



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2
18.10.2025 - 9:17

Mężczyzn, 400m dowolny

14 lat i starsi
Wyniki

Rekord Polski Open	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	2.12.2015
Rekord Polski 19 - 23	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	2.12.2015
Rekord Polski 18	3:41.69	WOJDAK Wojciech	01006	Ostrowiec Sw	18.12.2014
Rekord Polski 17	3:44.45	CHMIELEWSKI Krzysztof	05614	Bydgoszcz	3.12.2021
Rekord Polski 16	3:44.32	FILIPIAK Mikołaj	04610	Gorzow	10.12.2022
Rekord Polski 15	3:50.76	MŁYNARCZYK Karol	05114	Lublin	17.12.2015
Rekord Polski 14	3:55.30	STAWICKI Mateusz	05214	Wroclaw	28.10.2023

Punkty: AQUA 2025

Pozycja Rok ur. Czas Pkt.

OPEN

1.	KAPAŁA Bartosz	06	MTP Kormoran Olsztyn	3:48.68	799
	50m: 26.93 26.93	150m: 1:24.44 28.83	250m: 2:22.45 29.12	350m: 3:20.68 29.15	
	100m: 55.61 28.68	200m: 1:53.33 28.89	300m: 2:51.53 29.08	400m: 3:48.68 28.00	
2.	JĄSKIEWICZ Adrian	02	Ku Azs Uw	3:54.28	743
	50m: 26.09 26.09	150m: 1:25.55 30.14	250m: 2:25.93 30.30	350m: 3:26.35 30.14	
	100m: 55.41 29.32	200m: 1:55.63 30.08	300m: 2:56.21 30.28	400m: 3:54.28 27.93	
3.	MAJOR Erik	07	MKS Park Wodny Tarnowskie Góry	3:54.54	741
	50m: 26.76 26.76	150m: 1:25.78 29.62	250m: 2:25.67 29.89	350m: 3:26.10 30.15	
	100m: 56.16 29.40	200m: 1:55.78 30.00	300m: 2:55.95 30.28	400m: 3:54.54 28.44	
4.	WARZOCHA Albert	01	KS Warta Poznań	3:54.81	738
	50m: 27.07 27.07	150m: 1:26.68 29.91	250m: 2:25.95 29.43	350m: 3:25.88 30.26	
	100m: 56.77 29.70	200m: 1:56.52 29.84	300m: 2:55.62 29.67	400m: 3:54.81 28.93	
5.	RADZIKOWSKI Szymon	08	WKS Śląsk	3:57.25	716
	50m: 26.21 26.21	150m: 1:25.04 29.74	250m: 2:25.43 30.24	350m: 3:27.08 31.04	
	100m: 55.30 29.09	200m: 1:55.19 30.15	300m: 2:56.04 30.61	400m: 3:57.25 30.17	
6.	RADKIEWICZ Kajetan	05	Ku Azs Uw	3:57.27	715
	50m: 27.45 27.45	150m: 1:27.84 30.29	250m: 2:28.52 30.30	350m: 3:28.84 29.76	
	100m: 57.55 30.10	200m: 1:58.22 30.38	300m: 2:59.08 30.56	400m: 3:57.27 28.43	
7.	ZABOROWSKI Filip	94	MKP Szczecin	3:57.36	715
	50m: 27.33 27.33	150m: 1:26.65 29.63	250m: 2:26.56 30.04	350m: 3:27.55 30.46	
	100m: 57.02 29.69	200m: 1:56.52 29.87	300m: 2:57.09 30.53	400m: 3:57.36 29.81	
8.	GRZEGORCZYK Wiktor	02	AZS AWF Warszawa	3:58.83	701
	50m: 27.89 27.89	150m: 1:28.34 30.56	250m: 2:29.58 30.29	350m: 3:28.99 29.34	
	100m: 57.78 29.89	200m: 1:59.29 30.95	300m: 2:59.65 30.07	400m: 3:58.83 29.84	
9.	SHYPIN Aliaksandr	07	UKS G-8 Bielany Warszawa	4:00.12	690
	50m: 26.85 26.85	150m: 1:28.76 31.45	250m: 2:30.92 30.96	350m: 3:32.16 29.99	
	100m: 57.31 30.46	200m: 1:59.96 31.20	300m: 3:02.17 31.25	400m: 4:00.12 27.96	
10.	WIRASZKA Piotr	09	UKS „GIM 92 Ursynów"	4:00.40	688
	50m: 27.18 27.18	150m: 1:27.69 30.45	250m: 2:28.98 30.44	350m: 3:30.56 30.70	
	100m: 57.24 30.06	200m: 1:58.54 30.85	300m: 2:59.86 30.88	400m: 4:00.40 29.84	
11.	JÓŹWIAK Tymoteusz	08	KU AZS UMCS Lublin	4:01.20	681
	50m: 27.24 27.24	150m: 1:27.60 30.27	250m: 2:28.86 30.97	350m: 3:30.10 30.27	
	100m: 57.33 30.09	200m: 1:57.89 30.29	300m: 2:59.83 30.97	400m: 4:01.20 31.10	
12.	DWORAKOWSKI Błażej	07	KS Delfin Gdynia	4:01.22	681
	50m: 27.73 27.73	150m: 1:28.46 30.69	250m: 2:30.47 30.88	350m: 3:32.05 30.59	
	100m: 57.77 30.04	200m: 1:59.59 31.13	300m: 3:01.46 30.99	400m: 4:01.22 29.17	
13.	HALKIEWICZ Maciej	08	UKS „Omega" Olkusz	4:01.47	679
	50m: 27.00 27.00	150m: 1:28.82 31.30	250m: 2:30.84 30.78	350m: 3:32.42 30.87	
	100m: 57.52 30.52	200m: 2:00.06 31.24	300m: 3:01.55 30.71	400m: 4:01.47 29.05	
14.	PONIEWAŻ Oliwier	07	KU AZS UMCS Lublin	4:01.90	675
	50m: 27.83 27.83	150m: 1:27.58 30.22	250m: 2:29.38 30.96	350m: 3:32.29 31.35	
	100m: 57.36 29.53	200m: 1:58.42 30.84	300m: 3:00.94 31.56	400m: 4:01.90 29.61	
15.	POLKOWSKI Piotr	08	UKP „Polonia Warszawa"	4:02.15	673
	50m: 26.93 26.93	150m: 1:28.72 30.84	250m: 2:30.85 30.96	350m: 3:32.36 30.43	
	100m: 57.88 30.95	200m: 1:59.89 31.17	300m: 3:01.93 31.08	400m: 4:02.15 29.79	



