



Warszawa



Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – OSiR oliborz  
Warszawa, 25. - 26.3.2025

Konkurencja 7  
25.03.2025 - 12:02

Dziewcz t, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. MARKOWSKA Iga	13	<b>5:13.23</b>	402
50m: 35.72 35.72	150m: 1:55.95 40.14	250m: 3:17.82 40.11	350m: 4:36.82 38.86
100m: 1:15.81 40.09	200m: 2:37.71 41.76	300m: 3:57.96 40.14	400m: 5:13.23 36.41
2. STASZEWSKA Natasza	13	<b>5:17.40</b>	386
50m: 34.87 34.87	150m: 1:54.81 40.64	250m: 3:17.48 41.78	350m: 4:39.06 40.89
100m: 1:14.17 39.30	200m: 2:35.70 40.89	300m: 3:58.17 40.69	400m: 5:17.40 38.34
3. MALIK Ewa	13	<b>5:21.50</b>	372
50m: 35.80 35.80	150m: 1:57.16 41.07	250m: 3:20.05 40.94	350m: 4:39.77 39.44
100m: 1:16.09 40.29	200m: 2:39.11 41.95	300m: 4:00.33 40.28	400m: 5:21.50 41.73
4. MIA KIEWICZ Michalina	13	<b>5:26.04</b>	357
50m: 35.49 35.49	150m: 1:59.63 42.80	250m: 3:25.02 42.30	350m: 4:48.20 41.29
100m: 1:16.83 41.34	200m: 2:42.72 43.09	300m: 4:06.91 41.89	400m: 5:26.04 37.84
5. MICHALAK Antonina	13	<b>5:29.99</b>	344
50m: 38.30 38.30	150m: 2:03.73 42.99	250m: 3:28.26 41.43	350m: 4:51.14 41.35
100m: 1:20.74 42.44	200m: 2:46.83 43.10	300m: 4:09.79 41.53	400m: 5:29.99 38.85
6. RUDOLF Amelia	13	<b>5:30.97</b>	341
50m: 38.05 38.05	150m: 2:03.09 42.60	250m: 3:27.13 41.82	350m: 4:51.93 42.39
100m: 1:20.49 42.44	200m: 2:45.31 42.22	300m: 4:09.54 42.41	400m: 5:30.97 39.04
7. JASKÓŁKA Maria	13	<b>5:32.75</b>	335
50m: 35.34 35.34	150m: 1:57.81 42.23	250m: 3:24.62 43.61	350m: 4:51.68 43.19
100m: 1:15.58 40.24	200m: 2:41.01 43.20	300m: 4:08.49 43.87	400m: 5:32.75 41.07
8. WRO SKA Karolina	13	<b>5:32.81</b>	335
50m: 38.36 38.36	150m: 2:03.60 42.50	250m: 3:28.32 42.53	350m: 4:53.43 41.92
100m: 1:21.10 42.74	200m: 2:45.79 42.19	300m: 4:11.51 43.19	400m: 5:32.81 39.38
9. BUCZEK Aniela	13	<b>5:34.89</b>	329
50m: 36.19 36.19	150m: 2:00.12 42.68	250m: 3:27.16 43.73	350m: 4:53.94 43.57
100m: 1:17.44 41.25	200m: 2:43.43 43.31	300m: 4:10.37 43.21	400m: 5:34.89 40.95
10. JURZYK Maja	13	<b>5:41.09</b>	311
50m: 36.74 36.74	150m: 2:03.29 43.33	250m: 3:31.72 44.86	350m: 5:00.40 45.31
100m: 1:19.96 43.22	200m: 2:46.86 43.57	300m: 4:15.09 43.37	400m: 5:41.09 40.69
11. KOSTRO Julia	13	<b>5:41.79</b>	309
50m: 37.06 37.06	150m: 2:04.77 44.49	250m: 3:34.30 44.78	350m: 5:01.19 42.34
100m: 1:20.28 43.22	200m: 2:49.52 44.75	300m: 4:18.85 44.55	400m: 5:41.79 40.60
12. MIERZEJEWSKA Alicja	13	<b>5:42.51</b>	307
50m: 39.79 39.79	150m: 2:07.09 43.85	250m: 3:34.32 43.20	350m: 5:02.46 44.12
100m: 1:23.24 43.45	200m: 2:51.12 44.03	300m: 4:18.34 44.02	400m: 5:42.51 40.05
13. KACZMAREK Marcelina	13	<b>5:48.63</b>	292
50m: 39.57 39.57	150m: 2:09.01 45.35	250m: 3:40.02 45.43	350m: 5:08.71 44.11
100m: 1:23.66 44.09	200m: 2:54.59 45.58	300m: 4:24.60 44.58	400m: 5:48.63 39.92
14. UK Patrycja	13	<b>5:49.73</b>	289
50m: 37.70 37.70	150m: 2:06.51 45.03	250m: 3:37.22 45.30	350m: 5:08.99 45.11
100m: 1:21.48 43.78	200m: 2:51.92 45.41	300m: 4:23.88 46.66	400m: 5:49.73 40.74



