



Warszawa



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – CRS Bielany
Warszawa, 29. - 30.3.2025

Konkurencja 8
29.03.2025 - 12:42

Chłopców, 400m dowolny

12 - 13 lat
Wyniki

Punkty: AQUA 2024

Pozycja	Rok ur.										Czas	Pkt.
12 lat												
1.	BAŁACKI Kacper			13	G-8 Bielany Warszawa					5:10.64	318	
	50m:	35.83	35.83	150m:	1:54.95	39.59	250m:	3:14.84	39.61	350m:	4:33.25	38.89
	100m:	1:15.36	39.53	200m:	2:35.23	40.28	300m:	3:54.36	39.52	400m:	5:10.64	37.39
2.	KURPIEL Tomasz			13	BUKS Warszawa					5:24.43	280	
	50m:	35.83	35.83	150m:	1:58.71	42.05	250m:	3:23.62	42.53	350m:	4:48.10	41.97
	100m:	1:16.66	40.83	200m:	2:41.09	42.38	300m:	4:06.13	42.51	400m:	5:24.43	36.33
3.	OLSZEWSKI Tomasz			13	POLONIA Warszawa					5:30.94	263	
	50m:	37.67	37.67	150m:	2:02.88	42.75	250m:	3:27.57	42.21	350m:	4:51.84	42.54
	100m:	1:20.13	42.46	200m:	2:45.36	42.48	300m:	4:09.30	41.73	400m:	5:30.94	39.10
4.	STEFAŃSKI Szymon			13	BUKS Warszawa					5:36.36	251	
	50m:	37.58	37.58	150m:	2:05.38	45.02	250m:	3:30.44	42.14	350m:	4:54.86	41.59
	100m:	1:20.36	42.78	200m:	2:48.30	42.92	300m:	4:13.27	42.83	400m:	5:36.36	41.50
5.	WIADERNY Kajetan			13	OLIMPIC Warka					5:38.31	246	
	50m:	37.89	37.89	150m:	2:03.63	43.14	250m:	3:31.37	43.87	350m:	4:58.21	43.02
	100m:	1:20.49	42.60	200m:	2:47.50	43.87	300m:	4:15.19	43.82	400m:	5:38.31	40.10
6.	KOŁAKOWSKI Bartosz			13	BUKS Warszawa					5:39.90	243	
	50m:	36.11	36.11	150m:	3:34.38	2:14.56	250m:	5:03.02	43.67	350m:		
	100m:	1:19.82	43.71	200m:	4:19.35	44.97	300m:	5:39.90	36.88	400m:	5:39.90	
7.	CHEŁKOWSKI Piotr			13	FROG Giżycko					5:42.37	238	
	50m:	36.89	36.89	150m:	2:05.46	45.26	250m:	3:35.57	44.59	350m:	5:04.00	43.58
	100m:	1:20.20	43.31	200m:	2:50.98	45.52	300m:	4:20.42	44.85	400m:	5:42.37	38.37
8.	MICHNA Mikołaj			13	G-8 Bielany Warszawa					5:43.29	236	
	50m:	40.18	40.18	150m:	2:06.95	42.73	250m:	3:34.65	43.26	350m:	5:01.97	43.78
	100m:	1:24.22	44.04	200m:	2:51.39	44.44	300m:	4:18.19	43.54	400m:	5:43.29	41.32
9.	WIETESKA Aleksander			13	OCHOTA Warszawa					5:44.70	233	
	50m:	36.97	36.97	150m:	2:03.86	44.70	250m:	3:32.81	44.94	350m:	5:01.88	44.87
	100m:	1:19.16	42.19	200m:	2:47.87	44.01	300m:	4:17.01	44.20	400m:	5:44.70	42.82
10.	SUSKA Aleksander			13	G-8 Bielany Warszawa					5:47.10	228	
	50m:	38.00	38.00	150m:	2:06.01	43.73	250m:	3:35.71	45.12	350m:	5:05.02	45.13
	100m:	1:22.28	44.28	200m:	2:50.59	44.58	300m:	4:19.89	44.18	400m:	5:47.10	42.08
11.	KAMIŃSKI Leon			13	G-8 Bielany Warszawa					5:49.06	224	
	50m:	39.05	39.05	150m:	2:10.12	45.44	250m:	3:39.80	45.00	350m:	5:08.17	43.05
	100m:	1:24.68	45.63	200m:	2:54.80	44.68	300m:	4:25.12	45.32	400m:	5:49.06	40.89
12.	ŁEBSKI Oliwier			13	"V" Łomianki					6:10.85	187	
	50m:	41.78	41.78	150m:	2:16.00	47.41	250m:	3:54.10	49.06	350m:	5:26.15	47.23
	100m:	1:28.59	46.81	200m:	3:05.04	49.04	300m:	4:38.92	44.82	400m:	6:10.85	44.70
13.	NIEMIROWSKI Piotr			13	BUKS Warszawa					6:15.88	180	
	50m:	45.82	45.82	150m:	3:09.73	1:34.74	250m:	4:45.93	48.03	350m:		
	100m:	1:34.99	49.17	200m:	3:57.90	48.17	300m:	6:15.88	1:29.95	400m:	6:15.88	
14.	PASTERNAK Marcel			13	"V" Łomianki					6:17.95	177	
	50m:	41.39	41.39	150m:	2:16.24	48.20	250m:	3:52.99	48.21	350m:	5:30.55	48.18
	100m:	1:28.04	46.65	200m:	3:04.78	48.54	300m:	4:42.37	49.38	400m:	6:17.95	47.40



