

ZIMOWE OTWARTE MISTRZOSTWA WARSZAWY WODNY PARK - WARSZAWIANKA

6-7 GRUDNIA 2024



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OTWARTE ZIMOWE MISTRZOSTWA WARSZAWY Warszawa, 6. - 7.12.2024

Konkurencja 13
06.12.2024 - 18:44

Dziewcz t, 400m dowolny

11 - 16 lat
Wyniki

Punkty: AQUA 2024

Pozycja		Rok ur.					Czas	Pkt.
11 lat								
1.	BALCERCZAK Gabriela	13	MKS Ochota Warszawa				5:07.05	450
	50m: 33.85 33.85	150m: 1:51.18	38.94	250m: 3:10.17	39.60	350m: 4:28.71	38.77	
	100m: 1:12.24 38.39	200m: 2:30.57	39.39	300m: 3:49.94	39.77	400m: 5:07.05	38.34	
2.	KACAŁA Hanna	13	MKS Ochota Warszawa				5:23.52	385
	50m: 36.25 36.25	150m: 2:00.62	42.17	250m: 3:23.55	41.43	350m: 4:45.52	41.02	
	100m: 1:18.45 42.20	200m: 2:42.12	41.50	300m: 4:04.50	40.95	400m: 5:23.52	38.00	
3.	MARKOWSKA Iga	13	MKS „Jagiellonka” Warszawa				5:34.18	349
	50m: 38.36 38.36	150m: 2:06.27	43.46	250m: 3:33.13	42.34	350m: 4:55.99	40.53	
	100m: 1:22.81 44.45	200m: 2:50.79	44.52	300m: 4:15.46	42.33	400m: 5:34.18	38.19	
4.	MALIK Ewa	13	UKS Swim Team Wilanów				5:47.65	310
	50m: 39.15 39.15	150m: 2:10.13	46.42	250m: 3:40.50	44.51	350m: 5:09.03	43.82	
	100m: 1:23.71 44.56	200m: 2:55.99	45.86	300m: 4:25.21	44.71	400m: 5:47.65	38.62	
5.	STRADOWSKA Gabriela	13	MKS „Jagiellonka” Warszawa				5:55.50	290
	50m: 37.11 37.11	150m: 2:09.31	46.46	250m: 3:41.93	46.17	350m: 5:12.17	44.22	
	100m: 1:22.85 45.74	200m: 2:55.76	46.45	300m: 4:27.95	46.02	400m: 5:55.50	43.33	
6.	BUCZEK Aniela	13	MKS „Jagiellonka” Warszawa				6:00.70	277
	50m: 39.58 39.58	150m: 2:11.57	46.25	250m: 3:44.16	46.15	350m: 5:15.73	45.54	
	100m: 1:25.32 45.74	200m: 2:58.01	46.44	300m: 4:30.19	46.03	400m: 6:00.70	44.97	
7.	ŁAPIENIECKA Wiktoria	13	MKS „Jagiellonka” Warszawa				6:10.76	255
	50m: 39.33 39.33	150m: 2:14.14	48.74	250m: 3:51.99	49.35	350m: 5:28.59	47.81	
	100m: 1:25.40 46.07	200m: 3:02.64	48.50	300m: 4:40.78	48.79	400m: 6:10.76	42.17	
8.	HOŁUBEK Wiktoria	13	UKS "V" Łomianki				6:30.78	218
	50m: 39.10 39.10	150m: 2:16.68	50.99	250m: 4:00.19	50.83	350m: 5:42.29	50.51	
	100m: 1:25.69 46.59	200m: 3:09.36	52.68	300m: 4:51.78	51.59	400m: 6:30.78	48.49	
12 lat								
1.	KLAUS Helena	12	MKS Piaseczno				5:25.99	376
	50m: 36.26 36.26	150m: 1:57.50	40.88	250m: 3:21.56	41.90	350m: 4:46.03	41.90	
	100m: 1:16.62 40.36	200m: 2:39.66	42.16	300m: 4:04.13	42.57	400m: 5:25.99	39.96	
2.	CIE LAK Aleksandra	12	MUKP Warszawianka				6:05.41	267
	50m: 39.29 39.29	150m: 2:11.69	47.17	250m: 3:45.94	47.16	350m: 5:20.78	46.69	
	100m: 1:24.52 45.23	200m: 2:58.78	47.09	300m: 4:34.09	48.15	400m: 6:05.41	44.63	
3.	JASI SKA Aleksandra	12	MUKP Warszawianka				6:18.26	240
	50m: 40.16 40.16	150m: 2:18.59	50.44	250m: 3:57.29	49.55	350m: 5:32.99	48.20	
	100m: 1:28.15 47.99	200m: 3:07.74	49.15	300m: 4:44.79	47.50	400m: 6:18.26	45.27	
13 lat								
1.	PACYK Alexandra	11	IUKS „Muszelka” Warszawa				5:20.65	395
	50m: 34.26 34.26	150m: 1:54.51	40.81	250m: 3:17.89	41.90	350m: 4:40.84	41.26	
	100m: 1:13.70 39.44	200m: 2:35.99	41.48	300m: 3:59.58	41.69	400m: 5:20.65	39.81	

