

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 – 13 lat – I Runda
Warszawa, 22. - 23.3.2023

Konkurencja 7 Dziewczyna, 400m dowolny 12 - 13 lat
22.03.2023 - 12:39 Wyniki

REKORD WMOZP 13	4:25.59	KAMI SKA, Aleksandra	00414	Gorzów	26.11.2005
REKORD WMOZP 12	4:35.51	KOWALSKA, Agata	00914	Płock	19.11.2005

Punkty: FINA 2022

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. KOKOSZKA, Paulina	11	5:04.46	453
50m: 34.06 34.06	150m: 1:51.59 39.00	250m: 3:09.88 39.11	350m: 4:28.05 38.61
100m: 1:12.59 38.53	200m: 2:30.77 39.18	300m: 3:49.44 39.56	400m: 5:04.46 36.41
2. ŁYSIUK, Karina	11	5:17.78	398
50m: 34.99 34.99	150m: 1:54.37 40.28	250m: 3:15.66 40.50	350m: 4:38.12 41.60
100m: 1:14.09 39.10	200m: 2:35.16 40.79	300m: 3:56.52 40.86	400m: 5:17.78 39.66
3. JAWORSKA, Krystyna	11	5:34.53	341
50m: 38.49 38.49	150m: 2:01.82 42.13	250m: 3:28.08 43.08	350m: 4:55.12 43.62
100m: 1:19.69 41.20	200m: 2:45.00 43.18	300m: 4:11.50 43.42	400m: 5:34.53 39.41
4. KANIEWSKA, Lena	11	5:34.73	341
50m: 36.86 36.86	150m: 2:01.27 42.90	250m: 3:28.22 43.88	350m: 4:53.96 42.94
100m: 1:18.37 41.51	200m: 2:44.34 43.07	300m: 4:11.02 42.80	400m: 5:34.73 40.77
5. LESICKA, Katarzyna	11	5:39.41	327
50m: 36.59 36.59	150m: 2:01.79 44.23	250m: 3:29.62 43.41	350m: 4:58.31 43.66
100m: 1:17.56 40.97	200m: 2:46.21 44.42	300m: 4:14.65 45.03	400m: 5:39.41 41.10
6. ONEILL, Kiera	11	5:45.39	310
50m: 36.43 36.43	150m: 2:02.86 43.89	250m: 3:32.80 45.42	350m: 5:02.01 44.54
100m: 1:18.97 42.54	200m: 2:47.38 44.52	300m: 4:17.47 44.67	400m: 5:45.39 43.38
7. IWA SKA, Wiktoria	11	5:48.04	303
50m: 37.85 37.85	150m: 2:07.79 45.93	250m: 3:37.00 44.59	350m: 5:06.35 45.68
100m: 1:21.86 44.01	200m: 2:52.41 44.62	300m: 4:20.67 43.67	400m: 5:48.04 41.69
8. CIELIKOWSKA, Hanna	11	5:48.85	301
50m: 38.09 38.09	150m: 2:07.19 45.09	250m: 3:37.10 44.80	350m: 5:06.72 44.49
100m: 1:22.10 44.01	200m: 2:52.30 45.11	300m: 4:22.23 45.13	400m: 5:48.85 42.13
9. POCHWAŁSKA, Zuzanna	11	5:49.17	300
50m: 38.86 38.86	150m: 2:08.43 45.06	250m: 3:38.95 45.02	350m: 5:09.60 45.57
100m: 1:23.37 44.51	200m: 2:53.93 45.50	300m: 4:24.03 45.08	400m: 5:49.17 39.57
10. KAMI SKA, Michalina	11	5:50.77	296
50m: 38.39 38.39	150m: 2:08.12 45.49	250m: 3:40.90 45.89	350m: 5:09.51 43.43
100m: 1:22.95 44.56	200m: 2:55.01 46.12	300m: 4:26.08 45.18	400m: 5:50.77 41.26
11. MATUZEWICZ, Lena	11	5:52.83	291
50m: 37.73 37.73	150m: 2:08.12 45.49	250m: 3:40.15 45.91	350m: 5:11.17 45.06
100m: 1:22.63 44.90	200m: 2:54.24 46.12	300m: 4:26.11 45.96	400m: 5:52.83 41.66
12. TSOKH, Milena	11	5:55.34	285
50m: 38.28 38.28	150m: 2:08.29 46.22	250m: 3:40.84 46.52	350m: 5:13.79 46.23
100m: 1:22.07 43.79	200m: 2:54.32 46.03	300m: 4:27.56 46.72	400m: 5:55.34 41.55
13. ROKICKA, Alicja	11	5:57.64	279
50m: 38.93 38.93	150m: 2:08.06 45.00	250m: 3:42.23 47.09	350m: 5:11.78 42.29
100m: 1:23.06 44.13	200m: 2:55.14 47.08	300m: 4:29.49 47.26	400m: 5:57.64 45.86
14. RZĄSA, Antonina	11	5:58.48	277
50m: 38.09 38.09	150m: 2:06.46 46.45	250m: 3:39.85 46.82	350m: 5:12.36 45.92
100m: 1:20.01 41.92	200m: 2:53.03 46.57	300m: 4:26.44 46.59	400m: 5:58.48 46.12
15. SZERSZEJ-NIEWIAROWSKA, Zofia	11	5:58.74	277
50m: 38.62 38.62	150m: 2:07.40 45.20	250m: 3:39.36 45.90	350m: 5:12.87 46.48
100m: 1:22.20 43.58	200m: 2:53.46 46.06	300m: 4:26.39 47.03	400m: 5:58.74 45.87