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Pozycja	Rok ur.				Czas				Pkt.
16.	KRAWCZYK Jakub	08	UKS „GIM 92 Ursynów"		4:02.59				669
	50m: 27.02 27.02	150m: 1:28.03	31.09	250m: 2:29.41	30.65	350m: 3:32.07	31.07		
	100m: 56.94 29.92	200m: 1:58.76	30.73	300m: 3:01.00	31.59	400m: 4:02.59	30.52		
17.	JANISZEWSKI Fabian	09	UKS 190 Łódź		4:03.76				660
	50m: 28.03 28.03	150m: 1:28.26	30.40	250m: 2:30.76	31.41	350m: 3:33.76	31.51		
	100m: 57.86 29.83	200m: 1:59.35	31.09	300m: 3:02.25	31.49	400m: 4:03.76	30.00		
18.	NIESTUJ Piotr	02	St. Lok. SALOS Cortile Kielce		4:03.80				659
	50m: 27.90 27.90	150m: 1:30.03	31.06	250m: 2:32.08	30.83	350m: 3:33.87	30.65		
	100m: 58.97 31.07	200m: 2:01.25	31.22	300m: 3:03.22	31.14	400m: 4:03.80	29.93		
19.	HEBEL Maciej	05	AZS AWF Katowice		4:03.91				658
	50m: 27.16 27.16	150m: 1:28.12	30.76	250m: 2:30.51	31.15	350m: 3:33.02	31.49		
	100m: 57.36 30.20	200m: 1:59.36	31.24	300m: 3:01.53	31.02	400m: 4:03.91	30.89		
20.	TRYDULSKI Wiktor	10	KU AZS UMCS Lublin		4:04.19				656
	50m: 27.71 27.71	150m: 1:29.63	31.22	250m: 2:32.19	31.00	350m: 3:33.91	30.49		
	100m: 58.41 30.70	200m: 2:01.19	31.56	300m: 3:03.42	31.23	400m: 4:04.19	30.28		
21.	KACZMAREK Mikołaj	11	UKS „GIM 92 Ursynów"		4:04.47				654
	50m: 28.29 28.29	150m: 1:30.90	31.66	250m: 2:33.80	31.30	350m: 3:35.57	30.78		
	100m: 59.24 30.95	200m: 2:02.50	31.60	300m: 3:04.79	30.99	400m: 4:04.47	28.90		
22.	KRASKA Mateusz	07	KU AZS UMCS Lublin		4:05.40				647
	50m: 28.01 28.01	150m: 1:29.03	30.83	250m: 2:31.60	31.25	350m: 3:34.61	31.44		
	100m: 58.20 30.19	200m: 2:00.35	31.32	300m: 3:03.17	31.57	400m: 4:05.40	30.79		
23.	BURDA Paweł	05	AZS AWF Katowice		4:06.68				637
	50m: 27.99 27.99	150m: 1:28.46	30.59	250m: 2:31.33	31.66	350m: 3:35.26	32.00		
	100m: 57.87 29.88	200m: 1:59.67	31.21	300m: 3:03.26	31.93	400m: 4:06.68	31.42		
24.	SZYMCZYK Michał	08	UKS GOS Raszyn		4:06.87				635
	50m: 26.62 26.62	150m: 1:29.14	30.99	250m: 2:32.69	31.64	350m: 3:36.32	31.72		
	100m: 58.15 31.53	200m: 2:01.05	31.91	300m: 3:04.60	31.91	400m: 4:06.87	30.55		
25.	SZMYTKE Bartosz	07	UKS G-8 Bielany Warszawa		4:06.94				634
	50m: 27.23 27.23	150m: 1:30.15	31.72	250m: 2:33.19	31.25	350m: 3:36.17	31.40		
	100m: 58.43 31.20	200m: 2:01.94	31.79	300m: 3:04.77	31.58	400m: 4:06.94	30.77		
26.	SIENKIEWICZ Ignacy	05	AZS AWF Warszawa		4:08.74				621
	50m: 28.53 28.53	150m: 1:30.47	31.22	250m: 2:33.78	31.58	350m: 3:37.37	31.91		
	100m: 59.25 30.72	200m: 2:02.20	31.73	300m: 3:05.46	31.68	400m: 4:08.74	31.37		
27.	BORUSZEWSKI Filip	07	UKS SP-149 Łódź		4:08.95				619
	50m: 28.93 28.93	150m: 1:32.21	31.87	250m: 2:35.18	31.58	350m: 3:38.61	31.68		
	100m: 1:00.34 31.41	200m: 2:03.60	31.39	300m: 3:06.93	31.75	400m: 4:08.95	30.34		
28.	PRYCZYNICZ Olaf	10	UKS G-8 Bielany Warszawa		4:09.60				614
	50m: 27.54 27.54	150m: 1:29.55	31.03	250m: 2:33.21	31.84	350m: 3:37.36	32.43		
	100m: 58.52 30.98	200m: 2:01.37	31.82	300m: 3:04.93	31.72	400m: 4:09.60	32.24		
29.	TARASIEWICZ Piotr	09	UKP „Polonia Warszawa"		4:10.09				611
	50m: 27.87 27.87	150m: 1:30.29	31.57	250m: 2:33.83	31.86	350m: 3:38.36	32.37		
	100m: 58.72 30.85	200m: 2:01.97	31.68	300m: 3:05.99	32.16	400m: 4:10.09	31.73		
30.	HANF Szymon	03	KS AGH Kraków		4:10.93				605
	50m: 28.44 28.44	150m: 1:32.16	32.13	250m: 2:36.82	31.94	350m: 3:41.39	31.92		
	100m: 1:00.03 31.59	200m: 2:04.88	32.72	300m: 3:09.47	32.65	400m: 4:10.93	29.54		
31.	KOZAKIEWICZ Aleksander	07	Mokotowski UKP Warszawianka- Wodny		4:11.59				600
	50m: 27.59 27.59	150m: 1:30.72	32.00	250m: 2:36.14	32.77	350m: 3:40.67	31.67		
	100m: 58.72 31.13	200m: 2:03.37	32.65	300m: 3:09.00	32.86	400m: 4:11.59	30.92		
32.	PAWLAK Dawid	08	UKS 190 Łódź		4:11.81				598
	50m: 29.18 29.18	150m: 1:34.53	32.01	250m: 2:37.91	31.24	350m: 3:41.44	31.33		
	100m: 1:02.52 33.34	200m: 2:06.67	32.14	300m: 3:10.11	32.20	400m: 4:11.81	30.37		
33.	MAKOWSKI Dominik	03	KS Warta Poznań		4:11.98				597
	50m: 28.27 28.27	150m: 1:32.12	32.21	250m: 2:36.65	32.31	350m: 3:41.39	32.30		
	100m: 59.91 31.64	200m: 2:04.34	32.22	300m: 3:09.09	32.44	400m: 4:11.98	30.59		



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Pozycja	Rok ur.				Czas				Pkt.
34.	KRYSTYŃSKI Aleksander	04	KS AGH Kraków		4:12.58				593
	50m: 28.05 28.05	150m: 1:31.16 31.68	250m: 2:33.94 31.58	350m: 3:40.02 33.49					
	100m: 59.48 31.43	200m: 2:02.36 31.20	300m: 3:06.53 32.59	400m: 4:12.58 32.56					
35.	ŁOJEWSKI Adam	07	MTP Kormoran Olsztyn		4:13.38				587
	50m: 28.46 28.46	150m: 1:31.35 31.81	250m: 2:36.17 32.71	350m: 3:41.57 32.84					
	100m: 59.54 31.08	200m: 2:03.46 32.11	300m: 3:08.73 32.56	400m: 4:13.38 31.81					
36.	PAKUŁA Patryk	08	UKS Shark Rudna		4:13.76				585
	50m: 28.07 28.07	150m: 1:30.54 31.59	250m: 2:34.73 32.27	350m: 3:41.38 33.62					
	100m: 58.95 30.88	200m: 2:02.46 31.92	300m: 3:07.76 33.03	400m: 4:13.76 32.38					
37.	WOJCIECHOWSKI Wiktor	07	UKS G-8 Bielany Warszawa		4:13.95				583
	50m: 28.47 28.47	150m: 1:32.12 32.14	250m: 2:37.39 32.97	350m: 3:43.22 32.83					
	100m: 59.98 31.51	200m: 2:04.42 32.30	300m: 3:10.39 33.00	400m: 4:13.95 30.73					
38.	CIESIELSKI Konrad	10	MKS Trójka Łódź		4:14.01				583
	50m: 28.61 28.61	150m: 1:31.82 31.93	250m: 2:37.65 32.97	350m: 3:43.05 32.41					
	100m: 59.89 31.28	200m: 2:04.68 32.86	300m: 3:10.64 32.99	400m: 4:14.01 30.96					
39.	JUCHNO Jeremi	08	IKS Konstancin		4:14.11				582
	50m: 27.75 27.75	150m: 1:30.37 31.59	250m: 2:34.80 32.07	350m: 3:40.61 33.42					
	100m: 58.78 31.03	200m: 2:02.73 32.36	300m: 3:07.19 32.39	400m: 4:14.11 33.50					
40.	PORADA Antoni	10	UKS SP-149 Łódź		4:15.46				573
	50m: 30.23 30.23	150m: 1:34.27 32.15	250m: 2:39.18 32.55	350m: 3:44.22 32.44					
	100m: 1:02.12 31.89	200m: 2:06.63 32.36	300m: 3:11.78 32.60	400m: 4:15.46 31.24					
41.	OLEŹDKI Daniel	08	UKP „Polonia Warszawa”		4:15.97				570
	50m: 27.89 27.89	150m: 1:30.92 31.95	250m: 2:36.14 32.99	350m: 3:43.76 34.36					
	100m: 58.97 31.08	200m: 2:03.15 32.23	300m: 3:09.40 33.26	400m: 4:15.97 32.21					
42.	SKŁODOWSKI Jan	11	MKS Jedynka Łódź		4:16.62				565
	50m: 28.48 28.48	150m: 1:33.41 32.83	250m: 2:38.91 32.45	350m: 3:44.95 32.72					
	100m: 1:00.58 32.10	200m: 2:06.46 33.05	300m: 3:12.23 33.32	400m: 4:16.62 31.67					
43.	GRZEGRZÓŁKA Jan	08	UKS G-8 Bielany Warszawa		4:16.64				565
	50m: 26.92 26.92	150m: 1:29.57 31.84	250m: 2:35.54 33.30	350m: 3:43.77 34.28					
	100m: 57.73 30.81	200m: 2:02.24 32.67	300m: 3:09.49 33.95	400m: 4:16.64 32.87					
44.	SMOLAREK Filip	10	Sekcja Pływacka Meduza Pajęczno		4:17.11				562
	50m: 28.97 28.97	150m: 1:33.45 32.52	250m: 2:39.51 33.13	350m: 3:45.98 33.22					
	100m: 1:00.93 31.96	200m: 2:06.38 32.93	300m: 3:12.76 33.25	400m: 4:17.11 31.13					
45.	KOPERSKI Borys	11	UKS Fala Nieporęt		4:17.60				559
	50m: 27.88 27.88	150m: 1:32.38 32.72	250m: 2:38.21 33.26	350m: 3:45.79 34.06					
	100m: 59.66 31.78	200m: 2:04.95 32.57	300m: 3:11.73 33.52	400m: 4:17.60 31.81					
46.	WENTLAND Miłosz	07	MKS Trójka Łódź		4:17.98				556
	50m: 28.39 28.39	150m: 1:30.93 32.07	250m: 2:36.95 33.38	350m: 3:44.49 34.01					
	100m: 58.86 30.47	200m: 2:03.57 32.64	300m: 3:10.48 33.53	400m: 4:17.98 33.49					
47.	RŹYSKI Michał	06	SWIMLAND Olsztyn		4:18.30				554
	50m: 28.68 28.68	150m: 1:32.50 32.27	250m: 2:38.31 33.23	350m: 3:44.84 33.65					
	100m: 1:00.23 31.55	200m: 2:05.08 32.58	300m: 3:11.19 32.88	400m: 4:18.30 33.46					
48.	GONERA Miłosz	08	UKS Shark Rudna		4:18.91				550
	50m: 28.97 28.97	150m: 1:34.20 33.30	250m: 2:40.95 33.65	350m: 3:46.42 32.63					
	100m: 1:00.90 31.93	200m: 2:07.30 33.10	300m: 3:13.79 32.84	400m: 4:18.91 32.49					
49.	WÓJCIAK Oliwier	07	UKS "V" Łomianki		4:19.09				549
	50m: 26.48 26.48	150m: 1:27.94 31.15	250m: 2:32.35 32.64	350m: 3:41.35 34.89					
	100m: 56.79 30.31	200m: 1:59.71 31.77	300m: 3:06.46 34.11	400m: 4:19.09 37.74					
50.	GRZYBOWSKI Jan	10	UKS SP-149 Łódź		4:19.10				549
	50m: 28.20 28.20	150m: 1:31.57 32.33	250m: 2:37.97 33.34	350m: 3:45.94 33.86					
	100m: 59.24 31.04	200m: 2:04.63 33.06	300m: 3:12.08 34.11	400m: 4:19.10 33.16					
51.	POTRZEBOWSKI Franciszek	09	UKP „Polonia Warszawa”		4:19.23				548
	50m: 31.39 31.39	150m: 1:38.55 34.01	250m: 2:44.09 32.03	350m: 3:48.06 31.87					
	100m: 1:04.54 33.15	200m: 2:12.06 33.51	300m: 3:16.19 32.10	400m: 4:19.23 31.17					



