



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Event 2 Men, 400m Freestyle 14 years and older
18.10.2025 - 9:17 Results

Rekord Polski Open	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	2.12.2015
Rekord Polski 19 - 23	3:37.57	WOJDAK Wojciech	01006	Netanya (ISR)	2.12.2015
Rekord Polski 18	3:41.69	WOJDAK Wojciech	01006	Ostrowiec Sw	18.12.2014
Rekord Polski 17	3:44.45	CHMIELEWSKI Krzysztof	05614	Bydgoszcz	3.12.2021
Rekord Polski 16	3:44.32	FILIPIAK Mikołaj	04610	Gorzow	10.12.2022
Rekord Polski 15	3:50.76	MŁYNARCZYK Karol	05114	Lublin	17.12.2015
Rekord Polski 14	3:55.30	STAWICKI Mateusz	05214	Wroclaw	28.10.2023

Points: AQUA 2025

Rank	YB										Time	Pts
OPEN												
1.	KAPALA Bartosz				06	MTP Kormoran Olsztyn				3:48.68	799	
	50m:	26.93	26.93	150m:	1:24.44	28.83	250m:	2:22.45	29.12	350m:	3:20.68	29.15
	100m:	55.61	28.68	200m:	1:53.33	28.89	300m:	2:51.53	29.08	400m:	3:48.68	28.00
2.	JASKIEWICZ Adrian				02	Ku Azs Uw				3:54.28	743	
	50m:	26.09	26.09	150m:	1:25.55	30.14	250m:	2:25.93	30.30	350m:	3:26.35	30.14
	100m:	55.41	29.32	200m:	1:55.63	30.08	300m:	2:56.21	30.28	400m:	3:54.28	27.93
3.	MAJOR Erik				07	MKS Park Wodny Tarnowskie Gory				3:54.54	741	
	50m:	26.76	26.76	150m:	1:25.78	29.62	250m:	2:25.67	29.89	350m:	3:26.10	30.15
	100m:	56.16	29.40	200m:	1:55.78	30.00	300m:	2:55.95	30.28	400m:	3:54.54	28.44
4.	WARZOCHA Albert				01	KS Warta Poznan				3:54.81	738	
	50m:	27.07	27.07	150m:	1:26.68	29.91	250m:	2:25.95	29.43	350m:	3:25.88	30.26
	100m:	56.77	29.70	200m:	1:56.52	29.84	300m:	2:55.62	29.67	400m:	3:54.81	28.93
5.	RADZIKOWSKI Szymon				08	WKS Slask				3:57.25	716	
	50m:	26.21	26.21	150m:	1:25.04	29.74	250m:	2:25.43	30.24	350m:	3:27.08	31.04
	100m:	55.30	29.09	200m:	1:55.19	30.15	300m:	2:56.04	30.61	400m:	3:57.25	30.17
6.	RADKIEWICZ Kajetan				05	Ku Azs Uw				3:57.27	715	
	50m:	27.45	27.45	150m:	1:27.84	30.29	250m:	2:28.52	30.30	350m:	3:28.84	29.76
	100m:	57.55	30.10	200m:	1:58.22	30.38	300m:	2:59.08	30.56	400m:	3:57.27	28.43
7.	ZABOROWSKI Filip				94	MKP Szczecin				3:57.36	715	
	50m:	27.33	27.33	150m:	1:26.65	29.63	250m:	2:26.56	30.04	350m:	3:27.55	30.46
	100m:	57.02	29.69	200m:	1:56.52	29.87	300m:	2:57.09	30.53	400m:	3:57.36	29.81
8.	GRZEGORCZYK Wiktor				02	AZS AWF Warszawa				3:58.83	701	
	50m:	27.89	27.89	150m:	1:28.34	30.56	250m:	2:29.58	30.29	350m:	3:28.99	29.34
	100m:	57.78	29.89	200m:	1:59.29	30.95	300m:	2:59.65	30.07	400m:	3:58.83	29.84
9.	SHYPIN Aliksandr				07	UKS G-8 Bielany Warszawa				4:00.12	690	
	50m:	26.85	26.85	150m:	1:28.76	31.45	250m:	2:30.92	30.96	350m:	3:32.16	29.99
	100m:	57.31	30.46	200m:	1:59.96	31.20	300m:	3:02.17	31.25	400m:	4:00.12	27.96
10.	WIRASZKA Piotr				09	UKS „GIM 92 Ursynow"				4:00.40	688	
	50m:	27.18	27.18	150m:	1:27.69	30.45	250m:	2:28.98	30.44	350m:	3:30.56	30.70
	100m:	57.24	30.06	200m:	1:58.54	30.85	300m:	2:59.86	30.88	400m:	4:00.40	29.84
11.	JOZWIAK Tymoteusz				08	KU AZS UMCS Lublin				4:01.20	681	
	50m:	27.24	27.24	150m:	1:27.60	30.27	250m:	2:28.86	30.97	350m:	3:30.10	30.27
	100m:	57.33	30.09	200m:	1:57.89	30.29	300m:	2:59.83	30.97	400m:	4:01.20	31.10
12.	DWORAKOWSKI Blazej				07	KS Delfin Gdynia				4:01.22	681	
	50m:	27.73	27.73	150m:	1:28.46	30.69	250m:	2:30.47	30.88	350m:	3:32.05	30.59
	100m:	57.77	30.04	200m:	1:59.59	31.13	300m:	3:01.46	30.99	400m:	4:01.22	29.17
13.	HALKIEWICZ Maciej				08	UKS „Omega" Olkusz				4:01.47	679	
	50m:	27.00	27.00	150m:	1:28.82	31.30	250m:	2:30.84	30.78	350m:	3:32.42	30.87
	100m:	57.52	30.52	200m:	2:00.06	31.24	300m:	3:01.55	30.71	400m:	4:01.47	29.05
14.	PONIEWAZ Oliwier				07	KU AZS UMCS Lublin				4:01.90	675	
	50m:	27.83	27.83	150m:	1:27.58	30.22	250m:	2:29.38	30.96	350m:	3:32.29	31.35
	100m:	57.36	29.53	200m:	1:58.42	30.84	300m:	3:00.94	31.56	400m:	4:01.90	29.61
15.	POLKOWSKI Piotr				08	UKP „Polonia Warszawa"				4:02.15	673	
	50m:	26.93	26.93	150m:	1:28.72	30.84	250m:	2:30.85	30.96	350m:	3:32.36	30.43
	100m:	57.88	30.95	200m:	1:59.89	31.17	300m:	3:01.93	31.08	400m:	4:02.15	29.79



