



# ***Virtus European Summer Games Swimming***

## ***Bydgoszcz 2026***

**6 – 10 July**

# ***Guide***

UPDATED 4<sup>th</sup> July 2026

# Virtus Staff

Technical Delegate

Assistant Technical Delegate

Patrick ROUGER (FRA)

Barbara FRANCYK (POL)

## Rules and Regulations

The Championships shall be held under the World Para Swimming Rules and Regulations (February 2026) and the Virtus Swimming Regulations (*Virtus Governance and Policies; Sect 7.9 SPORT & VIRTUS CHAMPIONSHIP SPECIFICATIONS - SWIMMING Approved by the Governing Board: 5th November 2023*).

This event isn't approved by WPS.

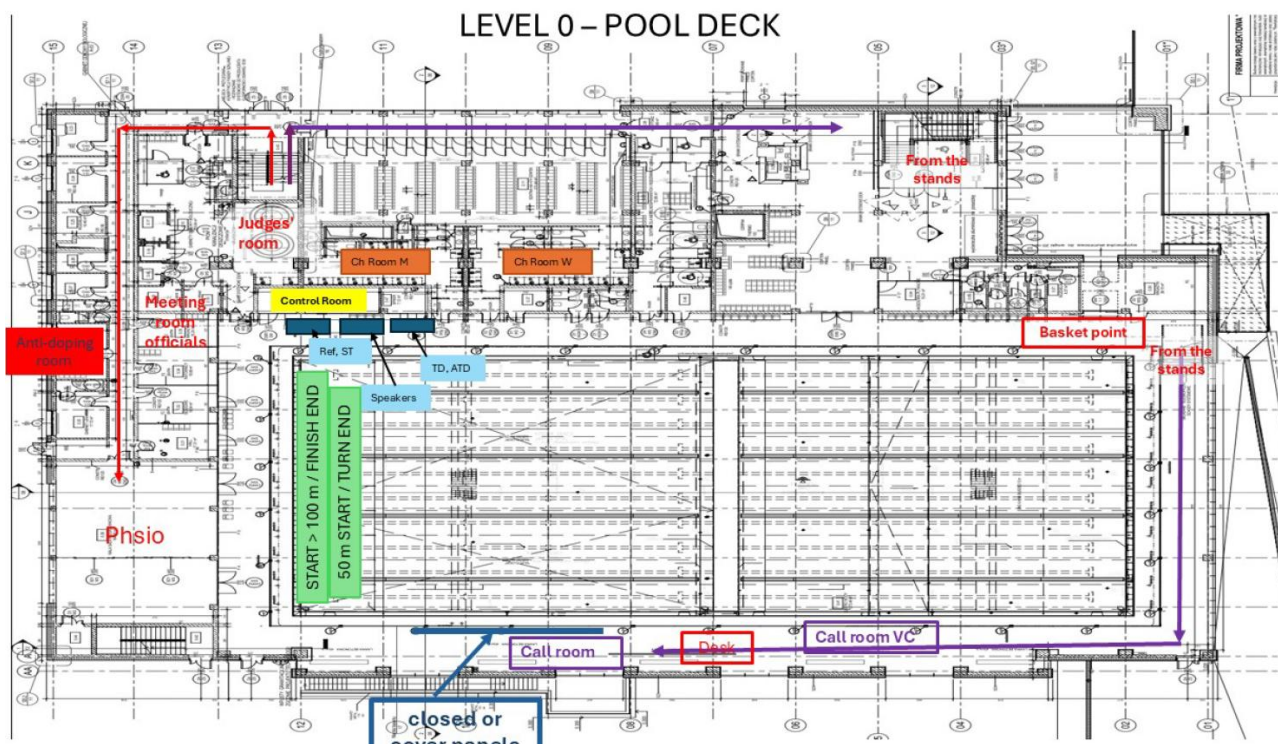
WPS (only Sections 9, 10 and 11) [WPS Rules and Regulations February 2026.pdf](#)

