

MIĘDZYWOJEWÓDZKIE DRUŻYNOWE MISTRZOSTWA MŁODZIKÓW 12-13 LAT – I RUNDA



Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – I runda CRS Bielany
Warszawa, 25. - 26.4.2026

Konkurencja 8

Chłopców, 400m dowolny

12 - 13 lat

25.04.2026 - 12:33

Wyniki

Punkty: AQUA 2025

Pozycja			Rok ur.					Czas	Pkt.			
12 lat												
1.	KAMI	SKI Jan	14	UKP „Polonia Warszawa”				5:18.22	296			
	50m:	33.53	33.53	150m:	1:54.08	41.19	250m:	3:18.33	42.53	350m:	4:40.64	39.96
	100m:	1:12.89	39.36	200m:	2:35.80	41.72	300m:	4:00.68	42.35	400m:	5:18.22	37.58
2.	ZALEWSKI	Jan	14	IKS Konstancin				5:22.74	284			
	50m:	36.72	36.72	150m:	1:59.07	41.73	250m:	3:21.47	41.33	350m:	4:43.23	41.13
	100m:	1:17.34	40.62	200m:	2:40.14	41.07	300m:	4:02.10	40.63	400m:	5:22.74	39.51
3.	RAILKO	Makar	14	UKP „Polonia Warszawa”				5:24.46	279			
	50m:	34.70	34.70	150m:	1:58.39	42.18	250m:	3:22.29	42.30	350m:	4:45.65	41.43
	100m:	1:16.21	41.51	200m:	2:39.99	41.60	300m:	4:04.22	41.93	400m:	5:24.46	38.81
4.	LIWKA	Grzegorz	14	MKS Ochota Warszawa				5:25.79	276			
	50m:	35.79	35.79	150m:	1:57.79	41.58	250m:	3:21.83	42.34	350m:	4:46.07	41.86
	100m:	1:16.21	40.42	200m:	2:39.49	41.70	300m:	4:04.21	42.38	400m:	5:25.79	39.72
5.	RZEWUSKI	Ignacy	14	UKS G-8 Bielany Warszawa				5:25.92	276			
	50m:	36.74	36.74	150m:	2:01.31	43.28	250m:	3:25.66	42.03	350m:	4:49.06	41.55
	100m:	1:18.03	41.29	200m:	2:43.63	42.32	300m:	4:07.51	41.85	400m:	5:25.92	36.86
6.	TATAREK	Antoni	14	Klub Pływacki Ciechanów				5:30.54	264			
	50m:	37.68	37.68	150m:	2:03.74	43.02	250m:	3:28.56	42.38	350m:	4:53.72	42.47
	100m:	1:20.72	43.04	200m:	2:46.18	42.44	300m:	4:11.25	42.69	400m:	5:30.54	36.82
7.	SOSNOWSKI	Aleksander	14	UKS G-8 Bielany Warszawa				5:33.55	257			
	50m:	39.09	39.09	150m:	2:05.03	43.06	250m:	3:29.91	42.21	350m:	4:55.18	42.73
	100m:	1:21.97	42.88	200m:	2:47.70	42.67	300m:	4:12.45	42.54	400m:	5:33.55	38.37
8.	STARZ	Ryszard	14	UKP „Polonia Warszawa”				5:36.50	250			
	50m:	37.24	37.24	150m:	2:04.84	44.84	250m:	3:32.53	44.15	350m:	4:57.09	41.61
	100m:	1:20.00	42.76	200m:	2:48.38	43.54	300m:	4:15.48	42.95	400m:	5:36.50	39.41
9.	SZYMA	SKI Antoni	14	IUKS „Muszelka” Warszawa				5:37.82	248			
	50m:	37.07	37.07	150m:	2:00.99	42.79	250m:	3:28.77	44.16	350m:	4:56.94	44.08
	100m:	1:18.20	41.13	200m:	2:44.61	43.62	300m:	4:12.86	44.09	400m:	5:37.82	40.88
10.	BUDNIK	Antoni	14	UKP „Polonia Warszawa”				5:42.98	236			
	50m:	37.58	37.58	150m:	2:03.43	43.79	250m:	3:32.55	43.67	350m:	5:01.80	45.04
	100m:	1:19.64	42.06	200m:	2:48.88	45.45	300m:	4:16.76	44.21	400m:	5:42.98	41.18
11.	MACHO	Filip	14	IKS Konstancin				5:46.21	230			
	50m:	38.59	38.59	150m:	2:07.31	45.27	250m:	3:37.85	44.93	350m:	5:06.02	45.06
	100m:	1:22.04	43.45	200m:	2:52.92	45.61	300m:	4:20.96	43.11	400m:	5:46.21	40.19
12.	WŁODARCZYK	Mikołaj	14	UKP „Polonia Warszawa”				5:47.22	228			
	50m:	38.21	38.21	150m:	2:07.73	45.49	250m:	3:37.27	44.95	350m:	5:06.20	44.22
	100m:	1:22.24	44.03	200m:	2:52.32	44.59	300m:	4:21.98	44.71	400m:	5:47.22	41.02

