

Bydgoska Liga Pływacka sezon 2025/2026
Bydgoszcz, 25.10.2026 - 20.3.2027

Konkurencja 9
25.10.2026

Kobiet, 400y dowolny

18 lat i starsi
Wyniki

Rekord BLP	4:13.88	RYDYŃSKA, Marianna	Bydgoszcz	14.03.2026
Punkty: AQUA 2025				

Pozycja		Rok ur.							Czas	Pkt.
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18 - 25 lat

1.	LORENZO ZATOR, Natalia	07	MUKS Piętnastka Bydgoszcz	4:53.76	
	50y: 31.06 31.06	150y: 1:41.95 36.23	250y: 2:56.80 37.73	350y: 4:15.10 39.35	
	100y: 1:05.72 34.66	200y: 2:19.07 37.12	300y: 3:35.75 38.95	400y: 4:53.76 38.66	

26 - 35 lat

1.	BEAUVALE, Zofia	92	MUKS Piętnastka Bydgoszcz	4:37.42	
	50y: 30.53 30.53	150y: 1:39.22 34.76	250y: 2:50.62 35.68	350y: 4:02.05 35.68	
	100y: 1:04.46 33.93	200y: 2:14.94 35.72	300y: 3:26.37 35.75	400y: 4:37.42 35.37	
2.	BAKUNIAK, Hanna	96	BLP	4:46.42	
	50y: 30.57 30.57	150y: 1:39.89 35.26	250y: 2:52.75 37.21	350y: 4:08.79 37.78	
	100y: 1:04.63 34.06	200y: 2:15.54 35.65	300y: 3:31.01 38.26	400y: 4:46.42 37.63	
3.	FRĄCKOWIAK, Agata	97	SHARK SWIM	6:04.05	
	50y: 39.11 39.11	150y: 2:08.04 45.47	250y: 3:42.08 47.15	350y: 5:17.75 48.01	
	100y: 1:22.57 43.46	200y: 2:54.93 46.89	300y: 4:29.74 47.66	400y: 6:04.05 46.30	
4.	KRAWISZ, Katarzyna	99	Champions Swim	6:35.50	
	50y: 42.08 42.08	150y: 2:19.77 49.93	250y: 4:01.64 51.61	350y: 5:44.55 51.60	
	100y: 1:29.84 47.76	200y: 3:10.03 50.26	300y: 4:52.95 51.31	400y: 6:35.50 50.95	

36 - 45 lat

1.	NAPIERAŁA, Marta	89	TT SODA	4:48.96	
	50y: 31.26 31.26	150y: 1:41.13 35.75	250y: 2:55.27 37.14	350y: 4:11.23 38.24	
	100y: 1:05.38 34.12	200y: 2:18.13 37.00	300y: 3:32.99 37.72	400y: 4:48.96 37.73	
2.	KOSIOROWSKA, Aleksandra	87	KU AZS PBŚ	4:58.41	
	50y: 31.70 31.70	150y: 1:44.48 37.14	250y: 3:01.84 38.97	350y: 4:20.77 39.45	
	100y: 1:07.34 35.64	200y: 2:22.87 38.39	300y: 3:41.32 39.48	400y: 4:58.41 37.64	
3.	LOOSE, Anna	89	BLP sztafeta 2	5:46.60	
	50y: 36.41 36.41	150y: 1:59.87 42.64	250y: 3:28.57 44.94	350y: 5:01.29 46.80	
	100y: 1:17.23 40.82	200y: 2:43.63 43.76	300y: 4:14.49 45.92	400y: 5:46.60 45.31	

46 - 55 lat

1.	JODKO, Magdalena	78	8 K-P BOT	5:37.96	
	50y: 36.42 36.42	150y: 1:58.79 41.90	250y: 3:26.09 44.06	350y: 4:55.84 44.98	
	100y: 1:16.89 40.47	200y: 2:42.03 43.24	300y: 4:10.86 44.77	400y: 5:37.96 42.12	
2.	SOKOŁOWSKA, Justyna	75	Bydgoska Liga Pływacka	7:42.20	
	50y: 50.01 50.01	150y: 2:44.35 58.91	250y: 4:46.02 1:00.42	350y: 6:44.66 58.25	
	100y: 1:45.44 55.43	200y: 3:45.60 1:01.25	300y: 5:46.41 1:00.39	400y: 7:42.20 57.54	
3.	OSTROMĘCKA, Edyta	76	Cyklon	8:58.45	
	50y: 1:00.19 1:00.19	150y: 3:15.63 1:08.93	250y: 5:33.36 1:08.54	350y: 7:51.39 1:08.36	
	100y: 2:06.70 1:06.51	200y: 4:24.82 1:09.19	300y: 6:43.03 1:09.67	400y: 8:58.45 1:07.06	
4.	FRANK, Agnieszka	80	Bydgoska Liga Pływacka	10:02.86	
	50y: 55.95 55.95	150y: 3:29.07 1:19.23	250y: 6:05.99 1:17.59	350y: 8:43.78 1:20.50	
	100y: 2:09.84 1:13.89	200y: 4:48.40 1:19.33	300y: 7:23.28 1:17.29	400y: 10:02.86 1:19.08	