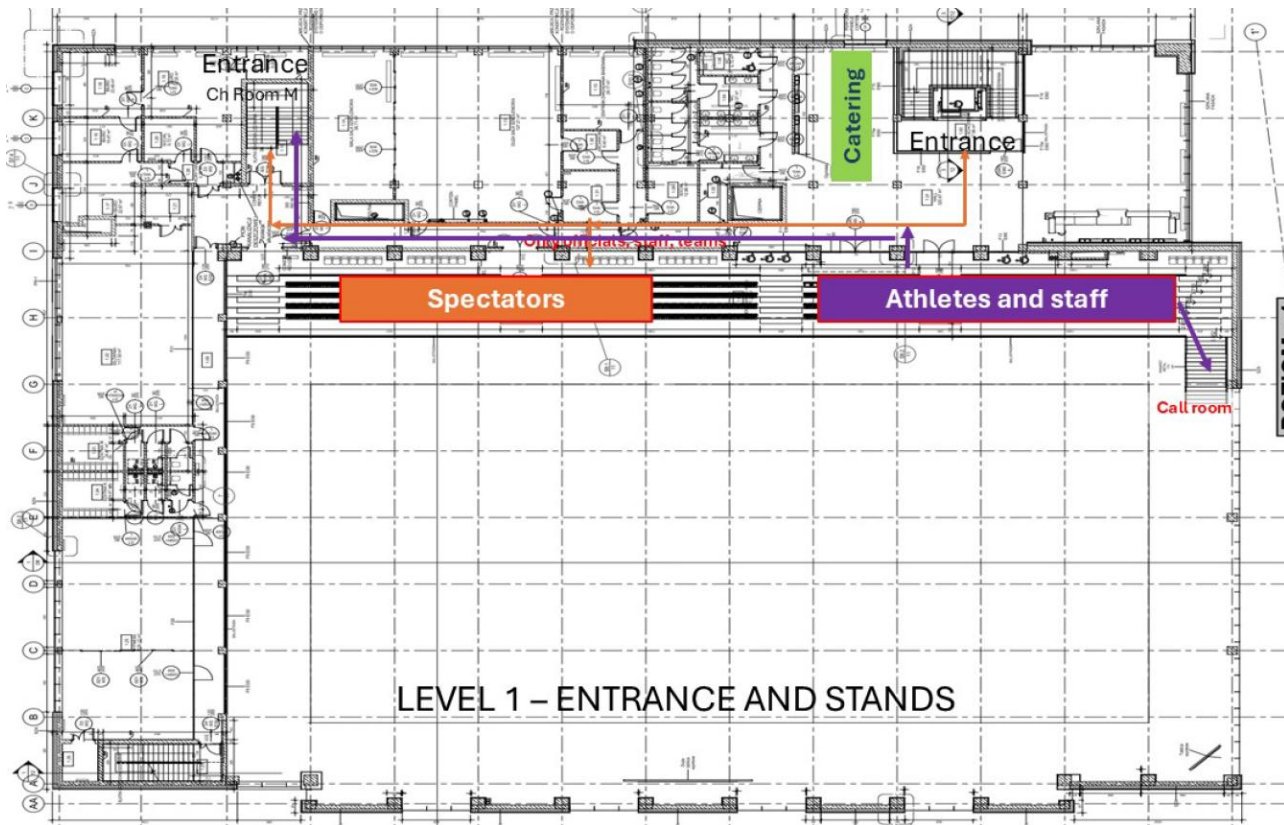
Virtus Rules [7.9-Sport-and-Championship-Specifications-Swimming.doc.pdf](#)

## Venue :

[Basen Astoria Królowej Jadwigi 23, 85-231 Bydgoszcz](#)

## Pool Access





## Competition Format

### General Competition Time Schedule (to be confirmed at the technical meeting)

Morning Warm Up	08:30 to 09:45
Morning Session (Heats and Timed Finals)	10:00 to approximately 12:00
Lunch Break	12:00 to 15:00
Afternoon Warm Up	15:00 to 16:15
Afternoon Session (Finals)	16:30 to (approximately) 18:30



Note – Warm Up sessions are principally for athletes competing in that session and may be restricted if the water becomes crowded.

### Competition Format – Heats and Finals

- 50m, 100m and 200m (Viable) Individual events will always be swum with Heats (if fewer than 9 swimmers) in the Morning Session.
- The finals will take place either in the morning session or the afternoon session. Swimmers may be mixed by eligibility or gender, with an empty lane separating them.
- 400m, 800m and 1500m freestyle Individual events will be swum as Timed Finals in the morning session. They will be separated by gender.
- 117 events will be swum in direct finals.
- Every effort has been made to separate as much as possible the Eligibility Groups during these distance events, however if pool space dictates we may have to combine some Eligibility Groups. In any case the results will be declared by gender and eligibility group.

## Warm Up Protocols

- All Teams are to observe any and all directional signs placed at the ends of the Lanes
- No Fins, hand paddles or bungy cords are permitted during warm up.
- Dive start and in water start lanes will be announced during the respective warm up, there is to be NO DIVING until these specific lanes have been announced and are open, and then these lanes will be One Way only (from the Start End). The NTO controlling the warm up will direct which and how many start and sprint lanes will be opened and at what time.
- **The warm up will be regulated by allocated technical officials.** Their instructions and those of the pool staff are to be followed.
- Backstroke ledges will be available during warm up in specific lanes.

0	1	2	3	4	5	6	7	8	9
No entry	Back stroke Starts	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Pace lane	Dive Start Sprint Lane
									
Dive Start Sprint Lane	Back stroke Starts	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Circle Only	Pace lane	No entry
0	1	2	3	4	5	6	7	8	9

## Pool Access Restrictions

- Following completion of Warm Up the pooldeck will be “Closed”. Only authorised people will be permitted on pooldeck. This will be at all times - including during Victory Ceremonies.

## Records

- Virtus World and European Records will be applied immediately after a Result is confirmed by the Referee and has been uploaded.

## Meetings Planned

### Technical Meeting

- The Team Managers Technical Meeting will take place on 5<sup>th</sup> July at 18.00 in the Focus Hotel Premium Pod Orłem ul, Gdańska 14, 85-006 Bydgoszcz