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Pozycja			Rok ur.					Czas	Pkt.
52.	JAGIEŁŁO Aleksander		10	MKS Trójka Łódź				4:20.48	541
	50m: 29.85	29.85	150m: 1:36.48	33.97	250m: 2:44.11	33.73	350m: 3:49.53	32.34	
	100m: 1:02.51	32.66	200m: 2:10.38	33.90	300m: 3:17.19	33.08	400m: 4:20.48	30.95	
53.	ŁUKASZEWICZ Michał		11	UKP „Polonia Warszawa”				4:20.56	540
	50m: 29.87	29.87	150m: 1:34.72	32.86	250m: 2:40.96	32.76	350m: 3:47.45	33.09	
	100m: 1:01.86	31.99	200m: 2:08.20	33.48	300m: 3:14.36	33.40	400m: 4:20.56	33.11	
54.	BIEŃCZYK Krzysztof		09	Mokotowski UKP Warszawianka- Wodny				4:21.04	537
	50m: 29.82	29.82	150m: 1:38.49	35.14	250m: 2:46.51	33.37	350m: 3:51.18	32.15	
	100m: 1:03.35	33.53	200m: 2:13.14	34.65	300m: 3:19.03	32.52	400m: 4:21.04	29.86	
55.	DEREDAS Stanisław		11	UKS 190 Łódź				4:21.43	535
	50m: 29.41	29.41	150m: 1:34.81	33.28	250m: 2:42.25	33.88	350m: 3:49.15	33.34	
	100m: 1:01.53	32.12	200m: 2:08.37	33.56	300m: 3:15.81	33.56	400m: 4:21.43	32.28	
56.	SKROBISZ Michał		07	UKS 190 Łódź				4:22.24	530
	50m: 30.17	30.17	150m: 1:35.51	32.89	250m: 2:42.23	33.49	350m: 3:49.87	33.60	
	100m: 1:02.62	32.45	200m: 2:08.74	33.23	300m: 3:16.27	34.04	400m: 4:22.24	32.37	
57.	KOCIOŁEK Leon		09	UKS NIKA Sport Team Kraków				4:22.34	529
	50m: 29.48	29.48	150m: 1:35.00	33.06	250m: 2:42.97	33.83	350m: 3:49.65	32.85	
	100m: 1:01.94	32.46	200m: 2:09.14	34.14	300m: 3:16.80	33.83	400m: 4:22.34	32.69	
58.	MADEY Konrad		06	Mokotowski UKP Warszawianka- Wodny				4:22.69	527
	50m: 28.74	28.74	150m: 1:35.35	33.87	250m: 2:43.40	33.52	350m: 3:50.40	33.62	
	100m: 1:01.48	32.74	200m: 2:09.88	34.53	300m: 3:16.78	33.38	400m: 4:22.69	32.29	
59.	ZASADA Szymon		10	Sekcja Pływacka Meduza Pajęczno				4:23.00	525
	50m: 29.81	29.81	150m: 1:35.98	33.20	250m: 2:42.94	33.15	350m: 3:49.78	33.20	
	100m: 1:02.78	32.97	200m: 2:09.79	33.81	300m: 3:16.58	33.64	400m: 4:23.00	33.22	
60.	CIENIEK Kacper		10	KS AGH Kraków				4:23.44	522
	50m: 29.61	29.61	150m: 1:34.68	32.99	250m: 2:42.05	33.87	350m: 3:50.27	34.19	
	100m: 1:01.69	32.08	200m: 2:08.18	33.50	300m: 3:16.08	34.03	400m: 4:23.44	33.17	
61.	BINEK Bartosz		09	Kaliski KS „Włókniarz” 1925 Kalisz				4:23.97	519
	50m: 27.48	27.48	150m: 1:33.97	33.90	250m: 2:43.21	34.87	350m: 3:52.50	35.12	
	100m: 1:00.07	32.59	200m: 2:08.34	34.37	300m: 3:17.38	34.17	400m: 4:23.97	31.47	
62.	WALKOWSKI Bartosz		07	MKS Trójka Łódź				4:24.06	519
	50m: 28.75	28.75	150m: 1:33.65	32.89	250m: 2:41.07	33.85	350m: 3:50.20	34.27	
	100m: 1:00.76	32.01	200m: 2:07.22	33.57	300m: 3:15.93	34.86	400m: 4:24.06	33.86	
63.	KWIASOWSKI Jakub		07	Kaliski KS „Włókniarz” 1925 Kalisz				4:24.09	519
	50m: 30.49	30.49	150m: 1:37.16	33.59	250m: 2:45.43	33.89	350m: 3:52.66	33.03	
	100m: 1:03.57	33.08	200m: 2:11.54	34.38	300m: 3:19.63	34.20	400m: 4:24.09	31.43	
64.	RYBAK Jakub		08	MKS Park Wodny Tarnowskie Góry				4:24.61	516
	50m: 28.83	28.83	150m: 1:34.67	33.51	250m: 2:42.94	34.10	350m: 3:51.49	34.38	
	100m: 1:01.16	32.33	200m: 2:08.84	34.17	300m: 3:17.11	34.17	400m: 4:24.61	33.12	
65.	GORLACH Miłosz		11	Stowarzyszenie Solne Miasto Wieliczka				4:24.64	515
	50m: 29.51	29.51	150m: 1:36.03	33.61	250m: 2:44.32	34.08	350m: 3:52.41	34.07	
	100m: 1:02.42	32.91	200m: 2:10.24	34.21	300m: 3:18.34	34.02	400m: 4:24.64	32.23	
66.	FEDASZ Alan		08	UKP „Polonia Warszawa”				4:24.71	515
	50m: 29.07	29.07	150m: 1:34.70	33.17	250m: 2:42.37	33.73	350m: 3:50.75	34.34	
	100m: 1:01.53	32.46	200m: 2:08.64	33.94	300m: 3:16.41	34.04	400m: 4:24.71	33.96	
67.	MISZTAŁ Olaf		10	Ks Korona 1919				4:25.25	512
	50m: 29.54	29.54	150m: 1:36.13	33.70	250m: 2:44.32	34.04	350m: 3:52.50	34.12	
	100m: 1:02.43	32.89	200m: 2:10.28	34.15	300m: 3:18.38	34.06	400m: 4:25.25	32.75	
68.	JÓŹWIAK Marcel		10	KU AZS UMCS Lublin				4:25.37	511
	50m: 29.86	29.86	150m: 1:36.53	33.62	250m: 2:43.87	33.59	350m: 3:52.10	34.40	
	100m: 1:02.91	33.05	200m: 2:10.28	33.75	300m: 3:17.70	33.83	400m: 4:25.37	33.27	
69.	MIELCAREK Filip		09	TP Skalar, Słupsk				4:25.85	508
	50m: 29.19	29.19	150m: 1:35.36	33.82	250m: 2:44.09	34.58	350m: 3:52.76	34.45	
	100m: 1:01.54	32.35	200m: 2:09.51	34.15	300m: 3:18.31	34.22	400m: 4:25.85	33.09	



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2, Mężczyzn, 400m dowolny, OPEN