Warszawa



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – CRS Bielany
Warszawa, 29. - 30.3.2025

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.						Czas	Pkt.
15.	ŁUKSZA Krzesimir		13	"V" Łomianki					6:36.85	152
	50m: 42.34	42.34	150m: 2:21.17	50.14	250m: 4:03.52	51.33	350m: 5:45.84	51.39		
	100m: 1:31.03	48.69	200m: 3:12.19	51.02	300m: 4:54.45	50.93	400m: 6:36.85	51.01		
DYSKW.	SZCZĘSNY Mikołaj		13	G-8 Bielany Warszawa					6:44.99	
	O1 - Pływak zainicjował start przed sygnałem startu.									
	50m: 43.28	43.28	150m: 2:26.36	52.39	250m: 4:12.55	51.93	350m: 5:57.09	50.49		
	100m: 1:33.97	50.69	200m: 3:20.62	54.26	300m: 5:06.60	54.05	400m: 6:44.99	47.90		

13 lat

1.	MALINOWSKI Stanisław		12	SKALAR Warszawa					4:34.23	463
	50m: 31.60	31.60	150m: 1:41.60	35.80	250m: 2:52.66	35.26	350m: 4:02.46	34.81		
	100m: 1:05.80	34.20	200m: 2:17.40	35.80	300m: 3:27.65	34.99	400m: 4:34.23	31.77		
2.	WACHOWSKI Maksymilian		12	OCHOTA Warszawa					4:35.84	455
	50m: 31.46	31.46	150m: 1:41.73	35.44	250m: 2:53.15	35.61	350m: 4:03.42	34.89		
	100m: 1:06.29	34.83	200m: 2:17.54	35.81	300m: 3:28.53	35.38	400m: 4:35.84	32.42		
3.	NOJSZEWSKI Kacper		12	SKALAR Warszawa					4:41.29	429
	50m: 31.71	31.71	150m: 1:42.33	35.76	250m: 2:53.66	35.75	350m: 4:06.03	36.34		
	100m: 1:06.57	34.86	200m: 2:17.91	35.58	300m: 3:29.69	36.03	400m: 4:41.29	35.26		
4.	ZAWISZEWSKI Emil		12	G-8 Bielany Warszawa					4:47.22	403
	50m: 31.97	31.97	150m: 1:43.71	36.52	250m: 2:58.20	37.42	350m: 4:12.32	37.11		
	100m: 1:07.19	35.22	200m: 2:20.78	37.07	300m: 3:35.21	37.01	400m: 4:47.22	34.90		
5.	NIEDZIAŁKOWSKI Tymon		12	G-8 Bielany Warszawa					4:47.46	402
	50m: 31.09	31.09	150m: 1:43.91	36.76	250m: 2:58.31	37.49	350m: 4:12.59	37.88		
	100m: 1:07.15	36.06	200m: 2:20.82	36.91	300m: 3:34.71	36.40	400m: 4:47.46	34.87		
6.	FIJAŁKOWSKI Konstanty		12	POLONIA Warszawa					4:50.83	388
	50m: 32.95	32.95	150m: 1:47.54	37.75	250m: 3:02.86	37.30	350m: 4:16.31	36.32		
	100m: 1:09.79	36.84	200m: 2:25.56	38.02	300m: 3:39.99	37.13	400m: 4:50.83	34.52		
7.	KRZEMIENI Stanisław		12	AQUA-TEAM Grójec					4:55.46	370
	50m: 32.60	32.60	150m: 1:45.40	37.03	250m: 3:01.69	38.43	350m: 4:18.33	38.59		
	100m: 1:08.37	35.77	200m: 2:23.26	37.86	300m: 3:39.74	38.05	400m: 4:55.46	37.13		
8.	GIECZEWSKI Julian		12	FROG Giżycko					5:02.28	346
	50m: 32.83	32.83	150m: 1:49.14	38.60	250m: 3:07.09	38.94	350m: 4:25.30	39.31		
	100m: 1:10.54	37.71	200m: 2:28.15	39.01	300m: 3:45.99	38.90	400m: 5:02.28	36.98		
9.	MACHNACZ Leon		12	H2O Warszawa					5:16.58	301
	50m: 34.85	34.85	150m: 1:55.53	40.77	250m: 3:17.14	41.14	350m: 4:37.75	39.13		
	100m: 1:14.76	39.91	200m: 2:36.00	40.47	300m: 3:58.62	41.48	400m: 5:16.58	38.83		
10.	GRZYBCZYK Dawid		12	"V" Łomianki					5:16.66	301
	50m: 36.81	36.81	150m: 1:59.15	41.46	250m: 3:19.37	39.63	350m: 4:40.05	39.66		
	100m: 1:17.69	40.88	200m: 2:39.74	40.59	300m: 4:00.39	41.02	400m: 5:16.66	36.61		
11.	SZABLICKI Ignacy		12	POLONIA Warszawa					5:17.14	299
	50m: 34.89	34.89	150m: 1:54.18	40.61	250m: 3:16.29	41.03	350m: 4:37.88	40.78		
	100m: 1:13.57	38.68	200m: 2:35.26	41.08	300m: 3:57.10	40.81	400m: 5:17.14	39.26		
12.	KACPROWICZ Filip		12	POLONIA Warszawa					5:17.41	299
	50m: 34.83	34.83	150m: 1:57.16	41.33	250m: 3:19.32	40.29	350m: 4:39.46	39.36		
	100m: 1:15.83	41.00	200m: 2:39.03	41.87	300m: 4:00.10	40.78	400m: 5:17.41	37.95		