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Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.
16. SOBIECH, Maria	11	6:03.86	265
50m: 37.76 37.76 150m: 2:07.77 45.86 250m: 3:43.17 47.94 350m: 5:18.69 47.85			
100m: 1:21.91 44.15 200m: 2:55.23 47.46 300m: 4:30.84 47.67 400m: 6:03.86 45.17			
17. DANISZEWSKA, Aleksandra	11	6:11.19	250
50m: 40.27 40.27 150m: 2:12.61 46.65 250m: 3:47.86 47.38 350m: 5:24.84 47.59			
100m: 1:25.96 45.69 200m: 3:00.48 47.87 300m: 4:37.25 49.39 400m: 6:11.19 46.35			
18. OBORSKA, Wanda	11	6:13.51	245
50m: 39.00 39.00 150m: 2:11.10 46.89 250m: 3:47.91 48.68 350m: 5:26.57 49.32			
100m: 1:24.21 45.21 200m: 2:59.23 48.13 300m: 4:37.25 49.34 400m: 6:13.51 46.94			
19. ŁAPI SKA, Natalia	11	6:14.10	244
50m: 40.73 40.73 150m: 2:15.19 47.99 250m: 3:52.22 49.40 350m: 5:30.60 48.97			
100m: 1:27.20 46.47 200m: 3:02.82 47.63 300m: 4:41.63 49.41 400m: 6:14.10 43.50			
20. P KALA, Zofia	11	6:45.03	192
50m: 40.70 40.70 150m: 2:20.67 51.52 250m: 4:07.60 53.46 350m: 5:54.76 52.67			
100m: 1:29.15 48.45 200m: 3:14.14 53.47 300m: 5:02.09 54.49 400m: 6:45.03 50.27			
21. KROPIEWNICKA, Liliana	11	6:53.38	181
50m: 41.74 41.74 150m: 2:29.35 54.49 250m: 4:16.94 54.00 350m: 6:01.35 48.88			
100m: 1:34.86 53.12 200m: 3:22.94 53.59 300m: 5:12.47 55.53 400m: 6:53.38 52.03			