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Rank			YB						Time	Pts
16.	KRAWCZYK Jakub		08	UKS „GIM 92 Ursynow"					4:02.59	669
	50m: 27.02	27.02	150m: 1:28.03	31.09	250m: 2:29.41	30.65	350m: 3:32.07	31.07		
	100m: 56.94	29.92	200m: 1:58.76	30.73	300m: 3:01.00	31.59	400m: 4:02.59	30.52		
17.	JANISZEWSKI Fabian		09	UKS 190 Lodz					4:03.76	660
	50m: 28.03	28.03	150m: 1:28.26	30.40	250m: 2:30.76	31.41	350m: 3:33.76	31.51		
	100m: 57.86	29.83	200m: 1:59.35	31.09	300m: 3:02.25	31.49	400m: 4:03.76	30.00		
18.	NIESTUJ Piotr		02	St. Lok. SALOS Cortile Kielce					4:03.80	659
	50m: 27.90	27.90	150m: 1:30.03	31.06	250m: 2:32.08	30.83	350m: 3:33.87	30.65		
	100m: 58.97	31.07	200m: 2:01.25	31.22	300m: 3:03.22	31.14	400m: 4:03.80	29.93		
19.	HEBEL Maciej		05	AZS AWF Katowice					4:03.91	658
	50m: 27.16	27.16	150m: 1:28.12	30.76	250m: 2:30.51	31.15	350m: 3:33.02	31.49		
	100m: 57.36	30.20	200m: 1:59.36	31.24	300m: 3:01.53	31.02	400m: 4:03.91	30.89		
20.	TRYDULSKI Wiktor		10	KU AZS UMCS Lublin					4:04.19	656
	50m: 27.71	27.71	150m: 1:29.63	31.22	250m: 2:32.19	31.00	350m: 3:33.91	30.49		
	100m: 58.41	30.70	200m: 2:01.19	31.56	300m: 3:03.42	31.23	400m: 4:04.19	30.28		
21.	KACZMAREK Mikolaj		11	UKS „GIM 92 Ursynow"					4:04.47	654
	50m: 28.29	28.29	150m: 1:30.90	31.66	250m: 2:33.80	31.30	350m: 3:35.57	30.78		
	100m: 59.24	30.95	200m: 2:02.50	31.60	300m: 3:04.79	30.99	400m: 4:04.47	28.90		
22.	KRASKA Mateusz		07	KU AZS UMCS Lublin					4:05.40	647
	50m: 28.01	28.01	150m: 1:29.03	30.83	250m: 2:31.60	31.25	350m: 3:34.61	31.44		
	100m: 58.20	30.19	200m: 2:00.35	31.32	300m: 3:03.17	31.57	400m: 4:05.40	30.79		
23.	BURDA Pawel		05	AZS AWF Katowice					4:06.68	637
	50m: 27.99	27.99	150m: 1:28.46	30.59	250m: 2:31.33	31.66	350m: 3:35.26	32.00		
	100m: 57.87	29.88	200m: 1:59.67	31.21	300m: 3:03.26	31.93	400m: 4:06.68	31.42		
24.	SZYMCZYK Michal		08	UKS GOS Raszyn					4:06.87	635
	50m: 26.62	26.62	150m: 1:29.14	30.99	250m: 2:32.69	31.64	350m: 3:36.32	31.72		
	100m: 58.15	31.53	200m: 2:01.05	31.91	300m: 3:04.60	31.91	400m: 4:06.87	30.55		
25.	SZMYTKE Bartosz		07	UKS G-8 Bielany Warszawa					4:06.94	634
	50m: 27.23	27.23	150m: 1:30.15	31.72	250m: 2:33.19	31.25	350m: 3:36.17	31.40		
	100m: 58.43	31.20	200m: 2:01.94	31.79	300m: 3:04.77	31.58	400m: 4:06.94	30.77		
26.	SIENKIEWICZ Ignacy		05	AZS AWF Warszawa					4:08.74	621
	50m: 28.53	28.53	150m: 1:30.47	31.22	250m: 2:33.78	31.58	350m: 3:37.37	31.91		
	100m: 59.25	30.72	200m: 2:02.20	31.73	300m: 3:05.46	31.68	400m: 4:08.74	31.37		
27.	BORUSZEWSKI Filip		07	UKS SP-149 Lodz					4:08.95	619
	50m: 28.93	28.93	150m: 1:32.21	31.87	250m: 2:35.18	31.58	350m: 3:38.61	31.68		
	100m: 1:00.34	31.41	200m: 2:03.60	31.39	300m: 3:06.93	31.75	400m: 4:08.95	30.34		
28.	PRYCZYNICZ Olaf		10	UKS G-8 Bielany Warszawa					4:09.60	614
	50m: 27.54	27.54	150m: 1:29.55	31.03	250m: 2:33.21	31.84	350m: 3:37.36	32.43		
	100m: 58.52	30.98	200m: 2:01.37	31.82	300m: 3:04.93	31.72	400m: 4:09.60	32.24		
29.	TARASIEWICZ Piotr		09	UKP „Polonia Warszawa"					4:10.09	611
	50m: 27.87	27.87	150m: 1:30.29	31.57	250m: 2:33.83	31.86	350m: 3:38.36	32.37		
	100m: 58.72	30.85	200m: 2:01.97	31.68	300m: 3:05.99	32.16	400m: 4:10.09	31.73		
30.	HANF Szymon		03	KS AGH Krakow					4:10.93	605
	50m: 28.44	28.44	150m: 1:32.16	32.13	250m: 2:36.82	31.94	350m: 3:41.39	31.92		
	100m: 1:00.03	31.59	200m: 2:04.88	32.72	300m: 3:09.47	32.65	400m: 4:10.93	29.54		
31.	KOZAKIEWICZ Aleksander		07	Mokotowski UKP Warszawianka- Wodny					4:11.59	600
	50m: 27.59	27.59	150m: 1:30.72	32.00	250m: 2:36.14	32.77	350m: 3:40.67	31.67		
	100m: 58.72	31.13	200m: 2:03.37	32.65	300m: 3:09.00	32.86	400m: 4:11.59	30.92		
32.	PAWLAK Dawid		08	UKS 190 Lodz					4:11.81	598
	50m: 29.18	29.18	150m: 1:34.53	32.01	250m: 2:37.91	31.24	350m: 3:41.44	31.33		
	100m: 1:02.52	33.34	200m: 2:06.67	32.14	300m: 3:10.11	32.20	400m: 4:11.81	30.37		
33.	MAKOWSKI Dominik		03	KS Warta Poznan					4:11.98	597
	50m: 28.27	28.27	150m: 1:32.12	32.21	250m: 2:36.65	32.31	350m: 3:41.39	32.30		
	100m: 59.91	31.64	200m: 2:04.34	32.22	300m: 3:09.09	32.44	400m: 4:11.98	30.59		



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Rank	YB				Time				Pts
34.	KRYSTYNSKI Aleksander	04	KS AGH Krakow		4:12.58				593
	50m: 28.05	28.05	150m: 1:31.16	31.68	250m: 2:33.94	31.58	350m: 3:40.02	33.49	
	100m: 59.48	31.43	200m: 2:02.36	31.20	300m: 3:06.53	32.59	400m: 4:12.58	32.56	
35.	LOJEWSKI Adam	07	MTP Kormoran Olsztyn		4:13.38				587
	50m: 28.46	28.46	150m: 1:31.35	31.81	250m: 2:36.17	32.71	350m: 3:41.57	32.84	
	100m: 59.54	31.08	200m: 2:03.46	32.11	300m: 3:08.73	32.56	400m: 4:13.38	31.81	
36.	PAKULA Patryk	08	UKS Shark Rudna		4:13.76				585
	50m: 28.07	28.07	150m: 1:30.54	31.59	250m: 2:34.73	32.27	350m: 3:41.38	33.62	
	100m: 58.95	30.88	200m: 2:02.46	31.92	300m: 3:07.76	33.03	400m: 4:13.76	32.38	
37.	WOJCIECHOWSKI Wiktor	07	UKS G-8 Bielany Warszawa		4:13.95				583
	50m: 28.47	28.47	150m: 1:32.12	32.14	250m: 2:37.39	32.97	350m: 3:43.22	32.83	
	100m: 59.98	31.51	200m: 2:04.42	32.30	300m: 3:10.39	33.00	400m: 4:13.95	30.73	
38.	CIESIELSKI Konrad	10	MKS Trojka Lodz		4:14.01				583
	50m: 28.61	28.61	150m: 1:31.82	31.93	250m: 2:37.65	32.97	350m: 3:43.05	32.41	
	100m: 59.89	31.28	200m: 2:04.68	32.86	300m: 3:10.64	32.99	400m: 4:14.01	30.96	
39.	JUCHNO Jeremi	08	IKS Konstancin		4:14.11				582
	50m: 27.75	27.75	150m: 1:30.37	31.59	250m: 2:34.80	32.07	350m: 3:40.61	33.42	
	100m: 58.78	31.03	200m: 2:02.73	32.36	300m: 3:07.19	32.39	400m: 4:14.11	33.50	
40.	PORADA Antoni	10	UKS SP-149 Lodz		4:15.46				573
	50m: 30.23	30.23	150m: 1:34.27	32.15	250m: 2:39.18	32.55	350m: 3:44.22	32.44	
	100m: 1:02.12	31.89	200m: 2:06.63	32.36	300m: 3:11.78	32.60	400m: 4:15.46	31.24	
41.	OLEDZKI Daniel	08	UKP „Polonia Warszawa”		4:15.97				570
	50m: 27.89	27.89	150m: 1:30.92	31.95	250m: 2:36.14	32.99	350m: 3:43.76	34.36	
	100m: 58.97	31.08	200m: 2:03.15	32.23	300m: 3:09.40	33.26	400m: 4:15.97	32.21	
42.	SKLODOWSKI Jan	11	MKS Jedyńka Lodz		4:16.62				565
	50m: 28.48	28.48	150m: 1:33.41	32.83	250m: 2:38.91	32.45	350m: 3:44.95	32.72	
	100m: 1:00.58	32.10	200m: 2:06.46	33.05	300m: 3:12.23	33.32	400m: 4:16.62	31.67	
43.	GRZEGRZOLKA Jan	08	UKS G-8 Bielany Warszawa		4:16.64				565
	50m: 26.92	26.92	150m: 1:29.57	31.84	250m: 2:35.54	33.30	350m: 3:43.77	34.28	
	100m: 57.73	30.81	200m: 2:02.24	32.67	300m: 3:09.49	33.95	400m: 4:16.64	32.87	
44.	SMOLAREK Filip	10	Sekcja Plywacka Meduza Pajeczno		4:17.11				562
	50m: 28.97	28.97	150m: 1:33.45	32.52	250m: 2:39.51	33.13	350m: 3:45.98	33.22	
	100m: 1:00.93	31.96	200m: 2:06.38	32.93	300m: 3:12.76	33.25	400m: 4:17.11	31.13	
45.	KOPERSKI Borys	11	UKS Fala Nieporet		4:17.60				559
	50m: 27.88	27.88	150m: 1:32.38	32.72	250m: 2:38.21	33.26	350m: 3:45.79	34.06	
	100m: 59.66	31.78	200m: 2:04.95	32.57	300m: 3:11.73	33.52	400m: 4:17.60	31.81	
46.	WENTLAND Milosz	07	MKS Trojka Lodz		4:17.98				556
	50m: 28.39	28.39	150m: 1:30.93	32.07	250m: 2:36.95	33.38	350m: 3:44.49	34.01	
	100m: 58.86	30.47	200m: 2:03.57	32.64	300m: 3:10.48	33.53	400m: 4:17.98	33.49	
47.	RZYSKI Michal	06	SWIMLAND Olsztyn		4:18.30				554
	50m: 28.68	28.68	150m: 1:32.50	32.27	250m: 2:38.31	33.23	350m: 3:44.84	33.65	
	100m: 1:00.23	31.55	200m: 2:05.08	32.58	300m: 3:11.19	32.88	400m: 4:18.30	33.46	
48.	GONERA Milosz	08	UKS Shark Rudna		4:18.91				550
	50m: 28.97	28.97	150m: 1:34.20	33.30	250m: 2:40.95	33.65	350m: 3:46.42	32.63	
	100m: 1:00.90	31.93	200m: 2:07.30	33.10	300m: 3:13.79	32.84	400m: 4:18.91	32.49	
49.	WOJCIAK Oliwier	07	UKS "V" Lomianki		4:19.09				549
	50m: 26.48	26.48	150m: 1:27.94	31.15	250m: 2:32.35	32.64	350m: 3:41.35	34.89	
	100m: 56.79	30.31	200m: 1:59.71	31.77	300m: 3:06.46	34.11	400m: 4:19.09	37.74	
50.	GRZYBOWSKI Jan	10	UKS SP-149 Lodz		4:19.10				549
	50m: 28.20	28.20	150m: 1:31.57	32.33	250m: 2:37.97	33.34	350m: 3:45.94	33.86	
	100m: 59.24	31.04	200m: 2:04.63	33.06	300m: 3:12.08	34.11	400m: 4:19.10	33.16	
51.	POTRZEBOWSKI Franciszek	09	UKP „Polonia Warszawa”		4:19.23				548
	50m: 31.39	31.39	150m: 1:38.55	34.01	250m: 2:44.09	32.03	350m: 3:48.06	31.87	
	100m: 1:04.54	33.15	200m: 2:12.06	33.51	300m: 3:16.19	32.10	400m: 4:19.23	31.17	