MIĘDZYWOJEWÓDZKIE DRUŻYNOWE MISTRZOSTWA MŁODZIKÓW 12-13 LAT – I RUNDA



Warszawa

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – I runda CRS Bielany
Warszawa, 25. - 26.4.2026

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja	Imię i nazwisko				Rok ur.	Klub				Czas	Pkt.	
13.	NADOLNY	Jan			14	UKP „Polonia Warszawa”				5:49.38	224	
	50m:	37.70	37.70	150m:	2:07.18	44.54	250m:	3:36.95	45.28	350m:	5:07.19	46.26
	100m:	1:22.64	44.94	200m:	2:51.67	44.49	300m:	4:20.93	43.98	400m:	5:49.38	42.19
14.	WAWRUCH	Szymon			14	UKS „Frog” Giżycko				5:59.37	206	
	50m:	39.94	39.94	150m:	2:10.57	45.55	250m:	3:43.65	46.34	350m:	5:15.51	45.49
	100m:	1:25.02	45.08	200m:	2:57.31	46.74	300m:	4:30.02	46.37	400m:	5:59.37	43.86
15.	HEMON	Tymoteusz			14	UKP „Polonia Warszawa”				6:01.92	201	
	50m:	40.75	40.75	150m:	2:10.73	45.35	250m:	3:46.27	47.82	350m:	5:20.95	47.21
	100m:	1:25.38	44.63	200m:	2:58.45	47.72	300m:	4:33.74	47.47	400m:	6:01.92	40.97
16.	R BELSKI	Maksymilian			14	Buks				6:07.03	193	
	50m:	40.39	40.39	150m:	2:16.52	48.97	250m:	3:53.28	47.69	350m:		
	100m:	1:27.55	47.16	200m:	3:05.59	49.07	300m:	4:40.85	47.57	400m:	6:07.03	
17.	PI TAK	Jan			14	Buks				6:07.21	193	
	50m:	39.71	39.71	150m:	2:13.61	47.89	250m:	3:50.74	48.73	350m:	5:23.97	46.53
	100m:	1:25.72	46.01	200m:	3:02.01	48.40	300m:	4:37.44	46.70	400m:	6:07.21	43.24
18.	DUDA	Wojciech			14	Buks				6:07.98	191	
	50m:	39.47	39.47	150m:	2:10.58	46.40	250m:	3:46.10	47.82	350m:	6:07.98	1:33.10
	100m:	1:24.18	44.71	200m:	2:58.28	47.70	300m:	4:34.88	48.78	400m:	6:07.98	
19.	SZEWCZYK	Piotr			14	UKS G-8 Bielany Warszawa				6:08.37	191	
	50m:	42.57	42.57	150m:	2:18.35	47.72	250m:	3:53.56	47.43	350m:	5:26.66	45.73
	100m:	1:30.63	48.06	200m:	3:06.13	47.78	300m:	4:40.93	47.37	400m:	6:08.37	41.71
20.	CIOŁEK	Nikodem			14	UKP „Polonia Warszawa”				6:09.71	189	
	50m:	39.82	39.82	150m:	2:14.20	47.37	250m:	3:51.35	48.43	350m:	5:28.35	47.60
	100m:	1:26.83	47.01	200m:	3:02.92	48.72	300m:	4:40.75	49.40	400m:	6:09.71	41.36
21.	KRUPI SKI-PANNA	Bartłomiej			14	MKS Ochota Warszawa				6:10.04	188	
	50m:	41.27	41.27	150m:	2:15.67	47.40	250m:	3:53.19	48.95	350m:	5:29.76	47.60
	100m:	1:28.27	47.00	200m:	3:04.24	48.57	300m:	4:42.16	48.97	400m:	6:10.04	40.28
22.	NOWI SKI	Marek			14	UKS „Victoria Józefów”				6:11.74	186	
	50m:	41.67	41.67	150m:	2:13.62	47.27	250m:	3:49.80	47.81	350m:	5:27.29	48.79
	100m:	1:26.35	44.68	200m:	3:01.99	48.37	300m:	4:38.50	48.70	400m:	6:11.74	44.45
23.	PANASIK	Piotr			14	UKS „Frog” Giżycko				6:21.90	171	
	50m:	43.11	43.11	150m:	2:20.64	48.91	250m:	3:58.76	48.81	350m:	5:35.92	48.47
	100m:	1:31.73	48.62	200m:	3:09.95	49.31	300m:	4:47.45	48.69	400m:	6:21.90	45.98
24.	JASIEWICZ	Marek			14	UKP „Polonia Warszawa”				6:25.23	167	
	50m:	41.17	41.17	150m:	2:19.64	50.53	250m:	3:59.50	50.06	350m:	5:40.90	50.04
	100m:	1:29.11	47.94	200m:	3:09.44	49.80	300m:	4:50.86	51.36	400m:	6:25.23	44.33
25.	SIEMIENIUK	Kosma			14	UKP „Polonia Warszawa”				6:32.17	158	
	50m:	41.65	41.65	150m:	2:21.94	50.53	250m:	4:05.10	51.15	350m:	5:47.03	51.51
	100m:	1:31.41	49.76	200m:	3:13.95	52.01	300m:	4:55.52	50.42	400m:	6:32.17	45.14
26.	WIECZORKIEWICZ	Antoni			14	UKP „Polonia Warszawa”				6:33.40	157	
	50m:	44.26	44.26	150m:	2:23.82	49.64	250m:	4:05.23	51.45	350m:	5:49.20	51.12
	100m:	1:34.18	49.92	200m:	3:13.78	49.96	300m:	4:58.08	52.85	400m:	6:33.40	44.20