Pozycja	Rok ur.				Czas				Pkt.
70.	MENDAKIEWICZ Mikołaj	11	UKS 190 Łódź		4:26.40				505
	50m: 30.46 30.46	150m: 1:38.21	34.33	250m: 2:45.89	33.38	350m: 3:53.71	34.02		
	100m: 1:03.88 33.42	200m: 2:12.51	34.30	300m: 3:19.69	33.80	400m: 4:26.40	32.69		
71.	PISZCZOROWICZ Miłosz	10	Kaliski KS „Włókniarz” 1925 Kalisz		4:26.42				505
	50m: 28.27 28.27	150m: 1:34.62	33.96	250m: 2:43.42	34.14	350m: 3:53.04	35.08		
	100m: 1:00.66 32.39	200m: 2:09.28	34.66	300m: 3:17.96	34.54	400m: 4:26.42	33.38		
72.	NALEJ Maciej	09	St. Lok. SALOS Cortile Kielce		4:27.06				502
	50m: 29.59 29.59	150m: 1:36.10	33.48	250m: 2:44.41	34.61	350m: 3:53.43	34.73		
	100m: 1:02.62 33.03	200m: 2:09.80	33.70	300m: 3:18.70	34.29	400m: 4:27.06	33.63		
73.	CIOŁEK Dawid	09	UKP „Polonia Warszawa”		4:28.09				496
	50m: 29.47 29.47	150m: 1:35.60	33.37	250m: 2:44.35	34.64	350m: 3:53.94	34.71		
	100m: 1:02.23 32.76	200m: 2:09.71	34.11	300m: 3:19.23	34.88	400m: 4:28.09	34.15		
74.	GRABIŃSKI Tymon	10	UKS G-8 Bielany Warszawa		4:28.38				494
	50m: 28.61 28.61	150m: 1:34.95	33.83	250m: 2:45.03	35.29	350m: 3:55.46	35.11		
	100m: 1:01.12 32.51	200m: 2:09.74	34.79	300m: 3:20.35	35.32	400m: 4:28.38	32.92		
75.	NIEMCZURA Wiktor	08	UKP „Polonia Warszawa”		4:28.67				493
	50m: 30.78 30.78	150m: 1:39.18	34.59	250m: 2:47.98	34.14	350m: 3:56.63	34.54		
	100m: 1:04.59 33.81	200m: 2:13.84	34.66	300m: 3:22.09	34.11	400m: 4:28.67	32.04		
76.	MILEWSKI Jan	11	UKS „GIM 92 Ursynów”		4:28.73				492
	50m: 29.17 29.17	150m: 1:36.94	34.44	250m: 2:46.49	34.86	350m: 3:55.53	33.95		
	100m: 1:02.50 33.33	200m: 2:11.63	34.69	300m: 3:21.58	35.09	400m: 4:28.73	33.20		
77.	KRUPA Filip	11	UKP „Polonia Warszawa”		4:28.88				491
	50m: 29.61 29.61	150m: 1:38.16	34.44	250m: 2:47.41	34.64	350m: 3:56.05	34.17		
	100m: 1:03.72 34.11	200m: 2:12.77	34.61	300m: 3:21.88	34.47	400m: 4:28.88	32.83		
78.	BARTOSZEK Szymon	08	MKS Piaseczno		4:28.95				491
	50m: 28.62 28.62	150m: 1:34.23	33.34	250m: 2:43.08	34.84	350m: 3:54.82	36.34		
	100m: 1:00.89 32.27	200m: 2:08.24	34.01	300m: 3:18.48	35.40	400m: 4:28.95	34.13		
79.	SKORUPA Sławek	10	UKS Shark Rudna		4:29.04				491
	50m: 29.72 29.72	150m: 1:37.30	34.15	250m: 2:45.94	34.36	350m: 3:55.12	34.64		
	100m: 1:03.15 33.43	200m: 2:11.58	34.28	300m: 3:20.48	34.54	400m: 4:29.04	33.92		
80.	LIPKA Piotr	10	MKS Trójka Łódź		4:29.32				489
	50m: 32.74 32.74	150m: 1:41.80	34.58	250m: 2:50.78	34.40	350m: 3:58.05	32.90		
	100m: 1:07.22 34.48	200m: 2:16.38	34.58	300m: 3:25.15	34.37	400m: 4:29.32	31.27		
81.	RĘBIAŁKOWSKI Adam	11	MKS Trójka Łódź		4:29.48				488
	50m: 30.22 30.22	150m: 1:38.63	34.50	250m: 2:47.05	34.51	350m: 3:56.03	34.14		
	100m: 1:04.13 33.91	200m: 2:12.54	33.91	300m: 3:21.89	34.84	400m: 4:29.48	33.45		
82.	BEDYŃSKI Jakub	11	MKS „Jagiellonka” Warszawa		4:29.87				486
	50m: 29.90 29.90	150m: 1:37.85	34.54	250m: 2:47.76	35.16	350m: 3:56.69	34.07		
	100m: 1:03.31 33.41	200m: 2:12.60	34.75	300m: 3:22.62	34.86	400m: 4:29.87	33.18		
83.	SIEDZIUKIEWICZ-CHANAKA Bartosz	11	UKS Shark Rudna		4:30.05				485
	50m: 30.84 30.84	150m: 1:38.18	33.84	250m: 2:47.52	34.90	350m: 3:56.87	34.60		
	100m: 1:04.34 33.50	200m: 2:12.62	34.44	300m: 3:22.27	34.75	400m: 4:30.05	33.18		
84.	MAŁEK Kacper	08	Stowarzyszenie Solne Miasto Wieliczka		4:33.10				469
	50m: 30.29 30.29	150m: 1:39.95	35.07	250m: 2:49.64	34.17	350m: 3:59.82	35.55		
	100m: 1:04.88 34.59	200m: 2:15.47	35.52	300m: 3:24.27	34.63	400m: 4:33.10	33.28		
85.	ZAMECKI Aleksander	10	KU AZS UMCS Lublin		4:33.16				469
	50m: 30.01 30.01	150m: 1:37.87	34.17	250m: 2:47.75	35.27	350m: 3:58.81	35.74		
	100m: 1:03.70 33.69	200m: 2:12.48	34.61	300m: 3:23.07	35.32	400m: 4:33.16	34.35		
86.	BOCHEŃSKI Tomasz	08	Mokotowski UKP Warszawianka- Wodny		4:34.05				464
	50m: 30.31 30.31	150m: 1:38.80	34.71	250m: 2:47.67	33.81	350m: 3:58.68	35.88		
	100m: 1:04.09 33.78	200m: 2:13.86	35.06	300m: 3:22.80	35.13	400m: 4:34.05	35.37		
87.	DĄBROWSKI Jakub	10	MKS Park Wodny Tarnowskie Góry		4:35.13				459
	50m: 30.76 30.76	150m: 1:39.19	34.63	250m: 2:50.73	36.02	350m: 4:01.52	35.09		
	100m: 1:04.56 33.80	200m: 2:14.71	35.52	300m: 3:26.43	35.70	400m: 4:35.13	33.61		



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2, Mężczyzn, 400m dowolny, OPEN

Pozycja	Rok ur.				Czas				Pkt.
88.	LUBICKI Adam	11	MKS Jedyńka Łódź		4:35.82				455
	50m: 31.74 31.74	150m: 1:41.01 34.81	250m: 2:51.52 34.77	350m: 4:02.19 35.30					
	100m: 1:06.20 34.46	200m: 2:16.75 35.74	300m: 3:26.89 35.37	400m: 4:35.82 33.63					
89.	SZANTAR Wojciech	10	MKS Trójka Łódź		4:36.22				453
	50m: 30.85 30.85	150m: 1:40.34 35.04	250m: 2:51.40 35.39	350m: 4:03.22 35.91					
	100m: 1:05.30 34.45	200m: 2:16.01 35.67	300m: 3:27.31 35.91	400m: 4:36.22 33.00					
90.	KUSYK Franciszek	11	MKS „Jagiellonka” Warszawa		4:36.80				450
	50m: 30.52 30.52	150m: 1:39.03 34.57	250m: 2:49.25 35.21	350m: 4:01.61 36.53					
	100m: 1:04.46 33.94	200m: 2:14.04 35.01	300m: 3:25.08 35.83	400m: 4:36.80 35.19					
91.	LIDER Marcel	11	Kaliski KS „Włókniarz” 1925 Kalisz		4:37.57				447
	50m: 31.02 31.02	150m: 1:42.49 36.19	250m: 2:54.47 35.85	350m: 4:05.68 35.36					
	100m: 1:06.30 35.28	200m: 2:18.62 36.13	300m: 3:30.32 35.85	400m: 4:37.57 31.89					
92.	PIĄTKIEWICZ Piotr	07	MKS Trójka Łódź		4:37.87				445
	50m: 27.86 27.86	150m: 1:34.19 33.89	250m: 2:45.57 36.27	350m: 3:59.81 36.91					
	100m: 1:00.30 32.44	200m: 2:09.30 35.11	300m: 3:22.90 37.33	400m: 4:37.87 38.06					
93.	DOMINIK Hubert	11	Klub Sportowy "H2O Bochnia"		4:40.72				432
	50m: 30.88 30.88	150m: 1:41.37 35.74	250m: 2:54.13 36.38	350m: 4:05.83 35.65					
	100m: 1:05.63 34.75	200m: 2:17.75 36.38	300m: 3:30.18 36.05	400m: 4:40.72 34.89					
94.	HRYN CZYSZYN Antoni	11	UKS Shark Rudna		4:40.85				431
	50m: 28.96 28.96	150m: 1:37.46 35.25	250m: 2:51.18 37.41	350m: 4:05.62 36.83					
	100m: 1:02.21 33.25	200m: 2:13.77 36.31	300m: 3:28.79 37.61	400m: 4:40.85 35.23					
95.	BINIEK Aleksander	09	Kaliski KS „Włókniarz” 1925 Kalisz		4:41.60				428
	50m: 28.65 28.65	150m: 1:38.13 35.76	250m: 2:51.48 36.26	350m: 4:05.80 36.62					
	100m: 1:02.37 33.72	200m: 2:15.22 37.09	300m: 3:29.18 37.70	400m: 4:41.60 35.80					
96.	WALC Jan	11	MKS Park Wodny Tarnowskie Góry		4:44.10				416
	50m: 31.03 31.03	150m: 1:42.71 35.98	250m: 2:55.57 36.48	350m: 4:08.96 36.86					
	100m: 1:06.73 35.70	200m: 2:19.09 36.38	300m: 3:32.10 36.53	400m: 4:44.10 35.14					
97.	KOPEĆ Jakub	11	UKS 190 Łódź		4:45.57				410
	50m: 32.36 32.36	150m: 1:45.32 36.96	250m: 2:58.00 36.28	350m: 4:10.51 35.91					
	100m: 1:08.36 36.00	200m: 2:21.72 36.40	300m: 3:34.60 36.60	400m: 4:45.57 35.06					
98.	PIETRASZ Szymon	10	KU AZS UMCS Lublin		4:46.17				408
	50m: 31.62 31.62	150m: 1:43.71 36.61	250m: 2:58.49 37.52	350m: 4:11.73 36.43					
	100m: 1:07.10 35.48	200m: 2:20.97 37.26	300m: 3:35.30 36.81	400m: 4:46.17 34.44					
99.	BALKIEWICZ Kajetan	11	UKS Butterfly Łomża		4:52.26				383
	50m: 30.79 30.79	150m: 1:43.81 37.18	250m: 2:58.78 37.63	350m: 4:15.27 38.34					
	100m: 1:06.63 35.84	200m: 2:21.15 37.34	300m: 3:36.93 38.15	400m: 4:52.26 36.99					
100.	YAVORSKYI Luka	09	UKP „Polonia Warszawa"		4:53.44				378
	50m: 30.35 30.35	150m: 1:42.84 37.10	250m: 2:58.64 37.90	350m: 4:15.79 38.57					
	100m: 1:05.74 35.39	200m: 2:20.74 37.90	300m: 3:37.22 38.58	400m: 4:53.44 37.65					
101.	BOJANOWSKI Filip	11	UKP „Polonia Warszawa"		4:53.53				378
	50m: 31.99 31.99	150m: 1:44.41 36.70	250m: 3:00.25 38.02	350m: 4:16.45 38.01					
	100m: 1:07.71 35.72	200m: 2:22.23 37.82	300m: 3:38.44 38.19	400m: 4:53.53 37.08					
102.	DZIĘCIOŁOWSKI Kamil	11	MKS „Jagiellonka” Warszawa		4:54.00				376
	50m: 30.87 30.87	150m: 1:43.54 37.19	250m: 3:00.52 38.67	350m: 4:17.83 38.72					
	100m: 1:06.35 35.48	200m: 2:21.85 38.31	300m: 3:39.11 38.59	400m: 4:54.00 36.17					
103.	SUSABOWSKI Paweł	11	MKS Piaseczno		4:56.93				365
	50m: 32.41 32.41	150m: 1:45.63 36.88	250m: 3:01.75 38.24	350m: 4:19.55 38.87					
	100m: 1:08.75 36.34	200m: 2:23.51 37.88	300m: 3:40.68 38.93	400m: 4:56.93 37.38					
104.	IDZIKOWSKI Filip	10	AZS AWF Warszawa		4:59.73				355
	50m: 32.78 32.78	150m: 1:48.01 38.26	250m: 3:05.55 38.47	350m: 4:22.47 38.38					
	100m: 1:09.75 36.97	200m: 2:27.08 39.07	300m: 3:44.09 38.54	400m: 4:59.73 37.26					