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52.	JAGIELLO Aleksander		10	MKS Trojka Lodz					4:20.48	541
	50m: 29.85	29.85	150m: 1:36.48	33.97	250m: 2:44.11	33.73	350m: 3:49.53	32.34		
	100m: 1:02.51	32.66	200m: 2:10.38	33.90	300m: 3:17.19	33.08	400m: 4:20.48	30.95		
53.	LUKASZEWICZ Michal		11	UKP „Polonia Warszawa”					4:20.56	540
	50m: 29.87	29.87	150m: 1:34.72	32.86	250m: 2:40.96	32.76	350m: 3:47.45	33.09		
	100m: 1:01.86	31.99	200m: 2:08.20	33.48	300m: 3:14.36	33.40	400m: 4:20.56	33.11		
54.	BIENCZYK Krzysztof		09	Mokotowski UKP Warszawianka- Wodny					4:21.04	537
	50m: 29.82	29.82	150m: 1:38.49	35.14	250m: 2:46.51	33.37	350m: 3:51.18	32.15		
	100m: 1:03.35	33.53	200m: 2:13.14	34.65	300m: 3:19.03	32.52	400m: 4:21.04	29.86		
55.	DEREDAS Stanislaw		11	UKS 190 Lodz					4:21.43	535
	50m: 29.41	29.41	150m: 1:34.81	33.28	250m: 2:42.25	33.88	350m: 3:49.15	33.34		
	100m: 1:01.53	32.12	200m: 2:08.37	33.56	300m: 3:15.81	33.56	400m: 4:21.43	32.28		
56.	SKROBISZ Michal		07	UKS 190 Lodz					4:22.24	530
	50m: 30.17	30.17	150m: 1:35.51	32.89	250m: 2:42.23	33.49	350m: 3:49.87	33.60		
	100m: 1:02.62	32.45	200m: 2:08.74	33.23	300m: 3:16.27	34.04	400m: 4:22.24	32.37		
57.	KOCIOLEK Leon		09	UKS NIKA Sport Team Krakow					4:22.34	529
	50m: 29.48	29.48	150m: 1:35.00	33.06	250m: 2:42.97	33.83	350m: 3:49.65	32.85		
	100m: 1:01.94	32.46	200m: 2:09.14	34.14	300m: 3:16.80	33.83	400m: 4:22.34	32.69		
58.	MADEY Konrad		06	Mokotowski UKP Warszawianka- Wodny					4:22.69	527
	50m: 28.74	28.74	150m: 1:35.35	33.87	250m: 2:43.40	33.52	350m: 3:50.40	33.62		
	100m: 1:01.48	32.74	200m: 2:09.88	34.53	300m: 3:16.78	33.38	400m: 4:22.69	32.29		
59.	ZASADA Szymon		10	Sekcja Plywacka Meduza Pajeczno					4:23.00	525
	50m: 29.81	29.81	150m: 1:35.98	33.20	250m: 2:42.94	33.15	350m: 3:49.78	33.20		
	100m: 1:02.78	32.97	200m: 2:09.79	33.81	300m: 3:16.58	33.64	400m: 4:23.00	33.22		
60.	CIENIEK Kacper		10	KS AGH Krakow					4:23.44	522
	50m: 29.61	29.61	150m: 1:34.68	32.99	250m: 2:42.05	33.87	350m: 3:50.27	34.19		
	100m: 1:01.69	32.08	200m: 2:08.18	33.50	300m: 3:16.08	34.03	400m: 4:23.44	33.17		
61.	BINEK Bartosz		09	Kaliski KS „Wlokniarz” 1925 Kalisz					4:23.97	519
	50m: 27.48	27.48	150m: 1:33.97	33.90	250m: 2:43.21	34.87	350m: 3:52.50	35.12		
	100m: 1:00.07	32.59	200m: 2:08.34	34.37	300m: 3:17.38	34.17	400m: 4:23.97	31.47		
62.	WALKOWSKI Bartosz		07	MKS Trojka Lodz					4:24.06	519
	50m: 28.75	28.75	150m: 1:33.65	32.89	250m: 2:41.07	33.85	350m: 3:50.20	34.27		
	100m: 1:00.76	32.01	200m: 2:07.22	33.57	300m: 3:15.93	34.86	400m: 4:24.06	33.86		
63.	KWIASOWSKI Jakub		07	Kaliski KS „Wlokniarz” 1925 Kalisz					4:24.09	519
	50m: 30.49	30.49	150m: 1:37.16	33.59	250m: 2:45.43	33.89	350m: 3:52.66	33.03		
	100m: 1:03.57	33.08	200m: 2:11.54	34.38	300m: 3:19.63	34.20	400m: 4:24.09	31.43		
64.	RYBAK Jakub		08	MKS Park Wodny Tarnowskie Gory					4:24.61	516
	50m: 28.83	28.83	150m: 1:34.67	33.51	250m: 2:42.94	34.10	350m: 3:51.49	34.38		
	100m: 1:01.16	32.33	200m: 2:08.84	34.17	300m: 3:17.11	34.17	400m: 4:24.61	33.12		
65.	GORLACH Milosz		11	Stowarzyszenie Solne Miasto Wieliczka					4:24.64	515
	50m: 29.51	29.51	150m: 1:36.03	33.61	250m: 2:44.32	34.08	350m: 3:52.41	34.07		
	100m: 1:02.42	32.91	200m: 2:10.24	34.21	300m: 3:18.34	34.02	400m: 4:24.64	32.23		
66.	FEDASZ Alan		08	UKP „Polonia Warszawa”					4:24.71	515
	50m: 29.07	29.07	150m: 1:34.70	33.17	250m: 2:42.37	33.73	350m: 3:50.75	34.34		
	100m: 1:01.53	32.46	200m: 2:08.64	33.94	300m: 3:16.41	34.04	400m: 4:24.71	33.96		
67.	MISZTAL Olaf		10	Ks Korona 1919					4:25.25	512
	50m: 29.54	29.54	150m: 1:36.13	33.70	250m: 2:44.32	34.04	350m: 3:52.50	34.12		
	100m: 1:02.43	32.89	200m: 2:10.28	34.15	300m: 3:18.38	34.06	400m: 4:25.25	32.75		
68.	JOZWIAK Marcel		10	KU AZS UMCS Lublin					4:25.37	511
	50m: 29.86	29.86	150m: 1:36.53	33.62	250m: 2:43.87	33.59	350m: 3:52.10	34.40		
	100m: 1:02.91	33.05	200m: 2:10.28	33.75	300m: 3:17.70	33.83	400m: 4:25.37	33.27		
69.	MIELCAREK Filip		09	TP Skalar, Slupsk					4:25.85	508
	50m: 29.19	29.19	150m: 1:35.36	33.82	250m: 2:44.09	34.58	350m: 3:52.76	34.45		
	100m: 1:01.54	32.35	200m: 2:09.51	34.15	300m: 3:18.31	34.22	400m: 4:25.85	33.09		