MIĘDZYWOJEWÓDZKIE DRUŻYNOWE MISTRZOSTWA MŁODZIKÓW 12-13 LAT – I RUNDA



Warszawa

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – I runda CRS Bielany
Warszawa, 25. - 26.4.2026

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja	Imię i nazwisko		Rok ur.	Klub				Czas	Pkt.		
27.	JASKULSKI Szymon		14	Klub Pływacki Ciechanów				6:45.82	143		
	50m:	42.74 42.74	150m:	2:23.13	51.54	250m:	4:10.44	53.96	350m:	5:56.21	53.47
	100m:	1:31.59 48.85	200m:	3:16.48	53.35	300m:	5:02.74	52.30	400m:	6:45.82	49.61
28.	LIBERA Stanisław		14	UKS „Victoria Józefów”				6:47.54	141		
	50m:	42.72 42.72	150m:	2:24.44	51.62	250m:	4:10.17	52.20	350m:	5:55.93	53.07
	100m:	1:32.82 50.10	200m:	3:17.97	53.53	300m:	5:02.86	52.69	400m:	6:47.54	51.61
29.	DRAJCZYK Jerzy		14	UKP „Polonia Warszawa”				6:58.77	130		
	50m:	45.80 45.80	150m:	2:34.19	54.60	250m:	4:23.59	54.37	350m:	6:10.65	52.68
	100m:	1:39.59 53.79	200m:	3:29.22	55.03	300m:	5:17.97	54.38	400m:	6:58.77	48.12
30.	BARTOSIAK Bruno		14	UKP „Polonia Warszawa”				7:41.67	97		
	50m:	50.63 50.63	150m:	2:50.78	1:00.11	250m:	5:49.83	58.89	350m:		
	100m:	1:50.67 1:00.04	200m:	4:50.94	2:00.16	300m:	6:45.71	55.88	400m:	7:41.67	

