



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 lat – II runda
Pruszków, 17. - 18.6.2025

Konkurencja 7
17.06.2025 - 11:20

Dziewcząt, 400m dowolny

12 lat
Wyniki

Punkty: AQUA 2024

Pozycja		Rok ur.						Czas	Pkt.
1.	BALCERCZAK Gabriela	13	MKS Ochota Warszawa					4:55.51	479
	50m: 32.28 32.28	150m: 1:44.90	37.44	250m: 3:02.08	38.81	350m: 4:19.45	37.98		
	100m: 1:07.46 35.18	200m: 2:23.27	38.37	300m: 3:41.47	39.39	400m: 4:55.51	36.06		
2.	MARKOWSKA Iga	13	MKS „Jagiellonka” Warszawa					5:02.82	445
	50m: 33.22 33.22	150m: 1:51.16	39.64	250m: 3:10.22	39.33	350m: 4:26.73	37.22		
	100m: 1:11.52 38.30	200m: 2:30.89	39.73	300m: 3:49.51	39.29	400m: 5:02.82	36.09		
3.	MYSŁEK Anna	13	UKS G-8 Bielany Warszawa					5:03.41	443
	50m: 36.04 36.04	150m: 1:53.64	38.75	250m: 3:10.07	38.12	350m: 4:26.42	37.89		
	100m: 1:14.89 38.85	200m: 2:31.95	38.31	300m: 3:48.53	38.46	400m: 5:03.41	36.99		
4.	KACAŁA Hanna	13	MKS Ochota Warszawa					5:04.90	436
	50m: 34.44 34.44	150m: 1:51.67	38.77	250m: 3:11.11	39.31	350m: 4:28.00	38.39		
	100m: 1:12.90 38.46	200m: 2:31.80	40.13	300m: 3:49.61	38.50	400m: 5:04.90	36.90		
5.	HAREL May	13	UKP „Polonia Warszawa”					5:13.05	403
	50m: 34.51 34.51	150m: 1:53.55	40.23	250m: 3:13.80	39.91	350m: 4:34.39	40.51		
	100m: 1:13.32 38.81	200m: 2:33.89	40.34	300m: 3:53.88	40.08	400m: 5:13.05	38.66		
6.	STASZEWSKA Natasza	13	UKS „GIM 92 Ursynów”					5:18.41	383
	50m: 35.64 35.64	150m: 1:56.52	41.09	250m: 3:17.66	40.61	350m: 4:39.79	40.93		
	100m: 1:15.43 39.79	200m: 2:37.05	40.53	300m: 3:58.86	41.20	400m: 5:18.41	38.62		
7.	MIĄSKIEWICZ Michalina	13	PSP SWIM Płock					5:22.02	370
	50m: 34.67 34.67	150m: 1:56.17	41.66	250m: 3:19.75	41.74	350m: 4:42.58	41.20		
	100m: 1:14.51 39.84	200m: 2:38.01	41.84	300m: 4:01.38	41.63	400m: 5:22.02	39.44		
8.	OLEJNIK Alicja	13	UKS G-8 Bielany Warszawa					5:24.88	360
	50m: 37.42 37.42	150m: 1:59.59	41.42	250m: 3:22.26	41.46	350m: 4:44.82	41.29		
	100m: 1:18.17 40.75	200m: 2:40.80	41.21	300m: 4:03.53	41.27	400m: 5:24.88	40.06		
9.	MICHALAK Antonina	13	KS Fenix Ożarów Mazowiecki					5:28.74	348
	50m: 37.72 37.72	150m: 2:01.49	42.26	250m: 3:25.96	42.41	350m: 4:48.72	40.99		
	100m: 1:19.23 41.51	200m: 2:43.55	42.06	300m: 4:07.73	41.77	400m: 5:28.74	40.02		
10.	RUDOLF Amelia	13	UKS Manta Warszawa Włochy					5:30.47	342
	50m: 37.34 37.34	150m: 2:00.13	41.48	250m: 3:25.19	42.13	350m: 4:49.96	42.73		
	100m: 1:18.65 41.31	200m: 2:43.06	42.93	300m: 4:07.23	42.04	400m: 5:30.47	40.51		
11.	POSTUPALSKA Maja	13	UKS G-8 Bielany Warszawa					5:31.41	339
	50m: 39.41 39.41	150m: 2:05.45	42.81	250m: 3:30.48	41.90	350m: 4:53.72	40.36		
	100m: 1:22.64 43.23	200m: 2:48.58	43.13	300m: 4:13.36	42.88	400m: 5:31.41	37.69		
12.	PISKA Martyna	13	UKS G-8 Bielany Warszawa					5:31.87	338
	50m: 37.53 37.53	150m: 2:02.67	43.18	250m: 3:29.03	43.38	350m: 4:52.43	41.53		
	100m: 1:19.49 41.96	200m: 2:45.65	42.98	300m: 4:10.90	41.87	400m: 5:31.87	39.44		
13.	WROŃSKA Karolina	13	UKS Manta Warszawa Włochy					5:33.47	333
	50m: 37.91 37.91	150m: 2:01.82	42.12	250m: 3:28.08	43.12	350m: 4:54.09	42.95		
	100m: 1:19.70 41.79	200m: 2:44.96	43.14	300m: 4:11.14	43.06	400m: 5:33.47	39.38		
14.	JASKÓŁKA Maria	13	MKS „Jagiellonka” Warszawa					5:34.84	329
	50m: 37.14 37.14	150m: 2:01.66	43.02	250m: 3:27.90	43.76	350m: 4:54.22	43.38		
	100m: 1:18.64 41.50	200m: 2:44.14	42.48	300m: 4:10.84	42.94	400m: 5:34.84	40.62		





Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 lat – II runda
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Pozycja	Rok ur.				Czas				Pkt.
15.	MIERZEJWSKA Alicja	13	KS Fenix Ożarów Mazowiecki		5:35.13				328
	50m: 37.37 37.37	150m: 2:02.40 43.05	250m: 3:28.16 43.15	350m: 4:52.89 41.70					
	100m: 1:19.35 41.98	200m: 2:45.01 42.61	300m: 4:11.19 43.03	400m: 5:35.13 42.24					
16.	BUCZEK Aniela	13	MKS „Jagiellonka” Warszawa		5:39.36				316
	50m: 37.35 37.35	150m: 2:03.14 43.14	250m: 3:30.88 44.04	350m: 4:57.58 43.09					
	100m: 1:20.00 42.65	200m: 2:46.84 43.70	300m: 4:14.49 43.61	400m: 5:39.36 41.78					
17.	KUC Natalia	13	MKS „Jagiellonka” Warszawa		5:56.39				273
	50m: 45.68 45.68	150m: 2:17.05 46.49	250m: 3:45.94 43.94	350m: 5:15.32 44.92					
	100m: 1:30.56 44.88	200m: 3:02.00 44.95	300m: 4:30.40 44.46	400m: 5:56.39 41.07					
18.	BRZEZIŃSKA Zuzanna	13	Buks		5:57.10				271
	50m: 38.39 38.39	150m: 2:08.55 45.91	250m: 3:42.71 47.44	350m: 5:14.59 45.78					
	100m: 1:22.64 44.25	200m: 2:55.27 46.72	300m: 4:28.81 46.10	400m: 5:57.10 42.51					
19.	KACZMAREK Marcelina	13	UKS „GIM 92 Ursynów”		6:01.18				262
	50m: 40.64 40.64	150m: 2:12.28 45.76	250m: 3:45.02 46.51	350m: 5:16.81 45.16					
	100m: 1:26.52 45.88	200m: 2:58.51 46.23	300m: 4:31.65 46.63	400m: 6:01.18 44.37					
20.	JAROSZ Hanna	13	Buks		6:01.82				261
	50m: 39.64 39.64	150m: 2:12.02 47.25	250m: 3:46.10 47.21	350m: 5:19.06 46.45					
	100m: 1:24.77 45.13	200m: 2:58.89 46.87	300m: 4:32.61 46.51	400m: 6:01.82 42.76					
21.	JANISZEWSKA Blanka	13	UKS „GIM 92 Ursynów”		6:02.54				259
	50m: 41.24 41.24	150m: 2:13.25 46.30	250m: 3:44.95 46.00	350m: 5:16.87 46.96					
	100m: 1:26.95 45.71	200m: 2:58.95 45.70	300m: 4:29.91 44.96	400m: 6:02.54 45.67					
22.	ŁAPIENIECKA Wiktoria	13	MKS „Jagiellonka” Warszawa		6:02.90				258
	50m: 41.34 41.34	150m: 2:15.01 47.24	250m: 3:49.81 47.42	350m: 5:22.19 45.71					
	100m: 1:27.77 46.43	200m: 3:02.39 47.38	300m: 4:36.48 46.67	400m: 6:02.90 40.71					
23.	KULITA Matylda	13	UKS 307 Warszawa		6:08.78				246
	50m: 40.25 40.25	150m: 2:15.60 47.95	250m: 3:50.51 47.47	350m: 5:24.06 45.17					
	100m: 1:27.65 47.40	200m: 3:03.04 47.44	300m: 4:38.89 48.38	400m: 6:08.78 44.72					
24.	MOLENDĄ Pola	13	MKS Piaseczno		6:10.06				244
	50m: 40.17 40.17	150m: 2:13.01 46.92	250m: 3:47.51 47.77	350m: 5:24.33 48.66					
	100m: 1:26.09 45.92	200m: 2:59.74 46.73	300m: 4:35.67 48.16	400m: 6:10.06 45.73					
25.	BARTOSZEK Zofia	13	MKS Piaseczno		6:14.50				235
	50m: 41.17 41.17	150m: 2:17.45 48.18	250m: 3:54.07 48.42	350m: 5:30.14 47.96					
	100m: 1:29.27 48.10	200m: 3:05.65 48.20	300m: 4:42.18 48.11	400m: 6:14.50 44.36					
26.	RAWA Zofia	13	UKS 307 Warszawa		6:40.31				192
	50m: 42.00 42.00	150m: 2:22.79 51.37	250m: 4:06.91 51.73	350m: 5:51.98 51.37					
	100m: 1:31.42 49.42	200m: 3:15.18 52.39	300m: 5:00.61 53.70	400m: 6:40.31 48.33					