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Rank	YB				Time				Pts
70.	MENDAKIEWICZ Mikołaj	11	UKS 190 Lodz		4:26.40				505
	50m: 30.46 30.46	150m: 1:38.21	34.33	250m: 2:45.89	33.38	350m: 3:53.71	34.02		
	100m: 1:03.88 33.42	200m: 2:12.51	34.30	300m: 3:19.69	33.80	400m: 4:26.40	32.69		
71.	PISZCZOROWICZ Miłosz	10	Kaliski KS „Włokniarz” 1925 Kalisz		4:26.42				505
	50m: 28.27 28.27	150m: 1:34.62	33.96	250m: 2:43.42	34.14	350m: 3:53.04	35.08		
	100m: 1:00.66 32.39	200m: 2:09.28	34.66	300m: 3:17.96	34.54	400m: 4:26.42	33.38		
72.	NALEJ Maciej	09	St. Lok. SALOS Cortile Kielce		4:27.06				502
	50m: 29.59 29.59	150m: 1:36.10	33.48	250m: 2:44.41	34.61	350m: 3:53.43	34.73		
	100m: 1:02.62 33.03	200m: 2:09.80	33.70	300m: 3:18.70	34.29	400m: 4:27.06	33.63		
73.	CIOLEK Dawid	09	UKP „Polonia Warszawa”		4:28.09				496
	50m: 29.47 29.47	150m: 1:35.60	33.37	250m: 2:44.35	34.64	350m: 3:53.94	34.71		
	100m: 1:02.23 32.76	200m: 2:09.71	34.11	300m: 3:19.23	34.88	400m: 4:28.09	34.15		
74.	GRABINSKI Tymon	10	UKS G-8 Bielany Warszawa		4:28.38				494
	50m: 28.61 28.61	150m: 1:34.95	33.83	250m: 2:45.03	35.29	350m: 3:55.46	35.11		
	100m: 1:01.12 32.51	200m: 2:09.74	34.79	300m: 3:20.35	35.32	400m: 4:28.38	32.92		
75.	NIEMCZURA Wiktor	08	UKP „Polonia Warszawa”		4:28.67				493
	50m: 30.78 30.78	150m: 1:39.18	34.59	250m: 2:47.98	34.14	350m: 3:56.63	34.54		
	100m: 1:04.59 33.81	200m: 2:13.84	34.66	300m: 3:22.09	34.11	400m: 4:28.67	32.04		
76.	MILEWSKI Jan	11	UKS „GIM 92 Ursynow”		4:28.73				492
	50m: 29.17 29.17	150m: 1:36.94	34.44	250m: 2:46.49	34.86	350m: 3:55.53	33.95		
	100m: 1:02.50 33.33	200m: 2:11.63	34.69	300m: 3:21.58	35.09	400m: 4:28.73	33.20		
77.	KRUPA Filip	11	UKP „Polonia Warszawa”		4:28.88				491
	50m: 29.61 29.61	150m: 1:38.16	34.44	250m: 2:47.41	34.64	350m: 3:56.05	34.17		
	100m: 1:03.72 34.11	200m: 2:12.77	34.61	300m: 3:21.88	34.47	400m: 4:28.88	32.83		
78.	BARTOSZEK Szymon	08	MKS Piaseczno		4:28.95				491
	50m: 28.62 28.62	150m: 1:34.23	33.34	250m: 2:43.08	34.84	350m: 3:54.82	36.34		
	100m: 1:00.89 32.27	200m: 2:08.24	34.01	300m: 3:18.48	35.40	400m: 4:28.95	34.13		
79.	SKORUPA Sławek	10	UKS Shark Rudna		4:29.04				491
	50m: 29.72 29.72	150m: 1:37.30	34.15	250m: 2:45.94	34.36	350m: 3:55.12	34.64		
	100m: 1:03.15 33.43	200m: 2:11.58	34.28	300m: 3:20.48	34.54	400m: 4:29.04	33.92		
80.	LIPKA Piotr	10	MKS Trojka Lodz		4:29.32				489
	50m: 32.74 32.74	150m: 1:41.80	34.58	250m: 2:50.78	34.40	350m: 3:58.05	32.90		
	100m: 1:07.22 34.48	200m: 2:16.38	34.58	300m: 3:25.15	34.37	400m: 4:29.32	31.27		
81.	REBIALKOWSKI Adam	11	MKS Trojka Lodz		4:29.48				488
	50m: 30.22 30.22	150m: 1:38.63	34.50	250m: 2:47.05	34.51	350m: 3:56.03	34.14		
	100m: 1:04.13 33.91	200m: 2:12.54	33.91	300m: 3:21.89	34.84	400m: 4:29.48	33.45		
82.	BEDYNSKI Jakub	11	MKS „Jagiellonka” Warszawa		4:29.87				486
	50m: 29.90 29.90	150m: 1:37.85	34.54	250m: 2:47.76	35.16	350m: 3:56.69	34.07		
	100m: 1:03.31 33.41	200m: 2:12.60	34.75	300m: 3:22.62	34.86	400m: 4:29.87	33.18		
83.	SIEDZIUKIEWICZ-CHANAKA Bartosz	11	UKS Shark Rudna		4:30.05				485
	50m: 30.84 30.84	150m: 1:38.18	33.84	250m: 2:47.52	34.90	350m: 3:56.87	34.60		
	100m: 1:04.34 33.50	200m: 2:12.62	34.44	300m: 3:22.27	34.75	400m: 4:30.05	33.18		
84.	MALEK Kacper	08	Stowarzyszenie Solne Miasto Wieliczka		4:33.10				469
	50m: 30.29 30.29	150m: 1:39.95	35.07	250m: 2:49.64	34.17	350m: 3:59.82	35.55		
	100m: 1:04.88 34.59	200m: 2:15.47	35.52	300m: 3:24.27	34.63	400m: 4:33.10	33.28		
85.	ZAMECKI Aleksander	10	KU AZS UMCS Lublin		4:33.16				469
	50m: 30.01 30.01	150m: 1:37.87	34.17	250m: 2:47.75	35.27	350m: 3:58.81	35.74		
	100m: 1:03.70 33.69	200m: 2:12.48	34.61	300m: 3:23.07	35.32	400m: 4:33.16	34.35		
86.	BOCHENSKI Tomasz	08	Mokotowski UKP Warszawianka- Wodny		4:34.05				464
	50m: 30.31 30.31	150m: 1:38.80	34.71	250m: 2:47.67	33.81	350m: 3:58.68	35.88		
	100m: 1:04.09 33.78	200m: 2:13.86	35.06	300m: 3:22.80	35.13	400m: 4:34.05	35.37		
87.	DABROWSKI Jakub	10	MKS Park Wodny Tarnowskie Gory		4:35.13				459
	50m: 30.76 30.76	150m: 1:39.19	34.63	250m: 2:50.73	36.02	350m: 4:01.52	35.09		
	100m: 1:04.56 33.80	200m: 2:14.71	35.52	300m: 3:26.43	35.70	400m: 4:35.13	33.61		



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Rank				YB					Time	Pts
88.	LUBICKI Adam			11	MKS Jedyńka Łódź				4:35.82	455
	50m: 31.74	31.74	150m: 1:41.01	34.81	250m: 2:51.52	34.77	350m: 4:02.19	35.30		
	100m: 1:06.20	34.46	200m: 2:16.75	35.74	300m: 3:26.89	35.37	400m: 4:35.82	33.63		
89.	SZANTAR Wojciech			10	MKS Trojka Łódź				4:36.22	453
	50m: 30.85	30.85	150m: 1:40.34	35.04	250m: 2:51.40	35.39	350m: 4:03.22	35.91		
	100m: 1:05.30	34.45	200m: 2:16.01	35.67	300m: 3:27.31	35.91	400m: 4:36.22	33.00		
90.	KUSYK Franciszek			11	MKS „Jagiellonka” Warszawa				4:36.80	450
	50m: 30.52	30.52	150m: 1:39.03	34.57	250m: 2:49.25	35.21	350m: 4:01.61	36.53		
	100m: 1:04.46	33.94	200m: 2:14.04	35.01	300m: 3:25.08	35.83	400m: 4:36.80	35.19		
91.	LIDER Marcel			11	Kaliski KS „Włokniarz” 1925 Kalisz				4:37.57	447
	50m: 31.02	31.02	150m: 1:42.49	36.19	250m: 2:54.47	35.85	350m: 4:05.68	35.36		
	100m: 1:06.30	35.28	200m: 2:18.62	36.13	300m: 3:30.32	35.85	400m: 4:37.57	31.89		
92.	PIATKIEWICZ Piotr			07	MKS Trojka Łódź				4:37.87	445
	50m: 27.86	27.86	150m: 1:34.19	33.89	250m: 2:45.57	36.27	350m: 3:59.81	36.91		
	100m: 1:00.30	32.44	200m: 2:09.30	35.11	300m: 3:22.90	37.33	400m: 4:37.87	38.06		
93.	DOMINIK Hubert			11	Klub Sportowy "H2O Bochnia"				4:40.72	432
	50m: 30.88	30.88	150m: 1:41.37	35.74	250m: 2:54.13	36.38	350m: 4:05.83	35.65		
	100m: 1:05.63	34.75	200m: 2:17.75	36.38	300m: 3:30.18	36.05	400m: 4:40.72	34.89		
94.	HRYN CZYSZYN Antoni			11	UKS Shark Rudna				4:40.85	431
	50m: 28.96	28.96	150m: 1:37.46	35.25	250m: 2:51.18	37.41	350m: 4:05.62	36.83		
	100m: 1:02.21	33.25	200m: 2:13.77	36.31	300m: 3:28.79	37.61	400m: 4:40.85	35.23		
95.	BINIEK Aleksander			09	Kaliski KS „Włokniarz” 1925 Kalisz				4:41.60	428
	50m: 28.65	28.65	150m: 1:38.13	35.76	250m: 2:51.48	36.26	350m: 4:05.80	36.62		
	100m: 1:02.37	33.72	200m: 2:15.22	37.09	300m: 3:29.18	37.70	400m: 4:41.60	35.80		
96.	WALC Jan			11	MKS Park Wodny Tarnowskie Góry				4:44.10	416
	50m: 31.03	31.03	150m: 1:42.71	35.98	250m: 2:55.57	36.48	350m: 4:08.96	36.86		
	100m: 1:06.73	35.70	200m: 2:19.09	36.38	300m: 3:32.10	36.53	400m: 4:44.10	35.14		
97.	KOPEC Jakub			11	UKS 190 Łódź				4:45.57	410
	50m: 32.36	32.36	150m: 1:45.32	36.96	250m: 2:58.00	36.28	350m: 4:10.51	35.91		
	100m: 1:08.36	36.00	200m: 2:21.72	36.40	300m: 3:34.60	36.60	400m: 4:45.57	35.06		
98.	PIETRAS Szymon			10	KU AZS UMCS Lublin				4:46.17	408
	50m: 31.62	31.62	150m: 1:43.71	36.61	250m: 2:58.49	37.52	350m: 4:11.73	36.43		
	100m: 1:07.10	35.48	200m: 2:20.97	37.26	300m: 3:35.30	36.81	400m: 4:46.17	34.44		
99.	BALKIEWICZ Kajetan			11	UKS Butterfly Łomża				4:52.26	383
	50m: 30.79	30.79	150m: 1:43.81	37.18	250m: 2:58.78	37.63	350m: 4:15.27	38.34		
	100m: 1:06.63	35.84	200m: 2:21.15	37.34	300m: 3:36.93	38.15	400m: 4:52.26	36.99		
100.	YAVORSKYI Luka			09	UKP „Polonia Warszawa”				4:53.44	378
	50m: 30.35	30.35	150m: 1:42.84	37.10	250m: 2:58.64	37.90	350m: 4:15.79	38.57		
	100m: 1:05.74	35.39	200m: 2:20.74	37.90	300m: 3:37.22	38.58	400m: 4:53.44	37.65		
101.	BOJANOWSKI Filip			11	UKP „Polonia Warszawa”				4:53.53	378
	50m: 31.99	31.99	150m: 1:44.41	36.70	250m: 3:00.25	38.02	350m: 4:16.45	38.01		
	100m: 1:07.71	35.72	200m: 2:22.23	37.82	300m: 3:38.44	38.19	400m: 4:53.53	37.08		
102.	DZIECIOŁOWSKI Kamil			11	MKS „Jagiellonka” Warszawa				4:54.00	376
	50m: 30.87	30.87	150m: 1:43.54	37.19	250m: 3:00.52	38.67	350m: 4:17.83	38.72		
	100m: 1:06.35	35.48	200m: 2:21.85	38.31	300m: 3:39.11	38.59	400m: 4:54.00	36.17		
103.	SUSABOWSKI Paweł			11	MKS Piaseczno				4:56.93	365
	50m: 32.41	32.41	150m: 1:45.63	36.88	250m: 3:01.75	38.24	350m: 4:19.55	38.87		
	100m: 1:08.75	36.34	200m: 2:23.51	37.88	300m: 3:40.68	38.93	400m: 4:56.93	37.38		
104.	IDZIKOWSKI Filip			10	AZS AWF Warszawa				4:59.73	355
	50m: 32.78	32.78	150m: 1:48.01	38.26	250m: 3:05.55	38.47	350m: 4:22.47	38.38		
	100m: 1:09.75	36.97	200m: 2:27.08	39.07	300m: 3:44.09	38.54	400m: 4:59.73	37.26		