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OTWARTE ZIMOWE MISTRZOSTWA WARSZAWY Warszawa, 6. - 7.12.2024

Konkurencja 13, Dziewcz t, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
2.	WI CEK Alicja			11	UKS WAWER Warszawa				5:25.61	377		
	50m:	35.73	35.73	150m:	1:57.60	42.00	250m:	3:22.03	42.75	350m:	4:46.78	42.95
	100m:	1:15.60	39.87	200m:	2:39.28	41.68	300m:	4:03.83	41.80	400m:	5:25.61	38.83

14 lat

1.	NEUHORN Diana			10	MKS „Jagiellonka” Warszawa				4:51.31	527		
	50m:	32.81	32.81	150m:	1:47.03	37.49	250m:	3:03.06	37.96	350m:	4:17.51	36.75
	100m:	1:09.54	36.73	200m:	2:25.10	38.07	300m:	3:40.76	37.70	400m:	4:51.31	33.80
2.	MATOWICKA Maja			10	MKS „Jagiellonka” Warszawa				4:52.14	523		
	50m:	32.33	32.33	150m:	1:46.19	37.84	250m:	3:02.29	37.99	350m:	4:17.63	37.44
	100m:	1:08.35	36.02	200m:	2:24.30	38.11	300m:	3:40.19	37.90	400m:	4:52.14	34.51
3.	TOBOŁA PERTKIEWICZ Zofia			10	Uks „Pingwiny”				5:08.17	445		
	50m:	34.06	34.06	150m:	1:51.50	39.16	250m:	3:10.99	39.76	350m:	4:30.63	40.19
	100m:	1:12.34	38.28	200m:	2:31.23	39.73	300m:	3:50.44	39.45	400m:	5:08.17	37.54
4.	ZYCH Martyna			10	MKS „Jagiellonka” Warszawa				5:13.17	424		
	50m:	35.31	35.31	150m:	1:53.14	39.71	250m:	3:14.13	40.62	350m:	4:34.36	40.79
	100m:	1:13.43	38.12	200m:	2:33.51	40.37	300m:	3:53.57	39.44	400m:	5:13.17	38.81
5.	DAMI CKA Blanka			10	MKS „Jagiellonka” Warszawa				5:27.95	369		
	50m:	36.45	36.45	150m:	2:00.51	41.75	250m:	3:25.04	42.22	350m:	4:48.37	41.66
	100m:	1:18.76	42.31	200m:	2:42.82	42.31	300m:	4:06.71	41.67	400m:	5:27.95	39.58
6.	STANISŁAWSKA Aleksandra			10	PUKS Orka Ostrów Mazowiecka				6:08.39	260		
	50m:	38.69	38.69	150m:	2:13.60	48.85	250m:	3:50.80	48.36	350m:	5:26.51	47.84
	100m:	1:24.75	46.06	200m:	3:02.44	48.84	300m:	4:38.67	47.87	400m:	6:08.39	41.88
7.	BEMOWSKA Marianna			10	UKS "Wodnik Goław"				6:22.58	232		
	50m:	41.43	41.43	150m:	2:19.37	49.85	250m:	3:58.43	49.05	350m:	5:36.64	49.37
	100m:	1:29.52	48.09	200m:	3:09.38	50.01	300m:	4:47.27	48.84	400m:	6:22.58	45.94

15 - 16 lat

1.	SZOK Zuzanna			09	MKS Ochota Warszawa				5:21.67	391		
	50m:	35.07	35.07	150m:	1:57.88	41.94	250m:	3:20.49	41.01	350m:	4:43.94	40.53
	100m:	1:15.94	40.87	200m:	2:39.48	41.60	300m:	4:03.41	42.92	400m:	5:21.67	37.73
2.	KIEŁKIEWICZ Małgorzata			08	UKS "V" Łomianki				5:34.81	347		
	50m:	35.03	35.03	150m:	1:58.17	42.37	250m:	3:25.05	43.18	350m:	4:53.48	44.34
	100m:	1:15.80	40.77	200m:	2:41.87	43.70	300m:	4:09.14	44.09	400m:	5:34.81	41.33