Warszawa



Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – OSiR oliborz  
Warszawa, 25. - 26.3.2025

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja		Rok ur.						Czas	Pkt.
15.	POT PA Alicja	13	MKS „Jagiellonka” Warszawa					<b>5:56.45</b>	273
	50m: 38.71 38.71	150m: 2:07.62	44.74	250m: 3:39.11	45.99	350m: 5:10.45	45.82		
	100m: 1:22.88 44.17	200m: 2:53.12	45.50	300m: 4:24.63	45.52	400m: 5:56.45	46.00		
16.	JANISZEWSKA Blanka	13	UKS „GIM 92 Ursynów”					<b>5:57.23</b>	271
	50m: 37.94 37.94	150m: 2:05.55	45.37	250m: 3:37.62	46.27	350m: 5:10.25	46.58		
	100m: 1:20.18 42.24	200m: 2:51.35	45.80	300m: 4:23.67	46.05	400m: 5:57.23	46.98		
17.	ŁAPIENIECKA Wiktoria	13	MKS „Jagiellonka” Warszawa					<b>6:00.11</b>	264
	50m: 38.25 38.25	150m: 2:09.32	46.58	250m: 3:44.06	48.12	350m: 5:17.50	46.10		
	100m: 1:22.74 44.49	200m: 2:55.94	46.62	300m: 4:31.40	47.34	400m: 6:00.11	42.61		
18.	BARTOSZEK Zofia	13	MKS Piaseczno					<b>6:19.18</b>	226
	50m: 40.67 40.67	150m:		250m: 4:44.08	49.34	350m: 6:19.18	46.46		
	100m: 1:27.23 46.56	200m: 3:54.74		300m: 5:32.72	48.64	400m: 6:19.18			
19.	KULITA Matylda	13	UKS 307 Warszawa					<b>6:31.54</b>	206
	50m: 41.55 41.55	150m: 2:20.00	50.23	250m: 4:01.45	50.74	350m: 5:43.35	50.22		
	100m: 1:29.77 48.22	200m: 3:10.71	50.71	300m: 4:53.13	51.68	400m: 6:31.54	48.19		
20.	PULCYN Jadwiga	13	UKS 48 Warszawa ródmi cie					<b>6:35.68</b>	199
	50m: 42.37 42.37	150m: 2:20.21	50.46	250m: 4:02.83	51.58	350m: 5:46.26	51.21		
	100m: 1:29.75 47.38	200m: 3:11.25	51.04	300m: 4:55.05	52.22	400m: 6:35.68	49.42		
21.	RAWA Zofia	13	UKS 307 Warszawa					<b>6:41.04</b>	191
	50m: 42.96 42.96	150m: 2:24.99	52.06	250m: 4:10.80	53.92	350m: 5:54.34	51.76		
	100m: 1:32.93 49.97	200m: 3:16.88	51.89	300m: 5:02.58	51.78	400m: 6:41.04	46.70		
22.	RAKOWSKA Helena	13	UKS oliborz					<b>7:31.13</b>	134
	50m: 45.66 45.66	150m: 2:42.94	59.60	250m: 4:36.93	56.65	350m: 6:35.20	58.88		
	100m: 1:43.34 57.68	200m: 3:40.28	57.34	300m: 5:36.32	59.39	400m: 7:31.13	55.93		