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1.	MAJOR Erik	07	MKS Park Wodny Tarnowskie Gory	3:54.54	741
	50m: 26.76 26.76	150m: 1:25.78	29.62 250m: 2:25.67 29.89	350m: 3:26.10 30.15	
	100m: 56.16 29.40	200m: 1:55.78	30.00 300m: 2:55.95 30.28	400m: 3:54.54 28.44	
2.	RADZIKOWSKI Szymon	08	WKS Slask	3:57.25	716
	50m: 26.21 26.21	150m: 1:25.04	29.74 250m: 2:25.43 30.24	350m: 3:27.08 31.04	
	100m: 55.30 29.09	200m: 1:55.19	30.15 300m: 2:56.04 30.61	400m: 3:57.25 30.17	
3.	SHYPIN Aliaksandr	07	UKS G-8 Bielany Warszawa	4:00.12	690
	50m: 26.85 26.85	150m: 1:28.76	31.45 250m: 2:30.92 30.96	350m: 3:32.16 29.99	
	100m: 57.31 30.46	200m: 1:59.96	31.20 300m: 3:02.17 31.25	400m: 4:00.12 27.96	
4.	JOZWIAK Tymoteusz	08	KU AZS UMCS Lublin	4:01.20	681
	50m: 27.24 27.24	150m: 1:27.60	30.27 250m: 2:28.86 30.97	350m: 3:30.10 30.27	
	100m: 57.33 30.09	200m: 1:57.89	30.29 300m: 2:59.83 30.97	400m: 4:01.20 31.10	
5.	DWORAKOWSKI Blazej	07	KS Delfin Gdynia	4:01.22	681
	50m: 27.73 27.73	150m: 1:28.46	30.69 250m: 2:30.47 30.88	350m: 3:32.05 30.59	
	100m: 57.77 30.04	200m: 1:59.59	31.13 300m: 3:01.46 30.99	400m: 4:01.22 29.17	
6.	HALKIEWICZ Maciej	08	UKS „Omega” Olkusz	4:01.47	679
	50m: 27.00 27.00	150m: 1:28.82	31.30 250m: 2:30.84 30.78	350m: 3:32.42 30.87	
	100m: 57.52 30.52	200m: 2:00.06	31.24 300m: 3:01.55 30.71	400m: 4:01.47 29.05	
7.	PONIEWAZ Oliwier	07	KU AZS UMCS Lublin	4:01.90	675
	50m: 27.83 27.83	150m: 1:27.58	30.22 250m: 2:29.38 30.96	350m: 3:32.29 31.35	
	100m: 57.36 29.53	200m: 1:58.42	30.84 300m: 3:00.94 31.56	400m: 4:01.90 29.61	
8.	POLKOWSKI Piotr	08	UKP „Polonia Warszawa”	4:02.15	673
	50m: 26.93 26.93	150m: 1:28.72	30.84 250m: 2:30.85 30.96	350m: 3:32.36 30.43	
	100m: 57.88 30.95	200m: 1:59.89	31.17 300m: 3:01.93 31.08	400m: 4:02.15 29.79	
9.	KRAWCZYK Jakub	08	UKS „GIM 92 Ursynow”	4:02.59	669
	50m: 27.02 27.02	150m: 1:28.03	31.09 250m: 2:29.41 30.65	350m: 3:32.07 31.07	
	100m: 56.94 29.92	200m: 1:58.76	30.73 300m: 3:01.00 31.59	400m: 4:02.59 30.52	
10.	KRASKA Mateusz	07	KU AZS UMCS Lublin	4:05.40	647
	50m: 28.01 28.01	150m: 1:29.03	30.83 250m: 2:31.60 31.25	350m: 3:34.61 31.44	
	100m: 58.20 30.19	200m: 2:00.35	31.32 300m: 3:03.17 31.57	400m: 4:05.40 30.79	
11.	SZYMCZYK Michal	08	UKS GOS Raszyn	4:06.87	635
	50m: 26.62 26.62	150m: 1:29.14	30.99 250m: 2:32.69 31.64	350m: 3:36.32 31.72	
	100m: 58.15 31.53	200m: 2:01.05	31.91 300m: 3:04.60 31.91	400m: 4:06.87 30.55	
12.	SZMYTKE Bartosz	07	UKS G-8 Bielany Warszawa	4:06.94	634
	50m: 27.23 27.23	150m: 1:30.15	31.72 250m: 2:33.19 31.25	350m: 3:36.17 31.40	
	100m: 58.43 31.20	200m: 2:01.94	31.79 300m: 3:04.77 31.58	400m: 4:06.94 30.77	
13.	BORUSZEWSKI Filip	07	UKS SP-149 Lodz	4:08.95	619
	50m: 28.93 28.93	150m: 1:32.21	31.87 250m: 2:35.18 31.58	350m: 3:38.61 31.68	
	100m: 1:00.34 31.41	200m: 2:03.60	31.39 300m: 3:06.93 31.75	400m: 4:08.95 30.34	
14.	KOZAKIEWICZ Aleksander	07	Mokotowski UKP Warszawianka- Wodny	4:11.59	600
	50m: 27.59 27.59	150m: 1:30.72	32.00 250m: 2:36.14 32.77	350m: 3:40.67 31.67	
	100m: 58.72 31.13	200m: 2:03.37	32.65 300m: 3:09.00 32.86	400m: 4:11.59 30.92	
15.	PAWLAK Dawid	08	UKS 190 Lodz	4:11.81	598
	50m: 29.18 29.18	150m: 1:34.53	32.01 250m: 2:37.91 31.24	350m: 3:41.44 31.33	
	100m: 1:02.52 33.34	200m: 2:06.67	32.14 300m: 3:10.11 32.20	400m: 4:11.81 30.37	
16.	LOJEWSKI Adam	07	MTP Kormoran Olsztyn	4:13.38	587
	50m: 28.46 28.46	150m: 1:31.35	31.81 250m: 2:36.17 32.71	350m: 3:41.57 32.84	
	100m: 59.54 31.08	200m: 2:03.46	32.11 300m: 3:08.73 32.56	400m: 4:13.38 31.81	
17.	PAKULA Patryk	08	UKS Shark Rudna	4:13.76	585
	50m: 28.07 28.07	150m: 1:30.54	31.59 250m: 2:34.73 32.27	350m: 3:41.38 33.62	
	100m: 58.95 30.88	200m: 2:02.46	31.92 300m: 3:07.76 33.03	400m: 4:13.76 32.38	
18.	WOJCIECHOWSKI Wiktor	07	UKS G-8 Bielany Warszawa	4:13.95	583
	50m: 28.47 28.47	150m: 1:32.12	32.14 250m: 2:37.39 32.97	350m: 3:43.22 32.83	
	100m: 59.98 31.51	200m: 2:04.42	32.30 300m: 3:10.39 33.00	400m: 4:13.95 30.73	



