5:44.10 | 315 |
| | 50m: | 37.35 | 37.35 | 150m: | 2:04.45 | 44.40 | 250m: | 3:34.76 | 45.12 |
| | 100m: | 1:20.05 | 42.70 | 200m: | 2:49.64 | 45.19 | 300m: | 4:20.04 | 45.28 |
| | | | | | | | 350m: | 5:03.26 | 43.22 |
| | | | | | | | 400m: | 5:44.10 | 40.84 |

DYSKW. KOWALCZYK Helena 11 MKS Trójka Łódź
 O1 - Pływak zainicjował start przed sygnałem startu.

14 - 15 lat

| | | | | | | | | | |
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| 1. | SOŁTYSIAK Pola | | 11 | MKS Trójka Łódź | | | | 5:11.15 | 426 |
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