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2, Mężczyzn, 400m dowolny

17 - 18 lat

1.	MAJOR Erik	07	MKS Park Wodny Tarnowskie Góry	3:54.54	741
	50m: 26.76 26.76	150m: 1:25.78	29.62 250m: 2:25.67 29.89	350m: 3:26.10 30.15	
	100m: 56.16 29.40	200m: 1:55.78	30.00 300m: 2:55.95 30.28	400m: 3:54.54 28.44	
2.	RADZIKOWSKI Szymon	08	WKS Śląsk	3:57.25	716
	50m: 26.21 26.21	150m: 1:25.04	29.74 250m: 2:25.43 30.24	350m: 3:27.08 31.04	
	100m: 55.30 29.09	200m: 1:55.19	30.15 300m: 2:56.04 30.61	400m: 3:57.25 30.17	
3.	SHYPIN Aliaksandr	07	UKS G-8 Bielany Warszawa	4:00.12	690
	50m: 26.85 26.85	150m: 1:28.76	31.45 250m: 2:30.92 30.96	350m: 3:32.16 29.99	
	100m: 57.31 30.46	200m: 1:59.96	31.20 300m: 3:02.17 31.25	400m: 4:00.12 27.96	
4.	JÓŹWIAK Tymoteusz	08	KU AZS UMCS Lublin	4:01.20	681
	50m: 27.24 27.24	150m: 1:27.60	30.27 250m: 2:28.86 30.97	350m: 3:30.10 30.27	
	100m: 57.33 30.09	200m: 1:57.89	30.29 300m: 2:59.83 30.97	400m: 4:01.20 31.10	
5.	DWORAKOWSKI Błażej	07	KS Delfin Gdynia	4:01.22	681
	50m: 27.73 27.73	150m: 1:28.46	30.69 250m: 2:30.47 30.88	350m: 3:32.05 30.59	
	100m: 57.77 30.04	200m: 1:59.59	31.13 300m: 3:01.46 30.99	400m: 4:01.22 29.17	
6.	HALKIEWICZ Maciej	08	UKS „Omega” Olkusz	4:01.47	679
	50m: 27.00 27.00	150m: 1:28.82	31.30 250m: 2:30.84 30.78	350m: 3:32.42 30.87	
	100m: 57.52 30.52	200m: 2:00.06	31.24 300m: 3:01.55 30.71	400m: 4:01.47 29.05	
7.	PONIEWAŻ Oliwier	07	KU AZS UMCS Lublin	4:01.90	675
	50m: 27.83 27.83	150m: 1:27.58	30.22 250m: 2:29.38 30.96	350m: 3:32.29 31.35	
	100m: 57.36 29.53	200m: 1:58.42	30.84 300m: 3:00.94 31.56	400m: 4:01.90 29.61	
8.	POLKOWSKI Piotr	08	UKP „Polonia Warszawa”	4:02.15	673
	50m: 26.93 26.93	150m: 1:28.72	30.84 250m: 2:30.85 30.96	350m: 3:32.36 30.43	
	100m: 57.88 30.95	200m: 1:59.89	31.17 300m: 3:01.93 31.08	400m: 4:02.15 29.79	
9.	KRAWCZYK Jakub	08	UKS „GIM 92 Ursynów”	4:02.59	669
	50m: 27.02 27.02	150m: 1:28.03	31.09 250m: 2:29.41 30.65	350m: 3:32.07 31.07	
	100m: 56.94 29.92	200m: 1:58.76	30.73 300m: 3:01.00 31.59	400m: 4:02.59 30.52	
10.	KRASKA Mateusz	07	KU AZS UMCS Lublin	4:05.40	647
	50m: 28.01 28.01	150m: 1:29.03	30.83 250m: 2:31.60 31.25	350m: 3:34.61 31.44	
	100m: 58.20 30.19	200m: 2:00.35	31.32 300m: 3:03.17 31.57	400m: 4:05.40 30.79	
11.	SZYMCZYK Michał	08	UKS GOS Raszyn	4:06.87	635
	50m: 26.62 26.62	150m: 1:29.14	30.99 250m: 2:32.69 31.64	350m: 3:36.32 31.72	
	100m: 58.15 31.53	200m: 2:01.05	31.91 300m: 3:04.60 31.91	400m: 4:06.87 30.55	
12.	SZMYTKE Bartosz	07	UKS G-8 Bielany Warszawa	4:06.94	634
	50m: 27.23 27.23	150m: 1:30.15	31.72 250m: 2:33.19 31.25	350m: 3:36.17 31.40	
	100m: 58.43 31.20	200m: 2:01.94	31.79 300m: 3:04.77 31.58	400m: 4:06.94 30.77	
13.	BORUSZEWSKI Filip	07	UKS SP-149 Łódź	4:08.95	619
	50m: 28.93 28.93	150m: 1:32.21	31.87 250m: 2:35.18 31.58	350m: 3:38.61 31.68	
	100m: 1:00.34 31.41	200m: 2:03.60	31.39 300m: 3:06.93 31.75	400m: 4:08.95 30.34	
14.	KOZAKIEWICZ Aleksander	07	Mokotowski UKP Warszawianka- Wodny	4:11.59	600
	50m: 27.59 27.59	150m: 1:30.72	32.00 250m: 2:36.14 32.77	350m: 3:40.67 31.67	
	100m: 58.72 31.13	200m: 2:03.37	32.65 300m: 3:09.00 32.86	400m: 4:11.59 30.92	
15.	PAWLAK Dawid	08	UKS 190 Łódź	4:11.81	598
	50m: 29.18 29.18	150m: 1:34.53	32.01 250m: 2:37.91 31.24	350m: 3:41.44 31.33	
	100m: 1:02.52 33.34	200m: 2:06.67	32.14 300m: 3:10.11 32.20	400m: 4:11.81 30.37	
16.	ŁOJEWSKI Adam	07	MTP Kormoran Olsztyn	4:13.38	587
	50m: 28.46 28.46	150m: 1:31.35	31.81 250m: 2:36.17 32.71	350m: 3:41.57 32.84	
	100m: 59.54 31.08	200m: 2:03.46	32.11 300m: 3:08.73 32.56	400m: 4:13.38 31.81	
17.	PAKUŁA Patryk	08	UKS Shark Rudna	4:13.76	585
	50m: 28.07 28.07	150m: 1:30.54	31.59 250m: 2:34.73 32.27	350m: 3:41.38 33.62	
	100m: 58.95 30.88	200m: 2:02.46	31.92 300m: 3:07.76 33.03	400m: 4:13.76 32.38	
18.	WOJCIECHOWSKI Wiktor	07	UKS G-8 Bielany Warszawa	4:13.95	583
	50m: 28.47 28.47	150m: 1:32.12	32.14 250m: 2:37.39 32.97	350m: 3:43.22 32.83	
	100m: 59.98 31.51	200m: 2:04.42	32.30 300m: 3:10.39 33.00	400m: 4:13.95 30.73	