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**Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – CRS Bielany
Warszawa, 29. - 30.3.2025**

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja	Rok ur.										Czas	Pkt.
13.	NADOLNY Wojciech			12	POLONIA Warszawa						5:18.64	295
	50m:	35.88	35.88	150m:	1:56.36	40.55	250m:	3:17.83	41.75	350m:	4:39.67	40.99
	100m:	1:15.81	39.93	200m:	2:36.08	39.72	300m:	3:58.68	40.85	400m:	5:18.64	38.97
14.	DENIS Krzysztof			12	G-8 Bielany Warszawa						5:18.71	295
	50m:	35.75	35.75	150m:	1:56.27	40.80	250m:	3:17.81	40.95	350m:	4:39.12	40.42
	100m:	1:15.47	39.72	200m:	2:36.86	40.59	300m:	3:58.70	40.89	400m:	5:18.71	39.59
15.	SHEREMETOV Aleksandr			12	SKALAR Warszawa						5:22.95	283
	50m:	36.98	36.98	150m:	1:59.01	41.37	250m:	3:21.79	41.49	350m:	4:43.13	40.82
	100m:	1:17.64	40.66	200m:	2:40.30	41.29	300m:	4:02.31	40.52	400m:	5:22.95	39.82
16.	MAMAJ Jan			12	"V" Łomianki						5:35.28	253
	50m:	37.88	37.88	150m:	2:04.67	43.74	250m:	3:30.20	42.86	350m:	4:53.40	41.83
	100m:	1:20.93	43.05	200m:	2:47.34	42.67	300m:	4:11.57	41.37	400m:	5:35.28	41.88
17.	GROTOWSKI Marcin			12	SKALAR Warszawa						5:36.71	250
	50m:	38.57	38.57	150m:	2:05.60	42.99	250m:	3:31.91	43.05	350m:	4:58.01	42.86
	100m:	1:22.61	44.04	200m:	2:48.86	43.26	300m:	4:15.15	43.24	400m:	5:36.71	38.70
18.	PAWLAK Franciszek			12	POLONIA Warszawa						5:40.32	242
	50m:	34.70	34.70	150m:	2:00.29	43.86	250m:	3:26.92	42.90	350m:	4:53.70	43.41
	100m:	1:16.43	41.73	200m:	2:44.02	43.73	300m:	4:10.29	43.37	400m:	5:40.32	46.62
19.	JAKOWICZ Patryk			12	FROG Giżycko						5:42.67	237
	50m:	40.18	40.18	150m:	2:08.18	44.25	250m:	3:36.12	43.42	350m:	5:03.20	43.11
	100m:	1:23.93	43.75	200m:	2:52.70	44.52	300m:	4:20.09	43.97	400m:	5:42.67	39.47
20.	GRODZKI Kajetan			12	G-8 Bielany Warszawa						5:45.19	232
	50m:	40.05	40.05	150m:	2:09.16	44.32	250m:	3:39.08	44.77	350m:	5:06.86	43.54
	100m:	1:24.84	44.79	200m:	2:54.31	45.15	300m:	4:23.32	44.24	400m:	5:45.19	38.33
21.	JAKOWICZ Kuba			12	FROG Giżycko						5:58.19	208