13 lat

1.	PINIEWSKI Ignacy		13	IKS Konstancin				4:40.00	435		
	50m:	30.68 30.68	150m:	1:40.97	35.61	250m:	2:52.62	35.61	350m:	4:05.08	35.88
	100m:	1:05.36 34.68	200m:	2:17.01	36.04	300m:	3:29.20	36.58	400m:	4:40.00	34.92
2.	OLSZEWSKI Tomasz		13	UKP „Polonia Warszawa”				4:46.73	405		
	50m:	31.85 31.85	150m:	1:44.67	36.78	250m:	2:58.37	36.72	350m:	4:11.59	36.41
	100m:	1:07.89 36.04	200m:	2:21.65	36.98	300m:	3:35.18	36.81	400m:	4:46.73	35.14
3.	BAŁACKI Kacper		13	UKS G-8 Bielany Warszawa				4:49.39	394		
	50m:	30.81 30.81	150m:	1:43.15	36.62	250m:	2:57.63	36.92	350m:	4:11.92	37.25
	100m:	1:06.53 35.72	200m:	2:20.71	37.56	300m:	3:34.67	37.04	400m:	4:49.39	37.47
4.	PAPROCKI Ludwik		13	UKS G-8 Bielany Warszawa				4:52.15	383		
	50m:	32.39 32.39	150m:	1:47.66	37.89	250m:	3:02.65	37.11	350m:	4:16.20	36.17
	100m:	1:09.77 37.38	200m:	2:25.54	37.88	300m:	3:40.03	37.38	400m:	4:52.15	35.95
5.	CHEŁKOWSKI Piotr		13	UKS „Frog” Giżycko				5:01.02	350		
	50m:	32.98 32.98	150m:	1:47.40	37.63	250m:	3:04.98	39.37	350m:	4:23.01	38.65
	100m:	1:09.77 36.79	200m:	2:25.61	38.21	300m:	3:44.36	39.38	400m:	5:01.02	38.01
6.	SUSKA Aleksander		13	UKS G-8 Bielany Warszawa				5:01.13	350		
	50m:	32.54 32.54	150m:	1:48.28	38.36	250m:	3:05.05	38.45	350m:	4:23.26	39.12
	100m:	1:09.92 37.38	200m:	2:26.60	38.32	300m:	3:44.14	39.09	400m:	5:01.13	37.87
7.	WIETESKA Aleksander		13	MKS Ochota Warszawa				5:03.14	343		
	50m:	33.90 33.90	150m:	1:50.86	39.21	250m:	3:09.09	39.34	350m:	4:27.70	39.20
	100m:	1:11.65 37.75	200m:	2:29.75	38.89	300m:	3:48.50	39.41	400m:	5:03.14	35.44
8.	STEFANSKI Szymon		13	Buks				5:08.89	324		
	50m:	31.80 31.80	150m:	1:47.64	38.75	250m:	3:09.66	41.41	350m:	4:30.93	40.36
	100m:	1:08.89 37.09	200m:	2:28.25	40.61	300m:	3:50.57	40.91	400m:	5:08.89	37.96
9.	MICHNA Mikołaj		13	UKS G-8 Bielany Warszawa				5:08.94	324		
	50m:	34.79 34.79	150m:	1:53.46	39.67	250m:	3:12.87	39.83	350m:	4:32.45	39.83
	100m:	1:13.79 39.00	200m:	2:33.04	39.58	300m:	3:52.62	39.75	400m:	5:08.94	36.49

MIĘDZYWOJEWÓDZKIE DRUŻYNOWE MISTRZOSTWA MŁODZIKÓW 12-13 LAT – I RUNDA



Warszawa

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat – I runda CRS Bielany
Warszawa, 25. - 26.4.2026