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2, Chłopców, 400m dowolny, 17 - 18 lat

Pozycja	Rok ur.				Czas				Pkt.
19.	JUCHNO Jeremi	08	IKS Konstancin		4:14.11				582
	50m: 27.75 27.75	150m: 1:30.37	31.59	250m: 2:34.80	32.07	350m: 3:40.61	33.42		
	100m: 58.78 31.03	200m: 2:02.73	32.36	300m: 3:07.19	32.39	400m: 4:14.11	33.50		
20.	OLEDZKI Daniel	08	UKP „Polonia Warszawa”		4:15.97				570
	50m: 27.89 27.89	150m: 1:30.92	31.95	250m: 2:36.14	32.99	350m: 3:43.76	34.36		
	100m: 58.97 31.08	200m: 2:03.15	32.23	300m: 3:09.40	33.26	400m: 4:15.97	32.21		
21.	GRZEGRZÓŁKA Jan	08	UKS G-8 Bielany Warszawa		4:16.64				565
	50m: 26.92 26.92	150m: 1:29.57	31.84	250m: 2:35.54	33.30	350m: 3:43.77	34.28		
	100m: 57.73 30.81	200m: 2:02.24	32.67	300m: 3:09.49	33.95	400m: 4:16.64	32.87		
22.	WENTLAND Miłosz	07	MKS Trójka Łódź		4:17.98				556
	50m: 28.39 28.39	150m: 1:30.93	32.07	250m: 2:36.95	33.38	350m: 3:44.49	34.01		
	100m: 58.86 30.47	200m: 2:03.57	32.64	300m: 3:10.48	33.53	400m: 4:17.98	33.49		
23.	GONERA Miłosz	08	UKS Shark Rudna		4:18.91				550
	50m: 28.97 28.97	150m: 1:34.20	33.30	250m: 2:40.95	33.65	350m: 3:46.42	32.63		
	100m: 1:00.90 31.93	200m: 2:07.30	33.10	300m: 3:13.79	32.84	400m: 4:18.91	32.49		
24.	WÓJCIAK Oliwier	07	UKS "V" Łomianki		4:19.09				549
	50m: 26.48 26.48	150m: 1:27.94	31.15	250m: 2:32.35	32.64	350m: 3:41.35	34.89		
	100m: 56.79 30.31	200m: 1:59.71	31.77	300m: 3:06.46	34.11	400m: 4:19.09	37.74		
25.	SKROBISZ Michał	07	UKS 190 Łódź		4:22.24				530
	50m: 30.17 30.17	150m: 1:35.51	32.89	250m: 2:42.23	33.49	350m: 3:49.87	33.60		
	100m: 1:02.62 32.45	200m: 2:08.74	33.23	300m: 3:16.27	34.04	400m: 4:22.24	32.37		
26.	WALKOWSKI Bartosz	07	MKS Trójka Łódź		4:24.06				519
	50m: 28.75 28.75	150m: 1:33.65	32.89	250m: 2:41.07	33.85	350m: 3:50.20	34.27		
	100m: 1:00.76 32.01	200m: 2:07.22	33.57	300m: 3:15.93	34.86	400m: 4:24.06	33.86		
27.	KWIASOWSKI Jakub	07	Kaliski KS „Włókniarz” 1925 Kalisz		4:24.09				519
	50m: 30.49 30.49	150m: 1:37.16	33.59	250m: 2:45.43	33.89	350m: 3:52.66	33.03		
	100m: 1:03.57 33.08	200m: 2:11.54	34.38	300m: 3:19.63	34.20	400m: 4:24.09	31.43		
28.	RYBAK Jakub	08	MKS Park Wodny Tarnowskie Góry		4:24.61				516
	50m: 28.83 28.83	150m: 1:34.67	33.51	250m: 2:42.94	34.10	350m: 3:51.49	34.38		
	100m: 1:01.16 32.33	200m: 2:08.84	34.17	300m: 3:17.11	34.17	400m: 4:24.61	33.12		
29.	FEDASZ Alan	08	UKP „Polonia Warszawa”		4:24.71				515
	50m: 29.07 29.07	150m: 1:34.70	33.17	250m: 2:42.37	33.73	350m: 3:50.75	34.34		
	100m: 1:01.53 32.46	200m: 2:08.64	33.94	300m: 3:16.41	34.04	400m: 4:24.71	33.96		
30.	NIEMCZURA Wiktor	08	UKP „Polonia Warszawa”		4:28.67				493
	50m: 30.78 30.78	150m: 1:39.18	34.59	250m: 2:47.98	34.14	350m: 3:56.63	34.54		
	100m: 1:04.59 33.81	200m: 2:13.84	34.66	300m: 3:22.09	34.11	400m: 4:28.67	32.04		
31.	BARTOSZEK Szymon	08	MKS Piaseczno		4:28.95				491
	50m: 28.62 28.62	150m: 1:34.23	33.34	250m: 2:43.08	34.84	350m: 3:54.82	36.34		
	100m: 1:00.89 32.27	200m: 2:08.24	34.01	300m: 3:18.48	35.40	400m: 4:28.95	34.13		
32.	MAŁEK Kacper	08	Stowarzyszenie Solne Miasto Wieliczka		4:33.10				469
	50m: 30.29 30.29	150m: 1:39.95	35.07	250m: 2:49.64	34.17	350m: 3:59.82	35.55		
	100m: 1:04.88 34.59	200m: 2:15.47	35.52	300m: 3:24.27	34.63	400m: 4:33.10	33.28		
33.	BOCHEŃSKI Tomasz	08	Mokotowski UKP Warszawianka- Wodny		4:34.05				464
	50m: 30.31 30.31	150m: 1:38.80	34.71	250m: 2:47.67	33.81	350m: 3:58.68	35.88		
	100m: 1:04.09 33.78	200m: 2:13.86	35.06	300m: 3:22.80	35.13	400m: 4:34.05	35.37		
34.	PIĄTKIEWICZ Piotr	07	MKS Trójka Łódź		4:37.87				445
	50m: 27.86 27.86	150m: 1:34.19	33.89	250m: 2:45.57	36.27	350m: 3:59.81	36.91		
	100m: 1:00.30 32.44	200m: 2:09.30	35.11	300m: 3:22.90	37.33	400m: 4:37.87	38.06		



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2, Mężczyzn, 400m dowolny

16 lat

1.	WIRASZKA Piotr	09	UKS „GIM 92 Ursynów”	4:00.40	688
	50m: 27.18 27.18	150m: 1:27.69 30.45	250m: 2:28.98 30.44	350m: 3:30.56 30.70	
	100m: 57.24 30.06	200m: 1:58.54 30.85	300m: 2:59.86 30.88	400m: 4:00.40 29.84	
2.	JANISZEWSKI Fabian	09	UKS 190 Łódź	4:03.76	660
	50m: 28.03 28.03	150m: 1:28.26 30.40	250m: 2:30.76 31.41	350m: 3:33.76 31.51	
	100m: 57.86 29.83	200m: 1:59.35 31.09	300m: 3:02.25 31.49	400m: 4:03.76 30.00	
3.	TARASIEWICZ Piotr	09	UKP „Polonia Warszawa”	4:10.09	611
	50m: 27.87 27.87	150m: 1:30.29 31.57	250m: 2:33.83 31.86	350m: 3:38.36 32.37	
	100m: 58.72 30.85	200m: 2:01.97 31.68	300m: 3:05.99 32.16	400m: 4:10.09 31.73	
4.	POTRZEBOWSKI Franciszek	09	UKP „Polonia Warszawa”	4:19.23	548
	50m: 31.39 31.39	150m: 1:38.55 34.01	250m: 2:44.09 32.03	350m: 3:48.06 31.87	
	100m: 1:04.54 33.15	200m: 2:12.06 33.51	300m: 3:16.19 32.10	400m: 4:19.23 31.17	
5.	BIEŃCZYK Krzysztof	09	Mokotowski UKP Warszawianka- Wodny	4:21.04	537
	50m: 29.82 29.82	150m: 1:38.49 35.14	250m: 2:46.51 33.37	350m: 3:51.18 32.15	
	100m: 1:03.35 33.53	200m: 2:13.14 34.65	300m: 3:19.03 32.52	400m: 4:21.04 29.86	
6.	KOCIOŁEK Leon	09	UKS NIKA Sport Team Kraków	4:22.34	529
	50m: 29.48 29.48	150m: 1:35.00 33.06	250m: 2:42.97 33.83	350m: 3:49.65 32.85	
	100m: 1:01.94 32.46	200m: 2:09.14 34.14	300m: 3:16.80 33.83	400m: 4:22.34 32.69	
7.	BINEK Bartosz	09	Kaliski KS „Włókniarz” 1925 Kalisz	4:23.97	519
	50m: 27.48 27.48	150m: 1:33.97 33.90	250m: 2:43.21 34.87	350m: 3:52.50 35.12	
	100m: 1:00.07 32.59	200m: 2:08.34 34.37	300m: 3:17.38 34.17	400m: 4:23.97 31.47	
8.	MIELCAREK Filip	09	TP Skalar, Słupsk	4:25.85	508
	50m: 29.19 29.19	150m: 1:35.36 33.82	250m: 2:44.09 34.58	350m: 3:52.76 34.45	
	100m: 1:01.54 32.35	200m: 2:09.51 34.15	300m: 3:18.31 34.22	400m: 4:25.85 33.09	
9.	NALEJ Maciej	09	St. Lok. SALOS Cortile Kielce	4:27.06	502
	50m: 29.59 29.59	150m: 1:36.10 33.48	250m: 2:44.41 34.61	350m: 3:53.43 34.73	
	100m: 1:02.62 33.03	200m: 2:09.80 33.70	300m: 3:18.70 34.29	400m: 4:27.06 33.63	
10.	CIOŁEK Dawid	09	UKP „Polonia Warszawa”	4:28.09	496
	50m: 29.47 29.47	150m: 1:35.60 33.37	250m: 2:44.35 34.64	350m: 3:53.94 34.71	
	100m: 1:02.23 32.76	200m: 2:09.71 34.11	300m: 3:19.23 34.88	400m: 4:28.09 34.15	
11.	BINIEK Aleksander	09	Kaliski KS „Włókniarz” 1925 Kalisz	4:41.60	428
	50m: 28.65 28.65	150m: 1:38.13 35.76	250m: 2:51.48 36.26	350m: 4:05.80 36.62	
	100m: 1:02.37 33.72	200m: 2:15.22 37.09	300m: 3:29.18 37.70	400m: 4:41.60 35.80	
12.	YAVORSKYI Luka	09	UKP „Polonia Warszawa”	4:53.44	378
	50m: 30.35 30.35	150m: 1:42.84 37.10	250m: 2:58.64 37.90	350m: 4:15.79 38.57	
	100m: 1:05.74 35.39	200m: 2:20.74 37.90	300m: 3:37.22 38.58	400m: 4:53.44 37.65	

