



## OGÓLNOPOLSKIE MISTRZOSTWA RADOMIA W PŁYWANIU 2024

Radom, 19.10.2024

Konkurencja 6  
19.10.2024 - 10:43

M czynn, 400m dowolny

10 lat i starsi  
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.
<b>10 lat</b>			
1. GÓRKA Stanisław	14	Wodnik Radom	<b>5:27.58</b> 272
50m: 35.86 35.86	150m: 1:58.06 41.55	250m: 3:22.41 42.36	350m: 4:46.96 42.28
100m: 1:16.51 40.65	200m: 2:40.05 41.99	300m: 4:04.68 42.27	400m: 5:27.58 40.62
2. BOGDANOWICZ Dawid	14	UKS Juwenia iSwim Białystok	<b>6:41.79</b> 147
50m: 43.64 43.64	150m: 2:26.96 52.58	250m: 4:11.93 52.53	350m: 5:55.04 51.54
100m: 1:34.38 50.74	200m: 3:19.40 52.44	300m: 5:03.50 51.57	400m: 6:41.79 46.75
<b>11 - 12 lat</b>			
1. WACHOWSKI Maksymilian	12	MKS Ochota Warszawa	<b>4:40.54</b> 433
50m: 30.59 30.59	150m: 1:41.68 36.09	250m: 2:54.22 36.13	350m: 4:06.28 35.86
100m: 1:05.59 35.00	200m: 2:18.09 36.41	300m: 3:30.42 36.20	400m: 4:40.54 34.26
2. PAŁASZ Leonard	12	MKS „Jagiellonka” Warszawa	<b>5:05.80</b> 334
50m: 33.35 33.35	150m: 1:51.05 39.47	250m: 3:10.24 39.34	350m: 4:28.81 38.68
100m: 1:11.58 38.23	200m: 2:30.90 39.85	300m: 3:50.13 39.89	400m: 5:05.80 36.99
3. SKŁODOWSKI Stanisław	12	MKS Jedynka Łódź	<b>5:07.32</b> 329
50m: 34.71 34.71	150m: 1:52.04 38.70	250m: 3:11.05 39.45	350m: 4:30.41 39.16
100m: 1:13.34 38.63	200m: 2:31.60 39.56	300m: 3:51.25 40.20	400m: 5:07.32 36.91
4. PRASAŁ Bartosz	12	MUKP Korona-Swim Kielce	<b>5:09.48</b> 322
50m: 34.70 34.70	150m: 1:53.19 39.55	250m: 3:12.37 39.34	350m: 4:31.80 38.95
100m: 1:13.64 38.94	200m: 2:33.03 39.84	300m: 3:52.85 40.48	400m: 5:09.48 37.68
5. KUR Stanisław	12	MKS „Jagiellonka” Warszawa	<b>5:09.63</b> 322
50m: 34.83 34.83	150m: 1:54.03 40.05	250m: 3:13.84 39.85	350m: 4:33.49 39.51
100m: 1:13.98 39.15	200m: 2:33.99 39.96	300m: 3:53.98 40.14	400m: 5:09.63 36.14
6. KRZEMIE Stanisław	12	Aqua-Team Grójec	<b>5:11.83</b> 315
50m: 35.18 35.18	150m: 1:54.07 39.74	250m: 3:14.20 39.87	350m: 4:33.95 39.48
100m: 1:14.33 39.15	200m: 2:34.33 40.26	300m: 3:54.47 40.27	400m: 5:11.83 37.88
7. WRÓBEL Filip	12	KS „Wiśła” Puławy	<b>5:44.58</b> 233
50m: 37.50 37.50	150m: 2:05.39 44.65	250m: 3:35.70 45.08	350m: 5:04.04 44.15
100m: 1:20.74 43.24	200m: 2:50.62 45.23	300m: 4:19.89 44.19	400m: 5:44.58 40.54
8. EKIERT Dominik	12	UKS Juwenia iSwim Białystok	<b>5:45.45</b> 231
50m: 38.38 38.38	150m: 2:07.16 44.84	250m: 3:35.98 43.74	350m: 5:03.82 43.72
100m: 1:22.32 43.94	200m: 2:52.24 45.08	300m: 4:20.10 44.12	400m: 5:45.45 41.63
9. SZELIGA Vincent	13	UKS SP AQUARIUS Lesko	<b>6:06.99</b> 193
50m: 39.00 39.00	150m: 2:12.43 47.30	250m: 3:47.77 47.74	350m: 5:22.36 46.20
100m: 1:25.13 46.13	200m: 3:00.03 47.60	300m: 4:36.16 48.39	400m: 6:06.99 44.63
10. DEMBI SKI Antoni	13	UKS Juwenia iSwim Białystok	<b>6:12.85</b> 184
50m: 40.21 40.21	150m: 2:14.13 47.43	250m: 3:50.16 47.73	350m: 5:28.21 49.08
100m: 1:26.70 46.49	200m: 3:02.43 48.30	300m: 4:39.13 48.97	400m: 6:12.85 44.64
11. OCHOWSKI Jan	13	UKS Juwenia iSwim Białystok	<b>6:21.59</b> 172
50m: 40.85 40.85	150m: 2:16.82 49.10	250m: 3:55.37 49.00	350m: 5:34.28 49.27
100m: 1:27.72 46.87	200m: 3:06.37 49.55	300m: 4:45.01 49.64	400m: 6:21.59 47.31