	50m:	41.46	41.46	150m:	2:12.83	45.97	250m:	3:45.13	46.24	350m:	5:16.87	46.21
	100m:	1:26.86	45.40	200m:	2:58.89	46.06	300m:	4:30.66	45.53	400m:	5:58.19	41.32
22.	SKINDZIER Sebastian			12	DWÓJKA Góra Kalwaria						5:58.99	206
	50m:	37.95	37.95	150m:	2:07.71	45.87	250m:	3:42.14	47.41	350m:	5:15.63	46.04
	100m:	1:21.84	43.89	200m:	2:54.73	47.02	300m:	4:29.59	47.45	400m:	5:58.99	43.36
23.	BIŁYK Adam			12	POLONIA Warszawa						5:59.41	205
	50m:	38.28	38.28	150m:	2:10.64	46.18	250m:	5:59.41	42.16	350m:		
	100m:	1:24.46	46.18	200m:	5:17.25	3:06.61	300m:			400m:	5:59.41	
24.	KAMIŃSKI Witold			12	H2O Warszawa						6:00.96	203
	50m:	36.50	36.50	150m:	2:10.40	48.47	250m:	3:44.94	46.72	350m:	5:18.42	46.33
	100m:	1:21.93	45.43	200m:	2:58.22	47.82	300m:	4:32.09	47.15	400m:	6:00.96	42.54
25.	SAMULAK Kacper			12	SKALAR Warszawa						6:05.06	196
	50m:	38.61	38.61	150m:	2:12.13	47.29	250m:	3:46.61	47.31	350m:	5:21.37	46.83
	100m:	1:24.84	46.23	200m:	2:59.30	47.17	300m:	4:34.54	47.93	400m:	6:05.06	43.69
26.	RUP Szymon			12	AQUA-TEAM Grójec						6:10.32	188
	50m:	39.79	39.79	150m:	2:13.50	47.28	250m:	3:51.72	49.95	350m:	5:26.78	47.54
	100m:	1:26.22	46.43	200m:	3:01.77	48.27	300m:	4:39.24	47.52	400m:	6:10.32	43.54
27.	CHYB Aleksander			12	DWÓJKA Góra Kalwaria						6:17.98	177
	50m:	41.11	41.11	150m:	2:14.91	47.42	250m:	3:52.11	48.43	350m:	6:17.98	47.56
	100m:	1:27.49	46.38	200m:	3:03.68	48.77	300m:	5:30.42	1:38.31	400m:	6:17.98	



Warszawa



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – CRS Bielany
Warszawa, 29. - 30.3.2025

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja	Rok ur.										Czas	Pkt.
28.	RUTKOWSKI Przemysław				12	SMS KAPRY Pruszków				6:21.41	172	
	50m:	44.35	44.35	150m:	2:21.80	48.45	250m:	3:59.05	48.39	350m:	5:37.15	48.85
	100m:	1:33.35	49.00	200m:	3:10.66	48.86	300m:	4:48.30	49.25	400m:	6:21.41	44.26
29.	PANASIUK Wojciech				12	PINGWINY Warszawa				6:45.36	143	
	50m:	38.92	38.92	150m:	2:18.48	51.41	250m:	4:05.42	54.31	350m:	6:45.36	50.20
	100m:	1:27.07	48.15	200m:	3:11.11	52.63	300m:	5:55.16	1:49.74	400m:	6:45.36	