15 lat

1.	TRYDULSKI Wiktor	10	KU AZS UMCS Lublin	4:04.19	656
	50m: 27.71 27.71	150m: 1:29.63 31.22	250m: 2:32.19 31.00	350m: 3:33.91 30.49	
	100m: 58.41 30.70	200m: 2:01.19 31.56	300m: 3:03.42 31.23	400m: 4:04.19 30.28	
2.	PRYZYNICZ Olaf	10	UKS G-8 Bielany Warszawa	4:09.60	614
	50m: 27.54 27.54	150m: 1:29.55 31.03	250m: 2:33.21 31.84	350m: 3:37.36 32.43	
	100m: 58.52 30.98	200m: 2:01.37 31.82	300m: 3:04.93 31.72	400m: 4:09.60 32.24	
3.	CIESIELSKI Konrad	10	MKS Trójka Łódź	4:14.01	583
	50m: 28.61 28.61	150m: 1:31.82 31.93	250m: 2:37.65 32.97	350m: 3:43.05 32.41	
	100m: 59.89 31.28	200m: 2:04.68 32.86	300m: 3:10.64 32.99	400m: 4:14.01 30.96	
4.	PORADA Antoni	10	UKS SP-149 Łódź	4:15.46	573
	50m: 30.23 30.23	150m: 1:34.27 32.15	250m: 2:39.18 32.55	350m: 3:44.22 32.44	
	100m: 1:02.12 31.89	200m: 2:06.63 32.36	300m: 3:11.78 32.60	400m: 4:15.46 31.24	
5.	SMOLAREK Filip	10	Sekcja Pływacka Meduza Pajęczno	4:17.11	562
	50m: 28.97 28.97	150m: 1:33.45 32.52	250m: 2:39.51 33.13	350m: 3:45.98 33.22	
	100m: 1:00.93 31.96	200m: 2:06.38 32.93	300m: 3:12.76 33.25	400m: 4:17.11 31.13	



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2, Chłopców, 400m dowolny, 15 lat

Pozycja	Rok ur.								Czas	Pkt.		
6.	GRZYBOWSKI Jan			10	UKS SP-149 Łódź					4:19.10	549	
	50m:	28.20	28.20	150m:	1:31.57	32.33	250m:	2:37.97	33.34	350m:	3:45.94	33.86
	100m:	59.24	31.04	200m:	2:04.63	33.06	300m:	3:12.08	34.11	400m:	4:19.10	33.16
7.	JAGIEŁŁO Aleksander			10	MKS Trójka Łódź					4:20.48	541	
	50m:	29.85	29.85	150m:	1:36.48	33.97	250m:	2:44.11	33.73	350m:	3:49.53	32.34
	100m:	1:02.51	32.66	200m:	2:10.38	33.90	300m:	3:17.19	33.08	400m:	4:20.48	30.95
8.	ZASADA Szymon			10	Sekcja Pływacka Meduza Pajęczno					4:23.00	525	
	50m:	29.81	29.81	150m:	1:35.98	33.20	250m:	2:42.94	33.15	350m:	3:49.78	33.20
	100m:	1:02.78	32.97	200m:	2:09.79	33.81	300m:	3:16.58	33.64	400m:	4:23.00	33.22
9.	CIENIEK Kacper			10	KS AGH Kraków					4:23.44	522	
	50m:	29.61	29.61	150m:	1:34.68	32.99	250m:	2:42.05	33.87	350m:	3:50.27	34.19
	100m:	1:01.69	32.08	200m:	2:08.18	33.50	300m:	3:16.08	34.03	400m:	4:23.44	33.17
10.	MISZTAŁ Olaf			10	Ks Korona 1919					4:25.25	512	
	50m:	29.54	29.54	150m:	1:36.13	33.70	250m:	2:44.32	34.04	350m:	3:52.50	34.12
	100m:	1:02.43	32.89	200m:	2:10.28	34.15	300m:	3:18.38	34.06	400m:	4:25.25	32.75
11.	JÓŹWIAK Marcel			10	KU AZS UMCS Lublin					4:25.37	511	
	50m:	29.86	29.86	150m:	1:36.53	33.62	250m:	2:43.87	33.59	350m:	3:52.10	34.40
	100m:	1:02.91	33.05	200m:	2:10.28	33.75	300m:	3:17.70	33.83	400m:	4:25.37	33.27
12.	PISZCZOROWICZ Miłosz			10	Kaliski KS „Włókniarz” 1925 Kalisz					4:26.42	505	
	50m:	28.27	28.27	150m:	1:34.62	33.96	250m:	2:43.42	34.14	350m:	3:53.04	35.08
	100m:	1:00.66	32.39	200m:	2:09.28	34.66	300m:	3:17.96	34.54	400m:	4:26.42	33.38
13.	GRABIŃSKI Tymon			10	UKS G-8 Bielany Warszawa					4:28.38	494	
	50m:	28.61	28.61	150m:	1:34.95	33.83	250m:	2:45.03	35.29	350m:	3:55.46	35.11
	100m:	1:01.12	32.51	200m:	2:09.74	34.79	300m:	3:20.35	35.32	400m:	4:28.38	32.92
14.	SKORUPA Sławek			10	UKS Shark Rudna					4:29.04	491	
	50m:	29.72	29.72	150m:	1:37.30	34.15	250m:	2:45.94	34.36	350m:	3:55.12	34.64
	100m:	1:03.15	33.43	200m:	2:11.58	34.28	300m:	3:20.48	34.54	400m:	4:29.04	33.92
15.	LIPKA Piotr			10	MKS Trójka Łódź					4:29.32	489	
	50m:	32.74	32.74	150m:	1:41.80	34.58	250m:	2:50.78	34.40	350m:	3:58.05	32.90
	100m:	1:07.22	34.48	200m:	2:16.38	34.58	300m:	3:25.15	34.37	400m:	4:29.32	31.27
16.	ZAMECKI Aleksander			10	KU AZS UMCS Lublin					4:33.16	469	
	50m:	30.01	30.01	150m:	1:37.87	34.17	250m:	2:47.75	35.27	350m:	3:58.81	35.74
	100m:	1:03.70	33.69	200m:	2:12.48	34.61	300m:	3:23.07	35.32	400m:	4:33.16	34.35
17.	DĄBROWSKI Jakub			10	MKS Park Wodny Tarnowskie Góry					4:35.13	459	
	50m:	30.76	30.76	150m:	1:39.19	34.63	250m:	2:50.73	36.02	350m:	4:01.52	35.09
	100m:	1:04.56	33.80	200m:	2:14.71	35.52	300m:	3:26.43	35.70	400m:	4:35.13	33.61
18.	SZANTAR Wojciech			10	MKS Trójka Łódź					4:36.22	453	
	50m:	30.85	30.85	150m:	1:40.34	35.04	250m:	2:51.40	35.39	350m:	4:03.22	35.91
	100m:	1:05.30	34.45	200m:	2:16.01	35.67	300m:	3:27.31	35.91	400m:	4:36.22	33.00
19.	PIETRASZ Szymon			10	KU AZS UMCS Lublin					4:46.17	408	
	50m:	31.62	31.62	150m:	1:43.71	36.61	250m:	2:58.49	37.52	350m:	4:11.73	36.43
	100m:	1:07.10	35.48	200m:	2:20.97	37.26	300m:	3:35.30	36.81	400m:	4:46.17	34.44
20.	IDZIKOWSKI Filip			10	AZS AWF Warszawa					4:59.73	355	
	50m:	32.78	32.78	150m:	1:48.01	38.26	250m:	3:05.55	38.47	350m:	4:22.47	38.38
	100m:	1:09.75	36.97	200m:	2:27.08	39.07	300m:	3:44.09	38.54	400m:	4:59.73	37.26