Pomiar czasu i obsługa informatyczna : Sławomir Grabiec, zawody@wmozp.pl



## OGÓLNOPOLSKIE MISTRZOSTWA RADOMIA W PŁYWANIU 2024

Radom, 19.10.2024

### Konkurencja 6, Chłopców, 400m dowolny, 11 - 12 lat

Pozycja		Rok ur.						Czas	Pkt.
12.	SKINDZIER Sebastian	12	UKS "Dwójka" Góra Kalwaria					<b>6:22.32</b>	171
	50m: 40.38 40.38	150m: 2:19.22	50.31	250m: 3:59.20	49.79	350m: 5:39.04		48.67	
	100m: 1:28.91 48.53	200m: 3:09.41	50.19	300m: 4:50.37	51.17	400m: 6:22.32		43.28	
13.	STEFANOWICZ Kacper	13	UKS Juvenia iSwim Białystok					<b>6:23.15</b>	169
	50m: 41.88 41.88	150m: 2:20.61	49.47	250m: 4:02.04	50.53	350m: 5:39.98		46.64	
	100m: 1:31.14 49.26	200m: 3:11.51	50.90	300m: 4:53.34	51.30	400m: 6:23.15		43.17	
14.	WI NIEWSKI Karol	13	UKS SP AQUARIUS Lesko					<b>6:26.47</b>	165
	50m: 40.65 40.65	150m: 2:19.36	50.33	250m: 3:59.77	50.46	350m: 5:40.24		49.89	
	100m: 1:29.03 48.38	200m: 3:09.31	49.95	300m: 4:50.35	50.58	400m: 6:26.47		46.23	
15.	JABŁO SKI Mateusz	12	UKS "Dwójka" Góra Kalwaria					<b>6:27.94</b>	163
	50m: 40.69 40.69	150m: 2:21.11	51.35	250m: 4:03.55	51.47	350m: 5:43.23		48.41	
	100m: 1:29.76 49.07	200m: 3:12.08	50.97	300m: 4:54.82	51.27	400m: 6:27.94		44.71	
16.	ZI TKOWSKI Maksymilian	13	UKS "Dwójka" Góra Kalwaria					<b>6:44.92</b>	144
	50m: 43.48 43.48	150m: 2:27.40	52.68	250m: 4:11.45	51.62	350m: 5:56.49		55.30	
	100m: 1:34.72 51.24	200m: 3:19.83	52.43	300m: 5:01.19	49.74	400m: 6:44.92		48.43	
17.	DEMBI SKI Bartosz	13	UKS Juvenia iSwim Białystok					<b>6:46.96</b>	141
	50m: 43.77 43.77	150m: 2:27.64	52.65	250m: 4:12.67	52.96	350m: 5:58.59		55.92	
	100m: 1:34.99 51.22	200m: 3:19.71	52.07	300m: 5:02.67	50.00	400m: 6:46.96		48.37	
18.	STAJNIAK Adam	12	Wodnik Radom					<b>6:50.23</b>	138
	50m: 42.42 42.42	150m: 2:28.08	53.98	250m: 4:14.33	53.30	350m: 5:55.38		48.47	
	100m: 1:34.10 51.68	200m: 3:21.03	52.95	300m: 5:06.91	52.58	400m: 6:50.23		54.85	
19.	CHYB Aleksander	12	UKS "Dwójka" Góra Kalwaria					<b>7:00.37</b>	128
	50m: 44.93 44.93	150m: 2:31.52	55.27	250m: 4:20.57	53.33	350m: 6:09.58		53.89	
	100m: 1:36.25 51.32	200m: 3:27.24	55.72	300m: 5:15.69	55.12	400m: 7:00.37		50.79	
20.	GRABOWSKI Kacper	13	UKS Juvenia iSwim Białystok					<b>7:17.03</b>	114
	50m: 46.81 46.81	150m: 2:38.91	56.74	250m: 4:31.88	56.03	350m: 6:24.17		57.22	
	100m: 1:42.17 55.36	200m: 3:35.85	56.94	300m: 5:26.95	55.07	400m: 7:17.03		52.86	