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Event 2, Boys, 400m Freestyle, 17 - 18 years

Rank			YB						Time	Pts
19.	JUCHNO Jeremi		08	IKS Konstancin					4:14.11	582
	50m: 27.75	27.75	150m: 1:30.37	31.59	250m: 2:34.80	32.07	350m: 3:40.61	33.42		
	100m: 58.78	31.03	200m: 2:02.73	32.36	300m: 3:07.19	32.39	400m: 4:14.11	33.50		
20.	OLEDZKI Daniel		08	UKP „Polonia Warszawa”					4:15.97	570
	50m: 27.89	27.89	150m: 1:30.92	31.95	250m: 2:36.14	32.99	350m: 3:43.76	34.36		
	100m: 58.97	31.08	200m: 2:03.15	32.23	300m: 3:09.40	33.26	400m: 4:15.97	32.21		
21.	GRZEGRZOLKA Jan		08	UKS G-8 Bielany Warszawa					4:16.64	565
	50m: 26.92	26.92	150m: 1:29.57	31.84	250m: 2:35.54	33.30	350m: 3:43.77	34.28		
	100m: 57.73	30.81	200m: 2:02.24	32.67	300m: 3:09.49	33.95	400m: 4:16.64	32.87		
22.	WENTLAND Milosz		07	MKS Trojka Lodz					4:17.98	556
	50m: 28.39	28.39	150m: 1:30.93	32.07	250m: 2:36.95	33.38	350m: 3:44.49	34.01		
	100m: 58.86	30.47	200m: 2:03.57	32.64	300m: 3:10.48	33.53	400m: 4:17.98	33.49		
23.	GONERA Milosz		08	UKS Shark Rudna					4:18.91	550
	50m: 28.97	28.97	150m: 1:34.20	33.30	250m: 2:40.95	33.65	350m: 3:46.42	32.63		
	100m: 1:00.90	31.93	200m: 2:07.30	33.10	300m: 3:13.79	32.84	400m: 4:18.91	32.49		
24.	WOJCIAK Oliwier		07	UKS "V" Lomianki					4:19.09	549
	50m: 26.48	26.48	150m: 1:27.94	31.15	250m: 2:32.35	32.64	350m: 3:41.35	34.89		
	100m: 56.79	30.31	200m: 1:59.71	31.77	300m: 3:06.46	34.11	400m: 4:19.09	37.74		
25.	SKROBISZ Michal		07	UKS 190 Lodz					4:22.24	530
	50m: 30.17	30.17	150m: 1:35.51	32.89	250m: 2:42.23	33.49	350m: 3:49.87	33.60		
	100m: 1:02.62	32.45	200m: 2:08.74	33.23	300m: 3:16.27	34.04	400m: 4:22.24	32.37		
26.	WALKOWSKI Bartosz		07	MKS Trojka Lodz					4:24.06	519
	50m: 28.75	28.75	150m: 1:33.65	32.89	250m: 2:41.07	33.85	350m: 3:50.20	34.27		
	100m: 1:00.76	32.01	200m: 2:07.22	33.57	300m: 3:15.93	34.86	400m: 4:24.06	33.86		
27.	KWIASOWSKI Jakub		07	Kaliski KS „Włokniarz” 1925 Kalisz					4:24.09	519
	50m: 30.49	30.49	150m: 1:37.16	33.59	250m: 2:45.43	33.89	350m: 3:52.66	33.03		
	100m: 1:03.57	33.08	200m: 2:11.54	34.38	300m: 3:19.63	34.20	400m: 4:24.09	31.43		
28.	RYBAK Jakub		08	MKS Park Wodny Tarnowskie Gory					4:24.61	516
	50m: 28.83	28.83	150m: 1:34.67	33.51	250m: 2:42.94	34.10	350m: 3:51.49	34.38		
	100m: 1:01.16	32.33	200m: 2:08.84	34.17	300m: 3:17.11	34.17	400m: 4:24.61	33.12		
29.	FEDASZ Alan		08	UKP „Polonia Warszawa”					4:24.71	515
	50m: 29.07	29.07	150m: 1:34.70	33.17	250m: 2:42.37	33.73	350m: 3:50.75	34.34		
	100m: 1:01.53	32.46	200m: 2:08.64	33.94	300m: 3:16.41	34.04	400m: 4:24.71	33.96		
30.	NIEMCZURA Wiktor		08	UKP „Polonia Warszawa”					4:28.67	493
	50m: 30.78	30.78	150m: 1:39.18	34.59	250m: 2:47.98	34.14	350m: 3:56.63	34.54		
	100m: 1:04.59	33.81	200m: 2:13.84	34.66	300m: 3:22.09	34.11	400m: 4:28.67	32.04		
31.	BARTOSZEK Szymon		08	MKS Piaseczno					4:28.95	491
	50m: 28.62	28.62	150m: 1:34.23	33.34	250m: 2:43.08	34.84	350m: 3:54.82	36.34		
	100m: 1:00.89	32.27	200m: 2:08.24	34.01	300m: 3:18.48	35.40	400m: 4:28.95	34.13		
32.	MALEK Kacper		08	Stowarzyszenie Solne Miasto Wieliczka					4:33.10	469
	50m: 30.29	30.29	150m: 1:39.95	35.07	250m: 2:49.64	34.17	350m: 3:59.82	35.55		
	100m: 1:04.88	34.59	200m: 2:15.47	35.52	300m: 3:24.27	34.63	400m: 4:33.10	33.28		
33.	BOCHENSKI Tomasz		08	Mokotowski UKP Warszawianka- Wodny					4:34.05	464
	50m: 30.31	30.31	150m: 1:38.80	34.71	250m: 2:47.67	33.81	350m: 3:58.68	35.88		
	100m: 1:04.09	33.78	200m: 2:13.86	35.06	300m: 3:22.80	35.13	400m: 4:34.05	35.37		
34.	PIATKIEWICZ Piotr		07	MKS Trojka Lodz					4:37.87	445
	50m: 27.86	27.86	150m: 1:34.19	33.89	250m: 2:45.57	36.27	350m: 3:59.81	36.91		
	100m: 1:00.30	32.44	200m: 2:09.30	35.11	300m: 3:22.90	37.33	400m: 4:37.87	38.06		



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Event 2, Men, 400m Freestyle

16 years

1.	WIRASZKA Piotr	09	UKS „GIM 92 Ursynow”	4:00.40	688
	50m: 27.18 27.18	150m: 1:27.69 30.45	250m: 2:28.98 30.44	350m: 3:30.56 30.70	
	100m: 57.24 30.06	200m: 1:58.54 30.85	300m: 2:59.86 30.88	400m: 4:00.40 29.84	
2.	JANISZEWSKI Fabian	09	UKS 190 Lodz	4:03.76	660
	50m: 28.03 28.03	150m: 1:28.26 30.40	250m: 2:30.76 31.41	350m: 3:33.76 31.51	
	100m: 57.86 29.83	200m: 1:59.35 31.09	300m: 3:02.25 31.49	400m: 4:03.76 30.00	
3.	TARASIEWICZ Piotr	09	UKP „Polonia Warszawa”	4:10.09	611
	50m: 27.87 27.87	150m: 1:30.29 31.57	250m: 2:33.83 31.86	350m: 3:38.36 32.37	
	100m: 58.72 30.85	200m: 2:01.97 31.68	300m: 3:05.99 32.16	400m: 4:10.09 31.73	
4.	POTRZEBOWSKI Franciszek	09	UKP „Polonia Warszawa”	4:19.23	548
	50m: 31.39 31.39	150m: 1:38.55 34.01	250m: 2:44.09 32.03	350m: 3:48.06 31.87	
	100m: 1:04.54 33.15	200m: 2:12.06 33.51	300m: 3:16.19 32.10	400m: 4:19.23 31.17	
5.	BIENCZYK Krzysztof	09	Mokotowski UKP Warszawianka- Wodny	4:21.04	537
	50m: 29.82 29.82	150m: 1:38.49 35.14	250m: 2:46.51 33.37	350m: 3:51.18 32.15	
	100m: 1:03.35 33.53	200m: 2:13.14 34.65	300m: 3:19.03 32.52	400m: 4:21.04 29.86	
6.	KOCIOLEK Leon	09	UKS NIKA Sport Team Krakow	4:22.34	529
	50m: 29.48 29.48	150m: 1:35.00 33.06	250m: 2:42.97 33.83	350m: 3:49.65 32.85	
	100m: 1:01.94 32.46	200m: 2:09.14 34.14	300m: 3:16.80 33.83	400m: 4:22.34 32.69	
7.	BINEK Bartosz	09	Kaliski KS „Wloknierz” 1925 Kalisz	4:23.97	519
	50m: 27.48 27.48	150m: 1:33.97 33.90	250m: 2:43.21 34.87	350m: 3:52.50 35.12	
	100m: 1:00.07 32.59	200m: 2:08.34 34.37	300m: 3:17.38 34.17	400m: 4:23.97 31.47	
8.	MIELCAREK Filip	09	TP Skalar, Slupsk	4:25.85	508
	50m: 29.19 29.19	150m: 1:35.36 33.82	250m: 2:44.09 34.58	350m: 3:52.76 34.45	
	100m: 1:01.54 32.35	200m: 2:09.51 34.15	300m: 3:18.31 34.22	400m: 4:25.85 33.09	
9.	NALEJ Maciej	09	St. Lok. SALOS Cortile Kielce	4:27.06	502
	50m: 29.59 29.59	150m: 1:36.10 33.48	250m: 2:44.41 34.61	350m: 3:53.43 34.73	
	100m: 1:02.62 33.03	200m: 2:09.80 33.70	300m: 3:18.70 34.29	400m: 4:27.06 33.63	
10.	CIOLEK Dawid	09	UKP „Polonia Warszawa”	4:28.09	496
	50m: 29.47 29.47	150m: 1:35.60 33.37	250m: 2:44.35 34.64	350m: 3:53.94 34.71	
	100m: 1:02.23 32.76	200m: 2:09.71 34.11	300m: 3:19.23 34.88	400m: 4:28.09 34.15	
11.	BINIEK Aleksander	09	Kaliski KS „Wloknierz” 1925 Kalisz	4:41.60	428
	50m: 28.65 28.65	150m: 1:38.13 35.76	250m: 2:51.48 36.26	350m: 4:05.80 36.62	
	100m: 1:02.37 33.72	200m: 2:15.22 37.09	300m: 3:29.18 37.70	400m: 4:41.60 35.80	
12.	YAVORSKYI Luka	09	UKP „Polonia Warszawa”	4:53.44	378
	50m: 30.35 30.35	150m: 1:42.84 37.10	250m: 2:58.64 37.90	350m: 4:15.79 38.57	
	100m: 1:05.74 35.39	200m: 2:20.74 37.90	300m: 3:37.22 38.58	400m: 4:53.44 37.65	

