

Konkurencja 40, Kobiet, 400m dowolny, 45 - 49 lat

			Rok ur.				Czas	Pkt.	Pkt.Masters	100m	200m	300m	400m	
3.	PAKURA Karolina		76	Sekcja Masters Politechniki G8			8:23.57	j	102	155	1:51.58	2:09.35	2:11.99	2:10.65
	50m:	52.23	52.23	150m:	2:56.28	1:04.70	250m:	5:07.48	1:06.55	350m:	7:20.36	1:07.44		
	100m:	1:51.58	59.35	200m:	4:00.93	1:04.65	300m:	6:12.92	1:05.44	400m:	8:23.57	1:03.21		

75 - 79 lat

1.	SZEMBERG Anna	49		Warsaw Masters Team			10:08.74		57	228	2:23.81	2:36.64	2:35.96	2:32.33
	50m:	1:06.81	1:06.81	150m:	3:43.25	1:19.44	250m:	6:18.54	1:18.09	350m:	8:52.94	1:16.53		
	100m:	2:23.81	1:17.00	200m:	5:00.45	1:17.20	300m:	7:36.41	1:17.87	400m:	10:08.74	1:15.80		