13 lat

1.	KRYSZKIEWICZ Lidia	12	MKS „Jagiellonka” Warszawa					<b>5:04.14</b>	439
	50m: 34.29 34.29	150m: 1:50.93	38.55	250m: 3:09.17	39.52	350m: 4:27.10	38.46		
	100m: 1:12.38 38.09	200m: 2:29.65	38.72	300m: 3:48.64	39.47	400m: 5:04.14	37.04		
2.	RYMARCZUK Alicja	12	UKS „GIM 92 Ursynów”					<b>5:04.34</b>	438
	50m: 35.06 35.06	150m: 1:52.66	38.98	250m: 3:12.57	40.04	350m: 4:28.00	37.67		
	100m: 1:13.68 38.62	200m: 2:32.53	39.87	300m: 3:50.33	37.76	400m: 5:04.34	36.34		
3.	WIDERSKA Natalia	12	MKS „Jagiellonka” Warszawa					<b>5:09.96</b>	415
	50m: 34.49 34.49	150m: 1:53.31	39.63	250m: 3:12.22	39.77	350m: 4:32.20	39.89		
	100m: 1:13.68 39.19	200m: 2:32.45	39.14	300m: 3:52.31	40.09	400m: 5:09.96	37.76		
4.	STUDZI SKA Hanna	12	MKS „Jagiellonka” Warszawa					<b>5:15.29</b>	394
	50m: 35.64 35.64	150m: 1:57.95	41.44	250m: 3:20.70	41.35	350m: 4:40.49	38.76		
	100m: 1:16.51 40.87	200m: 2:39.35	41.40	300m: 4:01.73	41.03	400m: 5:15.29	34.80		
5.	R CZKA Maja	12	UKS „GIM 92 Ursynów”					<b>5:22.53</b>	368
	50m: 36.10 36.10	150m: 1:56.65	40.71	250m: 3:20.61	42.68	350m: 4:43.30	41.25		
	100m: 1:15.94 39.84	200m: 2:37.93	41.28	300m: 4:02.05	41.44	400m: 5:22.53	39.23		
6.	SIERADZKA Lea	12	UKS 48 Warszawa ródmi cie					<b>5:26.53</b>	355
	50m: 35.57 35.57	150m: 1:57.06	41.77	250m: 3:21.63	42.13	350m: 4:45.75	42.14		
	100m: 1:15.29 39.72	200m: 2:39.50	42.44	300m: 4:03.61	41.98	400m: 5:26.53	40.78		



Warszawa



Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat – OSiR oliborz  
Warszawa, 25. - 26.3.2025

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.						Czas	Pkt.
7.	WITEK Wiktoria		12 Buks						<b>5:27.01</b>	353
	50m:	34.58 34.58	150m:	1:55.36 41.44	250m:	3:21.55 43.25	350m:	4:48.69 42.98		
	100m:	1:13.92 39.34	200m:	2:38.30 42.94	300m:	4:05.71 44.16	400m:	5:27.01 38.32		
8.	DZIEDZIC Lena		12 UKS „GIM 92 Ursynów”						<b>5:29.38</b>	346
	50m:	38.06 38.06	150m:	2:02.13 42.35	250m:	3:27.93 42.98	350m:	4:50.46 40.71		
	100m:	1:19.78 41.72	200m:	2:44.95 42.82	300m:	4:09.75 41.82	400m:	5:29.38 38.92		
9.	LEPA Natalia		12 MKS Piaseczno						<b>5:30.88</b>	341
	50m:	35.68 35.68	150m:	1:57.18 41.92	250m:	3:22.62 43.43	350m:	4:48.69 42.92		
	100m:	1:15.26 39.58	200m:	2:39.19 42.01	300m:	4:05.77 43.15	400m:	5:30.88 42.19		
10.	MUSIATEWICZ Julia		12 MKS „Jagiellonka” Warszawa						<b>5:30.99</b>	341
	50m:	36.15 36.15	150m:	2:02.21 43.36	250m:	3:27.00 41.75	350m:	4:51.47 41.74		
	100m:	1:18.85 42.70	200m:	2:45.25 43.04	300m:	4:09.73 42.73	400m:	5:30.99 39.52		
11.	PYC Oliwia		12 UKS „GIM 92 Ursynów”						<b>5:32.08</b>	337
	50m:	38.06 38.06	150m:	2:02.02 42.58	250m:	3:27.67 43.18	350m:	4:51.57 41.28		
	100m:	1:19.44 41.38	200m:	2:44.49 42.47	300m:	4:10.29 42.62	400m:	5:32.08 40.51		
12.	KRAWCZY SKA Lidia		12 MKS „Jagiellonka” Warszawa						<b>5:33.70</b>	333
	50m:	37.64 37.64	150m:	2:02.82 43.22	250m:	3:29.60 43.11	350m:	4:55.61 42.58		
	100m:	1:19.60 41.96	200m:	2:46.49 43.67	300m:	4:13.03 43.43	400m:	5:33.70 38.09		
13.	WOJCIECHOWSKA Hanna		12 MKS Piaseczno						<b>5:34.39</b>	330
	50m:	37.00 37.00	150m:	2:03.56 43.86	250m:	3:31.08 44.20	350m:	4:57.29 43.01		
	100m:	1:19.70 42.70	200m:	2:46.88 43.32	300m:	4:14.28 43.20	400m:	5:34.39 37.10		
14.	KALINOWSKA Alina		12 UKS Delfin Legionowo						<b>5:35.07</b>	328
	50m:	37.13 37.13	150m:	2:02.18 43.27	250m:	3:29.53 43.32	350m:	4:55.27 42.72		
	100m:	1:18.91 41.78	200m:	2:46.21 44.03	300m:	4:12.55 43.02	400m:	5:35.07 39.80		
15.	JAREMEK Magdalena		12 Buks						<b>5:35.95</b>	326
	50m:	35.32 35.32	150m:	1:59.83 43.44	250m:	3:28.15 43.50	350m:	4:54.67 42.99		
	100m:	1:16.39 41.07	200m:	2:44.65 44.82	300m:	4:11.68 43.53	400m:	5:35.95 41.28		
16.	HUTKOWSKA Marta		12 UKS 307 Warszawa						<b>5:35.98</b>	326
	50m:	35.67 35.67	150m:	2:00.67 43.47	250m:	3:28.57 44.03	350m:	4:56.24 43.53		
	100m:	1:17.20 41.53	200m:	2:44.54 43.87	300m:	4:12.71 44.14	400m:	5:35.98 39.74		
17.	KRASKIEWICZ Barbara		12 MKS „Jagiellonka” Warszawa						<b>5:38.31</b>	319
	50m:	36.96 36.96	150m:	2:01.70 42.73	250m:	3:30.62 44.65	350m:	4:56.87 43.04		
	100m:	1:18.97 42.01	200m:	2:45.97 44.27	300m:	4:13.83 43.21	400m:	5:38.31 41.44		
18.	KANIEWSKA Klara		12 KS Fenix O arów Mazowiecki						<b>5:47.92</b>	293
	50m:	40.14 40.14	150m:	2:08.80 44.47	250m:	3:39.18 45.19	350m:	5:06.22 42.74		
	100m:	1:24.33 44.19	200m:	2:53.99 45.19	300m:	4:23.48 44.30	400m:	5:47.92 41.70		
19.	KORCZAK Julia		12 Buks						<b>5:48.88</b>	291
	50m:	38.08 38.08	150m:	2:06.71 45.64	250m:	3:38.82 46.03	350m:	5:07.60 43.72		
	100m:	1:21.07 42.99	200m:	2:52.79 46.08	300m:	4:23.88 45.06	400m:	5:48.88 41.28		
20.	JASI SKA Aleksandra		12 MUKP Warszawianka- Wodny Park						<b>5:50.44</b>	287
	50m:	38.98 38.98	150m:	2:08.49 45.35	250m:	3:39.61 45.61	350m:	5:09.22 44.39		
	100m:	1:23.14 44.16	200m:	2:54.00 45.51	300m:	4:24.83 45.22	400m:	5:50.44 41.22		
21.	BOGUSŁAWSKA Nina		12 UKS 48 Warszawa ródmi cie						<b>5:59.77</b>	265
	50m:	39.53 39.53	150m:	2:10.57 46.46	250m:	3:46.39 48.21	350m:	5:18.14 45.29		
	100m:	1:24.11 44.58	200m:	2:58.18 47.61	300m:	4:32.85 46.46	400m:	5:59.77 41.63		