13 lat

1. SOBÓTKA, Oliwia	10	4:45.23	551
50m: 31.77 31.77 150m: 1:42.70 36.03 250m: 2:55.85 36.38 350m: 4:09.56 37.21			
100m: 1:06.67 34.90 200m: 2:19.47 36.77 300m: 3:32.35 36.50 400m: 4:45.23 35.67			
2. MATOWICKA, Maja	10	4:53.14	508
50m: 33.54 33.54 150m: 1:48.99 37.88 250m: 3:04.36 37.58 350m: 4:18.34 36.94			
100m: 1:11.11 37.57 200m: 2:26.78 37.79 300m: 3:41.40 37.04 400m: 4:53.14 34.80			
3. NEUHORN, Diana	10	4:53.34	507
50m: 34.35 34.35 150m: 1:49.06 37.66 250m: 3:04.95 37.93 350m: 4:19.29 36.94			
100m: 1:11.40 37.05 200m: 2:27.02 37.96 300m: 3:42.35 37.40 400m: 4:53.34 34.05			
BORTLISZ, Gabriela	10	4:53.34	507
50m: 32.84 32.84 150m: 1:47.33 37.96 250m: 3:03.62 38.29 350m: 4:19.18 37.12			
100m: 1:09.37 36.53 200m: 2:25.33 38.00 300m: 3:42.06 38.44 400m: 4:53.34 34.16			
5. GOŁUB, Karolina	10	4:59.18	477
50m: 33.05 33.05 150m: 1:49.96 38.71 250m: 3:08.11 39.15 350m: 4:24.80 37.33			
100m: 1:11.25 38.20 200m: 2:28.96 39.00 300m: 3:47.47 39.36 400m: 4:59.18 34.38			
6. NIZIO, Kamila	10	4:59.33	477
50m: 34.48 34.48 150m: 1:52.30 39.34 250m: 3:09.86 38.65 350m: 4:24.68 36.83			
100m: 1:12.96 38.48 200m: 2:31.21 38.91 300m: 3:47.85 37.99 400m: 4:59.33 34.65			
7. KOPP, Zuzanna	10	5:03.71	456
50m: 32.09 32.09 150m: 1:48.25 39.05 250m: 3:06.83 39.12 350m: 4:25.01 39.14			
100m: 1:09.20 37.11 200m: 2:27.71 39.46 300m: 3:45.87 39.04 400m: 5:03.71 38.70			
8. ZYDRO, Wiktoria	10	5:08.22	437
50m: 34.00 34.00 150m: 1:51.89 39.60 250m: 3:11.20 39.69 350m: 4:29.99 39.09			
100m: 1:12.29 38.29 200m: 2:31.51 39.62 300m: 3:50.90 39.70 400m: 5:08.22 38.23			
9. TOBOŁA PERTKIEWICZ, Zofia	10	5:14.37	411
50m: 34.53 34.53 150m: 1:54.25 40.02 250m: 3:15.52 41.23 350m: 4:36.32 39.98			
100m: 1:14.23 39.70 200m: 2:34.29 40.04 300m: 3:56.34 40.82 400m: 5:14.37 38.05			
10. BARCI SKA, Ida	10	5:15.88	406
50m: 36.24 36.24 150m: 1:56.83 40.73 250m: 3:17.39 40.10 350m: 4:38.42 40.25			
100m: 1:16.10 39.86 200m: 2:37.29 40.46 300m: 3:58.17 40.78 400m: 5:15.88 37.46			