14 lat

1.	KACZMAREK Mikołaj				11	UKS „GIM 92 Ursynów"				4:04.47	654	
	50m:	28.29	28.29	150m:	1:30.90	31.66	250m:	2:33.80	31.30	350m:	3:35.57	30.78
	100m:	59.24	30.95	200m:	2:02.50	31.60	300m:	3:04.79	30.99	400m:	4:04.47	28.90
2.	SKŁODOWSKI Jan				11	MKS Jedynka Łódź				4:16.62	565	
	50m:	28.48	28.48	150m:	1:33.41	32.83	250m:	2:38.91	32.45	350m:	3:44.95	32.72
	100m:	1:00.58	32.10	200m:	2:06.46	33.05	300m:	3:12.23	33.32	400m:	4:16.62	31.67



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2, Chłopców, 400m dowolny, 14 lat

Pozycja	Rok ur.				Czas				Pkt.
3.	KOPERSKI Borys	11	UKS Fala Nieporęt		4:17.60				559
	50m: 27.88 27.88	150m: 1:32.38 32.72	250m: 2:38.21 33.26	350m: 3:45.79 34.06					
	100m: 59.66 31.78	200m: 2:04.95 32.57	300m: 3:11.73 33.52	400m: 4:17.60 31.81					
4.	ŁUKASZEWICZ Michał	11	UKP „Polonia Warszawa”		4:20.56				540
	50m: 29.87 29.87	150m: 1:34.72 32.86	250m: 2:40.96 32.76	350m: 3:47.45 33.09					
	100m: 1:01.86 31.99	200m: 2:08.20 33.48	300m: 3:14.36 33.40	400m: 4:20.56 33.11					
5.	DEREDAS Stanisław	11	UKS 190 Łódź		4:21.43				535
	50m: 29.41 29.41	150m: 1:34.81 33.28	250m: 2:42.25 33.88	350m: 3:49.15 33.34					
	100m: 1:01.53 32.12	200m: 2:08.37 33.56	300m: 3:15.81 33.56	400m: 4:21.43 32.28					
6.	GORLACH Miłosz	11	Stowarzyszenie Solne Miasto Wieliczka		4:24.64				515
	50m: 29.51 29.51	150m: 1:36.03 33.61	250m: 2:44.32 34.08	350m: 3:52.41 34.07					
	100m: 1:02.42 32.91	200m: 2:10.24 34.21	300m: 3:18.34 34.02	400m: 4:24.64 32.23					
7.	MENDAKIEWICZ Mikołaj	11	UKS 190 Łódź		4:26.40				505
	50m: 30.46 30.46	150m: 1:38.21 34.33	250m: 2:45.89 33.38	350m: 3:53.71 34.02					
	100m: 1:03.88 33.42	200m: 2:12.51 34.30	300m: 3:19.69 33.80	400m: 4:26.40 32.69					
8.	MILEWSKI Jan	11	UKS „GIM 92 Ursynów”		4:28.73				492
	50m: 29.17 29.17	150m: 1:36.94 34.44	250m: 2:46.49 34.86	350m: 3:55.53 33.95					
	100m: 1:02.50 33.33	200m: 2:11.63 34.69	300m: 3:21.58 35.09	400m: 4:28.73 33.20					
9.	KRUPA Filip	11	UKP „Polonia Warszawa”		4:28.88				491
	50m: 29.61 29.61	150m: 1:38.16 34.44	250m: 2:47.41 34.64	350m: 3:56.05 34.17					
	100m: 1:03.72 34.11	200m: 2:12.77 34.61	300m: 3:21.88 34.47	400m: 4:28.88 32.83					
10.	REBIAŁKOWSKI Adam	11	MKS Trójka Łódź		4:29.48				488
	50m: 30.22 30.22	150m: 1:38.63 34.50	250m: 2:47.05 34.51	350m: 3:56.03 34.14					
	100m: 1:04.13 33.91	200m: 2:12.54 33.91	300m: 3:21.89 34.84	400m: 4:29.48 33.45					
11.	BEDYŃSKI Jakub	11	MKS „Jagiellonka” Warszawa		4:29.87				486
	50m: 29.90 29.90	150m: 1:37.85 34.54	250m: 2:47.76 35.16	350m: 3:56.69 34.07					
	100m: 1:03.31 33.41	200m: 2:12.60 34.75	300m: 3:22.62 34.86	400m: 4:29.87 33.18					
12.	SIEDZIUKIEWICZ-CHANAKA Bartosz	11	UKS Shark Rudna		4:30.05				485
	50m: 30.84 30.84	150m: 1:38.18 33.84	250m: 2:47.52 34.90	350m: 3:56.87 34.60					
	100m: 1:04.34 33.50	200m: 2:12.62 34.44	300m: 3:22.27 34.75	400m: 4:30.05 33.18					
13.	LUBICKI Adam	11	MKS Jedynka Łódź		4:35.82				455
	50m: 31.74 31.74	150m: 1:41.01 34.81	250m: 2:51.52 34.77	350m: 4:02.19 35.30					
	100m: 1:06.20 34.46	200m: 2:16.75 35.74	300m: 3:26.89 35.37	400m: 4:35.82 33.63					
14.	KUSYK Franciszek	11	MKS „Jagiellonka” Warszawa		4:36.80				450
	50m: 30.52 30.52	150m: 1:39.03 34.57	250m: 2:49.25 35.21	350m: 4:01.61 36.53					
	100m: 1:04.46 33.94	200m: 2:14.04 35.01	300m: 3:25.08 35.83	400m: 4:36.80 35.19					
15.	LIDER Marcel	11	Kaliski KS „Włókniarz” 1925 Kalisz		4:37.57				447
	50m: 31.02 31.02	150m: 1:42.49 36.19	250m: 2:54.47 35.85	350m: 4:05.68 35.36					
	100m: 1:06.30 35.28	200m: 2:18.62 36.13	300m: 3:30.32 35.85	400m: 4:37.57 31.89					
16.	DOMINIK Hubert	11	Klub Sportowy "H2O Bochnia"		4:40.72				432
	50m: 30.88 30.88	150m: 1:41.37 35.74	250m: 2:54.13 36.38	350m: 4:05.83 35.65					
	100m: 1:05.63 34.75	200m: 2:17.75 36.38	300m: 3:30.18 36.05	400m: 4:40.72 34.89					
17.	HRYN CZYSZYN Antoni	11	UKS Shark Rudna		4:40.85				431
	50m: 28.96 28.96	150m: 1:37.46 35.25	250m: 2:51.18 37.41	350m: 4:05.62 36.83					
	100m: 1:02.21 33.25	200m: 2:13.77 36.31	300m: 3:28.79 37.61	400m: 4:40.85 35.23					
18.	WALC Jan	11	MKS Park Wodny Tarnowskie Góry		4:44.10				416
	50m: 31.03 31.03	150m: 1:42.71 35.98	250m: 2:55.57 36.48	350m: 4:08.96 36.86					
	100m: 1:06.73 35.70	200m: 2:19.09 36.38	300m: 3:32.10 36.53	400m: 4:44.10 35.14					
19.	KOPEĆ Jakub	11	UKS 190 Łódź		4:45.57				410
	50m: 32.36 32.36	150m: 1:45.32 36.96	250m: 2:58.00 36.28	350m: 4:10.51 35.91					
	100m: 1:08.36 36.00	200m: 2:21.72 36.40	300m: 3:34.60 36.60	400m: 4:45.57 35.06					
20.	BALKIEWICZ Kajetan	11	UKS Butterfly Łomża		4:52.26				383
	50m: 30.79 30.79	150m: 1:43.81 37.18	250m: 2:58.78 37.63	350m: 4:15.27 38.34					
	100m: 1:06.63 35.84	200m: 2:21.15 37.34	300m: 3:36.93 38.15	400m: 4:52.26 36.99					



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Konkurencja 2, Chłopców, 400m dowolny, 14 lat

Pozycja	Rok ur.								Czas	Pkt.		
21.	BOJANOWSKI Filip			11	UKP „Polonia Warszawa"				4:53.53	378		
	50m:	31.99	31.99	150m:	1:44.41	36.70	250m:	3:00.25	38.02	350m:	4:16.45	38.01
	100m:	1:07.71	35.72	200m:	2:22.23	37.82	300m:	3:38.44	38.19	400m:	4:53.53	37.08
22.	DZIĘCIOŁOWSKI Kamil			11	MKS „Jagiellonka" Warszawa				4:54.00	376		
	50m:	30.87	30.87	150m:	1:43.54	37.19	250m:	3:00.52	38.67	350m:	4:17.83	38.72
	100m:	1:06.35	35.48	200m:	2:21.85	38.31	300m:	3:39.11	38.59	400m:	4:54.00	36.17
23.	SUSABOWSKI Paweł			11	MKS Piaseczno				4:56.93	365		
	50m:	32.41	32.41	150m:	1:45.63	36.88	250m:	3:01.75	38.24	350m:	4:19.55	38.87
	100m:	1:08.75	36.34	200m:	2:23.51	37.88	300m:	3:40.68	38.93	400m:	4:56.93	37.38