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja	Imię i Nazwisko		Rok ur.	Klub				Czas	Pkt.
10.	BANA	Filip	13	Buks				5:09.08	323
	50m:	31.70 31.70	150m:	1:50.60 40.37	250m:	3:11.97 40.79	350m:	4:32.44 40.08	
	100m:	1:10.23 38.53	200m:	2:31.18 40.58	300m:	3:52.36 40.39	400m:	5:09.08 36.64	
11.	KACPROWICZ	Jan	13	UKP „Polonia Warszawa”				5:16.03	302
	50m:	33.11 33.11	150m:	1:52.24 40.88	250m:	3:16.74 42.55	350m:	4:38.98 39.65	
	100m:	1:11.36 38.25	200m:	2:34.19 41.95	300m:	3:59.33 42.59	400m:	5:16.03 37.05	
12.	SOBCZUK	Wojciech	13	MKS Ochota Warszawa				5:18.30	296
	50m:	35.20 35.20	150m:	1:55.24 40.29	250m:	3:16.25 40.75	350m:	4:37.29 40.06	
	100m:	1:14.95 39.75	200m:	2:35.50 40.26	300m:	3:57.23 40.98	400m:	5:18.30 41.01	
13.	STEGENKA	Hubert	13	IKS Konstancin				5:28.65	269
	50m:	36.60 36.60	150m:	2:01.67 42.98	250m:	3:26.10 41.55	350m:	4:51.30 42.61	
	100m:	1:18.69 42.09	200m:	2:44.55 42.88	300m:	4:08.69 42.59	400m:	5:28.65 37.35	
14.	SKOCZE	Franciszek	13	IKS Konstancin				5:29.02	268
	50m:	36.65 36.65	150m:	1:58.86 41.81	250m:	3:24.03 42.91	350m:	4:49.55 43.51	
	100m:	1:17.05 40.40	200m:	2:41.12 42.26	300m:	4:06.04 42.01	400m:	5:29.02 39.47	
15.	JAKUBIAK	Wojciech	13	IKS Konstancin				5:32.41	260
	50m:	35.88 35.88	150m:	2:00.09 42.72	250m:	3:25.99 43.08	350m:	4:52.37 43.36	
	100m:	1:17.37 41.49	200m:	2:42.91 42.82	300m:	4:09.01 43.02	400m:	5:32.41 40.04	
16.	HERMANIUK	Ostap	13	UKS G-8 Bielany Warszawa				5:34.25	256
	50m:	38.56 38.56	150m:	2:04.08 43.00	250m:	3:29.81 42.99	350m:	4:56.02 43.57	
	100m:	1:21.08 42.52	200m:	2:46.82 42.74	300m:	4:12.45 42.64	400m:	5:34.25 38.23	
17.	CYRAN	J drzej	13	IKS Konstancin				5:42.93	237
	50m:	37.37 37.37	150m:	2:05.41 44.49	250m:	3:34.14 44.33	350m:	5:02.85 44.28	
	100m:	1:20.92 43.55	200m:	2:49.81 44.40	300m:	4:18.57 44.43	400m:	5:42.93 40.08	
18.	WARDZY	SKI Ryszard	13	UKP „Polonia Warszawa”				5:43.78	235
	50m:	38.88 38.88	150m:	2:07.32 44.29	250m:	3:35.95 43.82	350m:	5:03.30 42.29	
	100m:	1:23.03 44.15	200m:	2:52.13 44.81	300m:	4:21.01 45.06	400m:	5:43.78 40.48	
19.	SMOCZYK	Wiktor	13	UKS G-8 Bielany Warszawa				5:44.23	234
	50m:	37.96 37.96	150m:	2:05.52 44.50	250m:	3:34.13 44.48	350m:	5:02.93 44.13	
	100m:	1:21.02 43.06	200m:	2:49.65 44.13	300m:	4:18.80 44.67	400m:	5:44.23 41.30	
20.	NIEMIROWSKI	Piotr	13	Buks				5:57.40	209
	50m:	37.82 37.82	150m:	2:11.84 48.29	250m:	3:47.59 47.66	350m:	5:19.64 44.44	
	100m:	1:23.55 45.73	200m:	2:59.93 48.09	300m:	4:35.20 47.61	400m:	5:57.40 37.76	
21.	SZCZ	SNY Mikołaj	13	UKS G-8 Bielany Warszawa				6:08.87	190
	50m:	39.78 39.78	150m:	2:13.25 48.15	250m:	3:50.83 48.89	350m:	5:27.67 47.93	
	100m:	1:25.10 45.32	200m:	3:01.94 48.69	300m:	4:39.74 48.91	400m:	6:08.87 41.20	
22.	POSYTEK	Antoni	13	Buks				6:11.91	185
	50m:	39.15 39.15	150m:	2:11.56 47.43	250m:	3:49.16 48.69	350m:	5:27.64 49.31	
	100m:	1:24.13 44.98	200m:	3:00.47 48.91	300m:	4:38.33 49.17	400m:	6:11.91 44.27	