### 13 - 14 lat

1.	STRYCZY SKI Szymon	10	MKS „Jagiellonka” Warszawa					<b>4:23.63</b>	521
	50m: 29.80 29.80	150m: 1:37.51	34.22	250m: 2:45.71	34.04	350m: 3:52.32		32.99	
	100m: 1:03.29 33.49	200m: 2:11.67	34.16	300m: 3:19.33	33.62	400m: 4:23.63		31.31	
2.	SKŁODOWSKI Jan	11	MKS Jedynka Łódź					<b>4:23.67</b>	521
	50m: 30.16 30.16	150m: 1:37.37	33.78	250m: 2:45.39	33.83	350m: 3:52.60		33.35	
	100m: 1:03.59 33.43	200m: 2:11.56	34.19	300m: 3:19.25	33.86	400m: 4:23.67		31.07	
3.	KUCZMAR Zbigniew	11	MKS Ochota Warszawa					<b>4:31.45</b>	478
	50m: 31.24 31.24	150m: 1:39.61	34.50	250m: 2:48.86	34.45	350m: 3:57.76		34.38	
	100m: 1:05.11 33.87	200m: 2:14.41	34.80	300m: 3:23.38	34.52	400m: 4:31.45		33.69	
4.	SZOK Filip	11	MKS Ochota Warszawa					<b>4:38.32</b>	443
	50m: 31.67 31.67	150m: 1:40.73	34.96	250m: 2:51.30	35.44	350m: 4:03.34		36.36	
	100m: 1:05.77 34.10	200m: 2:15.86	35.13	300m: 3:26.98	35.68	400m: 4:38.32		34.98	
5.	OLSZEWSKI Wojciech	10	MKS „Jagiellonka” Warszawa					<b>4:44.31</b>	416
	50m: 32.35 32.35	150m: 1:44.30	36.38	250m: 2:57.21	35.91	350m: 4:10.02		36.45	
	100m: 1:07.92 35.57	200m: 2:21.30	37.00	300m: 3:33.57	36.36	400m: 4:44.31		34.29	

