

ZAWODY PŁYWACKIE O PUCHAR PREZYDENTA MIASTA CIECHANÓW
Ciechanów, 28.1.2017

Konkurencja 29
28.01.2017 - 16:04

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
1.	RUTKOWSKA, Agnieszka		01	Skalar Słupsk				4:25.44	689
	50m:	30.64 30.64	150m:	1:38.14	33.88	250m:	2:45.67 33.46	350m:	3:52.83 33.34
	100m:	1:04.26 33.62	200m:	2:12.21	34.07	300m:	3:19.49 33.82	400m:	4:25.44 32.61
2.	KRYSZKOWSKA, Natalia		02	MZOS Płock				4:27.88	670
	50m:	30.62 30.62	150m:	1:38.30	34.21	250m:	2:46.01 33.68	350m:	3:54.37 34.31
	100m:	1:04.09 33.47	200m:	2:12.33	34.03	300m:	3:20.06 34.05	400m:	4:27.88 33.51
3.	CYNARSKA, Weronika		03	Iuks Muszelka Warszawa				4:33.11	633
	50m:	30.99 30.99	150m:	1:38.74	34.28	250m:	2:48.47 34.90	350m:	3:58.64 35.11
	100m:	1:04.46 33.47	200m:	2:13.57	34.83	300m:	3:23.53 35.06	400m:	4:33.11 34.47
4.	JAWORSKA, Maja		02	MZOS Płock				4:38.44	597
	50m:	30.93 30.93	150m:	1:39.50	34.69	250m:	2:51.13 36.15	350m:	4:03.95 36.08
	100m:	1:04.81 33.88	200m:	2:14.98	35.48	300m:	3:27.87 36.74	400m:	4:38.44 34.49
5.	JASIORSKA, Aleksandra		02	MKS Polonia Warszawa				4:39.16	592
	50m:	31.62 31.62	150m:	1:40.00	34.80	250m:	2:50.83 35.71	350m:	4:03.49 36.49
	100m:	1:05.20 33.58	200m:	2:15.12	35.12	300m:	3:27.00 36.17	400m:	4:39.16 35.67
6.	WROBEL, Julia		03	Iskra Konin				4:40.37	585
	50m:	31.87 31.87	150m:	1:42.24	35.57	250m:	2:53.79 35.56	350m:	4:05.43 35.74
	100m:	1:06.67 34.80	200m:	2:18.23	35.99	300m:	3:29.69 35.90	400m:	4:40.37 34.94
7.	BADZIAN, Natalia		03	Iuks Muszelka Warszawa				4:44.60	559
	50m:	32.80 32.80	150m:	1:44.40	36.02	250m:	2:56.75 36.25	350m:	4:09.04 36.13
	100m:	1:08.38 35.58	200m:	2:20.50	36.10	300m:	3:32.91 36.16	400m:	4:44.60 35.56
8.	ZIEMACKA, Julia		03	Iuks Muszelka Warszawa				4:45.63	553
	50m:	33.40 33.40	150m:	1:44.65	36.10	250m:	2:56.73 35.73	350m:	4:09.66 36.49
	100m:	1:08.55 35.15	200m:	2:21.00	36.35	300m:	3:33.17 36.44	400m:	4:45.63 35.97
9.	BUSZKA, Kornelia		03	MKS Polonia Warszawa				4:52.97	512
	50m:	33.15 33.15	150m:	1:45.87	36.80	250m:	3:00.39 37.29	350m:	4:15.68 37.76
	100m:	1:09.07 35.92	200m:	2:23.10	37.23	300m:	3:37.92 37.53	400m:	4:52.97 37.29
10.	BIAŁAS, Aniela SWwa		02	MKS Polonia Warszawa				4:57.97	487
	50m:	33.46 33.46	150m:	1:46.53	36.90	250m:	3:02.11 38.15	350m:	4:19.39 38.49
	100m:	1:09.63 36.17	200m:	2:23.96	37.43	300m:	3:40.90 38.79	400m:	4:57.97 38.58
11.	TRYBUCH, Oliwia		02	MKS Polonia Warszawa				5:02.90	464
	50m:	33.85 33.85	150m:	1:50.52	38.97	250m:	3:08.82 39.40	350m:	4:25.83 37.78
	100m:	1:11.55 37.70	200m:	2:29.42	38.90	300m:	3:48.05 39.23	400m:	5:02.90 37.07
12.	JANUSZEWSKA, Otylia		03	MZOS Płock				5:03.31	462
	50m:	33.37 33.37	150m:	1:49.69	38.68	250m:	3:08.79 39.71	350m:	4:26.49 38.55
	100m:	1:11.01 37.64	200m:	2:29.08	39.39	300m:	3:47.94 39.15	400m:	5:03.31 36.82
13.	KACPERSKA, Laura		03	MKS Polonia Warszawa				5:07.37	444
	50m:	35.46 35.46	150m:	1:53.32	38.80	250m:	3:11.53 39.11	350m:	4:29.69 38.83
	100m:	1:14.52 39.06	200m:	2:32.42	39.10	300m:	3:50.86 39.33	400m:	5:07.37 37.68
14.	POZNACHOWSKA, Nadia		04	MKS Polonia Warszawa				5:09.12	436
	50m:	34.63 34.63	150m:	1:54.79	40.64	250m:	3:15.63 39.71	350m:	4:31.97 37.46
	100m:	1:14.15 39.52	200m:	2:35.92	41.13	300m:	3:54.51 38.88	400m:	5:09.12 37.15
15.	BRYWCZY SKA, Helena		04	MKS Polonia Warszawa				5:10.05	432
	50m:	35.80 35.80	150m:	1:55.29	40.00	250m:	3:16.02 39.70	350m:	4:32.90 37.04
	100m:	1:15.29 39.49	200m:	2:36.32	41.03	300m:	3:55.86 39.84	400m:	5:10.05 37.15
16.	CHUDORLI SKA, Marta		01	Uks Delfin Legionowo				5:15.66	410
	50m:	35.28 35.28	150m:	1:54.88	40.62	250m:	3:16.40 40.50	350m:	4:37.85 40.26
	100m:	1:14.26 38.98	200m:	2:35.90	41.02	300m:	3:57.59 41.19	400m:	5:15.66 37.81