15 years

1.	TRYDULSKI Wiktor	10	KU AZS UMCS Lublin	4:04.19	656
	50m: 27.71 27.71	150m: 1:29.63 31.22	250m: 2:32.19 31.00	350m: 3:33.91 30.49	
	100m: 58.41 30.70	200m: 2:01.19 31.56	300m: 3:03.42 31.23	400m: 4:04.19 30.28	
2.	PRYCZYNICZ Olaf	10	UKS G-8 Bielany Warszawa	4:09.60	614
	50m: 27.54 27.54	150m: 1:29.55 31.03	250m: 2:33.21 31.84	350m: 3:37.36 32.43	
	100m: 58.52 30.98	200m: 2:01.37 31.82	300m: 3:04.93 31.72	400m: 4:09.60 32.24	
3.	CIESIELSKI Konrad	10	MKS Trojka Lodz	4:14.01	583
	50m: 28.61 28.61	150m: 1:31.82 31.93	250m: 2:37.65 32.97	350m: 3:43.05 32.41	
	100m: 59.89 31.28	200m: 2:04.68 32.86	300m: 3:10.64 32.99	400m: 4:14.01 30.96	
4.	PORADA Antoni	10	UKS SP-149 Lodz	4:15.46	573
	50m: 30.23 30.23	150m: 1:34.27 32.15	250m: 2:39.18 32.55	350m: 3:44.22 32.44	
	100m: 1:02.12 31.89	200m: 2:06.63 32.36	300m: 3:11.78 32.60	400m: 4:15.46 31.24	
5.	SMOLAREK Filip	10	Sekcja Plywacka Meduza Pajeczno	4:17.11	562
	50m: 28.97 28.97	150m: 1:33.45 32.52	250m: 2:39.51 33.13	350m: 3:45.98 33.22	
	100m: 1:00.93 31.96	200m: 2:06.38 32.93	300m: 3:12.76 33.25	400m: 4:17.11 31.13	



PGE Grand Prix Puchar Polski
Warszawa, 18. - 19.10.2025

Event 2, Boys, 400m Freestyle, 15 years

Rank		YB			Time	Pts
6.	GRZYBOWSKI Jan	10	UKS SP-149 Lodz		4:19.10	549
	50m: 28.20 28.20	150m: 1:31.57	32.33	250m: 2:37.97	33.34	350m: 3:45.94 33.86
	100m: 59.24 31.04	200m: 2:04.63	33.06	300m: 3:12.08	34.11	400m: 4:19.10 33.16
7.	JAGIELLO Aleksander	10	MKS Trojka Lodz		4:20.48	541
	50m: 29.85 29.85	150m: 1:36.48	33.97	250m: 2:44.11	33.73	350m: 3:49.53 32.34
	100m: 1:02.51 32.66	200m: 2:10.38	33.90	300m: 3:17.19	33.08	400m: 4:20.48 30.95
8.	ZASADA Szymon	10	Sekcja Plywacka Meduza Pajeczno		4:23.00	525
	50m: 29.81 29.81	150m: 1:35.98	33.20	250m: 2:42.94	33.15	350m: 3:49.78 33.20
	100m: 1:02.78 32.97	200m: 2:09.79	33.81	300m: 3:16.58	33.64	400m: 4:23.00 33.22
9.	CIENIEK Kacper	10	KS AGH Krakow		4:23.44	522
	50m: 29.61 29.61	150m: 1:34.68	32.99	250m: 2:42.05	33.87	350m: 3:50.27 34.19
	100m: 1:01.69 32.08	200m: 2:08.18	33.50	300m: 3:16.08	34.03	400m: 4:23.44 33.17
10.	MISZTAL Olaf	10	Ks Korona 1919		4:25.25	512
	50m: 29.54 29.54	150m: 1:36.13	33.70	250m: 2:44.32	34.04	350m: 3:52.50 34.12
	100m: 1:02.43 32.89	200m: 2:10.28	34.15	300m: 3:18.38	34.06	400m: 4:25.25 32.75
11.	JOZWIAK Marcel	10	KU AZS UMCS Lublin		4:25.37	511
	50m: 29.86 29.86	150m: 1:36.53	33.62	250m: 2:43.87	33.59	350m: 3:52.10 34.40
	100m: 1:02.91 33.05	200m: 2:10.28	33.75	300m: 3:17.70	33.83	400m: 4:25.37 33.27
12.	PISZCZOROWICZ Milosz	10	Kaliski KS „Wloknierz” 1925 Kalisz		4:26.42	505
	50m: 28.27 28.27	150m: 1:34.62	33.96	250m: 2:43.42	34.14	350m: 3:53.04 35.08
	100m: 1:00.66 32.39	200m: 2:09.28	34.66	300m: 3:17.96	34.54	400m: 4:26.42 33.38
13.	GRABINSKI Tymon	10	UKS G-8 Bielany Warszawa		4:28.38	494
	50m: 28.61 28.61	150m: 1:34.95	33.83	250m: 2:45.03	35.29	350m: 3:55.46 35.11
	100m: 1:01.12 32.51	200m: 2:09.74	34.79	300m: 3:20.35	35.32	400m: 4:28.38 32.92
14.	SKORUPA Slawek	10	UKS Shark Rudna		4:29.04	491
	50m: 29.72 29.72	150m: 1:37.30	34.15	250m: 2:45.94	34.36	350m: 3:55.12 34.64
	100m: 1:03.15 33.43	200m: 2:11.58	34.28	300m: 3:20.48	34.54	400m: 4:29.04 33.92
15.	LIPKA Piotr	10	MKS Trojka Lodz		4:29.32	489
	50m: 32.74 32.74	150m: 1:41.80	34.58	250m: 2:50.78	34.40	350m: 3:58.05 32.90
	100m: 1:07.22 34.48	200m: 2:16.38	34.58	300m: 3:25.15	34.37	400m: 4:29.32 31.27
16.	ZAMECKI Aleksander	10	KU AZS UMCS Lublin		4:33.16	469
	50m: 30.01 30.01	150m: 1:37.87	34.17	250m: 2:47.75	35.27	350m: 3:58.81 35.74
	100m: 1:03.70 33.69	200m: 2:12.48	34.61	300m: 3:23.07	35.32	400m: 4:33.16 34.35
17.	DABROWSKI Jakub	10	MKS Park Wodny Tarnowskie Gory		4:35.13	459
	50m: 30.76 30.76	150m: 1:39.19	34.63	250m: 2:50.73	36.02	350m: 4:01.52 35.09
	100m: 1:04.56 33.80	200m: 2:14.71	35.52	300m: 3:26.43	35.70	400m: 4:35.13 33.61
18.	SZANTAR Wojciech	10	MKS Trojka Lodz		4:36.22	453
	50m: 30.85 30.85	150m: 1:40.34	35.04	250m: 2:51.40	35.39	350m: 4:03.22 35.91
	100m: 1:05.30 34.45	200m: 2:16.01	35.67	300m: 3:27.31	35.91	400m: 4:36.22 33.00
19.	PIETRAS Szymon	10	KU AZS UMCS Lublin		4:46.17	408
	50m: 31.62 31.62	150m: 1:43.71	36.61	250m: 2:58.49	37.52	350m: 4:11.73 36.43
	100m: 1:07.10 35.48	200m: 2:20.97	37.26	300m: 3:35.30	36.81	400m: 4:46.17 34.44
20.	IDZIKOWSKI Filip	10	AZS AWF Warszawa		4:59.73	355
	50m: 32.78 32.78	150m: 1:48.01	38.26	250m: 3:05.55	38.47	350m: 4:22.47 38.38
	100m: 1:09.75 36.97	200m: 2:27.08	39.07	300m: 3:44.09	38.54	400m: 4:59.73 37.26