Pomiar czasu i obsługa informatyczna : Sławomir Grabiec, zawody@wmozp.pl



## OGÓLNOPOLSKIE MISTRZOSTWA RADOMIA W PŁYWANIU 2024

Radom, 19.10.2024

### Konkurencja 6, Chłopców, 400m dowolny, 13 - 14 lat

Pozycja			Rok ur.						Czas	Pkt.
6.	BEDY SKI Jakub		11	MKS „Jagiellonka” Warszawa					<b>4:46.24</b>	407
	50m:	30.58 30.58	150m:	1:41.47 36.08	250m:	2:54.51 36.77	350m:	4:10.39 38.46		
	100m:	1:05.39 34.81	200m:	2:17.74 36.27	300m:	3:31.93 37.42	400m:	4:46.24 35.85		
7.	KUSYK Franciszek		11	MKS „Jagiellonka” Warszawa					<b>4:50.60</b>	389
	50m:	31.99 31.99	150m:	1:45.15 37.13	250m:	2:59.60 37.04	350m:	4:14.86 37.44		
	100m:	1:08.02 36.03	200m:	2:22.56 37.41	300m:	3:37.42 37.82	400m:	4:50.60 35.74		
8.	PSODA Filip		10	MKS „Jagiellonka” Warszawa					<b>4:54.39</b>	374
	50m:	32.99 32.99	150m:	1:48.17 37.83	250m:	3:04.39 38.12	350m:	4:18.40 36.73		
	100m:	1:10.34 37.35	200m:	2:26.27 38.10	300m:	3:41.67 37.28	400m:	4:54.39 35.99		
9.	FEDAK Michał		10	UKS SP AQUARIUS Lesko					<b>4:58.16</b>	360
	50m:	33.77 33.77	150m:	1:50.00 38.28	250m:	3:07.54 38.89	350m:	4:23.44 37.49		
	100m:	1:11.72 37.95	200m:	2:28.65 38.65	300m:	3:45.95 38.41	400m:	4:58.16 34.72		
10.	POSZYTEK Filip		10	UKS Delfin Garwolin					<b>5:00.49</b>	352
	50m:	32.72 32.72	150m:	1:48.90 38.71	250m:	3:06.30 38.79	350m:	4:23.97 38.73		
	100m:	1:10.19 37.47	200m:	2:27.51 38.61	300m:	3:45.24 38.94	400m:	5:00.49 36.52		
11.	DZI CIOŁOWSKI Kamil		11	MKS „Jagiellonka” Warszawa					<b>5:11.13</b>	317
	50m:	31.50 31.50	150m:	1:48.83 40.46	250m:	3:11.30 41.79	350m:	4:34.60 41.32		
	100m:	1:08.37 36.87	200m:	2:29.51 40.68	300m:	3:53.28 41.98	400m:	5:11.13 36.53		
12.	ROSA Michał		11	MKS „Jagiellonka” Warszawa					<b>5:17.00</b>	300
	50m:	35.05 35.05	150m:	1:55.02 40.53	250m:	3:16.88 40.85	350m:	4:38.51 42.32		
	100m:	1:14.49 39.44	200m:	2:36.03 41.01	300m:	3:56.19 39.31	400m:	5:17.00 38.49		
13.	MICHALEC Szymon		10	UKS Delfin Garwolin					<b>5:19.68</b>	292
	50m:	33.54 33.54	150m:	1:50.26 38.87	250m:	3:13.41 42.27	350m:	4:39.32 42.95		
	100m:	1:11.39 37.85	200m:	2:31.14 40.88	300m:	3:56.37 42.96	400m:	5:19.68 40.36		
14.	ÓŁTOWSKI Adam		11	Aqua-Team Grójec					<b>5:21.97</b>	286
	50m:	35.63 35.63	150m:	1:56.93 41.16	250m:	3:20.30 41.94	350m:	4:42.78 40.86		
	100m:	1:15.77 40.14	200m:	2:38.36 41.43	300m:	4:01.92 41.62	400m:	5:21.97 39.19		
15.	KRÓLAK Filip		11	MKS Jedyńka Łódź					<b>5:33.16</b>	258
	50m:	37.09 37.09	150m:	2:03.54 44.34	250m:	3:30.03 42.73	350m:	4:55.00 42.08		
	100m:	1:19.20 42.11	200m:	2:47.30 43.76	300m:	4:12.92 42.89	400m:	5:33.16 38.16		
16.	ALEKSANDROWICZ Modest		11	MKS „Jagiellonka” Warszawa					<b>5:35.01</b>	254
	50m:	36.31 36.31	150m:	2:00.20 43.37	250m:	3:26.75 43.00	350m:	4:53.56 43.03		
	100m:	1:16.83 40.52	200m:	2:43.75 43.55	300m:	4:10.53 43.78	400m:	5:35.01 41.45		
17.	ZAJ C Borys		11	Wodnik Radom					<b>5:35.31</b>	253
	50m:	36.49 36.49	150m:	1:58.61 41.41	250m:	3:25.39 42.87	350m:	4:53.54 45.36		
	100m:	1:17.20 40.71	200m:	2:42.52 43.91	300m:	4:08.18 42.79	400m:	5:35.31 41.77		
18.	BRZEZI SKI Kamil		10	Aqua-Team Grójec					<b>5:51.28</b>	220
	50m:	34.29 34.29	150m:	2:03.58 46.05	250m:	3:37.85 47.25	350m:	5:08.97 42.49		
	100m:	1:17.53 43.24	200m:	2:50.60 47.02	300m:	4:26.48 48.63	400m:	5:51.28 42.31		
19.	B K Aleksander		10	UKS Olympic Warka					<b>6:24.67</b>	167
	50m:	40.55 40.55	150m:	2:17.47 49.70	250m:	4:00.93 51.39	350m:	5:36.77 45.62		
	100m:	1:27.77 47.22	200m:	3:09.54 52.07	300m:	4:51.15 50.22	400m:	6:24.67 47.90		