Warszawa



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – OSiR oliborz  
Warszawa, 25. - 26.3.2025

Konkurencja 7, Dziewcząt, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
22.	RUDO Zofia			12	UKS 307 Warszawa				<b>6:01.66</b>	261		
	50m:	37.18	37.18	150m:	2:12.07	48.27	250m:	3:48.72	48.54	350m:	5:23.67	46.09
	100m:	1:23.80	46.62	200m:	3:00.18	48.11	300m:	4:37.58	48.86	400m:	6:01.66	37.99
23.	JA KIEWICZ Urszula			12	MUKP Warszawianka- Wodny Park				<b>6:09.21</b>	245		
	50m:	37.20	37.20	150m:	2:08.84	47.22	250m:	3:45.54	48.47	350m:	5:23.73	49.24
	100m:	1:21.62	44.42	200m:	2:57.07	48.23	300m:	4:34.49	48.95	400m:	6:09.21	45.48
24.	UKOWSKA Julia			12	KS Fenix Oarów Mazowiecki				<b>6:14.29</b>	235		
	50m:	42.15	42.15	150m:	2:16.17	46.85	250m:	3:51.40	48.44	350m:	5:27.29	47.96
	100m:	1:29.32	47.17	200m:	3:02.96	46.79	300m:	4:39.33	47.93	400m:	6:14.29	47.00
25.	REWERSKA Nikola			12	UKS oliborz				<b>6:21.85</b>	222		
	50m:	38.95	38.95	150m:	2:12.48	48.00	250m:	3:50.70	50.41	350m:	5:33.69	49.58
	100m:	1:24.48	45.53	200m:	3:00.29	47.81	300m:	4:44.11	53.41	400m:	6:21.85	48.16
26.	BOCO Wanda			12	MUKP Warszawianka- Wodny Park				<b>6:33.26</b>	203		
	50m:	40.12	40.12	150m:	2:16.15	49.44	250m:	4:00.39	52.71	350m:	5:44.38	51.97
	100m:	1:26.71	46.59	200m:	3:07.68	51.53	300m:	4:52.41	52.02	400m:	6:33.26	48.88