14 years

1.	KACZMAREK Mikolaj	11	UKS „GIM 92 Ursynow”		4:04.47	654
	50m: 28.29 28.29	150m: 1:30.90	31.66	250m: 2:33.80	31.30	350m: 3:35.57 30.78
	100m: 59.24 30.95	200m: 2:02.50	31.60	300m: 3:04.79	30.99	400m: 4:04.47 28.90
2.	SKLODOWSKI Jan	11	MKS Jedylnka Lodz		4:16.62	565
	50m: 28.48 28.48	150m: 1:33.41	32.83	250m: 2:38.91	32.45	350m: 3:44.95 32.72
	100m: 1:00.58 32.10	200m: 2:06.46	33.05	300m: 3:12.23	33.32	400m: 4:16.62 31.67



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Rank		YB			Time	Pts
3.	KOPERSKI Borys	11	UKS Fala Nieporet		4:17.60	559
	50m: 27.88 27.88	150m: 1:32.38	32.72	250m: 2:38.21 33.26	350m: 3:45.79	34.06
	100m: 59.66 31.78	200m: 2:04.95	32.57	300m: 3:11.73 33.52	400m: 4:17.60	31.81
4.	LUKASZEWICZ Michal	11	UKP „Polonia Warszawa”		4:20.56	540
	50m: 29.87 29.87	150m: 1:34.72	32.86	250m: 2:40.96 32.76	350m: 3:47.45	33.09
	100m: 1:01.86 31.99	200m: 2:08.20	33.48	300m: 3:14.36 33.40	400m: 4:20.56	33.11
5.	DEREDAS Stanislaw	11	UKS 190 Lodz		4:21.43	535
	50m: 29.41 29.41	150m: 1:34.81	33.28	250m: 2:42.25 33.88	350m: 3:49.15	33.34
	100m: 1:01.53 32.12	200m: 2:08.37	33.56	300m: 3:15.81 33.56	400m: 4:21.43	32.28
6.	GORLACH Milosz	11	Stowarzyszenie Solne Miasto Wieliczka		4:24.64	515
	50m: 29.51 29.51	150m: 1:36.03	33.61	250m: 2:44.32 34.08	350m: 3:52.41	34.07
	100m: 1:02.42 32.91	200m: 2:10.24	34.21	300m: 3:18.34 34.02	400m: 4:24.64	32.23
7.	MENDAKIEWICZ Mikolaj	11	UKS 190 Lodz		4:26.40	505
	50m: 30.46 30.46	150m: 1:38.21	34.33	250m: 2:45.89 33.38	350m: 3:53.71	34.02
	100m: 1:03.88 33.42	200m: 2:12.51	34.30	300m: 3:19.69 33.80	400m: 4:26.40	32.69
8.	MILEWSKI Jan	11	UKS „GIM 92 Ursynow”		4:28.73	492
	50m: 29.17 29.17	150m: 1:36.94	34.44	250m: 2:46.49 34.86	350m: 3:55.53	33.95
	100m: 1:02.50 33.33	200m: 2:11.63	34.69	300m: 3:21.58 35.09	400m: 4:28.73	33.20
9.	KRUPA Filip	11	UKP „Polonia Warszawa”		4:28.88	491
	50m: 29.61 29.61	150m: 1:38.16	34.44	250m: 2:47.41 34.64	350m: 3:56.05	34.17
	100m: 1:03.72 34.11	200m: 2:12.77	34.61	300m: 3:21.88 34.47	400m: 4:28.88	32.83
10.	REBIALKOWSKI Adam	11	MKS Trojka Lodz		4:29.48	488
	50m: 30.22 30.22	150m: 1:38.63	34.50	250m: 2:47.05 34.51	350m: 3:56.03	34.14
	100m: 1:04.13 33.91	200m: 2:12.54	33.91	300m: 3:21.89 34.84	400m: 4:29.48	33.45
11.	BEDYNSKI Jakub	11	MKS „Jagiellonka” Warszawa		4:29.87	486
	50m: 29.90 29.90	150m: 1:37.85	34.54	250m: 2:47.76 35.16	350m: 3:56.69	34.07
	100m: 1:03.31 33.41	200m: 2:12.60	34.75	300m: 3:22.62 34.86	400m: 4:29.87	33.18
12.	SIEDZIUKIEWICZ-CHANAKA Bartosz	11	UKS Shark Rudna		4:30.05	485
	50m: 30.84 30.84	150m: 1:38.18	33.84	250m: 2:47.52 34.90	350m: 3:56.87	34.60
	100m: 1:04.34 33.50	200m: 2:12.62	34.44	300m: 3:22.27 34.75	400m: 4:30.05	33.18
13.	LUBICKI Adam	11	MKS Jedynka Lodz		4:35.82	455
	50m: 31.74 31.74	150m: 1:41.01	34.81	250m: 2:51.52 34.77	350m: 4:02.19	35.30
	100m: 1:06.20 34.46	200m: 2:16.75	35.74	300m: 3:26.89 35.37	400m: 4:35.82	33.63
14.	KUSYK Franciszek	11	MKS „Jagiellonka” Warszawa		4:36.80	450
	50m: 30.52 30.52	150m: 1:39.03	34.57	250m: 2:49.25 35.21	350m: 4:01.61	36.53
	100m: 1:04.46 33.94	200m: 2:14.04	35.01	300m: 3:25.08 35.83	400m: 4:36.80	35.19
15.	LIDER Marcel	11	Kaliski KS „Wlokniarz” 1925 Kalisz		4:37.57	447
	50m: 31.02 31.02	150m: 1:42.49	36.19	250m: 2:54.47 35.85	350m: 4:05.68	35.36
	100m: 1:06.30 35.28	200m: 2:18.62	36.13	300m: 3:30.32 35.85	400m: 4:37.57	31.89
16.	DOMINIK Hubert	11	Klub Sportowy "H2O Bochnia"		4:40.72	432
	50m: 30.88 30.88	150m: 1:41.37	35.74	250m: 2:54.13 36.38	350m: 4:05.83	35.65
	100m: 1:05.63 34.75	200m: 2:17.75	36.38	300m: 3:30.18 36.05	400m: 4:40.72	34.89
17.	HRYN CZYSZYN Antoni	11	UKS Shark Rudna		4:40.85	431
	50m: 28.96 28.96	150m: 1:37.46	35.25	250m: 2:51.18 37.41	350m: 4:05.62	36.83
	100m: 1:02.21 33.25	200m: 2:13.77	36.31	300m: 3:28.79 37.61	400m: 4:40.85	35.23
18.	WALC Jan	11	MKS Park Wodny Tarnowskie Gory		4:44.10	416
	50m: 31.03 31.03	150m: 1:42.71	35.98	250m: 2:55.57 36.48	350m: 4:08.96	36.86
	100m: 1:06.73 35.70	200m: 2:19.09	36.38	300m: 3:32.10 36.53	400m: 4:44.10	35.14
19.	KOPEC Jakub	11	UKS 190 Lodz		4:45.57	410
	50m: 32.36 32.36	150m: 1:45.32	36.96	250m: 2:58.00 36.28	350m: 4:10.51	35.91
	100m: 1:08.36 36.00	200m: 2:21.72	36.40	300m: 3:34.60 36.60	400m: 4:45.57	35.06
20.	BALKIEWICZ Kajetan	11	UKS Butterfly Lomza		4:52.26	383
	50m: 30.79 30.79	150m: 1:43.81	37.18	250m: 2:58.78 37.63	350m: 4:15.27	38.34
	100m: 1:06.63 35.84	200m: 2:21.15	37.34	300m: 3:36.93 38.15	400m: 4:52.26	36.99



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Rank			YB						Time	Pts
21.	BOJANOWSKI Filip		11	UKP „Polonia Warszawa”					4:53.53	378
	50m: 31.99	31.99	150m: 1:44.41	36.70	250m: 3:00.25	38.02	350m: 4:16.45	38.01		
	100m: 1:07.71	35.72	200m: 2:22.23	37.82	300m: 3:38.44	38.19	400m: 4:53.53	37.08		
22.	DZIECIOŁOWSKI Kamil		11	MKS „Jagiellonka” Warszawa					4:54.00	376
	50m: 30.87	30.87	150m: 1:43.54	37.19	250m: 3:00.52	38.67	350m: 4:17.83	38.72		
	100m: 1:06.35	35.48	200m: 2:21.85	38.31	300m: 3:39.11	38.59	400m: 4:54.00	36.17		
23.	SUSABOWSKI Pawel		11	MKS Piaseczno					4:56.93	365
	50m: 32.41	32.41	150m: 1:45.63	36.88	250m: 3:01.75	38.24	350m: 4:19.55	38.87		
	100m: 1:08.75	36.34	200m: 2:23.51	37.88	300m: 3:40.68	38.93	400m: 4:56.93	37.38		