## OGÓLNOPOLSKIE MISTRZOSTWA RADOMIA W PŁYWANIU 2024

Radom, 19.10.2024

### Konkurencja 6, M czysz, 400m dowolny

#### 15 - 16 lat

1. SZANIAWSKI Hubert	09	UKS Delfin Garwolin	<b>4:29.61</b>	487
50m: 29.56 29.56	150m: 1:36.33 33.97	250m: 2:46.90 35.85	350m: 3:58.33 35.87	
100m: 1:02.36 32.80	200m: 2:11.05 34.72	300m: 3:22.46 35.56	400m: 4:29.61 31.28	
2. GÓRSKI Antoni	08	MUKP Korona-Swim Kielce	<b>4:34.80</b>	460
50m: 30.60 30.60	150m: 1:40.15 34.98	250m: 2:50.68 35.08	350m: 4:00.94 35.12	
100m: 1:05.17 34.57	200m: 2:15.60 35.45	300m: 3:25.82 35.14	400m: 4:34.80 33.86	
3. SMYKIEWICZ Mateusz	09	SKP Delfin Kozienice	<b>4:38.11</b>	444
50m: 30.83 30.83	150m: 1:40.90 35.18	250m: 2:52.67 35.95	350m: 4:04.08 34.85	
100m: 1:05.72 34.89	200m: 2:16.72 35.82	300m: 3:29.23 36.56	400m: 4:38.11 34.03	
4. ULICKI Jakub	08	KS Barakuda Mi sk Mazowiecki	<b>4:50.92</b>	388
50m: 29.64 29.64	150m: 1:41.93 37.24	250m: 2:57.43 38.03	350m: 4:13.80 38.29	
100m: 1:04.69 35.05	200m: 2:19.40 37.47	300m: 3:35.51 38.08	400m: 4:50.92 37.12	
5. JONCZYK Krzysztof	09	UKS Delfin Garwolin	<b>5:26.06</b>	275
50m: 31.34 31.34	150m: 1:48.94 40.03	250m: 3:15.66 43.83	350m: 4:45.80 45.36	
100m: 1:08.91 37.57	200m: 2:31.83 42.89	300m: 4:00.44 44.78	400m: 5:26.06 40.26	

#### 17 lat i starsi

1. JASI SKI Kacper	06	MUKP Korona-Swim Kielce	<b>4:16.43</b>	567
50m: 28.18 28.18	150m: 1:32.29 32.44	250m: 2:38.08 32.86	350m: 3:43.76 32.91	
100m: 59.85 31.67	200m: 2:05.22 32.93	300m: 3:10.85 32.77	400m: 4:16.43 32.67	
2. WÓJCIK Przemysław	06	UKS Delfin Garwolin	<b>4:54.35</b>	374
50m: 32.09 32.09	150m: 1:46.29 37.68	250m: 3:02.80 38.27	350m: 4:19.13 37.82	
100m: 1:08.61 36.52	200m: 2:24.53 38.24	300m: 3:41.31 38.51	400m: 4:54.35 35.22	