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Pozycja	Rok ur.	Czas	Pkt.
10. RZ SA, Amelia	10	5:15.88	406
50m: 35.20 35.20	150m: 1:54.60 40.00	250m: 3:15.63 40.69	350m: 4:36.68 40.03
100m: 1:14.60 39.40	200m: 2:34.94 40.34	300m: 3:56.65 41.02	400m: 5:15.88 39.20
12. JE EWSKA, Blanka	10	5:16.05	405
50m: 35.12 35.12	150m: 1:56.63 40.19	250m: 3:17.94 40.53	350m: 4:37.68 38.98
100m: 1:16.44 41.32	200m: 2:37.41 40.78	300m: 3:58.70 40.76	400m: 5:16.05 38.37
13. SADOWSKA, Zofia	10	5:19.20	393
50m: 34.93 34.93	150m: 1:54.83 41.13	250m: 3:16.78 41.09	350m: 4:40.19 41.55
100m: 1:13.70 38.77	200m: 2:35.69 40.86	300m: 3:58.64 41.86	400m: 5:19.20 39.01
14. SZARLIK, Eliza	10	5:20.18	389
50m: 36.05 36.05	150m: 1:57.74 41.26	250m: 3:21.48 42.13	350m: 4:41.58 38.77
100m: 1:16.48 40.43	200m: 2:39.35 41.61	300m: 4:02.81 41.33	400m: 5:20.18 38.60
15. MIECI SKA, Anna	10	5:23.53	377
50m: 38.07 38.07	150m: 1:59.28 40.75	250m: 3:21.62 41.59	350m: 4:43.25 40.16
100m: 1:19.45 41.57	200m: 2:40.03 40.75	300m: 4:03.09 41.47	400m: 5:23.53 40.28
16. OTULAK, Julia	10	5:30.20	355
50m: 37.88 37.88	150m: 2:01.13 41.68	250m: 3:24.37 41.52	350m: 4:48.95 42.73
100m: 1:19.45 41.57	200m: 2:42.85 41.72	300m: 4:06.22 41.85	400m: 5:30.20 41.25
17. SZOTEK, Isabella	10	5:30.61	354
50m: 34.51 34.51	150m: 1:57.05 42.71	250m: 3:23.43 43.36	350m: 4:49.99 42.98
100m: 1:14.34 39.83	200m: 2:40.07 43.02	300m: 4:07.01 43.58	400m: 5:30.61 40.62
18. SOBCZAK, Małgorzata	10	5:30.77	353
50m: 36.65 36.65	150m: 1:59.91 42.11	250m: 3:24.64 42.16	350m: 4:49.65 42.70
100m: 1:17.80 41.15	200m: 2:42.48 42.57	300m: 4:06.95 42.31	400m: 5:30.77 41.12
19. ZYCH, Martyna	10	5:34.06	343
50m: 36.43 36.43	150m: 2:00.67 42.59	250m: 3:26.12 42.86	350m: 4:52.04 42.93
100m: 1:18.08 41.65	200m: 2:43.26 42.59	300m: 4:09.11 42.99	400m: 5:34.06 42.02
20. SZERSZENOWICZ, Natalia	10	5:34.34	342
50m: 36.03 36.03	150m: 2:00.44 42.94	250m: 3:27.21 43.73	350m: 4:53.71 43.11
100m: 1:17.50 41.47	200m: 2:43.48 43.04	300m: 4:10.60 43.39	400m: 5:34.34 40.63
21. CIBOROWSKA, Anna	10	5:35.37	339
50m: 35.62 35.62	150m: 2:00.52 43.15	250m: 3:27.85 43.45	350m: 4:53.00 42.81
100m: 1:17.37 41.75	200m: 2:44.40 43.88	300m: 4:10.19 42.34	400m: 5:35.37 42.37
22. SEBIGULI-MARISHEKOME, Nathalie	10	5:37.87	331
50m: 37.83 37.83	150m: 2:01.96 42.20	250m: 3:28.05 43.45	350m: 4:56.05 43.90
100m: 1:19.76 41.93	200m: 2:44.60 42.64	300m: 4:12.15 44.10	400m: 5:37.87 41.82
23. SOWA, Aleksandra	10	5:38.46	330
50m: 37.44 37.44	150m: 2:02.08 42.89	250m: 3:29.03 43.62	350m: 4:56.96 43.89
100m: 1:19.19 41.75	200m: 2:45.41 43.33	300m: 4:13.07 44.04	400m: 5:38.46 41.50
24. NIEŚLUCHOWSKA, Gabriela	10	5:41.02	322
50m: 37.34 37.34	150m: 2:03.88 43.46	250m: 3:31.99 43.04	350m: 4:58.57 42.89
100m: 1:20.42 43.08	200m: 2:48.95 45.07	300m: 4:15.68 43.69	400m: 5:41.02 42.45
25. TRAUTZEL, Matylda	10	5:51.24	295
50m: 38.39 38.39	150m: 2:06.24 44.55	250m: 3:37.29 45.79	350m: 5:08.71 46.12
100m: 1:21.69 43.30	200m: 2:51.50 45.26	300m: 4:22.59 45.30	400m: 5:51.24 42.53
26. PAPLI SKA, Marianna	10	5:52.42	292
50m: 37.77 37.77	150m: 2:08.34 46.54	250m: 3:40.48 46.59	350m: 5:13.04 45.29
100m: 1:21.80 44.03	200m: 2:53.89 45.55	300m: 4:27.75 47.27	400m: 5:52.42 39.38
27. HANDZLIK, Aleksandra	10	5:56.83	281
50m: 38.38 38.38	150m: 2:08.24 46.33	250m: 3:40.77 46.16	350m: 5:12.96 45.95
100m: 1:21.91 43.53	200m: 2:54.61 46.37	300m: 4:27.01 46.24	400m: 5:56.83 43.87

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Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
28.	SYPEREK, Zofia		10	MKS „Jagiellonka” Warszawa				5:59.83	274
	50m:	38.86 38.86	150m:	2:09.18 46.05	250m:	3:42.64 46.63	350m:	5:15.71 45.77	
	100m:	1:23.13 44.27	200m:	2:56.01 46.83	300m:	4:29.94 47.30	400m:	5:59.83 44.12	
29.	SZCZE NIAK, Zofia		10	UKS H2O Warszawa				6:01.33	271
	50m:	42.73 42.73	150m:	2:14.93 46.11	250m:	3:47.23 46.39	350m:	5:18.43 45.22	
	100m:	1:28.82 46.09	200m:	3:00.84 45.91	300m:	4:33.21 45.98	400m:	6:01.33 42.90	
30.	CHODOROWSKA, Olga		10	UKS „GIM 92 Ursynów”				6:58.75	174
	50m:	45.12 45.12	150m:	2:33.29 54.06	250m:	4:20.35 54.65	350m:	6:08.94 53.76	
	100m:	1:39.23 54.11	200m:	3:25.70 52.41	300m:	5:15.18 54.83	400m:	6:58.75 49.81	